

## 2024 SASG 3/ 5/10K Road Race - Coaldale

## Alpha Overall Results

## 10K - 6.21 Miles

## 16 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	Team
2/16	BAIRD, BENJAMIN	1430	38:32.528	03:51	06:12	10K30-39M	2/2	M	2/10	Lethbridge County,
5/16	BURGESS, NICOLE	1538	45:26.342	04:32	07:19	10K16-19F	1/1	F	1/6	City of Lethbridge,
11/16	CARLSSON, JONAH	1543	56:46.701	05:40	09:08	10K16-19M	1/1	M	7/10	Cypress County,
1/16	CASPER, ROB	1550	37:52.571	03:47	06:05	10K30-39M	1/2	M	1/10	Lethbridge County,
15/16	CHOW, PHYLLIS	1551	1:07:06.837	06:42	10:48	10K60+F	1/1	F	6/6	City of Medicine Hat,
13/16	CORNET, JORDYN	1552	1:00:07.025	06:00	09:40	10K20-29F	1/1	F	5/6	Vulcan County,
14/16	CUNNINGHAM, BARNEY	1553	1:07:05.407	06:42	10:48	10K60+M	1/1	M	9/10	City of Medicine Hat,
16/16	GRINOLDS, ROGER FRANCISCO	1583	1:27:28.929	08:44	14:05	10K50-59M	3/3	M	10/10	CITY OF LETHBRIDGE,
12/16	KLASSEN, LES	1566	58:50.948	05:53	09:28	10K50-59M	2/3	M	8/10	Lethbridge County,
4/16	MCFARLAND, COLTON	1569	42:02.320	04:12	06:46	10K11&UM	1/1	M	4/10	City of Lethbridge,
6/16	SEARS, MARLEE	1571	45:47.130	04:34	07:22	10K30-39F	1/3	F	2/6	MD of Willow Creek,
7/16	SPENCER, GERALD	1574	47:17.552	04:43	07:36	10K12-15M	1/1	M	5/10	City of Lethbridge,
8/16	WALTER, GREG	1575	49:10.829	04:55	07:55	10K50-59M	1/3	M	6/10	Lethbridge County,
9/16	WANNOP, KATHY	1576	49:53.179	04:59	08:01	10K30-39F	2/3	F	3/6	Lethbridge County,
3/16	WARD, KIERAN	1580	40:25.477	04:02	06:30	10K40-49M	1/1	M	3/10	City of Lethbridge,
10/16	WEISS, NADIA	1581	54:12.395	05:25	08:43	10K30-39F	3/3	F	4/6	Lethbridge County,