

Alpha Overall Results

5K Run - 3.1 Miles

312 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
306/312	AASEN, KIRSTEN	2050	00:50:45.61	10:09	5K40-49F	60/62	F	198/204	00:50:27.81
281/312	ABDI, FAHIYE	2051	00:45:30.50	09:06	5K30-39M	14/15	M	101/108	00:45:28.65
280/312	ABDI, SHIRDON	2052	00:45:29.72	09:05	5K14&UM	16/17	M	100/108	00:45:27.49
238/312	ADDLEMAN, BEN	2278	00:39:03.41	07:48	5K40-49M	16/18	M	87/108	00:38:44.79
237/312	ADDLEMAN, NINA	2279	00:39:03.35	07:48	5K14&UF	21/31	F	151/204	00:38:44.57
307/312	AGOAWIKE, CHRISTA	2053	00:52:14.41	10:26	5K14&UF	31/31	F	199/204	00:51:00.36
308/312	AGOAWIKE, MAURINE	2054	00:52:15.44	10:27	5K40-49F	61/62	F	200/204	00:51:03.03
207/312	AGOAWIKE, PRESTON	2055	00:36:31.55	07:18	5K14&UM	12/17	M	81/108	00:35:18.25
265/312	AGOAWIKE, UGOCHI	2056	00:43:07.17	08:37	5K15-19F	7/7	F	172/204	00:41:54.18
275/312	AHENDA, LADONA	2057	00:44:40.40	08:56	5K50-59F	22/25	F	177/204	00:44:16.79
220/312	AHENDA, LESLIE	2058	00:37:13.81	07:26	5K20-29F	13/22	F	137/204	00:36:52.02
40/312	AHMED, ALI	2280	00:25:31.61	05:06	5K30-39M	5/15	M	33/108	00:25:27.22
146/312	AIELLO, ROBERT	1250	00:32:02.91	06:24	5K60-69M	8/14	M	68/108	00:31:41.12
114/312	ALLAN, SCOTT	2059	00:30:19.44	06:03	5K40-49M	9/18	M	60/108	00:30:02.52
160/312	ALLCHIN, JENNIFER	2340	00:33:04.96	06:36	5K40-49F	28/62	F	89/204	00:32:54.61
27/312	AMELINCKX, ERIK	2281	00:23:48.98	04:45	5K14&UM	2/17	M	25/108	00:23:48.42
199/312	ANDERSON, BLAIN	2282	00:35:49.85	07:09	5K50-59M	16/23	M	78/108	00:35:42.13
63/312	ANDERSON, TRACY	2283	00:27:39.23	05:31	5K40-49F	8/62	F	22/204	00:27:31.05
222/312	ANDRADE, MARIA	2061	00:37:21.52	07:28	5K50-59F	18/25	F	139/204	00:37:16.75
161/312	ANDRIJANCIC, JEREMY	2284	00:33:06.13	06:37	5K30-39M	11/15	M	72/108	00:32:56.18
181/312	ANKLOVITCH, DARRELL	2062	00:34:11.02	06:50	5K40-49M	12/18	M	73/108	00:33:58.45
121/312	ANKLOVITCH, KATRINA	2063	00:30:55.18	06:11	5K14&UF	12/31	F	59/204	00:30:42.23
156/312	ARYSBAYEVA, AIGERIM	2064	00:32:58.29	06:35	5K30-39F	21/46	F	86/204	00:31:56.82
294/312	ASHTON, KIMBERLY	2065	00:48:01.20	09:36	5K30-39F	43/46	F	187/204	00:47:34.99
152/312	AZUAJE, FREDDY	2066	00:32:33.53	06:30	5K20-29M	8/8	M	70/108	00:32:19.55
142/312	BANTLE, CHLOE	2068	00:31:56.93	06:23	5K15-19F	3/7	F	75/204	00:31:51.58
55/312	BANTLE, MIA	2069	00:27:02.88	05:24	5K14&UF	3/31	F	18/204	00:26:57.61
231/312	BAUER, CINDY	2285	00:38:32.49	07:42	5K40-49F	49/62	F	146/204	00:38:09.68
111/312	BECK, CHRISTINE	2072	00:30:06.71	06:01	5K40-49F	17/62	F	54/204	00:29:59.23
139/312	BERNHARDT, LOUISE	2286	00:31:53.81	06:22	5K30-39F	17/46	F	72/204	00:31:42.48
60/312	BERRY, SCOTT	2287	00:27:28.38	05:29	5K20-29M	4/8	M	41/108	00:27:22.45
158/312	BEUTEL, LINDSAY	2355	00:33:00.82	06:36	5K30-39F	22/46	F	87/204	00:32:55.49
122/312	BIEDRZYCKI, DANA	2073	00:31:08.98	06:13	5K50-59F	8/25	F	60/204	00:31:02.67
187/312	BILY, SARAH	2337	00:34:54.53	06:58	5K40-49F	36/62	F	111/204	00:34:50.06
250/312	BINDER, DE'ETTE	2074	00:40:07.33	08:01	5K50-59F	20/25	F	159/204	00:40:01.26
11/312	BINDER, REECE	2075	00:19:30.56	03:54	5K15-19M	3/10	M	9/108	00:19:28.45
175/312	BLASHYN, GAIL	2076	00:33:45.86	06:45	5K50-59F	15/25	F	103/204	00:33:23.35
184/312	BLASHYN, GARRY	2077	00:34:35.15	06:55	5K50-59M	14/23	M	75/108	00:34:12.44
226/312	BOIVIN, NATASJA	2078	00:37:48.70	07:33	5K30-39F	36/46	F	143/204	00:37:38.49
174/312	BOLETTA, GEORGE	2079	00:33:45.76	06:45	5K40-49F	34/62	F	102/204	00:33:38.56
85/312	BOWDEN, AMY	2341	00:28:36.62	05:43	5K20-29F	5/22	F	39/204	00:28:32.43
19/312	BOWDEN, NICK	2081	00:20:59.28	04:11	5K60-69M	2/14	M	17/108	00:20:56.75
293/312	BOYES, JUDY	2342	00:47:52.26	09:34	5K60-69F	8/8	F	186/204	00:47:33.78
8/312	BOYLE, SHARI	2362	00:19:08.27	03:49	5K40-49F	1/62	F	1/204	00:19:07.05
48/312	BRAATEN, ALISON	2363	00:26:20.84	05:16	5K50-59F	2/25	F	14/204	00:26:00.58
1/312	BRADFORD, KEITH	2288	00:16:54.72	03:22	5K40-49M	1/18	M	1/108	00:16:54.27
191/312	BRIX, MARIA	2082	00:35:01.35	07:00	5K40-49F	38/62	F	115/204	00:34:45.60
157/312	BROWN, KEITH	2083	00:32:58.68	06:35	5K40-49M	11/18	M	71/108	00:32:30.83
89/312	BROWN, KELLY	2084	00:28:46.38	05:45	5K30-39F	9/46	F	42/204	00:28:44.41
284/312	BURGESS, ISLA	2085	00:45:47.40	09:09	5K14&UF	28/31	F	183/204	00:45:35.23
297/312	BURKETT, MELISSA	2289	00:48:24.14	09:40	5K30-39F	44/46	F	189/204	00:47:58.24
138/312	CAMERON, LARA	2290	00:31:53.05	06:22	5K30-39F	16/46	F	71/204	00:31:45.37
68/312	CARLSON, COLETTE	2291	00:27:54.66	05:34	5K50-59F	4/25	F	26/204	00:27:53.23
79/312	CARROLL, KATIE	2086	00:28:30.81	05:42	5K14&UF	8/31	F	34/204	00:28:16.29
213/312	CASSELMAN, LORA	2087	00:36:46.60	07:21	5K40-49F	43/62	F	131/204	00:36:28.18
197/312	CAVAN, JENNIFER	2088	00:35:30.27	07:06	5K30-39F	30/46	F	120/204	00:35:22.49
289/312	CHAU, CALUM	2379	00:46:29.91	09:17	5K14&UM	17/17	M	106/108	00:46:27.10
291/312	CHAU, EMILYN	2378	00:47:15.04	09:27	5K14&UF	29/31	F	184/204	00:47:11.53
292/312	CHAU, ISLA-GRACE	2380	00:47:17.26	09:27	5K14&UF	30/31	F	185/204	00:47:13.81
290/312	CHAU, JASON	2377	00:47:14.72	09:26	5K40-49M	18/18	M	107/108	00:47:11.01
29/312	CODD, LAURENCE	2089	00:23:51.62	04:46	5K50-59M	4/23	M	27/108	00:23:50.78
163/312	CODD, ROSITA	2090	00:33:13.20	06:38	5K50-59F	12/25	F	91/204	00:32:58.86
83/312	COLBERT, JILL	2352	00:28:34.92	05:42	5K30-39F	7/46	F	37/204	00:28:26.36
16/312	COLEMAN, MARK	2292	00:20:14.82	04:02	5K40-49M	3/18	M	14/108	00:20:09.85
137/312	CONSTANTINESCU, MICHELE	2091	00:31:52.40	06:22	5K30-39F	15/46	F	70/204	00:31:46.57
117/312	COONEY, CLAIRE	2092	00:30:43.89	06:08	5K40-49F	19/62	F	56/204	00:30:31.40

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
82/312	CORNELSSSEN, CHRISTA	2093	00:28:34.80	05:42	5K40-49F	11/62	F	36/204	00:28:22.63
65/312	CORNELSSSEN, KYLAR	2094	00:27:45.82	05:33	5K14&UF	4/31	F	24/204	00:27:33.43
192/312	CRERAR, ERIN	2244	00:35:15.02	07:03	5K30-39F	29/46	F	116/204	00:34:51.25
195/312	CROSBIE, TAYLOR	2293	00:35:23.74	07:04	5K15-19F	5/7	F	118/204	00:35:10.79
69/312	DALTON, AVERY	2098	00:27:59.07	05:35	5K14&UF	5/31	F	27/204	00:27:52.84
22/312	DALY, LORNE	2364	00:22:39.21	04:31	5K50-59M	3/23	M	20/108	00:22:38.08
53/312	DALZIEL, RYAN	2100	00:26:51.93	05:22	5K30-39M	7/15	M	37/108	00:26:38.26
155/312	DE WOLDE, COLLEEN	2294	00:32:47.50	06:33	5K40-49F	26/62	F	85/204	00:32:42.75
15/312	DEERE, MATTHEW	2356	00:19:57.20	03:59	5K14&UM	1/17	M	13/108	00:19:54.81
77/312	DEERE, MEGAN	2357	00:28:20.35	05:40	5K14&UF	7/31	F	32/204	00:28:15.80
180/312	DELANEY, LYNN	2358	00:34:03.79	06:48	5K50-59F	16/25	F	108/204	00:33:43.39
103/312	DEMETRICK, ALESSANDRA	2101	00:29:29.30	05:53	5K14&UF	10/31	F	50/204	00:29:15.12
41/312	DITTRICH, ALEX	2386	00:25:40.73	05:08	5K20-29F	1/22	F	8/204	00:25:40.73
310/312	DOWLING, JOANNE	2103	01:03:23.52	12:40	5K40-49F	62/62	F	202/204	01:02:52.74
311/312	DOWLING, ROBYN	2104	01:03:23.90	12:40	5K70+F	3/3	F	203/204	01:02:53.33
44/312	DREWE, MELINDA	2105	00:25:53.85	05:10	5K40-49F	6/62	F	11/204	00:25:49.18
30/312	DRIEDIGER, DOUG	2106	00:23:59.42	04:47	5K50-59M	5/23	M	28/108	00:23:54.15
51/312	DRIEDIGER-MURPHY, LINDSAY	2107	00:26:39.42	05:19	5K30-39F	2/46	F	15/204	00:26:33.77
35/312	DROUILLARD, KIM	2108	00:24:32.87	04:54	5K40-49F	3/62	F	5/204	00:24:26.46
165/312	DUNCAN, SARAH	2109	00:33:19.68	06:39	5K40-49F	30/62	F	93/204	00:33:11.22
201/312	EDMONSTONE, AMELIE	2110	00:36:04.10	07:12	5K40-49F	39/62	F	123/204	00:35:51.83
46/312	EGMORE, JENNI	2111	00:26:14.38	05:14	5K50-59F	1/25	F	12/204	00:26:11.43
113/312	ELLIOTT, ALBERT	2384	00:30:16.85	06:03	5K60-69M	7/14	M	59/108	00:30:03.80
273/312	FAUST, JORDAN	2373	00:44:25.54	08:53	5K40-49M	17/18	M	97/108	00:43:57.23
159/312	FERLAINO, ANGIE	2113	00:33:01.09	06:36	5K40-49F	27/62	F	88/204	00:32:41.71
190/312	FESYK, SHAWNIE	2114	00:34:59.43	06:59	5K40-49F	37/62	F	114/204	00:34:44.15
124/312	FETHERSTONHAUGH, KEN	2115	00:31:16.56	06:15	5K40-49M	10/18	M	63/108	00:30:59.06
123/312	FETHERSTONHAUGH, MELISSA	2116	00:31:16.28	06:15	5K40-49F	21/62	F	61/204	00:30:58.78
134/312	FLANDERS, ZOE	2117	00:31:43.40	06:20	5K14&UF	13/31	F	68/204	00:31:21.01
47/312	FREDRICKSON, TAEOR	2118	00:26:15.30	05:15	5K20-29F	3/22	F	13/204	00:26:00.78
173/312	FREIBURGER, FRAN	2119	00:33:43.00	06:44	5K60-69F	3/8	F	101/204	00:33:30.05
298/312	GAGNON, JANICE	2123	00:49:31.20	09:54	5K40-49F	58/62	F	190/204	00:49:11.62
299/312	GAUDET, JOCELYNE	2124	00:49:31.20	09:54	5K30-39F	45/46	F	191/204	00:49:12.12
52/312	GAULD, TAMARA	2125	00:26:48.06	05:21	5K30-39F	3/46	F	16/204	00:26:47.44
183/312	GESCHER, JOHN	2382	00:34:25.50	06:53	5K60-69M	9/14	M	74/108	00:34:11.62
285/312	GHELFI, MURILO	2295	00:45:48.25	09:09	5K30-39M	15/15	M	102/108	00:45:36.50
258/312	GHELFI, NICOLE	2296	00:41:50.95	08:22	5K20-29F	16/22	F	165/204	00:41:38.60
247/312	GHERAN, JOE	1353	00:40:03.88	08:00	5K60-69M	12/14	M	90/108	00:39:55.04
257/312	GHERAN, SARAH	1355	00:41:19.21	08:15	5K20-29F	15/22	F	164/204	00:41:08.37
26/312	GIBORSKI, JASON	2126	00:23:35.58	04:43	5K30-39M	3/15	M	24/108	00:23:28.65
312/312	GIBORSKI, NICOLE	2127	02:04:41.98	24:56	5K30-39F	46/46	F	204/204	02:04:41.98
300/312	GILJE, MARY	2129	00:49:39.66	09:55	5K50-59F	24/25	F	192/204	00:49:18.61
132/312	GILJE-ALLAN, DYLAN	2130	00:31:36.06	06:19	5K20-29M	6/8	M	66/108	00:31:18.92
42/312	GILL, RANI	2131	00:25:52.74	05:10	5K40-49F	5/62	F	9/204	00:25:47.41
221/312	GIRALDO, DIANA	2132	00:37:18.39	07:27	5K40-49F	44/62	F	138/204	00:37:14.12
261/312	GLAZE, SARAH	2133	00:42:16.30	08:27	5K40-49F	56/62	F	168/204	00:40:52.08
242/312	GOEPEN-WEE, KAREN	2134	00:39:36.32	07:55	5K40-49F	53/62	F	154/204	00:39:31.97
217/312	GORNIK, SARAH	2135	00:36:59.00	07:23	5K14&UF	19/31	F	135/204	00:36:58.20
227/312	GREER, SHAUNA	2136	00:37:50.75	07:34	5K40-49F	47/62	F	144/204	00:37:38.98
88/312	GRIGG, HEIDI	2137	00:28:44.22	05:44	5K30-39F	8/46	F	41/204	00:28:42.25
198/312	HADDEN, KRISTINA	2138	00:35:41.19	07:08	5K20-29F	10/22	F	121/204	00:35:17.18
64/312	HAMILTON, GELA	2297	00:27:41.43	05:32	5K40-49F	9/62	F	23/204	00:27:29.54
282/312	HANSEN, DANICA	2298	00:45:31.66	09:06	5K14&UF	27/31	F	181/204	00:45:28.77
269/312	HANSEN, JACOB	2299	00:44:11.18	08:50	5K14&UM	15/17	M	95/108	00:44:09.55
126/312	HANSEN, KRISTINA	2354	00:31:17.92	06:15	5K40-49F	22/62	F	62/204	00:31:14.77
185/312	HARDY, LISA	2139	00:34:43.80	06:56	5K30-39F	28/46	F	110/204	00:34:43.80
135/312	HARRIS, SEAN	2140	00:31:51.86	06:22	5K20-29M	7/8	M	67/108	00:31:35.43
145/312	HARRIS, SHELLEY	2141	00:32:02.44	06:24	5K50-59F	11/25	F	78/204	00:31:45.69
102/312	HELSEN, GRACE	2300	00:29:29.09	05:53	5K14&UF	9/31	F	49/204	00:29:23.16
104/312	HELSEN, GWEN	2301	00:29:29.44	05:53	5K40-49F	16/62	F	51/204	00:29:23.51
288/312	HENDERSON, DAVID	2302	00:46:11.98	09:14	5K60-69M	14/14	M	105/108	00:45:59.71
72/312	HILDEBRANDT, DALE	2338	00:28:04.51	05:36	5K60-69M	6/14	M	43/108	00:27:53.67
7/312	HILL, CALLUM	2304	00:18:30.08	03:42	5K15-19M	2/10	M	7/108	00:18:29.52
98/312	HINES, COREY	2374	00:29:16.01	05:51	5K40-49M	7/18	M	51/108	00:28:58.01
97/312	HINES, NOLAN	2376	00:29:15.16	05:51	5K14&UM	6/17	M	50/108	00:28:57.46
303/312	HOLMES, ASHLEIGH	2142	00:50:39.98	10:07	5K20-29F	22/22	F	195/204	00:50:22.78

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
305/312	HOLMES, KIM	2143	00:50:45.30	10:09	5K50-59F	25/25	F	197/204	00:50:28.67
23/312	HOLTKAMP, BRAD	2383	00:22:49.96	04:33	5K40-49M	4/18	M	21/108	00:22:48.65
13/312	HOYL, SAMUEL	2144	00:19:52.02	03:58	5K15-19M	4/10	M	11/108	00:19:51.59
162/312	HUFFMAN, ALEKSANDRA	2145	00:33:08.58	06:37	5K30-39F	23/46	F	90/204	00:32:50.72
210/312	HULIN POLI, KAREN	2146	00:36:32.66	07:18	5K40-49F	41/62	F	129/204	00:36:17.09
232/312	JAMES, DEBRA	2148	00:38:34.05	07:42	5K40-49F	50/62	F	147/204	00:38:15.57
36/312	JOHANNSON, KERRI	2359	00:24:42.54	04:56	5K40-49F	4/62	F	6/204	00:24:40.71
239/312	JOHNSON, WENDY	1392	00:39:11.78	07:50	5K30-39F	37/46	F	152/204	00:38:42.97
169/312	JONES, KIMBERLY	2149	00:33:27.14	06:41	5K40-49F	32/62	F	97/204	00:33:07.48
50/312	JULIEN, BLAINE	2150	00:26:31.47	05:18	5K50-59M	8/23	M	36/108	00:26:14.39
84/312	KELLY, KATE	2151	00:28:35.81	05:43	5K50-59F	6/25	F	38/204	00:28:20.69
3/312	KENDRICK, NATHAN	2381	00:17:13.85	03:26	5K30-39M	1/15	M	3/108	00:17:13.60
196/312	KENNEDY, MEG	2306	00:35:23.82	07:04	5K15-19F	6/7	F	119/204	00:35:10.51
115/312	KIRK, GARY	2152	00:30:19.86	06:03	5K50-59M	11/23	M	61/108	00:30:11.30
58/312	KIRKBY, BOB	2154	00:27:22.25	05:28	5K70+M	1/3	M	39/108	00:27:20.10
37/312	KLENKE, BRAD	2155	00:24:47.48	04:57	5K50-59M	6/23	M	31/108	00:24:43.61
61/312	KNOTT, SIMONE	2307	00:27:31.94	05:30	5K40-49F	7/62	F	20/204	00:27:08.05
4/312	KONDRO, DOUGLAS	2156	00:17:41.18	03:32	5K20-29M	1/8	M	4/108	00:17:40.62
38/312	KONDRO, GREG	2365	00:24:58.13	04:59	5K50-59M	7/23	M	32/108	00:24:51.10
211/312	KOUTIS, FRANK	2343	00:36:39.01	07:19	5K40-49M	14/18	M	82/108	00:36:29.06
219/312	KOUYATE, AICHA	2157	00:37:09.92	07:25	5K20-29F	12/22	F	136/204	00:36:53.99
241/312	KUHL, GREG	1411	00:39:28.81	07:53	5K60-69M	11/14	M	88/108	00:39:18.36
246/312	LANDIS, J.D.	2158	00:40:00.81	08:00	5K70+M	2/3	M	89/108	00:39:54.88
45/312	LANGELAAR, OWEN	2159	00:25:58.55	05:11	5K14&UM	3/17	M	34/108	00:25:57.34
309/312	LAUF, BRUNIE	2160	00:55:44.09	11:08	5K70+F	2/3	F	201/204	00:55:13.19
73/312	LAUF, KARIN	2161	00:28:05.26	05:37	5K40-49F	10/62	F	30/204	00:28:05.26
177/312	LEAMY, KEIRA	2162	00:33:56.42	06:47	5K14&UF	16/31	F	105/204	00:33:37.42
178/312	LEAMY, NADIA	2163	00:33:56.63	06:47	5K40-49F	35/62	F	106/204	00:33:37.71
81/312	LEAMY, PATRICK	2164	00:28:32.52	05:42	5K40-49M	6/18	M	46/108	00:28:13.60
276/312	LEASK, LISA	2308	00:44:43.33	08:56	5K40-49F	57/62	F	178/204	00:44:17.18
80/312	LEE, CINDY	2165	00:28:31.78	05:42	5K30-39F	6/46	F	35/204	00:28:23.60
24/312	LEE, DON	2309	00:22:51.30	04:34	5K60-69M	4/14	M	22/108	00:22:48.87
18/312	LEE, MORLEY	2166	00:20:31.64	04:06	5K50-59M	1/23	M	16/108	00:20:29.81
153/312	LEITHEAD, AMY	2167	00:32:35.46	06:31	5K14&UF	14/31	F	83/204	00:32:31.27
10/312	LEWIS, JASON	2310	00:19:24.30	03:52	5K40-49M	2/18	M	8/108	00:19:23.50
279/312	LI, ELLEN	2366	00:45:02.31	09:00	5K60-69F	7/8	F	180/204	00:44:54.99
32/312	LIEW, JEFF	2169	00:24:08.98	04:49	5K30-39M	4/15	M	29/108	00:23:57.21
267/312	LING, MONIQUE	2170	00:44:02.26	08:48	5K20-29F	18/22	F	174/204	00:43:37.01
193/312	LUDBROOK, GRACIE	2311	00:35:22.48	07:04	5K14&UF	17/31	F	117/204	00:35:13.07
194/312	LUDBROOK, KEVIN	2312	00:35:22.48	07:04	5K50-59M	15/23	M	77/108	00:35:13.07
94/312	LUND, MATTHEW	2172	00:29:00.59	05:48	5K30-39M	9/15	M	48/108	00:28:45.75
166/312	MACEACHERN, CARA	2173	00:33:19.95	06:39	5K40-49F	31/62	F	94/204	00:33:11.29
131/312	MACPHERSON, HEATHER	2175	00:31:33.54	06:18	5K50-59F	9/25	F	66/204	00:31:15.12
119/312	MADEYEV, SABYZHAN	2176	00:30:45.73	06:09	5K50-59M	12/23	M	62/108	00:29:44.70
109/312	MADEYEV, YERZHAN	2177	00:29:50.32	05:58	5K30-39M	10/15	M	57/108	00:28:47.26
54/312	MAJCHER, MONICA	2178	00:27:00.92	05:24	5K30-39F	4/46	F	17/204	00:26:58.03
266/312	MARTIN, NICOLE	2179	00:43:30.82	08:42	5K30-39F	42/46	F	173/204	00:43:00.55
240/312	MCGHIE, LAURIE	2180	00:39:18.01	07:51	5K30-39F	38/46	F	153/204	00:38:46.03
167/312	MCHUGH, LYDIA	2313	00:33:24.07	06:40	5K50-59F	13/25	F	95/204	00:33:21.18
271/312	MCINTYRE, LIV	2181	00:44:21.15	08:52	5K14&UF	24/31	F	175/204	00:42:57.63
272/312	MCINTYRE, SADIE	2182	00:44:21.21	08:52	5K14&UF	25/31	F	176/204	00:43:11.74
287/312	MCKAY, EUGENE	2367	00:46:11.78	09:14	5K15-19M	10/10	M	104/108	00:46:02.23
56/312	MCKAY, KERRA	2360	00:27:09.21	05:25	5K15-19F	1/7	F	19/204	00:27:00.83
286/312	MCKAY, KEVIN	2361	00:46:11.36	09:14	5K50-59M	22/23	M	103/108	00:46:01.73
33/312	MCKINNON, ROBERT	2183	00:24:12.98	04:50	5K60-69M	5/14	M	30/108	00:24:10.23
6/312	MCKNIGHT, BAILEY	2388	00:18:22.62	03:40	5K20-29M	2/8	M	6/108	00:18:22.61
277/312	MCLEAN, CARYS	2344	00:44:49.92	08:57	5K14&UF	26/31	F	179/204	00:44:43.37
150/312	MCLEAN, EMMETT	2345	00:32:28.41	06:29	5K14&UM	11/17	M	69/108	00:32:22.92
278/312	MCLEAN, MICHAEL	2346	00:44:50.57	08:58	5K50-59M	21/23	M	99/108	00:44:43.84
151/312	MCLEAN, PAULINE	2347	00:32:29.13	06:29	5K30-39F	20/46	F	82/204	00:32:22.98
259/312	MCLEOD, ELLIS	2184	00:42:11.24	08:26	5K14&UF	23/31	F	166/204	00:41:01.97
251/312	MCLEOD, MALCOLM	2185	00:40:15.98	08:03	5K14&UM	14/17	M	92/108	00:39:06.71
186/312	MCWHINNIE, KEN	2348	00:34:51.58	06:58	5K60-69M	10/14	M	76/108	00:34:39.31
128/312	METCALF, LYNN	2186	00:31:23.95	06:16	5K60-69F	1/8	F	64/204	00:31:15.77
59/312	MEUNIER, DON	2314	00:27:28.01	05:29	5K50-59M	10/23	M	40/108	00:27:21.60
17/312	MILLER, CHASE	2315	00:20:25.74	04:05	5K15-19M	6/10	M	15/108	00:20:21.27

Alpha Overall Results

5K Run - 3.1 Miles

312 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
76/312	MILLER, DRAKE	2187	00:28:15.35	05:39	5K20-29M	5/8	M	45/108	00:28:14.33
263/312	MIRON, JENNYFFER	2188	00:42:45.61	08:33	5K20-29F	17/22	F	170/204	00:42:21.64
168/312	MONTEITH DMYTRUK, JENNIFER	2316	00:33:26.66	06:41	5K30-39F	24/46	F	96/204	00:33:10.62
57/312	MONTOUTE, NIGEL	2190	00:27:19.21	05:27	5K50-59M	9/23	M	38/108	00:27:08.08
149/312	MOULT, JANE	2353	00:32:24.52	06:28	5K20-29F	8/22	F	81/204	00:32:09.48
95/312	MOWAT, WYATT	2317	00:29:09.33	05:49	5K14&UM	5/17	M	49/108	00:29:06.18
75/312	MOYNIHAN, CLAIRE	2192	00:28:15.35	05:39	5K15-19F	2/7	F	31/204	00:28:10.60
143/312	MOYNIHAN, COLLEEN	2193	00:31:59.37	06:23	5K50-59F	10/25	F	76/204	00:31:36.98
49/312	MURPHY, WILLIAM	2194	00:26:27.42	05:17	5K30-39M	6/15	M	35/108	00:26:21.93
264/312	NASR, DOREEN	2387	00:42:54.57	08:34	5K60-69F	6/8	F	171/204	00:41:58.78
120/312	NEUMANN, ERICA	2195	00:30:54.69	06:10	5K40-49F	20/62	F	58/204	00:30:41.94
43/312	NIXON, ALISA	1487	00:25:53.80	05:10	5K20-29F	2/22	F	10/204	00:25:38.88
260/312	NOVAK, KERRI	2196	00:42:16.22	08:27	5K40-49F	55/62	F	167/204	00:40:52.00
230/312	O'GRADY, LAURA	2197	00:38:30.87	07:42	5K40-49F	48/62	F	145/204	00:38:23.19
110/312	OGILVIE, JENNIFER	2198	00:29:56.91	05:59	5K30-39F	11/46	F	53/204	00:29:41.55
21/312	PAQUET, MARC	2199	00:21:52.52	04:22	5K50-59M	2/23	M	19/108	00:21:50.69
171/312	PARIS, NORA	2318	00:33:33.23	06:42	5K40-49F	33/62	F	99/204	00:33:23.96
204/312	PAUL, KAMAL	2319	00:36:19.37	07:15	5K30-39F	33/46	F	125/204	00:36:05.29
164/312	PAYNE, KATHRYN	2201	00:33:19.56	06:39	5K40-49F	29/62	F	92/204	00:33:11.46
301/312	PENSTONE, REBECCA	2202	00:49:39.91	09:55	5K20-29F	20/22	F	193/204	00:49:18.20
14/312	PFISTER, CAYDEN	2320	00:19:53.00	03:58	5K15-19M	5/10	M	12/108	00:19:50.25
39/312	PFISTER, SOPHIE	2321	00:25:21.70	05:04	5K14&UF	2/31	F	7/204	00:25:18.19
116/312	PIATTELLI, LOUISE	2351	00:30:29.36	06:05	5K40-49F	18/62	F	55/204	00:30:20.29
70/312	PLUME, MEAH	2204	00:27:59.16	05:35	5K14&UF	6/31	F	28/204	00:27:53.09
302/312	RAE, LESHEM	2368	00:50:39.60	10:07	5K20-29F	21/22	F	194/204	00:50:17.95
304/312	RAE, ROCHELLE	2205	00:50:40.44	10:08	5K40-49F	59/62	F	196/204	00:50:18.25
249/312	RAWSON, LORRAINE	2339	00:40:04.95	08:00	5K50-59F	19/25	F	158/204	00:39:40.18
144/312	REMOLACIO, MANILYN	2206	00:32:01.42	06:24	5K20-29F	7/22	F	77/204	00:31:57.63
2/312	RIEK, PAUL	2322	00:17:00.16	03:24	5K15-19M	1/10	M	2/108	00:16:59.73
188/312	RIFFEL, MYRIA	2207	00:34:58.07	06:59	5K20-29F	9/22	F	112/204	00:34:45.12
206/312	ROACH, CHRIS	2208	00:36:28.65	07:17	5K30-39M	12/15	M	80/108	00:36:08.19
205/312	ROACH, PAMELA	2209	00:36:28.43	07:17	5K30-39F	34/46	F	126/204	00:36:07.97
170/312	ROBSON, ALEXIS	2210	00:33:30.80	06:42	5K14&UF	15/31	F	98/204	00:33:22.34
129/312	ROSCA, ELVIRA	2212	00:31:25.82	06:17	5K40-49F	23/62	F	65/204	00:31:22.05
106/312	ROSCA, JOHN	2213	00:29:40.69	05:56	5K15-19M	8/10	M	54/108	00:29:37.18
67/312	SAEGER, SIMONE	2215	00:27:52.99	05:34	5K50-59F	3/25	F	25/204	00:27:47.94
234/312	SALIM, FARHA	2323	00:38:45.77	07:45	5K40-49F	51/62	F	149/204	00:38:30.07
233/312	SALIMULLYOT, LEAH	2324	00:38:45.29	07:45	5K14&UF	20/31	F	148/204	00:38:29.81
112/312	SAUNDERS, IAN	2216	00:30:11.39	06:02	5K14&UM	10/17	M	58/108	00:30:07.20
25/312	SAUNDERS, JACK	2217	00:23:14.46	04:38	5K15-19M	7/10	M	23/108	00:23:13.54
90/312	SAUNDERS, JODY	2218	00:28:49.54	05:45	5K40-49F	13/62	F	43/204	00:28:44.77
78/312	SAVOIE, CATHERINE	2219	00:28:29.24	05:41	5K50-59F	5/25	F	33/204	00:28:18.32
200/312	SCOTT LUND, CARLENE	2221	00:36:02.71	07:12	5K30-39F	31/46	F	122/204	00:35:47.73
96/312	SEBANC, KATIE	2222	00:29:14.23	05:50	5K30-39F	10/46	F	47/204	00:29:13.31
74/312	SENDYK, MIKE	2326	00:28:08.33	05:37	5K40-49M	5/18	M	44/108	00:27:51.84
225/312	SERL, SARAH	2327	00:37:38.55	07:31	5K30-39F	35/46	F	142/204	00:37:25.02
244/312	SHAM, CHRISTY	2223	00:39:49.60	07:57	5K20-29F	14/22	F	156/204	00:39:30.60
245/312	SHAM, JACKY	2224	00:39:49.61	07:57	5K40-49F	54/62	F	157/204	00:39:29.81
262/312	SHAM, JOY	2225	00:42:32.04	08:30	5K30-39F	41/46	F	169/204	00:42:11.20
202/312	SINGH, JAS	2328	00:36:11.31	07:14	5K30-39F	32/46	F	124/204	00:35:57.05
12/312	SKEA, KEN	2226	00:19:42.66	03:56	5K60-69M	1/14	M	10/108	00:19:40.93
31/312	SKRYNYK, PAITYN	2228	00:24:05.64	04:49	5K14&UF	1/31	F	3/204	00:24:04.43
274/312	SKRYNYK, STEVE	2227	00:44:27.61	08:53	5K70+M	3/3	M	98/108	00:44:06.78
270/312	SMITH, CAMERON	2229	00:44:19.44	08:51	5K50-59M	20/23	M	96/108	00:44:08.03
212/312	SPENCER, ANGELA	2329	00:36:40.67	07:20	5K40-49F	42/62	F	130/204	00:36:30.32
268/312	SPENCER, REG	2330	00:44:03.97	08:48	5K50-59M	19/23	M	94/108	00:44:03.97
248/312	STABILE, ANTONIO	1669	00:40:04.66	08:00	5K30-39M	13/15	M	91/108	00:39:54.61
215/312	STAMMER, INGRID	1551	00:36:56.65	07:23	5K60-69F	4/8	F	133/204	00:36:44.88
189/312	STREIFF, SARAH	2230	00:34:58.41	06:59	5K50-59F	17/25	F	113/204	00:34:45.66
66/312	STUBBS, MICHAEL	2231	00:27:47.60	05:33	5K30-39M	8/15	M	42/108	00:27:36.76
228/312	STYCZEN, MATTHEW	2369	00:37:55.77	07:35	5K14&UM	13/17	M	84/108	00:37:42.20
229/312	STYCZEN, MIKE	2370	00:37:56.16	07:35	5K40-49M	15/18	M	85/108	00:37:42.59
235/312	TALDORF, KRISTA	2232	00:38:57.75	07:47	5K40-49F	52/62	F	150/204	00:38:47.54
172/312	TALDORF, SYLVIA	2233	00:33:39.61	06:43	5K50-59F	14/25	F	100/204	00:33:30.16
140/312	TAMAYO, NATALIA	2234	00:31:54.40	06:22	5K40-49F	25/62	F	73/204	00:31:48.57
223/312	TANNER, AYNLEY	2331	00:37:21.85	07:28	5K40-49F	45/62	F	140/204	00:37:00.40

Alpha Overall Results

5K Run - 3.1 Miles

312 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
92/312	TAYLOR, KELLY	2235	00:28:57.82	05:47	5K50-59F	7/25	F	45/204	00:28:54.31
118/312	TAYLOR, ROXANNE	2372	00:30:45.35	06:09	5K30-39F	12/46	F	57/204	00:30:38.15
209/312	TELANG, ALISON	2236	00:36:31.83	07:18	5K14&UF	18/31	F	128/204	00:36:16.65
86/312	TELANG, BENJAMIN	2237	00:28:36.87	05:43	5K14&UM	4/17	M	47/108	00:28:22.03
208/312	TELANG, KRISTIN	2238	00:36:31.67	07:18	5K40-49F	40/62	F	127/204	00:36:16.63
87/312	TELANG, LISA	2239	00:28:41.38	05:44	5K40-49F	12/62	F	40/204	00:28:26.02
255/312	THIESSEN, JEANNIE	2240	00:41:07.28	08:13	5K60-69F	5/8	F	163/204	00:40:43.05
256/312	THIESSEN, LARRY	2241	00:41:09.13	08:13	5K60-69M	13/14	M	93/108	00:40:45.64
127/312	TIMMERYE, SARA	2332	00:31:23.67	06:16	5K30-39F	13/46	F	63/204	00:31:14.34
125/312	TOBER, STEVEN	2274	00:31:17.60	06:15	5K50-59M	13/23	M	64/108	00:31:13.03
105/312	TOBER-ZAMBRANO, CARLA	2242	00:29:32.18	05:54	5K14&UF	11/31	F	52/204	00:29:28.83
99/312	TOBER-ZAMBRANO, RAMON	2243	00:29:18.30	05:51	5K14&UM	7/17	M	52/108	00:29:14.59
93/312	TURNER, CHLOE	2246	00:28:58.35	05:47	5K20-29F	6/22	F	46/204	00:28:57.55
283/312	TURNER, EMILY	1676	00:45:43.03	09:08	5K20-29F	19/22	F	182/204	01:00:34.79
20/312	VAN GRONINGEN, JOHN	2247	00:21:43.80	04:20	5K60-69M	3/14	M	18/108	00:21:40.85
136/312	VAN ZYL, MINETTE	2334	00:31:51.94	06:22	5K30-39F	14/46	F	69/204	00:31:40.33
243/312	VAREY, CHRISTIANE	2249	00:39:47.82	07:57	5K14&UF	22/31	F	155/204	00:39:32.90
91/312	VAREY, JENNIFER	2250	00:28:54.18	05:46	5K40-49F	14/62	F	44/204	00:28:38.82
130/312	VERO, JOSHUA	2251	00:31:29.48	06:17	5K15-19M	9/10	M	65/108	00:31:11.06
296/312	WALSH, JOHN	2252	00:48:21.63	09:40	5K50-59M	23/23	M	108/108	00:48:01.73
295/312	WALSH, MELODY	2253	00:48:21.39	09:40	5K50-59F	23/25	F	188/204	00:48:00.99
141/312	WAMALA, NULEATI	2254	00:31:56.92	06:23	5K30-39F	18/46	F	74/204	00:31:54.11
34/312	WARD, KRISTY	2255	00:24:29.96	04:53	5K30-39F	1/46	F	4/204	00:24:23.81
176/312	WATERS, KATHRYN	2256	00:33:55.63	06:47	5K30-39F	25/46	F	104/204	00:33:45.78
182/312	WEYER, ASHLEY	1582	00:34:14.73	06:50	5K30-39F	27/46	F	109/204	00:34:12.10
224/312	WHITE, CHRISTA	1584	00:37:28.07	07:29	5K40-49F	46/62	F	141/204	00:37:13.89
214/312	WHITE, MARY MADELNE	1585	00:36:48.07	07:21	5K70+F	1/3	F	132/204	00:36:41.46
216/312	WILLATT, STEPHANIE	2257	00:36:58.12	07:23	5K20-29F	11/22	F	134/204	00:36:54.25
236/312	WILLIAMS, MARK	2258	00:38:59.93	07:47	5K50-59M	18/23	M	86/108	00:38:42.43
254/312	WILLIAMS, RUTH	2259	00:40:25.63	08:05	5K50-59F	21/25	F	162/204	00:40:08.88
107/312	WILSON, ALEXANDER	2260	00:29:42.46	05:56	5K14&UM	9/17	M	55/108	00:29:35.79
100/312	WILSON, ANDREE	2261	00:29:21.98	05:52	5K40-49F	15/62	F	48/204	00:29:15.09
101/312	WILSON, ELLIOTT	2262	00:29:22.14	05:52	5K14&UM	8/17	M	53/108	00:29:15.11
108/312	WILSON, JOSHUA	2263	00:29:42.97	05:56	5K40-49M	8/18	M	56/108	00:29:35.86
71/312	WITHELL, JOCELYN	2371	00:28:02.48	05:36	5K30-39F	5/46	F	29/204	00:27:50.51
252/312	WONG, KATHERINE	2265	00:40:20.62	08:04	5K30-39F	39/46	F	160/204	00:39:59.03
133/312	WOO, CLAUDIA	2266	00:31:43.31	06:20	5K40-49F	24/62	F	67/204	00:31:21.28
253/312	WOO, HOLLY	2267	00:40:21.13	08:04	5K30-39F	40/46	F	161/204	00:39:59.42
179/312	YAO, LAN	2268	00:33:58.62	06:47	5K30-39F	26/46	F	107/204	00:33:54.15
147/312	YELLIN, LISA	2269	00:32:16.21	06:27	5K30-39F	19/46	F	79/204	00:31:46.72
148/312	YELLIN, MICHELLE	2270	00:32:17.47	06:27	5K60-69F	2/8	F	80/204	00:31:49.51
62/312	YIU, SELINA	2336	00:27:37.98	05:31	5K20-29F	4/22	F	21/204	00:27:37.98
203/312	YOSHIMURA, WESTON	2271	00:36:11.32	07:14	5K40-49M	13/18	M	79/108	00:35:53.18
5/312	YOUNG, GRAEME	2272	00:17:42.12	03:32	5K30-39M	2/15	M	5/108	00:17:41.32
218/312	ZAMBRANO, HECTOR	2273	00:37:00.57	07:24	5K50-59M	17/23	M	83/108	00:36:56.22
154/312	ZAMBRANO, ISABELLA	2275	00:32:44.71	06:32	5K15-19F	4/7	F	84/204	00:32:41.50
9/312	ZAMBRANO, MARIA	2276	00:19:12.30	03:50	5K40-49F	2/62	F	2/204	00:19:11.50
28/312	ZHU, HANJIE	2277	00:23:51.54	04:46	5K20-29M	3/8	M	26/108	00:23:46.99