

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/256	CHATTERTON, ANNA	5045	21:27.044	04:17	06:55	5K11-15F	1/13	5/352	LETHBRIDGE, AB
2/256	CHRAPKO, MACKENZIE	5055	22:42.792	04:32	07:19	5K20-29F	1/32	13/352	LETHBRIDGE, AB
3/256	POPE, PAIGE	5265	23:53.158	04:46	07:42	5K40-49F	1/57	16/352	LETHBRIDGE, AB
4/256	FERGUSON, BILLIE-JO	5098	24:31.129	04:54	07:54	5K50-59F	1/39	21/352	TABER, AB
5/256	LAPORTE, MARCY	5187	24:38.467	04:55	07:56	5K40-49F	2/57	22/352	LETHBRIDGE, AB
6/256	HUNSPERGER, MACIE	5138	24:38.757	04:55	07:57	5K11-15F	2/13	23/352	MAGRATH, AB
7/256	SPATE, GENA	5304	24:53.841	04:58	08:01	5K50-59F	2/39	24/352	TABER, AB
8/256	JOKINEN, CASSANDRA	5157	25:41.340	05:08	08:17	5K40-49F	3/57	27/352	LETHBRIDGE, AB
9/256	SUTTROP, VIVIEN	5312	25:55.159	05:11	08:21	5K50-59F	3/39	29/352	LETHBRIDGE, AB
10/256	SHURGELO, DARCI	5292	26:37.647	05:19	08:35	5K20-29F	2/32	33/352	ARROW CREEK, BC
11/256	HARRIS, TEYA	5127	26:47.821	05:21	08:38	5K16-19F	1/6	34/352	TABER, AB
12/256	FANKHAUSER, SHAUNA	5095	27:00.164	05:24	08:42	5K30-39F	1/66	36/352	CLARESHOLM, AB
13/256	TASKER, KELSEY	5314	27:21.396	05:28	08:49	5K30-39F	2/66	39/352	LETHBRIDGE, AB
14/256	GROTEN, ELISABETH	5123	27:22.772	05:28	08:49	5K50-59F	4/39	40/352	DIAMOND CITY, AB
15/256	COLLINS, BRONWYN	5061	27:30.829	05:30	08:52	5K30-39F	3/66	41/352	LETHBRIDGE, AB
16/256	SHURGELO, HEIDI	5293	27:45.436	05:33	08:57	5K20-29F	3/32	42/352	ARROW CREEK, BC
17/256	BURLEIGH, JAYNA	5040	27:46.078	05:33	08:57	5K30-39F	4/66	43/352	LETHBRIDGE, AB
18/256	JUBBER, LAINEY	191	28:02.218	05:36	09:02	5K16-19F	2/6	46/352	LETHBRIDGE, AB
19/256	WILDE, BRYNLEY	5342	28:18.040	05:39	09:07	5K20-29F	4/32	47/352	LETHBRIDGE, AB
20/256	CHMILAR, SARAH	5054	28:30.143	05:42	09:11	5K20-29F	5/32	49/352	LETHBRIDGE, AB
21/256	WOYNAROWSKY, PAULA	5350	28:35.230	05:43	09:13	5K30-39F	5/66	51/352	LETHBRIDGE, AB
22/256	BEBEK, LENNIE	5014	28:36.867	05:43	09:13	5K11-15F	3/13	52/352	LETHBRIDGE, AB
23/256	OLD, BRANDY	5234	28:38.075	05:43	09:14	5K30-39F	6/66	53/352	LETHBRIDGE, AB
24/256	PUCHALA, KARLIE	5269	28:45.404	05:45	09:16	5K30-39F	7/66	54/352	LETHBRIDGE, AB
25/256	YAKE, KELLY	5351	28:46.354	05:45	09:16	5K30-39F	8/66	55/352	LETHBRIDGE, AB
26/256	HARASEM, LORI	5125	28:53.041	05:46	09:19	5K50-59F	5/39	56/352	COALHURST, AB
27/256	DYCK, NANCY	5168	29:04.658	05:48	09:22	5K40-49F	4/57	58/352	GRASSY LAKE, AB
28/256	MACKINNON, BOBBIE	5195	29:06.665	05:49	09:23	5K50-59F	6/39	59/352	LETHBRIDGE, AB
29/256	VEDRES, FAYLA	5047	29:12.787	05:50	09:25	5K40-49F	5/57	60/352	LETHBRIDGE, AB
30/256	MCINTYRE, JESSICA	5214	29:16.371	05:51	09:26	5K30-39F	9/66	62/352	LETHBRIDGE, AB
31/256	WARNOCK, ALISON	5383	29:24.998	05:53	09:29	5K40-49F	6/57	63/352	LETHBRIDGE, AB
32/256	MILLER, ANDI	145	29:33.972	05:54	09:32	5K30-39F	10/66	64/352	BELLEVUE, AB
33/256	FULWILER, CAROLYN	5110	29:37.069	05:55	09:33	5K40-49F	7/57	65/352	LETHBRIDGE, AB
34/256	HUNSPERGER, KANSAS	5137	29:51.236	05:58	09:37	5K10&UF	1/12	68/352	MAGRATH, AB
35/256	VANLIERE, TAMI	5329	30:03.025	06:00	09:41	5K30-39F	11/66	70/352	PICTURE BUTTE, AB
36/256	ZOETEMAN, JANA	5364	30:15.606	06:03	09:45	5K60-69F	1/26	71/352	LETHBRIDGE, AB
37/256	BLACQUIERE, KAYLA	5026	30:18.286	06:03	09:46	5K30-39F	12/66	72/352	LETHBRIDGE, AB
38/256	WHITTINGTON, ASHLEY	5339	30:30.853	06:06	09:50	5K30-39F	13/66	74/352	LETHBRIDGE, AB
39/256	JAROKOSKY, HEATHER	5150	30:36.630	06:07	09:52	5K30-39F	14/66	76/352	LETHBRIDGE, AB
40/256	LAMMERS-POTTAGE, ANDREA	5181	30:37.897	06:07	09:52	5K30-39F	15/66	77/352	LETHBRIDGE, AB
41/256	SPEER, MACKENZIE	5305	30:40.611	06:08	09:53	5K16-19F	3/6	79/352	TABER, AB
42/256	MATKIN, TRISHA	5207	30:46.677	06:09	09:55	5K30-39F	16/66	80/352	LETHBRIDGE, AB
43/256	SHURGELO, MARGARET	5294	30:47.196	06:09	09:55	5K60-69F	2/26	81/352	ARROW CREEK, BC
44/256	BEBEK, BRYNNE	5013	30:53.499	06:10	09:57	5K40-49F	8/57	82/352	LETHBRIDGE, AB
45/256	PICKLES, JENNA	5260	30:59.630	06:11	09:59	5K20-29F	6/32	83/352	LETHBRIDGE, AB
46/256	KINNIBURGH, MARISSA	5165	30:59.795	06:11	09:59	5K20-29F	7/32	84/352	LETHBRIDGE, AB
47/256	BILODEAU-GOESEELS, SYLVIE	5058	31:29.752	06:17	10:09	5K50-59F	7/39	87/352	LETHBRIDGE, AB
48/256	KWASNY, TRACY	5178	31:33.256	06:18	10:10	5K40-49F	9/57	88/352	LETHBRIDGE, AB
49/256	LORE, BECKY	5193	31:36.646	06:19	10:11	5K60-69F	3/26	89/352	LETHBRIDGE, AB
50/256	BLACK, TARA	5390	31:44.423	06:20	10:14	5K11-15F	4/13	90/352	LETHBRIDGE, AB
51/256	ZEMP, NORMA	5362	31:47.131	06:21	10:15	5K60-69F	4/26	91/352	RAYMOND, AB
52/256	ZEMP, KRISTINA	5361	31:47.148	06:21	10:15	5K40-49F	10/57	92/352	LETHBRIDGE, AB
53/256	WIRZBA, ALLISON	5345	31:48.229	06:21	10:15	5K11-15F	5/13	94/352	LETHBRIDGE, AB
54/256	HERRINGTON, CAROLYN	5130	32:10.860	06:26	10:22	5K40-49F	11/57	98/352	LETHBRIDGE, AB
55/256	MCPMAHON, AMANDA	5216	32:27.333	06:29	10:28	5K40-49F	12/57	101/352	LETHBRIDGE, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/256	SKEITH, CHRISTINA	5298	32:29.419	06:29	10:28	5K40-49F	13/57	102/352	LETHBRIDGE, AB
57/256	PLANGER, MELISSA	5262	32:33.900	06:30	10:30	5K40-49F	14/57	103/352	TABER, AB
58/256	ATKINS, AVERY	5323	32:34.881	06:30	10:30	5K11-15F	6/13	104/352	LETHBRIDGE, AB
59/256	GALLAIS, JODIE	5389	32:38.354	06:31	10:31	5K40-49F	15/57	105/352	LETHBRIDGE, AB
60/256	DELVAL, IRENE	5074	32:53.972	06:34	10:36	5K40-49F	16/57	108/352	LETHBRIDGE, AB
61/256	TURNBULL, JENNY	5316	32:54.845	06:34	10:37	5K40-49F	17/57	110/352	LETHBRIDGE, AB
62/256	OHENE, GERALDINE	5233	33:05.201	06:37	10:40	5K30-39F	17/66	112/352	LETHBRIDGE, AB
63/256	GRISNICH, JAYNE	5122	33:08.174	06:37	10:41	5K30-39F	18/66	113/352	NOVA SCOTIA, NS
64/256	WICKERSHAM, AVALYN	5385	33:11.509	06:38	10:42	5K11-15F	7/13	114/352	LETHBRIDGE, AB
65/256	FUENTES, BECKY	5109	33:11.547	06:38	10:42	5K20-29F	8/32	115/352	LETHBRIDGE, AB
66/256	HUNSPERGER, KALINDA	5136	33:13.746	06:38	10:43	5K30-39F	19/66	116/352	MAGRATH, AB
67/256	CHEUNG, ANDREA	5049	33:16.395	06:39	10:43	5K40-49F	18/57	117/352	LETHBRIDGE, AB
68/256	SCHOENING, ERIN	5283	33:21.597	06:40	10:45	5K40-49F	19/57	118/352	LETHBRIDGE, AB
69/256	YANISH, MADISON	5353	33:35.091	06:43	10:50	5K20-29F	9/32	120/352	LETHBRIDGE, AB
70/256	BARNES, CHARLOTTE	5010	33:50.790	06:46	10:55	5K10&UF	2/12	124/352	PICTURE BUTTE, AB
71/256	ARNAUD, EMILIE	5003	33:53.706	06:46	10:56	5K40-49F	20/57	126/352	LETHBRIDGE, AB
72/256	VANDEN DUNGEN, SADIE	5324	33:58.131	06:47	10:57	5K16-19F	4/6	127/352	LETHBRIDGE, AB
73/256	BULLOCK, ALANNA	5037	34:00.949	06:48	10:58	5K30-39F	20/66	128/352	LETHBRIDGE, AB
74/256	COADY, DANIELLE	5060	34:04.244	06:48	10:59	5K30-39F	21/66	129/352	LETHBRIDGE, AB
75/256	VANDEN DUNGEN, EVA	5322	34:07.817	06:49	11:00	5K11-15F	8/13	130/352	LETHBRIDGE, AB
76/256	BENTLEY, ROBYN	5022	34:18.663	06:51	11:04	5K30-39F	22/66	132/352	LETHBRIDGE, AB
77/256	KRAMER, AMBER	5173	34:19.459	06:51	11:04	5K30-39F	23/66	133/352	LETHBRIDGE, AB
78/256	MARTIN, BROOKE	5200	34:35.446	06:55	11:09	5K20-29F	10/32	134/352	BROOKS, AB
79/256	YASINSKI, CADEN	5354	34:36.509	06:55	11:09	5K10&UF	3/12	137/352	LETHBRIDGE, AB
80/256	RED CROW, MIRANDA	5271	34:36.683	06:55	11:09	5K50-59F	8/39	138/352	STANDOFF, AB
81/256	SILVER, TAYLA	5296	34:40.166	06:56	11:11	5K20-29F	11/32	139/352	MONARCH, AB
82/256	LACANILAO, COURTNEY	5179	34:47.638	06:57	11:13	5K30-39F	24/66	140/352	LETHBRIDGE, AB
83/256	FEYTER, MELISSA	5101	34:56.437	06:59	11:16	5K40-49F	21/57	141/352	MONARCH, AB
84/256	GEERAERT, ARLENE	5112	35:01.029	07:00	11:17	5K50-59F	9/39	142/352	TABER, AB
85/256	KOWBEL, RIKKELLE	5376	35:03.099	07:00	11:18	5K10&UF	4/12	143/352	LETHBRIDGE, AB
86/256	KOWBEL, ALANNA	5373	35:03.590	07:00	11:18	5K30-39F	25/66	144/352	LETHBRIDGE, AB
87/256	KAATZ, TAMMY	5159	35:14.464	07:02	11:22	5K40-49F	22/57	145/352	LETHBRIDGE, AB
88/256	WICKERSHAM, AIMEE	5384	35:14.855	07:02	11:22	5K30-39F	26/66	146/352	LETHBRIDGE, AB
89/256	KLETKE, HOLLY	5169	35:15.854	07:03	11:22	5K20-29F	12/32	147/352	LETHBRIDGE, AB
90/256	TABOULCHANAS, OLEA	5313	35:18.849	07:03	11:23	5K40-49F	23/57	148/352	LETHBRIDGE, AB
91/256	ONYANGO, NYARADZO	5236	35:24.719	07:04	11:25	5K30-39F	27/66	149/352	LETHBRIDGE, AB
92/256	STOROZYNSKY, SELENA	5309	35:51.782	07:10	11:34	5K20-29F	13/32	151/352	LETHBRIDGE, AB
93/256	NG, SHERRI	5229	35:54.492	07:10	11:34	5K40-49F	24/57	152/352	LETHBRIDGE, AB
94/256	ZECK, EMILEE	5359	36:07.778	07:13	11:39	5K20-29F	14/32	153/352	LETHBRIDGE, AB
95/256	JOHNSON, JESSICA	5154	36:14.812	07:14	11:41	5K30-39F	28/66	154/352	LETHBRIDGE, AB
96/256	MCDONALD, ASHLEIGH	5209	36:22.026	07:16	11:43	5K30-39F	29/66	155/352	LETHBRIDGE, AB
97/256	SHING, CERISSE	5291	36:23.971	07:16	11:44	5K20-29F	15/32	156/352	LETHBRIDGE, AB
98/256	VANDEN ELZEN, MADELINE	5327	36:31.353	07:18	11:46	5K20-29F	16/32	157/352	LETHBRIDGE, AB
99/256	BULLOCK, CHELSIE	5038	36:38.827	07:19	11:49	5K30-39F	30/66	159/352	BARNWELL, AB
100/256	VANDEN ELZEN, JEN	5326	36:50.434	07:22	11:53	5K50-59F	10/39	161/352	COALDALE, AB
101/256	DEKELVER, AVICE	5073	36:57.744	07:23	11:55	5K30-39F	31/66	162/352	LETHBRIDGE, AB
102/256	UGLEM, SEANNA	5318	37:12.715	07:26	12:00	5K20-29F	17/32	163/352	LETHBRIDGE, AB
103/256	BROWN, EMILY	5057	37:24.569	07:28	12:04	5K30-39F	32/66	164/352	LETHBRIDGE, AB
104/256	ASHCROFT, CHELSIE	5005	37:54.765	07:34	12:13	5K40-49F	25/57	166/352	LETHBRIDGE, AB
105/256	DRISCOLL, LAURIE	5083	37:55.972	07:35	12:14	5K50-59F	11/39	167/352	LETHBRIDGE, AB
106/256	VANDEN DUNGEN, SANTANA	5325	37:58.961	07:35	12:15	5K20-29F	18/32	168/352	LETHBRIDGE, AB
107/256	YOSHIHARA, MEGAN	5357	38:03.128	07:36	12:16	5K30-39F	33/66	169/352	LETHBRIDGE, AB
108/256	LITTLETENT, MELANIE	5191	38:04.275	07:36	12:16	5K40-49F	26/57	171/352	LETHBRIDGE, AB
109/256	BALDERSTON, NICOLE	5006	38:04.303	07:36	12:16	5K40-49F	27/57	172/352	LETHBRIDGE, AB
110/256	FLICKINGER, CASSANDRA	5104	38:05.089	07:37	12:17	5K30-39F	34/66	173/352	CALGARY, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
111/256	PARDIAC, KATRINA	5250	38:33.839	07:42	12:26	5K30-39F	35/66	175/352	LETHBRIDGE, AB
112/256	CHISHOLM, TRINIE	5053	38:39.417	07:43	12:28	5K30-39F	36/66	176/352	LETHBRIDGE, AB
113/256	MURPHY, DEBRA	5228	38:47.553	07:45	12:30	5K60-69F	5/26	178/352	LETHBRIDGE, AB
114/256	POLS, BOBBI JO	5263	39:00.585	07:48	12:35	5K50-59F	12/39	179/352	LETHBRIDGE, AB
115/256	GARCIA, VICKY	5111	39:10.107	07:50	12:38	5K40-49F	28/57	180/352	LETHBRIDGE, AB
116/256	SANFORD, JANICE	5282	39:19.708	07:51	12:41	5K60-69F	6/26	181/352	COALHURST, AB
117/256	DJOKOTO-ASEM, EDNA	5076	39:45.888	07:57	12:49	5K50-59F	13/39	182/352	LETHBRIDGE, AB
118/256	DOUVILLE, SUSANNE	5080	39:58.930	07:59	12:53	5K40-49F	29/57	183/352	LETHBRIDGE, AB
119/256	BONNEY, RACHEL	5027	40:04.460	08:00	12:55	5K20-29F	19/32	184/352	LETHBRIDGE, AB
120/256	REIZVIKH, ANALI	5273	40:41.739	08:08	13:07	5K30-39F	37/66	186/352	LETHBRIDGE, AB
121/256	NEUFELD, CAMRYN	190	40:49.786	08:09	13:10	5K20-29F	20/32	189/352	LETHBRIDGE, AB
122/256	VANESSEN, MIANNA	5328	40:51.365	08:10	13:10	5K20-29F	21/32	191/352	LETHBRIDGE, AB
123/256	DOWELL, BROOKE	5082	41:45.098	08:21	13:28	5K20-29F	22/32	193/352	LETHBRIDGE, AB
124/256	BINETRUY, TAYLOR	5025	41:47.896	08:21	13:28	5K20-29F	23/32	194/352	LETHBRIDGE, AB
125/256	BARNES, KRISTY	5011	41:52.257	08:22	13:30	5K40-49F	30/57	195/352	PICTURE BUTTE, AB
126/256	FINNIE, LAURIE	5369	42:06.554	08:25	13:35	5K60-69F	7/26	196/352	LETHBRIDGE, AB
127/256	LEAVITT, KIM	5378	42:09.628	08:25	13:36	5K40-49F	31/57	197/352	LETHBRIDGE, AB
128/256	CLAMP, KEIRA	5366	42:10.131	08:26	13:36	5K10&UF	5/12	198/352	LETHBRIDGE, AB
129/256	SHARP, OLIVIA	5288	42:25.186	08:29	13:41	5K10&UF	6/12	199/352	LETHBRIDGE, AB
130/256	SHARP, ROSANNE	5289	42:27.581	08:29	13:41	5K40-49F	32/57	200/352	LETHBRIDGE, AB
131/256	ROWAN, ELYSE	5279	42:36.295	08:31	13:44	5K10&UF	7/12	201/352	LETHBRIDGE, AB
132/256	ROWAN, CHRISTINA	5278	42:36.984	08:31	13:44	5K40-49F	33/57	202/352	LETHBRIDGE, AB
133/256	JENSEN, ANITA	5151	42:42.207	08:32	13:46	5K60-69F	8/26	203/352	BARNWELL, AB
134/256	SAPRIKIN, LISA	5381	43:24.496	08:40	14:00	5K20-29F	24/32	204/352	COALDALE, AB
135/256	LARENTE, LOUISE	187	43:25.491	08:41	14:00	5K30-39F	38/66	205/352	LETHBRIDGE, AB
136/256	BROWN, KENNEDY	5048	43:50.811	08:46	14:08	5K20-29M	16/19	206/352	LETHBRIDGE, AB
137/256	ORR, KIM	5239	43:56.971	08:47	14:10	5K40-49F	34/57	208/352	LETHBRIDGE, AB
138/256	MCMORROW, MOLLY	5218	43:57.399	08:47	14:10	5K16-19F	5/6	209/352	LETHBRIDGE, AB
139/256	MCMORROW, HEATHER	5217	43:57.956	08:47	14:10	5K40-49F	35/57	210/352	LETHBRIDGE, AB
140/256	DONOVAN, AUDREY	5079	44:20.483	08:52	14:18	5K11-15F	9/13	211/352	LETHBRIDGE, AB
141/256	BROWN, LINDSAY	5036	44:24.367	08:52	14:19	5K40-49F	36/57	212/352	LETHBRIDGE, AB
142/256	CHEUNG, MEIKA	5051	44:50.234	08:58	14:27	5K11-15F	10/13	213/352	LETHBRIDGE, AB
143/256	GILL, TANYA	5116	45:10.424	09:02	14:34	5K40-49F	37/57	215/352	LETHBRIDGE, AB
144/256	MARTYN, JEN	5202	45:11.696	09:02	14:34	5K30-39F	39/66	216/352	LETHBRIDGE, AB
145/256	ERAIS, BARI	5091	45:12.343	09:02	14:34	5K30-39F	40/66	217/352	LETHBRIDGE COUNTY, AB
146/256	ERAIS, SPENCER	5092	45:17.124	09:03	14:36	5K10&UF	8/12	219/352	LETHBRIDGE COUNTY, AB
147/256	LOS BANES, MARIEL	5194	45:18.660	09:03	14:36	5K20-29F	25/32	220/352	LETHBRIDGE, AB
148/256	MATHER, KYRA	5204	45:32.472	09:06	14:41	5K20-29F	26/32	221/352	FOOTHILLS NO. 31, AB
149/256	ROQUE, MARIA	5277	45:48.004	09:09	14:46	5K11-15F	11/13	222/352	PICTURE BUTTE, AB
150/256	JAROKOSKY, BONNIE	5147	45:49.858	09:09	14:47	5K60-69F	9/26	225/352	LETHBRIDGE, AB
151/256	EVANS, SHANNON	5093	45:59.128	09:11	14:50	5K50-59F	14/39	227/352	LETHBRIDGE, AB
152/256	DE GINNUS, KATHY	5368	46:16.467	09:15	14:55	5K50-59F	15/39	228/352	FORT MACLEOD, AB
153/256	REACH, RONDA	5331	46:20.373	09:16	14:56	5K60-69F	10/26	229/352	FORT MACLEOD, AB
154/256	MATIS-VADNAIS, JENNIFER	5206	46:29.751	09:17	14:59	5K50-59F	16/39	230/352	LETHBRIDGE, AB
155/256	CRAIG, SUSAN	5066	46:48.558	09:21	15:05	5K50-59F	17/39	232/352	FORT MACLEOD, AB
156/256	CLEAVER, DAWN	5367	46:51.329	09:22	15:06	5K50-59F	18/39	233/352	FORT MACLEOD, AB
157/256	BELISLE, LIA	5019	47:02.677	09:24	15:10	5K10&UF	9/12	234/352	LETHBRIDGE, AB
158/256	PAQUIN, LUCIE	5249	47:06.490	09:25	15:11	5K50-59F	19/39	235/352	LETHBRIDGE, AB
159/256	BELISLE, MINDY	5020	47:06.639	09:25	15:11	5K30-39F	41/66	236/352	LETHBRIDGE, AB
160/256	KOSKEWICH, SHERRI	5172	47:17.062	09:27	15:15	5K60-69F	11/26	237/352	CARDSTON COUNTY, AB
161/256	MERTZ, DIANNE	130	47:19.320	09:27	15:15	5K60-69F	12/26	238/352	LETHBRIDGE, AB
162/256	CHUDOBIAK, APRIL	5056	47:50.762	09:34	15:26	5K40-49F	38/57	240/352	COALDALE, AB
163/256	OVERES, KATHY	5244	48:18.208	09:39	15:34	5K50-59F	20/39	241/352	LETHBRIDGE, AB
164/256	GUGYELKA, NATASHA	5124	48:29.789	09:41	15:38	5K50-59F	21/39	242/352	COALDALE, AB
165/256	DOENZ, CODY	5077	48:46.110	09:45	15:43	5K30-39F	42/66	245/352	LETHBRIDGE, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
166/256	HAYNES, JULIE	5128	49:38.115	09:55	16:00	5K30-39F	43/66	246/352	LETHBRIDGE, AB
167/256	KARL, NICOLE	5162	49:38.156	09:55	16:00	5K30-39F	44/66	247/352	COALDALE, AB
168/256	JANZEN, CORRINE	5144	49:40.401	09:56	16:01	5K40-49F	39/57	248/352	LETHBRIDGE, AB
169/256	BIALOBZYSKI, ALEXIS	5023	49:49.849	09:57	16:04	5K40-49F	40/57	249/352	LETHBRIDGE, AB
170/256	GELLENY, KAREN	5114	49:53.596	09:58	16:05	5K60-69F	13/26	252/352	LETHBRIDGE, AB
171/256	SENNEKER, ALEXA	5285	49:53.626	09:58	16:05	5K30-39F	45/66	253/352	LETHBRIDGE, AB
172/256	ZIPURSKY, MICHAELA	5363	49:56.557	09:59	16:06	5K20-29F	27/32	255/352	LETHBRIDGE, AB
173/256	SMITH, JANAE	5302	50:08.295	10:01	16:10	5K40-49F	41/57	257/352	LETHBRIDGE, AB
174/256	SENNEKER, LIZ	5059	50:12.029	10:02	16:11	5K20-29F	28/32	259/352	LETHBRIDGE, AB
175/256	DEBOER, SHERRI	5072	50:13.474	10:02	16:12	5K50-59F	22/39	260/352	MONARCH, AB
176/256	DUMONTIER, LEANNE	5087	50:14.180	10:02	16:12	5K50-59F	23/39	261/352	LETHBRIDGE, AB
177/256	VAVRA PEACOCK, JASMINE	5330	50:23.292	10:04	16:15	5K30-39F	46/66	262/352	LETHBRIDGE, AB
178/256	SPACKMAN, KRISTA	5303	50:24.264	10:04	16:15	5K30-39F	47/66	263/352	LETHBRIDGE, AB
179/256	FAUST, TAWNIA	5097	50:25.279	10:05	16:15	5K30-39F	48/66	264/352	LETHBRIDGE, AB
180/256	DUECK, ROBYN	5086	50:25.734	10:05	16:16	5K30-39F	49/66	265/352	LETHBRIDGE, AB
181/256	PAPWORTH, KARA	5247	50:28.328	10:05	16:16	5K30-39F	50/66	266/352	LETHBRIDGE, AB
182/256	SENNEKER, ROMINA	5286	50:36.241	10:07	16:19	5K60-69F	14/26	267/352	TABER, AB
183/256	DAVIES, JAN	5069	50:37.573	10:07	16:19	5K40-49F	42/57	268/352	LETHBRIDGE, AB
184/256	NORRIS, CATHERINE	5231	50:37.908	10:07	16:19	5K40-49F	43/57	269/352	LETHBRIDGE, AB
185/256	COOK, TRISH	5065	50:48.889	10:09	16:23	5K50-59F	24/39	273/352	LETHBRIDGE, AB
186/256	OSTEPCHUK, CATHERINE	5243	50:49.105	10:09	16:23	5K50-59F	25/39	274/352	LETHBRIDGE, AB
187/256	YASINSKI, CHARIS	5355	50:49.724	10:09	16:23	5K40-49F	44/57	275/352	LETHBRIDGE, AB
188/256	PAOLETTI, JODI	5246	50:49.762	10:09	16:23	5K50-59F	26/39	276/352	LETHBRIDGE, AB
189/256	ORSTEN, AMANDA	5240	50:51.926	10:10	16:24	5K30-39F	51/66	277/352	COALDALE, AB
190/256	ORSTEN, ELLIE	5241	50:52.927	10:10	16:24	5K50-59F	27/39	278/352	COALDALE, AB
191/256	HULL, EVIE	5134	50:55.533	10:11	16:25	5K50-59F	28/39	279/352	TABER, AB
192/256	JOHNSON, RENEE	5156	51:03.245	10:12	16:28	5K50-59F	29/39	280/352	LETHBRIDGE, AB
193/256	MEIER, TAMMY	5219	51:05.168	10:13	16:28	5K50-59F	30/39	281/352	LETHBRIDGE, AB
194/256	MERCER, TAMIE	5223	51:07.229	10:13	16:29	5K40-49F	45/57	282/352	LETHBRIDGE, AB
195/256	OVERES, LEANNE	5245	51:27.209	10:17	16:35	5K30-39F	52/66	283/352	LETHBRIDGE, AB
196/256	VINEY, SYLVIA	5332	51:57.995	10:23	16:45	5K60-69F	15/26	284/352	LETHBRIDGE, AB
197/256	FOREMAN, TAMMI	5105	51:58.227	10:23	16:45	5K30-39F	53/66	285/352	LETHBRIDGE, AB
198/256	BANKS, GEORGIA	5007	51:59.162	10:23	16:46	5K11-15F	12/13	286/352	LETHBRIDGE, AB
199/256	BANKS, LILLI	5008	52:01.100	10:24	16:46	5K40-49F	46/57	287/352	LETHBRIDGE, AB
200/256	PICKLES, TAUNYA	5261	52:36.537	10:31	16:58	5K40-49F	47/57	288/352	LETHBRIDGE, AB
201/256	PETERSON, JESSICA	5258	52:38.243	10:31	16:58	5K20-29F	29/32	289/352	LETHBRIDGE COUNTY, AB
202/256	VAN VAERENBERGH, LAUREL	5321	52:46.333	10:33	17:01	5K60-69F	16/26	290/352	LETHBRIDGE, AB
203/256	QUINTIN, YVONNE	5270	52:48.328	10:33	17:02	5K60-69F	17/26	291/352	LETHBRIDGE, AB
204/256	LAMB, DEE	5180	52:49.180	10:33	17:02	5K50-59F	31/39	292/352	LETHBRIDGE, AB
205/256	MCKEE, ALLISON	5215	52:49.539	10:33	17:02	5K50-59F	32/39	293/352	CLARESHOLM, AB
206/256	PETTIPAS, MARISA	5259	52:53.803	10:34	17:03	5K20-29F	30/32	294/352	LETHBRIDGE, AB
207/256	GILCHRIST, STEPHANIE	5115	52:54.540	10:34	17:04	5K30-39F	54/66	295/352	LETHBRIDGE, AB
208/256	BREAKEY, AMELIA	5032	53:19.263	10:39	17:12	5K40-49F	48/57	296/352	LETHBRIDGE, AB
209/256	ENTZ, TENNILLE	5090	53:23.606	10:40	17:13	5K40-49F	49/57	298/352	LETHBRIDGE, AB
210/256	BILCIK, KATHRYN	5024	53:24.257	10:40	17:13	5K30-39F	55/66	300/352	COALDALE, AB
211/256	MANSON, ELLEN	5197	53:24.524	10:40	17:13	5K60-69F	18/26	301/352	DINSMORE, SK
212/256	BREWSTER, SHELLY	5034	54:13.153	10:50	17:29	5K50-59F	33/39	304/352	LETHBRIDGE, AB
213/256	GRIGG, MIKAELA	5121	54:15.205	10:51	17:30	5K30-39F	56/66	305/352	LETHBRIDGE, AB
214/256	KAIN, MARCY	5160	54:16.233	10:51	17:30	5K50-59F	34/39	306/352	LETHBRIDGE, AB
215/256	LANDRY-DEBOER, JULIE	5182	54:16.758	10:51	17:30	5K50-59F	35/39	307/352	COALDALE, AB
216/256	PAULS, SHAUNA	5252	54:17.968	10:51	17:30	5K50-59F	36/39	308/352	COALDALE, AB
217/256	STREET, ERIKA	5310	55:18.385	11:03	17:50	5K70+F	1/4	309/352	COALDALE, AB
218/256	SANDERSON, ADINA	5281	55:19.074	11:03	17:50	5K40-49F	50/57	310/352	LETHBRIDGE, AB
219/256	BENNETT, MARIBETH	5021	55:21.094	11:04	17:51	5K70+F	2/4	311/352	LETHBRIDGE, AB
220/256	BYRTUS, JEANNETTE	5041	55:21.177	11:04	17:51	5K70+F	3/4	312/352	LETHBRIDGE, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
221/256	JOHNSON, MOYA	5155	55:24.121	11:04	17:52	5K40-49F	51/57	313/352	LETHBRIDGE, AB
222/256	MATHURIN-MOE, MARTHA	5205	55:24.782	11:04	17:52	5K40-49F	52/57	314/352	LETHBRIDGE, AB
223/256	KIRKPATRICK, KELLI	5166	55:40.271	11:08	17:57	5K30-39F	57/66	315/352	LETHBRIDGE, AB
224/256	KIRKPATRICK, THEA	5167	55:40.678	11:08	17:57	5K10&UF	10/12	316/352	LETHBRIDGE, AB
225/256	MARRIOTT, AMARA	5198	55:47.095	11:09	17:59	5K30-39F	58/66	317/352	LETHBRIDGE, AB
226/256	MARRIOTT, DAPHNE	5199	55:52.970	11:10	18:01	5K10&UF	11/12	318/352	LETHBRIDGE, AB
227/256	ORMSTON, ANTONIA	5237	55:53.782	11:10	18:01	5K40-49F	53/57	319/352	LETHBRIDGE, AB
228/256	ORMSTON, REBECCA	5238	55:54.493	11:10	18:02	5K11-15F	13/13	320/352	LETHBRIDGE, AB
229/256	MARRIOTT, GLENDA	188	55:57.063	11:11	18:02	5K60-69F	19/26	321/352	COALDALE, AB
230/256	LANE, JULIE	5185	57:06.892	11:25	18:25	5K40-49F	54/57	322/352	LETHBRIDGE, AB
231/256	LARSON-PENDOCK, JODIE	5189	57:07.233	11:25	18:25	5K30-39F	59/66	323/352	LETHBRIDGE, AB
232/256	HORON, EMMA	5132	57:07.575	11:25	18:25	5K30-39F	60/66	324/352	LETHBRIDGE, AB
233/256	BREWING, NATASHA	5033	57:09.539	11:25	18:26	5K30-39F	61/66	325/352	LETHBRIDGE, AB
234/256	TYMBURSKI, ANITA	5317	57:10.710	11:26	18:26	5K60-69F	20/26	326/352	LETHBRIDGE, AB
235/256	STARRENBURG, DIANE	5307	57:10.744	11:26	18:26	5K60-69F	21/26	327/352	LETHBRIDGE, AB
236/256	MOSSEY, AMY	5227	57:52.899	11:34	18:40	5K40-49F	55/57	328/352	LETHBRIDGE, AB
237/256	JAKOBSSON, PASCALE	5143	57:53.089	11:34	18:40	5K50-59F	37/39	329/352	LETHBRIDGE, AB
238/256	WARREN, DENISE	5336	58:04.285	11:36	18:43	5K30-39F	62/66	330/352	CALGARY, AB
239/256	WALLOWETZ, CHANTAL	5334	58:05.527	11:37	18:44	5K40-49F	56/57	332/352	LETHBRIDGE, AB
240/256	SIMON, SUNITA	5297	58:33.148	11:42	18:53	5K50-59F	38/39	333/352	LETHBRIDGE, AB
241/256	MACKINNON, JORDAN	5196	59:47.687	11:57	19:17	5K20-29F	31/32	334/352	LETHBRIDGE, AB
242/256	BROOKS, KARLI	5035	59:54.499	11:58	19:19	5K30-39F	63/66	335/352	LETHBRIDGE, AB
243/256	MCDONALD, LEXI	5210	1:00:17.554	12:03	19:26	5K30-39F	64/66	337/352	LETHBRIDGE, AB
244/256	JENSEN, SHELLEY	5153	1:00:18.286	12:03	19:27	5K40-49F	57/57	338/352	LETHBRIDGE, AB
245/256	PELLETIER, ROSE	5257	1:01:01.480	12:12	19:41	5K60-69F	22/26	339/352	LETHBRIDGE, AB
246/256	CHEUNG, MAGGIE	5050	1:01:48.776	12:21	19:56	5K16-19F	6/6	340/352	LETHBRIDGE, AB
247/256	KEMMET, SANDY	5163	1:01:51.372	12:22	19:57	5K60-69F	23/26	341/352	LETHBRIDGE, AB
248/256	BARSKY, JEANNETTE	5365	1:01:52.291	12:22	19:57	5K70+F	4/4	342/352	LETHBRIDGE, AB
249/256	LANE, ASHLEY	5183	1:04:13.888	12:50	20:43	5K20-29F	32/32	344/352	CALGARY, AB
250/256	BEBEK, THEO	5015	1:06:03.519	13:12	21:18	5K10&UF	12/12	345/352	LETHBRIDGE, AB
251/256	STUMP, DIMPLES	5311	1:06:29.452	13:17	21:26	5K60-69F	24/26	346/352	LETHBRIDGE, AB
252/256	FRITZ, LORNA	5107	1:07:56.615	13:35	21:55	5K50-59F	39/39	347/352	DUCHESS AB, AB
253/256	ISENOR, BRITTANY	5141	1:07:58.090	13:35	21:55	5K30-39F	65/66	348/352	LETHBRIDGE, AB
254/256	NYBERG, KATHY	5232	1:07:59.574	13:35	21:55	5K60-69F	25/26	349/352	BROOKS, AB
255/256	FONTAINE, AMANDA	139	1:15:28.682	15:05	24:20	5K30-39F	66/66	351/352	LETHBRIDGE, AB
256/256	MORO, LORI	5046	1:15:31.005	15:06	24:21	5K60-69F	26/26	352/352	LETHBRIDGE, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/96	FRIESEN, CHARLES	5106	18:46.508	03:45	06:03	5K40-49M	1/17	1/352	LETHBRIDGE, AB
2/96	JEROME, CODY	5031	19:30.480	03:54	06:17	5K20-29M	1/19	2/352	LETHBRIDGE, AB
3/96	MCINTYRE, GAVIN	5213	19:34.505	03:54	06:18	5K16-19M	1/2	3/352	LETHBRIDGE, AB
4/96	MALINOWSKI, MACIEJ	5139	21:06.614	04:13	06:48	5K40-49M	2/17	4/352	LETHBRIDGE, AB
5/96	SHURGEL, MICAH	5295	21:35.588	04:19	06:57	5K20-29M	2/19	6/352	ARROW CREEK, BC
6/96	CHATTERTON, DAVID	114	21:41.380	04:20	06:59	5K40-49M	3/17	7/352	LETHBRIDGE, AB
7/96	MCINTYRE, CORIGAN	5212	21:49.140	04:21	07:02	5K11-15M	1/10	8/352	LETHBRIDGE, AB
8/96	FEYTER, DANIEL	5099	22:20.453	04:28	07:12	5K30-39M	1/14	9/352	DIAMOND CITY, AB
9/96	ORSTEN, RYKER	5242	22:35.948	04:31	07:17	5K11-15M	2/10	10/352	COALDALE, AB
10/96	WOLDEN, SHAWN	5349	22:36.608	04:31	07:17	5K30-39M	2/14	11/352	LETHBRIDGE, AB
11/96	CHATTERS, OLIVER	5044	22:38.929	04:31	07:18	5K11-15M	3/10	12/352	LETHBRIDGE, AB
12/96	CHAN, CHUN NGAI	5042	22:57.541	04:35	07:24	5K20-29M	3/19	14/352	LETHBRIDGE, AB
13/96	BURLEIGH, ADAM	5039	23:50.394	04:46	07:41	5K30-39M	3/14	15/352	LETHBRIDGE, AB
14/96	ABERNATHY, RYAN	184	24:04.320	04:48	07:45	5K30-39M	4/14	17/352	LETHBRIDGE, AB
15/96	KWASNY, SIMON	5177	24:14.141	04:50	07:49	5K11-15M	4/10	18/352	LETHBRIDGE, AB
16/96	WIGAND, EVAN	5341	24:16.520	04:51	07:49	5K11-15M	5/10	19/352	LETHBRIDGE, AB
17/96	FEYTER, DWAYNE	5100	24:26.307	04:53	07:53	5K40-49M	4/17	20/352	MONARCH, AB
18/96	DERRY, CONNOR	5075	25:11.390	05:02	08:07	5K30-39M	5/14	25/352	LETHBRIDGE, AB
19/96	KRAMPS, JESSE	5174	25:24.229	05:04	08:11	5K40-49M	5/17	26/352	LETHBRIDGE, AB
20/96	GALLANT, BRAD	5370	25:49.734	05:09	08:19	5K50-59M	1/14	28/352	LETHBRIDGE, AB
21/96	LAURENDEAU, JASON	5190	26:08.353	05:13	08:25	5K50-59M	2/14	30/352	LETHBRIDGE, AB
22/96	COOK, SHAWN	5064	26:16.233	05:15	08:28	5K30-39M	6/14	31/352	LETHBRIDGE, AB
23/96	WATT, JENS	5338	26:17.746	05:15	08:28	5K20-29M	4/19	32/352	LETHBRIDGE, AB
24/96	FANKHAUSER, SAMUEL	5094	26:59.837	05:23	08:42	5K10&UM	1/17	35/352	CLARESHOLM, AB
25/96	GEERAERT, MITCHELL	5113	27:15.132	05:27	08:47	5K20-29M	5/19	37/352	TABER, AB
26/96	RITCHIE, BRUCE	5380	27:20.409	05:28	08:49	5K60-69M	1/1	38/352	ST. ALBERT, AB
27/96	YAKE, WYATT	5352	27:48.556	05:33	08:58	5K30-39M	7/14	44/352	LETHBRIDGE, AB
28/96	JUBBER, LINCOLN	192	27:58.111	05:35	09:01	5K11-15M	6/10	45/352	LETHBRIDGE, AB
29/96	MAATJE, JOHAN	137	28:21.266	05:40	09:08	5K50-59M	3/14	48/352	LETHBRIDGE, AB
30/96	WALDORF, RYAN	5333	28:32.220	05:42	09:12	5K40-49M	6/17	50/352	LETHBRIDGE, AB
31/96	BLACQUIERE, OWEN	186	29:02.461	05:48	09:22	5K30-39M	8/14	57/352	LETHBRIDGE, AB
32/96	HUMPHREYS, JASON	5135	29:13.974	05:50	09:25	5K50-59M	4/14	61/352	LETHBRIDGE, AB
33/96	KWASNY, JASON	5176	29:43.203	05:56	09:35	5K40-49M	7/17	66/352	LETHBRIDGE, AB
34/96	HARASEM PIPER, SAGE	5126	29:48.097	05:57	09:36	5K16-19M	2/2	67/352	COALHURST, AB
35/96	SMIGEL, NATHAN	5299	29:52.518	05:58	09:38	5K40-49M	8/17	69/352	LETHBRIDGE, AB
36/96	KNAPP, BARRY	5170	30:30.271	06:06	09:50	5K50-59M	5/14	73/352	COALDALE, AB
37/96	KOWBEL, JAXON	5374	30:32.923	06:06	09:51	5K10&UM	2/17	75/352	LETHBRIDGE, AB
38/96	POTTAGE, ANDY	5266	30:37.918	06:07	09:52	5K10&UM	3/17	78/352	LETHBRIDGE, AB
39/96	MAZEROLLE, KEVIN	5208	31:16.187	06:15	10:05	5K40-49M	9/17	85/352	LETHBRIDGE, AB
40/96	MENDOZA, CARLO	5221	31:19.588	06:15	10:06	5K20-29M	6/19	86/352	LETHBRIDGE, AB
41/96	ULLY, BRETT	5319	31:47.722	06:21	10:15	5K20-29M	7/19	93/352	LETHBRIDGE, AB
42/96	WIRZBA, MATT	5346	31:49.848	06:21	10:16	5K40-49M	10/17	95/352	LETHBRIDGE, AB
43/96	REIZVIKH, DMITRI	5274	32:03.435	06:24	10:20	5K40-49M	11/17	96/352	LETHBRIDGE, AB
44/96	REIZVIKH, ALEX	5272	32:03.984	06:24	10:20	5K10&UM	4/17	97/352	LETHBRIDGE, AB
45/96	DAVY, ROMAN	5071	32:18.250	06:27	10:25	5K10&UM	5/17	99/352	LETHBRIDGE, AB
46/96	DAVY, DAN	5070	32:18.455	06:27	10:25	5K40-49M	12/17	100/352	LETHBRIDGE, AB
47/96	WARKENTIN, SCOTT	5335	32:45.086	06:33	10:33	5K40-49M	13/17	106/352	LETHBRIDGE, AB
48/96	HOLLINGSWORTH, KENT	5131	32:45.296	06:33	10:33	5K50-59M	6/14	107/352	LETHBRIDGE, AB
49/96	DELVAL, LINO	185	32:54.316	06:34	10:36	5K10&UM	6/17	109/352	LETHBRIDGE, AB
50/96	ANKRAH, JOSIAH	5002	33:02.897	06:36	10:39	5K10&UM	7/17	111/352	LETHBRIDGE, AB
51/96	LINDBLAD, RYAN	5379	33:34.880	06:42	10:49	5K20-29M	8/19	119/352	CALGARY, AB
52/96	BECKIE, ANTHONY	5016	33:41.481	06:44	10:52	5K20-29M	9/19	121/352	LETHBRIDGE, AB
53/96	SCHWAB, ED	5382	33:45.607	06:45	10:53	5K40-49M	14/17	122/352	LETHBRIDGE, AB
54/96	SEREBRYANSKY, MARK	5287	33:47.557	06:45	10:54	5K20-29M	10/19	123/352	LETHBRIDGE, AB
55/96	STADTMULLER, LEO	5306	33:50.955	06:46	10:55	5K10&UM	8/17	125/352	LETHBRIDGE, AB

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/96	DAPITO, MEL	134	34:12.108	06:50	11:01	5K50-59M	7/14	131/352	LETHBRIDGE, AB
57/96	ZECK, JAMES	5360	34:35.701	06:55	11:09	5K20-29M	11/19	135/352	LETHBRIDGE, AB
58/96	KOEGLER, MICHAEL	5171	34:35.992	06:55	11:09	5K20-29M	12/19	136/352	LETHBRIDGE, AB
59/96	SENNEKER, ALEX	5284	35:45.089	07:09	11:31	5K30-39M	9/14	150/352	LETHBRIDGE, AB
60/96	WILDE, HAYDEN	5343	36:36.875	07:19	11:48	5K20-29M	13/19	158/352	LETHBRIDGE, AB
61/96	CROSBY, XAVIER	5067	36:40.226	07:20	11:49	5K20-29M	14/19	160/352	LETHBRIDGE, AB
62/96	MENDOZA, JOSELITO	5222	37:42.525	07:32	12:09	5K50-59M	8/14	165/352	LETHBRIDGE, AB
63/96	YOSHIHARA, RUSSELL	5358	38:04.240	07:36	12:16	5K30-39M	10/14	170/352	LETHBRIDGE, AB
64/96	NIWA, TYSON	5230	38:32.098	07:42	12:25	5K30-39M	11/14	174/352	LETHBRIDGE, AB
65/96	JANZEN, LEONARD	5146	38:40.532	07:44	12:28	5K10&UM	9/17	177/352	LETHBRIDGE, AB
66/96	REIZVIKH, NICK	5275	40:38.992	08:07	13:06	5K10&UM	10/17	185/352	LETHBRIDGE, AB
67/96	WITTEN, RALPH	5348	40:45.491	08:09	13:08	5K70+M	1/3	187/352	LETHBRIDGE, AB
68/96	JENSEN, RYAN	5152	40:48.872	08:09	13:09	5K20-29M	15/19	188/352	LETHBRIDGE, AB
69/96	NEUFELD, PERRY	189	40:50.722	08:10	13:10	5K50-59M	9/14	190/352	LETHBRIDGE, AB
70/96	DOWELL, ANDREW	5081	40:57.703	08:11	13:12	5K30-39M	12/14	192/352	LETHBRIDGE, AB
71/96	BROWN, OWEN	5255	43:52.279	08:46	14:09	5K10&UM	11/17	207/352	LETHBRIDGE, AB
72/96	MARTYN, DECLAN	5201	44:59.878	08:59	14:30	5K10&UM	12/17	214/352	LETHBRIDGE, AB
73/96	MENDOZA, ANGELO	5220	45:12.771	09:02	14:35	5K20-29M	17/19	218/352	LETHBRIDGE, AB
74/96	ROQUE, FRANCISCO	5276	45:48.168	09:09	14:46	5K50-59M	10/14	223/352	PICTURE BUTTE, AB
75/96	MARTYN, KADEN	5203	45:49.339	09:09	14:46	5K11-15M	7/10	224/352	LETHBRIDGE, AB
76/96	CHILES, GORDON	5052	45:56.047	09:11	14:49	5K70+M	2/3	226/352	TABER, AB
77/96	LANE, SCOTT	5186	46:39.887	09:19	15:03	5K50-59M	11/14	231/352	LETHBRIDGE, AB
78/96	RITCHIE, CURTIS	5388	47:36.688	09:31	15:21	5K40-49M	15/17	239/352	EDMONTON, AB
79/96	GUGYELKA, DARREN	5371	48:32.050	09:42	15:39	5K50-59M	12/14	243/352	LETHBRIDGE, AB
80/96	PAPWORTH, MILO	5248	48:46.046	09:45	15:43	5K10&UM	13/17	244/352	LETHBRIDGE, AB
81/96	LOGAN, DARCY	5192	49:50.137	09:58	16:04	5K40-49M	16/17	250/352	LETHBRIDGE, AB
82/96	BEERS, CARSON	5017	49:53.149	09:58	16:05	5K20-29M	18/19	251/352	LETHBRIDGE, AB
83/96	JANZEN, GIDEON	5145	49:54.702	09:58	16:06	5K10&UM	14/17	254/352	LETHBRIDGE, AB
84/96	PARKER, BYRON	5251	50:08.083	10:01	16:10	5K40-49M	17/17	256/352	LETHBRIDGE, AB
85/96	SENNEKER, RYAN	5158	50:11.018	10:02	16:11	5K20-29M	19/19	258/352	LETHBRIDGE, AB
86/96	DRISCOLL, STEVE	5084	50:39.633	10:07	16:20	5K50-59M	13/14	270/352	LETHBRIDGE, AB
87/96	ASHCROFT, ALAN	5004	50:41.590	10:08	16:21	5K50-59M	14/14	271/352	LETHBRIDGE, AB
88/96	YASINSKI, COEN	5356	50:45.499	10:09	16:22	5K10&UM	15/17	272/352	LETHBRIDGE, AB
89/96	FARRELL, LIAM	5096	53:22.281	10:40	17:12	5K11-15M	8/10	297/352	LETHBRIDGE, AB
90/96	ENTZ, KADE	5089	53:24.169	10:40	17:13	5K11-15M	9/10	299/352	LETHBRIDGE, AB
91/96	GREENO, LEVI	5120	54:07.306	10:49	17:27	5K11-15M	10/10	302/352	LETHBRIDGE, AB
92/96	BORAS, COLIN	5028	54:12.393	10:50	17:29	5K30-39M	13/14	303/352	LETHBRIDGE, AB
93/96	WARREN, KOLIN	5337	58:04.613	11:36	18:44	5K30-39M	14/14	331/352	CALGARY, AB
94/96	MCDONALD, NOEL	5211	1:00:17.305	12:03	19:26	5K10&UM	16/17	336/352	LETHBRIDGE, AB
95/96	LANE, IAN	5184	1:04:08.980	12:49	20:41	5K70+M	3/3	343/352	LETHBRIDGE, AB
96/96	FONTAINE, COLTON	140	1:15:26.072	15:05	24:20	5K10&UM	17/17	350/352	LETHBRIDGE, AB