

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/157	WILLIAMS, MADELEINE	1688	00:19:48.25	06:23	5K20-29F	1/35	7/234	00:19:46.55
2/157	SAMYN, VICTORIA	1641	00:19:59.45	06:26	5K13-19F	1/9	9/234	00:19:57.95
3/157	MCAVOY, SHANNON	1598	00:20:46.20	06:41	5K13-19F	2/9	11/234	00:20:42.55
4/157	KRESOWATY, JODI	1720	00:22:56.35	07:23	5K30-39F	1/45	18/234	00:22:53.60
5/157	HELLARD, JACKIE	1709	00:23:19.95	07:31	5K40-49F	1/38	19/234	00:23:15.85
6/157	MARSHALL, KIRSTEN	1596	00:24:01.40	07:44	5K20-29F	2/35	21/234	00:23:03.85
7/157	KELAVA, KATHLEEN	1567	00:24:42.35	07:58	5K30-39F	2/45	22/234	00:24:37.55
8/157	HARMS, JEAN	1549	00:24:54.05	08:01	5K40-49F	2/38	23/234	00:23:03.95
9/157	WILKINSON, VICTORIA	1686	00:25:19.70	08:10	5K40-49F	3/38	28/234	00:25:16.55
10/157	LEUNG, TAMMY	1580	00:25:19.85	08:10	5K30-39F	3/45	29/234	00:25:01.75
11/157	NEUFELD, LINDSAY	1619	00:25:21.15	08:10	5K20-29F	3/35	30/234	00:25:15.85
12/157	MYBURGH, LANA	2650	00:25:56.20	08:21	5K30-39F	4/45	31/234	00:25:50.30
13/157	WALC, AZALEA	1704	00:25:59.50	08:23	5K13-19F	3/9	32/234	00:25:50.85
14/157	VAN SANT, LEAH	1734	00:26:08.75	08:26	5K20-29F	4/35	33/234	00:26:04.35
15/157	MCKINNEY, KELLY	1603	00:26:09.20	08:26	5K50-59F	1/22	34/234	00:26:07.40
16/157	MEEKING, MELANIE	1727	00:26:13.25	08:27	5K30-39F	5/45	35/234	00:25:46.95
17/157	HELLARD, JAMIE LEE	1710	00:26:43.35	08:37	5K12&UF	1/3	38/234	00:26:40.00
18/157	VAN SANT, JANE	1733	00:27:26.90	08:51	5K40-49F	4/38	43/234	00:27:22.15
19/157	MARTIN, LYNSEY	1597	00:27:30.90	08:52	5K13-19F	4/9	44/234	00:21:53.40
20/157	MCDUFFIE, NICOLA	1599	00:27:31.50	08:52	5K40-49F	5/38	45/234	00:26:52.65
21/157	MAHONEY, CAROLYN	1589	00:27:49.75	08:58	5K30-39F	6/45	47/234	00:26:38.95
22/157	KENNEDY, JOANNE	1569	00:28:05.95	09:03	5K30-39F	7/45	48/234	00:24:19.55
23/157	GRAY, CHRISTINE	1539	00:28:19.10	09:08	5K40-49F	6/38	49/234	00:27:11.60
24/157	WAITE, SANDY	1676	00:28:32.10	09:12	5K50-59F	2/22	51/234	00:28:28.95
25/157	PENNER, JULIA	2690	00:28:52.75	09:19	5K30-39F	8/45	54/234	01:01:59.25
26/157	ENGMAN, SHAUNA	1519	00:28:52.95	09:19	5K30-39F	9/45	55/234	00:27:08.95
27/157	GAMBLIN, ALANNAH	1532	00:29:18.95	09:27	5K30-39F	10/45	59/234	00:28:57.30
28/157	BARROW, MELODY	2219	00:29:19.45	09:27	5K30-39F	11/45	60/234	00:29:08.25
29/157	DANIS, GISELE	1506	00:29:32.80	09:31	5K40-49F	7/38	61/234	00:29:24.20
30/157	BOULTER, LEAH	1718	00:29:39.90	09:34	5K40-49F	8/38	62/234	00:28:47.25
31/157	ABAD, CORLETTE	1464	00:29:44.95	09:35	5K20-29F	5/35	63/234	00:28:33.50
32/157	ZIMARO, AIMEE	2940	00:29:53.50	09:38	5K40-49F	9/38	64/234	00:29:41.70
33/157	ROSSITER, TARA	1640	00:30:50.75	09:57	5K40-49F	10/38	68/234	00:30:08.15
34/157	DESBARATS, LEANNE	1738	00:30:51.75	09:57	5K20-29F	6/35	69/234	00:29:52.05
35/157	FULLER, ELIZABETH	1527	00:30:55.50	09:58	5K20-29F	7/35	70/234	00:30:02.40
36/157	MCLEOD, KAREN	1606	00:30:58.55	09:59	5K30-39F	12/45	71/234	00:29:12.95
37/157	JOHNSON, ALISHA	1565	00:31:07.60	10:02	5K20-29F	8/35	73/234	00:30:22.75
38/157	AU, VAN	1471	00:31:14.90	10:04	5K30-39F	13/45	75/234	00:29:41.90
39/157	KURRANT, CHRISTINE	1572	00:31:18.55	10:06	5K40-49F	11/38	76/234	00:30:21.65
40/157	THIESSEN, ANDREA	1665	00:31:22.30	10:07	5K30-39F	14/45	78/234	00:30:31.60
41/157	MACDONALD, STACEY	1587	00:31:30.55	10:09	5K40-49F	12/38	81/234	00:30:19.70
42/157	LEE-GUICHETEAU, NIKKI	1579	00:31:34.50	10:11	5K20-29F	9/35	82/234	00:30:50.30
43/157	GUNDERSON, AMY	2420	00:31:34.75	10:11	5K20-29F	10/35	83/234	00:30:52.65
44/157	BREEN, HEATHER	1487	00:31:39.95	10:12	5K20-29F	11/35	84/234	00:31:24.65
45/157	MARINE, PAIGE	1592	00:32:04.45	10:20	5K12&UF	2/3	85/234	00:31:37.10
46/157	WILLIAMS, KATRINA	1687	00:32:04.95	10:20	5K20-29F	12/35	86/234	00:32:04.95
47/157	BALIC, SANDRA	1474	00:32:10.40	10:22	5K30-39F	15/45	87/234	00:30:31.70
48/157	PARISH, KARLEE	1703	00:32:26.20	10:27	5K13-19F	5/9	89/234	00:31:18.70
49/157	METCALF, LYNN	1608	00:32:33.40	10:30	5K50-59F	3/22	90/234	00:31:48.90
50/157	HAMMOND, MANDY	1546	00:32:38.65	10:31	5K50-59F	4/22	91/234	00:31:33.30
51/157	REID, ANDREA	1736	00:32:45.10	10:33	5K40-49F	13/38	92/234	00:32:16.00
52/157	SCOTT, ALTA	1466	00:32:51.10	10:35	5K20-29F	13/35	93/234	00:32:04.50
53/157	DRIEDIGER-MURPHY, LINDSAY	1516	00:32:56.00	10:37	5K20-29F	14/35	95/234	00:32:06.90
54/157	WARREN, FRANCINE	1679	00:32:59.30	10:38	5K40-49F	14/38	97/234	00:32:01.55
55/157	DESBARATS, SUSAN	1737	00:33:00.40	10:38	5K50-59F	5/22	98/234	00:32:01.05

Overall Gender Results

5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/157	TALDORF, SYLVIA	1663	00:33:02.20	10:39	5K40-49F	15/38	99/234	00:32:04.60
57/157	RETTIE, AGA	1635	00:33:07.65	10:41	5K40-49F	16/38	101/234	00:31:23.05
58/157	MASTEL, TRACY	1728	00:33:08.20	10:41	5K40-49F	17/38	102/234	00:32:45.05
59/157	MCCOLL, ALISON	1724	00:33:08.60	10:41	5K13-19F	6/9	103/234	00:32:45.25
60/157	GARRETT, BRENDA	1534	00:33:11.30	10:42	5K40-49F	18/38	104/234	00:31:13.20
61/157	MILLER, EILEEN	1701	00:33:22.80	10:46	5K40-49F	19/38	105/234	00:32:11.00
62/157	YAREMKO, KELSEY	1693	00:33:24.40	10:46	5K20-29F	15/35	107/234	00:33:00.85
63/157	NOLKE, CHERYL	1621	00:33:35.10	10:50	5K50-59F	6/22	108/234	00:32:45.30
64/157	RAMSAY, ANNI	1630	00:33:35.85	10:50	5K13-19F	7/9	109/234	00:32:12.65
65/157	NELSON, KELLY	1711	00:33:37.35	10:50	5K50-59F	7/22	111/234	00:32:29.50
66/157	PARISH, KAITY	1702	00:33:37.45	10:50	5K12&UF	3/3	112/234	00:32:30.60
67/157	TURNER, SHEILA	1670	00:33:43.65	10:52	5K40-49F	20/38	113/234	00:32:48.00
68/157	JAKUBOWYCH, BEV	1563	00:33:43.65	10:52	5K50-59F	8/22	114/234	00:32:47.30
69/157	TULK, SARAH	1669	00:33:52.05	10:55	5K20-29F	16/35	115/234	00:32:51.20
70/157	REEH, ELISE	1634	00:34:05.80	10:59	5K50-59F	9/22	117/234	00:33:21.20
71/157	LAPOINTE, RIO	1576	00:34:06.35	11:00	5K30-39F	16/45	118/234	00:33:22.70
72/157	TALDORF, KRISTA	1662	00:35:07.90	11:19	5K30-39F	17/45	123/234	00:34:10.90
73/157	HOUGH, AMBER	1558	00:35:16.35	11:22	5K40-49F	21/38	124/234	00:34:19.70
74/157	KIEJKO, LYNDA	1570	00:35:17.80	11:23	5K30-39F	18/45	125/234	00:33:36.85
75/157	LUNDEEN, YVONNE	1585	00:35:36.25	11:29	5K30-39F	19/45	128/234	00:33:29.55
76/157	MOORE, KRISTIE	1613	00:35:38.40	11:29	5K30-39F	20/45	129/234	00:34:54.60
77/157	BEEBE, JEAN	1475	00:35:42.75	11:31	5K30-39F	21/45	130/234	00:34:44.20
78/157	FARREND, LORRAINE	1523	00:35:43.40	11:31	5K30-39F	22/45	131/234	00:34:44.05
79/157	NESTERENKO, LOUISE	1618	00:35:47.90	11:32	5K60-69F	1/4	132/234	00:35:30.65
80/157	COCKBAIN, TERRI-LYNN	1501	00:35:53.60	11:34	5K20-29F	17/35	133/234	00:34:42.15
81/157	CROSSMAN, LOIS	1503	00:36:00.10	11:36	5K50-59F	10/22	135/234	00:33:35.90
82/157	WIGHTON, CHRISTINA	1684	00:36:03.90	11:38	5K20-29F	18/35	137/234	00:35:23.00
83/157	AZPIAZU, MARIA	1472	00:36:23.35	11:44	5K50-59F	11/22	138/234	00:35:55.60
84/157	HORN, DANA	1706	00:36:26.35	11:45	5K30-39F	23/45	139/234	00:36:07.30
85/157	WHITE, MARY MADELIN	1683	00:36:29.05	11:46	5K70+F	1/1	141/234	00:36:02.15
86/157	HUCK, LISA	1560	00:36:39.95	11:49	5K50-59F	12/22	142/234	00:35:44.00
87/157	ARCHIBALD, EVELYN	1697	00:36:53.40	11:53	5K60-69F	2/4	145/234	00:31:51.95
88/157	HOLMES, KIM	1729	00:37:01.05	11:56	5K40-49F	22/38	146/234	00:35:42.30
89/157	QUINN, MADELEINE	1628	00:37:23.20	12:03	5K13-19F	8/9	148/234	00:36:23.80
90/157	SHUM, ROSAURA	1649	00:37:24.70	12:04	5K50-59F	13/22	149/234	00:35:51.30
91/157	BERENBAUM, LESLIE	2227	00:37:26.05	12:04	5K50-59F	14/22	150/234	00:35:58.15
92/157	IRONSIDE, CHAR	1721	00:37:29.60	12:05	5K20-29F	19/35	151/234	00:36:03.90
93/157	BROWN, JOAN	1490	00:37:33.85	12:07	5K50-59F	15/22	152/234	00:36:18.15
94/157	RICHARDSON, PAULA	1637	00:37:34.50	12:07	5K40-49F	23/38	153/234	00:36:08.05
95/157	HENRY, MARLENE	1551	00:37:34.70	12:07	5K30-39F	24/45	154/234	00:35:56.20
96/157	CUSSANS, LIZ	1504	00:37:34.75	12:07	5K40-49F	24/38	155/234	00:36:08.35
97/157	DINGWALL, KAREN	1512	00:37:39.05	12:08	5K50-59F	16/22	156/234	00:36:24.35
98/157	BELANGER, NICOLE	1478	00:37:40.70	12:09	5K20-29F	20/35	157/234	00:33:15.50
99/157	BALDWIN, AMANDA	1473	00:37:46.70	12:11	5K20-29F	21/35	158/234	00:36:54.50
100/157	BOYLE, RITA	1485	00:38:03.85	12:16	5K50-59F	17/22	159/234	00:37:03.55
101/157	ARPIN, BERNADETTE	1469	00:38:06.45	12:17	5K50-59F	18/22	160/234	00:37:42.10
102/157	DOIRON, FAITH	1521	00:38:06.55	12:17	5K30-39F	25/45	161/234	00:37:27.10
103/157	SHEPHERD, KIM	1647	00:38:16.60	12:20	5K40-49F	25/38	163/234	00:33:57.60
104/157	VEALE, ANGEL	1672	00:38:17.40	12:20	5K30-39F	26/45	164/234	00:33:58.80
105/157	FURGASON, TAMMY	1528	00:38:20.10	12:21	5K30-39F	27/45	165/234	00:35:27.40
106/157	LONG, KERY	1583	00:38:40.00	12:28	5K30-39F	28/45	166/234	00:36:59.05
107/157	SCHICKEDANZ, KRISTEN	1643	00:39:05.90	12:36	5K20-29F	22/35	168/234	00:32:40.90
108/157	HOUH, NANCY	1559	00:39:21.80	12:41	5K40-49F	26/38	170/234	00:38:25.50
109/157	LANGIS, ESTEE	1575	00:39:24.30	12:42	5K30-39F	29/45	171/234	00:35:05.80
110/157	MARRIE, MEREDITH	1593	00:39:53.90	12:52	5K30-39F	30/45	172/234	00:38:16.70

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5K - 3.1 Miles

Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
111/157	GILES, KAREN	1536	00:40:09.00	12:57	5K40-49F	27/38	173/234	00:38:38.70
112/157	CARTER, JANINE	1497	00:40:19.40	13:00	5K40-49F	28/38	175/234	00:39:02.30
113/157	BEGG, NATALIE	1477	00:40:26.65	13:02	5K30-39F	31/45	177/234	00:39:11.45
114/157	GRAVES, TRACY	1538	00:40:41.95	13:07	5K40-49F	29/38	179/234	00:39:45.05
115/157	DAVIS, CINDY	1508	00:40:42.25	13:07	5K40-49F	30/38	180/234	00:39:29.05
116/157	FYFE, TRACY	1529	00:41:23.80	13:21	5K40-49F	31/38	181/234	00:39:13.60
117/157	GAGNE, SYLVIE	1530	00:42:04.80	13:34	5K30-39F	32/45	183/234	00:37:10.50
118/157	TENNERT, MICHELLE	1664	00:42:05.60	13:34	5K30-39F	33/45	184/234	00:40:27.40
119/157	ARNS, JODI	1468	00:42:07.80	13:35	5K40-49F	32/38	186/234	00:40:30.70
120/157	WHITAKER, CINDY	1681	00:42:18.85	13:39	5K30-39F	34/45	187/234	00:40:45.35
121/157	LITTLE, JACKIE	1582	00:42:22.75	13:40	5K30-39F	35/45	188/234	00:41:00.90
122/157	HANSEN, JENNIFER	1547	00:42:23.85	13:40	5K20-29F	23/35	189/234	00:41:02.25
123/157	DINGWALL, CALEIGH	1511	00:42:35.90	13:44	5K20-29F	24/35	190/234	00:41:21.40
124/157	VISSER, SANDY	1674	00:42:56.10	13:50	5K50-59F	19/22	191/234	00:41:58.90
125/157	FABBRI, ROBERTA	1520	00:43:04.80	13:53	5K30-39F	36/45	192/234	00:33:36.30
126/157	ROBERTS, MARDY	1638	00:43:38.70	14:04	5K60-69F	3/4	193/234	00:42:28.00
127/157	SMITH, LINDA	1656	00:43:38.80	14:04	5K50-59F	20/22	194/234	00:36:15.00
128/157	GONZALEZ, VERONICA	1715	00:43:41.10	14:05	5K20-29F	25/35	195/234	00:38:44.00
129/157	FRANK, JAMEY	1524	00:43:44.90	14:06	5K30-39F	37/45	196/234	00:42:06.60
130/157	JONES, ALISON	1726	00:44:18.15	14:17	5K20-29F	26/35	197/234	00:43:38.35
131/157	BEFUS, TANYA	1476	00:44:42.40	14:25	5K20-29F	27/35	199/234	00:44:42.40
132/157	MACMILLAN, SONYA	1732	00:45:01.85	14:31	5K30-39F	38/45	200/234	00:43:22.50
133/157	SMITH, EMILY	1653	00:45:12.55	14:35	5K20-29F	28/35	202/234	00:37:50.90
134/157	MORRIS, DONNELLY	1615	00:45:14.45	14:35	5K20-29F	29/35	203/234	00:42:27.95
135/157	MORRIS, CARLA	1614	00:45:14.45	14:35	5K30-39F	39/45	204/234	00:42:28.65
136/157	ALBERT, KENDRA	1465	00:45:15.35	14:35	5K20-29F	30/35	205/234	00:39:19.90
137/157	JONES, KELLY	1566	00:45:21.80	14:38	5K30-39F	40/45	207/234	00:45:16.90
138/157	MCLEAN, LORRAINE	1605	00:45:36.30	14:42	5K40-49F	33/38	208/234	00:44:23.80
139/157	MCLEAN, KATIE	1604	00:45:36.70	14:42	5K13-19F	9/9	209/234	00:44:25.00
140/157	GARLAND, SHERRY	1533	00:46:06.95	14:52	5K40-49F	34/38	210/234	00:44:27.35
141/157	MALLETTE, DENISE	1591	00:46:17.90	14:56	5K40-49F	35/38	211/234	00:38:02.75
142/157	WOODS, SARA	1691	00:46:26.90	14:59	5K30-39F	41/45	212/234	00:44:47.60
143/157	BROWN, LINDSEY	1491	00:46:28.40	14:59	5K20-29F	31/35	213/234	00:38:31.75
144/157	MAINVILLE, WANESA	1590	00:46:28.80	14:59	5K20-29F	32/35	215/234	00:38:31.40
145/157	TING, BONNIE	1667	00:46:34.65	15:01	5K30-39F	42/45	216/234	00:37:04.75
146/157	DAWE, TAMMIE	1509	00:47:35.20	15:20	5K40-49F	36/38	217/234	00:44:48.10
147/157	LIN, NING	1581	00:48:18.55	15:35	5K30-39F	43/45	219/234	00:45:43.45
148/157	LEE, EVA	1578	00:48:57.70	15:47	5K20-29F	33/35	221/234	00:46:23.05
149/157	CRUXTON, DIANE	1731	00:49:11.45	15:51	5K50-59F	21/22	223/234	00:47:39.65
150/157	WILSON, SUZANNE	1730	00:49:11.60	15:52	5K40-49F	37/38	224/234	00:47:39.30
151/157	DABROWSKI, SUE	1505	00:49:23.30	15:55	5K40-49F	38/38	225/234	00:47:49.50
152/157	JACOBSON, JENNIFER	1562	00:51:48.90	16:42	5K30-39F	44/45	226/234	00:50:13.20
153/157	SMITH, JENNIFER	1655	00:57:10.25	18:26	5K20-29F	34/35	229/234	00:49:47.55
154/157	MCFARLANE, HEATHER	1600	00:59:35.15	19:13	5K30-39F	45/45	230/234	00:50:05.65
155/157	BRADLEY, KATE	1486	01:03:19.20	20:25	5K20-29F	35/35	231/234	01:02:38.50
156/157	HOFMANN, MARION	1556	01:06:40.15	21:30	5K60-69F	4/4	233/234	01:04:15.85
157/157	KOSIK, WILMA	1723	01:24:29.55	27:15	5K50-59F	22/22	234/234	01:23:12.90

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/77	REED, JASON	2716	00:17:50.55	05:45	5K30-39M	1/25	1/234	00:17:49.60
2/77	BROWN, TRAVIS	1492	00:17:53.95	05:46	5K20-29M	1/15	2/234	00:17:53.55
3/77	WILSON, TODD	1689	00:18:20.50	05:55	5K30-39M	2/25	3/234	00:18:18.90
4/77	BOURGEAULT, PAUL	1484	00:18:50.70	06:04	5K40-49M	1/14	4/234	00:18:48.75
5/77	HOLLIDAY, JOHN	1557	00:18:56.50	06:06	5K50-59M	1/6	5/234	00:18:54.75
6/77	STORCK, ARIC	1661	00:19:08.80	06:10	5K30-39M	3/25	6/234	00:19:06.75
7/77	MITCHELMORE, PETER	1611	00:19:51.80	06:24	5K30-39M	4/25	8/234	00:19:48.15
8/77	GUREVITCH, JASON	1542	00:20:00.60	06:27	5K40-49M	2/14	10/234	00:19:59.30
9/77	FAJARDO, DAVE	1522	00:20:50.70	06:43	5K30-39M	5/25	12/234	00:20:46.70
10/77	BYNG, JOHN	1494	00:21:46.00	07:01	5K30-39M	6/25	13/234	00:21:33.90
11/77	MOORE, ADRIAN	1722	00:21:49.00	07:02	5K40-49M	3/14	14/234	00:21:43.90
12/77	MCKINNON, ROBERT	1708	00:22:06.70	07:08	5K50-59M	2/6	15/234	00:22:00.65
13/77	GAGNON, BENOIT	1531	00:22:38.50	07:18	5K30-39M	7/25	16/234	00:20:21.00
14/77	LAFORGE, PAUL	1573	00:22:49.80	07:21	5K30-39M	8/25	17/234	00:22:41.90
15/77	HWANG, BRIAN	1561	00:23:37.30	07:37	5K20-29M	2/15	20/234	00:22:43.15
16/77	VAN SANT, BEN	1671	00:24:58.25	08:03	5K40-49M	4/14	24/234	00:24:09.70
17/77	CHANG, ALBERT	1498	00:25:11.10	08:07	5K30-39M	9/25	25/234	00:24:53.25
18/77	MITCHELL, MATTHEW	1610	00:25:11.70	08:07	5K30-39M	10/25	26/234	00:25:05.40
19/77	YOU, DANIEL	1694	00:25:15.80	08:09	5K20-29M	3/15	27/234	00:24:18.35
20/77	LEE, DON	1707	00:26:15.45	08:28	5K50-59M	3/6	36/234	00:22:16.20
21/77	ANABO, MAX	1467	00:26:26.60	08:31	5K30-39M	11/25	37/234	00:25:33.10
22/77	ZADAN, NICK	1696	00:26:47.75	08:38	5K70+M	1/1	39/234	00:26:46.25
23/77	BOULTER, DANIEL	1483	00:27:14.70	08:47	5K12&UM	1/10	40/234	00:26:20.80
24/77	CAMPBELL, STEVE	1495	00:27:17.30	08:48	5K30-39M	12/25	41/234	00:26:39.50
25/77	WAKEHAM, NICK	1677	00:27:18.05	08:48	5K40-49M	5/14	42/234	00:26:56.95
26/77	WALC, LES	1705	00:27:46.70	08:57	5K40-49M	6/14	46/234	00:27:44.20
27/77	SLAPMAN, KIERAN	1650	00:28:30.85	09:11	5K12&UM	2/10	50/234	00:27:27.45
28/77	SLAPMAN, RYLAN	1652	00:28:36.40	09:13	5K12&UM	3/10	52/234	00:27:33.60
29/77	ROSSITER, HENRY	1639	00:28:49.75	09:18	5K12&UM	4/10	53/234	00:28:07.85
30/77	DEKEYSER, BOB	1510	00:29:03.85	09:22	5K60-69M	1/5	56/234	00:28:54.65
31/77	LAIR, AARON	1574	00:29:13.30	09:25	5K30-39M	13/25	57/234	00:27:18.20
32/77	SLAPMAN, MICHAEL	1651	00:29:15.55	09:26	5K30-39M	14/25	58/234	00:28:13.20
33/77	BROVKIN, MARK	1489	00:30:02.75	09:41	5K13-19M	1/1	65/234	00:28:53.55
34/77	OSADEC, JEFF	1622	00:30:18.85	09:46	5K30-39M	15/25	66/234	00:29:15.35
35/77	KRYDIER, CORY	2536	00:30:23.75	09:48	5K30-39M	16/25	67/234	00:29:24.25
36/77	ASHRAF, FAZAL	1712	00:31:06.55	10:02	5K20-29M	4/15	72/234	00:29:54.20
37/77	FROST, DAVID	1526	00:31:13.85	10:04	5K50-59M	4/6	74/234	00:29:32.35
38/77	DOHERTY, SHANE	1513	00:31:19.90	10:06	5K30-39M	17/25	77/234	00:30:32.45
39/77	WARREN, MATT	1680	00:31:23.95	10:07	5K20-29M	5/15	79/234	00:31:09.25
40/77	HAMILTON, DAVID	1543	00:31:30.40	10:09	5K20-29M	6/15	80/234	00:31:30.40
41/77	SMITH, MARLON	1657	00:32:21.95	10:26	5K30-39M	18/25	88/234	00:31:00.05
42/77	WRIGHT, CORY	1692	00:32:51.25	10:35	5K20-29M	7/15	94/234	00:31:29.55
43/77	DRIEDIGER, DOUG	1515	00:32:56.40	10:37	5K50-59M	5/6	96/234	00:32:07.20
44/77	RAJAN, KARIM	1629	00:33:04.20	10:40	5K20-29M	8/15	100/234	00:32:27.80
45/77	MCINNES, JOHN	1602	00:33:23.05	10:46	5K40-49M	7/14	106/234	00:32:11.15
46/77	RAMSAY, ROBSON	1631	00:33:36.15	10:50	5K12&UM	5/10	110/234	00:32:12.70
47/77	CLARKSON, MATTHEW	1500	00:33:52.05	10:55	5K20-29M	9/15	116/234	00:32:50.75
48/77	POCALAN, KARL	1719	00:34:44.65	11:12	5K12&UM	6/10	119/234	00:33:45.65
49/77	HICKIE, KEITH	1553	00:34:58.40	11:16	5K40-49M	8/14	120/234	00:33:22.35
50/77	HAMMOND, JOHN	1545	00:34:59.65	11:17	5K60-69M	2/5	121/234	00:33:53.25
51/77	JAMES, WENSLEY	1564	00:35:01.25	11:17	5K30-39M	19/25	122/234	00:33:23.50
52/77	BLASETTI, DARREN	1479	00:35:21.25	11:24	5K40-49M	9/14	126/234	00:34:22.30
53/77	BLASETTI, ETHAN	1480	00:35:21.60	11:24	5K12&UM	7/10	127/234	00:34:23.25
54/77	MURPHY, CORMIC	1502	00:35:59.00	11:36	5K12&UM	8/10	134/234	00:34:49.00
55/77	MURPHY, KERRY	1616	00:36:00.35	11:36	5K40-49M	10/14	136/234	00:34:50.30

Overall Gender Results

5K - 3.1 Miles

Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/77	WHITE, LARRY	1682	00:36:28.90	11:46	5K60-69M	3/5	140/234	00:36:01.50
57/77	LAW, GREG	1577	00:36:44.00	11:50	5K30-39M	20/25	143/234	00:32:50.55
58/77	ARCHIBALD, SCOTT	1698	00:36:53.00	11:53	5K30-39M	21/25	144/234	00:31:50.80
59/77	QUINN, DAVE	1725	00:37:23.00	12:03	5K40-49M	11/14	147/234	00:36:22.55
60/77	ARPIN, DENNIS	1470	00:38:07.70	12:18	5K50-59M	6/6	162/234	00:37:42.80
61/77	REDEKOP, COLIN	1632	00:38:51.90	12:32	5K40-49M	12/14	167/234	00:34:48.40
62/77	LUPART, MICHAEL	1586	00:39:17.90	12:40	5K60-69M	4/5	169/234	00:31:48.20
63/77	MCGOLDRICK, OWEN	1601	00:40:18.95	13:00	5K30-39M	22/25	174/234	00:38:46.75
64/77	CARTER, HARRY	1496	00:40:19.55	13:00	5K12&UM	9/10	176/234	00:39:03.45
65/77	WARDROPE, ADAM	1740	00:40:35.20	13:05	5K12&UM	10/10	178/234	00:36:49.40
66/77	KISLIK, ALEX	1571	00:41:39.70	13:26	5K40-49M	13/14	182/234	00:40:20.50
67/77	PATEY, CHRIS	1623	00:42:07.40	13:35	5K30-39M	23/25	185/234	00:40:30.40
68/77	MARSH, ROBERT	1595	00:44:42.30	14:25	5K30-39M	24/25	198/234	00:44:42.30
69/77	MCWHIRTER, JORDAN	1607	00:45:12.50	14:35	5K20-29M	10/15	201/234	00:37:50.65
70/77	HENRY, RYAN	1552	00:45:15.60	14:36	5K20-29M	11/15	206/234	00:39:20.00
71/77	PILLAI, ROSHAN	1626	00:46:28.70	14:59	5K20-29M	12/15	214/234	00:38:31.25
72/77	SCHICKEDANZ, WILLIAM	1644	00:48:08.50	15:31	5K20-29M	13/15	218/234	00:41:42.55
73/77	YU, BIN	1695	00:48:18.90	15:35	5K30-39M	25/25	220/234	00:45:43.90
74/77	LUI, MICHAEL	1584	00:48:58.00	15:47	5K20-29M	14/15	222/234	00:46:23.20
75/77	RICHARDSON, ANDREW	1636	00:54:37.65	17:37	5K40-49M	14/14	227/234	00:53:12.95
76/77	SMITH, REGINALD H	1658	00:55:22.45	17:51	5K20-29M	15/15	228/234	00:47:58.80
77/77	HOFMANN, GERRY	1555	01:06:39.75	21:30	5K60-69M	5/5	232/234	01:04:15.35