

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

357 Finishers

5K14&UF (Female) - 36 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/36	LEITHEAD, FIONA	2351	00:22:44.30	04:32	+00:00:00	40/357	10/228	CALGARY
2/36	SADER, KIRI	2370	00:23:25.45	04:41	+00:00:41	44/357	11/228	STRATHMORE
3/36	RODBERG, CASSANDRA	2218	00:24:08.35	04:49	+00:01:24	50/357	13/228	CALGARY

5K14&UM (Male) - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/22	SERPICO, JAKE	2313	00:19:35.45	03:55	+00:00:00	12/357	9/129	CALGARY
2/22	GYORGY, THOMAS	2286	00:19:53.90	03:58	+00:00:18	13/357	10/129	CALGARY
3/22	CORNELSSSEN, RILEY	2358	00:22:40.80	04:32	+00:03:05	38/357	30/129	STETTLER

5K15-19F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	STEWART, JILLIAN	2241	00:21:06.60	04:13	+00:00:00	26/357	8/228	RED DEER
2/10	MOYNIHAN, CLAIRE	2309	00:25:37.95	05:07	+00:04:31	67/357	19/228	CALGARY
3/10	HALPIN, OLIVIA	2098	00:26:19.25	05:15	+00:05:12	78/357	25/228	CALGARY

5K15-19M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	LAFONTANT, FELIX	2306	00:16:02.25	03:12	+00:00:00	1/357	1/129	KINGSTON
2/8	FORMAN, MATTHEW	2085	00:17:40.80	03:32	+00:01:38	4/357	4/129	CALGARY
3/8	YOUNGBERG, LOGAN	2377	00:21:20.00	04:16	+00:05:17	28/357	20/129	CALGARY

5K20-29F (Female) - 40 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/40	NESBITT, JODI	2193	00:17:41.70	03:32	+00:00:00	6/357	1/228	RED DEER
2/40	PYKE, BRIDGET	2378	00:18:16.25	03:39	+00:00:34	7/357	2/228	CALGARY
3/40	ZARNKE, SASHA	2284	00:19:33.90	03:54	+00:01:52	11/357	3/228	CALGARY

5K20-29M (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	WITTIG, LUC	2384	00:16:50.65	03:22	+00:00:00	2/357	2/129	CALGARY
2/16	KONDRO, MICHAEL	2386	00:16:56.30	03:23	+00:00:05	3/357	3/129	CALGARY
3/16	HOPPE, WILLIAM	2383	00:18:30.55	03:42	+00:01:39	8/357	6/129	LESLIEVILLE

5K30-39F (Female) - 59 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/59	WARD, KRISTY	2264	00:23:33.40	04:42	+00:00:00	46/357	12/228	CALGARY
2/59	MRAK, LAURA	2181	00:25:31.00	05:06	+00:01:57	65/357	18/228	COALDALE
3/59	DRIEDIGER-MURPHY, LINDSAY	2069	00:26:19.75	05:15	+00:02:46	80/357	26/228	CALGARY

5K30-39M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	MITCHELMORE, PETER	2175	00:19:16.85	03:51	+00:00:00	10/357	8/129	CALGARY
2/20	HINKS, DARREN	2110	00:20:04.80	04:00	+00:00:47	16/357	11/129	CALGARY
3/20	TOMEI, LUCAS	2256	00:20:08.55	04:01	+00:00:51	17/357	12/129	CALGARY

5K40-49F (Female) - 53 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/53	MUSHOVIC, INEKE	2366	00:19:59.85	03:59	+00:00:00	15/357	5/228	BOULDER
2/53	CURR-MYSCHUK, CHRISTINA	2326	00:20:42.80	04:08	+00:00:42	23/357	6/228	CALGARY
3/53	GILL, RANI	2091	00:24:37.40	04:55	+00:04:37	55/357	14/228	CALGARY

5K40-49M (Male) - 31 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/31	FLYNN, DEON	2362	00:17:41.35	03:32	+00:00:00	5/357	5/129	CALGARY
2/31	MOORE, ADRIAN	2176	00:19:13.75	03:50	+00:01:32	9/357	7/129	CALGARY
3/31	BROCKETT, SIMON	2334	00:20:34.45	04:06	+00:02:53	21/357	16/129	CALGARY

5K50-59F (Female) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	MACPHERSON, SUE	1251	00:26:57.25	05:23	+00:00:00	91/357	31/228	CALGARY
2/20	SAEGER, SIMONE	2222	00:26:59.85	05:23	+00:00:02	92/357	32/228	CALGARY
3/20	ANDERSON, SUSAN	2297	00:27:10.50	05:26	+00:00:13	95/357	33/228	CALGARY

5K50-59M (Male) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	RODGERS, DAVE	2298	00:20:30.50	04:06	+00:00:00	19/357	14/129	CALGARY
2/21	DRIEDIGER, DOUG	2068	00:22:04.90	04:24	+00:01:34	31/357	23/129	CALGARY
3/21	SARGENT, DAVID	2225	00:22:09.55	04:25	+00:01:39	32/357	24/129	CALGARY

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

357 Finishers

5K60-69F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	MACDONALD, IRENE	2157	00:29:16.50	05:51	+00:00:00	138/357	63/228	CALGARY
2/9	METCALF, LYNN	2173	00:30:19.85	06:03	+00:01:03	162/357	83/228	CALGARY
3/9	KING, SANDRA	2132	00:31:29.50	06:17	+00:02:13	185/357	98/228	BRAGG CREEK

5K60-69M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	LEE, DON	2148	00:22:31.15	04:30	+00:00:00	36/357	28/129	CALGARY
2/8	MCKINNON, ROBERT	2365	00:24:09.80	04:49	+00:01:38	51/357	38/129	CALGARY
3/8	KIRKBY, BOB	2133	00:26:48.25	05:21	+00:04:17	87/357	59/129	CALGARY

5K70+F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	MCKETSY, DARLENE	2308	00:55:16.30	11:03	+00:00:00	354/357	226/228	SUDBURY

5K70+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	MOUSTGAARD, LOUIS	2178	00:30:54.45	06:10	+00:00:00	171/357	83/129	SUDBURY
2/3	GRIFFITHS, BARRIE	2347	00:38:22.90	07:40	+00:07:28	294/357	118/129	CALGARY
3/3	MCKETSY, BILL	2307	00:55:13.35	11:02	+00:24:18	353/357	128/129	SUDBURY