

2024 SASG 3/ 5/10K Road Race - Coaldale
Overall Gender Results

10K - 6.21 Miles

Female

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	Team
1/6	BURGESS, NICOLE	1538	45:26.342	04:32	07:19	10K16-19F	1/1	5/16	City of Lethbridge,
2/6	SEARS, MARLEE	1571	45:47.130	04:34	07:22	10K30-39F	1/3	6/16	MD of Willow Creek,
3/6	WANNOP, KATHY	1576	49:53.179	04:59	08:01	10K30-39F	2/3	9/16	Lethbridge County,
4/6	WEISS, NADIA	1581	54:12.395	05:25	08:43	10K30-39F	3/3	10/16	Lethbridge County,
5/6	CORNET, JORDYN	1552	1:00:07.025	06:00	09:40	10K20-29F	1/1	13/16	Vulcan County,
6/6	CHOW, PHYLLIS	1551	1:07:06.837	06:42	10:48	10K60+F	1/1	15/16	City of Medicine Hat,

Male

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	Team
1/10	CASPER, ROB	1550	37:52.571	03:47	06:05	10K30-39M	1/2	1/16	Lethbridge County,
2/10	BAIRD, BENJAMIN	1430	38:32.528	03:51	06:12	10K30-39M	2/2	2/16	Lethbridge County,
3/10	WARD, KIERAN	1580	40:25.477	04:02	06:30	10K40-49M	1/1	3/16	City of Lethbridge,
4/10	MCFARLAND, COLTON	1569	42:02.320	04:12	06:46	10K11&UM	1/1	4/16	City of Lethbridge,
5/10	SPENCER, GERALD	1574	47:17.552	04:43	07:36	10K12-15M	1/1	7/16	City of Lethbridge,
6/10	WALTER, GREG	1575	49:10.829	04:55	07:55	10K50-59M	1/3	8/16	Lethbridge County,
7/10	CARLSSON, JONAH	1543	56:46.701	05:40	09:08	10K16-19M	1/1	11/16	Cypress County,
8/10	KLASSEN, LES	1566	58:50.948	05:53	09:28	10K50-59M	2/3	12/16	Lethbridge County,
9/10	CUNNINGHAM, BARNEY	1553	1:07:05.407	06:42	10:48	10K60+M	1/1	14/16	City of Medicine Hat,
10/10	GRINOLDS, ROGER FRANCISCO	1583	1:27:28.929	08:44	14:05	10K50-59M	3/3	16/16	CITY OF LETHBRIDGE,