

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/59	HALOWSKI, JENI	166	42:01.620	04:12	06:46	10K40-49F	1/12	2/98	LETHBRIDGE, AB
2/59	JAROKOSKY, HEATHER	162	47:20.868	04:44	07:37	10K30-39F	1/25	8/98	LETHBRIDGE, AB
3/59	CHRAPKO, MACKENZIE	122	48:46.635	04:52	07:51	10K20-29F	1/10	10/98	LETHBRIDGE, AB
4/59	DOMINGUEZ, JEM	135	49:08.942	04:54	07:54	10K20-29F	2/10	11/98	LETHBRIDGE, AB
5/59	THUSI, MARTHA	198	50:16.834	05:01	08:05	10K40-49F	2/12	12/98	LETHBRIDGE, AB
6/59	CROWDER, NICOLE	126	50:51.126	05:05	08:11	10K30-39F	2/25	15/98	LETHBRIDGE, AB
7/59	SCHULTZ, SHAWNA	186	51:22.513	05:08	08:16	10K30-39F	3/25	16/98	RAYMOND, AB
8/59	SHAH, YESHA	187	51:39.785	05:09	08:19	10K20-29F	3/10	20/98	LETHBRIDGE, AB
9/59	SHEETS, SARAH	189	52:35.184	05:15	08:28	10K30-39F	4/25	25/98	LETHBRIDGE, AB
10/59	HAGGETT, STEPHANIE	153	53:23.640	05:20	08:35	10K30-39F	5/25	26/98	LETHBRIDGE, AB
11/59	DOTY, KAELLA	137	54:32.852	05:27	08:47	10K40-49F	3/12	30/98	LETHBRIDGE, AB
12/59	KEITH, TAYLOR	165	54:33.220	05:27	08:47	10K30-39F	6/25	31/98	LETHBRIDGE, AB
13/59	DYCK, BECCA	138	55:14.335	05:31	08:53	10K30-39F	7/25	33/98	COALDALE, AB
14/59	YAVITU, SARAH	210	55:47.654	05:34	08:59	10K40-49F	4/12	34/98	LETHBRIDGE, AB
15/59	KOCH-GINGRAS, SANDY	195	58:05.600	05:48	09:21	10K50-59F	1/7	37/98	LETHBRIDGE, AB
16/59	WOOD, MAKENA	208	58:19.282	05:49	09:23	10K20-29F	4/10	38/98	LETHBRIDGE, AB
17/59	HORNE, TRACY	158	58:53.381	05:53	09:28	10K30-39F	8/25	41/98	LETHBRIDGE, AB
18/59	FRENZEL, BRONWYNN	141	59:13.088	05:55	09:32	10K20-29F	5/10	42/98	MAGRATH, AB
19/59	GRAHAM, DOROTHY	145	59:59.958	05:59	09:39	10K30-39F	9/25	45/98	LETHBRIDGE, AB
20/59	TKACH, RACHEL	185	1:00:00.168	06:00	09:39	10K30-39F	10/25	46/98	LETHBRIDGE, AB
21/59	HALLETT, SHANNON	115	1:00:00.231	06:00	09:39	10K30-39F	11/25	47/98	LETHBRIDGE, AB
22/59	POFF, SAMANTHA	182	1:02:01.142	06:12	09:59	10K30-39F	12/25	48/98	LETHBRIDGE, AB
23/59	YPMA, FIONA	150	1:02:30.571	06:15	10:03	10K19&UF	1/5	50/98	TABER, AB
24/59	DE GROOT, VICTORIA	127	1:03:26.840	06:20	10:13	10K30-39F	13/25	53/98	LETHBRIDGE, AB
25/59	ADELMAN, REBECCA	103	1:03:52.979	06:23	10:17	10K40-49F	5/12	54/98	LETHBRIDGE, AB
26/59	WOLFE, HELEN	173	1:05:35.308	06:33	10:33	10K50-59F	2/7	55/98	LETHBRIDGE, AB
27/59	GROENENBOOM, ABBY	147	1:05:59.061	06:35	10:37	10K40-49F	6/12	57/98	COALHURST, AB
28/59	SKLARENKO, JEANINE	190	1:05:59.363	06:35	10:37	10K40-49F	7/12	58/98	LETHBRIDGE, AB
29/59	WILLIAMSON, SCARLETT	207	1:07:09.738	06:42	10:48	10K30-39F	14/25	59/98	COALDALE, AB
30/59	VANDEN ELZEN, MADELINE	200	1:07:28.225	06:44	10:51	10K20-29F	6/10	60/98	CALGARY, AB
31/59	BECKER, DESTINY	110	1:07:30.823	06:45	10:52	10K19&UF	2/5	63/98	STRATHMORE, AB
32/59	WICHERS, STACEY	205	1:07:33.214	06:45	10:52	10K50-59F	3/7	64/98	LETHBRIDGE, AB
33/59	DEWACHT, AIMEE	130	1:07:41.009	06:46	10:53	10K40-49F	8/12	65/98	LETHBRIDGE, AB
34/59	LAMBERT, KARIANNE	169	1:07:54.771	06:47	10:56	10K30-39F	15/25	66/98	COALDALE, AB
35/59	PHILLIPS, VICTORIA	181	1:07:55.763	06:47	10:56	10K50-59F	4/7	67/98	LETHBRIDGE, AB
36/59	CAPUTO, AVA	116	1:09:09.297	06:54	11:08	10K19&UF	3/5	68/98	LETHBRIDGE, AB
37/59	CAPUTO, LOLA	117	1:09:09.383	06:54	11:08	10K19&UF	4/5	69/98	LETHBRIDGE, AB
38/59	GONZALEZ, CLAUDIA	143	1:09:11.492	06:55	11:08	10K50-59F	5/7	70/98	LETHBRIDGE, AB
39/59	SPENCER, LOGAN	192	1:09:24.747	06:56	11:10	10K30-39F	16/25	71/98	LETHBRIDGE COUNTY, AB
40/59	KLATT, KORTNEY	167	1:09:24.851	06:56	11:10	10K30-39F	17/25	72/98	FOREMOST, AB
41/59	DEE VERZOSA, KEDZ CARMELA	128	1:09:55.978	06:59	11:15	10K20-29F	7/10	73/98	LETHBRIDGE, AB
42/59	HUGHES, ALYSSA	159	1:10:36.867	07:03	11:22	10K19&UF	5/5	75/98	LETHBRIDGE, AB
43/59	COADY, DANIELLE	123	1:11:30.039	07:09	11:30	10K30-39F	18/25	78/98	LETHBRIDGE, AB
44/59	BULLOCK, ALANNA	114	1:11:30.474	07:09	11:30	10K30-39F	19/25	79/98	LETHBRIDGE, AB
45/59	BIDARIAN, BETH	112	1:12:08.381	07:12	11:37	10K50-59F	6/7	80/98	LETHBRIDGE, AB
46/59	WHELPLEY, BONNIE	204	1:14:25.704	07:26	11:59	10K40-49F	9/12	81/98	LETHBRIDGE, AB
47/59	PARDIAC, KATRINA	179	1:15:45.047	07:34	12:11	10K30-39F	20/25	82/98	LETHBRIDGE, AB
48/59	SHARPE, CARLY	188	1:16:19.292	07:37	12:17	10K40-49F	10/12	83/98	LETHBRIDGE, AB
49/59	THOMAS, SHARELYN	197	1:16:48.761	07:40	12:22	10K30-39F	21/25	84/98	LETHBRIDGE, AB
50/59	WALL, SUSANA	201	1:18:32.168	07:51	12:38	10K20-29F	8/10	86/98	TABER, AB
51/59	GRAY, CHALAING	146	1:18:33.025	07:51	12:38	10K30-39F	22/25	87/98	COALHURST, AB
52/59	WEBSTER, LEAH	203	1:20:45.824	08:04	13:00	10K30-39F	23/25	88/98	LETHBRIDGE, AB
53/59	MACDONALD, ABIGAIL	172	1:20:45.865	08:04	13:00	10K20-29F	9/10	89/98	LETHBRIDGE, AB
54/59	MARSHALL, ANNA	174	1:23:45.622	08:22	13:29	10K50-59F	7/7	92/98	LETHBRIDGE, AB
55/59	THOMAS, KRSTY	196	1:23:52.496	08:23	13:30	10K40-49F	11/12	93/98	LETHBRIDGE, AB

Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/59	MUSICK, ERIN	178	1:25:54.356	08:35	13:50	10K40-49F	12/12	94/98	LETHBRIDGE, AB
57/59	BESTE, CHELSEY	111	1:27:42.171	08:46	14:07	10K20-29F	10/10	95/98	LETHBRIDGE, AB
58/59	JOHNSON, CHRISTINE	163	1:49:36.944	10:57	17:39	10K30-39F	24/25	97/98	BARONS, AB
59/59	MILLER, JESSICA	176	1:49:37.644	10:57	17:39	10K30-39F	25/25	98/98	FORT MACLEOD, AB

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/39	CASPER, ROB	120	41:14.486	04:07	06:38	10K40-49M	1/11	1/98	COALDALE, AB
2/39	ISENOR, DAN	161	45:05.954	04:30	07:15	10K30-39M	1/6	3/98	LETHBRIDGE, AB
3/39	NEUFELD, TEDDY	211	45:27.656	04:32	07:19	10K20-29M	1/8	4/98	LETHBRIDGE, AB
4/39	MOSER, BRAD	177	45:28.692	04:32	07:19	10K40-49M	2/11	5/98	LETHBRIDGE, AB
5/39	HELWIG, JOSEPH	156	45:57.119	04:35	07:23	10K60-69M	1/4	6/98	LETHBRIDGE, AB
6/39	DIBBEN, MITCHEL	134	46:50.002	04:41	07:32	10K40-49M	3/11	7/98	LETHBRIDGE, AB
7/39	VANDEN ELZEN, JOHN	199	48:45.760	04:52	07:51	10K20-29M	2/8	9/98	COALDALE, AB
8/39	ALVARGONZALEZ, MIGUEL	104	50:26.609	05:02	08:07	10K19&UM	1/7	13/98	COALDALE, AB
9/39	GROSS, LONDON	148	50:48.667	05:04	08:10	10K20-29M	3/8	14/98	LETHBRIDGE, AB
10/39	ABREY-MCKEOWN, FINN	101	51:31.734	05:09	08:17	10K19&UM	2/7	17/98	COALDALE, AB
11/39	BECHTEL, ROBERT	109	51:32.923	05:09	08:18	10K50-59M	1/2	18/98	LETHBRIDGE, AB
12/39	MCKEOWN, KEVIN	175	51:34.461	05:09	08:18	10K40-49M	4/11	19/98	COALDALE, AB
13/39	GROTEN, JOSH	149	51:50.110	05:11	08:20	10K60-69M	2/4	21/98	DIAMOND CITY, AB
14/39	WIGAND, EVAN	206	52:08.312	05:12	08:23	10K19&UM	3/7	22/98	LETHBRIDGE, AB
15/39	ARGYLE, GRAHAM	105	52:08.517	05:12	08:23	10K70+M	1/1	23/98	LETHBRIDGE, AB
16/39	JOHNSON, DEAN	164	52:09.325	05:12	08:23	10K60-69M	3/4	24/98	LETHBRIDGE, AB
17/39	LEONOR, MEL	171	53:34.684	05:21	08:37	10K20-29M	4/8	27/98	LETHBRIDGE, AB
18/39	CASILI, JULIUS	119	53:40.830	05:22	08:38	10K40-49M	5/11	28/98	LETHBRIDGE, AB
19/39	FOURNIER, VINCENT	140	54:31.292	05:27	08:46	10K40-49M	6/11	29/98	LETHBRIDGE, AB
20/39	DONOVAN, ANDREW	136	54:46.661	05:28	08:49	10K40-49M	7/11	32/98	LETHBRIDGE, AB
21/39	POIROT BOURDAIN, AMAURY	183	55:59.360	05:35	09:00	10K19&UM	4/7	35/98	LETHBRIDGE, AB
22/39	POLINIAK, RAFAEL	184	57:11.884	05:43	09:12	10K19&UM	5/7	36/98	COALDALE, AB
23/39	DEWACHT, STEVE	132	58:47.505	05:52	09:28	10K50-59M	2/2	39/98	LETHBRIDGE, AB
24/39	BASSO, COLLIN	108	58:49.442	05:52	09:28	10K20-29M	5/8	40/98	LETHBRIDGE, AB
25/39	DEWACHT, TIE	133	59:30.349	05:57	09:34	10K20-29M	6/8	43/98	LETHBRIDGE, AB
26/39	DENBOK, TRISTAN	129	59:53.176	05:59	09:38	10K19&UM	6/7	44/98	LETHBRIDGE, AB
27/39	CHATTERTON, MATTHEW	121	1:02:08.624	06:12	10:00	10K30-39M	2/6	49/98	LETHBRIDGE, AB
28/39	HUNT, ETHAN	160	1:02:59.350	06:17	10:08	10K20-29M	7/8	51/98	LETHBRIDGE, AB
29/39	CARDOZO, MATIAS	118	1:03:14.471	06:19	10:11	10K40-49M	8/11	52/98	LETHBRIDGE, AB
30/39	BANATAO, MARC	106	1:05:56.325	06:35	10:37	10K30-39M	3/6	56/98	LETHBRIDGE, AB
31/39	CROSBY, XAVIER	125	1:07:28.344	06:44	10:51	10K20-29M	8/8	61/98	CALGARY, AB
32/39	GIBSON, TROY	142	1:07:30.797	06:45	10:52	10K30-39M	4/6	62/98	LETHBRIDGE, AB
33/39	PERMALINO, LANZER	180	1:10:31.525	07:03	11:21	10K30-39M	5/6	74/98	LETHBRIDGE, AB
34/39	YPMA, LLOYD	124	1:10:57.400	07:05	11:25	10K40-49M	9/11	76/98	TABER, AB
35/39	HA, STEVEN	152	1:11:16.750	07:07	11:28	10K30-39M	6/6	77/98	LETHBRIDGE, AB
36/39	SMITH, HAROLD	191	1:18:06.774	07:48	12:34	10K60-69M	4/4	85/98	LETHBRIDGE, AB
37/39	WALTON, EVAN	202	1:20:57.351	08:05	13:02	10K19&UM	7/7	90/98	LETHBRIDGE, AB
38/39	STAEHR, BRAD	193	1:21:41.535	08:10	13:09	10K40-49M	10/11	91/98	LETHBRIDGE, AB
39/39	HANEY, KEVIN	154	1:30:14.126	09:01	14:31	10K40-49M	11/11	96/98	LETHBRIDGE, AB