

## 2010 Sole Survivor 10K, 5K - July 16/2010

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
97/201	ACHESON, SHELLEY	500	00:33:47.65	10:53	5K40-49F	9/27	F	47/123	
94/201	ALBIZZATI, TARYN	502	00:32:59.75	10:38	5K30-39F	17/28	F	45/123	
169/201	AUBIN, GASTON	504	00:48:44.90	15:43	5K60-69M	3/3	M	68/78	
177/201	AUBIN, GEORGINA	505	00:52:54.90	17:03	5K50-59F	11/13	F	107/123	
150/201	AUBIN, LALONIE	506	00:43:48.20	14:07	5K50-59F	6/13	F	88/123	
24/201	BLACK, JAMES	716	00:25:21.55	08:10	5K30-39M	6/13	M	16/78	
84/201	BLACK, JODIE	717	00:32:16.95	10:24	5K30-39F	15/28	F	37/123	
186/201	BODIE, LEY	509	00:54:30.05	17:34	5K40-49F	25/27	F	111/123	
20/201	BOND, COLIN	510	00:25:05.00	08:05	5K40-49M	2/15	M	13/78	
67/201	BOND, REBECCA	511	00:30:31.70	09:50	5K30-39F	12/28	F	27/123	
64/201	BOND, RHONDA	512	00:30:05.95	09:42	5K50-59F	3/13	F	25/123	
151/201	BOURLON, BONITA	513	00:44:40.85	14:24	5K40-49F	18/27	F	89/123	
73/201	BOWIE, MARK	803	00:31:33.10	10:10	5K19-29M	7/9	M	43/78	
153/201	BURKLE, BRIDGETTE	514	00:45:37.85	14:42	5K50-59F	7/13	F	91/123	
135/201	BURNEY, GARY	515	00:39:51.10	12:51	5K40-49M	10/15	M	59/78	
117/201	BURNEY, GERI	516	00:36:25.35	11:44	5K40-49F	12/27	F	63/123	
128/201	CERNEY, LINDA	517	00:38:23.40	12:22	5K40-49F	14/27	F	71/123	
72/201	CHEN, PAUL	518	00:31:31.10	10:10	5K12&UM	5/14	M	42/78	
78/201	CHEN, SARAH	519	00:31:55.50	10:17	5K12&UF	3/15	F	33/123	
86/201	CHEN, WENDY	520	00:32:24.60	10:27	5K40-49F	6/27	F	38/123	
58/201	CLARINGBULL, BRAEDEN	521	00:29:14.55	09:25	5K13-18M	10/17	M	37/78	
101/201	CLARINGBULL, LESLIE	522	00:34:17.50	11:03	5K40-49F	10/27	F	51/123	
130/201	COLLINGS, MICHEAL	524	00:39:05.10	12:36	5K40-49F	15/27	F	73/123	
53/201	CONRAD, DARICE	525	00:28:51.45	09:18	5K30-39F	10/28	F	20/123	
4/201	CONRAD, MARTIN	526	00:20:28.55	06:36	5K30-39M	2/13	M	4/78	
99/201	CREASON, ASHLEE	527	00:33:59.20	10:57	5K30-39F	18/28	F	49/123	
62/201	CREASON, DAYLON	528	00:29:56.50	09:39	5K12&UM	4/14	M	39/78	
48/201	CREASON, JAMIE	529	00:28:18.05	09:07	5K30-39M	8/13	M	31/78	
98/201	CREASON, JESSICA	530	00:33:58.80	10:57	5K13-18F	4/11	F	48/123	
59/201	CYTKO, KYLA	531	00:29:14.55	09:25	5K19-29F	4/21	F	22/123	
184/201	DAVIDSON, CHRIS	532	00:54:27.90	17:33	5K50-59F	12/13	F	109/123	
80/201	DAVIS, CHLOE	533	00:31:58.45	10:18	5K12&UF	4/15	F	34/123	
168/201	DAVIS, DEBBIE	534	00:48:27.20	15:37	5K40-49F	21/27	F	101/123	
42/201	DEMARTINI, KAYLA	535	00:27:57.70	09:00	5K19-29F	1/21	F	14/123	
102/201	DERKSEN, CARLYN	536	00:34:25.10	11:06	5K19-29F	10/21	F	52/123	
81/201	DERKSEN, CRISTYN	537	00:32:07.15	10:21	5K13-18F	3/11	F	35/123	
26/201	DERKSEN, JOHN	538	00:25:22.70	08:10	5K40-49M	3/15	M	17/78	
162/201	DESHARNAIS, RACHEL	539	00:46:53.55	15:07	5K19-29F	19/21	F	98/123	
29/201	DESJARLAIS, DENIS	540	00:25:42.50	08:17	5K40-49M	4/15	M	19/78	
107/201	DIBBEN, CHARLENE	541	00:35:07.80	11:19	5K19-29F	11/21	F	56/123	
10/201	DIBBEN, MITCHEL	542	00:22:29.10	07:15	5K19-29M	2/9	M	9/78	
77/201	DIXON, TEAGAN	543	00:31:49.95	10:16	5K12&UF	2/15	F	32/123	
201/201	DOBER-KOINBERG, MICHELLE	823	01:16:39.00	24:43	5K40-49F	27/27	F	123/123	
142/201	DODDS, JOHN	544	00:42:15.55	13:37	5K30-39M	13/13	M	60/78	
143/201	DODDS, SASHA	545	00:42:35.55	13:44	5K30-39F	23/28	F	83/123	
38/201	DUECK, TRAVIS	547	00:27:12.25	08:46	5K19-29M	4/9	M	26/78	
136/201	DUQUETTE, HOPE	548	00:40:14.45	12:58	5K60-69F	4/8	F	77/123	
100/201	DUQUETTE, LAURIE	549	00:34:08.15	11:00	5K30-39F	19/28	F	50/123	
129/201	DYKSTRA, JENNA	550	00:38:35.15	12:26	5K19-29F	15/21	F	72/123	
161/201	DYKSTRA, KAREN	551	00:46:53.55	15:07	5K50-59F	9/13	F	97/123	
95/201	ENZSOL, LINDA	553	00:33:00.70	10:38	5K40-49F	8/27	F	46/123	
114/201	EVANS, CAROLYN	555	00:36:12.15	11:40	5K60-69F	2/8	F	61/123	
37/201	EVANS, TUCKER	556	00:27:03.30	08:43	5K12&UM	3/14	M	25/78	
188/201	FAIRBROTHER, ADRIANA	557	00:56:52.95	18:20	5K13-18F	9/11	F	113/123	
189/201	FAIRBROTHER, JOHN	558	00:57:57.95	18:41	5K13-18M	16/17	M	76/78	
145/201	FAIRBROTHER, NATALIE	559	00:42:44.40	13:47	5K30-39F	24/28	F	85/123	
131/201	FAIRBROTHER-SKINNER, MACKENZIE	560	00:39:28.40	12:43	5K12&UF	10/15	F	74/123	

## 2010 Sole Survivor 10K, 5K - July 16/2010

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
195/201	FALLER, LEONA	595	01:02:04.70	20:01	5K19-29F	20/21	F	118/123	
43/201	FLANNERY, MEAGHAN	562	00:27:57.90	09:00	5K13-18F	2/11	F	15/123	
149/201	FLANNERY, SHAWN	563	00:43:31.85	14:02	5K12&UM	10/14	M	62/78	
173/201	FLANNERY, TERRY	564	00:52:37.15	16:58	5K40-49F	22/27	F	104/123	
33/201	FOMRADAS, ADAM	565	00:26:31.05	08:33	5K40-49M	5/15	M	21/78	
40/201	FRENETTE, JODY	566	00:27:24.55	08:50	5K30-39F	7/28	F	13/123	
28/201	GOESEELS, EVAN	567	00:25:37.05	08:15	5K19-29M	3/9	M	18/78	
17/201	GOODREAU, CAROLE	568	00:24:23.95	07:52	5K50-59F	1/13	F	6/123	
139/201	GOSS, GINA	569	00:41:20.35	13:20	5K19-29F	17/21	F	80/123	
133/201	GROAT, SHARON	570	00:39:39.85	12:47	5K60-69F	3/8	F	75/123	
154/201	HAM, MARILYN	571	00:45:54.25	14:48	5K60-69F	5/8	F	92/123	
182/201	HANNA, BARRY	572	00:54:02.90	17:25	5K50-59M	5/5	M	74/78	
181/201	HANNA, JAMIE	573	00:54:02.65	17:25	5K40-49F	23/27	F	108/123	
89/201	HATTA, SHINGO	574	00:32:35.35	10:30	5K13-18M	13/17	M	49/78	
200/201	HILL, KRISTA-LYNN	575	01:07:13.05	21:40	5K13-18F	11/11	F	122/123	
199/201	HILL, LAURA	576	01:07:10.65	21:40	5K19-29F	21/21	F	121/123	
167/201	HIRONIMUS, CLAUDETTE	577	00:48:26.75	15:37	5K40-49F	20/27	F	100/123	
125/201	HOTTA, YOHI	578	00:37:54.20	12:13	5K13-18M	15/17	M	57/78	
2/201	ISHIHARA, TAKEAKI	579	00:19:31.65	06:17	5K19-29M	1/9	M	2/78	
41/201	KAWASAKI, KENTO	580	00:27:53.90	08:59	5K19-29M	5/9	M	28/78	
106/201	KINDRAT, TANYA	581	00:34:55.55	11:15	5K30-39F	20/28	F	55/123	
82/201	KING, LESLIE	582	00:32:10.90	10:22	5K19-29F	7/21	F	36/123	
1/201	KLOSS, KENDALL	583	00:18:28.25	05:57	5K30-39M	1/13	M	1/78	
47/201	KOBAYASHI, WATARU	584	00:28:11.95	09:05	5K13-18M	7/17	M	30/78	
66/201	KUHL, GREG	585	00:30:23.35	09:48	5K50-59M	4/5	M	40/78	
138/201	LAUGHLIN, EMELIA	586	00:41:04.15	13:14	5K19-29F	16/21	F	79/123	
185/201	LAYNG, DIANE	587	00:54:29.75	17:34	5K40-49F	24/27	F	110/123	
75/201	LEE, EUNYOUNG	588	00:31:37.65	10:11	5K30-39F	14/28	F	31/123	
137/201	LEHR, KARI	589	00:40:57.05	13:12	5K40-49F	16/27	F	78/123	
112/201	LOOSE, TAMMY	592	00:35:55.05	11:35	5K30-39F	21/28	F	59/123	
71/201	LOOSE, THEA	593	00:31:09.20	10:02	5K30-39F	13/28	F	30/123	
158/201	MACIEJEWSKI, JESSICA	594	00:46:44.10	15:04	5K19-29F	18/21	F	94/123	
160/201	MACKENZIE, JERI-LYN	596	00:46:53.15	15:07	5K13-18F	7/11	F	96/123	
180/201	MAHIEUX, RAY	597	00:53:23.15	17:13	5K40-49M	15/15	M	73/78	
76/201	MALCOLM, RYAN	598	00:31:40.85	10:12	5K13-18M	12/17	M	45/78	
109/201	MARTIN, BRIANNE	599	00:35:34.80	11:28	5K19-29F	12/21	F	57/123	
46/201	MARTY, JOCELYN	600	00:28:10.15	09:05	5K30-39F	8/28	F	17/123	
176/201	MARTY, LOIS	601	00:52:54.00	17:03	5K60-69F	6/8	F	106/123	
178/201	MARTY, WAYNE	602	00:52:55.75	17:04	5K70+M	1/2	M	71/78	
18/201	MATWE, JANINE	603	00:24:55.65	08:02	5K30-39F	4/28	F	7/123	
25/201	MCCLUNG, ANGELA	604	00:25:22.55	08:10	5K30-39F	6/28	F	9/123	
118/201	MCCLUNG, STERLING	605	00:36:48.15	11:52	5K19-29M	8/9	M	55/78	
194/201	MCCUTCHEON, SUSAN	606	00:59:31.45	19:11	5K60-69F	8/8	F	117/123	
171/201	MCKINLAY, DEBBIE	607	00:50:32.35	16:18	5K50-59F	10/13	F	102/123	
122/201	MICHALSKY, SHANEL	613	00:37:32.35	12:06	5K19-29F	13/21	F	66/123	
79/201	MILFORD, NATHAN	614	00:31:56.10	10:18	5K12&UM	6/14	M	46/78	
105/201	MILFORD, RICHARD	615	00:34:46.80	11:12	5K40-49M	8/15	M	51/78	
104/201	MILFORD, SADY	616	00:34:46.15	11:12	5K12&UF	6/15	F	54/123	
196/201	MITCHELL, KADENCE	617	01:02:23.15	20:07	5K12&UF	15/15	F	119/123	
155/201	MITCHELL, TAYLOR	618	00:46:32.95	15:00	5K12&UM	11/14	M	63/78	
5/201	MIYATAKE, YUTA	619	00:20:44.90	06:41	5K13-18M	1/17	M	5/78	
110/201	MONK, KEN	620	00:35:37.70	11:29	5K40-49M	9/15	M	53/78	
111/201	MONK, SHARON	621	00:35:38.35	11:29	5K40-49F	11/27	F	58/123	
6/201	MONTY, ARON	622	00:20:49.15	06:42	5K30-39M	3/13	M	6/78	
190/201	MORRISH, EMILEE	623	00:57:58.10	18:41	5K13-18F	10/11	F	114/123	
175/201	MORRISH, GORDON	624	00:52:51.95	17:03	5K40-49M	14/15	M	70/78	
191/201	MORRISH, MATTHEW	625	00:57:58.45	18:41	5K13-18M	17/17	M	77/78	

## 2010 Sole Survivor 10K, 5K - July 16/2010

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
192/201	MORRISH, MELANIE	626	00:57:59.70	18:42	5K40-49F	26/27	F	115/123	
174/201	MORRISH, SARA	627	00:52:37.20	16:58	5K12&UF	14/15	F	105/123	
51/201	NAKAMURA, YUKI	628	00:28:43.60	09:15	5K13-18M	8/17	M	33/78	
21/201	NAKAZAWA, RYOJI	629	00:25:14.35	08:08	5K13-18M	4/17	M	14/78	
93/201	NEUMEIER, MELISSA	630	00:32:54.60	10:36	5K30-39F	16/28	F	44/123	
113/201	NICHOLSON, KAREN	631	00:36:05.00	11:38	5K50-59F	4/13	F	60/123	
36/201	ONJI, MAO	632	00:27:00.10	08:42	5K13-18M	6/17	M	24/78	
121/201	PATON, KESTREL	633	00:37:32.05	12:06	5K13-18F	6/11	F	65/123	
148/201	PHARIS, ALINA	634	00:43:17.80	13:57	5K12&UF	13/15	F	87/123	
147/201	PHARIS, LEONA	635	00:43:17.80	13:57	5K30-39F	25/28	F	86/123	
193/201	PICHURSKI, PAT	636	00:59:30.70	19:11	5K60-69F	7/8	F	116/123	
165/201	PITT, COLIN	637	00:47:47.55	15:24	5K12&UM	13/14	M	67/78	
156/201	PITT, CONNOR	638	00:46:33.95	15:01	5K12&UM	12/14	M	64/78	
164/201	PITT, DONALD	639	00:47:47.50	15:24	5K40-49M	12/15	M	66/78	
141/201	PITT, MICHELE	640	00:41:28.20	13:22	5K40-49F	17/27	F	82/123	
108/201	PLOSZ, BRENDAN	641	00:35:11.05	11:20	5K30-39M	11/13	M	52/78	
197/201	PLOSZ, CORI	642	01:02:23.45	20:07	5K30-39F	28/28	F	120/123	
198/201	PLOZ, REED	643	01:02:24.20	20:07	5K12&UM	14/14	M	78/78	
50/201	POLLICE, BARBARA	644	00:28:43.35	09:15	5K30-39F	9/28	F	18/123	
55/201	PORTER, JUDY	645	00:29:02.50	09:21	5K40-49F	4/27	F	21/123	
11/201	RATUDRADRA, ALISI	646	00:22:38.70	07:18	5K12&UF	1/15	F	2/123	
13/201	RATUDRADRA, RENEE	647	00:23:14.55	07:29	5K30-39F	2/28	F	3/123	
12/201	RATUDRADRA, ZION	648	00:22:57.30	07:24	5K12&UM	1/14	M	10/78	
166/201	RECK, ANGEL	719	00:47:48.10	15:25	5K30-39F	27/28	F	99/123	
157/201	RINALDI, BECKY	650	00:46:34.05	15:01	5K50-59F	8/13	F	93/123	
163/201	RINALDI, JERRY	651	00:46:57.70	15:08	5K60-69M	2/3	M	65/78	
70/201	RIVIERE, SHANNON	652	00:30:54.25	09:58	5K19-29F	6/21	F	29/123	
3/201	ROBINSON, AL	653	00:20:05.55	06:28	5K50-59M	1/5	M	3/78	
152/201	ROBUTKA, KERRY	654	00:45:37.25	14:42	5K40-49F	19/27	F	90/123	
187/201	ROMNEY, LOIS	655	00:54:30.50	17:34	5K50-59F	13/13	F	112/123	
172/201	ROTHLIN, CHLOE	656	00:50:55.75	16:25	5K13-18F	8/11	F	103/123	
124/201	ROTHLIN, MAEVE	657	00:37:32.80	12:06	5K12&UF	9/15	F	68/123	
39/201	SAJE, ANDREW	658	00:27:20.35	08:49	5K40-49M	6/15	M	27/78	
87/201	SAWCHUCK, JESIKA	659	00:32:33.75	10:30	5K19-29F	8/21	F	39/123	
116/201	SAXON, DOMINICK	660	00:36:18.95	11:42	5K12&UM	8/14	M	54/78	
119/201	SCHWINDT, JON	662	00:37:09.90	11:59	5K30-39M	12/13	M	56/78	
159/201	SCHWINDT, TANYA	663	00:46:44.70	15:04	5K30-39F	26/28	F	95/123	
61/201	SCIARRA, JOHN	664	00:29:47.50	09:36	5K50-59M	3/5	M	38/78	
60/201	SCIARRA, JUDY	665	00:29:47.30	09:36	5K50-59F	2/13	F	23/123	
52/201	SHINOKI, NOBUE	666	00:28:45.85	09:16	5K19-29F	3/21	F	19/123	
120/201	SIGSWORTH, JENNIFER	667	00:37:11.95	11:59	5K30-39F	22/28	F	64/123	
127/201	SITTER, SANDRA	668	00:38:16.45	12:20	5K40-49F	13/27	F	70/123	
49/201	SKINNER, DAVE	669	00:28:40.45	09:14	5K50-59M	2/5	M	32/78	
83/201	SMITH, COLBY	718	00:32:16.90	10:24	5K12&UM	7/14	M	47/78	
74/201	SMITH, JASON	670	00:31:34.15	10:10	5K30-39M	10/13	M	44/78	
35/201	SMITHIES, DONOVAN	671	00:26:37.50	08:35	5K12&UM	2/14	M	23/78	
57/201	SMITHIES, NEIL	672	00:29:10.00	09:24	5K30-39M	9/13	M	36/78	
179/201	STACHERUK, MICHAEL	673	00:52:56.00	17:04	5K70+M	2/2	M	72/78	
65/201	STACHERUK, SUSAN	674	00:30:10.55	09:43	5K30-39F	11/28	F	26/123	
90/201	STRINGER, ELEANOR	675	00:32:43.50	10:33	5K60-69F	1/8	F	41/123	
91/201	STRINGER, KATIE	676	00:32:43.55	10:33	5K19-29F	9/21	F	42/123	
56/201	TAKASHIMA, NOBUAKI	677	00:29:09.65	09:24	5K13-18M	9/17	M	35/78	
27/201	TENNANT, SANDRA	678	00:25:33.85	08:14	5K40-49F	2/27	F	10/123	
45/201	TETACHUK, DANIELLE	679	00:28:08.70	09:04	5K19-29F	2/21	F	16/123	
183/201	THOMPSON, ANDREW	680	00:54:18.15	17:30	5K19-29M	9/9	M	75/78	
140/201	THRESHER, ANN	681	00:41:28.05	13:22	5K50-59F	5/13	F	81/123	
92/201	TKACHUK, COLLEEN	682	00:32:48.50	10:34	5K40-49F	7/27	F	43/123	

## Alpha Overall Results

## 5K - 3.1 Miles

O/A	Name	Bib#	Time	Pace m/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
134/201	TKACHUK, ELENA	683	00:39:42.70	12:48	5K12&UF	11/15	F	76/123	
144/201	TKACHUK, MEAGHAN	684	00:42:43.95	13:47	5K12&UF	12/15	F	84/123	
146/201	TKACHUK, ROB	685	00:42:46.80	13:47	5K40-49M	11/15	M	61/78	
88/201	TKACHUK, SHANNON	686	00:32:33.95	10:30	5K12&UF	5/15	F	40/123	
34/201	TOLHURST, MIKE	687	00:26:31.35	08:33	5K30-39M	7/13	M	22/78	
103/201	TOWNSEND, JILL	688	00:34:40.15	11:10	5K13-18F	5/11	F	53/123	
68/201	VIROSTEK, DAWN	691	00:30:36.75	09:52	5K19-29F	5/21	F	28/123	
7/201	WAKALUK, TRACY	692	00:21:44.60	07:00	5K30-39F	1/28	F	1/123	
32/201	WAKALUK-YANCO, KATHY	693	00:26:12.30	08:27	5K40-49F	3/27	F	12/123	
132/201	WALTER, BEAU	694	00:39:37.05	12:46	5K12&UM	9/14	M	58/78	
170/201	WARD, DEAN	695	00:48:45.45	15:43	5K40-49M	13/15	M	69/78	
9/201	WELSH, CAMERON	696	00:21:59.45	07:05	5K40-49M	1/15	M	8/78	
23/201	WIENS, ANDREW	697	00:25:16.05	08:09	5K30-39M	5/13	M	15/78	
22/201	WIENS, CHARMAINE	698	00:25:15.70	08:08	5K30-39F	5/28	F	8/123	
85/201	WIENS, STAN	700	00:32:19.65	10:25	5K60-69M	1/3	M	48/78	
115/201	WILIAMS, HAYLEE	701	00:36:18.85	11:42	5K12&UF	7/15	F	62/123	
123/201	WILIAMS, SAMANTHA	702	00:37:32.45	12:06	5K12&UF	8/15	F	67/123	
63/201	WILSON, TAMMIE	703	00:30:03.85	09:41	5K40-49F	5/27	F	24/123	
126/201	WISNIEWSKI, EVA	704	00:38:01.20	12:15	5K19-29F	14/21	F	69/123	
30/201	WOCKNITZ, ELISE	705	00:25:44.15	08:18	5K13-18F	1/11	F	11/123	
8/201	WOCKNITZ, JESSE	706	00:21:49.95	07:02	5K13-18M	2/17	M	7/78	
16/201	WOCKNITZ, LYNN	707	00:24:22.05	07:51	5K40-49F	1/27	F	5/123	
15/201	WOODMAN, JACKIE	708	00:23:33.80	07:35	5K30-39F	3/28	F	4/123	
14/201	WOODMAN, PETER	709	00:23:24.50	07:32	5K30-39M	4/13	M	11/78	
96/201	YAGO, RAIKO	710	00:33:35.10	10:50	5K13-18M	14/17	M	50/78	
44/201	YANAGISAWA, HIROKI	711	00:28:07.10	09:04	5K19-29M	6/9	M	29/78	
54/201	YANKE, JAY	712	00:28:54.95	09:19	5K40-49M	7/15	M	34/78	
19/201	YANKO, MORGAN	713	00:25:01.90	08:04	5K13-18M	3/17	M	12/78	
31/201	YOSHIDA, SHIRO	714	00:25:47.70	08:19	5K13-18M	5/17	M	20/78	
69/201	YOSHIYUKI, FUJITATE	715	00:30:43.55	09:54	5K13-18M	11/17	M	41/78	