

Category Results

5K - 3.1 Miles

5K12&UF - 3 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|--------------------|---------|-------------|-------|-------------|
| 1/3 | 38/234 | 1710 | HELLARD, JAMIE LEE | 5K12&UF | 00:26:43.35 | 08:37 | 00:26:40.00 |
| 2/3 | 85/234 | 1592 | MARINE, PAIGE | 5K12&UF | 00:32:04.45 | 10:20 | 00:31:37.10 |
| 3/3 | 112/234 | 1702 | PARISH, KAITY | 5K12&UF | 00:33:37.45 | 10:50 | 00:32:30.60 |

5K12&UM - 10 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|-----------------|---------|-------------|-------|-------------|
| 1/10 | 40/234 | 1483 | BOULTER, DANIEL | 5K12&UM | 00:27:14.70 | 08:47 | 00:26:20.80 |
| 2/10 | 50/234 | 1650 | SLAPMAN, KIERAN | 5K12&UM | 00:28:30.85 | 09:11 | 00:27:27.45 |
| 3/10 | 52/234 | 1652 | SLAPMAN, RYLAN | 5K12&UM | 00:28:36.40 | 09:13 | 00:27:33.60 |
| 4/10 | 53/234 | 1639 | ROSSITER, HENRY | 5K12&UM | 00:28:49.75 | 09:18 | 00:28:07.85 |
| 5/10 | 110/234 | 1631 | RAMSAY, ROBSON | 5K12&UM | 00:33:36.15 | 10:50 | 00:32:12.70 |
| 6/10 | 119/234 | 1719 | POCALAN, KARL | 5K12&UM | 00:34:44.65 | 11:12 | 00:33:45.65 |
| 7/10 | 127/234 | 1480 | BLASETTI, ETHAN | 5K12&UM | 00:35:21.60 | 11:24 | 00:34:23.25 |
| 8/10 | 134/234 | 1502 | MURPHY, CORMIC | 5K12&UM | 00:35:59.00 | 11:36 | 00:34:49.00 |
| 9/10 | 176/234 | 1496 | CARTER, HARRY | 5K12&UM | 00:40:19.55 | 13:00 | 00:39:03.45 |
| 10/10 | 178/234 | 1740 | WARDROPE, ADAM | 5K12&UM | 00:40:35.20 | 13:05 | 00:36:49.40 |

5K13-19F - 9 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|------------------|----------|-------------|-------|-------------|
| 1/9 | 9/234 | 1641 | SAMYN, VICTORIA | 5K13-19F | 00:19:59.45 | 06:26 | 00:19:57.95 |
| 2/9 | 11/234 | 1598 | MCAVOY, SHANNON | 5K13-19F | 00:20:46.20 | 06:41 | 00:20:42.55 |
| 3/9 | 32/234 | 1704 | WALC, AZALEA | 5K13-19F | 00:25:59.50 | 08:23 | 00:25:50.85 |
| 4/9 | 44/234 | 1597 | MARTIN, LYNSEY | 5K13-19F | 00:27:30.90 | 08:52 | 00:21:53.40 |
| 5/9 | 89/234 | 1703 | PARISH, KARLEE | 5K13-19F | 00:32:26.20 | 10:27 | 00:31:18.70 |
| 6/9 | 103/234 | 1724 | MCCOLL, ALISON | 5K13-19F | 00:33:08.60 | 10:41 | 00:32:45.25 |
| 7/9 | 109/234 | 1630 | RAMSAY, ANNI | 5K13-19F | 00:33:35.85 | 10:50 | 00:32:12.65 |
| 8/9 | 148/234 | 1628 | QUINN, MADELEINE | 5K13-19F | 00:37:23.20 | 12:03 | 00:36:23.80 |
| 9/9 | 209/234 | 1604 | MCLEAN, KATIE | 5K13-19F | 00:45:36.70 | 14:42 | 00:44:25.00 |

5K13-19M - 1 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|--------|-------|---------------|----------|-------------|-------|-------------|
| 1/1 | 65/234 | 1489 | BROVKIN, MARK | 5K13-19M | 00:30:02.75 | 09:41 | 00:28:53.55 |

5K20-29F - 35 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|---------------------------|----------|-------------|-------|-------------|
| 1/35 | 7/234 | 1688 | WILLIAMS, MADELEINE | 5K20-29F | 00:19:48.25 | 06:23 | 00:19:46.55 |
| 2/35 | 21/234 | 1596 | MARSHALL, KIRSTEN | 5K20-29F | 00:24:01.40 | 07:44 | 00:23:03.85 |
| 3/35 | 30/234 | 1619 | NEUFELD, LINDSAY | 5K20-29F | 00:25:21.15 | 08:10 | 00:25:15.85 |
| 4/35 | 33/234 | 1734 | VAN SANT, LEAH | 5K20-29F | 00:26:08.75 | 08:26 | 00:26:04.35 |
| 5/35 | 63/234 | 1464 | ABAD, CORLETTE | 5K20-29F | 00:29:44.95 | 09:35 | 00:28:33.50 |
| 6/35 | 69/234 | 1738 | DESBARATS, LEANNE | 5K20-29F | 00:30:51.75 | 09:57 | 00:29:52.05 |
| 7/35 | 70/234 | 1527 | FULLER, ELIZABETH | 5K20-29F | 00:30:55.50 | 09:58 | 00:30:02.40 |
| 8/35 | 73/234 | 1565 | JOHNSON, ALISHA | 5K20-29F | 00:31:07.60 | 10:02 | 00:30:22.75 |
| 9/35 | 82/234 | 1579 | LEE-GUICHETEAU, NIKKI | 5K20-29F | 00:31:34.50 | 10:11 | 00:30:50.30 |
| 10/35 | 83/234 | 2420 | GUNDERSON, AMY | 5K20-29F | 00:31:34.75 | 10:11 | 00:30:52.65 |
| 11/35 | 84/234 | 1487 | BREEN, HEATHER | 5K20-29F | 00:31:39.95 | 10:12 | 00:31:24.65 |
| 12/35 | 86/234 | 1687 | WILLIAMS, KATRINA | 5K20-29F | 00:32:04.95 | 10:20 | 00:32:04.95 |
| 13/35 | 93/234 | 1466 | SCOTT, ALTA | 5K20-29F | 00:32:51.10 | 10:35 | 00:32:04.50 |
| 14/35 | 95/234 | 1516 | DRIEDIGER-MURPHY, LINDSAY | 5K20-29F | 00:32:56.00 | 10:37 | 00:32:06.90 |
| 15/35 | 107/234 | 1693 | YAREMKO, KELSEY | 5K20-29F | 00:33:24.40 | 10:46 | 00:33:00.85 |
| 16/35 | 115/234 | 1669 | TULK, SARAH | 5K20-29F | 00:33:52.05 | 10:55 | 00:32:51.20 |
| 17/35 | 133/234 | 1501 | COCKBAIN, TERRI-LYNN | 5K20-29F | 00:35:53.60 | 11:34 | 00:34:42.15 |
| 18/35 | 137/234 | 1684 | WIGHTON, CHRISTINA | 5K20-29F | 00:36:03.90 | 11:38 | 00:35:23.00 |
| 19/35 | 151/234 | 1721 | IRONSIDE, CHAR | 5K20-29F | 00:37:29.60 | 12:05 | 00:36:03.90 |
| 20/35 | 157/234 | 1478 | BELANGER, NICOLE | 5K20-29F | 00:37:40.70 | 12:09 | 00:33:15.50 |
| 21/35 | 158/234 | 1473 | BALDWIN, AMANDA | 5K20-29F | 00:37:46.70 | 12:11 | 00:36:54.50 |
| 22/35 | 168/234 | 1643 | SCHICKEDANZ, KRISTEN | 5K20-29F | 00:39:05.90 | 12:36 | 00:32:40.90 |
| 23/35 | 189/234 | 1547 | HANSEN, JENNIFER | 5K20-29F | 00:42:23.85 | 13:40 | 00:41:02.25 |
| 24/35 | 190/234 | 1511 | DINGWALL, CALEIGH | 5K20-29F | 00:42:35.90 | 13:44 | 00:41:21.40 |
| 25/35 | 195/234 | 1715 | GONZALEZ, VERONICA | 5K20-29F | 00:43:41.10 | 14:05 | 00:38:44.00 |
| 26/35 | 197/234 | 1726 | JONES, ALISON | 5K20-29F | 00:44:18.15 | 14:17 | 00:43:38.35 |
| 27/35 | 199/234 | 1476 | BEFUS, TANYA | 5K20-29F | 00:44:42.40 | 14:25 | 00:44:42.40 |
| 28/35 | 202/234 | 1653 | SMITH, EMILY | 5K20-29F | 00:45:12.55 | 14:35 | 00:37:50.90 |
| 29/35 | 203/234 | 1615 | MORRIS, DONNELLY | 5K20-29F | 00:45:14.45 | 14:35 | 00:42:27.95 |
| 30/35 | 205/234 | 1465 | ALBERT, KENDRA | 5K20-29F | 00:45:15.35 | 14:35 | 00:39:19.90 |

Category Results

5K - 3.1 Miles

5K20-29F - 35 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|-------------------|----------|-------------|-------|-------------|
| 31/35 | 213/234 | 1491 | BROWN, LINDSEY | 5K20-29F | 00:46:28.40 | 14:59 | 00:38:31.75 |
| 32/35 | 215/234 | 1590 | MAINVILLE, WANESA | 5K20-29F | 00:46:28.80 | 14:59 | 00:38:31.40 |
| 33/35 | 221/234 | 1578 | LEE, EVA | 5K20-29F | 00:48:57.70 | 15:47 | 00:46:23.05 |
| 34/35 | 229/234 | 1655 | SMITH, JENNIFER | 5K20-29F | 00:57:10.25 | 18:26 | 00:49:47.55 |
| 35/35 | 231/234 | 1486 | BRADLEY, KATE | 5K20-29F | 01:03:19.20 | 20:25 | 01:02:38.50 |

5K20-29M - 15 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|----------------------|----------|-------------|-------|-------------|
| 1/15 | 2/234 | 1492 | BROWN, TRAVIS | 5K20-29M | 00:17:53.95 | 05:46 | 00:17:53.55 |
| 2/15 | 20/234 | 1561 | HWANG, BRIAN | 5K20-29M | 00:23:37.30 | 07:37 | 00:22:43.15 |
| 3/15 | 27/234 | 1694 | YOU, DANIEL | 5K20-29M | 00:25:15.80 | 08:09 | 00:24:18.35 |
| 4/15 | 72/234 | 1712 | ASHRAF, FAZAL | 5K20-29M | 00:31:06.55 | 10:02 | 00:29:54.20 |
| 5/15 | 79/234 | 1680 | WARREN, MATT | 5K20-29M | 00:31:23.95 | 10:07 | 00:31:09.25 |
| 6/15 | 80/234 | 1543 | HAMILTON, DAVID | 5K20-29M | 00:31:30.40 | 10:09 | 00:31:30.40 |
| 7/15 | 94/234 | 1692 | WRIGHT, CORY | 5K20-29M | 00:32:51.25 | 10:35 | 00:31:29.55 |
| 8/15 | 100/234 | 1629 | RAJAN, KARIM | 5K20-29M | 00:33:04.20 | 10:40 | 00:32:27.80 |
| 9/15 | 116/234 | 1500 | CLARKSON, MATTHEW | 5K20-29M | 00:33:52.05 | 10:55 | 00:32:50.75 |
| 10/15 | 201/234 | 1607 | MCWHIRTER, JORDAN | 5K20-29M | 00:45:12.50 | 14:35 | 00:37:50.65 |
| 11/15 | 206/234 | 1552 | HENRY, RYAN | 5K20-29M | 00:45:15.60 | 14:36 | 00:39:20.00 |
| 12/15 | 214/234 | 1626 | PILLAI, ROSHAN | 5K20-29M | 00:46:28.70 | 14:59 | 00:38:31.25 |
| 13/15 | 218/234 | 1644 | SCHICKEDANZ, WILLIAM | 5K20-29M | 00:48:08.50 | 15:31 | 00:41:42.55 |
| 14/15 | 222/234 | 1584 | LUI, MICHAEL | 5K20-29M | 00:48:58.00 | 15:47 | 00:46:23.20 |
| 15/15 | 228/234 | 1658 | SMITH, REGINALD H | 5K20-29M | 00:55:22.45 | 17:51 | 00:47:58.80 |

5K30-39F - 45 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|-------------------|----------|-------------|-------|-------------|
| 1/45 | 18/234 | 1720 | KRESOWATY, JODI | 5K30-39F | 00:22:56.35 | 07:23 | 00:22:53.60 |
| 2/45 | 22/234 | 1567 | KELAVA, KATHLEEN | 5K30-39F | 00:24:42.35 | 07:58 | 00:24:37.55 |
| 3/45 | 29/234 | 1580 | LEUNG, TAMMY | 5K30-39F | 00:25:19.85 | 08:10 | 00:25:01.75 |
| 4/45 | 31/234 | 2650 | MYBURGH, LANA | 5K30-39F | 00:25:56.20 | 08:21 | 00:25:50.30 |
| 5/45 | 35/234 | 1727 | MEEKING, MELANIE | 5K30-39F | 00:26:13.25 | 08:27 | 00:25:46.95 |
| 6/45 | 47/234 | 1589 | MAHONEY, CAROLYN | 5K30-39F | 00:27:49.75 | 08:58 | 00:26:38.95 |
| 7/45 | 48/234 | 1569 | KENNEDY, JOANNE | 5K30-39F | 00:28:05.95 | 09:03 | 00:24:19.55 |
| 8/45 | 54/234 | 2690 | PENNER, JULIA | 5K30-39F | 00:28:52.75 | 09:19 | 01:01:59.25 |
| 9/45 | 55/234 | 1519 | ENGMAN, SHAUNA | 5K30-39F | 00:28:52.95 | 09:19 | 00:27:08.95 |
| 10/45 | 59/234 | 1532 | GAMBLIN, ALANNAH | 5K30-39F | 00:29:18.95 | 09:27 | 00:28:57.30 |
| 11/45 | 60/234 | 2219 | BARROW, MELODY | 5K30-39F | 00:29:19.45 | 09:27 | 00:29:08.25 |
| 12/45 | 71/234 | 1606 | MCLEOD, KAREN | 5K30-39F | 00:30:58.55 | 09:59 | 00:29:12.95 |
| 13/45 | 75/234 | 1471 | AU, VAN | 5K30-39F | 00:31:14.90 | 10:04 | 00:29:41.90 |
| 14/45 | 78/234 | 1665 | THIESSEN, ANDREA | 5K30-39F | 00:31:22.30 | 10:07 | 00:30:31.60 |
| 15/45 | 87/234 | 1474 | BALIC, SANDRA | 5K30-39F | 00:32:10.40 | 10:22 | 00:30:31.70 |
| 16/45 | 118/234 | 1576 | LAPOINTE, RIO | 5K30-39F | 00:34:06.35 | 11:00 | 00:33:22.70 |
| 17/45 | 123/234 | 1662 | TALDORF, KRISTA | 5K30-39F | 00:35:07.90 | 11:19 | 00:34:10.90 |
| 18/45 | 125/234 | 1570 | KIEJKO, LYNDA | 5K30-39F | 00:35:17.80 | 11:23 | 00:33:36.85 |
| 19/45 | 128/234 | 1585 | LUNDEEN, YVONNE | 5K30-39F | 00:35:36.25 | 11:29 | 00:33:29.55 |
| 20/45 | 129/234 | 1613 | MOORE, KRISTIE | 5K30-39F | 00:35:38.40 | 11:29 | 00:34:54.60 |
| 21/45 | 130/234 | 1475 | BEEBE, JEAN | 5K30-39F | 00:35:42.75 | 11:31 | 00:34:44.20 |
| 22/45 | 131/234 | 1523 | FARREND, LORRAINE | 5K30-39F | 00:35:43.40 | 11:31 | 00:34:44.05 |
| 23/45 | 139/234 | 1706 | HORN, DANA | 5K30-39F | 00:36:26.35 | 11:45 | 00:36:07.30 |
| 24/45 | 154/234 | 1551 | HENRY, MARLENE | 5K30-39F | 00:37:34.70 | 12:07 | 00:35:56.20 |
| 25/45 | 161/234 | 1521 | DOIRON, FAITH | 5K30-39F | 00:38:06.55 | 12:17 | 00:37:27.10 |
| 26/45 | 164/234 | 1672 | VEALE, ANGEL | 5K30-39F | 00:38:17.40 | 12:20 | 00:33:58.80 |
| 27/45 | 165/234 | 1528 | FURGASON, TAMMY | 5K30-39F | 00:38:20.10 | 12:21 | 00:35:27.40 |
| 28/45 | 166/234 | 1583 | LONG, KERY | 5K30-39F | 00:38:40.00 | 12:28 | 00:36:59.05 |
| 29/45 | 171/234 | 1575 | LANGIS, ESTEE | 5K30-39F | 00:39:24.30 | 12:42 | 00:35:05.80 |
| 30/45 | 172/234 | 1593 | MARRIE, MEREDITH | 5K30-39F | 00:39:53.90 | 12:52 | 00:38:16.70 |
| 31/45 | 177/234 | 1477 | BEGG, NATALIE | 5K30-39F | 00:40:26.65 | 13:02 | 00:39:11.45 |
| 32/45 | 183/234 | 1530 | GAGNE, SYLVIE | 5K30-39F | 00:42:04.80 | 13:34 | 00:37:10.50 |
| 33/45 | 184/234 | 1664 | TENNERT, MICHELLE | 5K30-39F | 00:42:05.60 | 13:34 | 00:40:27.40 |
| 34/45 | 187/234 | 1681 | WHITAKER, CINDY | 5K30-39F | 00:42:18.85 | 13:39 | 00:40:45.35 |
| 35/45 | 188/234 | 1582 | LITTLE, JACKIE | 5K30-39F | 00:42:22.75 | 13:40 | 00:41:00.90 |
| 36/45 | 192/234 | 1520 | FABBRI, ROBERTA | 5K30-39F | 00:43:04.80 | 13:53 | 00:33:36.30 |
| 37/45 | 196/234 | 1524 | FRANK, JAMEY | 5K30-39F | 00:43:44.90 | 14:06 | 00:42:06.60 |
| 38/45 | 200/234 | 1732 | MACMILLAN, SONYA | 5K30-39F | 00:45:01.85 | 14:31 | 00:43:22.50 |

Category Results

5K - 3.1 Miles

5K30-39F - 45 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|--------------------|----------|-------------|-------|-------------|
| 39/45 | 204/234 | 1614 | MORRIS, CARLA | 5K30-39F | 00:45:14.45 | 14:35 | 00:42:28.65 |
| 40/45 | 207/234 | 1566 | JONES, KELLY | 5K30-39F | 00:45:21.80 | 14:38 | 00:45:16.90 |
| 41/45 | 212/234 | 1691 | WOODS, SARA | 5K30-39F | 00:46:26.90 | 14:59 | 00:44:47.60 |
| 42/45 | 216/234 | 1667 | TING, BONNIE | 5K30-39F | 00:46:34.65 | 15:01 | 00:37:04.75 |
| 43/45 | 219/234 | 1581 | LIN, NING | 5K30-39F | 00:48:18.55 | 15:35 | 00:45:43.45 |
| 44/45 | 226/234 | 1562 | JACOBSON, JENNIFER | 5K30-39F | 00:51:48.90 | 16:42 | 00:50:13.20 |
| 45/45 | 230/234 | 1600 | MCFARLANE, HEATHER | 5K30-39F | 00:59:35.15 | 19:13 | 00:50:05.65 |

5K30-39M - 25 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|--------------------|----------|-------------|-------|-------------|
| 1/25 | 1/234 | 2716 | REED, JASON | 5K30-39M | 00:17:50.55 | 05:45 | 00:17:49.60 |
| 2/25 | 3/234 | 1689 | WILSON, TODD | 5K30-39M | 00:18:20.50 | 05:55 | 00:18:18.90 |
| 3/25 | 6/234 | 1661 | STORCK, ARIC | 5K30-39M | 00:19:08.80 | 06:10 | 00:19:06.75 |
| 4/25 | 8/234 | 1611 | MITCHELMORE, PETER | 5K30-39M | 00:19:51.80 | 06:24 | 00:19:48.15 |
| 5/25 | 12/234 | 1522 | FAJARDO, DAVE | 5K30-39M | 00:20:50.70 | 06:43 | 00:20:46.70 |
| 6/25 | 13/234 | 1494 | BYNG, JOHN | 5K30-39M | 00:21:46.00 | 07:01 | 00:21:33.90 |
| 7/25 | 16/234 | 1531 | GAGNON, BENOIT | 5K30-39M | 00:22:38.50 | 07:18 | 00:20:21.00 |
| 8/25 | 17/234 | 1573 | LAFORGE, PAUL | 5K30-39M | 00:22:49.80 | 07:21 | 00:22:41.90 |
| 9/25 | 25/234 | 1498 | CHANG, ALBERT | 5K30-39M | 00:25:11.10 | 08:07 | 00:24:53.25 |
| 10/25 | 26/234 | 1610 | MITCHELL, MATTHEW | 5K30-39M | 00:25:11.70 | 08:07 | 00:25:05.40 |
| 11/25 | 37/234 | 1467 | ANABO, MAX | 5K30-39M | 00:26:26.60 | 08:31 | 00:25:33.10 |
| 12/25 | 41/234 | 1495 | CAMPBELL, STEVE | 5K30-39M | 00:27:17.30 | 08:48 | 00:26:39.50 |
| 13/25 | 57/234 | 1574 | LAIR, AARON | 5K30-39M | 00:29:13.30 | 09:25 | 00:27:18.20 |
| 14/25 | 58/234 | 1651 | SLAPMAN, MICHAEL | 5K30-39M | 00:29:15.55 | 09:26 | 00:28:13.20 |
| 15/25 | 66/234 | 1622 | OSADEC, JEFF | 5K30-39M | 00:30:18.85 | 09:46 | 00:29:15.35 |
| 16/25 | 67/234 | 2536 | KRYDIER, CORY | 5K30-39M | 00:30:23.75 | 09:48 | 00:29:24.25 |
| 17/25 | 77/234 | 1513 | DOHERTY, SHANE | 5K30-39M | 00:31:19.90 | 10:06 | 00:30:32.45 |
| 18/25 | 88/234 | 1657 | SMITH, MARLON | 5K30-39M | 00:32:21.95 | 10:26 | 00:31:00.05 |
| 19/25 | 122/234 | 1564 | JAMES, WENSLEY | 5K30-39M | 00:35:01.25 | 11:17 | 00:33:23.50 |
| 20/25 | 143/234 | 1577 | LAW, GREG | 5K30-39M | 00:36:44.00 | 11:50 | 00:32:50.55 |
| 21/25 | 144/234 | 1698 | ARCHIBALD, SCOTT | 5K30-39M | 00:36:53.00 | 11:53 | 00:31:50.80 |
| 22/25 | 174/234 | 1601 | MCGOLDRICK, OWEN | 5K30-39M | 00:40:18.95 | 13:00 | 00:38:46.75 |
| 23/25 | 185/234 | 1623 | PATEY, CHRIS | 5K30-39M | 00:42:07.40 | 13:35 | 00:40:30.40 |
| 24/25 | 198/234 | 1595 | MARSH, ROBERT | 5K30-39M | 00:44:42.30 | 14:25 | 00:44:42.30 |
| 25/25 | 220/234 | 1695 | YU, BIN | 5K30-39M | 00:48:18.90 | 15:35 | 00:45:43.90 |

5K40-49F - 38 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|---------------------|----------|-------------|-------|-------------|
| 1/38 | 19/234 | 1709 | HELLARD, JACKIE | 5K40-49F | 00:23:19.95 | 07:31 | 00:23:15.85 |
| 2/38 | 23/234 | 1549 | HARMS, JEAN | 5K40-49F | 00:24:54.05 | 08:01 | 00:23:03.95 |
| 3/38 | 28/234 | 1686 | WILKINSON, VICTORIA | 5K40-49F | 00:25:19.70 | 08:10 | 00:25:16.55 |
| 4/38 | 43/234 | 1733 | VAN SANT, JANE | 5K40-49F | 00:27:26.90 | 08:51 | 00:27:22.15 |
| 5/38 | 45/234 | 1599 | MCDUFFIE, NICOLA | 5K40-49F | 00:27:31.50 | 08:52 | 00:26:52.65 |
| 6/38 | 49/234 | 1539 | GRAY, CHRISTINE | 5K40-49F | 00:28:19.10 | 09:08 | 00:27:11.60 |
| 7/38 | 61/234 | 1506 | DANIS, GISELE | 5K40-49F | 00:29:32.80 | 09:31 | 00:29:24.20 |
| 8/38 | 62/234 | 1718 | BOULTER, LEAH | 5K40-49F | 00:29:39.90 | 09:34 | 00:28:47.25 |
| 9/38 | 64/234 | 2940 | ZIMARO, AIMEE | 5K40-49F | 00:29:53.50 | 09:38 | 00:29:41.70 |
| 10/38 | 68/234 | 1640 | ROSSITER, TARA | 5K40-49F | 00:30:50.75 | 09:57 | 00:30:08.15 |
| 11/38 | 76/234 | 1572 | KURRANT, CHRISTINE | 5K40-49F | 00:31:18.55 | 10:06 | 00:30:21.65 |
| 12/38 | 81/234 | 1587 | MACDONALD, STACEY | 5K40-49F | 00:31:30.55 | 10:09 | 00:30:19.70 |
| 13/38 | 92/234 | 1736 | REID, ANDREA | 5K40-49F | 00:32:45.10 | 10:33 | 00:32:16.00 |
| 14/38 | 97/234 | 1679 | WARREN, FRANCINE | 5K40-49F | 00:32:59.30 | 10:38 | 00:32:01.55 |
| 15/38 | 99/234 | 1663 | TALDORF, SYLVIA | 5K40-49F | 00:33:02.20 | 10:39 | 00:32:04.60 |
| 16/38 | 101/234 | 1635 | RETTIE, AGA | 5K40-49F | 00:33:07.65 | 10:41 | 00:31:23.05 |
| 17/38 | 102/234 | 1728 | MASTEL, TRACY | 5K40-49F | 00:33:08.20 | 10:41 | 00:32:45.05 |
| 18/38 | 104/234 | 1534 | GARRETT, BRENDA | 5K40-49F | 00:33:11.30 | 10:42 | 00:31:13.20 |
| 19/38 | 105/234 | 1701 | MILLER, EILEEN | 5K40-49F | 00:33:22.80 | 10:46 | 00:32:11.00 |
| 20/38 | 113/234 | 1670 | TURNER, SHEILA | 5K40-49F | 00:33:43.65 | 10:52 | 00:32:48.00 |
| 21/38 | 124/234 | 1558 | HOUGH, AMBER | 5K40-49F | 00:35:16.35 | 11:22 | 00:34:19.70 |
| 22/38 | 146/234 | 1729 | HOLMES, KIM | 5K40-49F | 00:37:01.05 | 11:56 | 00:35:42.30 |
| 23/38 | 153/234 | 1637 | RICHARDSON, PAULA | 5K40-49F | 00:37:34.50 | 12:07 | 00:36:08.05 |
| 24/38 | 155/234 | 1504 | CUSSANS, LIZ | 5K40-49F | 00:37:34.75 | 12:07 | 00:36:08.35 |
| 25/38 | 163/234 | 1647 | SHEPHERD, KIM | 5K40-49F | 00:38:16.60 | 12:20 | 00:33:57.60 |
| 26/38 | 170/234 | 1559 | HOUH, NANCY | 5K40-49F | 00:39:21.80 | 12:41 | 00:38:25.50 |

Category Results

5K - 3.1 Miles

5K40-49F - 38 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|------------------|----------|-------------|-------|-------------|
| 27/38 | 173/234 | 1536 | GILES, KAREN | 5K40-49F | 00:40:09.00 | 12:57 | 00:38:38.70 |
| 28/38 | 175/234 | 1497 | CARTER, JANINE | 5K40-49F | 00:40:19.40 | 13:00 | 00:39:02.30 |
| 29/38 | 179/234 | 1538 | GRAVES, TRACY | 5K40-49F | 00:40:41.95 | 13:07 | 00:39:45.05 |
| 30/38 | 180/234 | 1508 | DAVIS, CINDY | 5K40-49F | 00:40:42.25 | 13:07 | 00:39:29.05 |
| 31/38 | 181/234 | 1529 | FYFE, TRACY | 5K40-49F | 00:41:23.80 | 13:21 | 00:39:13.60 |
| 32/38 | 186/234 | 1468 | ARNS, JODI | 5K40-49F | 00:42:07.80 | 13:35 | 00:40:30.70 |
| 33/38 | 208/234 | 1605 | MCLEAN, LORRAINE | 5K40-49F | 00:45:36.30 | 14:42 | 00:44:23.80 |
| 34/38 | 210/234 | 1533 | GARLAND, SHERRY | 5K40-49F | 00:46:06.95 | 14:52 | 00:44:27.35 |
| 35/38 | 211/234 | 1591 | MALLETTE, DENISE | 5K40-49F | 00:46:17.90 | 14:56 | 00:38:02.75 |
| 36/38 | 217/234 | 1509 | DAWE, TAMMIE | 5K40-49F | 00:47:35.20 | 15:20 | 00:44:48.10 |
| 37/38 | 224/234 | 1730 | WILSON, SUZANNE | 5K40-49F | 00:49:11.60 | 15:52 | 00:47:39.30 |
| 38/38 | 225/234 | 1505 | DABROWSKI, SUE | 5K40-49F | 00:49:23.30 | 15:55 | 00:47:49.50 |

5K40-49M - 14 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|--------------------|----------|-------------|-------|-------------|
| 1/14 | 4/234 | 1484 | BOURGEAULT, PAUL | 5K40-49M | 00:18:50.70 | 06:04 | 00:18:48.75 |
| 2/14 | 10/234 | 1542 | GUREVITCH, JASON | 5K40-49M | 00:20:00.60 | 06:27 | 00:19:59.30 |
| 3/14 | 14/234 | 1722 | MOORE, ADRIAN | 5K40-49M | 00:21:49.00 | 07:02 | 00:21:43.90 |
| 4/14 | 24/234 | 1671 | VAN SANT, BEN | 5K40-49M | 00:24:58.25 | 08:03 | 00:24:09.70 |
| 5/14 | 42/234 | 1677 | WAKEHAM, NICK | 5K40-49M | 00:27:18.05 | 08:48 | 00:26:56.95 |
| 6/14 | 46/234 | 1705 | WALC, LES | 5K40-49M | 00:27:46.70 | 08:57 | 00:27:44.20 |
| 7/14 | 106/234 | 1602 | MCINNES, JOHN | 5K40-49M | 00:33:23.05 | 10:46 | 00:32:11.15 |
| 8/14 | 120/234 | 1553 | HICKIE, KEITH | 5K40-49M | 00:34:58.40 | 11:16 | 00:33:22.35 |
| 9/14 | 126/234 | 1479 | BLASETTI, DARREN | 5K40-49M | 00:35:21.25 | 11:24 | 00:34:22.30 |
| 10/14 | 136/234 | 1616 | MURPHY, KERRY | 5K40-49M | 00:36:00.35 | 11:36 | 00:34:50.30 |
| 11/14 | 147/234 | 1725 | QUINN, DAVE | 5K40-49M | 00:37:23.00 | 12:03 | 00:36:22.55 |
| 12/14 | 167/234 | 1632 | REDEKOP, COLIN | 5K40-49M | 00:38:51.90 | 12:32 | 00:34:48.40 |
| 13/14 | 182/234 | 1571 | KISLIK, ALEX | 5K40-49M | 00:41:39.70 | 13:26 | 00:40:20.50 |
| 14/14 | 227/234 | 1636 | RICHARDSON, ANDREW | 5K40-49M | 00:54:37.65 | 17:37 | 00:53:12.95 |

5K50-59F - 22 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|-------------------|----------|-------------|-------|-------------|
| 1/22 | 34/234 | 1603 | MCKINNEY, KELLY | 5K50-59F | 00:26:09.20 | 08:26 | 00:26:07.40 |
| 2/22 | 51/234 | 1676 | WAITE, SANDY | 5K50-59F | 00:28:32.10 | 09:12 | 00:28:28.95 |
| 3/22 | 90/234 | 1608 | METCALF, LYNN | 5K50-59F | 00:32:33.40 | 10:30 | 00:31:48.90 |
| 4/22 | 91/234 | 1546 | HAMMOND, MANDY | 5K50-59F | 00:32:38.65 | 10:31 | 00:31:33.30 |
| 5/22 | 98/234 | 1737 | DESBARATS, SUSAN | 5K50-59F | 00:33:00.40 | 10:38 | 00:32:01.05 |
| 6/22 | 108/234 | 1621 | NOLKE, CHERYL | 5K50-59F | 00:33:35.10 | 10:50 | 00:32:45.30 |
| 7/22 | 111/234 | 1711 | NELSON, KELLY | 5K50-59F | 00:33:37.35 | 10:50 | 00:32:29.50 |
| 8/22 | 114/234 | 1563 | JAKUBOWYCH, BEV | 5K50-59F | 00:33:43.65 | 10:52 | 00:32:47.30 |
| 9/22 | 117/234 | 1634 | REEH, ELISE | 5K50-59F | 00:34:05.80 | 10:59 | 00:33:21.20 |
| 10/22 | 135/234 | 1503 | CROSSMAN, LOIS | 5K50-59F | 00:36:00.10 | 11:36 | 00:33:35.90 |
| 11/22 | 138/234 | 1472 | AZPIAZU, MARIA | 5K50-59F | 00:36:23.35 | 11:44 | 00:35:55.60 |
| 12/22 | 142/234 | 1560 | HUCK, LISA | 5K50-59F | 00:36:39.95 | 11:49 | 00:35:44.00 |
| 13/22 | 149/234 | 1649 | SHUM, ROSAURA | 5K50-59F | 00:37:24.70 | 12:04 | 00:35:51.30 |
| 14/22 | 150/234 | 2227 | BERENBAUM, LESLIE | 5K50-59F | 00:37:26.05 | 12:04 | 00:35:58.15 |
| 15/22 | 152/234 | 1490 | BROWN, JOAN | 5K50-59F | 00:37:33.85 | 12:07 | 00:36:18.15 |
| 16/22 | 156/234 | 1512 | DINGWALL, KAREN | 5K50-59F | 00:37:39.05 | 12:08 | 00:36:24.35 |
| 17/22 | 159/234 | 1485 | BOYLE, RITA | 5K50-59F | 00:38:03.85 | 12:16 | 00:37:03.55 |
| 18/22 | 160/234 | 1469 | ARPIN, BERNADETTE | 5K50-59F | 00:38:06.45 | 12:17 | 00:37:42.10 |
| 19/22 | 191/234 | 1674 | VISSER, SANDY | 5K50-59F | 00:42:56.10 | 13:50 | 00:41:58.90 |
| 20/22 | 194/234 | 1656 | SMITH, LINDA | 5K50-59F | 00:43:38.80 | 14:04 | 00:36:15.00 |
| 21/22 | 223/234 | 1731 | CRUXTON, DIANE | 5K50-59F | 00:49:11.45 | 15:51 | 00:47:39.65 |
| 22/22 | 234/234 | 1723 | KOSIK, WILMA | 5K50-59F | 01:24:29.55 | 27:15 | 01:23:12.90 |

5K50-59M - 6 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|------------------|----------|-------------|-------|-------------|
| 1/6 | 5/234 | 1557 | HOLLIDAY, JOHN | 5K50-59M | 00:18:56.50 | 06:06 | 00:18:54.75 |
| 2/6 | 15/234 | 1708 | MCKINNON, ROBERT | 5K50-59M | 00:22:06.70 | 07:08 | 00:22:00.65 |
| 3/6 | 36/234 | 1707 | LEE, DON | 5K50-59M | 00:26:15.45 | 08:28 | 00:22:16.20 |
| 4/6 | 74/234 | 1526 | FROST, DAVID | 5K50-59M | 00:31:13.85 | 10:04 | 00:29:32.35 |
| 5/6 | 96/234 | 1515 | DRIEDIGER, DOUG | 5K50-59M | 00:32:56.40 | 10:37 | 00:32:07.20 |
| 6/6 | 162/234 | 1470 | ARPIN, DENNIS | 5K50-59M | 00:38:07.70 | 12:18 | 00:37:42.80 |

2011 Stampede Roadrace 1/2, 10K, 5K - July 10/2011
Category Results

5K - 3.1 Miles

5K60-69F - 4 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|--------------------|----------|-------------|-------|-------------|
| 1/4 | 132/234 | 1618 | NESTERENKO, LOUISE | 5K60-69F | 00:35:47.90 | 11:32 | 00:35:30.65 |
| 2/4 | 145/234 | 1697 | ARCHIBALD, EVELYN | 5K60-69F | 00:36:53.40 | 11:53 | 00:31:51.95 |
| 3/4 | 193/234 | 1638 | ROBERTS, MARDY | 5K60-69F | 00:43:38.70 | 14:04 | 00:42:28.00 |
| 4/4 | 233/234 | 1556 | HOFMANN, MARION | 5K60-69F | 01:06:40.15 | 21:30 | 01:04:15.85 |

5K60-69M - 5 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|-----------------|----------|-------------|-------|-------------|
| 1/5 | 56/234 | 1510 | DEKEYSER, BOB | 5K60-69M | 00:29:03.85 | 09:22 | 00:28:54.65 |
| 2/5 | 121/234 | 1545 | HAMMOND, JOHN | 5K60-69M | 00:34:59.65 | 11:17 | 00:33:53.25 |
| 3/5 | 140/234 | 1682 | WHITE, LARRY | 5K60-69M | 00:36:28.90 | 11:46 | 00:36:01.50 |
| 4/5 | 169/234 | 1586 | LUPART, MICHAEL | 5K60-69M | 00:39:17.90 | 12:40 | 00:31:48.20 |
| 5/5 | 232/234 | 1555 | HOFMANN, GERRY | 5K60-69M | 01:06:39.75 | 21:30 | 01:04:15.35 |

5K70+F - 1 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|---------|-------|---------------------|--------|-------------|-------|-------------|
| 1/1 | 141/234 | 1683 | WHITE, MARY MADELIN | 5K70+F | 00:36:29.05 | 11:46 | 00:36:02.15 |

5K70+M - 1 Competitors

| Place | O/A | Bib # | Name | Div | Time | Pace | Chiptime |
|-------|--------|-------|-------------|--------|-------------|-------|-------------|
| 1/1 | 39/234 | 1696 | ZADAN, NICK | 5K70+M | 00:26:47.75 | 08:38 | 00:26:46.25 |