

OA/PI = Overall Placing

Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles

98 Finishers

10K19&UF - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	YPMA, FIONA	150	1:02:30.571	06:15	10:03	50/98	23/59	+00:00:00	TABER
2/5	BECKER, DESTINY	110	1:07:30.823	06:45	10:52	63/98	31/59	+00:05:00	STRATHMORE
3/5	CAPUTO, AVA	116	1:09:09.297	06:54	11:08	68/98	36/59	+00:06:38	LETHBRIDGE
4/5	CAPUTO, LOLA	117	1:09:09.383	06:54	11:08	69/98	37/59	+00:06:38	LETHBRIDGE
5/5	HUGHES, ALYSSA	159	1:10:36.867	07:03	11:22	75/98	42/59	+00:08:06	LETHBRIDGE

10K19&UM - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	ALVARGONZALEZ, MIGUEL	104	50:26.609	05:02	08:07	13/98	8/39	+00:00:00	COALDALE
2/7	ABREY-MCKEOWN, FINN	101	51:31.734	05:09	08:17	17/98	10/39	+00:01:05	COALDALE
3/7	WIGAND, EVAN	206	52:08.312	05:12	08:23	22/98	14/39	+00:01:41	LETHBRIDGE
4/7	POIROT BOURDAIN, AMAURY	183	55:59.360	05:35	09:00	35/98	21/39	+00:05:32	LETHBRIDGE
5/7	POLINIAK, RAFAEL	184	57:11.884	05:43	09:12	36/98	22/39	+00:06:45	COALDALE
6/7	DENBOK, TRISTAN	129	59:53.176	05:59	09:38	44/98	26/39	+00:09:26	LETHBRIDGE
7/7	WALTON, EVAN	202	1:20:57.351	08:05	13:02	90/98	37/39	+00:30:30	LETHBRIDGE

10K20-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	CHRAPKO, MACKENZIE	122	48:46.635	04:52	07:51	10/98	3/59	+00:00:00	LETHBRIDGE
2/10	DOMINGUEZ, JEM	135	49:08.942	04:54	07:54	11/98	4/59	+00:00:22	LETHBRIDGE
3/10	SHAH, YESHA	187	51:39.785	05:09	08:19	20/98	8/59	+00:02:53	LETHBRIDGE
4/10	WOOD, MAKENA	208	58:19.282	05:49	09:23	38/98	16/59	+00:09:32	LETHBRIDGE
5/10	FRENZEL, BRONWYNN	141	59:13.088	05:55	09:32	42/98	18/59	+00:10:26	MAGRATH
6/10	VANDEN ELZEN, MADELINE	200	1:07:28.225	06:44	10:51	60/98	30/59	+00:18:41	CALGARY
7/10	DEE VERZOSA, KEDZ CARMELA	128	1:09:55.978	06:59	11:15	73/98	41/59	+00:21:09	LETHBRIDGE
8/10	WALL, SUSANA	201	1:18:32.168	07:51	12:38	86/98	50/59	+00:29:45	TABER
9/10	MACDONALD, ABIGAIL	172	1:20:45.865	08:04	13:00	89/98	53/59	+00:31:59	LETHBRIDGE
10/10	BESTE, CHELSEY	111	1:27:42.171	08:46	14:07	95/98	57/59	+00:38:55	LETHBRIDGE

10K20-29M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	NEUFELD, TEDDY	211	45:27.656	04:32	07:19	4/98	3/39	+00:00:00	LETHBRIDGE
2/8	VANDEN ELZEN, JOHN	199	48:45.760	04:52	07:51	9/98	7/39	+00:03:18	COALDALE
3/8	GROSS, LANDON	148	50:48.667	05:04	08:10	14/98	9/39	+00:05:21	LETHBRIDGE
4/8	LEONOR, MEL	171	53:34.684	05:21	08:37	27/98	17/39	+00:08:07	LETHBRIDGE
5/8	BASSO, COLLIN	108	58:49.442	05:52	09:28	40/98	24/39	+00:13:21	LETHBRIDGE
6/8	DEWACHT, TIE	133	59:30.349	05:57	09:34	43/98	25/39	+00:14:02	LETHBRIDGE
7/8	HUNT, ETHAN	160	1:02:59.350	06:17	10:08	51/98	28/39	+00:17:31	LETHBRIDGE
8/8	CROSBY, XAVIER	125	1:07:28.344	06:44	10:51	61/98	31/39	+00:22:00	CALGARY

10K30-39F - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/25	JAROKOSKY, HEATHER	162	47:20.868	04:44	07:37	8/98	2/59	+00:00:00	LETHBRIDGE
2/25	CROWDER, NICOLE	126	50:51.126	05:05	08:11	15/98	6/59	+00:03:30	LETHBRIDGE
3/25	SCHULTZ, SHAWNA	186	51:22.513	05:08	08:16	16/98	7/59	+00:04:01	RAYMOND
4/25	SHEETS, SARAH	189	52:35.184	05:15	08:28	25/98	9/59	+00:05:14	LETHBRIDGE
5/25	HAGGETT, STEPHANIE	153	53:23.640	05:20	08:35	26/98	10/59	+00:06:02	LETHBRIDGE
6/25	KEITH, TAYLOR	165	54:33.220	05:27	08:47	31/98	12/59	+00:07:12	LETHBRIDGE
7/25	DYCK, BECCA	138	55:14.335	05:31	08:53	33/98	13/59	+00:07:53	COALDALE
8/25	HORNE, TRACY	158	58:53.381	05:53	09:28	41/98	17/59	+00:11:32	LETHBRIDGE
9/25	GRAHAM, DOROTHY	145	59:59.958	05:59	09:39	45/98	19/59	+00:12:39	LETHBRIDGE
10/25	TKACH, RACHEL	185	1:00:00.168	06:00	09:39	46/98	20/59	+00:12:39	LETHBRIDGE
11/25	HALLETT, SHANNON	115	1:00:00.231	06:00	09:39	47/98	21/59	+00:12:39	LETHBRIDGE
12/25	POFF, SAMANTHA	182	1:02:01.142	06:12	09:59	48/98	22/59	+00:14:40	LETHBRIDGE
13/25	DE GROOT, VICTORIA	127	1:03:26.840	06:20	10:13	53/98	24/59	+00:16:05	LETHBRIDGE
14/25	WILLIAMSON, SCARLETT	207	1:07:09.738	06:42	10:48	59/98	29/59	+00:19:48	COALDALE
15/25	LAMBERT, KARIANNE	169	1:07:54.771	06:47	10:56	66/98	34/59	+00:20:33	COALDALE
16/25	SPENCER, LOGAN	192	1:09:24.747	06:56	11:10	71/98	39/59	+00:22:03	LETHBRIDGE COL
17/25	KLATT, KORTNEY	167	1:09:24.851	06:56	11:10	72/98	40/59	+00:22:03	FOREMOST
18/25	COADY, DANIELLE	123	1:11:30.039	07:09	11:30	78/98	43/59	+00:24:09	LETHBRIDGE
19/25	BULLOCK, ALANNA	114	1:11:30.474	07:09	11:30	79/98	44/59	+00:24:09	LETHBRIDGE
20/25	PARDIAC, KATRINA	179	1:15:45.047	07:34	12:11	82/98	47/59	+00:28:24	LETHBRIDGE
21/25	THOMAS, SHARELYN	197	1:16:48.761	07:40	12:22	84/98	49/59	+00:29:27	LETHBRIDGE
22/25	GRAY, CHALAING	146	1:18:33.025	07:51	12:38	87/98	51/59	+00:31:12	COALHURST
23/25	WEBSTER, LEAH	203	1:20:45.824	08:04	13:00	88/98	52/59	+00:33:24	LETHBRIDGE
24/25	JOHNSON, CHRISTINE	163	1:49:36.944	10:57	17:39	97/98	58/59	+01:02:16	BARONS
25/25	MILLER, JESSICA	176	1:49:37.644	10:57	17:39	98/98	59/59	+01:02:16	FORT MACLEOD

OA/PI = Overall Placing

Category Results

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Offset = Diff from Category win time hh:mm:ss

10K Run - 6.21 Miles
98 Finishers

10K30-39M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	ISENOR, DAN	161	45:05.954	04:30	07:15	3/98	2/39	+00:00:00	LETHBRIDGE
2/6	CHATTERTON, MATTHEW	121	1:02:08.624	06:12	10:00	49/98	27/39	+00:17:02	LETHBRIDGE
3/6	BANATAO, MARC	106	1:05:56.325	06:35	10:37	56/98	30/39	+00:20:50	LETHBRIDGE
4/6	GIBSON, TROY	142	1:07:30.797	06:45	10:52	62/98	32/39	+00:22:24	LETHBRIDGE
5/6	PERMALINO, LANZER	180	1:10:31.525	07:03	11:21	74/98	33/39	+00:25:25	LETHBRIDGE
6/6	HA, STEVEN	152	1:11:16.750	07:07	11:28	77/98	35/39	+00:26:10	LETHBRIDGE

10K40-49F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	HALOWSKI, JENI	166	42:01.620	04:12	06:46	2/98	1/59	+00:00:00	LETHBRIDGE
2/12	THUSI, MARTHA	198	50:16.834	05:01	08:05	12/98	5/59	+00:08:15	LETHBRIDGE
3/12	DOTY, KAELLA	137	54:32.852	05:27	08:47	30/98	11/59	+00:12:31	LETHBRIDGE
4/12	YAVITU, SARAH	210	55:47.654	05:34	08:59	34/98	14/59	+00:13:46	LETHBRIDGE
5/12	ADELMAN, REBECCA	103	1:03:52.979	06:23	10:17	54/98	25/59	+00:21:51	LETHBRIDGE
6/12	GROENENBOOM, ABBY	147	1:05:59.061	06:35	10:37	57/98	27/59	+00:23:57	COALHURST
7/12	SKLARENKO, JEANINE	190	1:05:59.363	06:35	10:37	58/98	28/59	+00:23:57	LETHBRIDGE
8/12	DEWACHT, AIMEE	130	1:07:41.009	06:46	10:53	65/98	33/59	+00:25:39	LETHBRIDGE
9/12	WHELPLEY, BONNIE	204	1:14:25.704	07:26	11:59	81/98	46/59	+00:32:24	LETHBRIDGE
10/12	SHARPE, CARLY	188	1:16:19.292	07:37	12:17	83/98	48/59	+00:34:17	LETHBRIDGE
11/12	THOMAS, KRISTY	196	1:23:52.496	08:23	13:30	93/98	55/59	+00:41:50	LETHBRIDGE
12/12	MUSICK, ERIN	178	1:25:54.356	08:35	13:50	94/98	56/59	+00:43:52	LETHBRIDGE

10K40-49M - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	CASPER, ROB	120	41:14.486	04:07	06:38	1/98	1/39	+00:00:00	COALDALE
2/11	MOSER, BRAD	177	45:28.692	04:32	07:19	5/98	4/39	+00:04:14	LETHBRIDGE
3/11	DIBBEN, MITCHEL	134	46:50.002	04:41	07:32	7/98	6/39	+00:05:35	LETHBRIDGE
4/11	MCKEOWN, KEVIN	175	51:34.461	05:09	08:18	19/98	12/39	+00:10:19	COALDALE
5/11	CASILI, JULIUS	119	53:40.830	05:22	08:38	28/98	18/39	+00:12:26	LETHBRIDGE
6/11	FOURNIER, VINCENT	140	54:31.292	05:27	08:46	29/98	19/39	+00:13:16	LETHBRIDGE
7/11	DONOVAN, ANDREW	136	54:46.661	05:28	08:49	32/98	20/39	+00:13:32	LETHBRIDGE
8/11	CARDOZO, MATIAS	118	1:03:14.471	06:19	10:11	52/98	29/39	+00:21:59	LETHBRIDGE
9/11	YPMA, LLOYD	124	1:10:57.400	07:05	11:25	76/98	34/39	+00:29:42	TABER
10/11	STAEHR, BRAD	193	1:21:41.535	08:10	13:09	91/98	38/39	+00:40:27	LETHBRIDGE
11/11	HANEY, KEVIN	154	1:30:14.126	09:01	14:31	96/98	39/39	+00:48:59	LETHBRIDGE

10K50-59F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	KOCH-GINGRAS, SANDY	195	58:05.600	05:48	09:21	37/98	15/59	+00:00:00	LETHBRIDGE
2/7	WOLFE, HELEN	173	1:05:35.308	06:33	10:33	55/98	26/59	+00:07:29	LETHBRIDGE
3/7	WICHERS, STACEY	205	1:07:33.214	06:45	10:52	64/98	32/59	+00:09:27	LETHBRIDGE
4/7	PHILLIPS, VICTORIA	181	1:07:55.763	06:47	10:56	67/98	35/59	+00:09:50	LETHBRIDGE
5/7	GONZALEZ, CLAUDIA	143	1:09:11.492	06:55	11:08	70/98	38/59	+00:11:05	LETHBRIDGE
6/7	BIDARIAN, BETH	112	1:12:08.381	07:12	11:37	80/98	45/59	+00:14:02	LETHBRIDGE
7/7	MARSHALL, ANNA	174	1:23:45.622	08:22	13:29	92/98	54/59	+00:25:40	LETHBRIDGE

10K50-59M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	BECHTEL, ROBERT	109	51:32.923	05:09	08:18	18/98	11/39	+00:00:00	LETHBRIDGE
2/2	DEWACHT, STEVE	132	58:47.505	05:52	09:28	39/98	23/39	+00:07:14	LETHBRIDGE

10K60-69M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	HELWIG, JOSEPH	156	45:57.119	04:35	07:23	6/98	5/39	+00:00:00	LETHBRIDGE
2/4	GROTEN, JOSH	149	51:50.110	05:11	08:20	21/98	13/39	+00:05:52	DIAMOND CITY
3/4	JOHNSON, DEAN	164	52:09.325	05:12	08:23	24/98	16/39	+00:06:12	LETHBRIDGE
4/4	SMITH, HAROLD	191	1:18:06.774	07:48	12:34	85/98	36/39	+00:32:09	LETHBRIDGE

10K70+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/1	ARGYLE, GRAHAM	105	52:08.517	05:12	08:23	23/98	15/39	+00:00:00	LETHBRIDGE