

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
345/373	ANDERSON, AUSTIN	5002	58:54.285	11:46	19:00	5K30-39M	13/16	M	100/106	LETHBRIDGE, AB
346/373	ANDERSON, MILLIE	5003	58:55.156	11:47	19:00	5K10&UF	15/18	F	246/267	LETHBRIDGE, AB
288/373	ANDREWS, BRANDIE	5004	49:09.381	09:49	15:51	5K50-59F	23/33	F	200/267	LETHBRIDGE, AB
13/373	ANDREWS, KASEN	5005	23:01.435	04:36	07:25	5K11-15M	5/15	M	11/106	LETHBRIDGE, AB
66/373	ANKRAH, JOSIAH	5006	28:59.909	05:47	09:21	5K10&UM	3/18	M	37/106	LETHBRIDGE, AB
155/373	ARIK, RENNIE	5007	35:20.706	07:04	11:24	5K30-39F	21/62	F	90/267	LETHBRIDGE, AB
251/373	ARNAUD, EMILIE	5008	44:44.973	08:56	14:26	5K40-49F	40/57	F	170/267	LETHBRIDGE, AB
218/373	ASHCROFT, ALAN	5009	39:51.303	07:58	12:51	5K50-59M	8/9	M	76/106	LETHBRIDGE, AB
219/373	ASHCROFT, CHELSIE	5010	39:51.956	07:58	12:51	5K40-49F	33/57	F	143/267	LETHBRIDGE, AB
95/373	ASPLUND, PAIGE	5011	31:14.270	06:14	10:04	5K20-29F	6/35	F	49/267	LETHBRIDGE, AB
291/373	ATHWAL, PARDIP	5012	49:21.863	09:52	15:55	5K40-49F	47/57	F	202/267	LETHBRIDGE, AB
116/373	BAILEY, JENNA	5013	33:00.781	06:36	10:38	5K40-49F	14/57	F	61/267	LETHBRIDGE, AB
157/373	BALDERSTON, NICOLE	5409	35:25.892	07:05	11:25	5K40-49F	18/57	F	92/267	LETHBRIDGE, AB
166/373	BARANYAY, KIERA	5015	35:53.920	07:10	11:34	5K30-39F	25/62	F	97/267	LETHBRIDGE, AB
102/373	BARAT, KASSIDY	5016	32:14.335	06:26	10:23	5K20-29F	7/35	F	52/267	LETHBRIDGE, AB
254/373	BARLOW, LANA	5017	44:52.401	08:58	14:28	5K40-49F	41/57	F	172/267	LETHBRIDGE, AB
90/373	BARRON, MARY	5018	30:54.290	06:10	09:58	5K60-69F	2/21	F	45/267	LETHBRIDGE, AB
84/373	BAULKARAN, VISHAAL	5019	30:26.264	06:05	09:49	5K40-49M	14/29	M	44/106	LETHBRIDGE, AB
295/373	BECKER, HAILEY	5020	50:40.352	10:08	16:20	5K11-15F	23/25	F	205/267	STRATHMORE, AB
316/373	BEERS, CARSON	5021	54:19.687	10:51	17:31	5K20-29M	10/12	M	96/106	LETHBRIDGE, AB
256/373	BEERS, KAYLA	5022	45:14.551	09:02	14:35	5K30-39F	47/62	F	174/267	LETHBRIDGE, AB
34/373	BEERS, OWEN	5023	26:03.005	05:12	08:24	5K30-39M	3/16	M	27/106	LETHBRIDGE, AB
318/373	BEERS, SUSAN	5024	54:21.999	10:52	17:32	5K60-69F	13/21	F	222/267	TABER, AB
211/373	BELISLE, LIA	5025	39:16.771	07:51	12:40	5K10&UF	2/18	F	137/267	LETHBRIDGE, AB
222/373	BELISLE, MINDY	5026	40:27.607	08:05	13:03	5K30-39F	39/62	F	146/267	LETHBRIDGE, AB
361/373	BELLAVANCE, KEVIN	5027	1:01:59.996	12:23	19:59	5K50-59M	9/9	M	104/106	LETHBRIDGE, AB
133/373	BELMONTE, PAULA	5028	33:56.753	06:47	10:57	5K20-29F	13/35	F	74/267	LETHBRIDGE, AB
181/373	BENTLEY, ROBYN	5029	36:34.154	07:18	11:47	5K40-49F	22/57	F	109/267	LETHBRIDGE, AB
51/373	BERMUDEZ CONTRERAS, EDGAR	5032	27:35.509	05:31	08:54	5K40-49M	11/29	M	33/106	LETHBRIDGE, AB
309/373	BIALOBZYSKI, ALEXIS	5033	53:32.446	10:42	17:16	5K40-49F	51/57	F	217/267	LETHBRIDGE, AB
255/373	BLACK PLUME, MILLA	5325	45:12.279	09:02	14:34	5K11-15F	22/25	F	173/267	COALHURST, AB
317/373	BLACQUIERE, ANNA	5034	54:20.261	10:52	17:31	5K50-59F	26/33	F	221/267	LACOMBE, AB
81/373	BLACQUIERE, DANE	5403	30:10.946	06:02	09:44	5K30-39M	6/16	M	42/106	LACOMBE, AB
277/373	BOULET-COUTURE, MARIKO	5035	48:39.508	09:43	15:41	5K30-39F	51/62	F	192/267	LETHBRIDGE, AB
342/373	BOWERS, JACK	5036	58:00.161	11:36	18:42	5K20-29M	12/12	M	99/106	LETHBRIDGE, AB
123/373	BRADLEY, JANET	5417	33:35.004	06:43	10:50	5K30-39F	15/62	F	68/267	LETHBRIDGE, AB
313/373	BRAUN, NIGEL	5398	53:58.245	10:47	17:24	5K30-39M	12/16	M	94/106	LETHBRIDGE, AB
235/373	BRIDGES, TESS	5037	41:00.365	08:12	13:13	5K30-39F	42/62	F	158/267	LETHBRIDGE, AB
333/373	BRIGGS, BRENDA	5038	55:25.328	11:05	17:52	5K60-69F	15/21	F	236/267	LETHBRIDGE, AB
68/373	BROADBENT, GREGORY	5039	29:08.206	05:49	09:23	5K50-59M	3/9	M	38/106	LETHBRIDGE, AB
39/373	BROWN, KENNEDY	5040	26:34.650	05:18	08:34	5K30-39F	3/62	F	11/267	LETHBRIDGE, AB
237/373	BROWN, LINDSAY	5041	41:10.292	08:14	13:16	5K40-49F	38/57	F	159/267	LETHBRIDGE, AB
148/373	BROWN, MEGAN	5042	35:03.113	07:00	11:18	5K30-39F	18/62	F	84/267	LETHBRIDGE, AB
236/373	BROWN WEASEL, KAYCEN	5044	41:08.276	08:13	13:16	5K11-15M	13/15	M	78/106	KAINAI, AL
140/373	BRUISED HEAD, WILLIAM	5045	34:38.906	06:55	11:10	5K11-15M	10/15	M	62/106	KAINAI, AL
351/373	BRYANT, JOEL	5046	59:27.517	11:53	19:10	5K30-39M	14/16	M	101/106	LETHBRIDGE, AB
187/373	BULLOCK, CHELSIE	5047	36:41.290	07:20	11:50	5K30-39F	32/62	F	115/267	BARNWELL, AB
15/373	BURLEIGH, ADAM	5048	23:10.453	04:38	07:28	5K40-49M	5/29	M	13/106	LETHBRIDGE, AB
50/373	BURLEIGH, JAYNA	5049	27:33.723	05:30	08:53	5K30-39F	4/62	F	18/267	LETHBRIDGE, AB
12/373	CHATTERS, OLIVER	5050	22:49.376	04:33	07:21	5K16-19M	1/4	M	10/106	LETHBRIDGE, AB
174/373	CHATTERTON, ALAYNA	5051	36:16.437	07:15	11:42	5K30-39F	28/62	F	104/267	CLARESHOLM, AB
3/373	CHATTERTON, ANNA	5052	20:27.002	04:05	06:35	5K11-15F	1/25	F	1/267	LETHBRIDGE, AB
2/373	CHATTERTON, DAVID	5053	20:05.659	04:01	06:28	5K40-49M	2/29	M	2/106	LETHBRIDGE, AB
141/373	CHATTERTON, EMMA	5054	34:39.662	06:55	11:10	5K11-15F	14/25	F	79/267	CLARESHOLM, AB
146/373	CHATTERTON, ERIC	5055	34:58.140	06:59	11:16	5K40-49M	18/29	M	64/106	CLARESHOLM, AB
173/373	CHATTERTON, JULIA	5056	36:16.009	07:15	11:41	5K11-15F	17/25	F	103/267	CLARESHOLM, AB
214/373	CHATTERTON, JULIE	5057	39:19.197	07:51	12:41	5K60-69F	7/21	F	140/267	LETHBRIDGE, AB

2025 Ritas Run 5K/10K May 10/2025

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
215/373	CHATTERTON, RICHARD	5058	39:20.403	07:52	12:41	5K60-69M	1/3	M	75/106	LETHBRIDGE, AB
70/373	CHATTERTON, THOMAS	5059	29:18.631	05:51	09:27	5K10&UM	4/18	M	39/106	LETHBRIDGE, AB
145/373	CHATTERTON, WILLIAM	5060	34:55.572	06:59	11:15	5K10&UM	11/18	M	63/106	CLARESHOLM, AB
185/373	CHEUNG, ANDREA	5389	36:40.419	07:20	11:49	5K40-49F	24/57	F	113/267	LETHBRIDGE, AB
234/373	CHEUNG, MEIKA	5390	40:58.529	08:11	13:13	5K11-15F	20/25	F	157/267	LETHBRIDGE, AB
121/373	CHISHOLM, TRINIE	5061	33:27.961	06:41	10:47	5K30-39F	13/62	F	66/267	LETHBRIDGE, AB
42/373	CHMILAR, SARAH	5062	26:52.746	05:22	08:40	5K20-29F	1/35	F	14/267	LETHBRIDGE, AB
71/373	CHRISTENSEN, SHERRY	5063	29:20.611	05:52	09:27	5K60-69F	1/21	F	32/267	COALHURST, AB
284/373	CLAMP, KEIRA	5064	49:04.352	09:48	15:49	5K10&UF	7/18	F	197/267	LETHBRIDGE, AB
41/373	COLLINS, BRONWYN	5065	26:52.517	05:22	08:40	5K40-49F	4/57	F	13/267	LETHBRIDGE, AB
67/373	CONARD, SHAUNA	5066	29:08.053	05:49	09:23	5K40-49F	7/57	F	30/267	LETHBRIDGE, AB
341/373	CONNOLLY, AYLEE	5399	57:11.078	11:26	18:26	5K16-19F	13/13	F	243/267	CRANBROOK, BC
38/373	CONRAD, GRACIE	5067	26:34.095	05:18	08:34	5K11-15F	2/25	F	10/267	COALDALE, AB
86/373	CONRAD, TANYA	5068	30:35.495	06:07	09:52	5K40-49F	11/57	F	42/267	COALDALE, AB
113/373	CONWAY, CADEN	5069	32:57.011	06:35	10:37	5K10&UM	8/18	M	54/106	LETHBRIDGE, AB
266/373	CONWAY, CAIUS	5070	46:32.747	09:18	15:00	5K10&UM	15/18	M	83/106	LETHBRIDGE, AB
114/373	CONWAY, CALLEN	5071	32:57.829	06:35	10:38	5K10&UM	9/18	M	55/106	LETHBRIDGE, AB
264/373	CONWAY, MEGAN	5072	46:29.857	09:17	14:59	5K30-39F	49/62	F	182/267	LETHBRIDGE, AB
28/373	COOK, SHAWN	5073	25:24.315	05:04	08:11	5K30-39M	1/16	M	22/106	LETHBRIDGE, AB
302/373	COOK, TRISH	5074	51:14.156	10:14	16:31	5K50-59F	25/33	F	212/267	LETHBRIDGE, AB
120/373	COUTTS, JESSIE	5396	33:22.019	06:40	10:45	5K20-29F	11/35	F	65/267	DEL BONITA, AB
278/373	COUTURE, CAMERON	5076	48:40.262	09:44	15:42	5K20-29M	8/12	M	86/106	LETHBRIDGE, AB
17/373	CROW CHIEF, SETH	5077	23:37.752	04:43	07:37	5K11-15M	6/15	M	15/106	KAINAI, AL
60/373	DALRYMPLE, MELISSA	5079	28:39.703	05:43	09:14	5K30-39F	5/62	F	25/267	COALDALE, AB
25/373	DAVIES, DYLAN	5080	25:12.866	05:02	08:08	5K40-49M	8/29	M	20/106	LETHBRIDGE, AB
189/373	DAVIS, JOELLINE	5356	37:00.602	07:24	11:56	5K20-29F	20/35	F	117/267	KAINAI, AL
170/373	DAVIS, SARAH	5082	36:03.203	07:12	11:37	5K30-39F	26/62	F	100/267	LETHBRIDGE, AB
258/373	DE GRAAF, BRYANNE	5086	45:55.516	09:11	14:48	5K30-39F	48/62	F	176/267	LETHBRIDGE, AB
226/373	DE GRAAF, KIMBERLY	5087	40:39.379	08:07	13:06	5K10&UF	3/18	F	150/267	LETHBRIDGE, AB
276/373	DJOKOTO-ASEM, EDNA	5088	48:33.846	09:42	15:39	5K50-59F	21/33	F	191/267	LETHBRIDGE, AB
184/373	DOENZ, CODY	5089	36:34.435	07:18	11:47	5K30-39F	31/62	F	112/267	LETHBRIDGE, AB
238/373	DONOVAN, AUDREY	5090	41:10.442	08:14	13:16	5K11-15F	21/25	F	160/267	LETHBRIDGE, AB
196/373	DOUVILLE, SUSANNE	5091	38:09.544	07:37	12:18	5K40-49F	28/57	F	123/267	LETHBRIDGE, AB
57/373	DRUMMOND, MADELINE	5095	28:24.411	05:40	09:09	5K16-19F	6/13	F	23/267	LETHBRIDGE, AB
135/373	EAGLE SPEAKER, TIM	5150	34:13.088	06:50	11:02	5K20-29M	7/12	M	60/106	KAINAI, AB
27/373	EARL, KIMBERLY	5096	25:21.693	05:04	08:10	5K40-49F	2/57	F	6/267	LETHBRIDGE, AB
69/373	EARL, LAURA	5097	29:13.151	05:50	09:25	5K11-15F	5/25	F	31/267	LETHBRIDGE, AB
139/373	EAVES, BRYCE	5416	34:26.690	06:53	11:06	5K40-49M	17/29	M	61/106	LETHBRIDGE, AB
245/373	EHNES, TENNILLE	5098	43:03.661	08:36	13:53	5K30-39F	43/62	F	164/267	LETHBRIDGE, AB
85/373	ENGEN, LINDSAY	5099	30:29.263	06:05	09:50	5K40-49F	10/57	F	41/267	LETHBRIDGE, AB
339/373	EPP, COURTNEY	5100	57:09.890	11:25	18:26	5K40-49F	54/57	F	241/267	LETHBRIDGE, AB
352/373	EVANS, HUNTER	5101	59:29.762	11:53	19:11	5K30-39M	15/16	M	102/106	LETHBRIDGE, AB
348/373	EVANS, MACKENZIE	5102	59:23.683	11:52	19:09	5K30-39F	59/62	F	248/267	LETHBRIDGE, AB
347/373	EVANS, RILEY	5103	59:21.002	11:52	19:08	5K10&UF	16/18	F	247/267	LETHBRIDGE, AB
260/373	EVANS, SHANNON	5104	46:09.321	09:13	14:53	5K50-59F	18/33	F	178/267	LETHBRIDGE, AB
274/373	FABBRI, PARIS	5105	48:14.673	09:38	15:33	5K20-29F	28/35	F	189/267	LETHBRIDGE, AB
359/373	FERGUSON, CYNTHIA	5106	1:01:27.777	12:17	19:49	5K20-29F	34/35	F	256/267	VULCAN, AB
24/373	FEYTER, DWAYNE	5107	25:07.273	05:01	08:06	5K40-49M	7/29	M	19/106	MONARCH, AB
195/373	FEYTER, MELISSA	5108	37:39.629	07:31	12:08	5K40-49F	27/57	F	122/267	MONARCH, AB
74/373	FITZHENRY, HANNA	5109	29:42.603	05:56	09:35	5K11-15F	6/25	F	34/267	LETHBRIDGE, AB
127/373	FLICKINGER, CASSANDRA	5110	33:41.055	06:44	10:51	5K30-39F	16/62	F	71/267	LETHBRIDGE, AB
249/373	FOGGIN, AMBER	5111	44:24.991	08:52	14:19	5K30-39F	45/62	F	168/267	CALGARY, AB
193/373	FONTAINE, ABI	5112	37:31.847	07:30	12:06	5K20-29F	21/35	F	121/267	LETHBRIDGE, AB
247/373	FONTAINE, JAIME	5113	43:44.779	08:44	14:06	5K40-49F	39/57	F	166/267	LETHBRIDGE, AB
328/373	FORD, CANDACE	5114	54:51.580	10:58	17:41	5K30-39F	57/62	F	231/267	LETHBRIDGE, AB
354/373	FOREMAN, PARKER	5115	59:55.203	11:59	19:19	5K10&UM	17/18	M	103/106	LETHBRIDGE, AB
355/373	FOREMAN, SUTTON	5116	1:00:09.702	12:01	19:24	5K10&UF	17/18	F	252/267	LETHBRIDGE, AB

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Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
357/373	FOREMAN, TAMMI	5117	1:00:23.244	12:04	19:28	5K30-39F	61/62	F	254/267	LETHBRIDGE, AB
56/373	FOURNIER, AUDREY	5118	28:02.743	05:36	09:02	5K11-15F	3/25	F	22/267	LETHBRIDGE, AB
18/373	FRANCIS, SHANNON	5119	23:42.510	04:44	07:38	5K40-49F	1/57	F	3/267	LETHBRIDGE, AB
111/373	FROESE, LEANNE	5120	32:53.381	06:34	10:36	5K30-39F	11/62	F	58/267	RAYMOND, AB
94/373	FUENTES, BECKY	5121	31:12.707	06:14	10:04	5K30-39F	10/62	F	48/267	LETHBRIDGE, AB
268/373	FUENTES, GEORGINA	5122	47:15.068	09:27	15:14	5K20-29F	26/35	F	184/267	LETHBRIDGE, AB
243/373	FUENTES, KATHERINE	5123	42:43.855	08:32	13:47	5K20-29F	23/35	F	162/267	LETHBRIDGE, AB
76/373	FULWILER, CAROLYN	5124	29:52.719	05:58	09:38	5K40-49F	9/57	F	36/267	LETHBRIDGE, AB
77/373	FULWILER, LOGAN	5125	29:52.859	05:58	09:38	5K40-49M	13/29	M	41/106	LETHBRIDGE, AB
30/373	GALLANT, BRAD	5126	25:35.645	05:07	08:15	5K50-59M	1/9	M	24/106	LETHBRIDGE, AB
232/373	GARCIA ORTEGON, ILEANA	5127	40:57.119	08:11	13:12	5K20-29F	22/35	F	155/267	LETHBRIDGE, AB
244/373	GEERAERT, ARLENE	5128	43:02.349	08:36	13:53	5K50-59F	16/33	F	163/267	TABER, AB
61/373	GEERAERT, MITCHELL	5130	28:40.252	05:44	09:14	5K30-39M	5/16	M	36/106	TABER, AB
246/373	GEERAERT, SUSIE	5131	43:12.181	08:38	13:56	5K20-29F	24/35	F	165/267	TABER, AB
321/373	GELLENY, KAREN	5132	54:32.027	10:54	17:35	5K60-69F	14/21	F	225/267	LETHBRIDGE, AB
373/373	GIBSON, BRITTANY	5134	1:16:12.008	15:14	24:34	5K30-39F	62/62	F	267/267	LETHBRIDGE, AB
371/373	GIBSON, JOANN	5135	1:16:08.646	15:13	24:33	5K60-69F	21/21	F	265/267	BROOKS, AB
372/373	GIBSON, MICHELLE	5136	1:16:09.225	15:13	24:33	5K40-49F	57/57	F	266/267	STRATHMORE, AB
303/373	GILMOUR, BEN	5137	51:43.488	10:20	16:41	5K20-29M	9/12	M	91/106	LETHBRIDGE, AB
233/373	GILMOUR, DESIREE	5138	40:58.334	08:11	13:13	5K40-49F	37/57	F	156/267	LETHBRIDGE, AB
293/373	GILMOUR, RICHARD	5139	50:06.586	10:01	16:09	5K40-49M	26/29	M	90/106	LETHBRIDGE, AB
55/373	GILMOUR, SARAH	5140	28:02.362	05:36	09:02	5K16-19F	5/13	F	21/267	LETHBRIDGE, AB
281/373	GOLDHAWK, CINDY	5407	48:48.699	09:45	15:44	5K40-49F	43/57	F	195/267	LETHBRIDGE,
197/373	GOOD RIDER- LOEWEN, JESSICA	5141	38:10.154	07:38	12:18	5K50-59F	10/33	F	124/267	COALDALE, AB
118/373	GRAHAM, NANCY	5143	33:11.738	06:38	10:42	5K50-59F	7/33	F	63/267	LETHBRIDGE, AB
213/373	GREENE, JOELENE	5144	39:19.165	07:51	12:41	5K40-49F	31/57	F	139/267	LETHBRIDGE, AB
64/373	GROTEN, ELISABETH	5145	28:49.748	05:45	09:17	5K50-59F	3/33	F	28/267	DIAMOND CITY, AB
138/373	GRUNINGER, KASIDY	5397	34:25.922	06:53	11:06	5K20-29F	15/35	F	78/267	LETHBRIDGE, AB
327/373	HARKISS, DANEEL	5146	54:47.335	10:57	17:40	5K30-39F	56/62	F	230/267	LETHBRIDGE, AB
307/373	HARKISS, OSTARA	5147	53:31.107	10:42	17:15	5K10&UF	12/18	F	216/267	LETHBRIDGE, AB
37/373	HARRIS, STACEY	5149	26:20.954	05:16	08:29	5K40-49F	3/57	F	9/267	TABER, AB
52/373	HARRIS, TEYA	5148	27:41.317	05:32	08:55	5K20-29F	3/35	F	19/267	TABER, AB
283/373	HEAVY HEAD, LOGAN	5083	48:55.272	09:47	15:46	5K11-15M	15/15	M	87/106	KAINAI, AB
336/373	HEFFERNAN, CHANTAL	5151	56:29.212	11:17	18:13	5K40-49F	53/57	F	238/267	LETHBRIDGE, AB
158/373	HELM, RANDY	5152	35:26.106	07:05	11:25	5K50-59M	7/9	M	66/106	LETHBRIDGE, AB
79/373	HEMINGTON, BETHANY	5153	30:01.110	06:00	09:41	5K20-29F	5/35	F	38/267	LETHBRIDGE, AB
217/373	HENDRY, JENNIFER	5154	39:34.208	07:54	12:45	5K30-39F	38/62	F	142/267	LETHBRIDGE, AB
89/373	HOOPER, JAILYN	5156	30:49.682	06:09	09:56	5K11-15F	7/25	F	44/267	LETHBRIDGE, AB
11/373	HORNBERGER, JACK	5157	22:10.218	04:26	07:09	5K11-15M	4/15	M	9/106	LETHBRIDGE, AB
43/373	HORNBERGER, MARY	5158	27:04.692	05:24	08:44	5K16-19F	3/13	F	15/267	LETHBRIDGE, AB
279/373	HUCULAK, CAROL	5159	48:44.091	09:44	15:43	5K50-59F	22/33	F	193/267	LETHBRIDGE, AB
280/373	HUCULAK, KELSEY	5271	48:44.139	09:44	15:43	5K30-39F	52/62	F	194/267	LETHBRIDGE, AB
343/373	HUGHES, KIMBERLEY	5160	58:00.922	11:36	18:42	5K40-49F	55/57	F	244/267	LETHBRIDGE, AB
344/373	HUGHES, RORY	5161	58:00.958	11:36	18:42	5K20-29F	31/35	F	245/267	LETHBRIDGE, AB
105/373	HUMPHREYS, JASON	5163	32:33.771	06:30	10:30	5K50-59M	5/9	M	52/106	LETHBRIDGE, AB
14/373	HUSS, JESSE	5404	23:07.726	04:37	07:27	5K20-29M	2/12	M	12/106	LETHBRIDGE, AB
216/373	IRWIN, MELISSA	5164	39:34.114	07:54	12:45	5K40-49F	32/57	F	141/267	COALHURST, AB
172/373	ISENOR, BRITTANY	5165	36:09.468	07:13	11:39	5K30-39F	27/62	F	102/267	LETHBRIDGE, AB
202/373	JANZEN, CORRINE	5166	38:21.258	07:40	12:22	5K40-49F	29/57	F	128/267	LETHBRIDGE, AB
128/373	JANZEN, LEONARD	5167	33:41.440	06:44	10:52	5K10&UM	10/18	M	57/106	LETHBRIDGE, AB
310/373	JAROKOSKY, BONNIE	5168	53:47.310	10:45	17:21	5K60-69F	12/21	F	218/267	LETHBRIDGE, AB
312/373	JAROKOSKY, HALLIE	5170	53:48.334	10:45	17:21	5K10&UF	13/18	F	219/267	LETHBRIDGE, AB
311/373	JAROKOSKY, TYLER	5171	53:48.048	10:45	17:21	5K30-39M	11/16	M	93/106	LETHBRIDGE, AB
201/373	JENSEN, ANITA	5172	38:17.990	07:39	12:21	5K60-69F	6/21	F	127/267	BARNWELL, AB
175/373	JENSEN, DAVID	5173	36:24.628	07:16	11:44	5K40-49M	22/29	M	71/106	LETHBRIDGE, AB
176/373	JENSEN, NATALIE	5174	36:25.297	07:17	11:44	5K30-39F	29/62	F	105/267	LETHBRIDGE, AB
337/373	JETTEN, KELLY	5175	56:30.682	11:18	18:13	5K50-59F	30/33	F	239/267	LETHBRIDGE, AB

2025 Ritas Run 5K/10K May 10/2025

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
242/373	JOLY, LINDA	5177	41:59.277	08:23	13:32	5K70+F	2/3	F	161/267	LETHBRIDGE, AB
83/373	JONES, PAUL	5178	30:25.932	06:05	09:49	5K50-59M	4/9	M	43/106	NOBLEFORD, AB
46/373	JOYCE, CLAIRE	5179	27:11.393	05:26	08:46	5K20-29F	2/35	F	16/267	LETHBRIDGE, AB
159/373	KAADY, NANCY	5180	35:29.499	07:05	11:26	5K40-49M	20/29	M	67/106	LETHBRIDGE, AB
353/373	KAMSTRA, HAYLEE	5181	59:40.503	11:56	19:15	5K20-29F	32/35	F	251/267	LETHBRIDGE, AB
192/373	KANASHIRO, SANDRA	5182	37:11.342	07:26	11:59	5K50-59F	9/33	F	120/267	LETHBRIDGE, AB
80/373	KEITH, ALLY	5183	30:01.312	06:00	09:41	5K30-39F	7/62	F	39/267	LETHBRIDGE, AB
227/373	KIANI TARI, MARAL	5184	40:46.481	08:09	13:09	5K30-39F	41/62	F	151/267	LETHBRIDGE, AB
88/373	KIENZLE, OLIVER	5185	30:39.068	06:07	09:53	5K30-39M	7/16	M	45/106	LETHBRIDGE, AB
8/373	KILLINS, HANNAH	5413	21:49.044	04:21	07:02	5K16-19F	1/13	F	2/267	LETHBRIDGE, AB
100/373	KLASSEN, CHANSE	5186	31:57.378	06:23	10:18	5K30-39M	8/16	M	49/106	COALDALE, AB
108/373	KLASSEN, JAMISON	5187	32:43.909	06:32	10:33	5K10&UM	7/18	M	53/106	COALDALE, AB
261/373	KLASSEN, RORY	5188	46:13.088	09:14	14:54	5K10&UF	5/18	F	179/267	COALDALE, AB
144/373	KLETKE, HOLLY	5189	34:51.573	06:58	11:14	5K20-29F	16/35	F	82/267	CALGARY, AB
275/373	KOSKEWICH, SHERRI	5190	48:29.349	09:41	15:38	5K60-69F	10/21	F	190/267	CARDSTON COUNTY, AB
154/373	KRAMER, AMBER	5191	35:18.956	07:03	11:23	5K30-39F	20/62	F	89/267	LETHBRIDGE, AB
45/373	KRAMPS, JESSE	5192	27:10.123	05:26	08:45	5K40-49M	10/29	M	30/106	LETHBRIDGE, AB
99/373	KREMENIK, TERRI	5193	31:46.283	06:21	10:14	5K50-59F	6/33	F	51/267	LETHBRIDGE, AB
259/373	KUCEY, LEANNE	5194	46:00.770	09:12	14:50	5K50-59F	17/33	F	177/267	LETHBRIDGE, AB
19/373	KWASNY, JASON	5195	24:17.019	04:51	07:50	5K40-49M	6/29	M	16/106	LETHBRIDGE, AB
7/373	KWASNY, SIMON	5196	21:25.501	04:17	06:54	5K11-15M	1/15	M	6/106	LETHBRIDGE, AB
112/373	KWASNY, TRACY	5197	32:53.578	06:34	10:36	5K40-49F	13/57	F	59/267	LETHBRIDGE, AB
149/373	LAMB, DEE	5198	35:05.850	07:01	11:19	5K50-59F	8/33	F	85/267	LETHBRIDGE, AB
1/373	LAROUCHE, RICHARD	5200	17:01.918	03:24	05:29	5K40-49M	1/29	M	1/106	LETHBRIDGE, AB
285/373	LEAVITT, KIM	5201	49:04.502	09:48	15:49	5K40-49F	45/57	F	198/267	LETHBRIDGE, AB
228/373	LETTS, DIANA	5202	40:46.616	08:09	13:09	5K40-49F	36/57	F	152/267	LETHBRIDGE, AB
124/373	LINDBLAD, RYAN	5203	33:36.939	06:43	10:50	5K20-29M	6/12	M	56/106	CALGARY, AB
191/373	LITTLETTENT, MELANIE	5204	37:08.493	07:25	11:58	5K40-49F	26/57	F	119/267	LETHBRIDGE, AB
308/373	LOGAN, DARCY	5205	53:31.339	10:42	17:15	5K40-49M	27/29	M	92/106	LETHBRIDGE, AB
287/373	LOVE, REBECCA	5207	49:08.703	09:49	15:51	5K30-39F	53/62	F	199/267	LETHBRIDGE, AB
204/373	LUMSDEN, STEPHANIE	5208	38:30.797	07:42	12:25	5K30-39F	34/62	F	130/267	LETHBRIDGE, AB
209/373	LYSTER, ERIN	5209	39:01.569	07:48	12:35	5K30-39F	36/62	F	135/267	LETHBRIDGE, AB
331/373	MACDONALD, JULIE	5210	55:02.755	11:00	17:45	5K50-59F	29/33	F	234/267	LETHBRIDGE, AB
253/373	MACDONALD, SUMMER	5211	44:49.843	08:57	14:27	5K16-19F	10/13	F	171/267	LETHBRIDGE, AB
162/373	MACINTYRE, JESSICA	5212	35:41.127	07:08	11:30	5K30-39F	23/62	F	94/267	LETHBRIDGE, AB
40/373	MACKINNON, BOBBIE	5213	26:47.086	05:21	08:38	5K50-59F	2/33	F	12/267	LETHBRIDGE, AB
305/373	MALCOLM, ALISON	5214	52:37.289	10:31	16:58	5K40-49F	49/57	F	214/267	LETHBRIDGE, AB
304/373	MALCOLM, IVY	5215	52:30.098	10:30	16:56	5K10&UF	11/18	F	213/267	LETHBRIDGE, AB
171/373	MANCONI, ERICA	5216	36:05.505	07:13	11:38	5K20-29F	17/35	F	101/267	LETHBRIDGE, AB
212/373	MANTLER, MARNIE	5217	39:17.450	07:51	12:40	5K40-49F	30/57	F	138/267	LETHBRIDGE, AB
365/373	MARTIN, BRETT	5415	1:07:56.248	13:35	21:54	5K30-39M	16/16	M	105/106	BROOKS, AB
364/373	MARTIN, BROOKE	5218	1:07:56.058	13:35	21:54	5K20-29F	35/35	F	260/267	BROOKS, AB
272/373	MATIS-VADNAIS, JENNIFER	5222	48:09.635	09:37	15:32	5K50-59F	20/33	F	187/267	LETHBRIDGE, AB
125/373	MATTHEWS, JULIE	5225	33:37.885	06:43	10:50	5K60-69F	4/21	F	69/267	LETHBRIDGE, AB
22/373	MCCLUNG, COLE	5400	24:59.194	04:59	08:03	5K16-19M	2/4	M	18/106	LETHBRIDGE, AB
296/373	MCCONNELL, BRYNLEE	5226	50:47.056	10:09	16:22	5K11-15F	24/25	F	206/267	LETHBRIDGE, AB
306/373	MCCONNELL, SHANDA	5227	53:24.079	10:40	17:13	5K40-49F	50/57	F	215/267	LETHBRIDGE, AB
294/373	MCCONNELL, TAYLOR	5228	50:16.111	10:03	16:12	5K16-19F	11/13	F	204/267	LETHBRIDGE, AB
156/373	MCFADDEN, SAMANTHA	5229	35:20.848	07:04	11:24	5K30-39F	22/62	F	91/267	LETHBRIDGE, AB
9/373	MCINTYRE, CORIGAN	5230	21:58.401	04:23	07:05	5K11-15M	2/15	M	7/106	LETHBRIDGE, AB
103/373	MCKINNON, LINCOLN	5231	32:14.808	06:26	10:24	5K20-29M	5/12	M	51/106	LETHBRIDGE, AB
179/373	MCLAUGHLIN, SHANNON	5232	36:32.923	07:18	11:47	5K40-49F	21/57	F	108/267	LETHBRIDGE, AB
210/373	MCLEAN, DESTINY	5233	39:15.759	07:51	12:39	5K30-39F	37/62	F	136/267	LETHBRIDGE, AB
73/373	MCMORROW, HEATHER	5234	29:42.369	05:56	09:34	5K40-49F	8/57	F	33/267	LETHBRIDGE, AB
6/373	MCMULLIN, RORY	5235	20:47.656	04:09	06:42	5K40-49M	4/29	M	5/106	LETHBRIDGE, AB
265/373	MCNALLY, JILL	5236	46:30.308	09:18	15:00	5K60-69F	9/21	F	183/267	LETHBRIDGE, AB
267/373	MCNALLY, JIM	5237	46:32.942	09:18	15:00	5K60-69M	2/3	M	84/106	LETHBRIDGE, AB

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
153/373	MERESKI, ELLIOT	5238	35:18.622	07:03	11:23	5K40-49M	19/29	M	65/106	LETHBRIDGE, AB
360/373	MIKULIAK, MARINA	5391	1:01:59.016	12:23	19:59	5K50-59F	32/33	F	257/267	LETHBRIDGE, AB
367/373	MILLER, SHAUNA	5326	1:09:25.824	13:53	22:23	5K40-49F	56/57	F	262/267	LETHBRIDGE, AB
208/373	MILLER, TRACY	5240	38:57.945	07:47	12:34	5K50-59F	13/33	F	134/267	LETHBRIDGE, AB
366/373	MILLER, WENDY	5327	1:09:22.677	13:52	22:22	5K10&UF	18/18	F	261/267	LETHBRIDGE, AB
59/373	MORANTE, WYNTON	5241	28:34.611	05:42	09:13	5K11-15M	9/15	M	35/106	LETHBRIDGE, AB
32/373	MOSER, SHEA	5242	25:55.047	05:11	08:21	5K11-15M	8/15	M	26/106	LETHBRIDGE, AB
188/373	MURPHY, DEBRA	5243	36:43.335	07:20	11:50	5K70+F	1/3	F	116/267	LETHBRIDGE, AB
250/373	MUTCH, ELISHA	5244	44:25.088	08:53	14:19	5K30-39F	46/62	F	169/267	COALDALE, AB
362/373	NAVARRO-BELLAVANCE, TATIANA	5245	1:02:00.853	12:24	20:00	5K50-59F	33/33	F	258/267	LETHBRIDGE, AB
330/373	NEGGERS, HOLLY	5246	54:58.728	10:59	17:44	5K20-29F	30/35	F	233/267	LETHBRIDGE, AB
31/373	NELSON, JONAH	5247	25:47.404	05:09	08:19	5K16-19M	4/4	M	25/106	LETHBRIDGE, AB
314/373	NEUFELD, DANIEL	5401	53:58.848	10:47	17:24	5K40-49M	28/29	M	95/106	LETHBRIDGE, AB
44/373	NEUFELD, RUSS	5392	27:05.357	05:25	08:44	5K40-49M	9/29	M	29/106	LETHBRIDGE, AB
282/373	NG, SHERRI	5405	48:48.925	09:45	15:44	5K40-49F	44/57	F	196/267	LETHBRIDGE, AB
370/373	NITSCHKE, SHEILA	5419	1:14:40.861	14:56	24:05	5K60-69F	20/21	F	264/267	BARONS, AB
126/373	NUTLEY, AURELIA	5248	33:39.035	06:43	10:51	5K11-15F	11/25	F	70/267	LETHBRIDGE, AB
131/373	NUTLEY, MICK	5249	33:44.459	06:44	10:53	5K50-59M	6/9	M	59/106	LETHBRIDGE, AB
165/373	OHENE, GERALDINE	5250	35:49.282	07:09	11:33	5K30-39F	24/62	F	96/267	LETHBRIDGE, AB
122/373	OLESEN, BAILEY	5251	33:34.573	06:42	10:49	5K30-39F	14/62	F	67/267	LETHBRIDGE, AB
134/373	OLESEN, HAYDEN	5252	33:58.129	06:47	10:57	5K11-15F	13/25	F	75/267	LETHBRIDGE, AB
115/373	OLFERT, CASSANDRA	5253	32:59.979	06:35	10:38	5K30-39F	12/62	F	60/267	LETHBRIDGE, AB
301/373	OSTEPCHUK, CATHERINE	5254	51:13.024	10:14	16:31	5K60-69F	11/21	F	211/267	LETHBRIDGE, AB
132/373	OWEN, GUILIANA	5255	33:46.813	06:45	10:53	5K20-29F	12/35	F	73/267	LETHBRIDGE, AB
178/373	PAOLETTI, ISABELLA	5256	36:32.610	07:18	11:47	5K20-29F	19/35	F	107/267	LETHBRIDGE, AB
300/373	PAOLETTI, JODI	5257	51:11.641	10:14	16:30	5K50-59F	24/33	F	210/267	LETHBRIDGE, AB
183/373	PAPWORTH, KARA	5258	36:34.381	07:18	11:47	5K30-39F	30/62	F	111/267	LETHBRIDGE, AB
180/373	PAPWORTH, MILO	5259	36:33.124	07:18	11:47	5K10&UM	12/18	M	72/106	LETHBRIDGE, AB
221/373	PAQUIN, LUCIE	5260	40:26.917	08:05	13:02	5K50-59F	14/33	F	145/267	LETHBRIDGE, AB
29/373	PARDIAC, SHAYNE	5261	25:28.040	05:05	08:12	5K30-39M	2/16	M	23/106	LETHBRIDGE, AB
62/373	PARK, UNA	5262	28:46.240	05:45	09:16	5K11-15F	4/25	F	26/267	LETHBRIDGE, AB
369/373	PELLETIER, ROSE	5418	1:14:40.022	14:56	24:05	5K60-69F	19/21	F	263/267	LETHBRIDGE, AB
97/373	PERVERSEFF, TRISHA	5411	31:25.217	06:17	10:08	5K40-49F	12/57	F	50/267	LETHBRIDGE, AB
273/373	PETTIPAS, MARISA	5264	48:12.866	09:38	15:33	5K20-29F	27/35	F	188/267	LETHBRIDGE, AB
137/373	PLAUSTEINER, LISA	5265	34:15.668	06:51	11:03	5K40-49F	16/57	F	77/267	LETHBRIDGE, AB
104/373	POFF, KATIE	5266	32:17.732	06:27	10:25	5K11-15F	8/25	F	53/267	LETHBRIDGE, AB
223/373	POLS, BOBBI JO	5267	40:28.987	08:05	13:03	5K50-59F	15/33	F	147/267	LETHBRIDGE, AB
363/373	POTTER, DIXIE	5268	1:02:11.972	12:26	20:03	5K60-69F	18/21	F	259/267	LETHBRIDGE, AB
53/373	PRENEVOST, AMELIA	5269	27:47.714	05:33	08:57	5K16-19F	4/13	F	20/267	LETHBRIDGE, AB
33/373	PREST, EMILY	5270	25:59.161	05:11	08:22	5K30-39F	1/62	F	7/267	LETHBRIDGE, AB
349/373	RACINE, CHRISTY	5272	59:24.210	11:52	19:09	5K30-39F	60/62	F	249/267	LETHBRIDGE, AB
350/373	RACINE, SUSAN	5273	59:25.878	11:53	19:10	5K60-69F	16/21	F	250/267	LETHBRIDGE, AB
91/373	RESSLER, JESSICA	5277	30:56.573	06:11	09:58	5K30-39F	9/62	F	46/267	LETHBRIDGE, AB
286/373	RIVARD, ALAN	5414	49:07.794	09:49	15:50	5K40-49M	25/29	M	88/106	LETHBRIDGE, AB
4/373	ROBDRUP, DANNY	5278	20:28.620	04:05	06:36	5K40-49M	3/29	M	3/106	LETHBRIDGE, AB
26/373	ROBERTS, COOPER	5279	25:20.905	05:04	08:10	5K16-19M	3/4	M	21/106	LETHBRIDGE, AB
75/373	ROBINSON, KATE	5280	29:51.700	05:58	09:37	5K16-19F	7/13	F	35/267	LETHBRIDGE, AB
58/373	ROBINSON, LEAH	5281	28:33.901	05:42	09:12	5K20-29F	4/35	F	24/267	LETHBRIDGE, AB
332/373	ROCHE, LEAH	5282	55:25.224	11:05	17:52	5K70+F	3/3	F	235/267	LETHBRIDGE, AB
257/373	ROEN, ASHLEY	5283	45:37.273	09:07	14:42	5K20-29F	25/35	F	175/267	LETHBRIDGE, AB
107/373	ROUT, DANIKA	5284	32:40.345	06:32	10:32	5K20-29F	8/35	F	55/267	LETHBRIDGE, AB
129/373	ROWAN, ELYSE	5285	33:42.432	06:44	10:52	5K11-15F	12/25	F	72/267	LETHBRIDGE, AB
130/373	ROWAN, JAMES	5286	33:43.808	06:44	10:52	5K40-49M	16/29	M	58/106	LETHBRIDGE, AB
36/373	ROYER, ANDRE	5287	26:13.689	05:14	08:27	5K50-59M	2/9	M	28/106	LETHBRIDGE, AB
356/373	SANFORD, JANICE	5288	1:00:11.649	12:02	19:25	5K60-69F	17/21	F	253/267	COALHURST, AB
270/373	SCHEU, CRYSTAL	5289	47:32.808	09:30	15:20	5K50-59F	19/33	F	185/267	LETHBRIDGE, AB
203/373	SCHMIDT, ASHLEIGH	5291	38:30.596	07:42	12:25	5K30-39F	33/62	F	129/267	LETHBRIDGE, AB

2025 Ritas Run 5K/10K May 10/2025

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
147/373	SCHNARR, JEAN	5292	35:00.303	07:00	11:17	5K60-69F	5/21	F	83/267	LETHBRIDGE, AB
96/373	SCHWAB, ED	5294	31:20.939	06:16	10:06	5K40-49M	15/29	M	47/106	LETHBRIDGE, AB
167/373	SCOTT, ERIKA	5295	35:54.594	07:10	11:35	5K40-49F	20/57	F	98/267	LETHBRIDGE, AB
101/373	SCOTT, WILDER	5296	32:12.456	06:26	10:23	5K10&UM	6/18	M	50/106	LETHBRIDGE, AB
163/373	SEGUIN, MIKE	5297	35:41.716	07:08	11:30	5K30-39M	9/16	M	69/106	LETHBRIDGE, AB
231/373	SENNEKER, ALEX	5298	40:49.773	08:09	13:10	5K30-39M	10/16	M	77/106	LETHBRIDGE, AB
271/373	SENNEKER, ALEXA	5299	47:54.800	09:34	15:27	5K30-39F	50/62	F	186/267	LETHBRIDGE, AB
229/373	SENNEKER, AURELIA	5300	40:47.731	08:09	13:09	5K10&UF	4/18	F	153/267	LETHBRIDGE, AB
230/373	SENNEKER, ROMINA	5301	40:48.795	08:09	13:09	5K60-69F	8/21	F	154/267	LETHBRIDGE, AB
200/373	SHADE, KHOLE	5302	38:16.955	07:39	12:20	5K11-15F	18/25	F	126/267	KAINAI, AL
262/373	SHARP, OLIVIA	5303	46:18.813	09:15	14:56	5K10&UF	6/18	F	180/267	LETHBRIDGE, AB
263/373	SHARP, ROSANNE	5304	46:22.202	09:16	14:57	5K40-49F	42/57	F	181/267	LETHBRIDGE, AB
152/373	SHORTEN, JESS	5306	35:13.529	07:02	11:21	5K30-39F	19/62	F	88/267	LETHBRIDGE, AB
109/373	SILVER, TAYLA	5308	32:44.028	06:32	10:33	5K20-29F	9/35	F	56/267	MONARCH, AB
194/373	SMIGEL, NATHAN	5309	37:36.176	07:31	12:07	5K40-49M	23/29	M	73/106	LETHBRIDGE, AB
161/373	SMITH, LILY	5310	35:40.135	07:08	11:30	5K11-15F	16/25	F	93/267	LETHBRIDGE, AB
23/373	SMITH, SIERRA	5311	25:06.809	05:01	08:06	5K16-19F	2/13	F	5/267	LETHBRIDGE, AB
110/373	SMYTH, JANAE	5312	32:50.058	06:34	10:35	5K20-29F	10/35	F	57/267	COALDALE, AB
198/373	SPEAR CHIEF, SHARON	5314	38:10.308	07:38	12:18	5K50-59F	11/33	F	125/267	LETHBRIDGE, AB
93/373	STADTMULLER, LEO	5315	31:09.452	06:13	10:03	5K10&UM	5/18	M	46/106	LETHBRIDGE, AB
252/373	STADTMULLER, OLI	5316	44:45.313	08:57	14:26	5K10&UM	14/18	M	82/106	LETHBRIDGE, AB
325/373	STAEHR, CARLA	5317	54:41.114	10:56	17:38	5K30-39F	55/62	F	228/267	LETHBRIDGE, AB
324/373	STAEHR, CHARLOTTE	5318	54:37.795	10:55	17:37	5K10&UF	14/18	F	227/267	LETHBRIDGE, AB
368/373	STAEHR, LINCOLN	5319	1:13:10.174	14:38	23:36	5K10&UM	18/18	M	106/106	LETHBRIDGE, AB
292/373	STAFFORD, AYLA	5320	49:52.756	09:58	16:05	5K10&UF	8/18	F	203/267	LETHBRIDGE, AB
160/373	STAFFORD, OWEN	5321	35:33.365	07:06	11:28	5K11-15M	11/15	M	68/106	LETHBRIDGE, AB
358/373	STEED, BRITTANY	5322	1:01:27.043	12:17	19:49	5K20-29F	33/35	F	255/267	CLARESHOLM, AB
20/373	SUTTROP, VIVIEN	5323	24:54.941	04:58	08:02	5K50-59F	1/33	F	4/267	LETHBRIDGE, AB
21/373	TABOULCHANAS, ALEX	5330	24:57.084	04:59	08:02	5K11-15M	7/15	M	17/106	LETHBRIDGE, AB
164/373	TABOULCHANAS, OLEA	5331	35:47.856	07:09	11:32	5K40-49F	19/57	F	95/267	LETHBRIDGE, AB
205/373	TAMURA, JILL	5332	38:39.128	07:43	12:28	5K50-59F	12/33	F	131/267	LETHBRIDGE, AB
35/373	TASKER, KELSEY	5333	26:08.522	05:13	08:25	5K30-39F	2/62	F	8/267	LETHBRIDGE, AB
322/373	THAKKAR, PARTH	5335	54:35.258	10:55	17:36	5K20-29M	11/12	M	97/106	LETHBRIDGE, AB
329/373	THIESSEN, RABECA	5336	54:58.435	10:59	17:44	5K30-39F	58/62	F	232/267	LETHBRIDGE, AB
299/373	TURNBULL, AUBREY	5338	51:08.198	10:13	16:29	5K10&UF	10/18	F	209/267	LETHBRIDGE, AB
298/373	TURNBULL, JENNY	5339	51:07.949	10:13	16:29	5K40-49F	48/57	F	208/267	LETHBRIDGE, AB
297/373	TURNBULL, MAYA	5340	51:07.066	10:13	16:29	5K10&UF	9/18	F	207/267	LETHBRIDGE, AB
177/373	UGLEM, SEANNA	5341	36:26.316	07:17	11:45	5K20-29F	18/35	F	106/267	LETHBRIDGE, AB
98/373	ULLY, BRETT	5342	31:30.885	06:18	10:09	5K20-29M	4/12	M	48/106	LETHBRIDGE, AB
320/373	URANO, MICHELLE	5410	54:30.979	10:54	17:35	5K50-59F	28/33	F	224/267	LETHBRIDGE, AB
323/373	VAN EE, JAIMEE	5343	54:35.912	10:55	17:36	5K20-29F	29/35	F	226/267	FORT MACLEOD, AB
78/373	VANDEN ELZEN, JEN	5344	30:00.070	06:00	09:40	5K50-59F	4/33	F	37/267	COALDALE, AB
65/373	VEDRES, FAYLA	5345	28:51.349	05:46	09:18	5K40-49F	6/57	F	29/267	LETHBRIDGE, AB
319/373	VERGE, YVONNE	5346	54:29.047	10:53	17:34	5K50-59F	27/33	F	223/267	LETHBRIDGE, AB
82/373	VIERGUTZ, OLIVIA	5347	30:17.240	06:03	09:46	5K30-39F	8/62	F	40/267	LETHBRIDGE, AB
151/373	VUCUREVICH, ERIN	5393	35:09.912	07:01	11:20	5K40-49F	17/57	F	87/267	LETHBRIDGE, AB
150/373	VUCUREVICH, TAYLOR	5394	35:08.654	07:01	11:20	5K16-19F	8/13	F	86/267	LETHBRIDGE, AB
338/373	WALDORF, ABBY	5348	57:07.700	11:25	18:25	5K16-19F	12/13	F	240/267	LETHBRIDGE, AB
334/373	WALDORF, ASPYN	5349	55:31.978	11:06	17:54	5K11-15F	25/25	F	237/267	LETHBRIDGE, AB
340/373	WALDORF, RHONDA	5350	57:09.948	11:25	18:26	5K50-59F	31/33	F	242/267	LETHBRIDGE, AB
335/373	WALDORF, RYAN	5351	55:33.092	11:06	17:55	5K40-49M	29/29	M	98/106	LETHBRIDGE, AB
49/373	WALKER, ASHLEY	5402	27:14.225	05:26	08:47	5K40-49F	5/57	F	17/267	LETHBRIDGE, AB
182/373	WALOWETZ, CHANTAL	5352	36:34.164	07:18	11:47	5K40-49F	23/57	F	110/267	LETHBRIDGE, AB
326/373	WARNOCK, ALISON	5353	54:46.977	10:57	17:40	5K40-49F	52/57	F	229/267	LETHBRIDGE, AB
48/373	WATT, JENS	5354	27:13.922	05:26	08:47	5K20-29M	3/12	M	32/106	LETHBRIDGE, AB
269/373	WEASEL FAT, HORTON	5355	47:19.161	09:27	15:15	5K60-69M	3/3	M	85/106	KAINAI, AL
224/373	WERT, MARIA	5328	40:35.071	08:07	13:05	5K40-49F	35/57	F	148/267	RAYMOND, AB

Alpha Overall Results

5K - 3.1 Miles

373 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
117/373	WERT, SARAH	5329	33:04.556	06:36	10:40	5K11-15F	10/25	F	62/267	RAYMOND, AB
248/373	WHILLANS, BOBBI	5357	44:24.044	08:52	14:19	5K30-39F	44/62	F	167/267	LETHBRIDGE, AB
225/373	WHITE QUILS, BROOKE	5081	40:39.130	08:07	13:06	5K30-39F	40/62	F	149/267	KAINAI, AB
142/373	WICKERSHAM, AIMEE	5358	34:40.450	06:56	11:11	5K30-39F	17/62	F	80/267	LETHBRIDGE, AB
143/373	WICKERSHAM, AVALYN	5359	34:41.314	06:56	11:11	5K11-15F	15/25	F	81/267	LETHBRIDGE, AB
220/373	WIERL, CRYSTAL	5395	40:14.930	08:02	12:59	5K40-49F	34/57	F	144/267	CALGARY, AB
190/373	WIERL, STEPHANIE	5360	37:04.876	07:24	11:57	5K40-49F	25/57	F	118/267	LETHBRIDGE, AB
186/373	WIGAND, RYLEE	5361	36:40.549	07:20	11:49	5K16-19F	9/13	F	114/267	LETHBRIDGE, AB
239/373	WILSON, BEAU	5364	41:13.475	08:14	13:17	5K10&UM	13/18	M	79/106	STRATHMORE, AB
240/373	WILSON, ISAAC	5365	41:16.299	08:15	13:18	5K40-49M	24/29	M	80/106	STRATHMORE, AB
16/373	WILSON, JETT	5366	23:32.387	04:42	07:35	5K10&UM	1/18	M	14/106	LETHBRIDGE, AB
241/373	WILSON, RYLEE	5367	41:16.341	08:15	13:18	5K11-15M	14/15	M	81/106	STRATHMORE, AB
315/373	WILSON, SARAH	5368	54:05.126	10:49	17:26	5K30-39F	54/62	F	220/267	LETHBRIDGE, AB
168/373	WIRZBA, ALEXANDRA	5369	35:57.119	07:11	11:35	5K10&UF	1/18	F	99/267	LETHBRIDGE, AB
206/373	WIRZBA, ANNABELLE	5370	38:48.314	07:45	12:31	5K11-15F	19/25	F	132/267	LETHBRIDGE, AB
207/373	WIRZBA, HEATHER	5371	38:49.203	07:45	12:31	5K30-39F	35/62	F	133/267	LETHBRIDGE, AB
169/373	WIRZBA, MATT	5372	35:57.384	07:11	11:35	5K40-49M	21/29	M	70/106	LETHBRIDGE, AB
119/373	WOLCHUK, CANDACE	5374	33:15.297	06:39	10:43	5K40-49F	15/57	F	64/267	LETHBRIDGE, AB
199/373	WOLF CHILD, EVERETT	5376	38:16.928	07:39	12:20	5K11-15M	12/15	M	74/106	KAINAI, AL
87/373	WOOD, JODI	5377	30:37.913	06:07	09:52	5K50-59F	5/33	F	43/267	LETHBRIDGE, AB
63/373	YAKE, KELLY	5378	28:48.136	05:45	09:17	5K30-39F	6/62	F	27/267	LETHBRIDGE, AB
47/373	YAKE, WYATT	5379	27:11.897	05:26	08:46	5K30-39M	4/16	M	31/106	LETHBRIDGE, AB
136/373	YANISH, MADISON	5380	34:13.815	06:50	11:02	5K20-29F	14/35	F	76/267	LETHBRIDGE, AB
106/373	YASINSKI, CADEN	5381	32:34.618	06:30	10:30	5K11-15F	9/25	F	54/267	LETHBRIDGE, AB
290/373	YASINSKI, CHARIS	5382	49:21.247	09:52	15:55	5K40-49F	46/57	F	201/267	LETHBRIDGE, AB
289/373	YASINSKI, COEN	5383	49:20.474	09:52	15:54	5K10&UM	16/18	M	89/106	LETHBRIDGE, AB
54/373	YAVITU, ETHAN	5384	27:48.654	05:33	08:58	5K10&UM	2/18	M	34/106	LETHBRIDGE, AB
10/373	YAVITU, MIKA	5385	22:07.569	04:25	07:08	5K11-15M	3/15	M	8/106	LETHBRIDGE, AB
72/373	YAVITU, SERUPEPELI	5386	29:30.728	05:54	09:31	5K40-49M	12/29	M	40/106	LETHBRIDGE, AB
5/373	ZADNIK, RYAN	5387	20:40.395	04:08	06:40	5K20-29M	1/12	M	4/106	LETHBRIDGE, AB
92/373	ZOETEMAN, JANA	5388	31:02.412	06:12	10:00	5K60-69F	3/21	F	47/267	LETHBRIDGE, AB