

## Overall Results w/Pace

## Super Sprint 250M - 10K - 2.5K \*\*22 Competitors\*\*

## 22 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	Pace	Bike:	O/A	Cat	PaceK/H	Run:	O/A	Cat	Pace	City
ELLIOTT, SASHA	SS13-16F	856	00:38:01.67	1	1	00:04:34.71	1	1	01:49	00:21:00.44	1	1	28.56	00:10:34.87	1	1	04:13	WATERTON
PALMER, WESTON	SS20-29M	866	00:46:48.77	2	1	00:07:21.45	12	3	02:56	00:21:26.78	2	1	27.98	00:13:24.28	3	1	05:21	EDMONTON
WOOD, PAIGE	SS20-29F	863	00:47:59.94	3	1	00:05:43.51	4	1	02:17	00:24:36.25	5	2	24.39	00:13:47.43	4	1	05:30	BARNWELL
WILDE, MIA	SS13-16F	857	00:48:18.64	4	2	00:05:08.98	2	2	02:03	00:25:27.49	7	2	23.57	00:13:17.52	2	2	05:19	WELLING
PALMER, ETHAN	SS20-29M	865	00:48:47.33	5	2	00:06:45.89	9	2	02:42	00:23:38.20	3	2	25.38	00:14:02.84	5	2	05:37	SPARWOOD
WENDORFF, KIAH	SS12&UF	853	00:50:33.15	6	1	00:05:41.22	3	1	02:16	00:26:11.46	8	1	22.91	00:14:43.03	8	1	05:53	RAYMOND
HEGGIE, WYATT	SS20-29M	864	00:51:51.48	7	3	00:06:01.41	5	1	02:24	00:25:07.46	6	3	23.88	00:14:37.53	7	3	05:51	RAYMOND
WOLFS, CARLENE	SS20-29F	862	00:52:31.54	8	2	00:07:25.52	13	2	02:58	00:23:58.91	4	1	25.02	00:16:24.59	10	2	06:33	SPARWOOD
BEAZER, BRODY	SS12&UM	854	00:55:23.42	9	1	00:07:03.12	10	2	02:49	00:29:54.96	14	2	20.06	00:14:34.75	6	1	05:49	RAYMOND
CAIN, RYDER	SS12&UM	855	00:56:10.40	10	2	00:06:11.53	6	1	02:28	00:29:15.27	13	1	20.51	00:16:24.16	9	2	06:33	FERNIE
SCHINDEL, BRIE	SS30-39F	868	00:56:33.65	11	1	00:07:56.81	17	2	03:10	00:26:53.68	10	1	22.31	00:17:00.29	11	1	06:48	LETHBRIDGE
DAVIS, ROMAN	SS13-16M	858	01:00:29.89	12	1	00:07:12.18	11	1	02:52	00:30:43.94	15	1	19.52	00:17:24.20	12	1	06:57	RAYMOND
SIDDALL, DONNA	SS60+F	877	01:03:22.75	13	1	00:11:38.74	20	1	04:39	00:26:43.56	9	1	22.45	00:19:15.23	15	1	07:42	FERNIE
FREED, MARY	SS40-49F	872	01:03:31.77	14	1	00:11:52.71	21	3	04:45	00:28:36.21	12	1	20.98	00:18:46.98	14	1	07:30	CALGARY
DE GUZMAN, JENNA	SS20-29F	861	01:03:42.94	15	3	00:11:11.64	18	3	04:28	00:27:21.37	11	3	21.93	00:17:45.55	13	3	07:06	LETHBRIDGE
PRENEVOST, TAMMY	SS40-49F	874	01:06:17.42	16	2	00:06:30.79	7	1	02:36	00:32:44.80	17	2	18.32	00:20:41.83	16	2	08:16	LETHBRIDGE
ROBINSON, ZACK	SS13-16M	860	01:07:32.64	17	2	00:07:46.72	16	2	03:06	00:31:58.53	16	2	18.76	00:21:48.67	19	2	08:43	LETHBRIDGE
NELSON, MAELLE	SS12&UF	851	01:07:42.54	18	2	00:07:41.01	15	2	03:04	00:33:27.38	19	2	17.93	00:20:53.54	17	2	08:21	RAYMOND
SCHIPPER, CHRISTIE	SS30-39F	869	01:07:45.83	19	2	00:06:41.83	8	1	02:40	00:33:18.34	18	2	18.01	00:21:01.10	18	2	08:24	LETHBRIDGE
KAPCSOS, SARAH	SS30-39F	867	01:19:01.66	20	3	00:11:31.75	19	3	04:36	00:34:52.36	20	3	17.21	00:25:01.38	20	3	10:00	COCHRANE
FRANKS, JILL	SS40-49F	871	01:41:56.13	21	3	00:07:26.47	14	2	02:58	00:45:17.70	21	3	13.25	00:31:36.05	21	3	12:38	CALGARY
KING, TRACY	SS40-49F	873	01:43:33.01	22	4	00:11:54.38	22	4	04:45	00:48:46.80	22	4	12.30	00:31:40.11	22	4	12:40	OKOTOKS