

Overall Results

Sprint .5K - 20K - 5K

Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
1 ROBDRUP, DANNY	761	SP20-29M	00:10:31.10	7	02:06	00:38:59.75	1	30.77	00:18:19.65	2	03:39	01:07:50.50	LETHBRIDGE
2 YAMADA, ARTHUR	783	SP40-49M	00:12:05.30	24	02:25	00:41:03.05	2	29.23	00:19:56.15	7	03:59	01:13:04.50	
3 SNOW, KIMBER	752	SP16-19F	00:09:21.05	2	01:52	00:44:27.85	7	26.99	00:19:31.15	5	03:54	01:13:20.05	RAYMOND
4 BRIDGE, AARON	774	SP30-39M	00:11:37.70	18	02:19	00:42:17.15	4	28.38	00:20:15.90	9	04:03	01:14:10.75	RAYMOND
5 SCOTT, DJ	778	SP30-39M	00:10:05.50	6	02:01	00:44:38.65	8	26.88	00:19:44.55	6	03:56	01:14:28.70	
6 MACWILLIAM, LESLIE	770	SP20-29F	00:09:52.60	5	01:58	00:46:29.90	12	25.81	00:18:07.05	1	03:37	01:14:29.55	LETH
7 CONRAD, JARED	775	SP30-39M	00:11:35.10	17	02:19	00:42:09.85	3	28.46	00:22:56.80	17	04:35	01:16:41.75	LETHBRIDGE
8 FLETCHER, SHARON	766	SP30-39F	00:11:08.40	12	02:13	00:45:45.00	10	26.23	00:20:18.75	10	04:03	01:17:12.15	LETHBRIDGE
9 WALBURGER, JAMIE	773	SP30-39F	00:10:47.80	9	02:09	00:48:55.00	17	24.53	00:18:35.20	3	03:43	01:18:18.00	LETHBRIDGE
10 DOIG, BECKY	765	SP30-39F	00:10:40.85	8	02:08	00:45:58.05	11	26.11	00:21:43.20	14	04:20	01:18:22.10	MAGRATH
11 BOYD, PATRICK	760	SP20-29M	00:11:40.40	20	02:20	00:47:41.95	13	25.16	00:20:02.30	8	04:00	01:19:24.65	MEDICINE H.
12 LETOURNEAU, ADAM	777	SP30-39M	00:11:20.10	15	02:16	00:43:51.05	6	27.37	00:24:16.20	22	04:51	01:19:27.35	RAYMOND
13 POYTRESS, ALAN	784	SP50-59M	00:11:08.35	11	02:13	00:43:38.55	5	27.50	00:25:18.60	25	05:03	01:20:05.50	FT. MACLEO
14 WARSHAWSKY, AMANDA	759	SP20-29F	00:12:31.40	26	02:30	00:48:07.70	15	24.93	00:19:30.85	4	03:54	01:20:09.95	FERNIE
15 HILL, TAMMY	768	SP30-39F	00:11:48.45	21	02:21	00:48:56.65	18	24.52	00:20:35.85	11	04:07	01:21:20.95	RAYMOND
16 LEHBAUER, KRIS	769	SP30-39F	00:11:02.80	10	02:12	00:50:38.10	23	23.70	00:20:45.85	12	04:09	01:22:26.75	LETHBRIDGE
17 RALPH, LAURENE	780	SP40-49F	00:11:15.70	14	02:15	00:49:41.30	21	24.15	00:21:42.45	13	04:20	01:22:39.45	RAYMOND
18 SMITH, MONTY	785	SP50-59M	00:12:20.60	25	02:28	00:45:33.80	9	26.34	00:25:22.70	27	05:04	01:23:17.10	COCHRANE
19 BRIDGE, CRYSTAL	764	SP30-39F	00:12:36.25	27	02:31	00:47:58.00	14	25.02	00:23:43.45	20	04:44	01:24:17.70	RAYMONG
20 OVIAT, VIRGINIA	771	SP30-39F	00:08:43.85	1	01:44	00:51:39.25	26	23.23	00:24:51.50	24	04:58	01:25:14.60	EDMONTON
21 OHLMANN, NIKKI	757	SP20-29F	00:11:29.75	16	02:17	00:51:04.20	24	23.50	00:24:15.95	21	04:51	01:26:49.90	COALDALE
22 ROMERIL, MATT	762	SP20-29M	00:09:39.25	4	01:55	00:54:56.95	29	21.84	00:22:18.85	16	04:27	01:26:55.05	RAYMOND
23 GORBAHN, SPENCER	751	SP10-15M	00:13:47.60	29	02:45	00:49:29.90	20	24.24	00:24:42.05	23	04:56	01:27:59.55	WESTROSE
24 SALMON, STEPHANIE	758	SP20-29F	00:12:05.20	23	02:25	00:54:35.55	28	21.98	00:23:10.80	19	04:38	01:29:51.55	RAYMOND
25 SMITH, TAMARA	782	SP40-49F	00:14:35.85	30	02:55	00:48:29.40	16	24.75	00:26:52.85	29	05:22	01:29:58.10	COCHRANE
26 BERTEOTTI, JASMIN	763	SP30-39F	00:14:58.55	33	02:59	00:51:23.55	25	23.35	00:25:35.65	28	05:07	01:31:57.75	RAYMOND
27 GIBB, J.D	776	SP30-39M	00:12:54.05	28	02:34	00:49:56.90	22	24.02	00:29:50.85	33	05:58	01:32:41.80	RAYMOND
28 SIMPSON, LAURA	772	SP30-39F	00:11:11.30	13	02:14	00:53:21.10	27	22.49	00:29:11.70	32	05:50	01:33:44.10	RAYMOND
29 SHERWOOD, LINDA	781	SP40-49F	00:12:03.15	22	02:24	00:59:20.45	33	20.22	00:23:04.05	18	04:36	01:34:27.65	RAYMOND
30 GORBAHN, JONATHAN	753	SP16-19M	00:15:20.55	34	03:04	00:49:13.95	19	24.37	00:29:58.55	34	05:59	01:34:33.05	WESTROSE
31 SIMPSON, FAITH	750	SP10-15F	00:09:37.40	3	01:55	00:57:02.45	30	21.04	00:30:16.95	35	06:03	01:36:56.80	RAYMOND
32 CORNISH, JACQUELYN	754	SP20-29F	00:14:56.35	32	02:59	00:57:37.25	32	20.83	00:27:23.40	30	05:28	01:39:57.00	STIRLING
33 HEATHER, SUSAN	767	SP30-39F	00:14:50.85	31	02:58	01:00:57.35	34	19.69	00:25:19.35	26	05:03	01:41:07.55	VULCAN
34 JOHNSON, ROBYNN	755	SP20-29F	00:11:38.50	19	02:19	01:08:04.20	35	17.63	00:21:59.00	15	04:23	01:41:41.70	LETH
35 YAWNEY, DAVID	786	SP60+M	00:17:31.65	36	03:30	00:57:36.30	31	20.83	00:31:28.20	36	06:17	01:46:36.15	RAYMOND

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Name	Bib#	Category	Swim	O/A	SwPace/100M	Bike	O/A	Bike Pace K/H	Run	O/A	Run Pace/Km	Finish	City
36 MILNER, KIMBERLIE	779	SP40-49F	00:16:29.35	35	03:17	01:11:58.85	36	16.67	00:28:48.45	31	05:45	01:57:16.65	RAYMOND