

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
557/617	ABREDER, ZOE	2	01:15:47.65	07:34	10K20-29F	89/98	F	341/383	01:14:17.40
444/617	ABU-HADIR, HASSAN	801	01:06:04.40	06:36	10K30-39M	62/76	M	188/234	01:05:56.00
614/617	ABU-HADIR, JOMANNA	3	01:41:34.35	10:09	10K30-39F	147/148	F	380/383	01:41:31.60
588/617	ADAMS, FATIN	4	01:21:00.25	08:06	10K50-59F	47/54	F	361/383	01:19:48.90
301/617	ADAMS, KELLIE	5	00:59:51.00	05:59	10K30-39F	58/148	F	151/383	00:59:34.85
315/617	AHENDA, ALLOYS	6	01:00:12.30	06:01	10K50-59M	29/46	M	155/234	00:59:48.85
493/617	AIELLO, ROBERT	7	01:09:19.40	06:55	10K50-59M	40/46	M	202/234	01:07:57.25
121/617	ALBU, PHIL	651	00:51:54.10	05:11	10K20-29M	13/32	M	75/234	00:51:27.60
141/617	ALLAN, STEVE	712	00:52:58.85	05:17	10K70+M	1/4	M	87/234	00:52:51.85
195/617	ANDERSON, ERIN	9	00:55:35.55	05:33	10K15-19F	4/8	F	81/383	00:55:23.25
249/617	ANDERSON, JAMIE	10	00:57:34.25	05:45	10K30-39F	44/148	F	117/383	00:56:30.70
137/617	ARDIEL, JONAH	771	00:52:39.05	05:15	10K20-29M	14/32	M	84/234	00:52:17.45
161/617	ARMSTRONG, MEGHAN	11	00:53:55.90	05:23	10K30-39F	22/148	F	64/383	00:53:34.35
46/617	ARSENEAU, JOEL	12	00:45:49.55	04:34	10K30-39M	13/76	M	36/234	00:45:43.50
473/617	ATKINSON, ERIC	14	01:07:49.75	06:46	10K30-39M	67/76	M	196/234	01:07:18.70
411/617	AUGUST, JEREMY	15	01:04:48.20	06:28	10K30-39M	59/76	M	182/234	01:03:29.45
328/617	AUSTIN, LAURA	16	01:00:48.70	06:04	10K20-29F	49/98	F	169/383	01:00:36.85
126/617	AVEY, JAMES	17	00:52:15.30	05:13	10K30-39M	28/76	M	79/234	00:51:39.45
510/617	BAEK, SUNG WOO	18	01:10:53.75	07:05	10K20-29M	31/32	M	208/234	01:09:49.05
534/617	BAKER, ERIN	19	01:12:48.95	07:16	10K30-39F	130/148	F	323/383	01:12:08.40
356/617	BAKER, KEVIN	20	01:02:06.65	06:12	10K30-39M	55/76	M	169/234	01:01:42.85
520/617	BANOS, MIRNA	21	01:11:15.70	07:07	10K30-39F	123/148	F	309/383	01:11:11.95
464/617	BARABASH, ADAM	22	01:07:21.25	06:44	10K30-39M	66/76	M	194/234	01:06:47.45
548/617	BARABASH, AFTON	23	01:14:17.60	07:25	10K30-39F	133/148	F	335/383	01:13:44.70
160/617	BARBER, NADINE	24	00:53:53.25	05:23	10K40-49F	10/63	F	63/383	00:53:37.10
310/617	BARTLETT, SABRINA	26	01:00:10.10	06:01	10K40-49F	26/63	F	157/383	00:59:55.55
149/617	BARTOS, ALAN	27	00:53:18.45	05:19	10K30-39M	35/76	M	93/234	00:52:31.00
468/617	BARTOS, BRENDA	28	01:07:30.85	06:45	10K30-39F	110/148	F	273/383	01:07:09.40
29/617	BEATTIE, SEAN	29	00:44:00.55	04:24	10K40-49M	7/50	M	23/234	00:43:55.85
30/617	BENDER, SHELLEY	652	00:44:23.65	04:26	10K30-39F	2/148	F	7/383	00:44:20.70
385/617	BENOIT, LINDSAY	672	01:03:47.90	06:22	10K20-29F	60/98	F	208/383	01:03:29.20
339/617	BERGEN, CORRINE	34	01:01:21.90	06:08	10K20-29F	50/98	F	174/383	01:00:18.25
326/617	BERGERMAN, LISA	35	01:00:46.70	06:04	10K30-39F	67/148	F	167/383	01:00:23.35
555/617	BHALLA, ACHALA	37	01:15:42.45	07:34	10K40-49F	58/63	F	340/383	01:14:47.90
16/617	BICKLEY, ED	38	00:41:23.90	04:08	10K50-59M	1/46	M	12/234	00:41:22.05
484/617	BIGGS, TAMARA	39	01:08:45.70	06:52	10K20-29F	77/98	F	286/383	01:08:11.00
268/617	BILLS, JUSTIN	40	00:58:18.80	05:49	10K20-29M	20/32	M	140/234	00:57:43.70
291/617	BISHOP, CRAIG	41	00:59:19.70	05:55	10K40-49M	34/50	M	148/234	00:59:11.30
294/617	BLACKER, WILLOW	42	00:59:32.10	05:57	10K20-29F	44/98	F	146/383	00:58:21.35
264/617	BLACKWELL, TERRA	44	00:58:12.40	05:49	10K40-49F	21/63	F	128/383	00:57:54.75
345/617	BLAKE, ARLENE	45	01:01:40.75	06:10	10K50-59F	18/54	F	178/383	01:01:35.40
290/617	BLANCH, CARON	46	00:59:19.25	05:55	10K30-39F	56/148	F	143/383	00:58:02.80
311/617	BLOUGH, MICHAEL	47	01:00:10.25	06:01	10K40-49M	35/50	M	154/234	00:59:56.40
154/617	BONAR, JENNIFER	48	00:53:27.20	05:20	10K30-39F	21/148	F	59/383	00:51:17.55
175/617	BORCHART, SARAH	49	00:54:49.05	05:28	10K20-29F	26/98	F	75/383	00:54:29.70
217/617	BORIDY, LORRAINE	51	00:56:10.65	05:37	10K30-39F	31/148	F	92/383	00:55:38.50
283/617	BOTELHO, JILL	52	00:58:43.30	05:52	10K30-39F	53/148	F	137/383	00:57:29.90
260/617	BOTTING, ALLIE	53	00:58:06.65	05:48	10K30-39F	48/148	F	125/383	00:56:31.55
152/617	BOWEN, VAUGHAN	55	00:53:26.85	05:20	10K60-69M	5/17	M	95/234	00:53:22.15
21/617	BRACHO, GUSTAVO	57	00:42:47.70	04:16	10K30-39M	6/76	M	16/234	00:42:38.60
5/617	BRADFORD, KEITH	59	00:36:10.05	03:37	10K30-39M	2/76	M	5/234	00:36:09.50
80/617	BRESCIA, LAURA	61	00:49:02.30	04:54	10K30-39F	11/148	F	25/383	00:48:57.60
344/617	BRISEBOIS, ROBIN	62	01:01:38.35	06:09	10K50-59M	34/46	M	167/234	01:01:12.50
469/617	BRODEAU ROBB, KATHY	788	01:07:34.55	06:45	10K50-59F	34/54	F	274/383	01:06:55.95
112/617	BROOKSON, TRAVIS	63	00:51:21.40	05:08	10K40-49M	20/50	M	71/234	00:50:11.60
274/617	BROWN, BRIA	64	00:58:30.50	05:51	10K20-29F	41/98	F	130/383	00:57:48.85
203/617	BROWN, GORD	673	00:55:45.50	05:34	10K40-49M	26/50	M	117/234	00:55:36.40
407/617	BROWN, KELLY	65	01:04:37.70	06:27	10K30-39F	92/148	F	226/383	01:03:16.60
501/617	BRUNI, GINO	67	01:10:05.65	07:00	10K20-29M	29/32	M	205/234	01:10:05.65
140/617	BRUNSKILL, BILL	68	00:52:48.65	05:16	10K50-59M	10/46	M	86/234	00:52:34.75
218/617	BU, ZHE LIN	69	00:56:12.85	05:37	10K20-29F	32/98	F	93/383	00:55:21.55
477/617	BUITRAGO, NELLY	778	01:07:55.85	06:47	10K40-49F	47/63	F	281/383	01:07:00.75
103/617	BUNTING, AARON	72	00:50:24.00	05:02	10K30-39M	24/76	M	67/234	00:49:45.90
395/617	BURCHELL, CHRIS	73	01:04:14.15	06:25	10K40-49M	40/50	M	178/234	01:03:55.35
336/617	BURCHELL, JEFF	74	01:01:07.35	06:06	10K30-39M	53/76	M	164/234	01:00:05.85
494/617	BUTLER, GORDON	752	01:09:31.90	06:57	10K40-49M	47/50	M	203/234	01:08:37.80

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
267/617	CAMPBELL, ALAN	733	00:58:17.70	05:49	10K50-59M	24/46	M	139/234	00:57:02.30
113/617	CAMPBELL, LYNDSY-KATE	77	00:51:26.00	05:08	10K30-39F	15/148	F	42/383	00:51:10.70
42/617	CANTWELL, MARK	770	00:45:32.25	04:33	10K30-39M	11/76	M	32/234	00:45:24.45
230/617	CARLE, TINA	78	00:56:48.95	05:40	10K30-39F	35/148	F	103/383	00:56:21.30
428/617	CARLSON, DANIELLE	79	01:05:39.70	06:33	10K20-29F	67/98	F	245/383	01:05:15.00
575/617	CARLSON, GRAIG	80	01:18:31.10	07:51	10K30-39M	74/76	M	223/234	01:18:07.30
208/617	CARLSON, LAURA	81	00:55:53.45	05:35	10K20-29F	30/98	F	90/383	00:55:29.65
560/617	CARR, SHEENA	82	01:16:13.25	07:37	10K30-39F	136/148	F	343/383	01:15:21.65
562/617	CARR, THOMAS	83	01:16:13.50	07:37	10K30-39M	71/76	M	219/234	01:15:21.35
282/617	CARRIER-ROBB, DOMINIQUE	755	00:58:40.40	05:52	10K30-39F	52/148	F	136/383	00:58:01.70
530/617	CASSIDY, IVADELLE	85	01:12:14.75	07:13	10K60-69F	8/11	F	319/383	01:11:48.90
330/617	CAUGHLIN, CORI ELLEN	86	01:00:54.15	06:05	10K30-39F	69/148	F	170/383	00:59:55.15
120/617	CHAN, JENNY	713	00:51:51.85	05:11	10K40-49F	6/63	F	46/383	00:51:39.45
399/617	CHAN, KATHRYN	89	01:04:22.90	06:26	10K50-59F	26/54	F	221/383	01:02:03.85
89/617	CHATENAY, HEATHER	90	00:49:35.70	04:57	10K40-49F	1/63	F	32/383	00:49:29.55
536/617	CHENG, WENDY	91	01:12:50.85	07:17	10K50-59F	41/54	F	325/383	01:11:35.60
165/617	CHENG, YING	92	00:54:11.90	05:25	10K20-29F	23/98	F	67/383	00:53:29.40
438/617	CHIASSON, ALANA	93	01:05:54.00	06:35	10K20-29F	70/98	F	252/383	01:05:47.20
255/617	CHONG, SANDY	674	00:57:56.40	05:47	10K30-39F	46/148	F	121/383	00:57:30.95
171/617	CHOUCAIR, JORDANA	95	00:54:37.45	05:27	10K30-39F	25/148	F	71/383	00:53:31.40
393/617	CHRISTENSEN, SHERRY	96	01:04:02.05	06:24	10K50-59F	24/54	F	216/383	01:03:52.45
138/617	CHUDLEIGH, STEPHAN	97	00:52:45.25	05:16	10K30-39M	32/76	M	85/234	00:50:39.45
366/617	CHUNG, KAREN	98	01:02:43.75	06:16	10K20-29F	55/98	F	194/383	01:02:30.70
470/617	CHURCH, SARAH	785	01:07:39.10	06:45	10K20-29F	75/98	F	275/383	01:04:03.75
430/617	CLAMP, AIA	99	01:05:43.90	06:34	10K30-39F	100/148	F	246/383	01:05:08.60
156/617	CLARK, KEVIN	101	00:53:33.25	05:21	10K30-39M	37/76	M	96/234	00:53:14.10
37/617	CLARKSON, BOB	102	00:45:03.35	04:30	10K50-59M	2/46	M	28/234	00:44:59.00
480/617	COFFEY WILLIAMSON, SHAUNA	761	01:08:04.00	06:48	10K30-39F	111/148	F	282/383	01:07:37.75
207/617	COLEMAN, CYNTHIA	675	00:55:51.40	05:35	10K40-49F	16/63	F	89/383	00:55:32.55
4/617	COLLIE, MARC	105	00:35:29.35	03:32	10K40-49M	2/50	M	4/234	00:35:28.60
214/617	COOKE, GREG	107	00:56:05.25	05:36	10K40-49M	27/50	M	123/234	00:55:44.80
546/617	COOLEY, CATHY	108	01:13:51.90	07:23	10K30-39F	132/148	F	333/383	01:13:44.35
157/617	CORCORAN, ERIN	109	00:53:34.40	05:21	10K20-29F	21/98	F	61/383	00:53:04.75
96/617	CORMIER, KATHRYN	110	00:49:57.65	04:59	10K20-29F	14/98	F	35/383	00:49:26.15
222/617	COSTANZO, SHELLEY	113	00:56:26.65	05:38	10K30-39F	32/148	F	96/383	00:56:11.85
412/617	COWIE, SEAN	114	01:04:54.55	06:29	10K40-49M	43/50	M	183/234	01:04:35.20
456/617	COWIE, STACEY	115	01:06:43.85	06:40	10K40-49F	42/63	F	265/383	01:06:23.00
78/617	CROOKS, JACKIE	118	00:48:48.15	04:52	10K30-39F	10/148	F	24/383	00:48:32.00
131/617	CROSBY, LAURA	119	00:52:30.05	05:15	10K30-39F	18/148	F	50/383	00:51:46.50
248/617	CROWE, LYNDSAY	121	00:57:33.90	05:45	10K20-29F	38/98	F	116/383	00:56:06.95
313/617	CROWLEY, GILLIAN	122	01:00:10.95	06:01	10K20-29F	47/98	F	159/383	00:59:12.90
409/617	CULBERT, LINDSAY	123	01:04:43.05	06:28	10K20-29F	64/98	F	228/383	01:04:27.75
180/617	DA COSTA, FELIX	126	00:55:03.90	05:30	10K50-59M	15/46	M	104/234	00:54:28.15
75/617	DALEBOZIK, NICHOLAS	127	00:48:32.50	04:51	10K30-39M	21/76	M	52/234	00:48:06.75
187/617	DALY, DEAN	128	00:55:15.15	05:31	10K30-39M	43/76	M	109/234	00:54:15.45
7/617	DARCY, NOEL	129	00:38:20.45	03:50	10K20-29M	2/32	M	7/234	00:38:17.25
23/617	DAVIES, IWAN	131	00:43:42.75	04:22	10K20-29M	4/32	M	18/234	00:43:15.80
551/617	DEANS, LYNETTE	133	01:14:35.80	07:27	10K40-49F	57/63	F	338/383	01:14:00.45
285/617	DEKEYSER, BOB	134	00:58:58.30	05:53	10K60-69M	7/17	M	147/234	00:58:40.20
58/617	DELMAR, LESLEY	135	00:46:51.85	04:41	10K50-59F	1/54	F	17/383	00:46:43.00
506/617	DELONG, WILLIAM	136	01:10:32.85	07:03	10K20-29M	30/32	M	206/234	01:10:15.90
69/617	DEMELO, MEGAN L	137	00:47:48.60	04:46	10K30-39F	8/148	F	20/383	00:47:19.00
558/617	DENSCOMBE, KEVIN	314	01:15:57.25	07:35	10K50-59M	44/46	M	217/234	01:15:25.50
512/617	DEPETRO, JESSICA	138	01:11:02.55	07:06	10K30-39F	120/148	F	304/383	01:10:27.00
419/617	DERBECKER, SUZANNE	139	01:05:26.85	06:32	10K50-59F	27/54	F	236/383	01:05:09.00
299/617	DEREKSEN, GARY	140	00:59:44.15	05:58	10K50-59M	27/46	M	150/234	00:59:10.25
135/617	DESROCHERS, DARREN	142	00:52:36.55	05:15	10K30-39M	31/76	M	83/234	00:51:08.40
130/617	DESROCHERS, JANE	143	00:52:26.70	05:14	10K30-39F	17/148	F	49/383	00:50:59.10
332/617	DICKASON, CECIL	144	01:01:00.40	06:06	10K50-59M	32/46	M	162/234	01:00:41.65
319/617	DICKSON, REBECCA	145	01:00:32.80	06:03	10K20-29F	48/98	F	162/383	01:00:03.65
263/617	DIEP, CAROLINE	146	00:58:10.50	05:49	10K30-39F	50/148	F	127/383	00:58:06.80
54/617	DIEP, HUNG	147	00:46:34.25	04:39	10K30-39M	14/76	M	38/234	00:46:30.70
277/617	DIFRANCESCO, LISA	148	00:58:36.15	05:51	10K50-59F	12/54	F	133/383	00:58:18.40
215/617	DIKEMAN, FRED	149	00:56:05.30	05:36	10K50-59M	19/46	M	124/234	00:55:45.95
183/617	DOBEK, GRACE	150	00:55:05.80	05:30	10K20-29F	28/98	F	77/383	00:53:38.90
595/617	DONAHUE, JONATHAN	676	01:25:09.25	08:30	10K30-39M	75/76	M	229/234	01:23:51.60

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
594/617	DONAHUE, MARLENE	151	01:25:09.25	08:30	10K60-69F	10/11	F	366/383	01:23:51.15
556/617	DONAHUE, STEPHEN	152	01:15:44.70	07:34	10K60-69M	13/17	M	216/234	01:14:30.65
391/617	DOUCETTE, JOCELYN	84	01:03:58.65	06:23	10K30-39F	88/148	F	214/383	01:01:21.90
379/617	DOUGLAS, FAY	153	01:03:33.20	06:21	10K60-69F	4/11	F	204/383	01:03:22.25
297/617	DRIEDGER, VAL	155	00:59:42.10	05:58	10K40-49F	25/63	F	148/383	00:58:54.75
81/617	DRINNAN, SIUBHAN	156	00:49:06.05	04:54	10K30-39F	12/148	F	26/383	00:49:03.85
404/617	DROUILLARD, ANDRE	157	01:04:30.95	06:27	10K30-39M	58/76	M	181/234	01:01:18.30
380/617	DROUILLARD, KIM	158	01:03:34.00	06:21	10K30-39F	84/148	F	205/383	01:00:21.45
309/617	DUCKWORTH, SHAUN	159	01:00:06.10	06:00	10K30-39M	52/76	M	153/234	00:58:45.50
458/617	DUNN, ASHLEY	160	01:06:44.05	06:40	10K20-29F	74/98	F	266/383	01:06:06.60
27/617	DURUSSEL, RYAN	161	00:43:59.15	04:23	10K40-49M	6/50	M	21/234	00:43:48.70
252/617	DUYVEWAARDT, HANNAH	162	00:57:38.10	05:45	10K20-29F	39/98	F	119/383	00:57:27.95
445/617	DWYER, JASON	163	01:06:04.70	06:36	10K30-39M	63/76	M	189/234	01:04:38.75
478/617	DWYER, PATRICK	734	01:07:55.90	06:47	10K50-59M	39/46	M	197/234	01:07:01.00
193/617	EAMER, MITCHELL	653	00:55:26.45	05:32	10K20-29M	18/32	M	113/234	00:44:26.45
552/617	EDEL, RICK	165	01:14:52.45	07:29	10K50-59M	42/46	M	214/234	01:14:12.50
312/617	EDWARD, AMANDA	166	01:00:10.95	06:01	10K30-39F	63/148	F	158/383	00:59:12.00
225/617	EGAN, KIRSTIE	167	00:56:31.45	05:39	10K50-59F	10/54	F	98/383	00:55:30.25
581/617	ELLARD, JOHN	168	01:19:29.05	07:56	10K60-69M	15/17	M	225/234	01:19:03.65
173/617	ELLIOTT, JUDITH	169	00:54:42.65	05:28	10K50-59F	8/54	F	73/383	00:54:27.80
28/617	EMES, PETE	171	00:43:59.85	04:23	10K30-39M	10/76	M	22/234	00:43:47.40
376/617	EPP, KIMIKO	786	01:03:19.15	06:19	10K30-39F	83/148	F	201/383	01:03:10.25
598/617	ESAU, STEPHANIE	173	01:26:23.90	08:38	10K20-29F	96/98	F	369/383	01:25:19.85
265/617	EWART, PHIL	174	00:58:14.00	05:49	10K40-49M	30/50	M	137/234	00:57:40.15
142/617	EWING, CAL	679	00:52:59.70	05:17	10K30-39M	33/76	M	88/234	00:52:15.35
507/617	FADER, SUSAN	175	01:10:42.15	07:04	10K20-29F	80/98	F	301/383	01:09:53.15
18/617	FAJARDO, DAVE	735	00:42:03.00	04:12	10K30-39M	5/76	M	13/234	00:41:57.35
440/617	FARLEY, SHAE	176	01:05:57.05	06:35	10K30-39M	61/76	M	187/234	01:03:10.00
529/617	FARLEY, TARA	177	01:12:11.65	07:13	10K40-49F	53/63	F	318/383	01:09:25.60
471/617	FAYYAZ, SIMA	178	01:07:39.50	06:45	10K40-49F	43/63	F	276/383	01:07:19.20
179/617	FEHR, STEADY EDDY	654	00:55:02.75	05:30	10K50-59M	14/46	M	103/234	00:54:19.55
383/617	FERGUSON, JENNIFER	179	01:03:43.70	06:22	10K30-39F	85/148	F	207/383	01:02:22.90
64/617	FERNANDEZ, HECTOR	655	00:47:27.90	04:44	10K15-19M	4/7	M	46/234	00:47:26.50
589/617	FIELD, STEVE	180	01:21:26.35	08:08	10K50-59M	45/46	M	228/234	01:04:40.70
337/617	FILE, MURRAY	181	01:01:08.05	06:06	10K40-49M	38/50	M	165/234	01:00:47.10
14/617	FILLIER, SARAH	182	00:40:51.65	04:05	10K20-29F	2/98	F	3/383	00:40:50.25
573/617	FINNIMORE, CORA-LEE	184	01:17:59.20	07:47	10K30-39F	141/148	F	351/383	01:16:53.90
36/617	FITZPATRICK, CLAIRE	736	00:44:56.95	04:29	10K30-39F	4/148	F	9/383	00:44:54.00
158/617	FLORES MONTALVO, SUHEILY	186	00:53:34.75	05:21	10K20-29F	22/98	F	62/383	00:53:20.40
172/617	FODGE, JOY	187	00:54:38.05	05:27	10K20-29F	24/98	F	72/383	00:54:15.05
11/617	FORMAN, SIMON	656	00:39:12.40	03:55	10K40-49M	3/50	M	10/234	00:39:09.90
583/617	FORTIER, LAURA	680	01:19:33.75	07:57	10K50-59F	45/54	F	357/383	01:18:17.30
582/617	FORTIER, REID	681	01:19:33.70	07:57	10K15-19M	7/7	M	226/234	01:18:17.50
9/617	FREEMAN, DREW	189	00:38:42.65	03:52	10K30-39M	4/76	M	9/234	00:38:41.00
176/617	FRIITZ, PASCAL	191	00:54:49.75	05:28	10K30-39M	39/76	M	101/234	00:54:30.05
44/617	FUREY, COLUM	192	00:45:40.20	04:34	10K30-39M	12/76	M	34/234	00:45:26.70
503/617	GALE, MERYL	193	01:10:07.85	07:00	10K30-39F	118/148	F	298/383	01:08:18.40
155/617	GALEY, KYRA	194	00:53:33.10	05:21	10K20-29F	20/98	F	60/383	00:53:15.45
334/617	GALEY, TANYA	195	01:01:02.70	06:06	10K40-49F	28/63	F	172/383	01:00:44.45
210/617	GALIZIA, MARCELLA	196	00:55:57.45	05:35	10K20-29F	31/98	F	91/383	00:55:34.70
66/617	GALLAGHER, KATHLEEN	197	00:47:33.85	04:45	10K20-29F	9/98	F	19/383	00:47:28.10
367/617	GANO, JESSICA	198	01:02:43.95	06:16	10K20-29F	56/98	F	195/383	01:01:47.80
233/617	GARRATT, LINDA	199	00:56:51.80	05:41	10K30-39F	38/148	F	106/383	00:56:26.70
139/617	GARRETT, STEPHANIE	200	00:52:45.35	05:16	10K20-29F	18/98	F	54/383	00:52:41.20
416/617	GASKA, HEATHER	202	01:05:18.00	06:31	10K20-29F	66/98	F	233/383	01:01:05.15
220/617	GAULT, COURTNEY	683	00:56:21.90	05:38	10K20-29F	33/98	F	94/383	00:54:55.60
292/617	GERLACH, KARIN	203	00:59:26.05	05:56	10K50-59F	14/54	F	144/383	00:59:16.00
403/617	GERMAN, VICTORIA	204	01:04:30.35	06:27	10K40-49F	34/63	F	223/383	01:03:37.05
508/617	GESCHER, JOHN	760	01:10:47.45	07:04	10K50-59M	41/46	M	207/234	01:10:04.10
323/617	GIBB, BILL	206	01:00:44.15	06:04	10K60-69M	9/17	M	159/234	01:00:17.30
324/617	GIBB, DONNA	207	01:00:44.15	06:04	10K60-69F	3/11	F	165/383	01:00:17.80
540/617	GIESBRECHT, ROGER	208	01:13:09.95	07:19	10K40-49M	49/50	M	213/234	01:12:13.15
605/617	GILJE, MARY	209	01:29:49.70	08:58	10K50-59F	52/54	F	374/383	01:28:58.90
278/617	GILMOUR, COLIN	210	00:58:36.80	05:51	10K40-49M	32/50	M	145/234	00:57:59.90
454/617	GIN, SOPHIA	211	01:06:41.15	06:40	10K40-49F	41/63	F	264/383	01:05:55.10
70/617	GLOVER, MARGOT	737	00:47:52.25	04:47	10K50-59F	2/54	F	21/383	00:47:48.30

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
566/617	GOLDBERG, JENNIFER	718	01:16:41.25	07:40	10K30-39F	137/148	F	345/383	01:16:11.70
453/617	GOLDBERG, PETER	719	01:06:30.70	06:39	10K30-39M	64/76	M	190/234	01:06:00.65
190/617	GOMEZ, YORVIS	214	00:55:21.85	05:32	10K30-39M	44/76	M	111/234	00:55:13.20
360/617	GORMAN, WES	215	01:02:22.45	06:14	10K50-59M	35/46	M	170/234	00:58:30.00
351/617	GRABETZ, KATHY	216	01:01:57.55	06:11	10K20-29F	51/98	F	184/383	00:59:45.15
209/617	GRADY, MATT	217	00:55:53.80	05:35	10K30-39M	47/76	M	119/234	00:55:28.60
55/617	GRANT, ALASTAIR	218	00:46:41.30	04:40	10K30-39M	15/76	M	39/234	00:46:31.50
159/617	GREEN, ADAM	224	00:53:45.55	05:22	10K30-39M	38/76	M	97/234	00:53:20.25
550/617	GREEN, MAURA	225	01:14:35.40	07:27	10K30-39F	134/148	F	337/383	01:14:09.95
106/617	GREENALL, GERI	226	00:50:39.90	05:03	10K40-49F	4/63	F	39/383	00:50:02.10
227/617	GREGSON, KATIE	227	00:56:44.20	05:40	10K20-29F	35/98	F	100/383	00:56:27.70
394/617	GREY, LORRAINE	228	01:04:09.15	06:24	10K20-29F	62/98	F	217/383	01:03:25.35
457/617	GREY, ZAYNE	229	01:06:44.05	06:40	10K30-39M	65/76	M	192/234	01:06:00.15
408/617	GRIGG, HEIDI	738	01:04:37.70	06:27	10K30-39F	93/148	F	227/383	01:03:17.35
94/617	HADDOW, ASHLEIGH	231	00:49:51.50	04:59	10K20-29F	13/98	F	33/383	00:49:11.15
296/617	HALL, RANDALL	233	00:59:40.15	05:58	10K60-69M	8/17	M	149/234	00:58:48.60
50/617	HALLICK, CHELSEA	234	00:46:05.40	04:36	10K20-29F	5/98	F	13/383	00:44:56.65
163/617	HAMELIN, ROBERTA	235	00:54:01.75	05:24	10K30-39F	24/148	F	66/383	00:53:28.10
271/617	HAMILL, CATHERINE	563	00:58:26.30	05:50	10K20-29F	40/98	F	129/383	00:58:09.55
355/617	HANEY, RYAN	236	01:02:05.00	06:12	10K30-39M	54/76	M	168/234	01:00:20.75
405/617	HANNA, AMANDA	238	01:04:34.60	06:27	10K30-39F	91/148	F	224/383	01:04:28.25
601/617	HANTZSCH, DARIA	240	01:27:12.35	08:43	10K30-39F	145/148	F	371/383	01:26:52.40
168/617	HANTZSCH, PATRICIA	1059	00:54:29.75	05:26	10K50-59F	7/54	F	70/383	00:54:09.75
554/617	HART, GERRY	241	01:15:08.90	07:30	10K50-59M	43/46	M	215/234	01:14:11.00
162/617	HARTMAN, JO-ANN	242	00:54:01.55	05:24	10K30-39F	23/148	F	65/383	00:53:28.70
151/617	HASS, MEGAN	244	00:53:22.15	05:20	10K30-39F	20/148	F	57/383	00:52:53.55
426/617	HAY, NATALIE	720	01:05:38.95	06:33	10K30-39F	98/148	F	243/383	01:05:08.55
584/617	HAYWARD, JOHANNE	245	01:19:35.65	07:57	10K50-59F	46/54	F	358/383	01:18:58.15
602/617	HEBERT, LYNDISAY	246	01:27:47.80	08:46	10K30-39F	146/148	F	372/383	01:26:57.65
441/617	HEINRICHS, JOSETTE	247	01:05:58.20	06:35	10K60-69F	7/11	F	254/383	01:05:17.85
327/617	HELM, NANCY	248	01:00:47.75	06:04	10K30-39F	68/148	F	168/383	01:00:40.65
390/617	HELSEN, GWEN	249	01:03:55.95	06:23	10K30-39F	87/148	F	213/383	01:03:18.85
568/617	HEMBROFF, COURTNEY	250	01:16:48.15	07:40	10K30-39F	138/148	F	346/383	01:14:16.45
590/617	HENDERSON, PATRICIA	251	01:22:31.55	08:15	10K60-69F	9/11	F	362/383	01:22:02.20
587/617	HENNIG, SHANNON	252	01:20:52.75	08:05	10K20-29F	95/98	F	360/383	01:20:15.65
347/617	HESSAMI, ASSA	253	01:01:44.20	06:10	10K30-39F	74/148	F	180/383	01:01:19.30
48/617	HEWITT, KEVIN	254	00:45:56.15	04:35	10K60-69M	3/17	M	37/234	00:45:52.55
398/617	HINZ, RACHAEL	258	01:04:17.95	06:25	10K30-39F	90/148	F	220/383	01:01:43.95
439/617	HIRDLE, SHELLEY	259	01:05:56.35	06:35	10K40-49F	39/63	F	253/383	01:04:40.10
269/617	HIRTH, NORBERT	744	00:58:19.25	05:49	10K50-59M	25/46	M	141/234	00:57:24.50
59/617	HOFER, TREVOR	684	00:47:06.90	04:42	10K30-39M	16/76	M	42/234	00:47:03.10
257/617	HOLST, TRICIA	260	00:58:00.30	05:48	10K30-39F	47/148	F	123/383	00:57:08.70
615/617	HOLT, CHRISTINA	261	01:50:01.75	11:00	10K30-39F	148/148	F	381/383	01:48:17.60
286/617	HOLZINGER, MASAKO	262	00:59:01.85	05:54	10K30-39F	55/148	F	139/383	00:58:12.90
3/617	HOPFNER, GEOFF	265	00:35:09.20	03:30	10K30-39M	1/76	M	3/234	00:35:08.90
38/617	HOSANEE, DANIEL	266	00:45:15.10	04:31	10K15-19M	3/7	M	29/234	00:45:09.80
275/617	HOWELL, CASSANDRA	267	00:58:31.45	05:51	10K20-29F	42/98	F	131/383	00:57:05.00
518/617	HRUSKA, PAM	268	01:11:15.50	07:07	10K30-39F	122/148	F	308/383	01:08:46.55
350/617	HUARTE, THERESA	269	01:01:56.95	06:11	10K50-59F	20/54	F	183/383	01:01:31.20
516/617	HUGHES, DEAN	270	01:11:10.50	07:07	10K40-49M	48/50	M	210/234	01:10:04.90
515/617	HUGHES, TAMMY	271	01:11:10.50	07:07	10K40-49F	52/63	F	306/383	01:10:04.40
406/617	HUGILL, REBECCA	272	01:04:34.80	06:27	10K20-29F	63/98	F	225/383	01:04:05.10
415/617	HUMPHRIES, ALLISON	273	01:05:14.65	06:31	10K20-29F	65/98	F	232/383	01:05:05.25
245/617	HUNT, CHRIS	275	00:57:18.00	05:43	10K30-39M	50/76	M	132/234	00:56:34.15
289/617	HUNT, SAMARA	276	00:59:04.80	05:54	10K40-49F	24/63	F	142/383	00:58:08.35
125/617	HUYNH, HUY	277	00:52:06.05	05:12	10K30-39M	27/76	M	78/234	00:51:45.40
504/617	HUYNH, NGOC	278	01:10:12.80	07:01	10K30-39F	119/148	F	299/383	01:09:52.90
491/617	HYDE, PATRICIA	279	01:08:57.05	06:53	10K50-59F	36/54	F	291/383	01:07:31.10
392/617	ILNYCKYJ, MARIA	280	01:03:59.95	06:23	10K50-59F	23/54	F	215/383	01:03:16.05
258/617	IRWIN, JENNIFER	721	00:58:00.90	05:48	10K15-19F	6/8	F	124/383	00:57:43.60
213/617	IRWIN, WILLIAM	723	00:56:03.40	05:36	10K50-59M	18/46	M	122/234	00:55:46.15
253/617	ITO, YOSHIKI	281	00:57:41.60	05:46	10K70+M	2/4	M	134/234	00:57:41.60
535/617	IVANY, SARAH	282	01:12:50.75	07:17	10K30-39F	131/148	F	324/383	01:12:07.05
197/617	JACKSON, AIMEE	284	00:55:42.30	05:34	10K30-39F	28/148	F	83/383	00:54:41.70
597/617	JACKSON, ALLISON	285	01:25:18.80	08:31	10K30-39F	144/148	F	368/383	01:24:46.55
417/617	JACKSON, CARLA	286	01:05:24.90	06:32	10K40-49F	37/63	F	234/383	01:04:19.35

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
358/617	JARDINE, JENNIFER	746	01:02:11.80	06:13	10K30-39F	77/148	F	189/383	01:01:40.00
333/617	JASPER, MEGHAN	287	01:01:01.45	06:06	10K40-49F	27/63	F	171/383	00:58:13.75
2/617	JENSEN, SCOTT	762	00:34:12.05	03:25	10K40-49M	1/50	M	2/234	00:34:11.75
295/617	JOE, LAUREN	289	00:59:34.45	05:57	10K20-29F	45/98	F	147/383	00:58:41.00
40/617	JOHNSON, KEN	290	00:45:19.35	04:31	10K50-59M	3/46	M	30/234	00:45:17.85
204/617	JOHNSON, TAMARA	291	00:55:46.85	05:34	10K50-59F	9/54	F	87/383	00:55:31.40
288/617	KACHUR, BRENDA	293	00:59:04.15	05:54	10K40-49F	23/63	F	141/383	00:58:32.30
184/617	KACHUR, KARLI	294	00:55:09.30	05:30	10K20-29F	29/98	F	78/383	00:54:37.30
372/617	KACHUR, RICK	295	01:03:05.25	06:18	10K50-59M	37/46	M	174/234	01:02:33.15
433/617	KALYN, ANNIE	685	01:05:44.95	06:34	10K60-69F	6/11	F	249/383	01:05:31.75
561/617	KAMPS, EDWIN	296	01:16:13.25	07:37	10K60-69M	14/17	M	218/234	01:15:21.65
377/617	KANJI, YASMIN	297	01:03:29.15	06:20	10K50-59F	21/54	F	202/383	01:03:04.90
559/617	KARR, MANDY	299	01:15:57.25	07:35	10K30-39F	135/148	F	342/383	01:15:25.95
467/617	KARVINEN, TRISHA	300	01:07:25.80	06:44	10K30-39F	109/148	F	272/383	01:06:41.35
166/617	KAUFIELD, JENNIFER	686	00:54:14.75	05:25	10K40-49F	11/63	F	68/383	00:53:04.40
565/617	KAUFIELD, KATHY	301	01:16:32.65	07:39	10K40-49F	59/63	F	344/383	01:15:22.80
400/617	KAUFIELD, KENT	687	01:04:24.40	06:26	10K40-49M	41/50	M	179/234	01:03:14.35
329/617	KAWAKAMI, JUN	766	01:00:53.95	06:05	10K40-49M	36/50	M	160/234	00:59:53.85
229/617	KEATLEY, CATHERINE	302	00:56:48.35	05:40	10K30-39F	34/148	F	102/383	00:56:33.30
97/617	KEDDIE, CANDICE	688	00:50:09.35	05:00	10K40-49F	2/63	F	36/383	00:50:00.35
331/617	KEEFE, DAVID	304	01:01:00.05	06:06	10K60-69M	10/17	M	161/234	01:00:49.40
599/617	KEIL, STEVEN	657	01:26:27.05	08:38	10K30-39M	76/76	M	230/234	01:25:48.45
389/617	KEMP, ANITA	747	01:03:55.25	06:23	10K40-49F	33/63	F	212/383	01:03:16.10
531/617	KEMP, JENNIFER	307	01:12:33.60	07:15	10K30-39F	128/148	F	320/383	01:11:44.05
241/617	KENNA, MATTHEW	658	00:57:04.55	05:42	10K40-49M	29/50	M	130/234	00:56:32.90
240/617	KENNA, WILL	308	00:57:04.45	05:42	10K14&UM	1/2	M	129/234	00:56:33.55
79/617	KENNEDY, RICHARD	724	00:48:57.45	04:53	10K60-69M	4/17	M	55/234	00:48:22.10
223/617	KENNEDY, SARAH	310	00:56:28.45	05:38	10K40-49F	17/63	F	97/383	00:56:18.70
212/617	KEOHANE, MIKE	311	00:56:03.10	05:36	10K50-59M	17/46	M	121/234	00:55:18.55
442/617	KETCHESON, SARAH	313	01:05:59.75	06:35	10K30-39F	101/148	F	255/383	01:05:16.35
221/617	KIEFER, KRISTINA	315	00:56:25.00	05:38	10K20-29F	34/98	F	95/383	00:56:11.40
242/617	KIRKER, KATE	316	00:57:05.45	05:42	10K20-29F	36/98	F	112/383	00:56:51.25
15/617	KITT, NICOLE	317	00:40:59.05	04:05	10K15-19F	1/8	F	4/383	00:40:57.35
93/617	KNOWLES, STEVEN	318	00:49:44.65	04:58	10K40-49M	17/50	M	61/234	00:49:24.40
425/617	KNUDSEN, BECKIE	319	01:05:36.10	06:33	10K30-39F	97/148	F	242/383	01:04:56.55
382/617	KOCH, DWAYNE	763	01:03:40.60	06:22	10K40-49M	39/50	M	176/234	01:03:03.00
479/617	KOKOTT, RYAN	320	01:08:00.95	06:48	10K40-49M	45/50	M	198/234	01:06:39.05
205/617	KOLES, SARAH	321	00:55:46.90	05:34	10K40-49F	15/63	F	88/383	00:55:36.30
472/617	KOPEC, ALYSHA	784	01:07:46.95	06:46	10K20-29F	76/98	F	277/383	01:04:12.45
375/617	KRATOFIL, RACHEL	756	01:03:16.00	06:19	10K20-29F	59/98	F	200/383	01:02:46.10
109/617	KRUK, NATHON	322	00:51:00.55	05:06	10K30-39M	25/76	M	69/234	00:50:47.20
77/617	KRZYWICKI, JACEK	323	00:48:44.15	04:52	10K40-49M	13/50	M	54/234	00:48:21.45
513/617	KUHL, GREG	324	01:11:04.95	07:06	10K60-69M	12/17	M	209/234	01:10:47.70
104/617	KUTRYK, EMM	765	00:50:33.70	05:03	10K40-49F	3/63	F	37/383	00:50:25.95
238/617	KWON, YOUNG-MI	328	00:57:00.65	05:42	10K40-49F	19/63	F	110/383	00:56:42.35
596/617	LA-KWAN, JANICE	329	01:25:17.85	08:31	10K30-39F	143/148	F	367/383	01:24:44.95
1/617	LAFONTANT, FELIX	689	00:33:59.35	03:23	10K15-19M	1/7	M	1/234	00:33:58.80
68/617	LAFORGE, PAUL	331	00:47:47.00	04:46	10K30-39M	19/76	M	49/234	00:47:42.90
460/617	LAING, DEBBIE	725	01:06:58.65	06:41	10K50-59F	33/54	F	268/383	01:06:22.90
41/617	LAJEUNESSE, GEORGE	332	00:45:20.75	04:32	10K40-49M	8/50	M	31/234	00:44:24.60
386/617	LAMB, DEBBIE	333	01:03:48.70	06:22	10K20-29F	61/98	F	209/383	01:03:12.00
455/617	LANGMAN, JIM	335	01:06:42.30	06:40	10K50-59M	38/46	M	191/234	01:05:36.30
373/617	LANGMAN, MIKE	336	01:03:13.20	06:19	10K20-29M	24/32	M	175/234	01:02:08.75
188/617	LAUSCHER, LEAH	337	00:55:15.30	05:31	10K30-39F	26/148	F	79/383	00:55:02.75
117/617	LEARY, KIRK	1532	00:51:39.15	05:09	10K20-29M	12/32	M	74/234	00:51:26.50
145/617	LEDERHOS, GILBERT	338	00:53:05.40	05:18	10K50-59M	12/46	M	91/234	00:52:47.20
341/617	LEE, CATHY	339	01:01:22.65	06:08	10K30-39F	71/148	F	176/383	01:00:02.00
524/617	LEE, RACHEL	342	01:11:57.65	07:11	10K20-29F	83/98	F	313/383	01:11:10.45
525/617	LEE, SUSAN	343	01:11:57.85	07:11	10K50-59F	39/54	F	314/383	01:11:09.95
451/617	LEIPNITZ, ANTJE	690	01:06:18.45	06:37	10K20-29F	72/98	F	262/383	01:06:02.70
487/617	LESLIE-YOUNG, HEATHER	344	01:08:49.80	06:52	10K30-39F	115/148	F	288/383	01:07:32.25
465/617	LEVESQUE, PATRICK	345	01:07:24.90	06:44	10K40-49M	44/50	M	195/234	01:06:31.40
45/617	LEWIS, GWYN	346	00:45:46.30	04:34	10K20-29M	7/32	M	35/234	00:45:38.70
432/617	LEWIS, KIRSTY	347	01:05:44.70	06:34	10K20-29F	69/98	F	248/383	01:05:09.15
431/617	LEWIS, SHONA	349	01:05:44.45	06:34	10K20-29F	68/98	F	247/383	01:05:09.05
88/617	LILLYWHITE, SARAH	350	00:49:32.80	04:57	10K50-59F	4/54	F	31/383	00:49:22.45

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
308/617	LIM, HYUNHEE	351	01:00:02.55	06:00	10K30-39F	62/148	F	156/383	00:59:05.85
363/617	LOBLEY, ABBIE	726	01:02:29.55	06:14	10K30-39F	80/148	F	192/383	01:02:01.60
67/617	LOCKWOOD, TREVOR	352	00:47:45.35	04:46	10K40-49M	12/50	M	48/234	00:47:41.70
293/617	LOGAN, BRITTANY	353	00:59:31.75	05:57	10K20-29F	43/98	F	145/383	00:59:16.20
490/617	LORANGER, NANCY	354	01:08:56.50	06:53	10K50-59F	35/54	F	290/383	01:07:30.45
153/617	LOREFICE, SOPHIE	355	00:53:26.90	05:20	10K20-29F	19/98	F	58/383	00:52:54.85
12/617	LORENSCHEIT, JOHNNY	748	00:40:08.00	04:00	10K20-29M	3/32	M	11/234	00:40:05.55
576/617	LOUIE, WILLIAM	659	01:18:34.35	07:51	10K70+M	3/4	M	224/234	01:17:47.10
374/617	LUDLOW, HEATHER	356	01:03:15.80	06:19	10K20-29F	58/98	F	199/383	01:02:10.45
19/617	LUKINUK, BRENDT	357	00:42:06.80	04:12	10K40-49M	4/50	M	14/234	00:42:03.90
239/617	LUKINUK, ELIZABETH	358	00:57:01.90	05:42	10K30-39F	41/148	F	111/383	00:56:35.95
111/617	LUONG, MICHAEL	359	00:51:18.10	05:07	10K20-29M	11/32	M	70/234	00:51:13.10
481/617	LUSINA, BETH	567	01:08:04.75	06:48	10K30-39F	112/148	F	283/383	01:07:38.25
8/617	LYWOOD, SHAWN	360	00:38:25.40	03:50	10K30-39M	3/76	M	8/234	00:38:23.50
167/617	MACDONALD, ANGELA	361	00:54:14.95	05:25	10K40-49F	12/63	F	69/383	00:53:47.35
280/617	MACDONALD-GRAY, BETTY	362	00:58:38.80	05:51	10K60-69F	2/11	F	134/383	00:58:12.20
123/617	MACEACHERN, CARLA	363	00:52:00.85	05:12	10K40-49F	7/63	F	47/383	00:51:51.05
543/617	MACFARQUHAR, SARAH	364	01:13:32.85	07:21	10K20-29F	87/98	F	330/383	01:12:51.70
343/617	MACKENZIE, CHANTAL	366	01:01:34.15	06:09	10K30-39F	72/148	F	177/383	01:01:09.30
56/617	MACKIE, PAT	772	00:46:44.05	04:40	10K40-49M	9/50	M	40/234	00:46:39.10
381/617	MACPHERSON, HEATHER	754	01:03:38.45	06:21	10K50-59F	22/54	F	206/383	01:03:00.75
616/617	MAGROWSKI, WANDA	367	01:56:51.05	11:41	10K60-69F	11/11	F	382/383	01:55:58.70
147/617	MAGSOMBOL, CHRISTINE	368	00:53:14.15	05:19	10K15-19F	3/8	F	55/383	00:53:13.20
364/617	MALAINNEY, MEGAN	370	01:02:41.00	06:16	10K20-29F	54/98	F	193/383	01:01:30.45
492/617	MALCZEWSKI, JUSTIN	661	01:09:10.95	06:55	10K40-49M	46/50	M	201/234	01:08:25.65
198/617	MALIK, NEIL	371	00:55:42.65	05:34	10K30-39M	46/76	M	115/234	00:55:30.50
604/617	MAMMONE, KAREN	372	01:27:58.45	08:47	10K50-59F	51/54	F	373/383	01:26:48.20
603/617	MAMMONE, TONY	373	01:27:58.45	08:47	10K50-59M	46/46	M	231/234	01:26:46.70
219/617	MARON, PAUL	375	00:56:14.50	05:37	10K30-39M	49/76	M	126/234	00:54:42.70
371/617	MARR, TIFFANY	783	01:02:59.60	06:17	10K30-39F	82/148	F	198/383	01:01:59.05
370/617	MARTINEAU, ADAM	377	01:02:50.05	06:17	10K30-39M	57/76	M	173/234	01:01:59.65
499/617	MASKER, KIMBERLY	378	01:09:47.35	06:58	10K30-39F	116/148	F	295/383	01:06:54.50
10/617	MCCOLLUM, MEAGHAN	380	00:38:57.15	03:53	10K30-39F	1/148	F	1/383	00:38:56.15
6/617	MCCONNELL, GRAEME	691	00:36:39.40	03:39	10K20-29M	1/32	M	6/234	00:36:37.55
452/617	MCCOURT, DONNA	381	01:06:25.05	06:38	10K20-29F	73/98	F	263/383	01:05:04.75
600/617	MCCUE, JENNIFER	382	01:26:33.15	08:39	10K50-59F	50/54	F	370/383	01:25:33.15
369/617	MCCUTCHEON, KATE	383	01:02:49.85	06:16	10K30-39F	81/148	F	197/383	01:02:00.55
591/617	MCDONALD, CHERYL	384	01:22:46.55	08:16	10K50-59F	48/54	F	363/383	01:22:33.75
423/617	MCDONALD, JANE	385	01:05:32.35	06:33	10K60-69F	5/11	F	240/383	01:03:58.35
235/617	MCDONALD, JEN	662	00:56:53.75	05:41	10K30-39F	40/148	F	108/383	00:56:39.25
189/617	MCDONALD, JOHN	386	00:55:18.65	05:31	10K50-59M	16/46	M	110/234	00:53:57.55
498/617	MCDONALD, KIMBERLEY	387	01:09:42.35	06:58	10K50-59F	37/54	F	294/383	01:08:14.85
146/617	MCDONALD, SEAN	660	00:53:07.05	05:18	10K20-29M	15/32	M	92/234	00:52:52.95
349/617	MCDUFF, CORIE	388	01:01:49.50	06:10	10K30-39F	75/148	F	182/383	01:00:45.10
476/617	MCGEE, CATHY	389	01:07:54.50	06:47	10K40-49F	46/63	F	280/383	01:06:29.70
427/617	MCGHIE, LAURIE	390	01:05:39.10	06:33	10K30-39F	99/148	F	244/383	01:05:08.95
43/617	MCLEAN, MATTHEW	727	00:45:33.95	04:33	10K20-29M	6/32	M	33/234	00:45:24.70
114/617	MCLEOD, RICK	393	00:51:31.80	05:09	10K50-59M	8/46	M	72/234	00:51:04.45
72/617	MCLEOD, SEAN	394	00:48:14.50	04:49	10K30-39M	20/76	M	50/234	00:47:48.05
459/617	MEDING, ELAINE	395	01:06:56.20	06:41	10K50-59F	32/54	F	267/383	01:06:49.30
129/617	MEEKING, DAN	396	00:52:22.05	05:14	10K30-39M	30/76	M	81/234	00:52:10.15
199/617	MEEKING, MELANIE	397	00:55:43.20	05:34	10K30-39F	29/148	F	84/383	00:55:31.30
211/617	MERCER, PHILLIP	400	00:55:58.80	05:35	10K20-29M	19/32	M	120/234	00:54:48.05
606/617	MEYER, RUSSELL	402	01:31:40.80	09:10	10K60-69M	16/17	M	232/234	01:30:55.25
148/617	MICHALUK, JEN	403	00:53:18.35	05:19	10K30-39F	19/148	F	56/383	00:52:49.85
98/617	MICHALUK, KYLE	404	00:50:10.95	05:01	10K40-49M	18/50	M	62/234	00:49:42.95
314/617	MICHAUD, LYNN	405	01:00:11.80	06:01	10K30-39F	64/148	F	160/383	00:59:56.80
447/617	MIHALCHEON, MIMI	406	01:06:05.30	06:36	10K40-49F	40/63	F	258/383	01:04:40.95
85/617	MIILLER, MARC	407	00:49:26.00	04:56	10K40-49M	14/50	M	56/234	00:49:23.50
586/617	MILLER, KAREN	728	01:20:46.65	08:04	10K30-39F	142/148	F	359/383	01:20:09.45
579/617	MILNER, SAMANTHA	408	01:19:19.25	07:55	10K20-29F	93/98	F	355/383	01:18:39.80
320/617	MOCH, DARCY	409	01:00:39.05	06:03	10K50-59M	31/46	M	158/234	01:00:08.05
424/617	MOCH, LORI	410	01:05:33.35	06:33	10K50-59F	29/54	F	241/383	01:03:13.50
538/617	MONROSE, DENISE	411	01:13:02.35	07:18	10K40-49F	55/63	F	327/383	01:11:38.25
191/617	MORATINOS, JESUS	412	00:55:22.25	05:32	10K40-49M	24/50	M	112/234	00:55:11.80
39/617	MORLEY, REBECCA	692	00:45:18.75	04:31	10K30-39F	5/148	F	10/383	00:45:17.40

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
396/617	MORNINGSTAR, LANA	414	01:04:16.90	06:25	10K50-59F	25/54	F	218/383	01:02:43.45
462/617	MORRIS, CARLA	415	01:07:13.45	06:43	10K30-39F	106/148	F	269/383	01:05:25.20
107/617	MORRIS, CHUCK	416	00:50:43.30	05:04	10K50-59M	7/46	M	68/234	00:50:35.10
24/617	MORRIS, KRISTA	417	00:43:48.55	04:22	10K15-19F	2/8	F	6/383	00:43:40.15
474/617	MOUNTFORD, NIKKI	420	01:07:50.50	06:47	10K40-49F	44/63	F	278/383	01:06:35.65
613/617	MULINGTAPANG, EMILY	421	01:41:31.05	10:09	10K40-49F	63/63	F	379/383	01:40:30.10
65/617	MUTIKANI, TONGO	693	00:47:28.50	04:44	10K30-39M	18/76	M	47/234	00:46:54.85
194/617	NELSON, DOUG	425	00:55:28.85	05:32	10K30-39M	45/76	M	114/234	00:55:05.50
83/617	NELSON, KAYLA	730	00:49:12.30	04:55	10K20-29F	11/98	F	28/383	00:48:54.30
261/617	NIELSEN, TESS	427	00:58:06.85	05:48	10K30-39F	49/148	F	126/383	00:57:14.55
102/617	NITSCHKE, DAVID	429	00:50:23.45	05:02	10K40-49M	19/50	M	66/234	00:50:13.85
118/617	NITSCHKE, SARAH	430	00:51:39.65	05:09	10K50-59F	6/54	F	44/383	00:51:30.15
532/617	NOLKE, CHERYL	431	01:12:39.50	07:15	10K50-59F	40/54	F	321/383	01:11:55.15
91/617	NORTON, NICHOLAS	432	00:49:43.55	04:58	10K40-49M	16/50	M	59/234	00:49:32.90
502/617	O'BRIEN, JEANNINE	433	01:10:05.75	07:00	10K30-39F	117/148	F	297/383	01:08:15.90
273/617	O'SULLIVAN, PETER	434	00:58:29.85	05:50	10K20-29M	21/32	M	144/234	00:57:10.05
82/617	ORR, CHANTAL	435	00:49:11.50	04:55	10K20-29F	10/98	F	27/383	00:48:57.35
486/617	OSHCHEPKOV, ROMAN	437	01:08:47.95	06:52	10K20-29M	27/32	M	199/234	01:04:55.30
569/617	OYSTRECK, TERESA	663	01:17:07.85	07:42	10K40-49F	60/63	F	347/383	01:16:07.50
549/617	PACKHAM, JOANNE	439	01:14:25.65	07:26	10K50-59F	43/54	F	336/383	01:13:59.15
574/617	PADALLA, BELEN	440	01:18:03.80	07:48	10K20-29F	91/98	F	352/383	01:17:43.65
284/617	PALMER, BRENDA	442	00:58:54.65	05:53	10K30-39F	54/148	F	138/383	00:57:54.40
368/617	PAPKE, ANNA	443	01:02:46.95	06:16	10K20-29F	57/98	F	196/383	01:01:49.50
33/617	PARKER, GILES	445	00:44:36.25	04:27	10K60-69M	1/17	M	25/234	00:44:31.30
115/617	PARKER, JIM	446	00:51:36.50	05:09	10K50-59M	9/46	M	73/234	00:51:15.25
287/617	PASIEKA, JANICE	447	00:59:03.40	05:54	10K50-59F	13/54	F	140/383	00:58:19.60
53/617	PATEMAN, STEPHANIE	448	00:46:05.65	04:36	10K20-29F	8/98	F	16/383	00:44:57.20
63/617	PEARSON, MATTHEW	452	00:47:16.50	04:43	10K30-39M	17/76	M	45/234	00:47:08.75
202/617	PECK, DONNA	694	00:55:45.25	05:34	10K40-49F	14/63	F	86/383	00:55:36.60
335/617	PEDERSEN, RYAN	453	01:01:07.05	06:06	10K40-49M	37/50	M	163/234	01:00:53.15
539/617	PENNER, STU	454	01:13:03.75	07:18	10K30-39M	70/76	M	212/234	01:12:13.60
514/617	PERPETE, ALICIA	695	01:11:08.10	07:06	10K20-29F	82/98	F	305/383	01:10:57.05
607/617	PETERS, RON	455	01:31:41.95	09:10	10K70+M	4/4	M	233/234	01:31:18.60
304/617	PFEIFFER, SHANNON	456	00:59:58.40	05:59	10K30-39F	60/148	F	154/383	00:59:18.10
86/617	PITTMAN, DAVID	457	00:49:26.40	04:56	10K50-59M	4/46	M	57/234	00:49:08.15
34/617	PITTMAN, STEPHEN	458	00:44:52.00	04:29	10K15-19M	2/7	M	26/234	00:44:36.40
414/617	POLLEN, SHEILA	460	01:05:02.85	06:30	10K30-39F	94/148	F	231/383	01:04:40.05
528/617	POLLOCK, COURTNEY	461	01:12:09.40	07:12	10K20-29F	85/98	F	317/383	01:11:26.65
305/617	POLSON, ALEXANDER	462	00:59:59.20	05:59	10K20-29M	22/32	M	151/234	00:58:38.45
307/617	POLSON, RORY	463	01:00:01.15	06:00	10K50-59M	28/46	M	152/234	00:58:40.00
485/617	PORTER, ANDREA	464	01:08:47.50	06:52	10K20-29F	78/98	F	287/383	01:04:54.35
388/617	POULOS, TARA	749	01:03:55.10	06:23	10K40-49F	32/63	F	211/383	01:03:15.05
547/617	POWER, FRANCES	465	01:13:53.20	07:23	10K40-49F	56/63	F	334/383	01:13:10.95
231/617	POZZO, RENEE	466	00:56:49.15	05:40	10K30-39F	36/148	F	104/383	00:56:06.10
387/617	PURVES-SMITH, ADELE	468	01:03:54.75	06:23	10K30-39F	86/148	F	210/383	01:03:00.20
418/617	RADKE, NICOLE	470	01:05:25.25	06:32	10K30-39F	95/148	F	235/383	01:04:19.70
61/617	RAMSEY, JASON	471	00:47:14.00	04:43	10K40-49M	10/50	M	43/234	00:47:05.05
378/617	RANCIER, LAUREEN	472	01:03:30.00	06:21	10K40-49F	31/63	F	203/383	01:02:32.35
201/617	RANTA, DUANE	473	00:55:44.00	05:34	10K40-49M	25/50	M	116/234	00:55:21.50
300/617	REID, ASHLEY	477	00:59:48.40	05:58	10K20-29F	46/98	F	150/383	00:59:36.85
270/617	REID, DAVE	731	00:58:22.75	05:50	10K40-49M	31/50	M	142/234	00:57:19.65
321/617	REID, LORI	478	01:00:40.65	06:04	10K50-59F	16/54	F	163/383	01:00:28.15
302/617	RENNEBERG, LAURAN	696	00:59:52.90	05:59	10K30-39F	59/148	F	152/383	00:59:23.35
422/617	RICE, CAROL	664	01:05:31.65	06:33	10K50-59F	28/54	F	239/383	01:03:15.20
128/617	RIEMANN, CAROLYNN	480	00:52:20.40	05:14	10K40-49F	8/63	F	48/383	00:52:14.60
31/617	ROBB, JAIME	757	00:44:26.55	04:26	10K20-29M	5/32	M	24/234	00:43:14.30
100/617	ROBB, MICHAEL	787	00:50:18.05	05:01	10K50-59M	6/46	M	64/234	00:49:58.65
348/617	ROBERTS, CATHY	481	01:01:48.75	06:10	10K50-59F	19/54	F	181/383	01:01:25.70
174/617	ROBINSON, MEGAN	482	00:54:42.95	05:28	10K20-29F	25/98	F	74/383	00:54:28.20
177/617	ROBSON, GABRIELLE	483	00:54:58.05	05:29	10K20-29F	27/98	F	76/383	00:54:36.30
256/617	RODGER, ANNE	484	00:57:58.25	05:47	10K50-59F	11/54	F	122/383	00:57:45.50
95/617	ROONEY, JEAN-ANN	780	00:49:53.50	04:59	10K50-59F	5/54	F	34/383	00:49:51.55
434/617	ROSKEY, BEN	697	01:05:49.95	06:35	10K15-19M	6/7	M	185/234	01:04:01.45
437/617	ROSKEY, SUSAN	698	01:05:53.00	06:35	10K50-59F	31/54	F	251/383	01:04:04.55
262/617	ROSS, BRADY	485	00:58:08.55	05:48	10K50-59M	23/46	M	136/234	00:57:51.80
228/617	ROSS, EMILY	699	00:56:45.55	05:40	10K30-39F	33/148	F	101/383	00:55:57.30

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
318/617	ROSS, MAPLE	665	01:00:31.05	06:03	10K30-39F	65/148	F	161/383	00:59:08.40
127/617	ROSS, MICHAEL	486	00:52:16.00	05:13	10K30-39M	29/76	M	80/234	00:51:56.35
124/617	ROSS, STEVE	487	00:52:05.85	05:12	10K30-39M	26/76	M	77/234	00:51:45.30
567/617	ROTHWELL, JIM	488	01:16:41.55	07:40	10K40-49M	50/50	M	222/234	01:16:37.30
475/617	ROTTLER, NICOLE	489	01:07:54.35	06:47	10K40-49F	45/63	F	279/383	01:06:55.80
13/617	ROY, ZOE	490	00:40:15.80	04:01	10K20-29F	1/98	F	2/383	00:40:14.75
577/617	RUARK, KATELYN	491	01:18:44.80	07:52	10K20-29F	92/98	F	353/383	01:18:21.15
497/617	RUBEL, LOUISE	492	01:09:38.95	06:57	10K40-49F	49/63	F	293/383	01:09:10.10
317/617	RULLER, KEN	493	01:00:27.65	06:02	10K50-59M	30/46	M	157/234	01:00:12.00
76/617	RUSSELL, DOUGLAS	779	00:48:33.90	04:51	10K30-39M	22/76	M	53/234	00:48:00.10
244/617	RYAN, LES	494	00:57:17.70	05:43	10K50-59M	21/46	M	131/234	00:57:01.60
353/617	RYLANCE, KRISTEN	666	01:01:58.05	06:11	10K20-29F	52/98	F	186/383	01:00:34.75
306/617	SABATINI, ANDREA	495	00:59:59.70	05:59	10K30-39F	61/148	F	155/383	00:59:30.25
413/617	SAMBORSKI, BRENDA	667	01:04:58.25	06:29	10K40-49F	36/63	F	230/383	01:04:48.60
608/617	SAMUELSON, MARLENE	497	01:33:50.75	09:23	10K70+F	1/1	F	375/383	01:33:47.70
564/617	SANDERS, JOSEPH	498	01:16:29.90	07:38	10K30-39M	73/76	M	221/234	01:15:53.35
362/617	SANDERS, KERRI	499	01:02:24.20	06:14	10K30-39F	79/148	F	191/383	01:01:48.35
544/617	SANTOS, SONIA	500	01:13:33.05	07:21	10K20-29F	88/98	F	331/383	01:12:51.90
450/617	SASHUK, AIMEY	502	01:06:17.15	06:37	10K30-39F	105/148	F	261/383	01:05:20.85
421/617	SAURO, KHARA	503	01:05:31.05	06:33	10K30-39F	96/148	F	238/383	01:04:12.80
144/617	SAWYER, BARRY	504	00:53:04.80	05:18	10K50-59M	11/46	M	90/234	00:53:00.65
303/617	SAWYER, PHYLLIS	505	00:59:53.90	05:59	10K50-59F	15/54	F	153/383	00:59:48.85
527/617	SCHIMPF, KARLIE	509	01:12:09.10	07:12	10K20-29F	84/98	F	316/383	01:11:26.45
234/617	SCHLAUCH, JENNY	510	00:56:53.55	05:41	10K30-39F	39/148	F	107/383	00:56:25.30
585/617	SCHMIDT, JARED	511	01:19:38.60	07:57	10K20-29M	32/32	M	227/234	01:18:56.10
488/617	SCHOFIELD, JO-ANNE	512	01:08:51.45	06:53	10K40-49F	48/63	F	289/383	01:07:22.65
365/617	SCOTT, MARK	515	01:02:41.00	06:16	10K30-39M	56/76	M	172/234	01:01:50.25
505/617	SCOTT, STACEY	516	01:10:22.05	07:02	10K40-49F	51/63	F	300/383	01:09:30.50
522/617	SCOTT, TAMMI	517	01:11:31.55	07:09	10K30-39F	125/148	F	311/383	01:10:40.05
572/617	SEGUIN, DOMINIQUE	701	01:17:29.10	07:44	10K20-29F	90/98	F	350/383	01:16:45.05
196/617	SEITZ, DESIRAE	519	00:55:40.65	05:34	10K30-39F	27/148	F	82/383	00:54:28.90
276/617	SERIESKA, CHERIE	520	00:58:34.45	05:51	10K40-49F	22/63	F	132/383	00:58:21.25
251/617	SETCH, ELIZABETH	521	00:57:37.35	05:45	10K30-39F	45/148	F	118/383	00:57:13.70
178/617	SETCH, JAMES	522	00:55:00.55	05:30	10K30-39M	40/76	M	102/234	00:54:37.30
110/617	SHAW, CANDACE	523	00:51:17.35	05:07	10K20-29F	16/98	F	41/383	00:50:22.70
617/617	SHAW, SAMARA	524	01:56:51.65	11:41	10K20-29F	98/98	F	383/383	01:55:59.00
578/617	SHLAH, DENA	525	01:18:49.85	07:52	10K40-49F	61/63	F	354/383	01:17:39.15
592/617	SHLAH, NATHALIE	526	01:23:04.30	08:18	10K40-49F	62/63	F	364/383	01:21:53.35
246/617	SHREENAN, JAYDA	527	00:57:20.50	05:44	10K20-29F	37/98	F	114/383	00:56:25.45
593/617	SILVERMAN, TERRI	528	01:24:01.85	08:24	10K50-59F	49/54	F	365/383	01:23:42.95
185/617	SINCLAIR, BARRY	529	00:55:10.25	05:31	10K30-39M	41/76	M	107/234	00:55:04.35
354/617	SINGLETON, JUNE	530	01:02:02.75	06:12	10K40-49F	30/63	F	187/383	01:01:45.80
266/617	SINGLETON, REILLY	531	00:58:14.00	05:49	10K14&UM	2/2	M	138/234	00:57:56.65
134/617	SKOV, BONNIE	564	00:52:34.95	05:15	10K60-69F	1/11	F	52/383	00:52:27.00
150/617	SLATER, ANDREW	739	00:53:19.15	05:19	10K30-39M	36/76	M	94/234	00:53:03.85
232/617	SLUNT, TINA	532	00:56:51.10	05:41	10K30-39F	37/148	F	105/383	00:56:10.05
132/617	SMITH, ANTHONY	533	00:52:30.10	05:15	10K40-49M	22/50	M	82/234	00:52:16.10
611/617	SMITH, CARLEY	534	01:36:23.60	09:38	10K20-29F	97/98	F	377/383	01:35:14.05
236/617	SMITH, JULIA	535	00:56:55.60	05:41	10K15-19F	5/8	F	109/383	00:56:24.15
247/617	SMITH, JUSTINE	740	00:57:31.75	05:45	10K30-39F	43/148	F	115/383	00:57:08.65
170/617	SMITH, KEVIN	536	00:54:36.40	05:27	10K50-59M	13/46	M	100/234	00:54:21.60
511/617	SMITH, LINDA	702	01:10:55.65	07:05	10K50-59F	38/54	F	303/383	01:09:32.90
436/617	SMITH, REGINALD	703	01:05:50.80	06:35	10K20-29M	25/32	M	186/234	01:04:27.95
237/617	SMITH, RICHARD	537	00:56:55.90	05:41	10K40-49M	28/50	M	128/234	00:56:24.35
22/617	SMITH, RYAN	538	00:43:11.10	04:19	10K30-39M	7/76	M	17/234	00:42:47.55
612/617	SMITH, WENDY	539	01:36:23.65	09:38	10K50-59F	54/54	F	378/383	01:35:14.05
482/617	SNELL, DIANA	541	01:08:19.20	06:49	10K30-39F	113/148	F	284/383	01:07:56.95
384/617	SNELL, FRED	542	01:03:46.80	06:22	10K60-69M	11/17	M	177/234	01:03:25.85
298/617	SNOW, ALISON	704	00:59:44.05	05:58	10K30-39F	57/148	F	149/383	00:59:25.80
105/617	SNOW, AMANDA	705	00:50:38.50	05:03	10K30-39F	14/148	F	38/383	00:50:20.90
609/617	SO, PETER	543	01:34:14.70	09:25	10K60-69M	17/17	M	234/234	01:33:51.95
443/617	SORENSEN, CARLENE	668	01:06:01.10	06:36	10K20-29F	71/98	F	256/383	01:05:22.45
116/617	SOSICK, SUSAN	544	00:51:36.65	05:09	10K40-49F	5/63	F	43/383	00:51:25.70
448/617	SPROULE, JEN	741	01:06:05.95	06:36	10K30-39F	103/148	F	259/383	01:05:02.65
51/617	SQUIRES, NICOLE	547	00:46:05.55	04:36	10K20-29F	6/98	F	14/383	00:44:57.60
26/617	ST.CROIX, CORY	548	00:43:52.80	04:23	10K30-39M	9/76	M	20/234	00:43:47.40



## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
410/617	STACEY, AMANDA	669	01:04:44.30	06:28	10K40-49F	35/63	F	229/383	01:03:56.05
57/617	STACK, LUKE	549	00:46:46.65	04:40	10K20-29M	8/32	M	41/234	00:46:32.80
164/617	STAPLES, EVAN	551	00:54:10.50	05:25	10K20-29M	16/32	M	98/234	00:52:27.60
62/617	STEIDL, DARREN	706	00:47:15.05	04:43	10K40-49M	11/50	M	44/234	00:47:11.55
108/617	STERLING, ANNE	552	00:50:44.25	05:04	10K20-29F	15/98	F	40/383	00:50:29.70
99/617	STEVENS, SCOTT	554	00:50:16.85	05:01	10K30-39M	23/76	M	63/234	00:49:11.45
429/617	STEWART, LOGAN	555	01:05:40.70	06:34	10K30-39M	60/76	M	184/234	01:05:18.35
20/617	STRANSKY, JEFF	556	00:42:13.95	04:13	10K40-49M	5/50	M	15/234	00:42:07.80
420/617	STRANSKY, LISE	557	01:05:29.05	06:32	10K40-49F	38/63	F	237/383	01:04:42.25
500/617	STRATTON, JUDY	558	01:10:01.15	07:00	10K40-49F	50/63	F	296/383	01:07:25.75
545/617	STRETCH, BETTI	559	01:13:49.85	07:22	10K50-59F	42/54	F	332/383	01:12:42.40
182/617	SUDAR, ISAAC	560	00:55:05.70	05:30	10K20-29M	17/32	M	106/234	00:54:25.05
84/617	SUDEYKO, ROBYN	561	00:49:18.80	04:55	10K20-29F	12/98	F	29/383	00:48:58.30
322/617	SWEEZEY, JANA	565	01:00:41.10	06:04	10K30-39F	66/148	F	164/383	00:59:25.45
325/617	SZWARC, ANNE	566	01:00:45.45	06:04	10K50-59F	17/54	F	166/383	01:00:00.15
87/617	TAGGART, ROBYN	568	00:49:32.05	04:57	10K30-39F	13/148	F	30/383	00:49:24.20
181/617	TAMAKI, BRANDON	569	00:55:04.80	05:30	10K15-19M	5/7	M	105/234	00:54:22.90
580/617	TARASCO, SARAH	570	01:19:19.55	07:55	10K20-29F	94/98	F	356/383	01:18:39.90
186/617	THIESSEN, DAVID	750	00:55:12.20	05:31	10K30-39M	42/76	M	108/234	00:54:03.30
449/617	THOMSON, ERIN	742	01:06:06.00	06:36	10K30-39F	104/148	F	260/383	01:05:01.90
526/617	THOMSON, ROBELLA	574	01:12:08.95	07:12	10K30-39F	127/148	F	315/383	01:11:38.90
119/617	TING, PATRICIA	781	00:51:47.85	05:10	10K30-39F	16/148	F	45/383	00:51:33.55
143/617	TUCKER, PAUL	782	00:53:02.45	05:18	10K30-39M	34/76	M	89/234	00:52:59.55
17/617	TURGEON, ASHLEY	709	00:41:58.85	04:11	10K20-29F	3/98	F	5/383	00:41:57.85
553/617	TURNQUIST, PATTI	578	01:15:08.80	07:30	10K50-59F	44/54	F	339/383	01:14:09.85
461/617	ULLYOTT, BRETT	775	01:07:06.50	06:42	10K20-29M	26/32	M	193/234	00:44:20.85
224/617	UYS, CLOETE	579	00:56:30.60	05:39	10K50-59M	20/46	M	127/234	00:56:11.45
357/617	VALENTINE, BRONWYN	580	01:02:08.85	06:12	10K20-29F	53/98	F	188/383	01:01:42.20
200/617	VAN DEN BRINK, TARA	581	00:55:43.75	05:34	10K30-39F	30/148	F	85/383	00:55:23.40
402/617	VAN DER MERWE, CARLO	582	01:04:29.45	06:26	10K40-49M	42/50	M	180/234	01:04:21.20
401/617	VAN DER MERWE, CHARNE	583	01:04:28.95	06:26	10K15-19F	7/8	F	222/383	01:04:20.25
243/617	VAN NIKKELEN-KUYPER, MARIKKA	584	00:57:15.70	05:43	10K30-39F	42/148	F	113/383	00:56:54.00
435/617	VAN SANT, JANE	586	01:05:49.95	06:35	10K50-59F	30/54	F	250/383	01:04:01.85
316/617	VAN SANT, MAX	587	01:00:12.75	06:01	10K20-29M	23/32	M	156/234	00:58:29.35
254/617	VAREY, JENNIFER	588	00:57:54.10	05:47	10K40-49F	20/63	F	120/383	00:57:06.75
216/617	VAROVICI, DRAGOS	751	00:56:09.75	05:36	10K30-39M	48/76	M	125/234	00:55:54.50
466/617	VELUSAMY, SUBHA	589	01:07:24.95	06:44	10K30-39F	108/148	F	271/383	01:06:31.70
47/617	VICKERMAN, LORI	591	00:45:51.15	04:35	10K30-39F	6/148	F	11/383	00:45:46.45
523/617	VOREL, NICHOLE	592	01:11:31.85	07:09	10K30-39F	126/148	F	312/383	01:10:14.60
495/617	VOS, JOEY	774	01:09:35.35	06:57	10K20-29M	28/32	M	204/234	00:46:49.70
338/617	VUJINOVIC, VERLENA	768	01:01:16.55	06:07	10K30-39F	70/148	F	173/383	01:00:23.20
346/617	WALDEN, ASHLYN	594	01:01:42.80	06:10	10K30-39F	73/148	F	179/383	01:01:25.45
101/617	WALKER, MATHEW	595	00:50:19.70	05:01	10K20-29M	10/32	M	65/234	00:50:05.35
397/617	WALLIN, CARMEN	596	01:04:17.85	06:25	10K30-39F	89/148	F	219/383	01:01:44.50
136/617	WANG, DEBBIE	650	00:52:36.75	05:15	10K20-29F	17/98	F	53/383	00:52:09.80
52/617	WARD, JENNA	597	00:46:05.60	04:36	10K20-29F	7/98	F	15/383	00:44:57.85
489/617	WARREN, MATT	598	01:08:52.20	06:53	10K30-39M	68/76	M	200/234	01:07:58.70
496/617	WARSYLEWICZ, ROBYN	599	01:09:38.45	06:57	10K20-29F	79/98	F	292/383	01:09:12.45
73/617	WASYLYK, BRETT	600	00:48:20.20	04:50	10K20-29M	9/32	M	51/234	00:48:05.45
446/617	WATSON, KATRINA	602	01:06:05.10	06:36	10K30-39F	102/148	F	257/383	01:04:38.80
352/617	WATT, CATHY	670	01:01:58.00	06:11	10K30-39F	76/148	F	185/383	01:00:34.65
122/617	WATTERS, ADRIAN	603	00:51:56.20	05:11	10K40-49M	21/50	M	76/234	00:51:53.50
49/617	WEBERG, HEATHER	606	00:45:57.15	04:35	10K20-29F	4/98	F	12/383	00:45:46.25
340/617	WEISS, TARA	607	01:01:22.45	06:08	10K40-49F	29/63	F	175/383	01:01:22.45
483/617	WHITE, CHRISTA	767	01:08:26.05	06:50	10K30-39F	114/148	F	285/383	01:07:27.60
250/617	WHITE, DAVID	611	00:57:35.75	05:45	10K30-39M	51/76	M	133/234	00:56:43.15
279/617	WHITE, MITCHELL	613	00:58:37.95	05:51	10K40-49M	33/50	M	146/234	00:58:09.25
542/617	WIEBE, KRISTINA	614	01:13:25.45	07:20	10K20-29F	86/98	F	329/383	01:10:10.30
361/617	WIEBE, WARREN	615	01:02:22.60	06:14	10K50-59M	36/46	M	171/234	00:58:26.55
32/617	WIGGINTON, STEPHANIE	616	00:44:36.00	04:27	10K30-39F	3/148	F	8/383	00:44:30.45
192/617	WILLEMS, SARA	618	00:55:22.90	05:32	10K40-49F	13/63	F	80/383	00:52:53.45
342/617	WILLIAMS, KIRK	619	01:01:25.05	06:08	10K50-59M	33/46	M	166/234	01:00:50.55
521/617	WILLIAMS, TRACY	620	01:11:22.65	07:08	10K30-39F	124/148	F	310/383	01:09:56.05
71/617	WILSON, ANDR• EE	621	00:48:11.95	04:49	10K30-39F	9/148	F	22/383	00:48:09.00
509/617	WILSON, ASHLEY	622	01:10:49.80	07:04	10K20-29F	81/98	F	302/383	01:09:24.80
281/617	WILTSE, KIM	710	00:58:38.95	05:51	10K30-39F	51/148	F	135/383	00:58:20.05

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 617 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
226/617	WINGERAK, DALLAS	623	00:56:33.50	05:39	10K40-49F	18/63	F	99/383	00:56:14.15
537/617	WISNIEWSKI, AMANDA	624	01:12:53.80	07:17	10K40-49F	54/63	F	326/383	01:11:39.85
133/617	WOOD, JULIA	626	00:52:31.85	05:15	10K40-49F	9/63	F	51/383	00:51:59.70
359/617	WOODS, ALISON	627	01:02:18.25	06:13	10K30-39F	78/148	F	190/383	01:01:53.80
610/617	WOOLLACOTT, ALISON	628	01:34:14.70	09:25	10K50-59F	53/54	F	376/383	01:33:53.00
25/617	WOON, ROGER	629	00:43:52.65	04:23	10K30-39M	8/76	M	19/234	00:43:46.85
571/617	WRIGHT, LINDSAY	631	01:17:18.65	07:43	10K30-39F	140/148	F	349/383	01:15:53.95
92/617	WRIGHTSON, MARK	632	00:49:43.90	04:58	10K50-59M	5/46	M	60/234	00:49:38.40
35/617	WYLIE, MIKE	633	00:44:56.30	04:29	10K60-69M	2/17	M	27/234	00:44:45.60
169/617	YAKABUSKIE, ADAM	635	00:54:33.65	05:27	10K40-49M	23/50	M	99/234	00:52:57.90
563/617	YAM, BILLY	636	01:16:17.10	07:37	10K30-39M	72/76	M	220/234	01:16:02.95
570/617	YARDLEY, LEAH	637	01:17:18.65	07:43	10K30-39F	139/148	F	348/383	01:15:52.90
74/617	YAWORSKI, SANDRA	711	00:48:28.50	04:50	10K50-59F	3/54	F	23/383	00:48:25.05
206/617	YELLIN, ALLAN	638	00:55:48.35	05:34	10K60-69M	6/17	M	118/234	00:55:43.50
463/617	YOO, SARAH	639	01:07:19.90	06:43	10K30-39F	107/148	F	270/383	01:06:05.60
90/617	YOUNG, KEVIN	640	00:49:43.30	04:58	10K40-49M	15/50	M	58/234	00:49:32.90
541/617	YU, AMANDA	641	01:13:20.30	07:20	10K15-19F	8/8	F	328/383	01:12:38.70
60/617	ZANNIS, CHRISTINE	642	00:47:09.05	04:42	10K30-39F	7/148	F	18/383	00:47:05.90
272/617	ZEMP, SHELDON	643	00:58:28.15	05:50	10K50-59M	26/46	M	143/234	00:58:20.30
517/617	ZJALIC, MEGAN	645	01:11:15.40	07:07	10K30-39F	121/148	F	307/383	01:08:46.45
519/617	ZJALIC, ZDRAVKO	646	01:11:15.55	07:07	10K30-39M	69/76	M	211/234	01:08:49.50
533/617	ZUBACH, ROBIN	647	01:12:48.30	07:16	10K30-39F	129/148	F	322/383	01:12:08.45
259/617	ZUMBRUNN, STEVE	649	00:58:05.50	05:48	10K50-59M	22/46	M	135/234	00:57:48.45