

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K14&amp;UF - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/13	STEWART, JILLIAN	981	00:21:42.35	04:20	5K14&UF	24/324	5/211	00:21:41.15
2/13	GORMAN, CATHERINE	1053	00:23:30.85	04:42	5K14&UF	38/324	9/211	00:23:29.00
3/13	MERCER, SARAH	895	00:25:38.35	05:07	5K14&UF	60/324	18/211	00:25:35.40
4/13	REMINGTON, SYDNEY	947	00:25:41.40	05:08	5K14&UF	62/324	19/211	00:25:40.50
5/13	ROSS, KATHLEEN	1093	00:29:37.55	05:55	5K14&UF	134/324	60/211	00:28:45.90
6/13	EAST, IRIS	1059	00:30:03.25	06:00	5K14&UF	146/324	68/211	00:30:01.85
7/13	DE CHANTAL, EMILIE	768	00:33:34.25	06:42	5K14&UF	204/324	110/211	00:32:02.15
8/13	WOOD, JORDAN	3222	00:34:08.55	06:49	5K14&UF	218/324	123/211	00:33:31.00
9/13	CARTON, KATE	1046	00:36:58.65	07:23	5K14&UF	250/324	150/211	00:36:21.35
10/13	BARKER, JADE	718	00:39:20.45	07:52	5K14&UF	279/324	174/211	00:38:14.55
11/13	MARTENS, JAYDE	888	00:41:29.95	08:17	5K14&UF	295/324	188/211	00:40:08.15
12/13	POWER, GILLIAN	937	00:42:40.95	08:32	5K14&UF	297/324	190/211	00:41:57.10
13/13	WALTON, NATALIE	1012	00:42:47.05	08:33	5K14&UF	299/324	192/211	00:41:54.00

## 5K14&amp;UM - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/22	EAST, IAN	784	00:20:35.35	04:07	5K14&UM	15/324	14/113	00:20:34.60
2/22	TWEED, COLE	993	00:21:12.45	04:14	5K14&UM	19/324	16/113	00:20:45.85
3/22	BOULTER, DANIEL	732	00:23:23.00	04:40	5K14&UM	35/324	27/113	00:23:17.15
4/22	ANNIS, ELI	1050	00:24:52.70	04:58	5K14&UM	53/324	39/113	00:24:28.35
5/22	INGRAM, AUSTIN	832	00:24:53.80	04:58	5K14&UM	54/324	40/113	00:24:41.40
6/22	REMINGTON, DYLAN	945	00:25:41.40	05:08	5K14&UM	63/324	44/113	00:25:40.80
7/22	LEAMY, DEVIN	857	00:26:25.50	05:17	5K14&UM	69/324	47/113	00:26:06.50
8/22	SINGLETON, REILLY	970	00:26:41.90	05:20	5K14&UM	77/324	51/113	00:25:54.65
9/22	MORRISON, LIAM	1038	00:26:52.35	05:22	5K14&UM	78/324	52/113	00:26:04.05
10/22	HANSEN, JAY JAY	817	00:28:23.90	05:40	5K14&UM	109/324	65/113	00:27:38.55
11/22	DEERE, MATTHEW	773	00:28:37.15	05:43	5K14&UM	114/324	67/113	00:28:21.70
12/22	BUNYAN, JAKE	1056	00:28:40.95	05:44	5K14&UM	115/324	68/113	00:28:04.30
13/22	BARKER, COLLIN	717	00:29:34.15	05:54	5K14&UM	132/324	74/113	00:28:33.70
14/22	ROSS, ETHAN	952	00:29:45.75	05:57	5K14&UM	139/324	77/113	00:29:26.25
15/22	THIESSEN, LEO	988	00:29:59.30	05:59	5K14&UM	144/324	78/113	00:29:12.00
16/22	ALDRIDGE, COLTON	711	00:30:15.80	06:03	5K14&UM	152/324	81/113	00:29:11.65
17/22	GIERUS, JAKUB	799	00:32:23.55	06:28	5K14&UM	189/324	91/113	00:32:00.00
18/22	PILI, SYDNEY	930	00:35:04.60	07:00	5K14&UM	229/324	97/113	00:34:45.10
19/22	LOBB, QUINTEN	868	00:37:10.35	07:26	5K14&UM	252/324	101/113	00:36:36.10
20/22	LOBB, SPENCER	869	00:37:11.35	07:26	5K14&UM	253/324	102/113	00:36:37.00
21/22	MOUCK, KYLE	907	00:39:25.80	07:53	5K14&UM	281/324	106/113	00:38:30.40
22/22	HNATIUK, GARYN	823	00:43:56.60	08:47	5K14&UM	301/324	108/113	00:42:44.10

## 5K15-19F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/11	WASYLYCIA, DANA	1016	00:20:44.60	04:08	5K15-19F	17/324	2/211	00:20:43.70
2/11	KOUSTRUP, KYRA	848	00:22:04.55	04:24	5K15-19F	28/324	7/211	00:22:03.60
3/11	PYKE, SHANNON	939	00:23:14.65	04:38	5K15-19F	33/324	8/211	00:23:13.20
4/11	FORMAN, SARAH	1047	00:23:33.20	04:42	5K15-19F	40/324	10/211	00:23:29.85
5/11	NIXON, ALISA	919	00:27:56.25	05:35	5K15-19F	97/324	38/211	00:27:32.60
6/11	MOYNIHAN, CLAIRE	909	00:28:27.15	05:41	5K15-19F	111/324	46/211	00:27:34.00
7/11	SCHMIDT, MADISON	961	00:29:51.65	05:58	5K15-19F	142/324	65/211	00:28:55.15
8/11	DYCK, NICOLE	783	00:30:47.85	06:09	5K15-19F	158/324	75/211	00:29:42.20
9/11	NIXON, PAIGE	920	00:30:54.50	06:10	5K15-19F	161/324	77/211	00:30:31.60
10/11	LAWS, JAIME	856	00:34:35.15	06:55	5K15-19F	224/324	128/211	00:33:40.90
11/11	FIGG, CHELSEA	791	00:35:06.25	07:01	5K15-19F	230/324	133/211	00:34:01.00

## 5K15-19M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/10	LAFONTANT, FELIX	1058	00:16:37.35	03:19	5K15-19M	1/324	1/113	00:16:37.05
2/10	PRESCH, LOGAN	3227	00:18:00.45	03:36	5K15-19M	5/324	5/113	00:18:00.15
3/10	KING, QUENTIN	843	00:21:30.50	04:18	5K15-19M	22/324	18/113	00:21:23.85
4/10	MOYNIHAN, CONNOR	911	00:23:08.60	04:37	5K15-19M	31/324	24/113	00:22:20.95
5/10	MOYNIHAN, DANE	912	00:23:36.50	04:43	5K15-19M	42/324	32/113	00:22:47.95
6/10	VAN SANT, CHASE	1000	00:27:46.40	05:33	5K15-19M	95/324	58/113	00:27:28.85
7/10	NOTTINGHAM, JAMES	1096	00:28:01.30	05:36	5K15-19M	98/324	60/113	00:27:10.95
8/10	LEITCH, KYLE	860	00:28:58.85	05:47	5K15-19M	122/324	70/113	00:28:52.20
9/10	BEAUMONT, ALASTAIR	720	00:31:50.25	06:22	5K15-19M	178/324	87/113	00:30:51.00

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## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K15-19M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
10/10	CRAMER, SCOTT	763	00:34:10.00	06:50	5K15-19M	219/324	96/113	00:33:15.75

## 5K20-29F - 52 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/52	SERPICO, MADI	1063	00:20:28.30	04:05	5K20-29F	13/324	1/211	00:20:27.40
2/52	VINEY, KENDRA	1008	00:21:44.30	04:20	5K20-29F	25/324	6/211	00:21:39.80
3/52	GUEVREMONT, SYDNEY	810	00:25:28.15	05:05	5K20-29F	58/324	16/211	00:24:38.00
4/52	FERGUSON, ROXANNE	790	00:25:29.50	05:05	5K20-29F	59/324	17/211	00:24:39.75
5/52	ROBINSON, MEGAN	951	00:26:41.35	05:20	5K20-29F	76/324	26/211	00:25:46.00
6/52	VAN SANT, LEAH	1002	00:26:53.30	05:22	5K20-29F	79/324	27/211	00:26:36.05
7/52	WALKER, TENNILLE	1010	00:26:56.70	05:23	5K20-29F	81/324	29/211	00:26:48.45
8/52	PARKER, ALICIA	3229	00:27:18.50	05:27	5K20-29F	86/324	33/211	00:26:50.80
9/52	CANNON, VANESSA	742	00:27:25.55	05:29	5K20-29F	89/324	34/211	00:27:15.60
10/52	ST JOHN, MEREDITH	1931	00:27:39.45	05:31	5K20-29F	92/324	36/211	00:27:32.75
11/52	VICKERY, ALLISON	1004	00:27:41.20	05:32	5K20-29F	93/324	37/211	00:27:37.15
12/52	BIGELOW, LERAE	1060	00:28:07.85	05:37	5K20-29F	102/324	41/211	00:27:58.15
13/52	FILLO, ANGELA	3224	00:28:13.25	05:38	5K20-29F	103/324	42/211	00:28:02.80
14/52	KAVANAGH, AMANDA	840	00:28:41.75	05:44	5K20-29F	117/324	49/211	00:28:37.50
15/52	ENG, ALLISON	785	00:28:42.95	05:44	5K20-29F	118/324	50/211	00:27:16.70
16/52	AGUILLON, LISSETTE	710	00:28:50.40	05:46	5K20-29F	119/324	51/211	00:28:40.45
17/52	ZANEWICH, JESSICA	1032	00:29:07.85	05:49	5K20-29F	126/324	54/211	00:28:54.50
18/52	LUCAS, SHEILA	1091	00:29:33.10	05:54	5K20-29F	129/324	56/211	00:28:48.35
19/52	GARNER, AMANDA	797	00:29:48.35	05:57	5K20-29F	141/324	64/211	00:29:21.45
20/52	CHISHOLM, JESSIE	811	00:29:56.70	05:59	5K20-29F	143/324	66/211	00:29:34.05
21/52	KOZOWYK, KATE	849	00:30:28.25	06:05	5K20-29F	153/324	72/211	00:29:18.20
22/52	FULLER, ELIZABETH	794	00:30:57.75	06:11	5K20-29F	162/324	78/211	00:29:54.95
23/52	IRONSIDE, CHARMAINE	1388	00:31:07.25	06:13	5K20-29F	164/324	80/211	00:29:49.40
24/52	MORRILL, SARAH	903	00:31:23.40	06:16	5K20-29F	170/324	85/211	00:31:04.55
25/52	GERRISH, LINDSAY	1097	00:31:37.35	06:19	5K20-29F	174/324	88/211	00:31:16.35
26/52	REES, GIGI	942	00:31:58.95	06:23	5K20-29F	181/324	93/211	00:31:19.45
27/52	HARILD, BETH	818	00:32:16.65	06:27	5K20-29F	186/324	97/211	00:31:10.70
28/52	STOREY, JENNIFER	982	00:32:25.30	06:29	5K20-29F	190/324	99/211	00:31:13.45
29/52	WILSON, HAILEY	1022	00:32:44.70	06:32	5K20-29F	195/324	103/211	00:32:06.95
30/52	LEBER, ANNALENA	859	00:33:16.90	06:39	5K20-29F	201/324	107/211	00:32:38.15
31/52	LONGWORTH, STEPHANIE	1074	00:33:51.50	06:46	5K20-29F	210/324	115/211	00:32:35.85
32/52	CLINCKETT, CLARE	756	00:33:55.65	06:47	5K20-29F	211/324	116/211	00:33:34.50
33/52	WOLOSCHUK, ALICIA	1023	00:33:57.40	06:47	5K20-29F	212/324	117/211	00:33:52.40
34/52	POWELL, KAYLA	936	00:34:21.95	06:52	5K20-29F	221/324	125/211	00:33:44.30
35/52	LONGWORTH, MEGHAN	1075	00:34:26.20	06:53	5K20-29F	222/324	126/211	00:33:11.35
36/52	KOZOWYK, LIZA	850	00:34:34.75	06:54	5K20-29F	223/324	127/211	00:33:24.90
37/52	DE LEON, SHILA	770	00:35:23.40	07:04	5K20-29F	235/324	136/211	00:35:23.40
38/52	MCILROY, CARRIE	892	00:35:38.25	07:07	5K20-29F	236/324	137/211	00:35:02.85
39/52	CILIBERTI, ALEX	752	00:35:41.55	07:08	5K20-29F	237/324	138/211	00:34:40.95
40/52	WRATHALL, DANA	766	00:36:10.00	07:14	5K20-29F	244/324	144/211	00:35:30.20
41/52	CIRKA, ALANNA	753	00:36:48.00	07:21	5K20-29F	246/324	146/211	00:36:41.05
42/52	HUSTEJ, SAM	1049	00:36:58.65	07:23	5K20-29F	251/324	151/211	00:36:21.75
43/52	SMITH, EMILY	1052	00:37:55.50	07:35	5K20-29F	259/324	155/211	00:36:56.20
44/52	MILLER, AMY	899	00:38:10.40	07:38	5K20-29F	264/324	160/211	00:37:25.25
45/52	STEELE, JUSTINE	978	00:38:53.65	07:46	5K20-29F	268/324	164/211	00:37:42.00
46/52	HALLIDAY, JENNIFER	812	00:38:56.55	07:47	5K20-29F	270/324	165/211	00:38:20.90
47/52	CHAREKA, MISSY	1067	00:39:04.40	07:48	5K20-29F	272/324	167/211	00:36:31.60
48/52	NEIL, JENI	915	00:40:21.05	08:04	5K20-29F	283/324	177/211	00:39:49.70
49/52	RUBEN, ASHLEY	1094	00:41:12.50	08:14	5K20-29F	288/324	181/211	00:40:54.10
50/52	VAN OMMEREN, AMANDA	998	00:41:31.65	08:18	5K20-29F	296/324	189/211	00:41:00.05
51/52	CAVANAGH, KATRINA	745	00:47:16.20	09:27	5K20-29F	310/324	199/211	00:46:22.70
52/52	REIMER, MEGAN	943	01:04:21.40	12:52	5K20-29F	322/324	210/211	01:03:10.05

## 5K20-29M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/14	INHABER, JOSH	834	00:17:02.15	03:24	5K20-29M	2/324	2/113	00:17:01.40
2/14	CRITCHLEY, GREGORY	1065	00:17:13.90	03:26	5K20-29M	3/324	3/113	00:17:12.45
3/14	LALONDE, DAN	1044	00:18:08.40	03:37	5K20-29M	6/324	6/113	00:18:07.95
4/14	DOUGLAS, ANDREW	3228	00:18:10.60	03:38	5K20-29M	7/324	7/113	00:18:07.45
5/14	CORMIER, RYAN	761	00:20:34.95	04:06	5K20-29M	14/324	13/113	

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## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K20-29M - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
6/14	DJOUAHRA, NASSIM	777	00:22:21.75	04:28	5K20-29M	29/324	22/113	00:20:33.30
7/14	HOOS, THOMAS	826	00:23:14.80	04:38	5K20-29M	34/324	26/113	00:23:13.05
8/14	MCDONALD, SEAN	891	00:26:33.40	05:18	5K20-29M	71/324	48/113	00:25:38.20
9/14	SKEA, KYLE	971	00:27:49.50	05:33	5K20-29M	96/324	59/113	00:26:15.75
10/14	LESACK, BRAD	862	00:28:20.60	05:40	5K20-29M	106/324	63/113	00:28:14.50
11/14	CIRKA, MATTHEW	755	00:28:21.05	05:40	5K20-29M	107/324	64/113	00:28:14.85
12/14	STEELE, ALEXANDER	977	00:32:16.65	06:27	5K20-29M	187/324	90/113	00:31:10.85
13/14	VON EUW, GREG	806	00:35:21.80	07:04	5K20-29M	233/324	98/113	00:34:32.45
14/14	DE LEON, DANILO	1057	00:35:23.05	07:04	5K20-29M	234/324	99/113	00:35:02.60

## 5K30-39F - 64 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/64	STAPLETON, MELANIE	975	00:23:55.00	04:47	5K30-39F	44/324	11/211	00:23:44.25
2/64	DRIEDIGER-MURPHY, LINDSAY	781	00:24:08.85	04:49	5K30-39F	46/324	12/211	00:24:06.05
3/64	MAHONEY, CAROLYN	882	00:24:26.35	04:53	5K30-39F	48/324	13/211	00:24:17.15
4/64	WARD, KRISTY	1014	00:25:04.40	05:00	5K30-39F	55/324	15/211	00:24:52.15
5/64	SOUTHAM, CYNTHIA	973	00:25:47.00	05:09	5K30-39F	64/324	20/211	00:25:11.20
6/64	HUNTER, KARIN	829	00:25:48.95	05:09	5K30-39F	65/324	21/211	00:25:13.25
7/64	CHICILLO, SHAWNA	750	00:26:29.35	05:17	5K30-39F	70/324	23/211	00:25:54.10
8/64	DEWIT, JENNIFER	776	00:26:34.15	05:18	5K30-39F	72/324	24/211	00:25:38.15
9/64	RICCIARDI, VANESSA	948	00:26:39.00	05:19	5K30-39F	75/324	25/211	00:26:27.70
10/64	BETHELL, ANNETTE	723	00:27:04.30	05:24	5K30-39F	83/324	31/211	00:26:43.35
11/64	PONGO, CARMEN	934	00:28:03.40	05:36	5K30-39F	100/324	39/211	00:27:01.10
12/64	COLGAN, VICKIE	1203	00:28:05.50	05:37	5K30-39F	101/324	40/211	00:28:05.50
13/64	KLEMEN, JANNA	847	00:28:14.80	05:38	5K30-39F	105/324	43/211	00:27:27.75
14/64	NEWMAN, BRANDY	917	00:28:25.05	05:41	5K30-39F	110/324	45/211	00:28:14.70
15/64	DEERE, JEANNETTE	772	00:28:41.20	05:44	5K30-39F	116/324	48/211	00:28:24.75
16/64	PARKER, RHODORA	927	00:29:20.85	05:52	5K30-39F	128/324	55/211	00:28:36.55
17/64	ZAGHLOUL, SARAH	1031	00:29:33.25	05:54	5K30-39F	130/324	57/211	00:29:26.60
18/64	VIG, CHANDRA	1006	00:29:41.30	05:56	5K30-39F	136/324	61/211	00:29:26.25
19/64	BALIC, SANDRA	716	00:29:42.70	05:56	5K30-39F	137/324	62/211	00:29:31.15
20/64	BEST, KATIE	722	00:30:02.35	06:00	5K30-39F	145/324	67/211	00:28:53.55
21/64	THOMPSON, AMANDA	989	00:30:04.75	06:00	5K30-39F	147/324	69/211	00:29:07.90
22/64	FRANSSON, NICOLE	792	00:30:09.50	06:01	5K30-39F	150/324	70/211	00:29:50.75
23/64	CONNOLLY, KIM	758	00:30:51.75	06:10	5K30-39F	159/324	76/211	00:30:11.65
24/64	STEVENS, SARAH	980	00:31:13.55	06:14	5K30-39F	166/324	81/211	00:30:03.20
25/64	ENGLISH, ALISSA	786	00:31:19.60	06:15	5K30-39F	167/324	82/211	00:31:01.20
26/64	EVELEIGH, LEILA	787	00:32:04.20	06:24	5K30-39F	183/324	94/211	00:31:31.05
27/64	STOY, JESSICA	984	00:32:05.90	06:25	5K30-39F	184/324	95/211	00:31:43.65
28/64	COULTER, ANDRA	762	00:32:23.35	06:28	5K30-39F	188/324	98/211	00:31:22.00
29/64	GIERUS, BOGUSIA	798	00:32:34.55	06:30	5K30-39F	192/324	100/211	00:32:11.90
30/64	MACKAN, KRISTINA	874	00:32:40.90	06:32	5K30-39F	193/324	101/211	00:31:43.05
31/64	MURPHY, NICOLE	914	00:32:41.10	06:32	5K30-39F	194/324	102/211	00:31:43.40
32/64	MORRIS, GAIL	904	00:32:46.55	06:33	5K30-39F	196/324	104/211	00:31:51.10
33/64	BIRD, KARI	724	00:33:08.55	06:37	5K30-39F	199/324	105/211	00:32:24.60
34/64	PAETHKE, ALLISON	925	00:33:14.45	06:38	5K30-39F	200/324	106/211	00:32:46.50
35/64	PLUMB, HEATHER	933	00:33:26.20	06:41	5K30-39F	203/324	109/211	00:32:35.95
36/64	SHLAH, RANDA	966	00:33:35.85	06:43	5K30-39F	206/324	111/211	00:32:16.10
37/64	AMANTE, CHARISHE	712	00:33:48.55	06:45	5K30-39F	209/324	114/211	00:33:14.50
38/64	THIENSEN, CHRISTA	987	00:33:57.70	06:47	5K30-39F	213/324	118/211	00:33:11.05
39/64	MORRISON, KELLY	905	00:33:58.35	06:47	5K30-39F	214/324	119/211	00:33:02.95
40/64	HISTON, KARIN	822	00:34:07.55	06:49	5K30-39F	216/324	121/211	00:33:49.90
41/64	GOLDBERG, AMY	801	00:34:08.50	06:49	5K30-39F	217/324	122/211	00:33:31.20
42/64	LETAL, JERUSHA	863	00:34:45.95	06:57	5K30-39F	227/324	131/211	00:33:51.10
43/64	WHITE, CHRISTA	1088	00:34:53.30	06:58	5K30-39F	228/324	132/211	00:34:06.55
44/64	KEMP, JENNIFER	842	00:35:59.65	07:11	5K30-39F	241/324	142/211	00:34:50.80
45/64	HENRY, MARLENE	819	00:36:03.30	07:12	5K30-39F	243/324	143/211	00:35:51.65
46/64	JENKINS, KIM	837	00:36:37.60	07:19	5K30-39F	245/324	145/211	00:36:07.60
47/64	DANIELS, TOBEY	767	00:36:48.70	07:21	5K30-39F	248/324	148/211	00:35:22.55
48/64	PEACEY, AMANDA	1045	00:36:48.70	07:21	5K30-39F	249/324	149/211	00:35:23.15
49/64	MACPHEE, CHARLA	879	00:37:26.85	07:29	5K30-39F	256/324	153/211	00:36:58.50
50/64	STACEY, AMANDA	1090	00:37:30.70	07:30	5K30-39F	258/324	154/211	00:36:10.15

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K30-39F - 64 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
51/64	VILLENEUVE, ROBIN	1007	00:38:10.95	07:38	5K30-39F	265/324	161/211	00:37:02.70
52/64	BLADES, KELLY	727	00:38:13.10	07:38	5K30-39F	266/324	162/211	00:37:18.95
53/64	FRASER, MARYANN	1099	00:39:00.40	07:48	5K30-39F	271/324	166/211	00:36:11.50
54/64	MAIDLOW, SIERRA	883	00:39:13.25	07:50	5K30-39F	274/324	169/211	00:38:04.15
55/64	TEPLER, MELANIE	986	00:39:17.40	07:51	5K30-39F	275/324	170/211	00:38:52.75
56/64	LALL, TANYA	851	00:39:19.20	07:51	5K30-39F	276/324	171/211	00:38:53.40
57/64	FURGASON, TAMMY	795	00:39:20.10	07:52	5K30-39F	278/324	173/211	00:37:58.85
58/64	MAK, EILEEN	886	00:39:24.75	07:52	5K30-39F	280/324	175/211	00:38:24.30
59/64	DOYLE, ANNA	3223	00:39:28.05	07:53	5K30-39F	282/324	176/211	00:39:09.70
60/64	SELLERS, DONNELLY	964	00:40:44.45	08:08	5K30-39F	284/324	178/211	00:39:36.35
61/64	MARTENS, CLAUDIA	887	00:41:29.60	08:17	5K30-39F	294/324	187/211	00:40:07.95
62/64	BARBARO, AMY	1040	00:44:37.65	08:55	5K30-39F	305/324	196/211	00:44:07.10
63/64	CHRISTENSEN, RUBY	751	00:52:40.95	10:32	5K30-39F	316/324	205/211	00:51:20.40
64/64	MAINGAT, MICHELLE	884	01:10:25.75	14:05	5K30-39F	324/324	211/211	01:10:25.75

## 5K30-39M - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/20	JANUSC, TRISTAN	1076	00:20:10.05	04:02	5K30-39M	11/324	11/113	00:20:10.05
2/20	JONES, MICHAEL	1064	00:21:17.25	04:15	5K30-39M	20/324	17/113	00:20:08.90
3/20	HOFER, TREVOR	1066	00:23:11.30	04:38	5K30-39M	32/324	25/113	00:23:00.45
4/20	BOGAART, WILL	729	00:23:27.20	04:41	5K30-39M	37/324	29/113	00:22:39.75
5/20	MORRIS, JOHN	1061	00:24:10.10	04:50	5K30-39M	47/324	35/113	00:24:00.95
6/20	GORELIK, ALEX	803	00:24:49.30	04:57	5K30-39M	52/324	38/113	00:24:46.40
7/20	GUEVREMONT, SEAN	809	00:25:07.75	05:01	5K30-39M	56/324	41/113	00:24:17.95
8/20	STOY, JEFFREY	983	00:26:17.75	05:15	5K30-39M	68/324	46/113	00:25:55.30
9/20	ST-HILAIRE, FRANCOIS	974	00:26:36.25	05:19	5K30-39M	74/324	50/113	00:25:58.70
10/20	SMITH, ADAM	972	00:27:20.15	05:28	5K30-39M	87/324	54/113	00:26:35.65
11/20	DEKEYSER, MATTHEW	775	00:29:04.10	05:48	5K30-39M	124/324	72/113	00:28:59.10
12/20	LEWIS, RANDY	866	00:29:09.85	05:49	5K30-39M	127/324	73/113	00:28:00.75
13/20	THOMPSON, J	990	00:30:07.45	06:01	5K30-39M	149/324	80/113	00:29:09.90
14/20	JOHNSON, JEFFREY	838	00:30:37.05	06:07	5K30-39M	155/324	82/113	00:29:09.55
15/20	WARREN, MATT	1015	00:30:52.00	06:10	5K30-39M	160/324	84/113	00:29:56.00
16/20	KOIZUMI, JAMES	1087	00:31:31.40	06:18	5K30-39M	172/324	86/113	00:30:06.75
17/20	MAK, DARREN	885	00:36:00.35	07:12	5K30-39M	242/324	100/113	00:34:58.65
18/20	LOBB, CHRIS	867	00:37:11.80	07:26	5K30-39M	254/324	103/113	00:36:36.75
19/20	SHLAH, ZACHARY	967	00:46:46.45	09:21	5K30-39M	308/324	111/113	00:45:26.85
20/20	MACPHERSON, STEVE	881	01:10:25.60	14:05	5K30-39M	323/324	113/113	01:10:25.60

## 5K40-49F - 41 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/41	PATTERSON, JANICE	2923	00:21:23.55	04:16	5K40-49F	21/324	4/211	00:21:21.40
2/41	HAMILTON, PAIGE	813	00:24:33.75	04:54	5K40-49F	49/324	14/211	00:24:23.70
3/41	NISHIZEKI, PEGGY	918	00:25:48.95	05:09	5K40-49F	66/324	22/211	00:25:46.35
4/41	GILL, RANI	800	00:26:55.25	05:23	5K40-49F	80/324	28/211	00:26:50.20
5/41	LEMIRE, JENNIFER	861	00:26:58.20	05:23	5K40-49F	82/324	30/211	00:26:25.30
6/41	BOUCHARD, M.C.	1051	00:27:17.35	05:27	5K40-49F	85/324	32/211	00:26:52.70
7/41	REABURN, TARA	940	00:27:33.95	05:30	5K40-49F	91/324	35/211	00:27:25.45
8/41	BOULTER, LEAH	733	00:28:23.55	05:40	5K40-49F	108/324	44/211	00:28:08.70
9/41	LEAMY, NADIA	858	00:28:29.95	05:41	5K40-49F	113/324	47/211	00:28:10.20
10/41	COONEY, CLAIRE	760	00:28:53.85	05:46	5K40-49F	120/324	52/211	00:28:17.20
11/41	PILI, NINI	1035	00:29:33.90	05:54	5K40-49F	131/324	58/211	00:29:14.95
12/41	ROSS, TERRY	953	00:29:46.50	05:57	5K40-49F	140/324	63/211	00:29:27.15
13/41	MOYNIHAN, COLLEEN	910	00:30:30.40	06:06	5K40-49F	154/324	73/211	00:29:34.10
14/41	LASSITER, ERIN	853	00:31:06.75	06:13	5K40-49F	163/324	79/211	00:30:27.30
15/41	SINGLETON, JUNE	969	00:31:20.55	06:16	5K40-49F	169/324	84/211	00:30:32.00
16/41	B., CHERYL	1119	00:31:37.70	06:19	5K40-49F	175/324	89/211	00:30:41.60
17/41	LAUZON, PATRICIA	855	00:31:38.45	06:19	5K40-49F	176/324	90/211	00:31:10.45
18/41	SUFFRON, ANNETTE	985	00:31:48.80	06:21	5K40-49F	177/324	91/211	00:30:41.85
19/41	MOORE, WENDI	902	00:33:21.70	06:40	5K40-49F	202/324	108/211	00:32:29.75
20/41	MOUCK, ANNE	906	00:34:03.15	06:48	5K40-49F	215/324	120/211	00:33:07.95
21/41	DUNN, SOLANGE	1261	00:34:11.90	06:50	5K40-49F	220/324	124/211	00:33:48.55
22/41	VALLEE, FATIMA	997	00:34:45.85	06:57	5K40-49F	226/324	130/211	00:33:35.40
23/41	DEANS, LYNETTE	1912	00:35:47.80	07:09	5K40-49F	239/324	140/211	00:35:23.65
24/41	YEH, SANDY	1027	00:35:59.45	07:11	5K40-49F	240/324	141/211	

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K40-49F - 41 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
								00:34:44.60
25/41	SCHULZ, EVA	962	00:37:20.30	07:28	5K40-49F	255/324	152/211	00:36:10.80
26/41	MASON, MAGGIE	1078	00:37:57.15	07:35	5K40-49F	260/324	156/211	00:36:37.20
27/41	WHITE, VANESSA	1082	00:38:00.40	07:36	5K40-49F	261/324	157/211	00:37:24.95
28/41	PIRIE, BARBARA	931	00:38:07.50	07:37	5K40-49F	262/324	158/211	00:37:01.15
29/41	TALDORF, KRISTA	1079	00:38:09.25	07:37	5K40-49F	263/324	159/211	00:37:25.65
30/41	CRAWFORD, SUSAN	764	00:38:36.80	07:43	5K40-49F	267/324	163/211	00:37:15.55
31/41	JAMES, DEBRA	836	00:39:19.25	07:51	5K40-49F	277/324	172/211	00:38:34.80
32/41	BLUMENSCHHEIN, TINA	728	00:41:02.55	08:12	5K40-49F	287/324	180/211	00:40:19.80
33/41	TURNER, SHEILA	992	00:41:22.75	08:16	5K40-49F	292/324	185/211	00:40:35.30
34/41	FRUITMAN-POWER, DEBORAH	793	00:42:41.25	08:32	5K40-49F	298/324	191/211	00:41:58.50
35/41	TOLLER, KIM	991	00:43:56.95	08:47	5K40-49F	302/324	194/211	00:42:44.50
36/41	MCLAUGHLIN, CINDY	893	00:44:28.65	08:53	5K40-49F	303/324	195/211	00:44:16.20
37/41	TYSSSEN, RHANDI	995	00:47:28.30	09:29	5K40-49F	311/324	200/211	00:46:56.25
38/41	HOPKINS, NEVENA	827	00:48:13.20	09:38	5K40-49F	312/324	201/211	00:46:57.05
39/41	HAMMER, KELLY	814	00:50:32.50	10:06	5K40-49F	315/324	204/211	00:49:10.45
40/41	ROZBORSKI, DOMINIKA	955	00:53:15.60	10:39	5K40-49F	317/324	206/211	00:52:21.75
41/41	GOMEZ, CAROLYN	802	00:54:56.80	10:59	5K40-49F	319/324	208/211	00:54:09.65

## 5K40-49M - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/27	BURROWS, DARREN	738	00:17:38.20	03:31	5K40-49M	4/324	4/113	00:17:37.50
2/27	LEMENAGER, ERWANN	3000	00:18:45.65	03:45	5K40-49M	8/324	8/113	00:18:45.30
3/27	BOURGEAULT, PAUL	734	00:18:50.20	03:46	5K40-49M	9/324	9/113	00:18:49.60
4/27	MOORE, ADRIAN	901	00:18:52.85	03:46	5K40-49M	10/324	10/113	00:18:50.35
5/27	PIETERSMA, IAN	928	00:20:16.25	04:03	5K40-49M	12/324	12/113	00:20:11.55
6/27	PAQUET, MARC	926	00:21:44.90	04:20	5K40-49M	26/324	20/113	00:21:34.10
7/27	MERCER, TROY	896	00:21:58.50	04:23	5K40-49M	27/324	21/113	00:21:55.55
8/27	GORMAN, MICHAEL	1055	00:23:31.00	04:42	5K40-49M	39/324	30/113	00:23:28.85
9/27	FORMAN, SIMON	1048	00:23:33.30	04:42	5K40-49M	41/324	31/113	00:23:29.85
10/27	SIMMONS, DARRIN	1039	00:25:23.00	05:04	5K40-49M	57/324	42/113	00:24:44.25
11/27	MACPHEE, DAN	880	00:25:39.35	05:07	5K40-49M	61/324	43/113	00:24:41.45
12/27	STYCZEN, MIKE	1062	00:26:34.95	05:18	5K40-49M	73/324	49/113	00:26:23.95
13/27	GRANT, DAN	1034	00:27:09.45	05:25	5K40-49M	84/324	53/113	00:26:55.80
14/27	BROWN, GREG	736	00:27:29.40	05:29	5K40-49M	90/324	56/113	00:27:10.45
15/27	MOULD, GREG	908	00:28:28.20	05:41	5K40-49M	112/324	66/113	00:27:55.45
16/27	ANABO, MAX	713	00:28:57.00	05:47	5K40-49M	121/324	69/113	00:27:50.40
17/27	REDEKOP, COLIN	941	00:29:43.05	05:56	5K40-49M	138/324	76/113	00:28:58.05
18/27	KEEN, KEVIN	841	00:30:05.45	06:01	5K40-49M	148/324	79/113	00:29:07.30
19/27	BEAUMONT, KEN	721	00:30:41.70	06:08	5K40-49M	156/324	83/113	00:29:42.25
20/27	SHLAH, ZAID	968	00:31:12.45	06:14	5K40-49M	165/324	85/113	00:29:53.45
21/27	POWELL, CHRIS	935	00:32:01.55	06:24	5K40-49M	182/324	89/113	00:31:29.05
22/27	HOWES, JAMES	828	00:32:59.20	06:35	5K40-49M	197/324	93/113	00:32:41.30
23/27	BIRD, RICHARD	725	00:33:00.05	06:36	5K40-49M	198/324	94/113	00:32:15.10
24/27	DE CHANTAL, EMILIO	769	00:33:34.70	06:42	5K40-49M	205/324	95/113	00:32:01.75
25/27	STACEY, RITCHARD	1089	00:37:30.60	07:30	5K40-49M	257/324	104/113	00:36:11.35
26/27	MUNN, STEPHEN	913	00:38:56.25	07:47	5K40-49M	269/324	105/113	00:37:34.30
27/27	MCLAUGHLIN, PAT	894	00:44:29.55	08:53	5K40-49M	304/324	109/113	00:44:16.65

## 5K50-59F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/24	MCCAFFREY, JANICE	889	00:21:02.70	04:12	5K50-59F	18/324	3/211	00:21:01.00
2/24	YELLIN, MICHELLE	1029	00:29:06.80	05:49	5K50-59F	125/324	53/211	00:28:45.90
3/24	VAN SANT, JANE	1001	00:30:12.75	06:02	5K50-59F	151/324	71/211	00:28:49.35
4/24	SHEPHERD, ELIZABETH	965	00:31:19.65	06:15	5K50-59F	168/324	83/211	00:30:53.70
5/24	METCALF, LYNN	897	00:31:30.65	06:18	5K50-59F	171/324	86/211	00:30:47.90
6/24	UYS, REINETTE	996	00:31:35.75	06:19	5K50-59F	173/324	87/211	00:31:07.65
7/24	SPATARO, FEDERICA	1042	00:31:54.60	06:22	5K50-59F	180/324	92/211	00:30:49.45
8/24	TALDORF, SYLVIA	1080	00:32:12.90	06:26	5K50-59F	185/324	96/211	00:31:29.30
9/24	RUDY, CAROL	956	00:33:37.55	06:43	5K50-59F	207/324	112/211	00:32:38.75
10/24	ROY-HANKINSON, SHEILA	1036	00:33:43.35	06:44	5K50-59F	208/324	113/211	00:33:03.60
11/24	SMITH, LINDA	1054	00:34:36.00	06:55	5K50-59F	225/324	129/211	00:33:36.05
12/24	LAROCHELLE, MARIE	852	00:35:20.45	07:04	5K50-59F	232/324	135/211	00:34:27.20
13/24	JONGMANS, SHEILA	839	00:35:42.15	07:08	5K50-59F	238/324	139/211	

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Results

5K Run/3.1 Miles  
324 Competitors Total

## 5K50-59F - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
								00:34:40.45
14/24	CIRKA, JENNIFER	754	00:36:48.00	07:21	5K50-59F	247/324	147/211	00:36:42.95
15/24	DYSON, JOYCE	1083	00:40:59.40	08:11	5K50-59F	285/324	179/211	00:39:55.20
16/24	VISSER, SANDY	1009	00:41:22.70	08:16	5K50-59F	290/324	183/211	00:40:35.10
17/24	JAKUBOWYCH, BEV	835	00:41:22.75	08:16	5K50-59F	291/324	184/211	00:40:34.50
18/24	MCCUE, JENNIFER	890	00:41:24.85	08:16	5K50-59F	293/324	186/211	00:40:22.85
19/24	COATHAM, SUE	757	00:45:49.35	09:09	5K50-59F	307/324	197/211	00:45:02.95
20/24	BARBARO, MONICA	1070	00:46:58.25	09:23	5K50-59F	309/324	198/211	00:46:28.50
21/24	METZGER, MITZI	898	00:49:05.75	09:49	5K50-59F	313/324	202/211	00:48:22.95
22/24	CARRIER, MADELEINE	743	00:49:06.05	09:49	5K50-59F	314/324	203/211	00:48:22.70
23/24	LONGWORTH, MARG	871	00:54:31.20	10:54	5K50-59F	318/324	207/211	00:53:14.15
24/24	WOOLLARD, PATRICIA	1025	00:55:07.05	11:01	5K50-59F	321/324	209/211	00:54:25.40

## 5K50-59M - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/13	WHEELER, BARRY	1018	00:20:38.90	04:07	5K50-59M	16/324	15/113	00:20:33.35
2/13	DRIEDIGER, DOUGLAS	780	00:21:40.15	04:20	5K50-59M	23/324	19/113	00:21:37.10
3/13	VAN SANT, BEN	999	00:22:31.70	04:30	5K50-59M	30/324	23/113	00:22:26.55
4/13	CONSTANTINE, DALE	759	00:23:25.00	04:41	5K50-59M	36/324	28/113	00:23:20.15
5/13	FAUL, JOHN	1095	00:23:44.50	04:44	5K50-59M	43/324	33/113	00:23:27.50
6/13	TWEED, DARRELL	994	00:24:07.65	04:49	5K50-59M	45/324	34/113	00:23:41.30
7/13	FENNING, DARRELL	789	00:24:35.30	04:55	5K50-59M	50/324	36/113	00:24:32.45
8/13	WYLLIE, DOUG	1026	00:24:40.50	04:56	5K50-59M	51/324	37/113	00:24:13.55
9/13	LONGWORTH, HERB	870	00:28:01.85	05:36	5K50-59M	99/324	61/113	00:27:20.15
10/13	ROSS, BRADY	1092	00:29:39.20	05:55	5K50-59M	135/324	75/113	00:28:47.25
11/13	INHABER, DAVID	833	00:41:01.30	08:12	5K50-59M	286/324	107/113	00:40:52.55
12/13	GUILHERME, ALVARO	1071	00:44:56.25	08:59	5K50-59M	306/324	110/113	00:44:42.80
13/13	WOOLLARD, LAINE	1024	00:55:06.50	11:01	5K50-59M	320/324	112/113	00:54:24.25

## 5K60-69F - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/6	STAPLETON, PATRICIA	976	00:29:36.70	05:55	5K60-69F	133/324	59/211	00:29:25.15
2/6	KING, SANDRA	844	00:30:42.15	06:08	5K60-69F	157/324	74/211	00:30:34.15
3/6	BROWN, JOAN	737	00:35:16.10	07:03	5K60-69F	231/324	134/211	00:34:37.60
4/6	BARRACK, SHARON	719	00:39:09.10	07:49	5K60-69F	273/324	168/211	00:38:53.85
5/6	AZPIAZU, MARIA	714	00:41:13.65	08:14	5K60-69F	289/324	182/211	00:40:30.50
6/6	DONAHUE, MARLENE	778	00:42:57.65	08:35	5K60-69F	300/324	193/211	00:41:55.60

## 5K60-69M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/5	MACDONALD, COLIN	873	00:25:50.45	05:10	5K60-69M	67/324	45/113	00:25:46.10
2/5	CALLAGHAN, DAVID	1086	00:27:42.00	05:32	5K60-69M	94/324	57/113	00:27:36.25
3/5	DEKEYSER, BOB	774	00:28:14.50	05:38	5K60-69M	104/324	62/113	00:28:09.85
4/5	CLARK, JAMIE	1081	00:29:00.00	05:48	5K60-69M	123/324	71/113	00:28:38.00
5/5	LUPART, MICHAEL	872	00:32:26.45	06:29	5K60-69M	191/324	92/113	00:32:14.35

## 5K70+M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace	Category	OA/PI	Gen/PI	Chiptime
1/2	ZADAN, NICK	1030	00:27:20.70	05:28	5K70+M	88/324	55/113	00:27:18.25
2/2	GRIFFITHS, BARRIE	808	00:31:53.05	06:22	5K70+M	179/324	88/113	00:31:33.50