

Category Results

5K - 3.1 Miles

5K12&UF - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	RATUDRADRA, ALISI	646	00:22:38.70	07:18	11/201	, ,
2/15	DIXON, TEAGAN	543	00:31:49.95	10:16	77/201	, ,
3/15	CHEN, SARAH	519	00:31:55.50	10:17	78/201	, ,
4/15	DAVIS, CHLOE	533	00:31:58.45	10:18	80/201	, ,
5/15	TKACHUK, SHANNON	686	00:32:33.95	10:30	88/201	, ,
6/15	MILFORD, SADY	616	00:34:46.15	11:12	104/201	, ,
7/15	WILLIAMS, HAYLEE	701	00:36:18.85	11:42	115/201	, ,
8/15	WILLIAMS, SAMANTHA	702	00:37:32.45	12:06	123/201	, ,
9/15	ROTHLIN, MAEVE	657	00:37:32.80	12:06	124/201	, ,
10/15	FAIRBROTHER-SKINNER, MACKENZIE	560	00:39:28.40	12:43	131/201	, ,
11/15	TKACHUK, ELENA	683	00:39:42.70	12:48	134/201	, ,
12/15	TKACHUK, MEAGHAN	684	00:42:43.95	13:47	144/201	, ,
13/15	PHARIS, ALINA	634	00:43:17.80	13:57	148/201	, ,
14/15	MORRISH, SARA	627	00:52:37.20	16:58	174/201	, ,
15/15	MITCHELL, KADENCE	617	01:02:23.15	20:07	196/201	, ,

5K12&UM - 14 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/14	RATUDRADRA, ZION	648	00:22:57.30	07:24	12/201	, ,
2/14	SMITHIES, DONOVAN	671	00:26:37.50	08:35	35/201	, ,
3/14	EVANS, TUCKER	556	00:27:03.30	08:43	37/201	, ,
4/14	CREASON, DAYLON	528	00:29:56.50	09:39	62/201	, ,
5/14	CHEN, PAUL	518	00:31:31.10	10:10	72/201	, ,
6/14	MILFORD, NATHAN	614	00:31:56.10	10:18	79/201	, ,
7/14	SMITH, COLBY	718	00:32:16.90	10:24	83/201	WILLIAMS LAKE, B.C.,
8/14	SAXON, DOMINICK	660	00:36:18.95	11:42	116/201	, ,
9/14	WALTER, BEAU	694	00:39:37.05	12:46	132/201	, ,
10/14	FLANNERY, SHAWN	563	00:43:31.85	14:02	149/201	, ,
11/14	MITCHELL, TAYLOR	618	00:46:32.95	15:00	155/201	, ,
12/14	PITT, CONNOR	638	00:46:33.95	15:01	156/201	, ,
13/14	PITT, COLIN	637	00:47:47.55	15:24	165/201	, ,
14/14	PLOZ, REED	643	01:02:24.20	20:07	198/201	, ,

5K13-18F - 11 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/11	WOCKNITZ, ELISE	705	00:25:44.15	08:18	30/201	, ,
2/11	FLANNERY, MEAGHAN	562	00:27:57.90	09:00	43/201	, ,
3/11	DERKSEN, CRISTYN	537	00:32:07.15	10:21	81/201	, ,
4/11	CREASON, JESSICA	530	00:33:58.80	10:57	98/201	, ,
5/11	TOWNSEND, JILL	688	00:34:40.15	11:10	103/201	, ,
6/11	PATON, KESTREL	633	00:37:32.05	12:06	121/201	, ,
7/11	MACKENZIE, JERI-LYN	596	00:46:53.15	15:07	160/201	, ,
8/11	ROTHLIN, CHLOE	656	00:50:55.75	16:25	172/201	, ,
9/11	FAIRBROTHER, ADRIANA	557	00:56:52.95	18:20	188/201	, ,
10/11	MORRISH, EMILEE	623	00:57:58.10	18:41	190/201	, ,
11/11	HILL, KRISTA-LYNN	575	01:07:13.05	21:40	200/201	, ,

5K13-18M - 17 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/17	MIYATAKE, YUTA	619	00:20:44.90	06:41	5/201	, ,
2/17	WOCKNITZ, JESSE	706	00:21:49.95	07:02	8/201	, ,
3/17	YANKO, MORGAN	713	00:25:01.90	08:04	19/201	, ,
4/17	NAKAZAWA, RYOJI	629	00:25:14.35	08:08	21/201	, ,
5/17	YOSHIDA, SHIRO	714	00:25:47.70	08:19	31/201	, ,
6/17	ONJI, MAO	632	00:27:00.10	08:42	36/201	, ,
7/17	KOBAYASHI, WATARU	584	00:28:11.95	09:05	47/201	, ,
8/17	NAKAMURA, YUKI	628	00:28:43.60	09:15	51/201	, ,
9/17	TAKASHIMA, NOBUAKI	677	00:29:09.65	09:24	56/201	, ,
10/17	CLARINGBULL, BRAEDEN	521	00:29:14.55	09:25	58/201	, ,
11/17	YOSHIYUKI, FUJITATE	715	00:30:43.55	09:54	69/201	, ,
12/17	MALCOLM, RYAN	598	00:31:40.85	10:12	76/201	, ,
13/17	HATTA, SHINGO	574	00:32:35.35	10:30	89/201	, ,
14/17	YAGO, RAIKO	710	00:33:35.10	10:50	96/201	, ,
15/17	HOTTA, YOHI	578	00:37:54.20	12:13	125/201	, ,
16/17	FAIRBROTHER, JOHN	558	00:57:57.95	18:41	189/201	, ,

Category Results

5K - 3.1 Miles

5K13-18M - 17 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
17/17	MORRISH, MATTHEW	625	00:57:58.45	18:41	191/201	, ,

5K19-29F - 21 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/21	DEMARTINI, KAYLA	535	00:27:57.70	09:00	42/201	, ,
2/21	TETACHUK, DANIELLE	679	00:28:08.70	09:04	45/201	, ,
3/21	SHINOKI, NOBUE	666	00:28:45.85	09:16	52/201	, ,
4/21	CYTKO, KYLA	531	00:29:14.55	09:25	59/201	, ,
5/21	VIROSTEK, DAWN	691	00:30:36.75	09:52	68/201	, ,
6/21	RIVIERE, SHANNON	652	00:30:54.25	09:58	70/201	, ,
7/21	KING, LESLIE	582	00:32:10.90	10:22	82/201	, ,
8/21	SAWCHUCK, JESIKA	659	00:32:33.75	10:30	87/201	, ,
9/21	STRINGER, KATIE	676	00:32:43.55	10:33	91/201	, ,
10/21	DERKSEN, CARLYN	536	00:34:25.10	11:06	102/201	, ,
11/21	DIBBEN, CHARLENE	541	00:35:07.80	11:19	107/201	, ,
12/21	MARTIN, BRIANNE	599	00:35:34.80	11:28	109/201	, ,
13/21	MICHALSKY, SHANEL	613	00:37:32.35	12:06	122/201	, ,
14/21	WISNIEWSKI, EVA	704	00:38:01.20	12:15	126/201	, ,
15/21	DYKSTRA, JENNA	550	00:38:35.15	12:26	129/201	, ,
16/21	LAUGHLIN, EMELIA	586	00:41:04.15	13:14	138/201	, ,
17/21	GOSS, GINA	569	00:41:20.35	13:20	139/201	, ,
18/21	MACIEJEWSKI, JESSICA	594	00:46:44.10	15:04	158/201	, ,
19/21	DESHARNAIS, RACHEL	539	00:46:53.55	15:07	162/201	, ,
20/21	FALLER, LEONA	595	01:02:04.70	20:01	195/201	, ,
21/21	HILL, LAURA	576	01:07:10.65	21:40	199/201	, ,

5K19-29M - 9 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/9	ISHIHARA, TAKEAKI	579	00:19:31.65	06:17	2/201	, ,
2/9	DIBBEN, MITCHEL	542	00:22:29.10	07:15	10/201	, ,
3/9	GOESEELS, EVAN	567	00:25:37.05	08:15	28/201	, ,
4/9	DUECK, TRAVIS	547	00:27:12.25	08:46	38/201	, ,
5/9	KAWASAKI, KENTO	580	00:27:53.90	08:59	41/201	, ,
6/9	YANAGISAWA, HIROKI	711	00:28:07.10	09:04	44/201	, ,
7/9	BOWIE, MARK	803	00:31:33.10	10:10	73/201	, ,
8/9	MCCLUNG, STERLING	605	00:36:48.15	11:52	118/201	, ,
9/9	THOMPSON, ANDREW	680	00:54:18.15	17:30	183/201	, ,

5K30-39F - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/28	WAKALUK, TRACY	692	00:21:44.60	07:00	7/201	, ,
2/28	RATUDRADRA, RENEE	647	00:23:14.55	07:29	13/201	, ,
3/28	WOODMAN, JACKIE	708	00:23:33.80	07:35	15/201	, ,
4/28	MATWE, JANINE	603	00:24:55.65	08:02	18/201	, ,
5/28	WIENS, CHARMAINE	698	00:25:15.70	08:08	22/201	, ,
6/28	MCCLUNG, ANGELA	604	00:25:22.55	08:10	25/201	, ,
7/28	FRENETTE, JODY	566	00:27:24.55	08:50	40/201	, ,
8/28	MARTY, JOCELYN	600	00:28:10.15	09:05	46/201	, ,
9/28	POLLICE, BARBARA	644	00:28:43.35	09:15	50/201	, ,
10/28	CONRAD, DARICE	525	00:28:51.45	09:18	53/201	, ,
11/28	STACHERUK, SUSAN	674	00:30:10.55	09:43	65/201	, ,
12/28	BOND, REBECCA	511	00:30:31.70	09:50	67/201	, ,
13/28	LOOSE, THEA	593	00:31:09.20	10:02	71/201	, ,
14/28	LEE, EUNYOUNG	588	00:31:37.65	10:11	75/201	, ,
15/28	BLACK, JODIE	717	00:32:16.95	10:24	84/201	LETH., AB., CANADA
16/28	NEUMEIER, MELISSA	630	00:32:54.60	10:36	93/201	, ,
17/28	ALBIZZATI, TARYN	502	00:32:59.75	10:38	94/201	, ,
18/28	CREASON, ASHLEE	527	00:33:59.20	10:57	99/201	, ,
19/28	DUQUETTE, LAURIE	549	00:34:08.15	11:00	100/201	, ,
20/28	KINDRAT, TANYA	581	00:34:55.55	11:15	106/201	, ,
21/28	LOOSE, TAMMY	592	00:35:55.05	11:35	112/201	, ,
22/28	SIGSWORTH, JENNIFER	667	00:37:11.95	11:59	120/201	, ,
23/28	DODDS, SASHA	545	00:42:35.55	13:44	143/201	, ,
24/28	FAIRBROTHER, NATALIE	559	00:42:44.40	13:47	145/201	, ,
25/28	PHARIS, LEONA	635	00:43:17.80	13:57	147/201	, ,

Category Results

5K - 3.1 Miles

5K30-39F - 28 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
26/28	SCHWINDT, TANYA	663	00:46:44.70	15:04	159/201	, ,
27/28	RECK, ANGEL	719	00:47:48.10	15:25	166/201	LETH, AB,
28/28	PLOSZ, CORI	642	01:02:23.45	20:07	197/201	, ,

5K30-39M - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	KLOSS, KENDALL	583	00:18:28.25	05:57	1/201	, ,
2/13	CONRAD, MARTIN	526	00:20:28.55	06:36	4/201	, ,
3/13	MONTY, ARON	622	00:20:49.15	06:42	6/201	, ,
4/13	WOODMAN, PETER	709	00:23:24.50	07:32	14/201	, ,
5/13	WIENS, ANDREW	697	00:25:16.05	08:09	23/201	, ,
6/13	BLACK, JAMES	716	00:25:21.55	08:10	24/201	LETH., AB., CANADA
7/13	TOLHURST, MIKE	687	00:26:31.35	08:33	34/201	, ,
8/13	CREASON, JAMIE	529	00:28:18.05	09:07	48/201	, ,
9/13	SMITHIES, NEIL	672	00:29:10.00	09:24	57/201	, ,
10/13	SMITH, JASON	670	00:31:34.15	10:10	74/201	, ,
11/13	PLOSZ, BRENDAN	641	00:35:11.05	11:20	108/201	, ,
12/13	SCHWINDT, JON	662	00:37:09.90	11:59	119/201	, ,
13/13	DODDS, JOHN	544	00:42:15.55	13:37	142/201	, ,

5K40-49F - 27 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/27	WOCKNITZ, LYNN	707	00:24:22.05	07:51	16/201	, ,
2/27	TENNANT, SANDRA	678	00:25:33.85	08:14	27/201	, ,
3/27	WAKALUK-YANCO, KATHY	693	00:26:12.30	08:27	32/201	, ,
4/27	PORTER, JUDY	645	00:29:02.50	09:21	55/201	, ,
5/27	WILSON, TAMMIE	703	00:30:03.85	09:41	63/201	, ,
6/27	CHEN, WENDY	520	00:32:24.60	10:27	86/201	, ,
7/27	TKACHUK, COLLEEN	682	00:32:48.50	10:34	92/201	, ,
8/27	ENZSOL, LINDA	553	00:33:00.70	10:38	95/201	, ,
9/27	ACHESON, SHELLY	500	00:33:47.65	10:53	97/201	, ,
10/27	CLARINGBULL, LESLIE	522	00:34:17.50	11:03	101/201	, ,
11/27	MONK, SHARON	621	00:35:38.35	11:29	111/201	, ,
12/27	BURNEY, GERI	516	00:36:25.35	11:44	117/201	, ,
13/27	SITTER, SANDRA	668	00:38:16.45	12:20	127/201	, ,
14/27	CERNEY, LINDA	517	00:38:23.40	12:22	128/201	, ,
15/27	COLLINGS, MICHEAL	524	00:39:05.10	12:36	130/201	, ,
16/27	LEHR, KARI	589	00:40:57.05	13:12	137/201	, ,
17/27	PITT, MICHELE	640	00:41:28.20	13:22	141/201	, ,
18/27	BOURLON, BONITA	513	00:44:40.85	14:24	151/201	, ,
19/27	ROBUTKA, KERRY	654	00:45:37.25	14:42	152/201	, ,
20/27	HIRONIMUS, CLAUDETTE	577	00:48:26.75	15:37	167/201	, ,
21/27	DAVIS, DEBBIE	534	00:48:27.20	15:37	168/201	, ,
22/27	FLANNERY, TERRY	564	00:52:37.15	16:58	173/201	, ,
23/27	HANNA, JAMIE	573	00:54:02.65	17:25	181/201	, ,
24/27	LAYNG, DIANE	587	00:54:29.75	17:34	185/201	, ,
25/27	BODIE, LEY	509	00:54:30.05	17:34	186/201	, ,
26/27	MORRISH, MELANIE	626	00:57:59.70	18:42	192/201	, ,
27/27	DOBER-KOINBERG, MICHELLE	823	01:16:39.00	24:43	201/201	, ,

5K40-49M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/15	WELSH, CAMERON	696	00:21:59.45	07:05	9/201	, ,
2/15	BOND, COLIN	510	00:25:05.00	08:05	20/201	, ,
3/15	DERKSEN, JOHN	538	00:25:22.70	08:10	26/201	, ,
4/15	DESJARLAIS, DENIS	540	00:25:42.50	08:17	29/201	, ,
5/15	FOMRADAS, ADAM	565	00:26:31.05	08:33	33/201	, ,
6/15	SAJE, ANDREW	658	00:27:20.35	08:49	39/201	, ,
7/15	YANKE, JAY	712	00:28:54.95	09:19	54/201	, ,
8/15	MILFORD, RICHARD	615	00:34:46.80	11:12	105/201	, ,
9/15	MONK, KEN	620	00:35:37.70	11:29	110/201	, ,
10/15	BURNEY, GARY	515	00:39:51.10	12:51	135/201	, ,
11/15	TKACHUK, ROB	685	00:42:46.80	13:47	146/201	, ,
12/15	PITT, DONALD	639	00:47:47.50	15:24	164/201	, ,
13/15	WARD, DEAN	695	00:48:45.45	15:43	170/201	, ,

Category Results

5K - 3.1 Miles

5K40-49M - 15 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
14/15	MORRISH, GORDON	624	00:52:51.95	17:03	175/201	,,
15/15	MAHIEUX, RAY	597	00:53:23.15	17:13	180/201	,,

5K50-59F - 13 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/13	GOODREAU, CAROLE	568	00:24:23.95	07:52	17/201	,,
2/13	SCIARRA, JUDY	665	00:29:47.30	09:36	60/201	,,
3/13	BOND, RHONDA	512	00:30:05.95	09:42	64/201	,,
4/13	NICHOLSON, KAREN	631	00:36:05.00	11:38	113/201	,,
5/13	THRESHER, ANN	681	00:41:28.05	13:22	140/201	,,
6/13	AUBIN, LALONIE	506	00:43:48.20	14:07	150/201	,,
7/13	BURKLE, BRIDGETTE	514	00:45:37.85	14:42	153/201	,,
8/13	RINALDI, BECKY	650	00:46:34.05	15:01	157/201	,,
9/13	DYKSTRA, KAREN	551	00:46:53.55	15:07	161/201	,,
10/13	MCKINLAY, DEBBIE	607	00:50:32.35	16:18	171/201	,,
11/13	AUBIN, GEORGINA	505	00:52:54.90	17:03	177/201	,,
12/13	DAVIDSON, CHRIS	532	00:54:27.90	17:33	184/201	,,
13/13	ROMNEY, LOIS	655	00:54:30.50	17:34	187/201	,,

5K50-59M - 5 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/5	ROBINSON, AL	653	00:20:05.55	06:28	3/201	,,
2/5	SKINNER, DAVE	669	00:28:40.45	09:14	49/201	,,
3/5	SCIARRA, JOHN	664	00:29:47.50	09:36	61/201	,,
4/5	KUHL, GREG	585	00:30:23.35	09:48	66/201	,,
5/5	HANNA, BARRY	572	00:54:02.90	17:25	182/201	,,

5K60-69F - 8 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/8	STRINGER, ELEANOR	675	00:32:43.50	10:33	90/201	,,
2/8	EVANS, CAROLYN	555	00:36:12.15	11:40	114/201	,,
3/8	GROAT, SHARON	570	00:39:39.85	12:47	133/201	,,
4/8	DUQUETTE, HOPE	548	00:40:14.45	12:58	136/201	,,
5/8	HAM, MARILYN	571	00:45:54.25	14:48	154/201	,,
6/8	MARTY, LOIS	601	00:52:54.00	17:03	176/201	,,
7/8	PICHURSKI, PAT	636	00:59:30.70	19:11	193/201	,,
8/8	MCCUTCHEON, SUSAN	606	00:59:31.45	19:11	194/201	,,

5K60-69M - 3 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/3	WIENS, STAN	700	00:32:19.65	10:25	85/201	,,
2/3	RINALDI, JERRY	651	00:46:57.70	15:08	163/201	,,
3/3	AUBIN, GASTON	504	00:48:44.90	15:43	169/201	,,

5K70+M - 2 Competitors

Cat	Name	Bib #	Time	Pace	O/A	City:
1/2	MARTY, WAYNE	602	00:52:55.75	17:04	178/201	,,
2/2	STACHERUK, MICHAEL	673	00:52:56.00	17:04	179/201	,,