

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/123	WAKALUK, TRACY	692	00:21:44.60	07:00	5K30-39F	1/28	7/201	,,
2/123	RATUDRADRA, ALISI	646	00:22:38.70	07:18	5K12&UF	1/15	11/201	,,
3/123	RATUDRADRA, RENEE	647	00:23:14.55	07:29	5K30-39F	2/28	13/201	,,
4/123	WOODMAN, JACKIE	708	00:23:33.80	07:35	5K30-39F	3/28	15/201	,,
5/123	WOCKNITZ, LYNN	707	00:24:22.05	07:51	5K40-49F	1/27	16/201	,,
6/123	GOODREAU, CAROLE	568	00:24:23.95	07:52	5K50-59F	1/13	17/201	,,
7/123	MATWE, JANINE	603	00:24:55.65	08:02	5K30-39F	4/28	18/201	,,
8/123	WIENS, CHARMAINE	698	00:25:15.70	08:08	5K30-39F	5/28	22/201	,,
9/123	MCCLUNG, ANGELA	604	00:25:22.55	08:10	5K30-39F	6/28	25/201	,,
10/123	TENNANT, SANDRA	678	00:25:33.85	08:14	5K40-49F	2/27	27/201	,,
11/123	WOCKNITZ, ELISE	705	00:25:44.15	08:18	5K13-18F	1/11	30/201	,,
12/123	WAKALUK-YANCO, KATHY	693	00:26:12.30	08:27	5K40-49F	3/27	32/201	,,
13/123	FRENETTE, JODY	566	00:27:24.55	08:50	5K30-39F	7/28	40/201	,,
14/123	DEMARTINI, KAYLA	535	00:27:57.70	09:00	5K19-29F	1/21	42/201	,,
15/123	FLANNERY, MEAGHAN	562	00:27:57.90	09:00	5K13-18F	2/11	43/201	,,
16/123	TETACHUK, DANIELLE	679	00:28:08.70	09:04	5K19-29F	2/21	45/201	,,
17/123	MARTY, JOCELYN	600	00:28:10.15	09:05	5K30-39F	8/28	46/201	,,
18/123	POLLICE, BARBARA	644	00:28:43.35	09:15	5K30-39F	9/28	50/201	,,
19/123	SHINOKI, NOBUE	666	00:28:45.85	09:16	5K19-29F	3/21	52/201	,,
20/123	CONRAD, DARICE	525	00:28:51.45	09:18	5K30-39F	10/28	53/201	,,
21/123	PORTER, JUDY	645	00:29:02.50	09:21	5K40-49F	4/27	55/201	,,
22/123	CYTKO, KYLA	531	00:29:14.55	09:25	5K19-29F	4/21	59/201	,,
23/123	SCIARRA, JUDY	665	00:29:47.30	09:36	5K50-59F	2/13	60/201	,,
24/123	WILSON, TAMMIE	703	00:30:03.85	09:41	5K40-49F	5/27	63/201	,,
25/123	BOND, RHONDA	512	00:30:05.95	09:42	5K50-59F	3/13	64/201	,,
26/123	STACHERUK, SUSAN	674	00:30:10.55	09:43	5K30-39F	11/28	65/201	,,
27/123	BOND, REBECCA	511	00:30:31.70	09:50	5K30-39F	12/28	67/201	,,
28/123	VIROSTEK, DAWN	691	00:30:36.75	09:52	5K19-29F	5/21	68/201	,,
29/123	RIVIERE, SHANNON	652	00:30:54.25	09:58	5K19-29F	6/21	70/201	,,
30/123	LOOSE, THEA	593	00:31:09.20	10:02	5K30-39F	13/28	71/201	,,
31/123	LEE, EUNYOUNG	588	00:31:37.65	10:11	5K30-39F	14/28	75/201	,,
32/123	DIXON, TEAGAN	543	00:31:49.95	10:16	5K12&UF	2/15	77/201	,,
33/123	CHEN, SARAH	519	00:31:55.50	10:17	5K12&UF	3/15	78/201	,,
34/123	DAVIS, CHLOE	533	00:31:58.45	10:18	5K12&UF	4/15	80/201	,,
35/123	DERKSEN, CRISTYN	537	00:32:07.15	10:21	5K13-18F	3/11	81/201	,,
36/123	KING, LESLIE	582	00:32:10.90	10:22	5K19-29F	7/21	82/201	,,
37/123	BLACK, JODIE	717	00:32:16.95	10:24	5K30-39F	15/28	84/201	LETH., AB., CANADA
38/123	CHEN, WENDY	520	00:32:24.60	10:27	5K40-49F	6/27	86/201	,,
39/123	SAWCHUCK, JESIKA	659	00:32:33.75	10:30	5K19-29F	8/21	87/201	,,
40/123	TKACHUK, SHANNON	686	00:32:33.95	10:30	5K12&UF	5/15	88/201	,,
41/123	STRINGER, ELEANOR	675	00:32:43.50	10:33	5K60-69F	1/8	90/201	,,
42/123	STRINGER, KATIE	676	00:32:43.55	10:33	5K19-29F	9/21	91/201	,,
43/123	TKACHUK, COLLEEN	682	00:32:48.50	10:34	5K40-49F	7/27	92/201	,,
44/123	NEUMEIER, MELISSA	630	00:32:54.60	10:36	5K30-39F	16/28	93/201	,,
45/123	ALBIZZATI, TARYN	502	00:32:59.75	10:38	5K30-39F	17/28	94/201	,,
46/123	ENZSOL, LINDA	553	00:33:00.70	10:38	5K40-49F	8/27	95/201	,,
47/123	ACHESON, SHELLEY	500	00:33:47.65	10:53	5K40-49F	9/27	97/201	,,
48/123	CREASON, JESSICA	530	00:33:58.80	10:57	5K13-18F	4/11	98/201	,,
49/123	CREASON, ASHLEE	527	00:33:59.20	10:57	5K30-39F	18/28	99/201	,,
50/123	DUQUETTE, LAURIE	549	00:34:08.15	11:00	5K30-39F	19/28	100/201	,,
51/123	CLARINGBULL, LESLIE	522	00:34:17.50	11:03	5K40-49F	10/27	101/201	,,
52/123	DERKSEN, CARLYN	536	00:34:25.10	11:06	5K19-29F	10/21	102/201	,,
53/123	TOWNSEND, JILL	688	00:34:40.15	11:10	5K13-18F	5/11	103/201	,,
54/123	MILFORD, SADY	616	00:34:46.15	11:12	5K12&UF	6/15	104/201	,,
55/123	KINDRAT, TANYA	581	00:34:55.55	11:15	5K30-39F	20/28	106/201	,,

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
56/123	DIBBEN, CHARLENE	541	00:35:07.80	11:19	5K19-29F	11/21	107/201	,,
57/123	MARTIN, BRIANNE	599	00:35:34.80	11:28	5K19-29F	12/21	109/201	,,
58/123	MONK, SHARON	621	00:35:38.35	11:29	5K40-49F	11/27	111/201	,,
59/123	LOOSE, TAMMY	592	00:35:55.05	11:35	5K30-39F	21/28	112/201	,,
60/123	NICHOLSON, KAREN	631	00:36:05.00	11:38	5K50-59F	4/13	113/201	,,
61/123	EVANS, CAROLYN	555	00:36:12.15	11:40	5K60-69F	2/8	114/201	,,
62/123	WILIAMS, HAYLEE	701	00:36:18.85	11:42	5K12&UF	7/15	115/201	,,
63/123	BURNEY, GERI	516	00:36:25.35	11:44	5K40-49F	12/27	117/201	,,
64/123	SIGSWORTH, JENNIFER	667	00:37:11.95	11:59	5K30-39F	22/28	120/201	,,
65/123	PATON, KESTREL	633	00:37:32.05	12:06	5K13-18F	6/11	121/201	,,
66/123	MICHALSKY, SHANEL	613	00:37:32.35	12:06	5K19-29F	13/21	122/201	,,
67/123	WILIAMS, SAMANTHA	702	00:37:32.45	12:06	5K12&UF	8/15	123/201	,,
68/123	ROTHLIN, MAEVE	657	00:37:32.80	12:06	5K12&UF	9/15	124/201	,,
69/123	WISNIEWSKI, EVA	704	00:38:01.20	12:15	5K19-29F	14/21	126/201	,,
70/123	SITTER, SANDRA	668	00:38:16.45	12:20	5K40-49F	13/27	127/201	,,
71/123	CERNEY, LINDA	517	00:38:23.40	12:22	5K40-49F	14/27	128/201	,,
72/123	DYKSTRA, JENNA	550	00:38:35.15	12:26	5K19-29F	15/21	129/201	,,
73/123	COLLINGS, MICHEAL	524	00:39:05.10	12:36	5K40-49F	15/27	130/201	,,
74/123	FAIRBROTHER-SKINNER, MACKENZIE	501	00:39:28.40	12:43	5K12&UF	10/15	131/201	,,
75/123	GROAT, SHARON	570	00:39:39.85	12:47	5K60-69F	3/8	133/201	,,
76/123	TKACHUK, ELENA	683	00:39:42.70	12:48	5K12&UF	11/15	134/201	,,
77/123	DUQUETTE, HOPE	548	00:40:14.45	12:58	5K60-69F	4/8	136/201	,,
78/123	LEHR, KARI	589	00:40:57.05	13:12	5K40-49F	16/27	137/201	,,
79/123	LAUGHLIN, EMELIA	586	00:41:04.15	13:14	5K19-29F	16/21	138/201	,,
80/123	GOSS, GINA	569	00:41:20.35	13:20	5K19-29F	17/21	139/201	,,
81/123	THRESHER, ANN	681	00:41:28.05	13:22	5K50-59F	5/13	140/201	,,
82/123	PITT, MICHELE	640	00:41:28.20	13:22	5K40-49F	17/27	141/201	,,
83/123	DODDS, SASHA	545	00:42:35.55	13:44	5K30-39F	23/28	143/201	,,
84/123	TKACHUK, MEAGHAN	684	00:42:43.95	13:47	5K12&UF	12/15	144/201	,,
85/123	FAIRBROTHER, NATALIE	559	00:42:44.40	13:47	5K30-39F	24/28	145/201	,,
86/123	PHARIS, LEONA	635	00:43:17.80	13:57	5K30-39F	25/28	147/201	,,
87/123	PHARIS, ALINA	634	00:43:17.80	13:57	5K12&UF	13/15	148/201	,,
88/123	AUBIN, LALONIE	506	00:43:48.20	14:07	5K50-59F	6/13	150/201	,,
89/123	BOURLON, BONITA	513	00:44:40.85	14:24	5K40-49F	18/27	151/201	,,
90/123	ROBUTKA, KERRY	654	00:45:37.25	14:42	5K40-49F	19/27	152/201	,,
91/123	BURKLE, BRIDGETTE	514	00:45:37.85	14:42	5K50-59F	7/13	153/201	,,
92/123	HAM, MARILYN	571	00:45:54.25	14:48	5K60-69F	5/8	154/201	,,
93/123	RINALDI, BECKY	650	00:46:34.05	15:01	5K50-59F	8/13	157/201	,,
94/123	MACIEJEWSKI, JESSICA	594	00:46:44.10	15:04	5K19-29F	18/21	158/201	,,
95/123	SCHWINDT, TANYA	663	00:46:44.70	15:04	5K30-39F	26/28	159/201	,,
96/123	MACKENZIE, JERI-LYN	596	00:46:53.15	15:07	5K13-18F	7/11	160/201	,,
97/123	DYKSTRA, KAREN	551	00:46:53.55	15:07	5K50-59F	9/13	161/201	,,
98/123	DESHARNAIS, RACHEL	539	00:46:53.55	15:07	5K19-29F	19/21	162/201	,,
99/123	RECK, ANGEL	719	00:47:48.10	15:25	5K30-39F	27/28	166/201	LETH, AB,
100/123	HIRONIMUS, CLAUDETTE	577	00:48:26.75	15:37	5K40-49F	20/27	167/201	,,
101/123	DAVIS, DEBBIE	534	00:48:27.20	15:37	5K40-49F	21/27	168/201	,,
102/123	MCKINLAY, DEBBIE	607	00:50:32.35	16:18	5K50-59F	10/13	171/201	,,
103/123	ROTHLIN, CHLOE	656	00:50:55.75	16:25	5K13-18F	8/11	172/201	,,
104/123	FLANNERY, TERRY	564	00:52:37.15	16:58	5K40-49F	22/27	173/201	,,
105/123	MORRISH, SARA	627	00:52:37.20	16:58	5K12&UF	14/15	174/201	,,
106/123	MARTY, LOIS	601	00:52:54.00	17:03	5K60-69F	6/8	176/201	,,
107/123	AUBIN, GEORGINA	505	00:52:54.90	17:03	5K50-59F	11/13	177/201	,,
108/123	HANNA, JAMIE	573	00:54:02.65	17:25	5K40-49F	23/27	181/201	,,
109/123	DAVIDSON, CHRIS	532	00:54:27.90	17:33	5K50-59F	12/13	184/201	,,
110/123	LAYNG, DIANE	587	00:54:29.75	17:34	5K40-49F	24/27	185/201	,,

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
111/123	BODIE, LEY	509	00:54:30.05	17:34	5K40-49F	25/27	186/201	,,
112/123	ROMNEY, LOIS	655	00:54:30.50	17:34	5K50-59F	13/13	187/201	,,
113/123	FAIRBROTHER, ADRIANA	557	00:56:52.95	18:20	5K13-18F	9/11	188/201	,,
114/123	MORRISH, EMILEE	623	00:57:58.10	18:41	5K13-18F	10/11	190/201	,,
115/123	MORRISH, MELANIE	626	00:57:59.70	18:42	5K40-49F	26/27	192/201	,,
116/123	PICHURSKI, PAT	636	00:59:30.70	19:11	5K60-69F	7/8	193/201	,,
117/123	MCCUTCHEON, SUSAN	606	00:59:31.45	19:11	5K60-69F	8/8	194/201	,,
118/123	FALLER, LEONA	595	01:02:04.70	20:01	5K19-29F	20/21	195/201	,,
119/123	MITCHELL, KADENCE	617	01:02:23.15	20:07	5K12&UF	15/15	196/201	,,
120/123	PLOSZ, CORI	642	01:02:23.45	20:07	5K30-39F	28/28	197/201	,,
121/123	HILL, LAURA	576	01:07:10.65	21:40	5K19-29F	21/21	199/201	,,
122/123	HILL, KRISTA-LYNN	575	01:07:13.05	21:40	5K13-18F	11/11	200/201	,,
123/123	DOBER-KOINBERG, MICHELLE	823	01:16:39.00	24:43	5K40-49F	27/27	201/201	,,

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
1/78	KLOSS, KENDALL	583	00:18:28.25	05:57	5K30-39M	1/13	1/201	,,
2/78	ISHIHARA, TAKEAKI	579	00:19:31.65	06:17	5K19-29M	1/9	2/201	,,
3/78	ROBINSON, AL	653	00:20:05.55	06:28	5K50-59M	1/5	3/201	,,
4/78	CONRAD, MARTIN	526	00:20:28.55	06:36	5K30-39M	2/13	4/201	,,
5/78	MIYATAKE, YUTA	619	00:20:44.90	06:41	5K13-18M	1/17	5/201	,,
6/78	MONTY, ARON	622	00:20:49.15	06:42	5K30-39M	3/13	6/201	,,
7/78	WOCKNITZ, JESSE	706	00:21:49.95	07:02	5K13-18M	2/17	8/201	,,
8/78	WELSH, CAMERON	696	00:21:59.45	07:05	5K40-49M	1/15	9/201	,,
9/78	DIBBEN, MITCHEL	542	00:22:29.10	07:15	5K19-29M	2/9	10/201	,,
10/78	RATUDRADRA, ZION	648	00:22:57.30	07:24	5K12&UM	1/14	12/201	,,
11/78	WOODMAN, PETER	709	00:23:24.50	07:32	5K30-39M	4/13	14/201	,,
12/78	YANKO, MORGAN	713	00:25:01.90	08:04	5K13-18M	3/17	19/201	,,
13/78	BOND, COLIN	510	00:25:05.00	08:05	5K40-49M	2/15	20/201	,,
14/78	NAKAZAWA, RYOJI	629	00:25:14.35	08:08	5K13-18M	4/17	21/201	,,
15/78	WIENS, ANDREW	697	00:25:16.05	08:09	5K30-39M	5/13	23/201	,,
16/78	BLACK, JAMES	716	00:25:21.55	08:10	5K30-39M	6/13	24/201	LETH., AB., CANADA
17/78	DERKSEN, JOHN	538	00:25:22.70	08:10	5K40-49M	3/15	26/201	,,
18/78	GOESEELS, EVAN	567	00:25:37.05	08:15	5K19-29M	3/9	28/201	,,
19/78	DESJARLAIS, DENIS	540	00:25:42.50	08:17	5K40-49M	4/15	29/201	,,
20/78	YOSHIDA, SHIRO	714	00:25:47.70	08:19	5K13-18M	5/17	31/201	,,
21/78	FOMRADAS, ADAM	565	00:26:31.05	08:33	5K40-49M	5/15	33/201	,,
22/78	TOLHURST, MIKE	687	00:26:31.35	08:33	5K30-39M	7/13	34/201	,,
23/78	SMITHIES, DONOVAN	671	00:26:37.50	08:35	5K12&UM	2/14	35/201	,,
24/78	ONJI, MAO	632	00:27:00.10	08:42	5K13-18M	6/17	36/201	,,
25/78	EVANS, TUCKER	556	00:27:03.30	08:43	5K12&UM	3/14	37/201	,,
26/78	DUECK, TRAVIS	547	00:27:12.25	08:46	5K19-29M	4/9	38/201	,,
27/78	SAJE, ANDREW	658	00:27:20.35	08:49	5K40-49M	6/15	39/201	,,
28/78	KAWASAKI, KENTO	580	00:27:53.90	08:59	5K19-29M	5/9	41/201	,,
29/78	YANAGISAWA, HIROKI	711	00:28:07.10	09:04	5K19-29M	6/9	44/201	,,
30/78	KOBAYASHI, WATARU	584	00:28:11.95	09:05	5K13-18M	7/17	47/201	,,
31/78	CREASON, JAMIE	529	00:28:18.05	09:07	5K30-39M	8/13	48/201	,,
32/78	SKINNER, DAVE	669	00:28:40.45	09:14	5K50-59M	2/5	49/201	,,
33/78	NAKAMURA, YUKI	628	00:28:43.60	09:15	5K13-18M	8/17	51/201	,,
34/78	YANKE, JAY	712	00:28:54.95	09:19	5K40-49M	7/15	54/201	,,
35/78	TAKASHIMA, NOBUAKI	677	00:29:09.65	09:24	5K13-18M	9/17	56/201	,,
36/78	SMITHIES, NEIL	672	00:29:10.00	09:24	5K30-39M	9/13	57/201	,,
37/78	CLARINGBULL, BRAEDEN	521	00:29:14.55	09:25	5K13-18M	10/17	58/201	,,
38/78	SCIARRA, JOHN	664	00:29:47.50	09:36	5K50-59M	3/5	61/201	,,
39/78	CREASON, DAYLON	528	00:29:56.50	09:39	5K12&UM	4/14	62/201	,,
40/78	KUHL, GREG	585	00:30:23.35	09:48	5K50-59M	4/5	66/201	,,
41/78	YOSHIYUKI, FUJITATE	715	00:30:43.55	09:54	5K13-18M	11/17	69/201	,,
42/78	CHEN, PAUL	518	00:31:31.10	10:10	5K12&UM	5/14	72/201	,,
43/78	BOWIE, MARK	803	00:31:33.10	10:10	5K19-29M	7/9	73/201	,,
44/78	SMITH, JASON	670	00:31:34.15	10:10	5K30-39M	10/13	74/201	,,
45/78	MALCOLM, RYAN	598	00:31:40.85	10:12	5K13-18M	12/17	76/201	,,
46/78	MILFORD, NATHAN	614	00:31:56.10	10:18	5K12&UM	6/14	79/201	,,
47/78	SMITH, COLBY	718	00:32:16.90	10:24	5K12&UM	7/14	83/201	WILLIAMS LAKE, B.C.,
48/78	WIENS, STAN	700	00:32:19.65	10:25	5K60-69M	1/3	85/201	,,
49/78	HATTA, SHINGO	574	00:32:35.35	10:30	5K13-18M	13/17	89/201	,,
50/78	YAGO, RAIKO	710	00:33:35.10	10:50	5K13-18M	14/17	96/201	,,
51/78	MILFORD, RICHARD	615	00:34:46.80	11:12	5K40-49M	8/15	105/201	,,
52/78	PLOSZ, BRENDAN	641	00:35:11.05	11:20	5K30-39M	11/13	108/201	,,
53/78	MONK, KEN	620	00:35:37.70	11:29	5K40-49M	9/15	110/201	,,
54/78	SAXON, DOMINICK	660	00:36:18.95	11:42	5K12&UM	8/14	116/201	,,
55/78	MCCLUNG, STERLING	605	00:36:48.15	11:52	5K19-29M	8/9	118/201	,,

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace	Category	Cat	O/A	City
56/78	SCHWINDT, JON	662	00:37:09.90	11:59	5K30-39M	12/13	119/201	,,
57/78	HOTTA, YOHI	578	00:37:54.20	12:13	5K13-18M	15/17	125/201	,,
58/78	WALTER, BEAU	694	00:39:37.05	12:46	5K12&UM	9/14	132/201	,,
59/78	BURNEY, GARY	515	00:39:51.10	12:51	5K40-49M	10/15	135/201	,,
60/78	DODDS, JOHN	544	00:42:15.55	13:37	5K30-39M	13/13	142/201	,,
61/78	TKACHUK, ROB	685	00:42:46.80	13:47	5K40-49M	11/15	146/201	,,
62/78	FLANNERY, SHAWN	563	00:43:31.85	14:02	5K12&UM	10/14	149/201	,,
63/78	MITCHELL, TAYLOR	618	00:46:32.95	15:00	5K12&UM	11/14	155/201	,,
64/78	PITT, CONNOR	638	00:46:33.95	15:01	5K12&UM	12/14	156/201	,,
65/78	RINALDI, JERRY	651	00:46:57.70	15:08	5K60-69M	2/3	163/201	,,
66/78	PITT, DONALD	639	00:47:47.50	15:24	5K40-49M	12/15	164/201	,,
67/78	PITT, COLIN	637	00:47:47.55	15:24	5K12&UM	13/14	165/201	,,
68/78	AUBIN, GASTON	504	00:48:44.90	15:43	5K60-69M	3/3	169/201	,,
69/78	WARD, DEAN	695	00:48:45.45	15:43	5K40-49M	13/15	170/201	,,
70/78	MORRISH, GORDON	624	00:52:51.95	17:03	5K40-49M	14/15	175/201	,,
71/78	MARTY, WAYNE	602	00:52:55.75	17:04	5K70+M	1/2	178/201	,,
72/78	STACHERUK, MICHAEL	673	00:52:56.00	17:04	5K70+M	2/2	179/201	,,
73/78	MAHIEUX, RAY	597	00:53:23.15	17:13	5K40-49M	15/15	180/201	,,
74/78	HANNA, BARRY	572	00:54:02.90	17:25	5K50-59M	5/5	182/201	,,
75/78	THOMPSON, ANDREW	680	00:54:18.15	17:30	5K19-29M	9/9	183/201	,,
76/78	FAIRBROTHER, JOHN	558	00:57:57.95	18:41	5K13-18M	16/17	189/201	,,
77/78	MORRISH, MATTHEW	625	00:57:58.45	18:41	5K13-18M	17/17	191/201	,,
78/78	PLOZ, REED	643	01:02:24.20	20:07	5K12&UM	14/14	198/201	,,