

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
352 Finishers

5K10&UF - 12 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-------------|--------|--------|---------|---------|-----------|----------------|
| 1/12 | HUNSPERGER, KANSAS | 5137 | 29:51.236 | 05:58 | 09:37 | 68/352 | 34/256 | +00:00:00 | MAGRATH |
| 2/12 | BARNES, CHARLOTTE | 5010 | 33:50.790 | 06:46 | 10:55 | 124/352 | 70/256 | +00:03:59 | PICTURE BUTTE |
| 3/12 | YASINSKI, CADEN | 5354 | 34:36.509 | 06:55 | 11:09 | 137/352 | 79/256 | +00:04:45 | LETHBRIDGE |
| 4/12 | KOWBEL, RIKKELLE | 5376 | 35:03.099 | 07:00 | 11:18 | 143/352 | 85/256 | +00:05:11 | LETHBRIDGE |
| 5/12 | CLAMP, KEIRA | 5366 | 42:10.131 | 08:26 | 13:36 | 198/352 | 128/256 | +00:12:18 | LETHBRIDGE |
| 6/12 | SHARP, OLIVIA | 5288 | 42:25.186 | 08:29 | 13:41 | 199/352 | 129/256 | +00:12:33 | LETHBRIDGE |
| 7/12 | ROWAN, ELYSE | 5279 | 42:36.295 | 08:31 | 13:44 | 201/352 | 131/256 | +00:12:45 | LETHBRIDGE |
| 8/12 | ERAIS, SPENCER | 5092 | 45:17.124 | 09:03 | 14:36 | 219/352 | 146/256 | +00:15:25 | LETHBRIDGE COL |
| 9/12 | BELISLE, LIA | 5019 | 47:02.677 | 09:24 | 15:10 | 234/352 | 157/256 | +00:17:11 | LETHBRIDGE |
| 10/12 | KIRKPATRICK, THEA | 5167 | 55:40.678 | 11:08 | 17:57 | 316/352 | 224/256 | +00:25:49 | LETHBRIDGE |
| 11/12 | MARRIOTT, DAPHNE | 5199 | 55:52.970 | 11:10 | 18:01 | 318/352 | 226/256 | +00:26:01 | LETHBRIDGE |
| 12/12 | BEBEK, THEO | 5015 | 1:06:03.519 | 13:12 | 21:18 | 345/352 | 250/256 | +00:36:12 | LETHBRIDGE |

5K10&UM - 17 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-------------|--------|--------|---------|--------|-----------|------------|
| 1/17 | FANKHAUSER, SAMUEL | 5094 | 26:59.837 | 05:23 | 08:42 | 35/352 | 24/96 | +00:00:00 | CLARESHOLM |
| 2/17 | KOWBEL, JAXON | 5374 | 30:32.923 | 06:06 | 09:51 | 75/352 | 37/96 | +00:03:33 | LETHBRIDGE |
| 3/17 | POTTAGE, ANDY | 5266 | 30:37.918 | 06:07 | 09:52 | 78/352 | 38/96 | +00:03:38 | LETHBRIDGE |
| 4/17 | REIZVIKH, ALEX | 5272 | 32:03.984 | 06:24 | 10:20 | 97/352 | 44/96 | +00:05:04 | LETHBRIDGE |
| 5/17 | DAVY, ROMAN | 5071 | 32:18.250 | 06:27 | 10:25 | 99/352 | 45/96 | +00:05:18 | LETHBRIDGE |
| 6/17 | DELVAL, LINO | 185 | 32:54.316 | 06:34 | 10:36 | 109/352 | 49/96 | +00:05:54 | LETHBRIDGE |
| 7/17 | ANKRAH, JOSIAH | 5002 | 33:02.897 | 06:36 | 10:39 | 111/352 | 50/96 | +00:06:03 | LETHBRIDGE |
| 8/17 | STADTMULLER, LEO | 5306 | 33:50.955 | 06:46 | 10:55 | 125/352 | 55/96 | +00:06:51 | LETHBRIDGE |
| 9/17 | JANZEN, LEONARD | 5146 | 38:40.532 | 07:44 | 12:28 | 177/352 | 65/96 | +00:11:40 | LETHBRIDGE |
| 10/17 | REIZVIKH, NICK | 5275 | 40:38.992 | 08:07 | 13:06 | 185/352 | 66/96 | +00:13:39 | LETHBRIDGE |
| 11/17 | BROWN, OWEN | 5255 | 43:52.279 | 08:46 | 14:09 | 207/352 | 71/96 | +00:16:52 | LETHBRIDGE |
| 12/17 | MARTYN, DECLAN | 5201 | 44:59.878 | 08:59 | 14:30 | 214/352 | 72/96 | +00:18:00 | LETHBRIDGE |
| 13/17 | PAPWORTH, MILO | 5248 | 48:46.046 | 09:45 | 15:43 | 244/352 | 80/96 | +00:21:46 | LETHBRIDGE |
| 14/17 | JANZEN, GIDEON | 5145 | 49:54.702 | 09:58 | 16:06 | 254/352 | 83/96 | +00:22:54 | LETHBRIDGE |
| 15/17 | YASINSKI, COEN | 5356 | 50:45.499 | 10:09 | 16:22 | 272/352 | 88/96 | +00:23:45 | LETHBRIDGE |
| 16/17 | MCDONALD, NOEL | 5211 | 1:00:17.305 | 12:03 | 19:26 | 336/352 | 94/96 | +00:33:17 | LETHBRIDGE |
| 17/17 | FONTAINE, COLTON | 140 | 1:15:26.072 | 15:05 | 24:20 | 350/352 | 96/96 | +00:48:26 | LETHBRIDGE |

5K11-15F - 13 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|--------|---------|---------|-----------|---------------|
| 1/13 | CHATTERTON, ANNA | 5045 | 21:27.044 | 04:17 | 06:55 | 5/352 | 1/256 | +00:00:00 | LETHBRIDGE |
| 2/13 | HUNSPERGER, MACIE | 5138 | 24:38.757 | 04:55 | 07:57 | 23/352 | 6/256 | +00:03:11 | MAGRATH |
| 3/13 | BEBEK, LENNIE | 5014 | 28:36.867 | 05:43 | 09:13 | 52/352 | 22/256 | +00:07:09 | LETHBRIDGE |
| 4/13 | BLACK, TARA | 5390 | 31:44.423 | 06:20 | 10:14 | 90/352 | 50/256 | +00:10:17 | LETHBRIDGE |
| 5/13 | WIRZBA, ALLISON | 5345 | 31:48.229 | 06:21 | 10:15 | 94/352 | 53/256 | +00:10:21 | LETHBRIDGE |
| 6/13 | ATKINS, AVERY | 5323 | 32:34.881 | 06:30 | 10:30 | 104/352 | 58/256 | +00:11:07 | LETHBRIDGE |
| 7/13 | WICKERSHAM, AVALYN | 5385 | 33:11.509 | 06:38 | 10:42 | 114/352 | 64/256 | +00:11:44 | LETHBRIDGE |
| 8/13 | VANDEN DUNGEN, EVA | 5322 | 34:07.817 | 06:49 | 11:00 | 130/352 | 75/256 | +00:12:40 | LETHBRIDGE |
| 9/13 | DONOVAN, AUDREY | 5079 | 44:20.483 | 08:52 | 14:18 | 211/352 | 140/256 | +00:22:53 | LETHBRIDGE |
| 10/13 | CHEUNG, MEIKA | 5051 | 44:50.234 | 08:58 | 14:27 | 213/352 | 142/256 | +00:23:23 | LETHBRIDGE |
| 11/13 | ROQUE, MARIA | 5277 | 45:48.004 | 09:09 | 14:46 | 222/352 | 149/256 | +00:24:20 | PICTURE BUTTE |
| 12/13 | BANKS, GEORGIA | 5007 | 51:59.162 | 10:23 | 16:46 | 286/352 | 198/256 | +00:30:32 | LETHBRIDGE |
| 13/13 | ORMSTON, REBECCA | 5238 | 55:54.493 | 11:10 | 18:02 | 320/352 | 228/256 | +00:34:27 | LETHBRIDGE |

5K11-15M - 10 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-----------|--------|--------|---------|--------|-----------|------------|
| 1/10 | MCINTYRE, CORIGAN | 5212 | 21:49.140 | 04:21 | 07:02 | 8/352 | 7/96 | +00:00:00 | LETHBRIDGE |
| 2/10 | ORSTEN, RYKER | 5242 | 22:35.948 | 04:31 | 07:17 | 10/352 | 9/96 | +00:00:46 | COALDALE |
| 3/10 | CHATTERS, OLIVER | 5044 | 22:38.929 | 04:31 | 07:18 | 12/352 | 11/96 | +00:00:49 | LETHBRIDGE |
| 4/10 | KWASNY, SIMON | 5177 | 24:14.141 | 04:50 | 07:49 | 18/352 | 15/96 | +00:02:25 | LETHBRIDGE |
| 5/10 | WIGAND, EVAN | 5341 | 24:16.520 | 04:51 | 07:49 | 19/352 | 16/96 | +00:02:27 | LETHBRIDGE |
| 6/10 | JUBBER, LINCOLN | 192 | 27:58.111 | 05:35 | 09:01 | 45/352 | 28/96 | +00:06:08 | LETHBRIDGE |
| 7/10 | MARTYN, KADEN | 5203 | 45:49.339 | 09:09 | 14:46 | 224/352 | 75/96 | +00:24:00 | LETHBRIDGE |
| 8/10 | FARRELL, LIAM | 5096 | 53:22.281 | 10:40 | 17:12 | 297/352 | 89/96 | +00:31:33 | LETHBRIDGE |
| 9/10 | ENTZ, KADE | 5089 | 53:24.169 | 10:40 | 17:13 | 299/352 | 90/96 | +00:31:35 | LETHBRIDGE |
| 10/10 | GREENO, LEVI | 5120 | 54:07.306 | 10:49 | 17:27 | 302/352 | 91/96 | +00:32:18 | LETHBRIDGE |

5K16-19F - 6 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|----------------------|-------|-----------|--------|--------|---------|--------|-----------|------------|
| 1/6 | HARRIS, TEYA | 5127 | 26:47.821 | 05:21 | 08:38 | 34/352 | 11/256 | +00:00:00 | TABER |
| 2/6 | JUBBER, LAINEY | 191 | 28:02.218 | 05:36 | 09:02 | 46/352 | 18/256 | +00:01:14 | LETHBRIDGE |
| 3/6 | SPEER, MACKENZIE | 5305 | 30:40.611 | 06:08 | 09:53 | 79/352 | 41/256 | +00:03:52 | TABER |
| 4/6 | VANDEN DUNGEN, SADIE | 5324 | 33:58.131 | 06:47 | 10:57 | 127/352 | 72/256 | +00:07:10 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
352 Finishers

5K16-19F - 6 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-----------------|-------|-------------|--------|--------|---------|---------|-----------|------------|
| 5/6 | MCMORROW, MOLLY | 5218 | 43:57.399 | 08:47 | 14:10 | 209/352 | 138/256 | +00:17:09 | LETHBRIDGE |
| 6/6 | CHEUNG, MAGGIE | 5050 | 1:01:48.776 | 12:21 | 19:56 | 340/352 | 246/256 | +00:35:00 | LETHBRIDGE |

5K16-19M - 2 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|--------|--------|--------|-----------|------------|
| 1/2 | MCINTYRE, GAVIN | 5213 | 19:34.505 | 03:54 | 06:18 | 3/352 | 3/96 | +00:00:00 | LETHBRIDGE |
| 2/2 | HARASEM PIPER, SAGE | 5126 | 29:48.097 | 05:57 | 09:36 | 67/352 | 34/96 | +00:10:13 | COALHURST |

5K20-29F - 32 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|------------------------|-------|-------------|--------|--------|---------|---------|-----------|-----------------|
| 1/32 | CHRAPKO, MACKENZIE | 5055 | 22:42.792 | 04:32 | 07:19 | 13/352 | 2/256 | +00:00:00 | LETHBRIDGE |
| 2/32 | SHURGELO, DARCI | 5292 | 26:37.647 | 05:19 | 08:35 | 33/352 | 10/256 | +00:03:54 | ARROW CREEK |
| 3/32 | SHURGELO, HEIDI | 5293 | 27:45.436 | 05:33 | 08:57 | 42/352 | 16/256 | +00:05:02 | ARROW CREEK |
| 4/32 | WILDE, BRYNLEY | 5342 | 28:18.040 | 05:39 | 09:07 | 47/352 | 19/256 | +00:05:35 | LETHBRIDGE |
| 5/32 | CHMILAR, SARAH | 5054 | 28:30.143 | 05:42 | 09:11 | 49/352 | 20/256 | +00:05:47 | LETHBRIDGE |
| 6/32 | PICKLES, JENNA | 5260 | 30:59.630 | 06:11 | 09:59 | 83/352 | 45/256 | +00:08:16 | LETHBRIDGE |
| 7/32 | KINNIBURGH, MARISSA | 5165 | 30:59.795 | 06:11 | 09:59 | 84/352 | 46/256 | +00:08:17 | LETHBRIDGE |
| 8/32 | FUENTES, BECKY | 5109 | 33:11.547 | 06:38 | 10:42 | 115/352 | 65/256 | +00:10:28 | LETHBRIDGE |
| 9/32 | YANISH, MADISON | 5353 | 33:35.091 | 06:43 | 10:50 | 120/352 | 69/256 | +00:10:52 | LETHBRIDGE |
| 10/32 | MARTIN, BROOKE | 5200 | 34:35.446 | 06:55 | 11:09 | 134/352 | 78/256 | +00:11:52 | BROOKS |
| 11/32 | SILVER, TAYLA | 5296 | 34:40.166 | 06:56 | 11:11 | 139/352 | 81/256 | +00:11:57 | MONARCH |
| 12/32 | KLETKE, HOLLY | 5169 | 35:15.854 | 07:03 | 11:22 | 147/352 | 89/256 | +00:12:33 | LETHBRIDGE |
| 13/32 | STOROZYNSKY, SELENA | 5309 | 35:51.782 | 07:10 | 11:34 | 151/352 | 92/256 | +00:13:08 | LETHBRIDGE |
| 14/32 | ZECK, EMILEE | 5359 | 36:07.778 | 07:13 | 11:39 | 153/352 | 94/256 | +00:13:24 | LETHBRIDGE |
| 15/32 | SHING, CERISSE | 5291 | 36:23.971 | 07:16 | 11:44 | 156/352 | 97/256 | +00:13:41 | LETHBRIDGE |
| 16/32 | VANDEN ELZEN, MADELINE | 5327 | 36:31.353 | 07:18 | 11:46 | 157/352 | 98/256 | +00:13:48 | LETHBRIDGE |
| 17/32 | UGLEM, SEANNA | 5318 | 37:12.715 | 07:26 | 12:00 | 163/352 | 102/256 | +00:14:29 | LETHBRIDGE |
| 18/32 | VANDEN DUNGEN, SANTANA | 5325 | 37:58.961 | 07:35 | 12:15 | 168/352 | 106/256 | +00:15:16 | LETHBRIDGE |
| 19/32 | BONNEY, RACHEL | 5027 | 40:04.460 | 08:00 | 12:55 | 184/352 | 119/256 | +00:17:21 | LETHBRIDGE |
| 20/32 | NEUFELD, CAMRYN | 190 | 40:49.786 | 08:09 | 13:10 | 189/352 | 121/256 | +00:18:06 | LETHBRIDGE |
| 21/32 | VANESSEN, MIANNA | 5328 | 40:51.365 | 08:10 | 13:10 | 191/352 | 122/256 | +00:18:08 | LETHBRIDGE |
| 22/32 | DOWELL, BROOKE | 5082 | 41:45.098 | 08:21 | 13:28 | 193/352 | 123/256 | +00:19:02 | LETHBRIDGE |
| 23/32 | BINETRUY, TAYLOR | 5025 | 41:47.896 | 08:21 | 13:28 | 194/352 | 124/256 | +00:19:05 | LETHBRIDGE |
| 24/32 | SAPRIKIN, LISA | 5381 | 43:24.496 | 08:40 | 14:00 | 204/352 | 134/256 | +00:20:41 | COALDALE |
| 25/32 | LOS BANES, MARIEL | 5194 | 45:18.660 | 09:03 | 14:36 | 220/352 | 147/256 | +00:22:35 | LETHBRIDGE |
| 26/32 | MATHER, KYRA | 5204 | 45:32.472 | 09:06 | 14:41 | 221/352 | 148/256 | +00:22:49 | FOOTHILLS NO. 3 |
| 27/32 | ZIPURSKY, MICHAELA | 5363 | 49:56.557 | 09:59 | 16:06 | 255/352 | 172/256 | +00:27:13 | LETHBRIDGE |
| 28/32 | SENNEKER, LIZ | 5059 | 50:12.029 | 10:02 | 16:11 | 259/352 | 174/256 | +00:27:29 | LETHBRIDGE |
| 29/32 | PETERSON, JESSICA | 5258 | 52:38.243 | 10:31 | 16:58 | 289/352 | 201/256 | +00:29:55 | LETHBRIDGE COL |
| 30/32 | PETTIPAS, MARISA | 5259 | 52:53.803 | 10:34 | 17:03 | 294/352 | 206/256 | +00:30:11 | LETHBRIDGE |
| 31/32 | MACKINNON, JORDAN | 5196 | 59:47.687 | 11:57 | 19:17 | 334/352 | 241/256 | +00:37:04 | LETHBRIDGE |
| 32/32 | LANE, ASHLEY | 5183 | 1:04:13.888 | 12:50 | 20:43 | 344/352 | 249/256 | +00:41:31 | CALGARY |

5K20-29M - 19 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|--------|---------|---------|-----------|-------------|
| 1/19 | JEROME, CODY | 5031 | 19:30.480 | 03:54 | 06:17 | 2/352 | 2/96 | +00:00:00 | LETHBRIDGE |
| 2/19 | SHURGELO, MICAH | 5295 | 21:35.588 | 04:19 | 06:57 | 6/352 | 5/96 | +00:02:05 | ARROW CREEK |
| 3/19 | CHAN, CHUN NGAI | 5042 | 22:57.541 | 04:35 | 07:24 | 14/352 | 12/96 | +00:03:27 | LETHBRIDGE |
| 4/19 | WATT, JENS | 5338 | 26:17.746 | 05:15 | 08:28 | 32/352 | 23/96 | +00:06:47 | LETHBRIDGE |
| 5/19 | GEERAERT, MITCHELL | 5113 | 27:15.132 | 05:27 | 08:47 | 37/352 | 25/96 | +00:07:44 | TABER |
| 6/19 | MENDOZA, CARLO | 5221 | 31:19.588 | 06:15 | 10:06 | 86/352 | 40/96 | +00:11:49 | LETHBRIDGE |
| 7/19 | ULLY, BRETT | 5319 | 31:47.722 | 06:21 | 10:15 | 93/352 | 41/96 | +00:12:17 | LETHBRIDGE |
| 8/19 | LINDBLAD, RYAN | 5379 | 33:34.880 | 06:42 | 10:49 | 119/352 | 51/96 | +00:14:04 | CALGARY |
| 9/19 | BECKIE, ANTHONY | 5016 | 33:41.481 | 06:44 | 10:52 | 121/352 | 52/96 | +00:14:11 | LETHBRIDGE |
| 10/19 | SEREBRYANSKY, MARK | 5287 | 33:47.557 | 06:45 | 10:54 | 123/352 | 54/96 | +00:14:17 | LETHBRIDGE |
| 11/19 | ZECK, JAMES | 5360 | 34:35.701 | 06:55 | 11:09 | 135/352 | 57/96 | +00:15:05 | LETHBRIDGE |
| 12/19 | KOEGLER, MICHAEL | 5171 | 34:35.992 | 06:55 | 11:09 | 136/352 | 58/96 | +00:15:05 | LETHBRIDGE |
| 13/19 | WILDE, HAYDEN | 5343 | 36:36.875 | 07:19 | 11:48 | 158/352 | 60/96 | +00:17:06 | LETHBRIDGE |
| 14/19 | CROSBY, XAVIER | 5067 | 36:40.226 | 07:20 | 11:49 | 160/352 | 61/96 | +00:17:09 | LETHBRIDGE |
| 15/19 | JENSEN, RYAN | 5152 | 40:48.872 | 08:09 | 13:09 | 188/352 | 68/96 | +00:21:18 | LETHBRIDGE |
| 16/19 | BROWN, KENNEDY | 5048 | 43:50.811 | 08:46 | 14:08 | 206/352 | 136/256 | +00:24:20 | LETHBRIDGE |
| 17/19 | MENDOZA, ANGELO | 5220 | 45:12.771 | 09:02 | 14:35 | 218/352 | 73/96 | +00:25:42 | LETHBRIDGE |
| 18/19 | BEERS, CARSON | 5017 | 49:53.149 | 09:58 | 16:05 | 251/352 | 82/96 | +00:30:22 | LETHBRIDGE |
| 19/19 | SENNEKER, RYAN | 5158 | 50:11.018 | 10:02 | 16:11 | 258/352 | 85/96 | +00:30:40 | LETHBRIDGE |

5K30-39F - 66 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|--------|--------|--------|-----------|------------|
| 1/66 | FANKHAUSER, SHAUNA | 5095 | 27:00.164 | 05:24 | 08:42 | 36/352 | 12/256 | +00:00:00 | CLARESHOLM |

OA/PI = Overall Placing

Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

5K Run - 3.1 Miles
352 Finishers

5K30-39F - 66 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-------------------------|-------|-------------|--------|--------|---------|---------|-----------|----------------|
| 2/66 | TASKER, KELSEY | 5314 | 27:21.396 | 05:28 | 08:49 | 39/352 | 13/256 | +00:00:21 | LETHBRIDGE |
| 3/66 | COLLINS, BRONWYN | 5061 | 27:30.829 | 05:30 | 08:52 | 41/352 | 15/256 | +00:00:30 | LETHBRIDGE |
| 4/66 | BURLEIGH, JAYNA | 5040 | 27:46.078 | 05:33 | 08:57 | 43/352 | 17/256 | +00:00:45 | LETHBRIDGE |
| 5/66 | WOYNAROWSKY, PAULA | 5350 | 28:35.230 | 05:43 | 09:13 | 51/352 | 21/256 | +00:01:35 | LETHBRIDGE |
| 6/66 | OLD, BRANDY | 5234 | 28:38.075 | 05:43 | 09:14 | 53/352 | 23/256 | +00:01:37 | LETHBRIDGE |
| 7/66 | PUCHALA, KARLIE | 5269 | 28:45.404 | 05:45 | 09:16 | 54/352 | 24/256 | +00:01:45 | LETHBRIDGE |
| 8/66 | YAKE, KELLY | 5351 | 28:46.354 | 05:45 | 09:16 | 55/352 | 25/256 | +00:01:46 | LETHBRIDGE |
| 9/66 | MCINTYRE, JESSICA | 5214 | 29:16.371 | 05:51 | 09:26 | 62/352 | 30/256 | +00:02:16 | LETHBRIDGE |
| 10/66 | MILLER, ANDI | 145 | 29:33.972 | 05:54 | 09:32 | 64/352 | 32/256 | +00:02:33 | BELLEVUE |
| 11/66 | VANLIERE, TAMI | 5329 | 30:03.025 | 06:00 | 09:41 | 70/352 | 35/256 | +00:03:02 | PICTURE BUTTE |
| 12/66 | BLACQUIERE, KAYLA | 5026 | 30:18.286 | 06:03 | 09:46 | 72/352 | 37/256 | +00:03:18 | LETHBRIDGE |
| 13/66 | WHITTINGTON, ASHLEY | 5339 | 30:30.853 | 06:06 | 09:50 | 74/352 | 38/256 | +00:03:30 | LETHBRIDGE |
| 14/66 | JAROKOSKY, HEATHER | 5150 | 30:36.630 | 06:07 | 09:52 | 76/352 | 39/256 | +00:03:36 | LETHBRIDGE |
| 15/66 | LAMMERS-POTTAGE, ANDREA | 5181 | 30:37.897 | 06:07 | 09:52 | 77/352 | 40/256 | +00:03:37 | LETHBRIDGE |
| 16/66 | MATKIN, TRISHA | 5207 | 30:46.677 | 06:09 | 09:55 | 80/352 | 42/256 | +00:03:46 | LETHBRIDGE |
| 17/66 | OHENE, GERALDINE | 5233 | 33:05.201 | 06:37 | 10:40 | 112/352 | 62/256 | +00:06:05 | LETHBRIDGE |
| 18/66 | GRISNICH, JAYNE | 5122 | 33:08.174 | 06:37 | 10:41 | 113/352 | 63/256 | +00:06:08 | NOVA SCOTIA |
| 19/66 | HUNSPERGER, KALINDA | 5136 | 33:13.746 | 06:38 | 10:43 | 116/352 | 66/256 | +00:06:13 | MAGRATH |
| 20/66 | BULLOCK, ALANNA | 5037 | 34:00.949 | 06:48 | 10:58 | 128/352 | 73/256 | +00:07:00 | LETHBRIDGE |
| 21/66 | COADY, DANIELLE | 5060 | 34:04.244 | 06:48 | 10:59 | 129/352 | 74/256 | +00:07:04 | LETHBRIDGE |
| 22/66 | BENTLEY, ROBYN | 5022 | 34:18.663 | 06:51 | 11:04 | 132/352 | 76/256 | +00:07:18 | LETHBRIDGE |
| 23/66 | KRAMER, AMBER | 5173 | 34:19.459 | 06:51 | 11:04 | 133/352 | 77/256 | +00:07:19 | LETHBRIDGE |
| 24/66 | LACANILAO, COURTNEY | 5179 | 34:47.638 | 06:57 | 11:13 | 140/352 | 82/256 | +00:07:47 | LETHBRIDGE |
| 25/66 | KOWBEL, ALANNA | 5373 | 35:03.590 | 07:00 | 11:18 | 144/352 | 86/256 | +00:08:03 | LETHBRIDGE |
| 26/66 | WICKERSHAM, AIMEE | 5384 | 35:14.855 | 07:02 | 11:22 | 146/352 | 88/256 | +00:08:14 | LETHBRIDGE |
| 27/66 | ONYANGO, NYARADZO | 5236 | 35:24.719 | 07:04 | 11:25 | 149/352 | 91/256 | +00:08:24 | LETHBRIDGE |
| 28/66 | JOHNSON, JESSICA | 5154 | 36:14.812 | 07:14 | 11:41 | 154/352 | 95/256 | +00:09:14 | LETHBRIDGE |
| 29/66 | MCDONALD, ASHLEIGH | 5209 | 36:22.026 | 07:16 | 11:43 | 155/352 | 96/256 | +00:09:21 | LETHBRIDGE |
| 30/66 | BULLOCK, CHELSIE | 5038 | 36:38.827 | 07:19 | 11:49 | 159/352 | 99/256 | +00:09:38 | BARNWELL |
| 31/66 | DEKELVER, AVICE | 5073 | 36:57.744 | 07:23 | 11:55 | 162/352 | 101/256 | +00:09:57 | LETHBRIDGE |
| 32/66 | BROWN, EMILY | 5057 | 37:24.569 | 07:28 | 12:04 | 164/352 | 103/256 | +00:10:24 | LETHBRIDGE |
| 33/66 | YOSHIHARA, MEGAN | 5357 | 38:03.128 | 07:36 | 12:16 | 169/352 | 107/256 | +00:11:02 | LETHBRIDGE |
| 34/66 | FLICKINGER, CASSANDRA | 5104 | 38:05.089 | 07:37 | 12:17 | 173/352 | 110/256 | +00:11:04 | CALGARY |
| 35/66 | PARDIAC, KATRINA | 5250 | 38:33.839 | 07:42 | 12:26 | 175/352 | 111/256 | +00:11:33 | LETHBRIDGE |
| 36/66 | CHISHOLM, TRINIE | 5053 | 38:39.417 | 07:43 | 12:28 | 176/352 | 112/256 | +00:11:39 | LETHBRIDGE |
| 37/66 | REIZVIKH, ANALI | 5273 | 40:41.739 | 08:08 | 13:07 | 186/352 | 120/256 | +00:13:41 | LETHBRIDGE |
| 38/66 | LARENTE, LOUISE | 187 | 43:25.491 | 08:41 | 14:00 | 205/352 | 135/256 | +00:16:25 | LETHBRIDGE |
| 39/66 | MARTYN, JEN | 5202 | 45:11.696 | 09:02 | 14:34 | 216/352 | 144/256 | +00:18:11 | LETHBRIDGE |
| 40/66 | ERAIS, BARI | 5091 | 45:12.343 | 09:02 | 14:34 | 217/352 | 145/256 | +00:18:12 | LETHBRIDGE COL |
| 41/66 | BELISLE, MINDY | 5020 | 47:06.639 | 09:25 | 15:11 | 236/352 | 159/256 | +00:20:06 | LETHBRIDGE |
| 42/66 | DOENZ, CODY | 5077 | 48:46.110 | 09:45 | 15:43 | 245/352 | 165/256 | +00:21:45 | LETHBRIDGE |
| 43/66 | HAYNES, JULIE | 5128 | 49:38.115 | 09:55 | 16:00 | 246/352 | 166/256 | +00:22:37 | LETHBRIDGE |
| 44/66 | KARL, NICOLE | 5162 | 49:38.156 | 09:55 | 16:00 | 247/352 | 167/256 | +00:22:37 | COALDALE |
| 45/66 | SENNEKER, ALEXA | 5285 | 49:53.626 | 09:58 | 16:05 | 253/352 | 171/256 | +00:22:53 | LETHBRIDGE |
| 46/66 | VAVRA PEACOCK, JASMINE | 5330 | 50:23.292 | 10:04 | 16:15 | 262/352 | 177/256 | +00:23:23 | LETHBRIDGE |
| 47/66 | SPACKMAN, KRISTA | 5303 | 50:24.264 | 10:04 | 16:15 | 263/352 | 178/256 | +00:23:24 | LETHBRIDGE |
| 48/66 | FAUST, TAWNYA | 5097 | 50:25.279 | 10:05 | 16:15 | 264/352 | 179/256 | +00:23:25 | LETHBRIDGE |
| 49/66 | DUECK, ROBYN | 5086 | 50:25.734 | 10:05 | 16:16 | 265/352 | 180/256 | +00:23:25 | LETHBRIDGE |
| 50/66 | PAPWORTH, KARA | 5247 | 50:28.328 | 10:05 | 16:16 | 266/352 | 181/256 | +00:23:28 | LETHBRIDGE |
| 51/66 | ORSTEN, AMANDA | 5240 | 50:51.926 | 10:10 | 16:24 | 277/352 | 189/256 | +00:23:51 | COALDALE |
| 52/66 | OVERES, LEANNE | 5245 | 51:27.209 | 10:17 | 16:35 | 283/352 | 195/256 | +00:24:27 | LETHBRIDGE |
| 53/66 | FOREMAN, TAMMI | 5105 | 51:58.227 | 10:23 | 16:45 | 285/352 | 197/256 | +00:24:58 | LETHBRIDGE |
| 54/66 | GILCHRIST, STEPHANIE | 5115 | 52:54.540 | 10:34 | 17:04 | 295/352 | 207/256 | +00:25:54 | LETHBRIDGE |
| 55/66 | BILCIK, KATHRYN | 5024 | 53:24.257 | 10:40 | 17:13 | 300/352 | 210/256 | +00:26:24 | COALDALE |
| 56/66 | GRIGG, MIKAELA | 5121 | 54:15.205 | 10:51 | 17:30 | 305/352 | 213/256 | +00:27:15 | LETHBRIDGE |
| 57/66 | KIRKPATRICK, KELLI | 5166 | 55:40.271 | 11:08 | 17:57 | 315/352 | 223/256 | +00:28:40 | LETHBRIDGE |
| 58/66 | MARRIOTT, AMARA | 5198 | 55:47.095 | 11:09 | 17:59 | 317/352 | 225/256 | +00:28:46 | LETHBRIDGE |
| 59/66 | LARSON-PENDOCK, JODIE | 5189 | 57:07.233 | 11:25 | 18:25 | 323/352 | 231/256 | +00:30:07 | LETHBRIDGE |
| 60/66 | HORON, EMMA | 5132 | 57:07.575 | 11:25 | 18:25 | 324/352 | 232/256 | +00:30:07 | LETHBRIDGE |
| 61/66 | BREWIN, NATASHA | 5033 | 57:09.539 | 11:25 | 18:26 | 325/352 | 233/256 | +00:30:09 | LETHBRIDGE |
| 62/66 | WARREN, DENISE | 5336 | 58:04.285 | 11:36 | 18:43 | 330/352 | 238/256 | +00:31:04 | CALGARY |
| 63/66 | BROOKS, KARLI | 5035 | 59:54.499 | 11:58 | 19:19 | 335/352 | 242/256 | +00:32:54 | LETHBRIDGE |
| 64/66 | MCDONALD, LEXI | 5210 | 1:00:17.554 | 12:03 | 19:26 | 337/352 | 243/256 | +00:33:17 | LETHBRIDGE |
| 65/66 | ISENOR, BRITTANY | 5141 | 1:07:58.090 | 13:35 | 21:55 | 348/352 | 253/256 | +00:40:57 | LETHBRIDGE |
| 66/66 | FONTAINE, AMANDA | 139 | 1:15:28.682 | 15:05 | 24:20 | 351/352 | 255/256 | +00:48:28 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
352 Finishers

5K30-39M - 14 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|--------|---------|--------|-----------|--------------|
| 1/14 | FEYTER, DANIEL | 5099 | 22:20.453 | 04:28 | 07:12 | 9/352 | 8/96 | +00:00:00 | DIAMOND CITY |
| 2/14 | WOLDEN, SHAWN | 5349 | 22:36.608 | 04:31 | 07:17 | 11/352 | 10/96 | +00:00:16 | LETHBRIDGE |
| 3/14 | BURLEIGH, ADAM | 5039 | 23:50.394 | 04:46 | 07:41 | 15/352 | 13/96 | +00:01:29 | LETHBRIDGE |
| 4/14 | ABERNATHY, RYAN | 184 | 24:04.320 | 04:48 | 07:45 | 17/352 | 14/96 | +00:01:43 | LETHBRIDGE |
| 5/14 | DERRY, CONNOR | 5075 | 25:11.390 | 05:02 | 08:07 | 25/352 | 18/96 | +00:02:50 | LETHBRIDGE |
| 6/14 | COOK, SHAWN | 5064 | 26:16.233 | 05:15 | 08:28 | 31/352 | 22/96 | +00:03:55 | LETHBRIDGE |
| 7/14 | YAKE, WYATT | 5352 | 27:48.556 | 05:33 | 08:58 | 44/352 | 27/96 | +00:05:28 | LETHBRIDGE |
| 8/14 | BLACQUIERE, OWEN | 186 | 29:02.461 | 05:48 | 09:22 | 57/352 | 31/96 | +00:06:42 | LETHBRIDGE |
| 9/14 | SENNEKER, ALEX | 5284 | 35:45.089 | 07:09 | 11:31 | 150/352 | 59/96 | +00:13:24 | LETHBRIDGE |
| 10/14 | YOSHIHARA, RUSSELL | 5358 | 38:04.240 | 07:36 | 12:16 | 170/352 | 63/96 | +00:15:43 | LETHBRIDGE |
| 11/14 | NIWA, TYSON | 5230 | 38:32.098 | 07:42 | 12:25 | 174/352 | 64/96 | +00:16:11 | LETHBRIDGE |
| 12/14 | DOWELL, ANDREW | 5081 | 40:57.703 | 08:11 | 13:12 | 192/352 | 70/96 | +00:18:37 | LETHBRIDGE |
| 13/14 | BORAS, COLIN | 5028 | 54:12.393 | 10:50 | 17:29 | 303/352 | 92/96 | +00:31:51 | LETHBRIDGE |
| 14/14 | WARREN, KOLIN | 5337 | 58:04.613 | 11:36 | 18:44 | 331/352 | 93/96 | +00:35:44 | CALGARY |

5K40-49F - 57 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|--------|---------|---------|-----------|---------------|
| 1/57 | POPE, PAIGE | 5265 | 23:53.158 | 04:46 | 07:42 | 16/352 | 3/256 | +00:00:00 | LETHBRIDGE |
| 2/57 | LAPORTE, MARCY | 5187 | 24:38.467 | 04:55 | 07:56 | 22/352 | 5/256 | +00:00:45 | LETHBRIDGE |
| 3/57 | JOKINEN, CASSANDRA | 5157 | 25:41.340 | 05:08 | 08:17 | 27/352 | 8/256 | +00:01:48 | LETHBRIDGE |
| 4/57 | DYCK, NANCY | 5168 | 29:04.658 | 05:48 | 09:22 | 58/352 | 27/256 | +00:05:11 | GRASSY LAKE |
| 5/57 | VEDRES, FAYLA | 5047 | 29:12.787 | 05:50 | 09:25 | 60/352 | 29/256 | +00:05:19 | LETHBRIDGE |
| 6/57 | WARNOCK, ALISON | 5383 | 29:24.998 | 05:53 | 09:29 | 63/352 | 31/256 | +00:05:31 | LETHBRIDGE |
| 7/57 | FULWILER, CAROLYN | 5110 | 29:37.069 | 05:55 | 09:33 | 65/352 | 33/256 | +00:05:43 | LETHBRIDGE |
| 8/57 | BEBEK, BRYNNE | 5013 | 30:53.499 | 06:10 | 09:57 | 82/352 | 44/256 | +00:07:00 | LETHBRIDGE |
| 9/57 | KWASNY, TRACY | 5178 | 31:33.256 | 06:18 | 10:10 | 88/352 | 48/256 | +00:07:40 | LETHBRIDGE |
| 10/57 | ZEMP, KRISTINA | 5361 | 31:47.148 | 06:21 | 10:15 | 92/352 | 52/256 | +00:07:53 | LETHBRIDGE |
| 11/57 | HERRINGTON, CAROLYN | 5130 | 32:10.860 | 06:26 | 10:22 | 98/352 | 54/256 | +00:08:17 | LETHBRIDGE |
| 12/57 | MCAHON, AMANDA | 5216 | 32:27.333 | 06:29 | 10:28 | 101/352 | 55/256 | +00:08:34 | LETHBRIDGE |
| 13/57 | SKEITH, CHRISTINA | 5298 | 32:29.419 | 06:29 | 10:28 | 102/352 | 56/256 | +00:08:36 | LETHBRIDGE |
| 14/57 | PLANGER, MELISSA | 5262 | 32:33.900 | 06:30 | 10:30 | 103/352 | 57/256 | +00:08:40 | TABER |
| 15/57 | GALLAIS, JODIE | 5389 | 32:38.354 | 06:31 | 10:31 | 105/352 | 59/256 | +00:08:45 | LETHBRIDGE |
| 16/57 | DELVAL, IRENE | 5074 | 32:53.972 | 06:34 | 10:36 | 108/352 | 60/256 | +00:09:00 | LETHBRIDGE |
| 17/57 | TURNBULL, JENNY | 5316 | 32:54.845 | 06:34 | 10:37 | 110/352 | 61/256 | +00:09:01 | LETHBRIDGE |
| 18/57 | CHEUNG, ANDREA | 5049 | 33:16.395 | 06:39 | 10:43 | 117/352 | 67/256 | +00:09:23 | LETHBRIDGE |
| 19/57 | SCHOENING, ERIN | 5283 | 33:21.597 | 06:40 | 10:45 | 118/352 | 68/256 | +00:09:28 | LETHBRIDGE |
| 20/57 | ARNAUD, EMILIE | 5003 | 33:53.706 | 06:46 | 10:56 | 126/352 | 71/256 | +00:10:00 | LETHBRIDGE |
| 21/57 | FEYTER, MELISSA | 5101 | 34:56.437 | 06:59 | 11:16 | 141/352 | 83/256 | +00:11:03 | MONARCH |
| 22/57 | KAATZ, TAMMY | 5159 | 35:14.464 | 07:02 | 11:22 | 145/352 | 87/256 | +00:11:21 | LETHBRIDGE |
| 23/57 | TABOULCHANAS, OLEA | 5313 | 35:18.849 | 07:03 | 11:23 | 148/352 | 90/256 | +00:11:25 | LETHBRIDGE |
| 24/57 | NG, SHERRI | 5229 | 35:54.492 | 07:10 | 11:34 | 152/352 | 93/256 | +00:12:01 | LETHBRIDGE |
| 25/57 | ASHCROFT, CHELSIE | 5005 | 37:54.765 | 07:34 | 12:13 | 166/352 | 104/256 | +00:14:01 | LETHBRIDGE |
| 26/57 | LITTLETENT, MELANIE | 5191 | 38:04.275 | 07:36 | 12:16 | 171/352 | 108/256 | +00:14:11 | LETHBRIDGE |
| 27/57 | BALDERSTON, NICOLE | 5006 | 38:04.303 | 07:36 | 12:16 | 172/352 | 109/256 | +00:14:11 | LETHBRIDGE |
| 28/57 | GARCIA, VICKY | 5111 | 39:10.107 | 07:50 | 12:38 | 180/352 | 115/256 | +00:15:16 | LETHBRIDGE |
| 29/57 | DOUVILLE, SUSANNE | 5080 | 39:58.930 | 07:59 | 12:53 | 183/352 | 118/256 | +00:16:05 | LETHBRIDGE |
| 30/57 | BARNES, KRISTY | 5011 | 41:52.257 | 08:22 | 13:30 | 195/352 | 125/256 | +00:17:59 | PICTURE BUTTE |
| 31/57 | LEAVITT, KIM | 5378 | 42:09.628 | 08:25 | 13:36 | 197/352 | 127/256 | +00:18:16 | LETHBRIDGE |
| 32/57 | SHARP, ROSANNE | 5289 | 42:27.581 | 08:29 | 13:41 | 200/352 | 130/256 | +00:18:34 | LETHBRIDGE |
| 33/57 | ROWAN, CHRISTINA | 5278 | 42:36.984 | 08:31 | 13:44 | 202/352 | 132/256 | +00:18:43 | LETHBRIDGE |
| 34/57 | ORR, KIM | 5239 | 43:56.971 | 08:47 | 14:10 | 208/352 | 137/256 | +00:20:03 | LETHBRIDGE |
| 35/57 | MCMORROW, HEATHER | 5217 | 43:57.956 | 08:47 | 14:10 | 210/352 | 139/256 | +00:20:04 | LETHBRIDGE |
| 36/57 | BROWN, LINDSAY | 5036 | 44:24.367 | 08:52 | 14:19 | 212/352 | 141/256 | +00:20:31 | LETHBRIDGE |
| 37/57 | GILL, TANYA | 5116 | 45:10.424 | 09:02 | 14:34 | 215/352 | 143/256 | +00:21:17 | LETHBRIDGE |
| 38/57 | CHUDOBIAK, APRIL | 5056 | 47:50.762 | 09:34 | 15:26 | 240/352 | 162/256 | +00:23:57 | COALDALE |
| 39/57 | JANZEN, CORRINE | 5144 | 49:40.401 | 09:56 | 16:01 | 248/352 | 168/256 | +00:25:47 | LETHBRIDGE |
| 40/57 | BIALOBYZSKI, ALEXIS | 5023 | 49:49.849 | 09:57 | 16:04 | 249/352 | 169/256 | +00:25:56 | LETHBRIDGE |
| 41/57 | SMITH, JANA E | 5302 | 50:08.295 | 10:01 | 16:10 | 257/352 | 173/256 | +00:26:15 | LETHBRIDGE |
| 42/57 | DAVIES, JAN | 5069 | 50:37.573 | 10:07 | 16:19 | 268/352 | 183/256 | +00:26:44 | LETHBRIDGE |
| 43/57 | NORRIS, CATHERINE | 5231 | 50:37.908 | 10:07 | 16:19 | 269/352 | 184/256 | +00:26:44 | LETHBRIDGE |
| 44/57 | YASINSKI, CHARIS | 5355 | 50:49.724 | 10:09 | 16:23 | 275/352 | 187/256 | +00:26:56 | LETHBRIDGE |
| 45/57 | MERCER, TAMIE | 5223 | 51:07.229 | 10:13 | 16:29 | 282/352 | 194/256 | +00:27:14 | LETHBRIDGE |
| 46/57 | BANKS, LILLI | 5008 | 52:01.100 | 10:24 | 16:46 | 287/352 | 199/256 | +00:28:07 | LETHBRIDGE |
| 47/57 | PICKLES, TAUNYA | 5261 | 52:36.537 | 10:31 | 16:58 | 288/352 | 200/256 | +00:28:43 | LETHBRIDGE |
| 48/57 | BREAKEY, AMELIA | 5032 | 53:19.263 | 10:39 | 17:12 | 296/352 | 208/256 | +00:29:26 | LETHBRIDGE |
| 49/57 | ENTZ, TENNILLE | 5090 | 53:23.606 | 10:40 | 17:13 | 298/352 | 209/256 | +00:29:30 | LETHBRIDGE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
352 Finishers

5K40-49F - 57 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|----------------------|-------|-------------|--------|--------|---------|---------|-----------|------------|
| 50/57 | SANDERSON, ADINA | 5281 | 55:19.074 | 11:03 | 17:50 | 310/352 | 218/256 | +00:31:25 | LETHBRIDGE |
| 51/57 | JOHNSON, MOYA | 5155 | 55:24.121 | 11:04 | 17:52 | 313/352 | 221/256 | +00:31:30 | LETHBRIDGE |
| 52/57 | MATHURIN-MOE, MARTHA | 5205 | 55:24.782 | 11:04 | 17:52 | 314/352 | 222/256 | +00:31:31 | LETHBRIDGE |
| 53/57 | ORMSTON, ANTONIA | 5237 | 55:53.782 | 11:10 | 18:01 | 319/352 | 227/256 | +00:32:00 | LETHBRIDGE |
| 54/57 | LANE, JULIE | 5185 | 57:06.892 | 11:25 | 18:25 | 322/352 | 230/256 | +00:33:13 | LETHBRIDGE |
| 55/57 | MOSSEY, AMY | 5227 | 57:52.899 | 11:34 | 18:40 | 328/352 | 236/256 | +00:33:59 | LETHBRIDGE |
| 56/57 | WALOWETZ, CHANTAL | 5334 | 58:05.527 | 11:37 | 18:44 | 332/352 | 239/256 | +00:34:12 | LETHBRIDGE |
| 57/57 | JENSEN, SHELLEY | 5153 | 1:00:18.286 | 12:03 | 19:27 | 338/352 | 244/256 | +00:36:25 | LETHBRIDGE |

5K40-49M - 17 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-----------|--------|--------|---------|--------|-----------|------------|
| 1/17 | FRIESEN, CHARLES | 5106 | 18:46.508 | 03:45 | 06:03 | 1/352 | 1/96 | +00:00:00 | LETHBRIDGE |
| 2/17 | MALINOWSKI, MACIEJ | 5139 | 21:06.614 | 04:13 | 06:48 | 4/352 | 4/96 | +00:02:20 | LETHBRIDGE |
| 3/17 | CHATTERTON, DAVID | 114 | 21:41.380 | 04:20 | 06:59 | 7/352 | 6/96 | +00:02:54 | LETHBRIDGE |
| 4/17 | FEYTER, DWAYNE | 5100 | 24:26.307 | 04:53 | 07:53 | 20/352 | 17/96 | +00:05:39 | MONARCH |
| 5/17 | KRAMPS, JESSE | 5174 | 25:24.229 | 05:04 | 08:11 | 26/352 | 19/96 | +00:06:37 | LETHBRIDGE |
| 6/17 | WALDORF, RYAN | 5333 | 28:32.220 | 05:42 | 09:12 | 50/352 | 30/96 | +00:09:45 | LETHBRIDGE |
| 7/17 | KWASNY, JASON | 5176 | 29:43.203 | 05:56 | 09:35 | 66/352 | 33/96 | +00:10:56 | LETHBRIDGE |
| 8/17 | SMIGEL, NATHAN | 5299 | 29:52.518 | 05:58 | 09:38 | 69/352 | 35/96 | +00:11:06 | LETHBRIDGE |
| 9/17 | MAZEROLLE, KEVIN | 5208 | 31:16.187 | 06:15 | 10:05 | 85/352 | 39/96 | +00:12:29 | LETHBRIDGE |
| 10/17 | WIRZBA, MATT | 5346 | 31:49.848 | 06:21 | 10:16 | 95/352 | 42/96 | +00:13:03 | LETHBRIDGE |
| 11/17 | REIZVIKH, DMITRI | 5274 | 32:03.435 | 06:24 | 10:20 | 96/352 | 43/96 | +00:13:16 | LETHBRIDGE |
| 12/17 | DAVY, DAN | 5070 | 32:18.455 | 06:27 | 10:25 | 100/352 | 46/96 | +00:13:31 | LETHBRIDGE |
| 13/17 | WARKENTIN, SCOTT | 5335 | 32:45.086 | 06:33 | 10:33 | 106/352 | 47/96 | +00:13:58 | LETHBRIDGE |
| 14/17 | SCHWAB, ED | 5382 | 33:45.607 | 06:45 | 10:53 | 122/352 | 53/96 | +00:14:59 | LETHBRIDGE |
| 15/17 | RITCHIE, CURTIS | 5388 | 47:36.688 | 09:31 | 15:21 | 239/352 | 78/96 | +00:28:50 | EDMONTON |
| 16/17 | LOGAN, DARCY | 5192 | 49:50.137 | 09:58 | 16:04 | 250/352 | 81/96 | +00:31:03 | LETHBRIDGE |
| 17/17 | PARKER, BYRON | 5251 | 50:08.083 | 10:01 | 16:10 | 256/352 | 84/96 | +00:31:21 | LETHBRIDGE |

5K50-59F - 39 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------------------|-------|-----------|--------|--------|---------|---------|-----------|--------------|
| 1/39 | FERGUSON, BILLIE-JO | 5098 | 24:31.129 | 04:54 | 07:54 | 21/352 | 4/256 | +00:00:00 | TABER |
| 2/39 | SPATE, GENA | 5304 | 24:53.841 | 04:58 | 08:01 | 24/352 | 7/256 | +00:00:22 | TABER |
| 3/39 | SUTTROP, VIVIEN | 5312 | 25:55.159 | 05:11 | 08:21 | 29/352 | 9/256 | +00:01:24 | LETHBRIDGE |
| 4/39 | GROTEN, ELISABETH | 5123 | 27:22.772 | 05:28 | 08:49 | 40/352 | 14/256 | +00:02:51 | DIAMOND CITY |
| 5/39 | HARASEM, LORI | 5125 | 28:53.041 | 05:46 | 09:19 | 56/352 | 26/256 | +00:04:21 | COALHURST |
| 6/39 | MACKINNON, BOBBIE | 5195 | 29:06.665 | 05:49 | 09:23 | 59/352 | 28/256 | +00:04:35 | LETHBRIDGE |
| 7/39 | BILODEAU-GOESEELS, SYLVIE | 5058 | 31:29.752 | 06:17 | 10:09 | 87/352 | 47/256 | +00:06:58 | LETHBRIDGE |
| 8/39 | RED CROW, MIRANDA | 5271 | 34:36.683 | 06:55 | 11:09 | 138/352 | 80/256 | +00:10:05 | STANDOFF |
| 9/39 | GEERAERT, ARLENE | 5112 | 35:01.029 | 07:00 | 11:17 | 142/352 | 84/256 | +00:10:29 | TABER |
| 10/39 | VANDEN ELZEN, JEN | 5326 | 36:50.434 | 07:22 | 11:53 | 161/352 | 100/256 | +00:12:19 | COALDALE |
| 11/39 | DRISCOLL, LAURIE | 5083 | 37:55.972 | 07:35 | 12:14 | 167/352 | 105/256 | +00:13:24 | LETHBRIDGE |
| 12/39 | POLS, BOBBI JO | 5263 | 39:00.585 | 07:48 | 12:35 | 179/352 | 114/256 | +00:14:29 | LETHBRIDGE |
| 13/39 | DJOKOTO-ASEM, EDNA | 5076 | 39:45.888 | 07:57 | 12:49 | 182/352 | 117/256 | +00:15:14 | LETHBRIDGE |
| 14/39 | EVANS, SHANNON | 5093 | 45:59.128 | 09:11 | 14:50 | 227/352 | 151/256 | +00:21:27 | LETHBRIDGE |
| 15/39 | DE GINNUS, KATHY | 5368 | 46:16.467 | 09:15 | 14:55 | 228/352 | 152/256 | +00:21:45 | FORT MACLEOD |
| 16/39 | MATIS-VADNAIS, JENNIFER | 5206 | 46:29.751 | 09:17 | 14:59 | 230/352 | 154/256 | +00:21:58 | LETHBRIDGE |
| 17/39 | CRAIG, SUSAN | 5066 | 46:48.558 | 09:21 | 15:05 | 232/352 | 155/256 | +00:22:17 | FORT MACLEOD |
| 18/39 | CLEAVER, DAWN | 5367 | 46:51.329 | 09:22 | 15:06 | 233/352 | 156/256 | +00:22:20 | FORT MACLEOD |
| 19/39 | PAQUIN, LUCIE | 5249 | 47:06.490 | 09:25 | 15:11 | 235/352 | 158/256 | +00:22:35 | LETHBRIDGE |
| 20/39 | OVERES, KATHY | 5244 | 48:18.208 | 09:39 | 15:34 | 241/352 | 163/256 | +00:23:47 | LETHBRIDGE |
| 21/39 | GUGYELKA, NATASHA | 5124 | 48:29.789 | 09:41 | 15:38 | 242/352 | 164/256 | +00:23:58 | COALDALE |
| 22/39 | DEBOER, SHERRI | 5072 | 50:13.474 | 10:02 | 16:12 | 260/352 | 175/256 | +00:25:42 | MONARCH |
| 23/39 | DUMONTIER, LEANNE | 5087 | 50:14.180 | 10:02 | 16:12 | 261/352 | 176/256 | +00:25:43 | LETHBRIDGE |
| 24/39 | COOK, TRISH | 5065 | 50:48.889 | 10:09 | 16:23 | 273/352 | 185/256 | +00:26:17 | LETHBRIDGE |
| 25/39 | OSTEPCHUK, CATHERINE | 5243 | 50:49.105 | 10:09 | 16:23 | 274/352 | 186/256 | +00:26:17 | LETHBRIDGE |
| 26/39 | PAOLETTI, JODI | 5246 | 50:49.762 | 10:09 | 16:23 | 276/352 | 188/256 | +00:26:18 | LETHBRIDGE |
| 27/39 | ORSTEN, ELLIE | 5241 | 50:52.927 | 10:10 | 16:24 | 278/352 | 190/256 | +00:26:21 | COALDALE |
| 28/39 | HULL, EVIE | 5134 | 50:55.533 | 10:11 | 16:25 | 279/352 | 191/256 | +00:26:24 | TABER |
| 29/39 | JOHNSON, RENEE | 5156 | 51:03.245 | 10:12 | 16:28 | 280/352 | 192/256 | +00:26:32 | LETHBRIDGE |
| 30/39 | MEIER, TAMMY | 5219 | 51:05.168 | 10:13 | 16:28 | 281/352 | 193/256 | +00:26:34 | LETHBRIDGE |
| 31/39 | LAMB, DEE | 5180 | 52:49.180 | 10:33 | 17:02 | 292/352 | 204/256 | +00:28:18 | LETHBRIDGE |
| 32/39 | MCKEE, ALLISON | 5215 | 52:49.539 | 10:33 | 17:02 | 293/352 | 205/256 | +00:28:18 | CLARESHOLM |
| 33/39 | BREWSTER, SHELLY | 5034 | 54:13.153 | 10:50 | 17:29 | 304/352 | 212/256 | +00:29:42 | LETHBRIDGE |
| 34/39 | KAIN, MARCY | 5160 | 54:16.233 | 10:51 | 17:30 | 306/352 | 214/256 | +00:29:45 | LETHBRIDGE |
| 35/39 | LANDRY-DEBOER, JULIE | 5182 | 54:16.758 | 10:51 | 17:30 | 307/352 | 215/256 | +00:29:45 | COALDALE |
| 36/39 | PAULS, SHAUNA | 5252 | 54:17.968 | 10:51 | 17:30 | 308/352 | 216/256 | +00:29:46 | COALDALE |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run - 3.1 Miles
352 Finishers

5K50-59F - 39 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|--------------------|-------|-------------|--------|--------|---------|---------|-----------|------------|
| 37/39 | JAKOBSSON, PASCALE | 5143 | 57:53.089 | 11:34 | 18:40 | 329/352 | 237/256 | +00:33:21 | LETHBRIDGE |
| 38/39 | SIMON, SUNITA | 5297 | 58:33.148 | 11:42 | 18:53 | 333/352 | 240/256 | +00:34:02 | LETHBRIDGE |
| 39/39 | FRITZ, LORNA | 5107 | 1:07:56.615 | 13:35 | 21:55 | 347/352 | 252/256 | +00:43:25 | DUCHESS AB |

5K50-59M - 14 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|---------------------|-------|-----------|--------|--------|---------|--------|-----------|---------------|
| 1/14 | GALLANT, BRAD | 5370 | 25:49.734 | 05:09 | 08:19 | 28/352 | 20/96 | +00:00:00 | LETHBRIDGE |
| 2/14 | LAURENDEAU, JASON | 5190 | 26:08.353 | 05:13 | 08:25 | 30/352 | 21/96 | +00:00:18 | LETHBRIDGE |
| 3/14 | MAATJE, JOHAN | 137 | 28:21.266 | 05:40 | 09:08 | 48/352 | 29/96 | +00:02:31 | LETHBRIDGE |
| 4/14 | HUMPHREYS, JASON | 5135 | 29:13.974 | 05:50 | 09:25 | 61/352 | 32/96 | +00:03:24 | LETHBRIDGE |
| 5/14 | KNAPP, BARRY | 5170 | 30:30.271 | 06:06 | 09:50 | 73/352 | 36/96 | +00:04:40 | COALDALE |
| 6/14 | HOLLINGSWORTH, KENT | 5131 | 32:45.296 | 06:33 | 10:33 | 107/352 | 48/96 | +00:06:55 | LETHBRIDGE |
| 7/14 | DAPITO, MEL | 134 | 34:12.108 | 06:50 | 11:01 | 131/352 | 56/96 | +00:08:22 | LETHBRIDGE |
| 8/14 | MENDOZA, JOSELITO | 5222 | 37:42.525 | 07:32 | 12:09 | 165/352 | 62/96 | +00:11:52 | LETHBRIDGE |
| 9/14 | NEUFELD, PERRY | 189 | 40:50.722 | 08:10 | 13:10 | 190/352 | 69/96 | +00:15:00 | LETHBRIDGE |
| 10/14 | ROQUE, FRANCISCO | 5276 | 45:48.168 | 09:09 | 14:46 | 223/352 | 74/96 | +00:19:58 | PICTURE BUTTE |
| 11/14 | LANE, SCOTT | 5186 | 46:39.887 | 09:19 | 15:03 | 231/352 | 77/96 | +00:20:50 | LETHBRIDGE |
| 12/14 | GUGYELKA, DARREN | 5371 | 48:32.050 | 09:42 | 15:39 | 243/352 | 79/96 | +00:22:42 | LETHBRIDGE |
| 13/14 | DRISCOLL, STEVE | 5084 | 50:39.633 | 10:07 | 16:20 | 270/352 | 86/96 | +00:24:49 | LETHBRIDGE |
| 14/14 | ASHCROFT, ALAN | 5004 | 50:41.590 | 10:08 | 16:21 | 271/352 | 87/96 | +00:24:51 | LETHBRIDGE |

5K60-69F - 26 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-------------------------|-------|-------------|--------|--------|---------|---------|-----------|---------------|
| 1/26 | ZOETEMAN, JANA | 5364 | 30:15.606 | 06:03 | 09:45 | 71/352 | 36/256 | +00:00:00 | LETHBRIDGE |
| 2/26 | SHURGELO, MARGARET | 5294 | 30:47.196 | 06:09 | 09:55 | 81/352 | 43/256 | +00:00:31 | ARROW CREEK |
| 3/26 | LORE, BECKY | 5193 | 31:36.646 | 06:19 | 10:11 | 89/352 | 49/256 | +00:01:21 | LETHBRIDGE |
| 4/26 | ZEMP, NORMA | 5362 | 31:47.131 | 06:21 | 10:15 | 91/352 | 51/256 | +00:01:31 | RAYMOND |
| 5/26 | MURPHY, DEBRA | 5228 | 38:47.553 | 07:45 | 12:30 | 178/352 | 113/256 | +00:08:31 | LETHBRIDGE |
| 6/26 | SANFORD, JANICE | 5282 | 39:19.708 | 07:51 | 12:41 | 181/352 | 116/256 | +00:09:04 | COALHURST |
| 7/26 | FINNIE, LAURIE | 5369 | 42:06.554 | 08:25 | 13:35 | 196/352 | 126/256 | +00:11:50 | LETHBRIDGE |
| 8/26 | JENSEN, ANITA | 5151 | 42:42.207 | 08:32 | 13:46 | 203/352 | 133/256 | +00:12:26 | BARNWELL |
| 9/26 | JAROKOSKY, BONNIE | 5147 | 45:49.858 | 09:09 | 14:47 | 225/352 | 150/256 | +00:15:34 | LETHBRIDGE |
| 10/26 | REACH, RONDA | 5331 | 46:20.373 | 09:16 | 14:56 | 229/352 | 153/256 | +00:16:04 | FORT MACLEOD |
| 11/26 | KOSKEWICH, SHERRI | 5172 | 47:17.062 | 09:27 | 15:15 | 237/352 | 160/256 | +00:17:01 | CARDSTON COUN |
| 12/26 | MERTZ, DIANNE | 130 | 47:19.320 | 09:27 | 15:15 | 238/352 | 161/256 | +00:17:03 | LETHBRIDGE |
| 13/26 | GELLENY, KAREN | 5114 | 49:53.596 | 09:58 | 16:05 | 252/352 | 170/256 | +00:19:37 | LETHBRIDGE |
| 14/26 | SENNEKER, ROMINA | 5286 | 50:36.241 | 10:07 | 16:19 | 267/352 | 182/256 | +00:20:20 | TABER |
| 15/26 | VINEY, SYLVIA | 5332 | 51:57.995 | 10:23 | 16:45 | 284/352 | 196/256 | +00:21:42 | LETHBRIDGE |
| 16/26 | VAN VAERENBERGH, LAUREL | 5321 | 52:46.333 | 10:33 | 17:01 | 290/352 | 202/256 | +00:22:30 | LETHBRIDGE |
| 17/26 | QUINTIN, YVONNE | 5270 | 52:48.328 | 10:33 | 17:02 | 291/352 | 203/256 | +00:22:32 | LETHBRIDGE |
| 18/26 | MANSON, ELLEN | 5197 | 53:24.524 | 10:40 | 17:13 | 301/352 | 211/256 | +00:23:08 | DINSMORE |
| 19/26 | MARRIOTT, GLENDA | 188 | 55:57.063 | 11:11 | 18:02 | 321/352 | 229/256 | +00:25:41 | COALDALE |
| 20/26 | TYMBURSKI, ANITA | 5317 | 57:10.710 | 11:26 | 18:26 | 326/352 | 234/256 | +00:26:55 | LETHBRIDGE |
| 21/26 | STARRENBURG, DIANE | 5307 | 57:10.744 | 11:26 | 18:26 | 327/352 | 235/256 | +00:26:55 | LETHBRIDGE |
| 22/26 | PELLETIER, ROSE | 5257 | 1:01:01.480 | 12:12 | 19:41 | 339/352 | 245/256 | +00:30:45 | LETHBRIDGE |
| 23/26 | KEMMET, SANDY | 5163 | 1:01:51.372 | 12:22 | 19:57 | 341/352 | 247/256 | +00:31:35 | LETHBRIDGE |
| 24/26 | STUMP, DIMPLES | 5311 | 1:06:29.452 | 13:17 | 21:26 | 346/352 | 251/256 | +00:36:13 | LETHBRIDGE |
| 25/26 | NYBERG, KATHY | 5232 | 1:07:59.574 | 13:35 | 21:55 | 349/352 | 254/256 | +00:37:43 | BROOKS |
| 26/26 | MORO, LORI | 5046 | 1:15:31.005 | 15:06 | 24:21 | 352/352 | 256/256 | +00:45:15 | LETHBRIDGE |

5K60-69M - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|----------------|-------|-----------|--------|--------|--------|--------|-----------|------------|
| 1/1 | RITCHIE, BRUCE | 5380 | 27:20.409 | 05:28 | 08:49 | 38/352 | 26/96 | +00:00:00 | ST. ALBERT |

5K70+F - 4 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|-------------------|-------|-------------|--------|--------|---------|---------|-----------|------------|
| 1/4 | STREET, ERIKA | 5310 | 55:18.385 | 11:03 | 17:50 | 309/352 | 217/256 | +00:00:00 | COALDALE |
| 2/4 | BENNETT, MARIBETH | 5021 | 55:21.094 | 11:04 | 17:51 | 311/352 | 219/256 | +00:00:02 | LETHBRIDGE |
| 3/4 | BYRTUS, JEANNETTE | 5041 | 55:21.177 | 11:04 | 17:51 | 312/352 | 220/256 | +00:00:02 | LETHBRIDGE |
| 4/4 | BARSKY, JEANNETTE | 5365 | 1:01:52.291 | 12:22 | 19:57 | 342/352 | 248/256 | +00:06:33 | LETHBRIDGE |

5K70+M - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace/K | Pace/M | OA/PI | Gen/PI | Offset | City |
|--------|----------------|-------|-------------|--------|--------|---------|--------|-----------|------------|
| 1/3 | WITTEN, RALPH | 5348 | 40:45.491 | 08:09 | 13:08 | 187/352 | 67/96 | +00:00:00 | LETHBRIDGE |
| 2/3 | CHILES, GORDON | 5052 | 45:56.047 | 09:11 | 14:49 | 226/352 | 76/96 | +00:05:10 | TABER |
| 3/3 | LANE, IAN | 5184 | 1:04:08.980 | 12:49 | 20:41 | 343/352 | 95/96 | +00:23:23 | LETHBRIDGE |