

OA/PI = Overall Placing  
 Cat/PI = Category Placing  
 Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run - 3.1 Miles

76 Finishers

## 5K11&amp;UF (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	DUMONT, OCEANNE	5024	27:07.784	05:25	08:43	+00:00:00	15/76	4/43	LETHBRIDGE
2/4	ZENTNER, KAMRYN	5066	32:48.888	06:33	10:33	+00:05:41	34/76	14/43	LETHBRIDGE
3/4	PETEK, BRYNLEE	5048	43:32.830	08:42	14:00	+00:16:25	64/76	35/43	TABER

## 5K11&amp;UM (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	SARMET, GABRIEL	5075	29:51.363	05:58	09:36	+00:00:00	23/76	16/33	LETHBRIDGE
2/4	ALCALA, MALACHI	5001	42:09.511	08:25	13:33	+00:12:18	59/76	28/33	TABER
3/4	WALKER, NICHOLAS	5080	51:43.634	10:20	16:37	+00:21:52	72/76	30/33	LETHBRIDGE

## 5K12-15F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	FLAHERTY, OLIVIA	5030	32:43.639	06:32	10:31	+00:00:00	33/76	13/43	TABER
2/2	FLAHERTY, KATIE	5029	37:59.685	07:35	12:13	+00:05:16	51/76	26/43	TABER

## 5K12-15M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	TATA, ILARIO	5060	22:28.752	04:29	07:13	+00:00:00	2/76	2/33	LETHBRIDGE
2/3	DUMONT, MADDOX	5023	27:45.136	05:33	08:55	+00:05:16	16/76	12/33	LETHBRIDGE
3/3	ZENTNER, JAXON	5065	30:36.816	06:07	09:50	+00:08:08	26/76	19/33	LETHBRIDGE

## 5K16-19F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	BESTE, BROOKE	5006	27:56.555	05:35	08:59	+00:00:00	17/76	5/43	LETHBRIDGE
2/5	LEGGAT, BERKLEY	5071	31:11.130	06:14	10:01	+00:03:14	29/76	10/43	LETHBRIDGE
3/5	LABRECQUE, AINSLEE	5070	31:26.179	06:17	10:06	+00:03:29	30/76	11/43	LETHBRIDGE

## 5K16-19M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	CAMPBELL, JOSH	5081	24:55.997	04:59	08:01	+00:00:00	7/76	6/33	LETHBRIDGE

## 5K20-29F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	CHRAPKO, MACKENZIE	5014	23:10.737	04:38	07:27	+00:00:00	5/76	1/43	LETHBRIDGE
2/6	JONES, KENNA	5034	33:28.417	06:41	10:45	+00:10:17	38/76	16/43	LETHBRIDGE
3/6	LYONS, SHAYE	5037	34:11.357	06:50	10:59	+00:11:00	42/76	18/43	LETHBRIDGE

## 5K20-29M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	ROOT, WESLEY	5052	22:35.836	04:31	07:15	+00:00:00	3/76	3/33	COALDALE
2/3	MAGARRELL, JED	5038	26:06.258	05:13	08:23	+00:03:30	11/76	9/33	COALDALE
3/3	HELMER, JOSHUA	5031	42:25.715	08:29	13:38	+00:19:49	61/76	29/33	LETHBRIDGE

## 5K30-39F (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/13	CROWDER, NICOLE	5021	25:44.647	05:08	08:16	+00:00:00	9/76	2/43	LETHBRIDGE
2/13	COLLINS, BRONWYN	5018	26:19.613	05:15	08:27	+00:00:34	13/76	3/43	LETHBRIDGE
3/13	SCHNEIDER, LEANDRA	5055	28:57.407	05:47	09:18	+00:03:12	21/76	6/43	TABER

## 5K30-39M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	CASPER, ROB	5013	19:48.271	03:57	06:22	+00:00:00	1/76	1/33	COALDALE
2/9	CAMPBELL, CRAIG	5068	22:59.939	04:35	07:23	+00:03:11	4/76	4/33	LETHBRIDGE
3/9	COOK, SHAWN	5020	25:34.290	05:06	08:13	+00:05:46	8/76	7/33	LETHBRIDGE

## 5K40-49F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	CONARD, SHAUNA	5019	29:46.760	05:57	09:34	+00:00:00	22/76	7/43	LETHBRIDGE
2/5	VEDRES, FAYLA	5062	31:10.499	06:14	10:01	+00:01:23	28/76	9/43	LETHBRIDGE
3/5	DUMONT, SUSIE	5025	33:39.265	06:43	10:49	+00:03:52	39/76	17/43	LETHBRIDGE

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Category Award Results  
 TOP 3 In Category

5K Run - 3.1 Miles  
 76 Finishers

**5K40-49M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	LEGGAT, SCOTT	5072	28:08.306	05:37	09:02	+00:00:00	19/76	14/33	LETHBRIDGE
2/4	FLAHERTY, CHRIS	5028	28:09.207	05:37	09:03	+00:00:00	20/76	15/33	TABER
3/4	MERESKI, ELLIOT	5005	34:20.902	06:52	11:02	+00:06:12	43/76	25/33	LETHBRIDGE

**5K50-59F (Female) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	POLS, BOBBI JO	5050	42:24.266	08:28	13:38	+00:00:00	60/76	32/43	LETHBRIDGE
2/3	FERGUSON, BILLIE-JO	5026	43:33.329	08:42	14:00	+00:01:09	65/76	36/43	TABER
3/3	VADNAIS, JENNIFER	5061	49:01.436	09:48	15:45	+00:06:37	71/76	42/43	LETHBRIDGE

**5K50-59M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	ROOT, SCOTT	5082	27:58.668	05:35	08:59	+00:00:00	18/76	13/33	LONDON
2/4	DYCK, GREG	5069	32:34.401	06:30	10:28	+00:04:35	31/76	20/33	LETHBRIDGE
3/4	SITTER, DARREN	5022	32:51.115	06:34	10:33	+00:04:52	36/76	22/33	LETHBRIDGE

**5K60+F (Female) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	MORRIS, NANCY	5043	34:43.157	06:56	11:09	+00:00:00	46/76	21/43	LETHBRIDGE
2/5	MEGAW, CAROL	5041	34:43.757	06:56	11:10	+00:00:00	47/76	22/43	LETHBRIDGE
3/5	FIORINO, JACKIE	5027	37:05.871	07:25	11:55	+00:02:22	48/76	23/43	LETHBRIDGE

**5K60+M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	HELWIG, JOSEPH	5032	23:10.824	04:38	07:27	+00:00:00	6/76	5/33	LETHBRIDGE
2/5	ARGYLE, GRAHAM	5004	25:47.009	05:09	08:17	+00:02:36	10/76	8/33	LETHBRIDGE
3/5	NASH, GEOFF	5074	33:41.791	06:44	10:50	+00:10:30	40/76	23/33	LETHBRIDGE