

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

531 Finishers

10K14&UF (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/1	ALIX, MADISON	1135	1:04:28.191	06:26	10:22	+00:00:00	287/531	132/297	CALGARY

10K14&UM (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/9	STUART, MILO	1627	45:43.099	04:34	07:21	+00:00:00	28/531	22/234	CALGARY
2/9	GONDA, RYAN	1272	49:38.762	04:57	07:59	+00:03:55	56/531	37/234	ERSKINE
3/9	MORGAN, LEO	1416	50:57.794	05:05	08:12	+00:05:14	69/531	44/234	CALGARY

10K15-19F (Female) - 14 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/14	MEHDI, EMILIA	5291	37:38.717	03:45	06:03	+00:00:00	4/531	1/297	CALGARY
2/14	BURGESS, NICOLE	1171	48:17.294	04:49	07:46	+00:10:38	44/531	13/297	LETHBRIDGE
3/14	CABAJ, SOPHIA	1687	54:03.090	05:24	08:42	+00:16:24	117/531	44/297	CALGARY

10K15-19M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/7	FRENETTE, GRANT	1248	47:57.091	04:47	07:43	+00:00:00	39/531	30/234	CALGARY
2/7	THOMAS, RUSSELL	1655	50:11.575	05:01	08:04	+00:02:14	61/531	41/234	LAKE VILLA
3/7	CONSUL, RAKESH	1203	51:14.411	05:07	08:15	+00:03:17	75/531	50/234	CALGARY

10K20-29F (Female) - 75 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/75	MILLER, AMY	1407	38:00.092	03:48	06:07	+00:00:00	6/531	2/297	COCHRANE
2/75	THIEL, GILLIAN	1751	42:20.131	04:14	06:49	+00:04:20	11/531	4/297	VANCOUVER
3/75	FARMER, KATIE	1237	45:11.903	04:31	07:16	+00:07:11	24/531	6/297	SASKATOON

10K20-29M (Male) - 52 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/52	GALLANT, LUC	1255	37:04.196	03:42	05:58	+00:00:00	3/531	3/234	WELLINGTON
2/52	STEEL, ADAM	1682	37:44.646	03:46	06:04	+00:00:40	5/531	4/234	CALGARY
3/52	WEISS, MARK	1632	40:25.522	04:02	06:30	+00:03:21	9/531	7/234	CALGARY

10K30-39F (Female) - 81 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/81	PARKER, ALEX	1719	40:38.974	04:03	06:32	+00:00:00	10/531	3/297	FERNIE
2/81	FAN, ERIN	1236	46:57.818	04:41	07:33	+00:06:18	33/531	7/297	SAN FRANCISCO
3/81	CONROD, MEREDITH	1726	47:52.684	04:47	07:42	+00:07:13	37/531	9/297	CALGARY

10K30-39M (Male) - 58 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/58	RUSSELL, RYAN	1721	33:19.170	03:19	05:21	+00:00:00	1/531	1/234	CALGARY
2/58	MCNAUGHT, PATRICK	1606	43:03.514	04:18	06:56	+00:09:44	14/531	10/234	CALGARY
3/58	RUDARI, LUKAS	1484	43:51.630	04:23	07:03	+00:10:32	18/531	13/234	CALGARY

10K40-49F (Female) - 67 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/67	VRATARIC, AMBER	1684	43:44.294	04:22	07:02	+00:00:00	17/531	5/297	CALGARY
2/67	THOMAS, LORI JO	1654	48:23.693	04:50	07:47	+00:04:39	45/531	14/297	LAKE VILLA
3/67	MCCREARY, FJOLA	1395	49:16.150	04:55	07:56	+00:05:31	52/531	18/297	LANGDON

10K40-49M (Male) - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/46	WOOLSTENCROFT, FRANK	1730	34:29.483	03:26	05:33	+00:00:00	2/531	2/234	CALGARY
2/46	POLAK, JASON	1454	39:20.717	03:56	06:20	+00:04:51	8/531	6/234	CALGARY
3/46	BEHLKE, ERIC	1152	42:41.083	04:16	06:52	+00:08:11	12/531	8/234	CALGARY

10K50-59F (Female) - 41 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/41	PLAVA, LILIANA	1705	50:23.551	05:02	08:06	+00:00:00	62/531	21/297	CALGARY
2/41	BROOKS, GAIL	1166	50:37.051	05:03	08:09	+00:00:13	65/531	23/297	CALGARY
3/41	TRUDEL, NANCY	1694	50:45.629	05:04	08:10	+00:00:22	66/531	24/297	CALGARY

10K50-59M (Male) - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/28	SCHWARZ, CHRIS	1753	38:53.319	03:53	06:15	+00:00:00	7/531	5/234	EDMONTON
2/28	PAQUET, MARC	1718	45:33.606	04:33	07:20	+00:06:40	27/531	21/234	CALGARY
3/28	GRAY, NEIL	1278	46:47.786	04:40	07:32	+00:07:54	31/531	25/234	CALGARY

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Category Award Results

TOP 3 In Category

10K/6.21 Miles

531 Finishers

10K60-69F (Female) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/16	MURPHY, KELLY	1424	52:03.606	05:12	08:22	+00:00:00	88/531	31/297	CALGARY
2/16	MOORE, DONNA	1413	56:42.932	05:40	09:07	+00:04:39	152/531	58/297	AIRDRIE
3/16	RICHARDSON, BARB	1618	58:52.964	05:53	09:28	+00:06:49	182/531	72/297	CALGARY

10K60-69M (Male) - 24 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/24	MORRIS, CHUCK	1657	47:55.661	04:47	07:43	+00:00:00	38/531	29/234	CALGARY
2/24	CLARKSON, BOB	1195	52:23.482	05:14	08:26	+00:04:27	92/531	59/234	CALGARY
3/24	THOMSON, SHAWN	1629	52:53.973	05:17	08:31	+00:04:58	97/531	62/234	CALGARY

10K70-79F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/2	DOHERTY, MARGARET	1580	1:17:35.997	07:45	12:29	+00:00:00	454/531	244/297	CALGARY
2/2	RYAN, MARTI	1737	1:30:49.335	09:04	14:37	+00:13:13	520/531	290/297	CALGARY

10K70-79M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/10	VANGILST, JAMES	1532	53:07.685	05:18	08:33	+00:00:00	101/531	65/234	FOOTHILLS
2/10	LIM, SU-CHONG	1702	55:25.378	05:32	08:55	+00:02:17	139/531	88/234	CALGARY
3/10	SHAW, DARRELL	1496	57:15.183	05:43	09:13	+00:04:07	157/531	97/234	CALGARY