

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
 TOP 3 In Category

10K Run - 6.21 Miles
 98 Finishers

10K19&UF (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	YPMA, FIONA	150	1:02:30.571	06:15	10:03	+00:00:00	50/98	23/59	TABER
2/5	BECKER, DESTINY	110	1:07:30.823	06:45	10:52	+00:05:00	63/98	31/59	STRATHMORE
3/5	CAPUTO, AVA	116	1:09:09.297	06:54	11:08	+00:06:38	68/98	36/59	LETHBRIDGE

10K19&UM (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	ALVARGONZALEZ, MIGUEL	104	50:26.609	05:02	08:07	+00:00:00	13/98	8/39	COALDALE
2/7	ABREY-MCKEOWN, FINN	101	51:31.734	05:09	08:17	+00:01:05	17/98	10/39	COALDALE
3/7	WIGAND, EVAN	206	52:08.312	05:12	08:23	+00:01:41	22/98	14/39	LETHBRIDGE

10K20-29F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	CHRAPKO, MACKENZIE	122	48:46.635	04:52	07:51	+00:00:00	10/98	3/59	LETHBRIDGE
2/10	DOMINGUEZ, JEM	135	49:08.942	04:54	07:54	+00:00:22	11/98	4/59	LETHBRIDGE
3/10	SHAH, YESHA	187	51:39.785	05:09	08:19	+00:02:53	20/98	8/59	LETHBRIDGE

10K20-29M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	NEUFELD, TEDDY	211	45:27.656	04:32	07:19	+00:00:00	4/98	3/39	LETHBRIDGE
2/8	VANDEN ELZEN, JOHN	199	48:45.760	04:52	07:51	+00:03:18	9/98	7/39	COALDALE
3/8	GROSS, LANDON	148	50:48.667	05:04	08:10	+00:05:21	14/98	9/39	LETHBRIDGE

10K30-39F (Female) - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/25	JAROKOSKY, HEATHER	162	47:20.868	04:44	07:37	+00:00:00	8/98	2/59	LETHBRIDGE
2/25	CROWDER, NICOLE	126	50:51.126	05:05	08:11	+00:03:30	15/98	6/59	LETHBRIDGE
3/25	SCHULTZ, SHAWNA	186	51:22.513	05:08	08:16	+00:04:01	16/98	7/59	RAYMOND

10K30-39M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	ISENOR, DAN	161	45:05.954	04:30	07:15	+00:00:00	3/98	2/39	LETHBRIDGE
2/6	CHATTERTON, MATTHEW	121	1:02:08.624	06:12	10:00	+00:17:02	49/98	27/39	LETHBRIDGE
3/6	BANATAO, MARC	106	1:05:56.325	06:35	10:37	+00:20:50	56/98	30/39	LETHBRIDGE

10K40-49F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	HALOWSKI, JENI	166	42:01.620	04:12	06:46	+00:00:00	2/98	1/59	LETHBRIDGE
2/12	THUSI, MARTHA	198	50:16.834	05:01	08:05	+00:08:15	12/98	5/59	LETHBRIDGE
3/12	DOTY, KAELLA	137	54:32.852	05:27	08:47	+00:12:31	30/98	11/59	LETHBRIDGE

10K40-49M (Male) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/11	CASPER, ROB	120	41:14.486	04:07	06:38	+00:00:00	1/98	1/39	COALDALE
2/11	MOSER, BRAD	177	45:28.692	04:32	07:19	+00:04:14	5/98	4/39	LETHBRIDGE
3/11	DIBBEN, MITCHEL	134	46:50.002	04:41	07:32	+00:05:35	7/98	6/39	LETHBRIDGE

10K50-59F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	KOCH-GINGRAS, SANDY	195	58:05.600	05:48	09:21	+00:00:00	37/98	15/59	LETHBRIDGE
2/7	WOLFE, HELEN	173	1:05:35.308	06:33	10:33	+00:07:29	55/98	26/59	LETHBRIDGE
3/7	WICHERS, STACEY	205	1:07:33.214	06:45	10:52	+00:09:27	64/98	32/59	LETHBRIDGE

10K50-59M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	BECHTEL, ROBERT	109	51:32.923	05:09	08:18	+00:00:00	18/98	11/39	LETHBRIDGE
2/2	DEWACHT, STEVE	132	58:47.505	05:52	09:28	+00:07:14	39/98	23/39	LETHBRIDGE

10K60-69M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	HELWIG, JOSEPH	156	45:57.119	04:35	07:23	+00:00:00	6/98	5/39	LETHBRIDGE
2/4	GROTEN, JOSH	149	51:50.110	05:11	08:20	+00:05:52	21/98	13/39	DIAMOND CITY
3/4	JOHNSON, DEAN	164	52:09.325	05:12	08:23	+00:06:12	24/98	16/39	LETHBRIDGE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K Run - 6.21 Miles

98 Finishers

10K70+M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	ARGYLE, GRAHAM	105	52:08.517	05:12	08:23	+00:00:00	23/98	15/39	LETHBRIDGE