

Category Results

10K - 6.21 Miles

10K12&UM - 3 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/3	248/610	2646	MURPHY, DYLAN	10K12&UM	00:58:00.40	09:20	00:57:47.80
2/3	263/610	2648	MURPHY, LIAM	10K12&UM	00:58:16.85	09:23	00:58:04.45
3/3	378/610	2903	STREET, JOHN	10K12&UM	01:03:04.50	10:09	01:02:01.55

10K13-19F - 13 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/13	53/610	2833	GEORGE, KAYLA	10K13-19F	00:46:00.25	07:24	00:45:57.40
2/13	116/610	2590	MACKAY, BROOKE	10K13-19F	00:51:08.35	08:14	00:50:57.55
3/13	226/610	2302	CONWAY, HALLI	10K13-19F	00:57:09.80	09:12	00:57:03.15
4/13	267/610	2621	MCNEILLY, ALLISON	10K13-19F	00:58:23.00	09:24	00:57:54.75
5/13	274/610	2435	HARRIMAN, CALEY	10K13-19F	00:58:42.15	09:27	00:57:18.70
6/13	342/610	2769	SHUKSTER, MORGAN	10K13-19F	01:01:49.60	09:57	01:01:28.20
7/13	343/610	2822	VOGEL, NATHALIE	10K13-19F	01:01:50.65	09:57	01:01:03.85
8/13	349/610	2744	SAGAN, ASHLEY	10K13-19F	01:02:02.75	09:59	01:01:39.40
9/13	362/610	2685	PAUL, MEGAN	10K13-19F	01:02:31.00	10:04	01:01:52.10
10/13	474/610	2821	VOGEL, LAUREN	10K13-19F	01:07:22.75	10:51	01:06:37.25
11/13	528/610	2734	ROSTON, SARAH	10K13-19F	01:11:25.30	11:30	01:10:38.20
12/13	572/610	2506	JUNG, GABRIELLA	10K13-19F	01:17:48.35	12:31	01:16:44.35
13/13	592/610	2249	BREMNER, HAYLEY	10K13-19F	01:22:27.80	13:16	01:21:02.30

10K13-19M - 8 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/8	13/610	2921	KIRBY, ALEX	10K13-19M	00:39:38.40	06:22	00:39:37.25
2/8	34/610	2418	GRIECO, RYAN	10K13-19M	00:43:25.00	06:59	00:43:15.30
3/8	76/610	2855	WYLLIE, JEREMIE	10K13-19M	00:48:36.05	07:49	00:48:18.25
4/8	81/610	2392	GARDNER, STUART	10K13-19M	00:48:53.50	07:52	00:47:56.40
5/8	98/610	2205	ACKERT, ALEX	10K13-19M	00:50:05.20	08:03	00:48:56.55
6/8	149/610	2366	FUNK, ADAM	10K13-19M	00:53:34.95	08:37	00:52:51.85
7/8	373/610	2426	HALWAS, DARIAN	10K13-19M	01:02:53.75	10:07	01:01:23.10
8/8	386/610	2789	TARNASKY, NEIL	10K13-19M	01:03:19.05	10:11	01:02:41.35

10K20-29F - 109 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/109	26/610	2296	COLL, NEASA	10K20-29F	00:42:33.60	06:51	00:42:28.20
2/109	43/610	2583	LYCKMAN, MICHELLE	10K20-29F	00:44:50.70	07:13	00:44:37.30
3/109	45/610	2735	ROTH, BEKI	10K20-29F	00:45:05.60	07:15	00:44:56.55
4/109	54/610	2479	HURDLE, HEATHER	10K20-29F	00:46:06.10	07:25	00:46:03.00
5/109	63/610	2616	MCLELLAN, CAITLYN	10K20-29F	00:46:36.80	07:30	00:46:10.10
6/109	65/610	2316	CURRIE, MELISSA	10K20-29F	00:47:06.70	07:35	00:46:50.90
7/109	67/610	2442	HAYES, ANNIE	10K20-29F	00:47:18.45	07:37	00:47:15.90
8/109	79/610	2877	ROBINSON, DIANA	10K20-29F	00:48:48.95	07:51	00:48:39.35
9/109	91/610	2620	MCNEIL, AARIN	10K20-29F	00:49:41.75	08:00	00:49:37.55
10/109	104/610	2570	LONGWORTH, ANDREA	10K20-29F	00:50:18.45	08:05	00:50:10.75
11/109	105/610	2407	GOODREAU, JAIME	10K20-29F	00:50:20.35	08:06	00:49:50.75
12/109	110/610	2303	CONWAY, KYLA	10K20-29F	00:50:38.20	08:09	00:50:31.50
13/109	111/610	2305	CONWAY, SARA	10K20-29F	00:50:38.45	08:09	00:50:31.50
14/109	119/610	2519	KERR, JENNIFER	10K20-29F	00:51:24.50	08:16	00:51:06.50
15/109	121/610	2206	ACKERT, HOLLY	10K20-29F	00:51:25.85	08:16	00:50:17.75
16/109	122/610	2379	FONG, JENNIFER	10K20-29F	00:51:36.10	08:18	00:51:25.35
17/109	126/610	2565	LIGHTLE, ROSALIND	10K20-29F	00:52:01.10	08:22	00:51:57.40
18/109	132/610	2311	COYLE, ANJALI	10K20-29F	00:52:42.30	08:29	00:51:56.40
19/109	134/610	2328	DELALOYE, DANI	10K20-29F	00:52:47.30	08:29	00:52:14.90
20/109	137/610	2906	HENDERSON, MEREDITH	10K20-29F	00:52:56.95	08:31	00:52:12.55
21/109	141/610	2899	HANN, JESSICA	10K20-29F	00:53:02.90	08:32	00:52:05.05
22/109	146/610	2788	TAN, YANYI	10K20-29F	00:53:18.80	08:35	00:52:37.70
23/109	164/610	2560	LENNOX, MICHELLE	10K20-29F	00:54:20.60	08:45	00:53:05.55
24/109	166/610	2702	PON, EMILY	10K20-29F	00:54:24.25	08:45	00:53:19.30
25/109	167/610	2766	SHANNON, LAURIE	10K20-29F	00:54:27.80	08:46	00:54:12.80
26/109	175/610	2733	ROSENBAUM, CHERYL	10K20-29F	00:54:51.30	08:49	00:54:08.10
27/109	180/610	2207	ADAMS, KELLIE	10K20-29F	00:55:13.70	08:53	00:54:59.65
28/109	182/610	2380	FOURNIER, SARAH	10K20-29F	00:55:18.90	08:54	00:55:13.65
29/109	192/610	2627	MERCIER, ERIN	10K20-29F	00:55:38.35	08:57	00:54:33.20
30/109	197/610	2840	WIENS, MAGEN	10K20-29F	00:55:47.15	08:58	00:54:58.15
31/109	198/610	2629	METCALFE, R	10K20-29F	00:55:49.10	08:59	00:55:05.55

Category Results

10K - 6.21 Miles

10K20-29F - 109 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
32/109	199/610	2645	MULEKOVA, NATALIA	10K20-29F	00:55:50.10	08:59	00:55:24.55
33/109	202/610	2703	POPE, GRACE	10K20-29F	00:56:01.35	09:01	00:55:27.10
34/109	204/610	2920	SALBUVIK, SONJA	10K20-29F	00:56:14.00	09:03	00:55:26.35
35/109	206/610	2437	HARRISON, TENNILLE	10K20-29F	00:56:14.45	09:03	00:55:34.50
36/109	209/610	2599	MAHAJAN, SAPNA	10K20-29F	00:56:15.75	09:03	00:55:35.55
37/109	214/610	2849	WOOLF, AMY	10K20-29F	00:56:33.50	09:06	00:56:05.10
38/109	215/610	2893	ARNESON, MEGAN	10K20-29F	00:56:40.00	09:07	00:56:18.05
39/109	218/610	2500	JOHAL, NICKI	10K20-29F	00:56:42.40	09:07	00:56:34.60
40/109	239/610	2754	SCHALIN, ELYSE	10K20-29F	00:57:42.30	09:17	00:56:20.15
41/109	246/610	2450	HEREYGERS, LESLEY	10K20-29F	00:57:56.25	09:19	00:57:03.75
42/109	257/610	2364	ENTZ, REBECCA	10K20-29F	00:58:12.00	09:22	00:57:19.70
43/109	260/610	2208	AGATE, EMILY	10K20-29F	00:58:13.10	09:22	00:57:56.30
44/109	268/610	2907	SAMPSON, CASSIE	10K20-29F	00:58:28.85	09:25	00:57:54.15
45/109	269/610	2698	PILLMAN, JESSICA	10K20-29F	00:58:32.20	09:25	00:57:48.95
46/109	272/610	2472	HOPKINS, ALLISON	10K20-29F	00:58:37.10	09:26	00:58:22.30
47/109	279/610	2881	BRUNI, AMANDA	10K20-29F	00:58:50.50	09:28	00:58:08.60
48/109	278/610	2265	CAMPBELL, AILENE	10K20-29F	00:58:50.50	09:28	00:58:09.60
49/109	282/610	2853	WURZ, AMANDA	10K20-29F	00:58:56.45	09:29	00:58:04.40
50/109	297/610	2332	DESBARATS, LAURA	10K20-29F	00:59:17.80	09:32	00:58:48.00
51/109	309/610	2306	COOPER, JENNIFER	10K20-29F	01:00:19.05	09:42	00:59:33.05
52/109	317/610	2503	JOHNSTONE, SHYLA	10K20-29F	01:00:46.35	09:47	01:00:20.85
53/109	331/610	2326	DEARDEN, TANIA	10K20-29F	01:01:31.10	09:54	01:01:15.75
54/109	333/610	2809	TRUDEL, SAMANTHA	10K20-29F	01:01:36.80	09:55	01:00:33.80
55/109	334/610	2810	TSE, ANGELA	10K20-29F	01:01:37.80	09:55	01:00:11.60
56/109	351/610	2879	TKACH, JESSLYN	10K20-29F	01:02:11.90	10:00	01:00:44.10
57/109	352/610	2395	GEORGE, NATASHA	10K20-29F	01:02:12.50	10:01	01:01:18.10
58/109	364/610	2762	SELSING, JUSTINE	10K20-29F	01:02:37.05	10:04	01:02:13.45
59/109	370/610	2224	BEDARD, PASCALE	10K20-29F	01:02:44.90	10:06	01:02:00.00
60/109	376/610	2234	BOJSZA, AMANDA	10K20-29F	01:03:01.35	10:08	01:02:37.65
61/109	379/610	2670	OGGY, DANIELLE	10K20-29F	01:03:05.75	10:09	01:02:42.25
62/109	381/610	2324	DE JONG, CHELSEA	10K20-29F	01:03:11.10	10:10	01:02:50.80
63/109	384/610	2901	PARKER, ALICIA	10K20-29F	01:03:18.00	10:11	01:02:03.90
64/109	385/610	2790	TARNASKY, SAMANTHA	10K20-29F	01:03:18.40	10:11	01:02:41.10
65/109	388/610	2464	HOBDAY, KATIE	10K20-29F	01:03:25.30	10:12	01:02:38.40
66/109	392/610	2277	CHECK, CHLOE	10K20-29F	01:03:30.10	10:13	01:02:15.40
67/109	393/610	2568	LLEWELLYN, LAURA	10K20-29F	01:03:35.00	10:14	01:01:37.10
68/109	400/610	2837	WHEELER, KATHRYN	10K20-29F	01:04:06.60	10:19	01:03:12.30
69/109	414/610	2260	BURNETT, KRISTA	10K20-29F	01:04:34.00	10:23	01:03:18.20
70/109	417/610	2756	SCHMOLD, NIKKI	10K20-29F	01:04:43.40	10:25	01:04:14.40
71/109	420/610	2576	LUI, ALICE	10K20-29F	01:04:49.90	10:26	01:03:54.00
72/109	422/610	2806	TOMEI, RACHEL	10K20-29F	01:04:51.30	10:26	01:03:24.10
73/109	424/610	2707	PUSZTAY, VANESSA	10K20-29F	01:04:59.45	10:27	01:04:08.65
74/109	432/610	2872	MANZOCCO, CHRISTIANA	10K20-29F	01:05:19.80	10:31	01:05:04.65
75/109	433/610	2641	MOROZ, ALLISON	10K20-29F	01:05:25.65	10:32	01:04:15.10
76/109	436/610	2759	SEDA, KAREN	10K20-29F	01:05:26.05	10:32	01:04:11.65
77/109	440/610	2661	NOLKE, JULIE	10K20-29F	01:05:37.55	10:34	01:05:15.55
78/109	442/610	2871	KORO, LINDSAY	10K20-29F	01:05:39.00	10:34	01:04:03.20
79/109	456/610	2676	OLSEN, MEGAN	10K20-29F	01:06:13.40	10:39	01:05:27.10
80/109	457/610	2666	O'GRADY, KRISTY	10K20-29F	01:06:16.80	10:40	01:04:48.85
81/109	468/610	2501	JOHANSEN, HEATHER	10K20-29F	01:06:41.15	10:44	01:06:05.55
82/109	469/610	2567	LIPINSKI, JOANNE	10K20-29F	01:07:06.50	10:48	01:06:23.70
83/109	472/610	2632	MILLER, LEAH	10K20-29F	01:07:10.85	10:49	01:06:32.70
84/109	473/610	2279	CHO, MICHELLE	10K20-29F	01:07:17.60	10:50	01:06:22.35
85/109	475/610	2558	LEIPNITZ, ANTJE	10K20-29F	01:07:23.50	10:51	01:07:09.00
86/109	476/610	2448	HENNIG, SHANNON	10K20-29F	01:07:31.50	10:52	01:06:12.95
87/109	480/610	2445	HEFFERNAN, KATHERINE	10K20-29F	01:07:43.10	10:54	01:06:51.50
88/109	485/610	2334	DESROSIERS, MELANIE	10K20-29F	01:08:30.75	11:01	01:08:16.35
89/109	486/610	2488	JAGT, KATHRYN	10K20-29F	01:08:41.85	11:03	01:08:29.45
90/109	493/610	2644	MUCSI, ASHLEY	10K20-29F	01:09:20.15	11:09	01:09:06.10
91/109	497/610	2358	EDIGER, DIANA	10K20-29F	01:09:27.20	11:11	01:07:58.90
92/109	498/610	2228	BERKEL, SARA	10K20-29F	01:09:28.10	11:11	01:09:04.50
93/109	509/610	2264	CALDWELL, PAULA	10K20-29F	01:10:04.00	11:16	01:09:22.70

Category Results

10K - 6.21 Miles

10K20-29F - 109 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
94/109	510/610	2543	KWOK, OLIVE	10K20-29F	01:10:10.70	11:18	01:09:33.70
95/109	515/610	2272	CATES, SIAN	10K20-29F	01:10:30.10	11:21	01:10:12.90
96/109	519/610	2825	WALDEN, ASHLYN	10K20-29F	01:10:57.50	11:25	01:10:28.50
97/109	522/610	2396	GETZ, JENNIFER	10K20-29F	01:11:06.20	11:26	01:10:49.50
98/109	527/610	2609	MCCHARLES, MARINA	10K20-29F	01:11:19.75	11:29	01:09:16.75
99/109	541/610	2323	DAVIS, HEATHER	10K20-29F	01:13:31.10	11:50	01:12:09.25
100/109	552/610	2515	KELLY, LAUREN	10K20-29F	01:15:22.55	12:08	01:14:07.90
101/109	553/610	2545	LAIRD, CHELSEA	10K20-29F	01:15:24.30	12:08	01:14:08.60
102/109	556/610	2929	SUDASINGHEGE, JANANI	10K20-29F	01:15:27.60	12:09	01:14:13.50
103/109	558/610	2204	ABREY, AUTUMN	10K20-29F	01:15:30.40	12:09	01:14:12.90
104/109	567/610	2345	DOORNBOS, DANIELLE	10K20-29F	01:16:31.75	12:19	01:15:22.95
105/109	582/610	2554	LEE, ANITA	10K20-29F	01:20:16.30	12:55	01:19:33.60
106/109	583/610	2856	YANG, BO	10K20-29F	01:20:18.55	12:55	01:19:36.95
107/109	589/610	2749	SANDERSON, ERIN	10K20-29F	01:21:46.35	13:10	01:20:13.65
108/109	590/610	2533	KOOPMANS, KAIA	10K20-29F	01:21:47.15	13:10	01:20:15.05
109/109	602/610	2552	LEALAND, JENNIFER	10K20-29F	01:26:35.10	13:56	01:26:14.10

10K20-29M - 43 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/43	2/610	2736	ROTH, JONATHAN	10K20-29M	00:35:43.10	05:45	00:35:42.45
2/43	9/610	2781	STEUDLER, CARL	10K20-29M	00:38:26.45	06:11	00:38:25.20
3/43	12/610	2864	ZIMMER, EARL	10K20-29M	00:39:25.85	06:20	00:39:17.25
4/43	14/610	2724	RIGBY, BEN	10K20-29M	00:40:03.80	06:27	00:39:56.90
5/43	16/610	2851	WRIGHTSON, JOHN	10K20-29M	00:40:28.70	06:31	00:40:25.00
6/43	17/610	2897	CARRICK, JON	10K20-29M	00:40:30.25	06:31	00:40:29.10
7/43	18/610	2494	JEFFERY, TYLER	10K20-29M	00:41:09.25	06:37	00:41:04.75
8/43	19/610	2936	ULLYOTT, BRETT	10K20-29M	00:41:17.85	06:39	00:41:08.25
9/43	23/610	2628	FRY, DAVID	10K20-29M	00:42:17.05	06:48	00:41:56.95
10/43	30/610	2743	SAETRE, MARTY	10K20-29M	00:42:57.50	06:55	00:42:46.20
11/43	36/610	2619	MCLEOD, SEAN	10K20-29M	00:44:06.10	07:06	00:44:02.10
12/43	64/610	2434	HARNETT, DAVID	10K20-29M	00:46:59.45	07:33	00:46:53.05
13/43	68/610	2630	METHOT, ALEXANDRE	10K20-29M	00:47:41.30	07:40	00:47:31.05
14/43	74/610	2421	GUNDERSON, DAVID	10K20-29M	00:48:15.75	07:46	00:48:12.90
15/43	84/610	2930	PARISH, ALAN	10K20-29M	00:48:57.00	07:52	00:47:17.30
16/43	86/610	2246	BRACKETT, BEN	10K20-29M	00:49:06.45	07:54	00:47:15.45
17/43	94/610	2708	RAFTER, GREG	10K20-29M	00:49:57.60	08:02	00:49:35.50
18/43	108/610	2845	WONG, KEN	10K20-29M	00:50:33.75	08:08	00:49:39.45
19/43	109/610	2706	POWER, TIMOTHY	10K20-29M	00:50:36.20	08:08	00:50:04.20
20/43	113/610	2719	REID, JOHNNY	10K20-29M	00:50:45.10	08:10	00:49:40.80
21/43	117/610	2378	FONG, ALEX	10K20-29M	00:51:08.50	08:14	00:50:57.70
22/43	118/610	2886	GREEN, MICHAEL	10K20-29M	00:51:09.15	08:14	00:51:03.60
23/43	127/610	2295	COLL, EOIN	10K20-29M	00:52:01.60	08:22	00:50:23.90
24/43	129/610	2428	HAMILTON, NICHOLAS	10K20-29M	00:52:11.60	08:24	00:51:47.40
25/43	147/610	2367	FERNANDO, JOSEPH	10K20-29M	00:53:19.05	08:35	00:52:37.75
26/43	160/610	2937	ROLLETT, JOHN	10K20-29M	00:54:13.50	08:43	00:54:03.30
27/43	169/610	2916	SMITH, ROB	10K20-29M	00:54:33.50	08:47	00:54:01.00
28/43	177/610	2223	BEATON, GERARD	10K20-29M	00:55:08.45	08:52	00:54:59.10
29/43	183/610	2370	FIELD, KYLE	10K20-29M	00:55:19.75	08:54	00:54:17.35
30/43	252/610	2671	OHENE, JAMES	10K20-29M	00:58:05.60	09:21	00:56:29.30
31/43	320/610	2424	HALVORSEN, JEFF	10K20-29M	01:00:52.10	09:48	00:59:48.25
32/43	332/610	2844	WINKLER, KAI	10K20-29M	01:01:34.70	09:55	01:01:01.20
33/43	337/610	2544	KWONG, EDWARD	10K20-29M	01:01:41.50	09:56	01:01:18.40
34/43	396/610	2597	MADAMESILA, MICO JAMES	10K20-29M	01:03:47.30	10:16	01:03:24.60
35/43	397/610	2297	COLLIS, ADAM	10K20-29M	01:03:49.40	10:16	01:03:02.85
36/43	413/610	2746	SALI, MICHAEL	10K20-29M	01:04:33.60	10:23	01:03:17.25
37/43	434/610	2478	HUGHSON, PATRICK	10K20-29M	01:05:25.85	10:32	01:04:01.25
38/43	438/610	2904	KEIRSTEAD, ANDREW	10K20-29M	01:05:34.55	10:33	01:05:00.50
39/43	448/610	2459	HILL, KEVIN	10K20-29M	01:05:58.15	10:37	01:04:36.10
40/43	454/610	2915	KLOIBER, PETER	10K20-29M	01:06:08.55	10:39	01:05:36.65
41/43	496/610	2652	NAIDEN, MATTHEW	10K20-29M	01:09:26.95	11:11	01:07:58.25
42/43	532/610	2354	DUNNE, AARON	10K20-29M	01:11:46.85	11:33	01:10:20.15
43/43	579/610	2891	MULALIC, DAMIR	10K20-29M	01:19:38.90	12:49	01:18:15.00

Category Results

10K - 6.21 Miles

10K30-39F - 157 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/157	15/610	2649	MURPHY, STEPHANIE	10K30-39F	00:40:23.30	06:30	00:40:22.05
2/157	21/610	2497	JEWETT, RHONDA	10K30-39F	00:41:45.95	06:43	00:41:43.95
3/157	33/610	2895	LOHMANN, TARA	10K30-39F	00:43:17.80	06:58	00:43:02.35
4/157	35/610	2210	ALINSANGAN, NANCY	10K30-39F	00:43:54.60	07:04	00:43:48.10
5/157	38/610	2868	ROWE, JENNY	10K30-39F	00:44:18.80	07:08	00:44:13.10
6/157	40/610	2461	HIRD, AYANO	10K30-39F	00:44:32.60	07:10	00:44:21.65
7/157	60/610	2521	KERWIN, STEPHANIE	10K30-39F	00:46:32.50	07:29	00:46:27.95
8/157	72/610	2339	DICKINSON, CHERYL	10K30-39F	00:48:05.00	07:44	00:47:51.50
9/157	90/610	2672	OHLSON, CHANEL	10K30-39F	00:49:19.20	07:56	00:49:02.70
10/157	92/610	2882	DEMERS, KRISTI	10K30-39F	00:49:47.50	08:01	00:49:41.80
11/157	93/610	2691	PENNO, ERIN	10K30-39F	00:49:48.85	08:01	00:49:37.80
12/157	97/610	2591	MACKAY, SUSAN	10K30-39F	00:50:04.10	08:03	00:49:51.20
13/157	101/610	2867	HYMAN, TRICIA	10K30-39F	00:50:11.65	08:05	00:50:02.55
14/157	107/610	2526	KING, SARAH	10K30-39F	00:50:29.35	08:07	00:50:21.60
15/157	130/610	2318	CUSANELLI, JULIE-ANN	10K30-39F	00:52:22.15	08:25	00:52:13.30
16/157	138/610	2538	KRZYWICKI, SHANNON	10K30-39F	00:52:57.75	08:31	00:52:43.70
17/157	139/610	2213	ARPIN, CHERYL	10K30-39F	00:53:00.80	08:32	00:52:47.35
18/157	140/610	2400	GIFFEN, REBECCA	10K30-39F	00:53:01.30	08:32	00:52:24.40
19/157	142/610	2369	FERO, JENNIFER	10K30-39F	00:53:04.55	08:32	00:52:34.65
20/157	144/610	2721	REID-SPIRK, DEBBOAIRE	10K30-39F	00:53:09.30	08:33	00:52:07.90
21/157	150/610	2423	HALPRIN, DANYAEL	10K30-39F	00:53:38.45	08:38	00:53:28.85
22/157	152/610	2402	GILLESPIE, MOLLY	10K30-39F	00:53:39.30	08:38	00:53:13.00
23/157	154/610	2259	BURGIS, MELISSA	10K30-39F	00:53:40.30	08:38	00:52:30.80
24/157	158/610	2604	MAWHINNEY, SHARLA	10K30-39F	00:54:07.45	08:42	00:53:58.45
25/157	159/610	2928	WINGERAK, DALLAS	10K30-39F	00:54:11.10	08:43	00:54:00.35
26/157	161/610	2359	ELGIE, KATIE	10K30-39F	00:54:14.50	08:44	00:53:00.25
27/157	163/610	2511	KEATLEY, CATHERINE	10K30-39F	00:54:19.35	08:44	00:53:35.15
28/157	165/610	2293	COCKER, ALLISON	10K30-39F	00:54:22.50	08:45	00:53:47.15
29/157	171/610	2539	KUBASEK, GLENDA	10K30-39F	00:54:38.60	08:48	00:54:24.85
30/157	172/610	2415	GREENALL, GERI	10K30-39F	00:54:40.40	08:48	00:54:16.60
31/157	176/610	2255	BUFFAM, JENNY	10K30-39F	00:55:01.50	08:51	00:54:27.60
32/157	181/610	2225	BENKE, AMANDA	10K30-39F	00:55:18.10	08:54	00:55:03.90
33/157	185/610	2475	HOWARD, SHARLA	10K30-39F	00:55:24.05	08:55	00:54:43.55
34/157	186/610	2348	DOYLE, KIMBERLIEGH	10K30-39F	00:55:25.60	08:55	00:55:00.60
35/157	189/610	2862	ZAMBORY, JENNIFER	10K30-39F	00:55:34.70	08:57	00:55:16.80
36/157	191/610	2499	JO, CHRISTY	10K30-39F	00:55:36.35	08:57	00:55:29.95
37/157	195/610	2581	LUPUL, SHERI	10K30-39F	00:55:42.35	08:58	00:55:00.85
38/157	203/610	2900	INGLIS, JULIE	10K30-39F	00:56:02.75	09:01	00:55:13.40
39/157	205/610	2466	HOGAN, BRIGID	10K30-39F	00:56:14.25	09:03	00:55:21.45
40/157	208/610	2750	SAPERGIA, SOPHIE	10K30-39F	00:56:15.20	09:03	00:55:34.80
41/157	211/610	2470	HONG, JULIE	10K30-39F	00:56:23.40	09:04	00:55:47.25
42/157	213/610	2857	YOUNG, JENNIFER	10K30-39F	00:56:32.80	09:06	00:56:04.20
43/157	216/610	2274	CHAN, JANICE	10K30-39F	00:56:40.75	09:07	00:56:01.65
44/157	219/610	2819	VERHELST, TWYLA	10K30-39F	00:56:43.70	09:08	00:56:14.50
45/157	223/610	2522	KESKIC, KRISTY	10K30-39F	00:56:59.65	09:10	00:56:37.95
46/157	224/610	2580	LUPART, VANESSA	10K30-39F	00:57:05.10	09:11	00:56:22.85
47/157	231/610	2214	ATTWELL, SARAH	10K30-39F	00:57:25.60	09:14	00:57:06.15
48/157	232/610	2939	SCHAFFER, KRIS	10K30-39F	00:57:30.15	09:15	00:57:19.35
49/157	235/610	2331	DERRAUGH, TANIA	10K30-39F	00:57:34.65	09:16	00:56:26.85
50/157	240/610	2814	VAN, NINA	10K30-39F	00:57:42.90	09:17	00:56:24.85
51/157	243/610	2340	DICKINSON, MICHELLE	10K30-39F	00:57:51.85	09:19	00:57:37.55
52/157	244/610	2561	LEUNG, JANET	10K30-39F	00:57:53.80	09:19	00:57:33.30
53/157	247/610	2327	DEERHAWKE, PHOENIX	10K30-39F	00:57:59.50	09:20	00:57:48.55
54/157	251/610	2481	HUYNH, HOA	10K30-39F	00:58:04.25	09:21	00:57:13.35
55/157	253/610	2770	SILVESTRI, JOSEPHINE	10K30-39F	00:58:05.60	09:21	00:57:14.10
56/157	273/610	2738	RYCKMAN, CHRISTINE	10K30-39F	00:58:38.00	09:26	00:58:21.70
57/157	276/610	2778	SPANKE, KELLY	10K30-39F	00:58:49.65	09:28	00:57:58.55
58/157	283/610	2631	MIGNEAULT, NAAVA	10K30-39F	00:58:56.75	09:29	00:58:03.75
59/157	284/610	2546	LAJOIE, DANIELLE	10K30-39F	00:58:59.80	09:30	00:58:30.75
60/157	287/610	2841	WILSON, ELLA	10K30-39F	00:59:01.40	09:30	00:58:01.95
61/157	289/610	2411	GRAHAM, ANDREA	10K30-39F	00:59:05.50	09:31	00:58:46.60
62/157	294/610	2433	REGIER, CHASTITY	10K30-39F	00:59:13.45	09:32	00:58:05.50

Category Results

10K - 6.21 Miles

10K30-39F - 157 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
63/157	295/610	2550	LAW, JODIE	10K30-39F	00:59:14.30	09:32	00:58:41.35
64/157	300/610	2642	MOROZ, MARNIE	10K30-39F	00:59:32.50	09:35	00:58:28.10
65/157	303/610	2365	ETIENNE, MONIQUE	10K30-39F	01:00:00.00	09:39	00:58:15.30
66/157	304/610	2215	AWDE, JEN	10K30-39F	01:00:03.75	09:40	00:58:59.70
67/157	305/610	2740	SACREY BUTLER, JOHNNA	10K30-39F	01:00:10.35	09:41	01:00:02.85
68/157	310/610	2283	WHITE, CHRISTA	10K30-39F	01:00:27.75	09:44	00:59:42.35
69/157	314/610	2876	PAULSON, SHAUNA	10K30-39F	01:00:40.80	09:46	01:00:05.95
70/157	316/610	2344	DONALD, ANNA	10K30-39F	01:00:43.35	09:46	01:00:25.45
71/157	319/610	2406	GONZALEZ, CAROLINA	10K30-39F	01:00:51.00	09:47	01:00:35.20
72/157	327/610	2221	BATES-GROVER, LISA	10K30-39F	01:01:23.85	09:53	01:00:47.45
73/157	328/610	2660	NIELSEN, SANDRA	10K30-39F	01:01:24.60	09:53	01:00:43.30
74/157	329/610	2578	LUKINUK, ELIZABETH	10K30-39F	01:01:28.05	09:53	01:00:55.65
75/157	338/610	2783	STOCK, KELLY	10K30-39F	01:01:41.65	09:56	01:00:51.95
76/157	339/610	2731	ROMITI, MARIA	10K30-39F	01:01:41.80	09:56	01:00:53.05
77/157	341/610	838	STUART, SAMANTHA	10K30-39F	01:01:46.55	09:56	01:00:58.90
78/157	346/610	2384	FROST, AMANDA	10K30-39F	01:01:56.70	09:58	01:00:17.20
79/157	347/610	2549	LAUSCHER, REGAN	10K30-39F	01:02:00.35	09:59	01:00:59.80
80/157	358/610	2772	SKROVE, TAMMIE	10K30-39F	01:02:23.65	10:02	01:01:22.00
81/157	363/610	2926	FORTOWSKY, LINDSAY	10K30-39F	01:02:35.40	10:04	01:02:27.60
82/157	366/610	2665	O'BRIEN, ERIN	10K30-39F	01:02:41.90	10:05	01:01:45.50
83/157	367/610	2309	COWAN, LISA	10K30-39F	01:02:42.20	10:05	01:01:45.30
84/157	368/610	2757	SCHULTZ, KRISTEENA	10K30-39F	01:02:42.25	10:05	01:01:37.40
85/157	369/610	2547	LALACH, KRISTI	10K30-39F	01:02:42.50	10:05	01:01:23.60
86/157	380/610	2222	BAUER, KATY	10K30-39F	01:03:09.20	10:10	01:02:02.65
87/157	382/610	2747	SANCHEZ, CAROLINA	10K30-39F	01:03:13.85	10:10	01:03:01.85
88/157	389/610	2709	RAMDIN, SHANNON	10K30-39F	01:03:27.30	10:13	01:02:27.30
89/157	391/610	2338	DICKIE, MICHELLE	10K30-39F	01:03:28.65	10:13	01:02:32.85
90/157	395/610	2653	THOMAS, NEDINE	10K30-39F	01:03:42.40	10:15	01:02:43.90
91/157	404/610	2294	COISH, MICHELLE	10K30-39F	01:04:11.60	10:20	01:03:18.30
92/157	407/610	2286	CLAMP, AIA	10K30-39F	01:04:19.00	10:21	01:03:46.10
93/157	409/610	2398	GIFFEN, AMANDA	10K30-39F	01:04:27.80	10:22	01:02:57.75
94/157	410/610	2748	SANDERS, KERRI	10K30-39F	01:04:29.15	10:23	01:03:56.65
95/157	418/610	2753	SCHAFFER, JACKIE	10K30-39F	01:04:43.40	10:25	01:03:38.40
96/157	419/610	2813	TWA, KERRIA	10K30-39F	01:04:43.55	10:25	01:03:07.35
97/157	427/610	2307	COULL, ADELE	10K30-39F	01:05:02.10	10:28	01:04:09.10
98/157	428/610	2613	MCGOVERN, CARA	10K30-39F	01:05:07.00	10:29	01:04:28.05
99/157	430/610	2574	LOVE, JENNIFER	10K30-39F	01:05:13.30	10:30	01:03:37.80
100/157	431/610	2842	WILSON, KRISTY	10K30-39F	01:05:17.50	10:30	01:04:26.55
101/157	439/610	2230	BLAKE, KRISTY	10K30-39F	01:05:35.90	10:33	01:05:01.95
102/157	441/610	2880	SIGOUIN, ISABELLE	10K30-39F	01:05:37.75	10:34	01:04:15.45
103/157	443/610	2794	TEDD, TAMARA	10K30-39F	01:05:40.80	10:34	01:04:55.05
104/157	444/610	2775	SNELL, DIANA	10K30-39F	01:05:51.30	10:36	01:04:51.50
105/157	447/610	2730	RODGER, KIMBERLY-ANNE	10K30-39F	01:05:53.40	10:36	01:04:40.65
106/157	452/610	2582	LUSINA, BETH	10K30-39F	01:06:04.00	10:38	01:05:26.10
107/157	453/610	2438	GIBSON, COLLETTE	10K30-39F	01:06:08.20	10:38	01:05:30.60
108/157	458/610	2248	BRAUNBERGER, DANA	10K30-39F	01:06:17.05	10:40	01:05:49.80
109/157	459/610	2656	NEWMAN, CANDACE	10K30-39F	01:06:17.30	10:40	01:05:49.30
110/157	460/610	2319	CZUCZMAN, JEANNINE	10K30-39F	01:06:18.90	10:40	01:05:42.20
111/157	461/610	2696	PIAMONTE, CECILIA	10K30-39F	01:06:19.00	10:40	01:05:33.30
112/157	462/610	2824	VOREL, NICHOLE	10K30-39F	01:06:20.00	10:40	01:05:41.60
113/157	463/610	2376	FLAIG, ANGELA	10K30-39F	01:06:29.60	10:42	01:05:25.40
114/157	467/610	2375	FISHER, SARA	10K30-39F	01:06:38.00	10:43	01:05:49.90
115/157	470/610	2308	COULTER, KATRINA	10K30-39F	01:07:08.20	10:48	01:06:17.90
116/157	481/610	2212	ANDERSON, CHRISTINE	10K30-39F	01:07:43.95	10:54	01:06:37.20
117/157	482/610	2548	LAROCQUE, ANNE-MICHELE	10K30-39F	01:07:49.60	10:55	01:07:33.80
118/157	484/610	2669	OCAMPO, AMANDA	10K30-39F	01:08:19.75	11:00	01:07:06.05
119/157	488/610	2453	HEYWOOD, MELANIE	10K30-39F	01:08:53.05	11:05	01:08:12.20
120/157	500/610	2655	NEMECEK, ANDREA	10K30-39F	01:09:28.40	11:11	01:08:16.40
121/157	499/610	2301	CONSTANT, JENNIFER	10K30-39F	01:09:28.40	11:11	01:08:16.60
122/157	501/610	2278	CHELAK, KRISTEN	10K30-39F	01:09:29.95	11:11	01:08:11.60
123/157	503/610	2531	KNUFF, COLLEEN	10K30-39F	01:09:38.70	11:12	01:08:19.10
124/157	508/610	2586	MACDONALD, JACQUELINE	10K30-39F	01:09:57.00	11:15	01:08:54.85

Category Results

10K - 6.21 Miles

10K30-39F - 157 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
125/157	514/610	2508	KANSKI, AUDRA	10K30-39F	01:10:24.00	11:20	01:08:52.80
126/157	525/610	2816	VAN ZWAAIJ, SONJA	10K30-39F	01:11:15.95	11:28	01:10:24.80
127/157	526/610	2335	DESILETS, JENNIFER	10K30-39F	01:11:16.40	11:28	01:10:24.90
128/157	529/610	2233	BOIVIN, JULIE	10K30-39F	01:11:31.00	11:30	01:10:41.90
129/157	533/610	2866	ARNOUX, DELANEY	10K30-39F	01:12:20.15	11:38	01:12:02.85
130/157	536/610	2527	KIRKPATRICK, ELLEN	10K30-39F	01:12:58.90	11:45	01:12:13.65
131/157	537/610	2732	ROQUE, CARLA	10K30-39F	01:13:12.70	11:47	01:11:55.20
132/157	543/610	2651	MYRONYK, ANDREA	10K30-39F	01:13:49.10	11:53	01:12:17.80
133/157	547/610	2873	MOFFAT, ANGELA	10K30-39F	01:14:03.60	11:55	01:12:49.80
134/157	550/610	2601	MAINGAT, MICHELLE	10K30-39F	01:14:32.15	12:00	01:14:07.15
135/157	551/610	2203	ABEL, ALISON	10K30-39F	01:14:57.85	12:04	01:13:27.25
136/157	559/610	2700	PIZARRO, GINA	10K30-39F	01:15:42.10	12:11	01:06:46.65
137/157	560/610	2705	POWER, MELISSA	10K30-39F	01:15:46.60	12:12	01:14:50.75
138/157	561/610	2894	DANYLIW, BRENDA	10K30-39F	01:15:46.60	12:12	01:14:50.50
139/157	563/610	2412	GRAHAM METCALF, JENNIFER	10K30-39F	01:16:02.60	12:14	01:14:17.80
140/157	566/610	2239	BOURASSA, KELLY	10K30-39F	01:16:10.50	12:16	01:15:24.60
141/157	570/610	2516	JAMIESON, KELTIE	10K30-39F	01:17:10.85	12:25	01:15:36.25
142/157	573/610	2782	STEWART, KORI	10K30-39F	01:17:59.25	12:33	01:15:40.55
143/157	574/610	2416	GRENKOW, NICOLE	10K30-39F	01:17:59.45	12:33	01:15:41.00
144/157	575/610	2659	NIELSEN, JANET	10K30-39F	01:18:25.55	12:37	01:17:37.65
145/157	577/610	2774	SNEDDON KENDRICK, ASTRID	10K30-39F	01:18:57.00	12:42	01:18:00.70
146/157	578/610	2443	MARQUEZ, JAIMEE	10K30-39F	01:19:16.95	12:46	01:17:32.35
147/157	581/610	2343	DOHERTY, SARA	10K30-39F	01:20:10.90	12:54	01:19:22.30
148/157	584/610	2477	HUG, ANNE-LAURE	10K30-39F	01:20:25.00	12:56	01:19:08.80
149/157	594/610	2587	MACDONALD, KELLY	10K30-39F	01:22:34.60	13:17	01:22:34.60
150/157	595/610	2241	BOWMAN, BONNY	10K30-39F	01:24:30.05	13:36	01:23:12.05
151/157	596/610	2889	MACDONALD, SANDRA	10K30-39F	01:24:39.20	13:37	01:23:15.75
152/157	597/610	2490	JAMES, DEBRA	10K30-39F	01:24:48.00	13:39	01:23:12.20
153/157	598/610	2514	KELLY, DAWN	10K30-39F	01:24:48.05	13:39	01:23:12.55
154/157	599/610	2584	LYLE, CHRISTY	10K30-39F	01:25:48.20	13:48	01:25:21.60
155/157	601/610	2382	FREDERICKSON, SHANNON	10K30-39F	01:26:11.05	13:52	01:25:15.40
156/157	604/610	2798	THOMAS, JILL	10K30-39F	01:37:47.60	15:44	01:37:07.90
157/157	608/610	2888	MACDONALD, LARA	10K30-39F	01:50:00.50	17:42	01:48:31.60

10K30-39M - 62 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/62	1/610	2496	JENSEN, SCOTT	10K30-39M	00:33:48.15	05:26	00:33:48.15
2/62	3/610	2761	SELLERS, CORY	10K30-39M	00:36:59.10	05:57	00:36:56.05
3/62	4/610	2347	DOWLING, SHAWN	10K30-39M	00:37:10.65	05:59	00:37:08.25
4/62	5/610	2890	MARCOTTE, KYLE	10K30-39M	00:37:47.25	06:05	00:37:46.80
5/62	6/610	2333	DESROCHERS, DARREN	10K30-39M	00:37:50.85	06:05	00:37:48.45
6/62	7/610	2361	ELLUM, CAMERON	10K30-39M	00:38:22.35	06:10	00:38:20.75
7/62	11/610	2577	LUKINUK, BRENDT	10K30-39M	00:39:00.75	06:16	00:38:58.40
8/62	20/610	2826	WANG, NICOLAS	10K30-39M	00:41:19.05	06:39	00:41:15.70
9/62	28/610	2487	JACOBS, BRAD	10K30-39M	00:42:43.30	06:52	00:42:41.25
10/62	31/610	2624	MEDWID, GREG	10K30-39M	00:43:08.50	06:56	00:43:08.50
11/62	37/610	2728	ROBBINS, ROBIN	10K30-39M	00:44:07.75	07:06	00:43:54.80
12/62	39/610	2362	ENGLISH, JASON	10K30-39M	00:44:24.35	07:08	00:44:18.80
13/62	41/610	2925	CORRIN, SIMON	10K30-39M	00:44:37.05	07:11	00:44:31.70
14/62	44/610	2495	JENKINS, KENT	10K30-39M	00:44:54.80	07:13	00:44:34.20
15/62	48/610	2860	ZAHARA, RYAN	10K30-39M	00:45:30.60	07:19	00:45:21.45
16/62	49/610	2518	KERR, IAN	10K30-39M	00:45:32.70	07:20	00:45:15.80
17/62	50/610	2462	HIRD, MIKE	10K30-39M	00:45:54.20	07:23	00:45:16.95
18/62	58/610	2779	ST.CROIX, CORY	10K30-39M	00:46:28.05	07:28	00:46:00.95
19/62	59/610	2315	CULLINGHAM, MIKE	10K30-39M	00:46:32.30	07:29	00:45:49.00
20/62	62/610	2557	LEGACY, FRANK	10K30-39M	00:46:35.65	07:30	00:46:21.80
21/62	71/610	2571	LOTTERMOSER, RYAN	10K30-39M	00:47:50.95	07:42	00:46:51.75
22/62	73/610	2870	KING, SHANE	10K30-39M	00:48:13.65	07:46	00:48:05.45
23/62	75/610	2711	RAMSEY, JASON	10K30-39M	00:48:29.90	07:48	00:48:20.20
24/62	80/610	2256	BUNTING, AARON	10K30-39M	00:48:52.10	07:52	00:48:30.10
25/62	82/610	2220	BARROW, RICHARD	10K30-39M	00:48:53.95	07:52	00:48:34.55
26/62	87/610	2410	GRADY, MATT	10K30-39M	00:49:06.60	07:54	00:49:06.60
27/62	95/610	2804	TIMOFFEE, RYAN	10K30-39M	00:49:59.00	08:02	00:49:25.30

Category Results

10K - 6.21 Miles

10K30-39M - 62 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
28/62	100/610	2537	KRZYWICKI, JACEK	10K30-39M	00:50:05.65	08:04	00:49:50.35
29/62	102/610	2827	WARD, ANDREW	10K30-39M	00:50:13.45	08:05	00:49:51.95
30/62	103/610	2588	MACEDO, RICHARD	10K30-39M	00:50:14.60	08:05	00:50:07.45
31/62	120/610	2399	GIFFEN, CHRIS	10K30-39M	00:51:24.80	08:16	00:50:50.60
32/62	136/610	2465	HOGABOAM, KYLE	10K30-39M	00:52:54.60	08:31	00:51:59.70
33/62	151/610	2270	CARR, CHRIS	10K30-39M	00:53:39.20	08:38	00:53:12.10
34/62	162/610	2941	COMPTON, KRIS	10K30-39M	00:54:16.90	08:44	00:53:19.45
35/62	170/610	2760	SEGARRA, MARK	10K30-39M	00:54:34.25	08:47	00:54:04.25
36/62	173/610	2429	HAMMOND, SIMON	10K30-39M	00:54:46.55	08:49	00:53:42.15
37/62	178/610	2831	WEARE, KENT	10K30-39M	00:55:11.60	08:53	00:54:49.95
38/62	188/610	2444	HEAD, KEVIN	10K30-39M	00:55:27.00	08:55	00:54:28.65
39/62	196/610	2390	GAGNON, ERIC	10K30-39M	00:55:43.35	08:58	00:55:31.35
40/62	207/610	2729	ROBERTS, PAUL	10K30-39M	00:56:15.10	09:03	00:55:24.65
41/62	212/610	2509	KAWAKAMI, JUN	10K30-39M	00:56:23.70	09:04	00:55:46.90
42/62	225/610	2454	HEYWOOD, SEAN	10K30-39M	00:57:05.55	09:11	00:56:22.30
43/62	233/610	2512	KEATLEY, JOSH	10K30-39M	00:57:31.00	09:15	00:56:46.30
44/62	236/610	2452	HEWITT, SEAN	10K30-39M	00:57:37.05	09:16	00:56:49.90
45/62	249/610	2532	KOKOTT, RYAN	10K30-39M	00:58:02.75	09:20	00:56:32.55
46/62	250/610	2739	SABADO, JR	10K30-39M	00:58:04.15	09:21	00:49:42.35
47/62	259/610	2858	YOUNG, KEVIN	10K30-39M	00:58:13.10	09:22	00:58:04.90
48/62	291/610	2594	MACNAB, ALEX	10K30-39M	00:59:07.75	09:31	00:58:38.55
49/62	322/610	2942	ZELLER, NEIL	10K30-39M	01:01:08.10	09:50	01:00:40.45
50/62	335/610	2723	RESTAR, JAY	10K30-39M	01:01:38.35	09:55	01:00:56.90
51/62	348/610	2468	HOLLMAN, LANDON	10K30-39M	01:02:01.15	09:59	01:01:00.30
52/62	390/610	2579	LUNDEEN, DAVID	10K30-39M	01:03:28.60	10:13	01:02:28.40
53/62	398/610	2381	FOURNIER, SEBASTIEN	10K30-39M	01:03:54.30	10:17	01:03:48.60
54/62	399/610	2310	COYES, CHAD	10K30-39M	01:03:57.35	10:17	01:03:44.70
55/62	412/610	2745	SALI, MATT	10K30-39M	01:04:33.25	10:23	01:03:16.90
56/62	415/610	2710	RAMESSAR, RANDY	10K30-39M	01:04:42.10	10:25	01:04:20.70
57/62	423/610	2667	O'GRADY, PAUL	10K30-39M	01:04:58.75	10:27	01:03:29.30
58/62	466/610	2764	SHALALA, MARK	10K30-39M	01:06:37.45	10:43	01:05:49.15
59/62	502/610	2237	BODREAU, HAROLD	10K30-39M	01:09:30.45	11:11	01:08:12.05
60/62	549/610	2796	THIELSEN, IAN	10K30-39M	01:14:30.00	11:59	01:14:17.80
61/62	600/610	2243	BOYES, PETER	10K30-39M	01:25:48.20	13:48	01:25:20.85
62/62	610/610	2883	CHISHOLM, BRIAN	10K30-39M	02:04:53.60	20:06	02:03:25.55

10K40-49F - 68 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/68	47/610	2602	MARINE, CRYSTAL	10K40-49F	00:45:25.40	07:18	00:45:06.90
2/68	66/610	2918	MULLIN INNES, CARRIE	10K40-49F	00:47:16.05	07:36	00:46:54.40
3/68	69/610	2863	ZIA, KATE	10K40-49F	00:47:44.35	07:41	00:47:39.45
4/68	148/610	2540	KUEHNER, MELISSA	10K40-49F	00:53:21.15	08:35	00:52:52.95
5/68	156/610	2908	SALINAS, VERONIKA	10K40-49F	00:53:54.65	08:40	00:53:52.55
6/68	168/610	2285	CHRUMKA, LYNNE	10K40-49F	00:54:28.90	08:46	00:53:54.00
7/68	179/610	2885	GREEN, JOANNE	10K40-49F	00:55:12.20	08:53	00:55:07.70
8/68	190/610	2299	CONLIN, ALISON	10K40-49F	00:55:34.80	08:57	00:55:05.95
9/68	210/610	1568	KENNEDY, JEAN	10K40-49F	00:56:22.40	09:04	00:52:34.90
10/68	217/610	2235	BOSCH, VONNIE	10K40-49F	00:56:41.50	09:07	00:56:23.10
11/68	220/610	2818	VAREY, JENNIFER	10K40-49F	00:56:45.50	09:08	00:55:33.00
12/68	222/610	2589	MACK-GRANGER, CHRISTINE	10K40-49F	00:56:58.25	09:10	00:55:35.35
13/68	228/610	2551	LAYTON, KANDI	10K40-49F	00:57:11.60	09:12	00:56:54.05
14/68	230/610	2341	DICKSON, LAURA	10K40-49F	00:57:25.40	09:14	00:56:59.40
15/68	234/610	2383	FRERE SCHMIDT, RINKY	10K40-49F	00:57:33.00	09:16	00:57:10.40
16/68	256/610	2250	BROCK, MARSHA	10K40-49F	00:58:10.15	09:21	00:57:10.25
17/68	258/610	2600	MAIDMENT, TANYA	10K40-49F	00:58:12.80	09:22	00:57:55.55
18/68	266/610	2830	WATTIE, LORRAINE	10K40-49F	00:58:22.85	09:24	00:58:11.25
19/68	270/610	2686	PAWLUK, LARA	10K40-49F	00:58:32.40	09:25	00:57:28.65
20/68	306/610	2768	SHLAH, DENA	10K40-49F	01:00:12.90	09:41	00:59:56.20
21/68	307/610	2351	DRIEDGER, VAL	10K40-49F	01:00:18.00	09:42	00:58:33.50
22/68	318/610	2675	OLSEN, LINDA	10K40-49F	01:00:48.85	09:47	01:00:39.80
23/68	321/610	2569	LOHMANN, MARILYN	10K40-49F	01:01:04.15	09:50	00:59:55.90
24/68	323/610	2931	CHRISTENSEN, JANIS	10K40-49F	01:01:08.40	09:50	01:00:30.55
25/68	326/610	2771	SKRIVANOS, KRISTIN	10K40-49F	01:01:22.45	09:52	01:00:06.75

Category Results

10K - 6.21 Miles

10K40-49F - 68 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
26/68	336/610	2795	TEMPEL, CINDY	10K40-49F	01:01:39.20	09:55	01:00:54.00
27/68	340/610	2751	SAVAGE, SONYA	10K40-49F	01:01:44.15	09:56	01:01:41.40
28/68	355/610	2807	TOUGH, KRISTINE	10K40-49F	01:02:15.70	10:01	01:01:38.80
29/68	359/610	2337	DICASTRI, JODY	10K40-49F	01:02:27.95	10:03	01:00:52.40
30/68	371/610	2678	OWENS, CATHRYN	10K40-49F	01:02:45.50	10:06	01:01:52.50
31/68	374/610	2701	PODRUZNY, TRACY	10K40-49F	01:02:56.70	10:08	01:02:40.00
32/68	387/610	2635	MONT, SHELLY	10K40-49F	01:03:25.20	10:12	01:02:15.30
33/68	394/610	2284	CHRISTOFFERSEN, MICHELLE	10K40-49F	01:03:36.70	10:14	01:03:23.15
34/68	401/610	2817	VANDEN DOOL, GRACE	10K40-49F	01:04:07.50	10:19	01:03:58.40
35/68	408/610	2684	PATON, GILLIAN	10K40-49F	01:04:21.30	10:21	01:03:56.35
36/68	425/610	2408	GOOLIAFF, SHAUNA	10K40-49F	01:05:00.85	10:28	01:04:07.85
37/68	445/610	2935	RACKEL, LORI	10K40-49F	01:05:53.15	10:36	01:05:13.90
38/68	446/610	2933	MOORE, DONNA	10K40-49F	01:05:53.20	10:36	01:05:12.65
39/68	451/610	2712	RAWSON, KAREN	10K40-49F	01:06:02.80	10:38	01:04:38.25
40/68	455/610	2457	HILL, KELLY	10K40-49F	01:06:11.10	10:39	01:05:33.20
41/68	464/610	2785	STREET, JUDY	10K40-49F	01:06:32.95	10:42	01:05:30.05
42/68	465/610	2391	GARDNER, PATRICIA	10K40-49F	01:06:34.70	10:43	01:05:31.75
43/68	471/610	2357	EDDY, HEATHER	10K40-49F	01:07:10.05	10:48	01:06:42.25
44/68	477/610	2287	CLANCY, DAWN	10K40-49F	01:07:36.00	10:53	01:06:15.60
45/68	478/610	2595	MACNAUGHTON, CATHY	10K40-49F	01:07:40.75	10:53	01:05:58.90
46/68	483/610	2780	STARR, JOY	10K40-49F	01:07:55.60	10:56	01:06:32.40
47/68	487/610	2639	MORGAN, LINDA	10K40-49F	01:08:43.35	11:03	01:07:24.00
48/68	489/610	2612	MCEACHERN, TRACY	10K40-49F	01:09:02.55	11:07	01:07:34.75
49/68	490/610	2216	BAILEY, EVELYN	10K40-49F	01:09:02.85	11:07	01:07:35.35
50/68	492/610	2859	YOUNG, LISA	10K40-49F	01:09:15.60	11:09	01:08:43.85
51/68	504/610	2786	SULLIVAN, ANN	10K40-49F	01:09:39.05	11:12	01:08:19.10
52/68	505/610	2847	WONG, WENDY	10K40-49F	01:09:42.00	11:13	01:08:51.60
53/68	506/610	2869	KILDARE, CAROLYN	10K40-49F	01:09:47.00	11:14	01:08:54.20
54/68	507/610	2722	REIMER, NORMA	10K40-49F	01:09:56.90	11:15	01:08:49.10
55/68	511/610	2679	OWENS, JENNIFER	10K40-49F	01:10:11.00	11:18	01:09:17.10
56/68	512/610	2440	HARVIE, VIRGINIA	10K40-49F	01:10:19.15	11:19	01:08:57.95
57/68	516/610	2467	HOGG, SHELLEY	10K40-49F	01:10:34.85	11:21	01:10:26.25
58/68	517/610	2282	CHOE, ELLIS	10K40-49F	01:10:39.25	11:22	01:09:05.75
59/68	518/610	2251	BROST, MAUREEN	10K40-49F	01:10:41.60	11:23	01:09:36.20
60/68	521/610	2643	MOUNTFORD, NIKKI	10K40-49F	01:10:59.00	11:25	01:09:53.55
61/68	530/610	2394	GARSTAD, TINA	10K40-49F	01:11:35.20	11:31	01:10:32.15
62/68	540/610	2480	HUTCHINSON, ANGELA	10K40-49F	01:13:30.60	11:50	01:12:07.40
63/68	544/610	2425	HALWAS, COLLEEN	10K40-49F	01:13:49.45	11:53	01:12:17.45
64/68	554/610	2683	PARSONS, LISA	10K40-49F	01:15:26.05	12:08	01:14:15.25
65/68	564/610	2875	PARISH, SHARLYNN	10K40-49F	01:16:05.90	12:15	01:14:26.00
66/68	576/610	2312	CRAWFORD, SUSAN	10K40-49F	01:18:55.10	12:42	01:17:11.60
67/68	593/610	2393	GARRIES, SHERRI	10K40-49F	01:22:30.95	13:17	01:21:15.35
68/68	609/610	2887	JESSIMAN, MEGHAN	10K40-49F	01:50:01.50	17:43	01:48:33.65

10K40-49M - 56 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/56	8/610	2898	CONERITY, BRIAN	10K40-49M	00:38:22.45	06:10	00:38:21.35
2/56	10/610	2566	LINDLAND, KEVIN	10K40-49M	00:38:47.10	06:14	00:38:47.10
3/56	22/610	2614	YOUNG, BRAD	10K40-49M	00:41:54.15	06:44	00:41:52.55
4/56	24/610	2697	PIETERSMA, IAN	10K40-49M	00:42:17.70	06:48	00:42:12.35
5/56	27/610	2252	BROVKIN, ALEXANDER	10K40-49M	00:42:39.05	06:52	00:42:31.50
6/56	46/610	2917	GILLIES, CLAY	10K40-49M	00:45:22.20	07:18	00:45:03.85
7/56	51/610	2943	BROCKETT, SIMON	10K40-49M	00:45:55.75	07:23	00:45:55.75
8/56	56/610	2808	TRIMBLE, DEAN	10K40-49M	00:46:19.65	07:27	00:46:00.85
9/56	57/610	2372	FILLIP, TODD	10K40-49M	00:46:23.65	07:28	00:46:04.50
10/56	61/610	2924	HARDY, MARTIN	10K40-49M	00:46:33.25	07:29	00:46:21.65
11/56	70/610	2689	PENA, LUIS	10K40-49M	00:47:47.10	07:41	00:47:35.10
12/56	77/610	2606	MAZZOLANI, MARCO	10K40-49M	00:48:37.70	07:49	00:48:16.90
13/56	78/610	2419	GROMACK, STEVE	10K40-49M	00:48:40.70	07:50	00:48:02.40
14/56	83/610	2417	GRIECO, JOHN	10K40-49M	00:48:56.10	07:52	00:48:22.85
15/56	88/610	2677	OUIMET, ROBERT	10K40-49M	00:49:06.85	07:54	00:49:03.05
16/56	96/610	2236	BOTT, RAYMOND	10K40-49M	00:50:00.90	08:03	00:49:46.05
17/56	106/610	2460	HINTON, DAREN	10K40-49M	00:50:24.70	08:07	00:49:57.60

Category Results

10K - 6.21 Miles

10K40-49M - 56 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
18/56	115/610	2524	KIM, RICHARD	10K40-49M	00:51:02.90	08:13	00:49:29.85
19/56	124/610	2432	HARASYM, MICHAEL	10K40-49M	00:51:45.30	08:20	00:51:13.00
20/56	125/610	2777	SOMMERFELD, MICHAEL	10K40-49M	00:51:54.10	08:21	00:51:17.40
21/56	143/610	2368	FERO, IAN	10K40-49M	00:53:04.85	08:32	00:52:33.55
22/56	155/610	2389	FUNK, RICHARD	10K40-49M	00:53:48.00	08:39	00:53:04.80
23/56	157/610	2892	VASQUEZ, ALVARO	10K40-49M	00:54:02.00	08:42	00:53:58.10
24/56	174/610	2553	LEDERHOS, GILBERT	10K40-49M	00:54:50.15	08:49	00:54:03.95
25/56	184/610	2823	VOGEL, PAUL	10K40-49M	00:55:23.00	08:55	00:54:38.50
26/56	187/610	2349	DOYLE, STEPHAN	10K40-49M	00:55:25.80	08:55	00:55:00.30
27/56	194/610	2320	DA COSTA GOMEZ, FELIX	10K40-49M	00:55:42.00	08:58	00:55:29.10
28/56	221/610	2290	CLARK, JON	10K40-49M	00:56:51.45	09:09	00:55:56.75
29/56	242/610	2261	BUSH, JAMES	10K40-49M	00:57:51.25	09:18	00:56:10.65
30/56	255/610	2640	MORIN, ROBERT	10K40-49M	00:58:08.30	09:21	00:56:46.90
31/56	262/610	2664	NORTON, NICK	10K40-49M	00:58:13.90	09:22	00:58:06.90
32/56	275/610	2350	DRIEDGER, KEVIN	10K40-49M	00:58:47.15	09:27	00:57:03.35
33/56	277/610	2562	LEVEQUE, PETER	10K40-49M	00:58:49.80	09:28	00:57:45.70
34/56	280/610	2820	VICKERS, GARY	10K40-49M	00:58:53.15	09:28	00:58:17.05
35/56	288/610	2626	MELDRUM, DAN	10K40-49M	00:59:01.60	09:30	00:57:49.00
36/56	296/610	2944	DEPALEZIEUX, ED	10K40-49M	00:59:15.70	09:32	00:58:12.30
37/56	313/610	2292	CLARKE, ROB	10K40-49M	01:00:35.95	09:45	01:00:17.00
38/56	324/610	2932	MCKEEN, DOUG	10K40-49M	01:01:08.55	09:50	01:00:29.65
39/56	344/610	2699	PIRAUX, CHUCK	10K40-49M	01:01:55.35	09:58	01:01:21.35
40/56	350/610	2657	NICKERSON, DUNCAN	10K40-49M	01:02:07.35	10:00	01:00:56.75
41/56	353/610	2463	HOBBS, CURTIS	10K40-49M	01:02:14.10	10:01	01:01:08.35
42/56	354/610	2658	NIELSEN, DOUG	10K40-49M	01:02:14.25	10:01	01:01:07.95
43/56	357/610	2791	TAYLOR, DAVE	10K40-49M	01:02:23.25	10:02	01:00:59.00
44/56	360/610	2575	LUFT, BRAD	10K40-49M	01:02:28.50	10:03	01:00:51.60
45/56	383/610	2638	MORGAN, JAMES	10K40-49M	01:03:15.45	10:11	01:01:56.00
46/56	416/610	2896	BOECHLER, CURT	10K40-49M	01:04:42.10	10:25	01:03:23.10
47/56	435/610	2633	MILLER, RODERICK	10K40-49M	01:05:25.85	10:32	01:04:51.65
48/56	479/610	2596	MACNAUGHTON, WALLY	10K40-49M	01:07:41.30	10:53	01:05:59.65
49/56	491/610	2356	DYKSTRA, RICK	10K40-49M	01:09:15.00	11:09	01:09:13.05
50/56	538/610	2946	SCHMIDT, RYAN	10K40-49M	01:13:13.20	11:47	01:10:14.60
51/56	539/610	2945	CHRISTIANSEN, CAM	10K40-49M	01:13:13.75	11:47	01:10:13.80
52/56	545/610	2427	HALWAS, DAVID	10K40-49M	01:13:51.90	11:53	01:12:08.05
53/56	555/610	2682	PARSONS, DAN	10K40-49M	01:15:27.05	12:08	01:14:15.85
54/56	565/610	2874	PARISH, RANDY	10K40-49M	01:16:07.30	12:15	01:14:26.60
55/56	587/610	2752	SCARLETT, PERRIE	10K40-49M	01:20:58.40	13:02	01:19:35.25
56/56	605/610	2902	MATSUO, CAMERON	10K40-49M	01:38:46.50	15:54	01:37:11.85

10K50-59F - 32 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/32	131/610	2386	FUHR, LORRAINE	10K50-59F	00:52:31.40	08:27	00:52:28.90
2/32	133/610	2832	WEBBER, BARB	10K50-59F	00:52:43.40	08:29	00:52:39.30
3/32	135/610	2360	ELLIOTT, JUDITH	10K50-59F	00:52:50.50	08:30	00:52:26.60
4/32	227/610	2304	CONWAY, PATSY	10K50-59F	00:57:10.00	09:12	00:57:02.50
5/32	241/610	2693	PERCIVAL, DONNA	10K50-59F	00:57:47.30	09:18	00:57:35.00
6/32	261/610	2263	BUTTS, VICKIE	10K50-59F	00:58:13.60	09:22	00:57:50.55
7/32	285/610	2436	HARRIMAN, SHELLEY	10K50-59F	00:59:01.30	09:30	00:57:38.00
8/32	290/610	2486	IWANCHUK, DIANE	10K50-59F	00:59:07.15	09:31	00:59:01.60
9/32	299/610	2430	HANNA, PAULETTE	10K50-59F	00:59:29.55	09:34	00:59:05.60
10/32	302/610	2623	MEDING, ELAINE	10K50-59F	00:59:51.05	09:38	00:59:26.75
11/32	361/610	2280	CHOATE, DEIRDRE	10K50-59F	01:02:29.70	10:03	01:01:23.10
12/32	365/610	2363	ENTZ, CHARLENE	10K50-59F	01:02:39.90	10:05	01:01:47.50
13/32	403/610	2329	DERBECKER, SUZANNE	10K50-59F	01:04:11.50	10:20	01:03:40.45
14/32	406/610	2695	PHILLIPS, GLORY	10K50-59F	01:04:17.65	10:21	01:03:56.80
15/32	429/610	2451	HEWITT, KAREN	10K50-59F	01:05:10.55	10:29	01:04:12.65
16/32	449/610	2456	HILL, BARB	10K50-59F	01:05:58.40	10:37	01:04:37.45
17/32	494/610	2271	CASSIDY, IVADELLE	10K50-59F	01:09:23.45	11:10	01:08:40.65
18/32	495/610	2229	BERKENPAS, KAREN	10K50-59F	01:09:24.25	11:10	01:08:59.85
19/32	523/610	2397	GETZ, KAREN	10K50-59F	01:11:13.80	11:28	01:10:58.10
20/32	524/610	2291	CLARK, JOYCE	10K50-59F	01:11:14.30	11:28	01:09:54.15
21/32	531/610	2413	GRAY, SHARON	10K50-59F	01:11:41.30	11:32	01:10:47.65

Category Results

10K - 6.21 Miles

10K50-59F - 32 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
22/32	534/610	2811	TURNQUIST, PATRICIA	10K50-59F	01:12:51.55	11:44	01:11:44.95
23/32	542/610	2322	DAVIS, DEBBIE	10K50-59F	01:13:31.60	11:50	01:12:09.00
24/32	548/610	2912	JOHNSON, ANITA	10K50-59F	01:14:20.70	11:58	01:13:02.75
25/32	557/610	2704	POWELL, JOANNE	10K50-59F	01:15:30.30	12:09	01:14:20.00
26/32	568/610	2919	BARRON, LOU	10K50-59F	01:16:32.40	12:19	01:15:23.75
27/32	580/610	2884	FOX, KATHLEEN	10K50-59F	01:19:39.10	12:49	01:18:15.90
28/32	585/610	2572	LOUDON, EUNICE	10K50-59F	01:20:25.35	12:56	01:19:08.35
29/32	586/610	2321	DA SILVA, JACI	10K50-59F	01:20:40.95	12:59	01:19:14.55
30/32	603/610	2610	MCDONALD, CHERYL	10K50-59F	01:27:15.10	14:02	01:27:08.20
31/32	606/610	2694	PERRIER, BRENDA	10K50-59F	01:42:38.20	16:31	01:41:03.75
32/32	607/610	2449	HENRY, DAWN	10K50-59F	01:44:56.65	16:54	01:44:25.85

10K50-59M - 42 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/42	25/610	2401	GILES, GRANT	10K50-59M	00:42:22.50	06:49	00:42:21.40
2/42	29/610	2502	JOHNSON, KEN	10K50-59M	00:42:44.85	06:53	00:42:43.25
3/42	32/610	2854	WYLLIE, DOUG	10K50-59M	00:43:10.00	06:57	00:43:04.65
4/42	42/610	2226	BENZ, WAYNE	10K50-59M	00:44:37.90	07:11	00:44:26.40
5/42	52/610	2846	WONG, TED	10K50-59M	00:45:58.30	07:24	00:45:28.00
6/42	55/610	2865	ZORNIK, MIKE	10K50-59M	00:46:14.90	07:26	00:46:03.70
7/42	85/610	2797	THOBANE, MOTIANE	10K50-59M	00:49:05.95	07:54	00:49:05.00
8/42	89/610	2473	HOPKINS, ERIC	10K50-59M	00:49:18.60	07:56	00:49:02.35
9/42	99/610	2298	CONGDON, RICK	10K50-59M	00:50:05.45	08:03	00:50:01.20
10/42	112/610	2718	REID, DANIEL	10K50-59M	00:50:44.80	08:10	00:49:39.95
11/42	114/610	2618	MCLEOD, RICK	10K50-59M	00:50:56.15	08:12	00:50:51.05
12/42	123/610	2615	MCLEAN, DOUGLAS	10K50-59M	00:51:42.45	08:19	00:51:24.15
13/42	145/610	2878	SMITH, KEVIN	10K50-59M	00:53:09.95	08:33	00:52:04.85
14/42	153/610	2513	KEELING, JAMES	10K50-59M	00:53:39.90	08:38	00:52:11.50
15/42	200/610	2637	MOORE, JOHN	10K50-59M	00:55:53.40	08:59	00:55:43.20
16/42	201/610	2611	MCDONALD, JOHN	10K50-59M	00:56:00.25	09:01	00:55:28.65
17/42	229/610	2455	HILDEBRANDT, DALE	10K50-59M	00:57:19.95	09:13	00:56:02.45
18/42	238/610	2741	SADLER, JONATHAN	10K50-59M	00:57:38.10	09:16	00:56:27.80
19/42	237/610	2209	AIELLO, ROBERT	10K50-59M	00:57:38.10	09:16	00:56:08.55
20/42	245/610	2755	SCHALIN, GERRY	10K50-59M	00:57:56.20	09:19	00:56:31.30
21/42	265/610	2242	BOYD, GORDON	10K50-59M	00:58:22.70	09:24	00:57:50.40
22/42	271/610	2787	SURTEES, JEFF	10K50-59M	00:58:35.20	09:26	00:57:46.75
23/42	281/610	2289	CLARK, JAMIE	10K50-59M	00:58:53.65	09:29	00:58:34.85
24/42	286/610	2559	LEITENBERGER, HARVEY	10K50-59M	00:59:01.30	09:30	00:58:57.40
25/42	292/610	2834	WEGENER, DON	10K50-59M	00:59:08.50	09:31	00:58:55.25
26/42	293/610	2231	BLOKLAND, EMILE	10K50-59M	00:59:09.05	09:31	00:58:56.35
27/42	301/610	2244	BOYLE, KEVIN	10K50-59M	00:59:40.75	09:36	00:58:39.05
28/42	308/610	2447	HENDERSON, JIM	10K50-59M	01:00:18.90	09:42	00:59:32.25
29/42	311/610	2913	HAMILTON, MYLES	10K50-59M	01:00:31.60	09:44	01:00:02.20
30/42	325/610	2688	PEARSON, ROBERT	10K50-59M	01:01:11.45	09:51	01:00:01.75
31/42	330/610	2313	CRUXTON, BOB	10K50-59M	01:01:30.30	09:54	01:00:27.50
32/42	356/610	2330	DERKSEN, GARY	10K50-59M	01:02:21.05	10:02	01:02:04.95
33/42	372/610	2692	PENNY, GEORGE	10K50-59M	01:02:50.00	10:07	01:01:43.75
34/42	375/610	2385	FUHR, KRIS	10K50-59M	01:02:57.80	10:08	01:02:40.60
35/42	402/610	2247	BRANTER, KEITH	10K50-59M	01:04:10.65	10:20	01:02:45.75
36/42	411/610	2441	HAWTHORNE, BRIAN	10K50-59M	01:04:30.30	10:23	01:04:15.15
37/42	421/610	2541	KUHL, GREG	10K50-59M	01:04:50.90	10:26	01:04:41.60
38/42	426/610	2910	MCGEACHIE, FRANK	10K50-59M	01:05:01.00	10:28	01:04:02.30
39/42	520/610	2520	KERWIN, KEN	10K50-59M	01:10:58.35	11:25	01:10:00.05
40/42	535/610	2439	HART, GERRY	10K50-59M	01:12:51.70	11:44	01:11:45.20
41/42	546/610	2300	CONLIN, RON	10K50-59M	01:14:03.00	11:55	01:13:31.80
42/42	569/610	2346	DOORNBOS, RONALD	10K50-59M	01:16:33.50	12:19	01:15:24.25

10K60-69F - 4 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/4	254/610	2802	TIMOFFEE, HELEN	10K60-69F	00:58:06.60	09:21	00:57:33.90
2/4	450/610	2726	RINGDAHL, SARAH	10K60-69F	01:06:01.50	10:37	01:05:25.35
3/4	562/610	2535	KORT, HEATHER	10K60-69F	01:15:59.25	12:14	01:15:22.75
4/4	571/610	2828	WARD, KAREN	10K60-69F	01:17:34.70	12:29	01:15:46.70

Category Results

10K - 6.21 Miles

10K60-69M - 9 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/9	128/610	2765	SHANDLEY, DAVID	10K60-69M	00:52:11.15	08:24	00:51:40.35
2/9	193/610	2534	KORT, BRIAN	10K60-69M	00:55:41.25	08:58	00:55:05.65
3/9	264/610	2792	TAYLOR, MALCOLM	10K60-69M	00:58:22.05	09:23	00:57:50.00
4/9	312/610	2409	GOSAL, BALJIT	10K60-69M	01:00:34.45	09:45	01:00:33.55
5/9	315/610	2254	BRYGIDYR, ALAN	10K60-69M	01:00:42.95	09:46	00:59:58.85
6/9	345/610	2803	TIMOFFEE, JERRY	10K60-69M	01:01:56.40	09:58	01:01:24.00
7/9	405/610	2563	LEWIS, GREG	10K60-69M	01:04:14.45	10:20	01:03:39.85
8/9	437/610	2776	SNELL, FRED	10K60-69M	01:05:32.80	10:33	01:04:32.80
9/9	591/610	2288	CLARE, ROBERT	10K60-69M	01:22:12.20	13:14	01:20:54.60

10K70+F - 1 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/1	588/610	2839	WHITE, ROY	10K70+F	01:21:24.80	13:06	01:20:03.85

10K70+M - 3 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/3	298/610	2485	ITO, YOSHIKI	10K70+M	00:59:27.20	09:34	00:58:37.95
2/3	377/610	2668	O'NEILL, DAN	10K70+M	01:03:02.80	10:09	01:01:31.65
3/3	513/610	2573	LOUIE, WILLIAM	10K70+M	01:10:21.30	11:19	01:08:51.50