

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K Run - 6.21 Miles

200 Finishers

10K14&UF (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	BIRD, NICOLETTE	1681	00:54:28.27	05:26	+00:00:00	65/200	25/113	CALGARY

10K14&UM (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	MCKENDRICK, CARSON	1697	01:06:18.14	06:37	+00:00:00	138/200	70/87	CANMORE
2/3	MCKENDRICK, MYLES	1699	01:09:48.47	06:58	+00:03:30	153/200	75/87	CANMORE
3/3	COWEN, MATTHEW	1513	01:12:41.63	07:16	+00:06:23	164/200	80/87	REDWOOD MEAD

10K15-19F (Female) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/6	MILLER, AMY	1671	00:39:13.06	03:55	+00:00:00	11/200	1/113	COCHRANE
2/6	ANTAYA, ZOE	1483	00:53:01.36	05:18	+00:13:48	61/200	22/113	CALGARY
3/6	GRIGOROVA-ALEXANDROVA, MAGI	1544	01:03:24.65	06:20	+00:24:11	123/200	57/113	CALGARY

10K15-19M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/3	PEARSON, RUSSELL	1672	00:36:53.20	03:41	+00:00:00	5/200	5/87	CALGARY
2/3	LAVOIE-PIERZCHALA, ELIJAH	1566	00:45:54.24	04:35	+00:09:00	32/200	25/87	MEDICINE HAT
3/3	BRILL, ETHAN	1502	01:07:07.19	06:42	+00:30:13	140/200	72/87	BRAGG CREEK

10K20-29F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	QUIBELL, SHAYNA	1601	00:40:17.70	04:01	+00:00:00	13/200	3/113	CALGARY
2/10	SPENCER, HEIDI	1692	00:50:19.39	05:01	+00:10:01	49/200	13/113	CALGARY
3/10	WELLS, CLAIRE	1625	00:57:01.75	05:42	+00:16:44	84/200	37/113	CALGARY

10K20-29M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	HILL, SCOTT	1666	00:33:13.82	03:19	+00:00:00	1/200	1/87	HARVIE HEIGHTS
2/10	JUSTINEN, ROMAN	1684	00:33:20.21	03:20	+00:00:06	2/200	2/87	CALGARY
3/10	PRATT, TYLER	1600	00:41:00.64	04:06	+00:07:46	15/200	12/87	CALGARY

10K30-39F (Female) - 33 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/33	ROMANO, LYNSEY	1608	00:40:00.52	04:00	+00:00:00	12/200	2/113	AIRDRIE
2/33	MOREAU, JUSTINE	1687	00:45:37.34	04:33	+00:05:36	30/200	7/113	CALGARY
3/33	KEMP, KATIE	1644	00:46:44.78	04:40	+00:06:44	35/200	8/113	CALGARY

10K30-39M (Male) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	ROBB, JAIME	1604	00:37:15.16	03:43	+00:00:00	6/200	6/87	CALGARY
2/21	SWIFT, CHRIS	1620	00:38:56.59	03:53	+00:01:40	9/200	9/87	CASTLEGAR
3/21	ROTH, JONATHAN	1611	00:39:00.65	03:54	+00:01:44	10/200	10/87	COCHRANE

10K40-49F (Female) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/37	VRATARIC, AMBER	1680	00:42:31.46	04:15	+00:00:00	19/200	4/113	CALGARY
2/37	LOHMANN, TARA	1571	00:43:38.23	04:21	+00:01:06	23/200	5/113	CALGARY
3/37	FRENCH, SUSAN	1640	00:47:49.92	04:46	+00:05:18	40/200	10/113	CALGARY

10K40-49M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/20	PENNY, BLAINE	1690	00:34:08.24	03:24	+00:00:00	3/200	3/87	CALGARY
2/20	WOOLSTENCROFT, FRANK	1705	00:35:32.19	03:33	+00:01:24	4/200	4/87	CALGARY
3/20	INGLIS, LORIN	1683	00:38:19.23	03:49	+00:04:11	7/200	7/87	CALGARY

10K50-59F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	KEEFE, KAREN	1563	00:50:53.97	05:05	+00:00:00	54/200	16/113	LA CRETE
2/14	GOUDIE, ALICE	1538	00:52:47.44	05:16	+00:01:53	60/200	21/113	CALGARY
3/14	CHAN, JENNY	1682	00:54:41.54	05:28	+00:03:47	68/200	26/113	CALGARY

10K50-59M (Male) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/14	TABELEV, OLEG	1660	00:40:55.79	04:05	+00:00:00	14/200	11/87	CALGARY
2/14	GRAY, NEIL	1541	00:43:48.10	04:22	+00:02:52	24/200	19/87	CALGARY
3/14	KEEFE, DEAN	1562	00:45:36.11	04:33	+00:04:40	29/200	23/87	LA CRETE

OA/PI = Overall Placing

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Category Award Results

TOP 3 In Category

10K Run - 6.21 Miles

200 Finishers

10K60-69F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	MULLIGAN, ZITA	1588	00:45:19.15	04:31	+00:00:00	28/200	6/113	CALGARY
2/12	NOVICKI, COLETTE	1688	00:51:05.01	05:06	+00:05:45	55/200	17/113	CALGARY
3/12	BENSON, LORRAINE	1490	00:54:54.53	05:29	+00:09:35	71/200	29/113	CALGARY

10K60-69M (Male) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	SHUTTLEWORTH, WAYNE	1657	00:38:22.66	03:50	+00:00:00	8/200	8/87	ROCKY VIEW COL
2/12	BICKLEY, ED	1636	00:41:28.35	04:08	+00:03:05	16/200	13/87	CALGARY
3/12	ROTH, JAMIE	1718	00:46:34.14	04:39	+00:08:11	34/200	27/87	COCHRANE

10K70-79M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/4	LIM, SU-CHONG	1696	00:48:20.73	04:50	+00:00:00	43/200	33/87	CALGARY
2/4	DRIEDGER, HENRY	1520	00:57:30.54	05:45	+00:09:09	89/200	51/87	CALGARY
3/4	MASSCHAELE, GERARD	1669	01:17:02.34	07:42	+00:28:41	178/200	84/87	CALGARY