

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
1/306	BROWN, TRAVIS	2025	00:17:19.85	03:27	5K20-29M	1/14	M	1/108	00:17:19.10
2/306	LAFONTANT, FELIX	2313	00:17:30.25	03:30	5K15-19M	1/3	M	2/108	00:17:29.95
3/306	WITTIG, LUC	2299	00:17:40.75	03:32	5K20-29M	2/14	M	3/108	00:17:39.85
4/306	MCCOLLUM, MEAGHAN	2184	00:18:24.25	03:40	5K30-39F	1/72	F	1/198	00:18:23.60
5/306	WANG, NICOLAS	2288	00:18:37.30	03:43	5K30-39M	1/23	M	4/108	00:18:35.50
6/306	KELLY, DANIEL	2144	00:19:18.55	03:51	5K20-29M	3/14	M	5/108	00:19:11.80
7/306	MACHOWSKI, STEPHEN	2173	00:19:26.65	03:53	5K20-29M	4/14	M	6/108	00:19:22.15
8/306	HAYES, JASON	2115	00:19:30.20	03:54	5K30-39M	2/23	M	7/108	00:19:25.05
9/306	GUREVITCH, JASON	2110	00:19:36.50	03:55	5K40-49M	1/26	M	8/108	00:19:33.85
10/306	FAJARDO, DAVE	2073	00:19:41.85	03:56	5K30-39M	3/23	M	9/108	00:19:33.70
11/306	CORMIER, RYAN	2040	00:19:46.00	03:57	5K20-29M	5/14	M	10/108	00:19:44.15
12/306	MITCHELMORE, PETER	2204	00:19:47.15	03:57	5K30-39M	4/23	M	11/108	00:19:46.70
13/306	KELLY, STEVE	2145	00:20:17.30	04:03	5K50-59M	1/12	M	12/108	00:20:11.45
14/306	WHEELER, BARRY	2325	00:20:33.15	04:06	5K50-59M	2/12	M	13/108	00:20:29.05
15/306	VAN GRONINGEN, JOHN	2277	00:20:45.85	04:09	5K50-59M	3/12	M	14/108	00:20:42.20
16/306	LONG, COURTNEY	2166	00:20:53.15	04:10	5K20-29F	1/43	F	2/198	00:20:51.30
17/306	WALL, SHELDON	2287	00:20:55.20	04:11	5K40-49M	2/26	M	15/108	00:20:48.55
18/306	SAVOIE, JOHN	2245	00:20:58.25	04:11	5K40-49M	3/26	M	16/108	00:20:54.05
19/306	MOORE, ADRIAN	2206	00:21:04.35	04:12	5K40-49M	4/26	M	17/108	00:20:58.55
20/306	GIRGULIS, KATIE	2101	00:21:13.25	04:14	5K15-19F	1/4	F	3/198	00:21:13.25
21/306	HIRD, AYANO	2121	00:21:46.10	04:21	5K30-39F	2/72	F	4/198	00:21:40.15
22/306	NEUFELD, LINDSAY	2322	00:22:04.45	04:24	5K20-29F	2/43	F	5/198	00:22:03.00
23/306	DALY, LORNE	2339	00:22:28.80	04:29	5K50-59M	4/12	M	18/108	00:22:26.65
24/306	HICKS, KATIE	2119	00:22:41.85	04:32	5K20-29F	3/43	F	6/198	00:22:18.40
25/306	OLAR, EVAN	2217	00:22:45.80	04:33	5K20-29M	6/14	M	19/108	00:22:26.20
26/306	OLDRIDGE, LISA	2318	00:22:46.20	04:33	5K40-49F	1/35	F	7/198	00:22:29.65
27/306	MILLICH, CHRIS	2201	00:23:04.00	04:36	5K40-49M	5/26	M	20/108	00:22:19.25
28/306	FOX, JAMI	2090	00:23:06.25	04:37	5K30-39M	5/23	M	21/108	00:22:40.40
29/306	KING, QUENTIN	2149	00:23:06.60	04:37	5K15-19M	2/3	M	22/108	00:22:31.70
30/306	BROVKIN, MARK	2317	00:23:06.85	04:37	5K14&UM	1/23	M	23/108	00:22:48.25
31/306	BOULTER, DANIEL	2019	00:23:13.15	04:38	5K14&UM	2/23	M	24/108	00:23:07.85
32/306	MERCER, TROY	2199	00:23:22.00	04:40	5K40-49M	6/26	M	25/108	00:23:16.20
33/306	CONSTANTINE, DALE	2039	00:23:27.25	04:41	5K50-59M	5/12	M	26/108	00:23:07.65
34/306	PARKER, JIM	2221	00:23:31.60	04:42	5K50-59M	6/12	M	27/108	00:23:22.20
35/306	EAST, IAN	2361	00:23:43.10	04:44	5K14&UM	3/23	M	28/108	00:23:41.90
36/306	STAPLETON, MELANIE	2258	00:23:43.85	04:44	5K30-39F	3/72	F	8/198	00:23:32.70
37/306	FILLIP, TODD	2080	00:23:55.60	04:47	5K40-49M	7/26	M	29/108	00:23:46.95
38/306	SCHILLER, ASHLEY	2247	00:24:14.00	04:50	5K20-29F	4/43	F	9/198	00:23:51.05
39/306	MILLS, STEVEN	2203	00:24:42.45	04:56	5K50-59M	7/12	M	30/108	00:24:00.95
40/306	ZIPSE, TAUNYA	2310	00:24:43.40	04:56	5K30-39F	4/72	F	10/198	00:24:43.40
41/306	DEVOLIN, BARRY	2059	00:24:52.05	04:58	5K40-49M	8/26	M	31/108	00:24:48.00
42/306	FOURNIER, SARAH	2089	00:24:56.60	04:59	5K20-29F	5/43	F	11/198	00:24:26.30
43/306	WILKIE, SARAH	2295	00:25:03.50	05:00	5K30-39F	5/72	F	12/198	00:24:57.25
44/306	TURNBULL, BLAKE	2270	00:25:15.05	05:03	5K30-39M	6/23	M	32/108	00:24:15.35
45/306	MERCER, SARAH	2198	00:25:16.90	05:03	5K14&UF	1/17	F	13/198	00:25:11.60
46/306	THEVENIN, FLORENT	2266	00:25:25.15	05:05	5K30-39M	7/23	M	33/108	00:24:28.95
47/306	ROSENFELD, SARAH	2240	00:25:27.35	05:05	5K30-39F	6/72	F	14/198	00:25:02.15
48/306	KOEPKE, JACKSON	2152	00:25:27.65	05:05	5K14&UM	4/23	M	34/108	00:24:44.75
49/306	MAHONEY, CAROLYN	2178	00:25:32.05	05:06	5K30-39F	7/72	F	15/198	00:24:55.00
50/306	DURING, SALLY	2065	00:25:46.75	05:09	5K50-59F	1/20	F	16/198	00:25:35.90
51/306	GIRGULIS, JILL	2100	00:25:47.10	05:09	5K15-19F	2/4	F	17/198	00:25:37.10
52/306	WARREN, BRENT	2289	00:25:53.30	05:10	5K50-59M	8/12	M	35/108	00:25:11.90
53/306	RICHARDSON, BARB	1532	00:26:09.15	05:13	5K50-59F	2/20	F	18/198	00:25:58.60
54/306	FORMAN, MATTHEW	2087	00:26:44.05	05:20	5K14&UM	5/23	M	36/108	00:25:32.05
55/306	LOUIS, ADAM	2169	00:26:44.80	05:20	5K14&UM	6/23	M	37/108	00:26:09.95
56/306	LOUIS, TERRY	2170	00:26:44.85	05:20	5K40-49M	9/26	M	38/108	00:26:09.65
57/306	GRANT, DANIEL	2103	00:26:47.75	05:21	5K40-49M	10/26	M	39/108	00:26:29.05

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
58/306	PARK, DEREK	2220	00:26:49.40	05:21	5K14&UM	7/23	M	40/108	00:26:47.85
59/306	KOSOWAN, RENEE	2153	00:27:06.05	05:25	5K20-29F	6/43	F	19/198	00:26:38.00
60/306	FORMAN, SARAH	2088	00:27:10.55	05:26	5K14&UF	2/17	F	20/198	00:25:58.65
61/306	MULDOON, KELSEY	2351	00:27:14.35	05:26	5K20-29F	7/43	F	21/198	00:26:08.15
62/306	UYS, CLOETE	2274	00:27:14.35	05:26	5K50-59M	9/12	M	41/108	00:26:37.50
63/306	BELL, PAM	2009	00:27:32.00	05:30	5K40-49F	2/35	F	22/198	00:26:54.35
64/306	LAUF, KARIN	2162	00:27:48.75	05:33	5K40-49F	3/35	F	23/198	00:26:45.30
65/306	DIPIANO, JANENE	2060	00:27:54.60	05:34	5K30-39F	8/72	F	24/198	00:27:36.30
66/306	DELISLE, TINA	2058	00:27:54.90	05:34	5K30-39F	9/72	F	25/198	00:27:36.35
67/306	WALKER, TENNILLE	2286	00:28:02.85	05:36	5K20-29F	8/43	F	26/198	00:27:27.70
68/306	ANABO, MAX	2001	00:28:06.50	05:37	5K30-39M	8/23	M	42/108	00:26:44.60
69/306	HEREYGERS, LESLEY	2360	00:28:11.45	05:38	5K20-29F	9/43	F	27/198	00:27:56.75
70/306	FLANAGAN, JOCELYN	2082	00:28:14.15	05:38	5K40-49F	4/35	F	28/198	00:27:57.10
71/306	MARE, DANIEL	2354	00:28:16.70	05:39	5K30-39M	9/23	M	43/108	00:28:11.95
72/306	BALIC, SANDRA	2005	00:28:16.85	05:39	5K30-39F	10/72	F	29/198	00:27:48.75
73/306	ZADAN, NICK	2307	00:28:17.75	05:39	5K70+M	1/2	M	44/108	00:28:16.70
74/306	MARE, RULENE	2353	00:28:20.45	05:40	5K30-39F	11/72	F	30/198	00:28:14.95
75/306	DAFOE, ALYSSA	2044	00:28:27.30	05:41	5K14&UF	3/17	F	31/198	00:27:51.60
76/306	ROGERS, RODNEY	2239	00:28:33.40	05:42	5K40-49M	11/26	M	45/108	00:27:35.30
77/306	BOULTER, LEAH	2020	00:28:37.00	05:43	5K40-49F	5/35	F	32/198	00:28:13.65
78/306	MACDONALD, LORNA	2172	00:28:39.40	05:43	5K30-39F	12/72	F	33/198	00:28:33.85
79/306	SIMMONS, DARRIN	2323	00:28:45.10	05:45	5K40-49M	12/26	M	46/108	00:27:12.80
80/306	DAFOE, JOHN	2350	00:28:54.50	05:46	5K40-49M	13/26	M	47/108	00:28:20.95
81/306	FONG, JOHNSON	2083	00:29:03.30	05:48	5K30-39M	10/23	M	48/108	00:28:24.35
82/306	CAPPELLO, LAURA	2027	00:29:12.80	05:50	5K30-39F	13/72	F	34/198	00:29:02.30
83/306	CHALMERS, TYLER	2363	00:29:13.00	05:50	5K30-39M	11/23	M	49/108	00:29:03.50
84/306	LONGWORTH, HERB	2167	00:29:20.15	05:52	5K50-59M	10/12	M	50/108	00:27:04.15
85/306	ZANEWICH, JESSICA	2309	00:29:20.75	05:52	5K20-29F	10/43	F	35/198	00:28:46.55
86/306	KIRKBY, ROBERT	2151	00:29:23.75	05:52	5K60-69M	1/5	M	51/108	00:29:21.70
87/306	GUREVITCH, DARRYL	2108	00:29:33.65	05:54	5K40-49M	14/26	M	52/108	00:27:56.40
88/306	COHEN, ROBERT	2036	00:29:34.20	05:54	5K30-39M	12/23	M	53/108	00:27:57.00
89/306	KING, SANDRA	2150	00:29:37.25	05:55	5K60-69F	1/5	F	36/198	00:29:31.10
90/306	BROWN, SANDY	2024	00:29:37.50	05:55	5K50-59F	3/20	F	37/198	00:29:23.10
91/306	PIAMONTE, ANDREA	2225	00:29:42.70	05:56	5K14&UF	4/17	F	38/198	00:29:23.90
92/306	HYNDS, JOHN	2129	00:29:47.00	05:57	5K40-49M	15/26	M	54/108	00:28:08.90
93/306	WHITE, JAMES	2331	00:29:48.15	05:57	5K40-49M	16/26	M	55/108	00:28:48.45
94/306	MOLITOR, GREG	2205	00:29:49.00	05:57	5K14&UM	8/23	M	56/108	00:28:50.40
95/306	JOHANSEN, GREG	2135	00:29:50.35	05:58	5K30-39M	13/23	M	57/108	00:28:42.75
96/306	FISHER, DALE	2081	00:29:57.45	05:59	5K70+M	2/2	M	58/108	00:29:37.05
97/306	RICCIARDI, VANESSA	2233	00:29:57.55	05:59	5K30-39F	14/72	F	39/198	00:29:33.95
98/306	HARTLEY, MICHAEL	2114	00:29:57.65	05:59	5K30-39M	14/23	M	59/108	00:28:12.10
99/306	BETHELL, ANNETTE	2012	00:29:59.85	05:59	5K30-39F	15/72	F	40/198	00:29:02.70
100/306	FORD, MELISSA	2086	00:30:11.15	06:02	5K30-39F	16/72	F	41/198	00:29:18.85
101/306	SAWDON, TOM	2246	00:30:17.75	06:03	5K60-69M	2/5	M	60/108	00:29:58.85
102/306	MCINTOSH, ERIN	2187	00:30:18.70	06:03	5K20-29F	11/43	F	42/198	00:29:58.65
103/306	BOURQUE, JENNIFER	2021	00:30:18.95	06:03	5K20-29F	12/43	F	43/198	00:29:57.85
104/306	COLLIER-JARVIS, SHAUNA	2037	00:30:25.70	06:05	5K20-29F	13/43	F	44/198	00:30:07.90
105/306	STAPLETON, PATRICIA	2259	00:30:26.55	06:05	5K60-69F	2/5	F	45/198	00:30:15.85
106/306	STEVENSON, BOB	2260	00:30:27.80	06:05	5K60-69M	3/5	M	61/108	00:29:45.10
107/306	BOLES, BARBARA	1030	00:30:30.00	06:06	5K50-59F	4/20	F	46/198	00:30:24.10
108/306	MURPHY, SUSAN	2314	00:30:30.45	06:06	5K50-59F	5/20	F	47/198	00:29:57.15
109/306	BOLES, NICOLE	2017	00:30:31.60	06:06	5K14&UF	5/17	F	48/198	00:30:26.00
110/306	FRY, JAMIE	2333	00:30:35.85	06:07	5K30-39M	15/23	M	62/108	00:30:02.65
111/306	HOOKER, JAY	2123	00:30:38.40	06:07	5K14&UM	9/23	M	63/108	00:30:08.50
112/306	MASCARIN, ROB	2345	00:30:44.85	06:08	5K30-39M	16/23	M	64/108	00:29:43.95
113/306	HEINRICHS, JUSTIN	2117	00:30:45.45	06:09	5K20-29M	7/14	M	65/108	00:29:26.85
114/306	HEINRICHS, KATHERINE	2118	00:30:45.45	06:09	5K20-29F	14/43	F	49/198	00:29:27.75

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
115/306	SAVOIE, CATHY	2244	00:30:48.95	06:09	5K40-49F	6/35	F	50/198	00:29:52.50
116/306	FURNESS, AMY	2092	00:30:52.70	06:10	5K30-39F	17/72	F	51/198	00:29:40.35
117/306	FURNESS, JORDAN	2093	00:30:52.90	06:10	5K20-29M	8/14	M	66/108	00:29:41.35
118/306	DAFOE, PAUL	2045	00:30:54.00	06:10	5K14&UM	10/23	M	67/108	00:30:19.10
119/306	TAYLOR, SHERRI	2265	00:30:58.25	06:11	5K30-39F	18/72	F	52/198	00:30:29.15
120/306	FERGUSON, CARL	2312	00:31:10.70	06:14	5K20-29M	9/14	M	68/108	00:29:58.60
121/306	JONES, KELLY	2138	00:31:12.25	06:14	5K30-39F	19/72	F	53/198	00:30:32.65
122/306	KAZMI, MUSTAPHA	2143	00:31:17.05	06:15	5K30-39M	17/23	M	69/108	00:29:23.05
123/306	KURRANT, CJ	2157	00:31:25.35	06:17	5K40-49F	7/35	F	54/198	00:30:28.60
124/306	FABBRI, ROBERTA	2071	00:31:25.85	06:17	5K30-39F	20/72	F	55/198	00:30:13.85
125/306	MACLELLAN, STEPHANIE	2176	00:31:26.10	06:17	5K30-39F	21/72	F	56/198	00:30:45.70
126/306	WHITE, CORINA	2292	00:31:29.15	06:17	5K14&UF	6/17	F	57/198	00:31:01.95
127/306	FAFARD, MICHELLE	2072	00:31:30.05	06:18	5K20-29F	15/43	F	58/198	00:31:01.40
128/306	WIRSTA, ROBIN	2297	00:31:31.55	06:18	5K20-29F	16/43	F	59/198	00:31:12.85
129/306	WILLIAMS, MORGAN	2296	00:31:34.95	06:18	5K20-29F	17/43	F	60/198	00:30:21.70
130/306	SKRYNYK, NOAH	2328	00:31:37.90	06:19	5K14&UM	11/23	M	70/108	00:30:58.95
131/306	LONGWORTH, STEPHANIE	2168	00:31:41.25	06:20	5K20-29F	18/43	F	61/198	00:29:25.05
132/306	LUPART, MICHAEL	2171	00:31:47.75	06:21	5K60-69M	4/5	M	71/108	00:31:23.60
133/306	OISHI, SEIJI	2362	00:31:52.90	06:22	5K14&UM	12/23	M	72/108	00:31:43.80
134/306	SKILLEN, KYLEIGH	2253	00:31:54.65	06:22	5K15-19F	3/4	F	62/198	00:30:43.30
135/306	PILI, NINI	2226	00:31:55.05	06:23	5K40-49F	8/35	F	63/198	00:30:16.75
136/306	BEEHARRY, NEENA	2008	00:31:56.25	06:23	5K30-39F	22/72	F	64/198	00:31:17.85
137/306	TALDORF, SYLVIA	2264	00:31:58.40	06:23	5K40-49F	9/35	F	65/198	00:31:06.85
138/306	SANGUINETTI, RACHEL	2242	00:32:08.60	06:25	5K20-29F	19/43	F	66/198	00:31:03.20
139/306	O'DONOGHUE, MARIE-CLAIRE	2216	00:32:10.15	06:26	5K20-29F	20/43	F	67/198	00:31:33.90
140/306	BOIVIN, SYLVIE	2016	00:32:12.55	06:26	5K50-59F	6/20	F	68/198	00:31:35.65
141/306	PONGO, CARMEN	2227	00:32:17.10	06:27	5K30-39F	23/72	F	69/198	00:31:01.75
142/306	MEHRA, AASHISH	2196	00:32:22.75	06:28	5K14&UM	13/23	M	73/108	00:30:59.35
143/306	KERN, JONAH	2147	00:32:24.15	06:28	5K14&UM	14/23	M	74/108	00:31:25.40
144/306	ERSKINE, TAIYO	2352	00:32:25.20	06:29	5K14&UM	15/23	M	75/108	00:31:02.20
145/306	DAFOE, SHERI	2046	00:32:27.95	06:29	5K40-49F	10/35	F	70/198	00:31:50.35
146/306	MEHRA, AADESH	2195	00:32:30.10	06:30	5K14&UM	16/23	M	76/108	00:31:05.15
147/306	METCALF, LYNN	2200	00:32:30.45	06:30	5K50-59F	7/20	F	71/198	00:31:39.25
148/306	COCKBAIN, TERRI-LYNN	2035	00:32:32.10	06:30	5K20-29F	21/43	F	72/198	00:31:54.15
149/306	NICKERSON, JON	2215	00:32:35.60	06:31	5K30-39M	18/23	M	77/108	00:31:00.30
150/306	HANSEN, JENNA	2111	00:32:36.70	06:31	5K15-19F	4/4	F	73/198	00:32:28.65
151/306	MURPHY, NICOLE	2211	00:32:47.20	06:33	5K20-29F	22/43	F	74/198	00:31:44.40
152/306	MACKAN, KRISTINA	2174	00:32:47.25	06:33	5K30-39F	24/72	F	75/198	00:31:45.60
153/306	DALTON, MACKENZIE	2048	00:32:47.45	06:33	5K14&UF	7/17	F	76/198	00:32:01.30
154/306	DALTON, JAMES	2047	00:32:47.55	06:33	5K40-49M	17/26	M	78/108	00:32:00.15
155/306	MILLICH, KATHY	2202	00:32:52.80	06:34	5K40-49F	11/35	F	77/198	00:32:07.20
156/306	DALTON, TAMMY	2049	00:32:54.20	06:34	5K40-49F	12/35	F	78/198	00:32:07.75
157/306	PYE, TOM	2228	00:32:55.65	06:35	5K40-49M	18/26	M	79/108	00:31:18.00
158/306	ERSKINE, GRAEME	2070	00:33:10.95	06:38	5K40-49M	19/26	M	80/108	00:31:47.30
159/306	KERN, NAOMI	2148	00:33:13.10	06:38	5K14&UF	8/17	F	79/198	00:32:14.95
160/306	KERN, BRENDA	2146	00:33:13.45	06:38	5K40-49F	13/35	F	80/198	00:32:14.95
161/306	TAKENAGA, MAYRA	2357	00:33:25.10	06:41	5K40-49F	14/35	F	81/198	00:32:18.30
162/306	PEARSON, KAREN	2223	00:33:39.25	06:43	5K50-59F	8/20	F	82/198	00:32:08.60
163/306	PEARSON, VANESSA	2224	00:33:39.60	06:43	5K20-29F	23/43	F	83/198	00:32:09.20
164/306	RINGROSE, ALYSSA	2236	00:33:44.75	06:44	5K30-39F	25/72	F	84/198	00:32:55.30
165/306	KAMALPOUR-ANSARI, MOHAMMAD HAD	2114	00:33:51.70	06:46	5K20-29M	10/14	M	81/108	00:32:45.60
166/306	SLEIMAN, LYNE	2254	00:33:52.55	06:46	5K20-29F	24/43	F	85/198	00:31:58.30
167/306	BULLIS, KATIE	2026	00:33:57.50	06:47	5K20-29F	25/43	F	86/198	00:33:19.05
168/306	GUREVITCH, JACOB	2109	00:33:58.65	06:47	5K14&UM	17/23	M	82/108	00:32:50.15
169/306	VAN GRONINGEN, BRITT	2343	00:33:58.95	06:47	5K20-29F	26/43	F	87/198	00:32:29.75
170/306	CHARRETT, CINDY	2030	00:34:04.35	06:48	5K30-39F	26/72	F	88/198	00:33:25.30
171/306	INHABER, DAVID	2131	00:34:06.65	06:49	5K50-59M	11/12	M	83/108	00:33:28.55

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
172/306	GUREVITCH, CHERYL	2107	00:34:13.55	06:50	5K40-49F	15/35	F	89/198	00:33:05.95
173/306	GAISER, CAITLIN	2094	00:34:16.95	06:51	5K20-29F	27/43	F	90/198	00:33:03.20
174/306	JOHANSEN, HEATHER	2136	00:34:21.85	06:52	5K30-39F	27/72	F	91/198	00:33:14.45
175/306	ILNYCKYJ, MARIA	2130	00:34:45.05	06:57	5K50-59F	9/20	F	92/198	00:33:14.85
176/306	GOLDBERG, AMY	2102	00:34:54.10	06:58	5K30-39F	28/72	F	93/198	00:34:08.20
177/306	WOOD, JORDAN	2302	00:34:54.40	06:58	5K14&UF	9/17	F	94/198	00:34:07.60
178/306	TURNER, SHEILA	2337	00:35:02.15	07:00	5K40-49F	16/35	F	95/198	00:33:36.25
179/306	JAKUBOWYCH, BEV	2132	00:35:02.35	07:00	5K50-59F	10/20	F	96/198	00:33:36.15
180/306	COULTER, ANDRA	2041	00:35:08.65	07:01	5K30-39F	29/72	F	97/198	00:33:52.50
181/306	VERCUIEL, PATRICIA	2280	00:35:10.00	07:02	5K30-39F	30/72	F	98/198	00:34:26.55
182/306	CARD, CHRISTINE	2028	00:35:13.80	07:02	5K30-39F	31/72	F	99/198	00:33:26.45
183/306	CHO, MICHELLE	2355	00:35:15.25	07:03	5K20-29F	28/43	F	100/198	00:33:49.35
184/306	VILLANUEVA, ANNE	2334	00:35:16.25	07:03	5K30-39F	32/72	F	101/198	00:34:43.35
185/306	SHARIF, AMANDA	2252	00:35:23.00	07:04	5K30-39F	33/72	F	102/198	00:33:33.50
186/306	BENOIT, NICOLE	2011	00:35:24.90	07:04	5K20-29F	29/43	F	103/198	00:33:35.60
187/306	DAY, ADRIENNE	2053	00:35:27.10	07:05	5K20-29F	30/43	F	104/198	00:34:14.60
188/306	MCMILLAN, THOMAS	2193	00:35:27.10	07:05	5K30-39M	19/23	M	84/108	00:34:15.25
189/306	WELLS, CARTIE	2290	00:35:27.65	07:05	5K14&UM	18/23	M	85/108	00:33:51.10
190/306	OSANYINTOLA, VICKI	2219	00:35:31.80	07:06	5K20-29F	31/43	F	105/198	00:33:49.20
191/306	HERSCHE, NADJA	1275	00:35:32.35	07:06	5K20-29F	32/43	F	106/198	00:34:17.30
192/306	OWEN-WHITE, JB	2332	00:35:38.85	07:07	5K40-49F	17/35	F	107/198	00:34:39.05
193/306	MCLAREN, CONNOR	2188	00:35:40.35	07:08	5K15-19M	3/3	M	86/108	00:34:04.20
194/306	HUME, JEREMY	2128	00:35:42.15	07:08	5K20-29M	11/14	M	87/108	00:33:54.15
195/306	REDEKOP, COLIN	2231	00:35:42.20	07:08	5K40-49M	20/26	M	88/108	00:34:02.45
196/306	SEE, DANI	2251	00:35:43.00	07:08	5K30-39F	34/72	F	108/198	00:33:55.10
197/306	YOUNGBERG, KAREN	2305	00:35:54.70	07:10	5K30-39F	35/72	F	109/198	00:35:33.50
198/306	JANSSSEN, MELANIE	2134	00:36:00.60	07:12	5K30-39F	36/72	F	110/198	00:35:42.90
199/306	SMITH, REG	2316	00:36:04.25	07:12	5K20-29M	12/14	M	89/108	00:34:50.70
200/306	BROWN, JOAN	2023	00:36:23.35	07:16	5K50-59F	11/20	F	111/198	00:35:13.40
201/306	NESTERENKO, LOUISE	2213	00:36:32.45	07:18	5K60-69F	3/5	F	112/198	00:36:30.55
202/306	MULDER, TRISH	2324	00:36:35.00	07:19	5K30-39F	37/72	F	113/198	00:34:46.15
203/306	GIBSON, COLLETTE	2341	00:36:37.30	07:19	5K30-39F	38/72	F	114/198	00:34:55.30
204/306	VOREL, NICHOLE	2340	00:36:37.65	07:19	5K30-39F	39/72	F	115/198	00:34:55.40
205/306	WELLS, KAREN	2291	00:36:38.05	07:19	5K40-49F	18/35	F	116/198	00:35:01.05
206/306	CZUCZMAN, JEANNIE	2338	00:36:38.35	07:19	5K30-39F	40/72	F	117/198	00:34:56.25
207/306	MORIN, ANIK	2208	00:36:41.00	07:20	5K30-39F	41/72	F	118/198	00:35:32.90
208/306	GETZ, JENNIFER	2095	00:36:41.05	07:20	5K20-29F	33/43	F	119/198	00:35:36.60
209/306	LAROCHELLE, MARIE	2160	00:36:47.75	07:21	5K50-59F	12/20	F	120/198	00:36:04.25
210/306	CALLAGHAN, SEAN	2364	00:36:50.75	07:22	5K50-59M	12/12	M	90/108	00:35:00.75
211/306	DOORNBOS, DANIELLE	2347	00:36:54.35	07:22	5K20-29F	34/43	F	121/198	00:35:37.35
212/306	GALE, CAMERON	2348	00:36:58.65	07:23	5K20-29M	13/14	M	91/108	00:35:39.75
213/306	SCREPNEK, NICOLE	2250	00:37:18.65	07:27	5K30-39F	42/72	F	122/198	00:36:17.50
214/306	REIMER, KARA	2232	00:37:20.10	07:28	5K30-39F	43/72	F	123/198	00:35:19.55
215/306	TOM, KEATON	2326	00:37:32.95	07:30	5K14&UM	19/23	M	92/108	00:35:46.90
216/306	DONLEVY, JAY	2327	00:37:33.45	07:30	5K40-49M	21/26	M	93/108	00:35:46.15
217/306	AZPIAZU, MARIA CRISTI	2003	00:37:37.55	07:31	5K50-59F	13/20	F	124/198	00:36:32.35
218/306	LUHOWY, PAMELA	2356	00:37:42.80	07:32	5K40-49F	19/35	F	125/198	00:35:44.45
219/306	ALDIE, TARA	2000	00:37:49.80	07:33	5K30-39F	44/72	F	126/198	00:36:32.20
220/306	GEE, RISHMA	2358	00:37:51.45	07:34	5K30-39F	45/72	F	127/198	00:35:52.20
221/306	HOUGH, AMBER	2125	00:38:18.05	07:39	5K40-49F	20/35	F	128/198	00:36:50.40
222/306	TALDORF, KRISTA	2263	00:38:21.45	07:40	5K30-39F	46/72	F	129/198	00:37:30.70
223/306	GIN, SOPHIA	2099	00:38:25.80	07:41	5K40-49F	21/35	F	130/198	00:36:54.55
224/306	MORLOCK, CARA	2209	00:38:30.35	07:42	5K20-29F	35/43	F	131/198	00:36:35.85
225/306	WHITE, MARY MADELIN	2294	00:38:38.85	07:43	5K70+F	1/2	F	132/198	00:38:00.75
226/306	CHO, WILLIAM	2031	00:38:40.55	07:44	5K20-29M	14/14	M	94/108	00:36:41.00
227/306	JONES, JEREMY	2137	00:38:51.85	07:46	5K40-49M	22/26	M	95/108	00:37:06.65
228/306	VALLIERES, LINA	2275	00:38:52.05	07:46	5K30-39F	47/72	F	133/198	00:37:07.05

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
229/306	NADEAU, MELISSA	2212	00:39:18.25	07:51	5K30-39F	48/72	F	134/198	00:37:59.55
230/306	FRIZZELL, CARIE	2091	00:39:18.35	07:51	5K30-39F	49/72	F	135/198	00:37:58.90
231/306	WITHERS, ANITA	2298	00:39:31.40	07:54	5K20-29F	36/43	F	136/198	00:37:56.85
232/306	MACLACHLAN, KYLA	2175	00:39:47.75	07:57	5K30-39F	50/72	F	137/198	00:38:03.95
233/306	GRIEBEL, CLAUDIA	2105	00:39:50.20	07:58	5K40-49F	22/35	F	138/198	00:38:15.60
234/306	KASER, ALANNA	2142	00:39:58.50	07:59	5K14&UF	10/17	F	139/198	00:39:23.05
235/306	HEATHERINGTON, CATHY	2116	00:40:00.55	08:00	5K40-49F	23/35	F	140/198	00:39:23.35
236/306	DE PAOLI, CINDY	2055	00:40:13.05	08:02	5K30-39F	51/72	F	141/198	00:38:12.80
237/306	HENRY, MARLENE	2179	00:40:21.55	08:04	5K30-39F	52/72	F	142/198	00:39:54.05
238/306	LEPPS, KYLA	2164	00:40:37.55	08:07	5K30-39F	53/72	F	143/198	00:38:35.75
239/306	UNRUH, NIKKI	2273	00:40:53.75	08:10	5K20-29F	37/43	F	144/198	00:39:42.95
240/306	DAVIES, RHEA	2050	00:40:53.80	08:10	5K50-59F	14/20	F	145/198	00:39:42.25
241/306	TUFTS, SARAH	2320	00:41:12.15	08:14	5K14&UF	11/17	F	146/198	00:39:14.75
242/306	HOLMES, KIM	2122	00:41:14.15	08:14	5K40-49F	24/35	F	147/198	00:39:34.20
243/306	CRAMER, DAYLE	2042	00:41:21.85	08:16	5K30-39F	54/72	F	148/198	00:39:47.90
244/306	BLADES, KELLY	2015	00:41:21.95	08:16	5K30-39F	55/72	F	149/198	00:39:48.65
245/306	BEVERIDGE, JILLIAN	2013	00:41:22.70	08:16	5K30-39F	56/72	F	150/198	00:39:48.70
246/306	CRAMER, SCOTT	2043	00:41:23.05	08:16	5K30-39M	20/23	M	96/108	00:39:49.50
247/306	BROST, MAUREEN	2346	00:41:29.90	08:17	5K40-49F	25/35	F	151/198	00:39:42.80
248/306	MEHRA, TARUN	2197	00:41:38.15	08:19	5K40-49M	23/26	M	97/108	00:40:13.55
249/306	ALEX, GILLIAN	2321	00:41:44.85	08:20	5K20-29F	38/43	F	152/198	00:40:09.00
250/306	BISHOP, ANDREW	2014	00:41:48.05	08:21	5K30-39M	21/23	M	98/108	00:41:13.95
251/306	JAMES, DEBRA	2133	00:41:55.55	08:23	5K40-49F	26/35	F	153/198	00:40:04.85
252/306	YOSHIMURA, WESTON	2304	00:41:55.60	08:23	5K30-39M	22/23	M	99/108	00:40:04.20
253/306	CHIN-LENN, LAURA	2329	00:42:04.95	08:24	5K30-39F	57/72	F	154/198	00:40:28.55
254/306	HUCK, LISA	2127	00:42:10.70	08:26	5K50-59F	15/20	F	155/198	00:40:44.05
255/306	GRAVES, TRACY	2104	00:42:10.75	08:26	5K40-49F	27/35	F	156/198	00:40:44.45
256/306	KRYGIER, CORY	2155	00:42:19.75	08:27	5K40-49M	24/26	M	100/108	00:40:43.75
257/306	KRYGIER, NICKI	2156	00:42:20.00	08:28	5K30-39F	58/72	F	157/198	00:40:43.50
258/306	MCRAE, KATHRYN	1428	00:42:40.20	08:32	5K30-39F	59/72	F	158/198	00:41:55.45
259/306	GIROUX, KATHERINE	1227	00:42:46.60	08:33	5K30-39F	60/72	F	159/198	00:41:11.60
260/306	BAUER, TERESA	2006	00:42:47.95	08:33	5K30-39F	61/72	F	160/198	00:42:02.75
261/306	TAM, AMANDA	1602	00:43:43.40	08:44	5K20-29F	39/43	F	161/198	00:42:04.20
262/306	CAVANAGH, KATRINA	2029	00:43:44.10	08:44	5K20-29F	40/43	F	162/198	00:43:00.80
263/306	RODGERS, DAVE	2238	00:43:51.35	08:46	5K40-49M	25/26	M	101/108	00:41:53.30
264/306	RODGERS, WYNNE	2303	00:43:52.00	08:46	5K14&UF	12/17	F	163/198	00:41:54.00
265/306	JUDGE, VINCE	2140	00:43:56.90	08:47	5K40-49M	26/26	M	102/108	00:43:10.75
266/306	RIMNEY, BRANDY	2235	00:44:19.75	08:51	5K30-39F	62/72	F	164/198	00:42:22.65
267/306	MCLEAN, JENNA	2191	00:44:25.55	08:53	5K20-29F	41/43	F	165/198	00:34:38.55
268/306	FORAN, DIANA	2084	00:45:17.10	09:03	5K50-59F	16/20	F	166/198	00:43:48.10
269/306	OMAN, TRACY	2218	00:45:17.30	09:03	5K30-39F	63/72	F	167/198	00:43:48.95
270/306	THIESSEN, JOSILYNN	2268	00:45:22.50	09:04	5K30-39F	64/72	F	168/198	00:43:22.90
271/306	DAVISON, BRANDI	2052	00:45:22.60	09:04	5K30-39F	65/72	F	169/198	00:43:23.75
272/306	THIESSEN, AMANDA	2267	00:45:26.75	09:05	5K30-39F	66/72	F	170/198	00:43:27.35
273/306	ROBERTS, AMANDA	2365	00:45:55.95	09:11	5K30-39F	67/72	F	171/198	00:44:02.30
274/306	RISDON, KELIE	2237	00:45:56.55	09:11	5K30-39F	68/72	F	172/198	00:44:02.75
275/306	HANSEN, JENNIFER	2112	00:46:20.45	09:16	5K20-29F	42/43	F	173/198	00:44:23.80
276/306	WONG, AMY	2300	00:46:20.55	09:16	5K20-29F	43/43	F	174/198	00:44:23.90
277/306	JUDGE, TRACEY	2139	00:46:25.70	09:17	5K40-49F	28/35	F	175/198	00:45:39.35
278/306	LASSALINE, JILL	2161	00:46:25.90	09:17	5K40-49F	29/35	F	176/198	00:46:01.20
279/306	ANDERSON, SYNTHIA	2002	00:46:29.95	09:17	5K30-39F	69/72	F	177/198	00:44:53.80
280/306	MAFRICA, SYLVIE	2177	00:46:30.10	09:18	5K50-59F	17/20	F	178/198	00:44:53.90
281/306	SCHROEDER, DALE	2248	00:46:39.65	09:19	5K40-49F	30/35	F	179/198	00:45:12.80
282/306	VISSER, SANDY	2282	00:46:39.70	09:19	5K50-59F	18/20	F	180/198	00:45:12.85
283/306	VAN ALLEN, BARBIE	2330	00:48:00.95	09:36	5K60-69F	4/5	F	181/198	00:46:03.05
284/306	TUFTS, GILLIAN	2319	00:49:38.55	09:55	5K40-49F	31/35	F	182/198	00:47:41.45
285/306	TUFTS, EMMA	2269	00:49:38.85	09:55	5K14&UF	13/17	F	183/198	00:47:41.90

OA/PI = Placing Overall

Cat/PI = Category Placing

Gen/PI = Overall Gender place

## Overall Results

## 5K Run/3.1 Miles

OA/PI	Name	Bib#	Time	Pace /K	Category	Cat/PI	Gender	Gen/PI	Chiptime
286/306	SACKNEY, LORNA	2241	00:50:05.25	10:01	5K70+F	2/2	F	184/198	00:48:09.85
287/306	BOLGER, ERIN	2018	00:50:08.90	10:01	5K40-49F	32/35	F	185/198	00:48:13.75
288/306	CORBETT, PETER	2335	00:51:04.25	10:12	5K60-69M	5/5	M	103/108	00:50:37.15
289/306	CHRISTENSEN, RUBY	2032	00:52:41.90	10:32	5K30-39F	70/72	F	186/198	00:50:35.70
290/306	HOPKINS, NEVENA	2124	00:52:44.45	10:32	5K40-49F	33/35	F	187/198	00:50:31.95
291/306	LADHANNI, ARMAAN	2158	00:53:42.15	10:44	5K14&UM	20/23	M	104/108	00:52:01.45
292/306	WALKER, MARIE	2283	00:54:32.95	10:54	5K14&UF	14/17	F	188/198	00:52:26.05
293/306	WALKER, STEPHANIE	2285	00:54:44.60	10:56	5K14&UF	15/17	F	189/198	00:52:35.90
294/306	DZIWOGO, AMIE	2068	00:54:53.40	10:58	5K30-39F	71/72	F	190/198	00:53:01.20
295/306	DZIWOGO, CORY	2069	00:54:54.20	10:58	5K30-39M	23/23	M	105/108	00:53:01.30
296/306	O'BRIEN, LEANN	2163	00:54:56.80	10:59	5K40-49F	34/35	F	191/198	00:53:04.00
297/306	GREENWOOD, LYNN	2344	00:54:57.35	10:59	5K50-59F	19/20	F	192/198	00:53:04.25
298/306	TWA, GABRIELLE	2271	00:55:48.20	11:09	5K14&UF	16/17	F	193/198	00:54:22.00
299/306	TWA, LISA	2272	00:55:49.45	11:09	5K30-39F	72/72	F	194/198	00:54:24.15
300/306	VERCUIEL, JODENE	2279	00:59:06.45	11:49	5K14&UF	17/17	F	195/198	00:58:21.70
301/306	BECKER, CAROL	2007	00:59:29.15	11:53	5K60-69F	5/5	F	196/198	00:57:20.55
302/306	VERCUIEL, REUBEN	2281	01:01:05.95	12:13	5K14&UM	21/23	M	106/108	01:00:21.55
303/306	DOR, PASCALE	2061	01:01:42.65	12:20	5K40-49F	35/35	F	197/198	01:01:31.75
304/306	MCCARTNEY, BEAU	2182	01:01:43.95	12:20	5K14&UM	22/23	M	107/108	00:59:39.55
305/306	MCCARTNEY, TATE	2183	01:03:58.15	12:47	5K14&UM	23/23	M	108/108	01:01:53.85
306/306	LIGUORI, ELLEN	2165	01:03:59.60	12:47	5K50-59F	20/20	F	198/198	01:01:55.60