

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

## 10K Run - 6.21 Miles

16 Finishers

## 10K11&amp;UM - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	MCFARLAND, COLTON	1569	42:02.320	04:12	06:46	4/16	4/10	+00:00:00	City of Lethbridge

## 10K12-15M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	SPENCER, GERALD	1574	47:17.552	04:43	07:36	7/16	5/10	+00:00:00	City of Lethbridge

## 10K16-19F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	BURGESS, NICOLE	1538	45:26.342	04:32	07:19	5/16	1/6	+00:00:00	City of Lethbridge

## 10K16-19M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	CARLSSON, JONAH	1543	56:46.701	05:40	09:08	11/16	7/10	+00:00:00	Cypress County

## 10K20-29F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	CORNET, JORDYN	1552	1:00:07.025	06:00	09:40	13/16	5/6	+00:00:00	Vulcan County

## 10K30-39F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/3	SEARS, MARLEE	1571	45:47.130	04:34	07:22	6/16	2/6	+00:00:00	MD of Willow Creek
2/3	WANNOP, KATHY	1576	49:53.179	04:59	08:01	9/16	3/6	+00:04:06	Lethbridge County
3/3	WEISS, NADIA	1581	54:12.395	05:25	08:43	10/16	4/6	+00:08:25	Lethbridge County

## 10K30-39M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/2	CASPER, ROB	1550	37:52.571	03:47	06:05	1/16	1/10	+00:00:00	Lethbridge County
2/2	BAIRD, BENJAMIN	1430	38:32.528	03:51	06:12	2/16	2/10	+00:00:39	Lethbridge County

## 10K40-49M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	WARD, KIERAN	1580	40:25.477	04:02	06:30	3/16	3/10	+00:00:00	City of Lethbridge

## 10K50-59M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/3	WALTER, GREG	1575	49:10.829	04:55	07:55	8/16	6/10	+00:00:00	Lethbridge County
2/3	KLASSEN, LES	1566	58:50.948	05:53	09:28	12/16	8/10	+00:09:40	Lethbridge County
3/3	GRINOLDS, ROGER FRANCISCO	1583	1:27:28.929	08:44	14:05	16/16	10/10	+00:38:18	CITY OF LETHBRIDGE

## 10K60+F - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	CHOW, PHYLLIS	1551	1:07:06.837	06:42	10:48	15/16	6/6	+00:00:00	City of Medicine Hat

## 10K60+M - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	Team
1/1	CUNNINGHAM, BARNEY	1553	1:07:05.407	06:42	10:48	14/16	9/10	+00:00:00	City of Medicine Hat