

Category Results

5K - 3.1 Miles

5K19&UF - 18 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/18	46/171	2150	MOORE, KELLY	5K19&UF	00:26:43.55	08:37	00:26:23.00
2/18	55/171	2028	CONDIE, JANE	5K19&UF	00:28:19.40	09:08	00:28:03.95
3/18	64/171	2084	NEUMANN, ROBERTA	5K19&UF	00:29:14.30	09:25	00:28:58.85
4/18	71/171	2158	RYNN, MIGUELA	5K19&UF	00:29:42.30	09:34	00:29:39.15
5/18	87/171	2103	SHERITT, HAZEL	5K19&UF	00:31:20.00	10:06	00:31:13.90
6/18	88/171	2092	ROCKLIFF, CLAIRE	5K19&UF	00:31:23.45	10:07	00:31:18.25
7/18	90/171	2182	MARINE, PAIGE	5K19&UF	00:31:36.80	10:11	00:31:32.25
8/18	111/171	2169	SUTTON, EMMA	5K19&UF	00:33:03.45	10:39	00:32:54.70
9/18	112/171	2170	SUTTON, OLIVIA	5K19&UF	00:33:03.75	10:39	00:32:59.65
10/18	128/171	2183	MOORE, SARAH	5K19&UF	00:34:48.50	11:13	00:34:29.95
11/18	133/171	2172	SANDNER, ELLEN	5K19&UF	00:35:17.20	11:22	00:35:08.45
12/18	134/171	2171	SANDNER, JACKIE	5K19&UF	00:35:17.40	11:23	00:35:08.80
13/18	138/171	2095	ROSS, CAITLIN	5K19&UF	00:36:15.65	11:41	00:36:05.90
14/18	143/171	2046	GOLD, CASSIE	5K19&UF	00:37:08.50	11:59	00:37:06.65
15/18	158/171	2201	DAROZA, KYLIE	5K19&UF	00:46:28.10	14:59	00:46:09.45
16/18	164/171	2020	CASCADDEN, ZOE	5K19&UF	00:50:28.10	16:16	00:50:02.80
17/18	163/171	2018	CASCADDEN, KATIE	5K19&UF	00:50:28.10	16:16	00:50:03.05
18/18	166/171	2019	CASCADDEN, MAGGIE	5K19&UF	00:52:18.20	16:52	00:51:54.25

5K19&UM - 10 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/10	8/171	2045	GODFRAY, SEAN	5K19&UM	00:20:31.90	06:37	00:20:31.70
2/10	10/171	2187	KROSHUS, TOM	5K19&UM	00:20:39.55	06:39	00:20:36.05
3/10	12/171	2009	BOTROS, FADI	5K19&UM	00:20:49.15	06:42	00:20:45.50
4/10	33/171	2146	FISHER, COLETON	5K19&UM	00:25:01.35	08:04	00:24:54.85
5/10	48/171	2083	MURPHY, LIAM	5K19&UM	00:27:01.45	08:43	00:26:41.45
6/10	49/171	2082	MURPHY, DYLAN	5K19&UM	00:27:02.20	08:43	00:26:42.40
7/10	51/171	2156	ALBERTS, MITCHELL	5K19&UM	00:27:35.45	08:54	00:27:31.15
8/10	68/171	2141	GOULET, NICHOLAS	5K19&UM	00:29:31.35	09:31	00:29:29.50
9/10	77/171	2174	KAPUSCINSKY, NOE	5K19&UM	00:30:47.25	09:55	00:30:47.25
10/10	84/171	2105	SHERITT, THOMAS	5K19&UM	00:31:10.95	10:03	00:31:06.30

5K20-29F - 31 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/31	3/171	2123	WILLIAMS, MADELEINE	5K20-29F	00:18:49.90	06:04	00:18:50.45
2/31	9/171	2069	LANGLEY, BRE	5K20-29F	00:20:38.10	06:39	00:20:38.65
3/31	14/171	2199	SMITH, JACLYN	5K20-29F	00:20:59.40	06:46	00:20:58.25
4/31	19/171	2186	KROSHUS, ERIC	5K20-29F	00:21:25.60	06:54	00:21:22.35
5/31	21/171	2052	HERGERT, NICOLE	5K20-29F	00:21:58.75	07:05	00:21:56.00
6/31	27/171	2148	HINCHELWOOD, SHANNON	5K20-29F	00:23:19.70	07:31	00:23:18.05
7/31	43/171	2014	BUDZIAK, STACEY	5K20-29F	00:26:11.70	08:27	00:26:10.55
8/31	62/171	2111	STOY, JESSICA	5K20-29F	00:29:08.40	09:24	00:29:05.20
9/31	65/171	2195	POLLOCK, ERIN	5K20-29F	00:29:14.30	09:25	00:29:01.15
10/31	67/171	2002	ANDERSON, ASHELY	5K20-29F	00:29:30.45	09:31	00:29:20.65
11/31	69/171	2036	DUPONT, KRISTI-LYNN	5K20-29F	00:29:33.00	09:31	00:29:26.65
12/31	70/171	2193	WILLIAMS, BECKY	5K20-29F	00:29:41.00	09:34	00:29:27.15
13/31	73/171	2021	CHAMPAGNE, CARLY	5K20-29F	00:29:47.20	09:36	00:29:40.80
14/31	78/171	2040	FULLER, ELIZABETH	5K20-29F	00:30:50.45	09:57	00:30:43.50
15/31	79/171	2073	LOURO, MERCEDES	5K20-29F	00:30:56.55	09:59	00:30:43.10
16/31	80/171	2154	ORZECK, BREANNE	5K20-29F	00:31:02.95	10:00	00:30:56.55
17/31	89/171	2153	NAMMOUR, LAUREL	5K20-29F	00:31:32.60	10:10	00:31:20.45
18/31	92/171	2122	WIGELSWORTH, LAUREN	5K20-29F	00:31:44.05	10:14	00:31:40.40
19/31	96/171	2078	MCCAFFREY, EDEN	5K20-29F	00:31:59.50	10:19	00:31:58.05
20/31	98/171	2085	OLSEN, MEGAN	5K20-29F	00:32:03.10	10:20	00:31:41.15
21/31	102/171	2029	COOPER, JENNIFER	5K20-29F	00:32:31.05	10:29	00:32:16.10
22/31	103/171	2089	PEARSON, VANESSA	5K20-29F	00:32:38.60	10:31	00:32:27.00
23/31	122/171	2096	SCHNEIDER, SHARLA	5K20-29F	00:34:02.10	10:58	00:33:42.10
24/31	137/171	2090	PENNER, KIRA	5K20-29F	00:36:15.25	11:41	00:36:06.35
25/31	140/171	2168	DOWNEY, JENNIFER	5K20-29F	00:36:46.65	11:51	00:36:24.80
26/31	142/171	2023	CHANG, AGNES	5K20-29F	00:37:08.30	11:58	00:36:46.25
27/31	151/171	2037	FERRIS, JACLYN	5K20-29F	00:39:08.10	12:37	00:38:52.75
28/31	156/171	2114	THORBURN, JODIE	5K20-29F	00:39:44.20	12:49	00:39:27.35
29/31	162/171	2130	YUEN, ANNA	5K20-29F	00:47:51.25	15:26	00:47:32.90
30/31	169/171	2060	KAHL, CHRISTA	5K20-29F	00:54:39.20	17:37	00:54:39.20

Category Results

5K - 3.1 Miles

5K20-29F - 31 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
31/31	170/171	2131	ZAGHLOUL, SARAH	5K20-29F	00:54:39.40	17:38	00:54:39.40

5K20-29M - 10 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/10	7/171	2188	KROSHUS, JACK	5K20-29M	00:20:01.75	06:27	00:19:58.60
2/10	11/171	2194	KNIGHT, MATT	5K20-29M	00:20:45.75	06:41	00:20:45.80
3/10	22/171	2011	HWANG, BRIAN	5K20-29M	00:22:13.90	07:10	00:22:10.85
4/10	24/171	2177	ARGUILE, PAUL	5K20-29M	00:22:49.95	07:21	00:22:44.80
5/10	29/171	2179	GIBSON, LEE	5K20-29M	00:23:50.45	07:41	00:23:40.25
6/10	35/171	2001	ALEX, DRUMMOND	5K20-29M	00:25:13.20	08:08	00:24:52.90
7/10	42/171	2027	COLLIS, ADAM	5K20-29M	00:26:06.75	08:25	00:25:53.20
8/10	74/171	2121	WEAVER, ANDREW	5K20-29M	00:29:52.45	09:38	00:29:38.70
9/10	135/171	2164	SABADO, JR	5K20-29M	00:35:36.85	11:29	00:35:32.00
10/10	152/171	2116	TSEKHMEN, ILAN	5K20-29M	00:39:09.60	12:38	00:38:54.45

5K30-39F - 38 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/38	16/171	2198	HARWOOD, AMANDA	5K30-39F	00:21:07.70	06:49	00:21:06.55
2/38	36/171	2102	SHEPHERD, JENNIFER	5K30-39F	00:25:19.85	08:10	00:25:18.10
3/38	39/171	2108	SORENSEN, TRISH	5K30-39F	00:25:58.65	08:22	00:25:41.75
4/38	45/171	2025	CHRISTOPHERSEN, CHARLOTTE	5K30-39F	00:26:43.40	08:37	00:26:40.55
5/38	58/171	2013	BRUNICKE, KIM	5K30-39F	00:28:52.50	09:19	00:28:49.30
6/38	60/171	2061	KARP, HEATHER	5K30-39F	00:28:55.90	09:19	00:28:47.95
7/38	63/171	2098	SCHULZE EBBINGHOF, GUDRUN	5K30-39F	00:29:14.10	09:25	00:29:10.65
8/38	76/171	2132	ZAMBORY, JENNIFER	5K30-39F	00:30:25.10	09:48	00:30:11.25
9/38	83/171	2039	FORD, JENNIFER	5K30-39F	00:31:07.85	10:02	00:30:52.90
10/38	85/171	2043	GIBSON, COLLETTE	5K30-39F	00:31:14.15	10:04	00:31:05.60
11/38	86/171	2032	CZUCZMAN, JEANNINE	5K30-39F	00:31:14.15	10:04	00:31:05.40
12/38	95/171	2007	BALIC, SANDRA	5K30-39F	00:31:57.90	10:18	00:31:51.05
13/38	100/171	2038	FIKKERT, ERICA	5K30-39F	00:32:08.95	10:22	00:31:50.40
14/38	101/171	2185	SNELL, DIANA	5K30-39F	00:32:10.00	10:22	00:32:00.10
15/38	105/171	2067	NIRULA, LALITA	5K30-39F	00:32:40.25	10:32	00:32:28.70
16/38	113/171	2026	CLINGMAN, PETRINA	5K30-39F	00:33:03.95	10:39	00:32:52.10
17/38	114/171	2144	VALLEE, FATIMA	5K30-39F	00:33:05.50	10:40	00:32:45.30
18/38	115/171	2180	GLAWE, DIANA	5K30-39F	00:33:13.00	10:42	00:33:04.65
19/38	118/171	2097	SCHULZ, EVA	5K30-39F	00:33:31.80	10:49	00:33:11.25
20/38	120/171	2010	BOUPHASIRI, TONEE	5K30-39F	00:33:39.95	10:51	00:33:33.60
21/38	121/171	2104	SHERITT, SUE	5K30-39F	00:33:40.95	10:51	00:33:33.60
22/38	123/171	2196	JOHNSON, CARLA	5K30-39F	00:34:20.70	11:04	00:34:09.15
23/38	130/171	2035	DESILETS, KRISTIN	5K30-39F	00:34:55.30	11:15	00:34:42.10
24/38	131/171	2024	CHANG, DAISY	5K30-39F	00:34:56.25	11:16	00:34:34.55
25/38	132/171	2124	WILSON, KRISTIN	5K30-39F	00:35:16.10	11:22	00:35:08.05
26/38	136/171	2030	COYNE, DELAINEY	5K30-39F	00:36:02.95	11:37	00:35:47.70
27/38	139/171	2101	SEVERSON, CORINNE	5K30-39F	00:36:37.20	11:48	00:36:25.60
28/38	141/171	2167	LITTLE, JACKIE	5K30-39F	00:36:46.70	11:51	00:36:24.65
29/38	144/171	2155	WONG, ROSE	5K30-39F	00:37:13.25	12:00	00:36:52.45
30/38	146/171	2041	GALLIOTT, FRANCIS	5K30-39F	00:37:47.65	12:11	00:37:37.60
31/38	147/171	2051	HENRY, MARLENE	5K30-39F	00:37:51.30	12:12	00:37:44.60
32/38	148/171	2058	JEFFERY, KIM	5K30-39F	00:38:08.60	12:18	00:37:57.05
33/38	149/171	2075	MACMILLAN, SONYA	5K30-39F	00:38:22.15	12:22	00:37:58.65
34/38	150/171	2086	PAVEY, AMBER	5K30-39F	00:38:52.15	12:32	00:38:40.25
35/38	154/171	2062	KEATLEY, CATHERINE	5K30-39F	00:39:39.35	12:47	00:39:23.10
36/38	155/171	2064	KIRKPATRICK, BETHAN	5K30-39F	00:39:39.80	12:47	00:39:22.65
37/38	165/171	2066	KOZUL, SUSAN	5K30-39F	00:50:54.25	16:25	00:50:37.50
38/38	171/171	2160	HAMMER, KELLY	5K30-39F	00:57:20.65	18:29	00:53:36.25

5K30-39M - 18 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/18	1/171	2125	WILSON, TODD	5K30-39M	00:18:00.35	05:48	00:18:00.30
2/18	4/171	2094	REED, JASON	5K30-39M	00:18:55.00	06:06	00:18:55.00
3/18	6/171	2197	GRANT, JAMIE	5K30-39M	00:19:51.00	06:24	00:19:49.75
4/18	20/171	2133	NAKASKA, JOSH	5K30-39M	00:21:25.75	06:54	00:21:24.00
5/18	28/171	2152	MUTIKANI, TONGO	5K30-39M	00:23:42.05	07:38	00:23:35.85
6/18	30/171	2068	LAMOUREUX, DAVE	5K30-39M	00:24:09.60	07:47	00:23:54.15

Category Results

5K - 3.1 Miles

5K30-39M - 18 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
7/18	32/171	2159	AYERS, CHAD	5K30-39M	00:24:58.65	08:03	00:24:38.55
8/18	38/171	2129	YOUNG, KEVIN	5K30-39M	00:25:47.30	08:19	00:25:42.10
9/18	40/171	2149	JENKS, GENE	5K30-39M	00:26:04.35	08:24	00:25:53.95
10/18	47/171	2173	GALLIOTT, DARRYL	5K30-39M	00:26:47.20	08:38	00:26:39.05
11/18	50/171	2145	ALLEN, PAUL	5K30-39M	00:27:34.30	08:53	00:27:15.85
12/18	54/171	2181	JANSSEN, THORBEN	5K30-39M	00:28:17.60	09:07	00:28:10.45
13/18	59/171	2087	PAVICIC, MIKE	5K30-39M	00:28:55.30	09:19	00:28:38.65
14/18	61/171	2109	SPADEMAN, BEN	5K30-39M	00:28:58.60	09:20	00:28:41.65
15/18	75/171	2053	HEWITT, SEAN	5K30-39M	00:30:22.15	09:47	00:29:33.10
16/18	99/171	2157	PEARSON, ANDREA	5K30-39M	00:32:06.80	10:21	00:32:00.20
17/18	106/171	2100	SEDROVIC, SHAWN	5K30-39M	00:32:40.40	10:32	00:32:28.65
18/18	161/171	2126	WOLFE, MICHAEL	5K30-39M	00:47:50.85	15:26	00:47:31.75

5K40-49F - 13 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/13	25/171	2071	LEONARD, CAROLYN	5K40-49F	00:22:59.60	07:25	00:22:56.15
2/13	31/171	2142	HARMS, JEANNIE	5K40-49F	00:24:31.90	07:54	00:24:27.30
3/13	44/171	2117	VAN SANT, JANE	5K40-49F	00:26:34.70	08:34	00:26:27.80
4/13	53/171	2161	MCDUFFIE, NICOLA	5K40-49F	00:27:43.85	08:56	00:27:42.25
5/13	72/171	2163	YUEN, FRANCES	5K40-49F	00:29:46.20	09:36	00:29:41.05
6/13	93/171	2166	ANDREWS, KELLY	5K40-49F	00:31:48.45	10:15	00:31:45.20
7/13	94/171	2176	DOETZEL, HEATHER	5K40-49F	00:31:57.25	10:18	00:31:46.80
8/13	116/171	2134	GIOVANOLI, RACHEL	5K40-49F	00:33:13.50	10:43	00:33:05.50
9/13	119/171	2190	WASYLYNKA, PATTY	5K40-49F	00:33:35.10	10:50	00:33:26.35
10/13	145/171	2143	SILVA, LIANA	5K40-49F	00:37:28.90	12:05	00:37:15.05
11/13	157/171	2042	GARSTAD, TINA	5K40-49F	00:41:15.40	13:18	00:40:59.85
12/13	167/171	2017	CASCADDEN, JOAN	5K40-49F	00:52:19.65	16:52	00:51:52.70
13/13	168/171	2074	MAASSEN, DANA	5K40-49F	00:52:22.65	16:53	00:51:55.70

5K40-49M - 14 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/14	2/171	2076	MARTENS, MARK	5K40-49M	00:18:20.35	05:54	00:18:20.35
2/14	5/171	2099	SCHUR, JOE	5K40-49M	00:19:26.00	06:16	00:19:25.95
3/14	15/171	2139	FINVERS, IVARS	5K40-49M	00:21:06.10	06:48	00:21:04.85
4/14	18/171	2178	STYCZEN, MIKE	5K40-49M	00:21:10.80	06:49	00:21:08.95
5/14	23/171	2077	MARTINEZ, MANOLO	5K40-49M	00:22:36.85	07:17	00:22:33.80
6/14	34/171	2165	VAN SANT, BEN	5K40-49M	00:25:01.90	08:04	00:24:56.75
7/14	37/171	2031	CROTHERS, MICHAEL	5K40-49M	00:25:26.35	08:12	00:25:21.20
8/14	56/171	2189	WASYLYNKA, MARK	5K40-49M	00:28:22.75	09:09	00:28:13.00
9/14	66/171	2138	DEVOLIN, WADE	5K40-49M	00:29:25.70	09:29	00:29:13.45
10/14	97/171	2118	WACHTER, TIM	5K40-49M	00:32:02.30	10:20	00:31:43.40
11/14	107/171	2136	BEHL, SHASHI	5K40-49M	00:32:42.00	10:32	00:32:18.75
12/14	110/171	2147	FISHER, WAYNE	5K40-49M	00:33:00.25	10:38	00:32:53.20
13/14	159/171	2200	DAROZA, ROD	5K40-49M	00:46:28.90	14:59	00:46:10.60
14/14	160/171	2015	BUELA, RAY	5K40-49M	00:47:50.85	15:26	00:47:30.85

5K50-59F - 12 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/12	13/171	2079	MCCAFFREY, JANICE	5K50-59F	00:20:50.85	06:43	00:20:50.80
2/12	52/171	2022	CHAMPAGNE, CATHY	5K50-59F	00:27:36.75	08:54	00:27:30.45
3/12	57/171	2091	PERCIVAL, DONNA	5K50-59F	00:28:23.05	09:09	00:28:16.05
4/12	81/171	2175	NEUFELD, SHIRLIANNE	5K50-59F	00:31:06.15	10:01	00:30:55.80
5/12	82/171	2003	ANDERSON, GILL	5K50-59F	00:31:07.75	10:02	00:30:57.65
6/12	104/171	2088	PEARSON, KAREN	5K50-59F	00:32:38.95	10:31	00:32:27.05
7/12	108/171	2191	DESBARATS, SUSAN	5K50-59F	00:32:55.65	10:37	00:32:50.50
8/12	117/171	2184	DESRAMAUX, SANDRA	5K50-59F	00:33:23.95	10:46	00:33:17.30
9/12	124/171	2140	GAGNE, LIZ	5K50-59F	00:34:23.50	11:05	00:34:09.90
10/12	126/171	2050	HENDERSON, EDITH	5K50-59F	00:34:39.40	11:10	00:34:24.35
11/12	127/171	2012	BROWN, JOAN	5K50-59F	00:34:39.65	11:10	00:34:25.75
12/12	153/171	2005	AZPIAZU, MARIA CRISTI	5K50-59F	00:39:18.85	12:40	00:39:05.40

5K50-59M - 6 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/6	17/171	2033	DALY, LORNE	5K50-59M	00:21:09.65	06:49	00:21:10.10
2/6	26/171	2127	YESALUSKY, EDWARD	5K50-59M	00:23:09.75	07:28	00:23:07.80

2010 Stampede Roadrace 1/2, 10K, 5K - July 11/2010
Category Results**5K - 3.1 Miles****5K50-59M - 6 Competitors**

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
3/6	41/171	2162	JENKS, DALE	5K50-59M	00:26:04.40	08:24	00:25:54.30
4/6	109/171	2192	DESBARATS, ROBERT	5K50-59M	00:32:55.80	10:37	00:32:50.60
5/6	125/171	2135	BAIRD, BOB	5K50-59M	00:34:23.90	11:05	00:34:10.55
6/6	129/171	2151	MOORE, RANDY	5K50-59M	00:34:49.20	11:13	00:34:30.45

5K60+M - 1 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/1	91/171	2070	LENEHAN, THOMAS	5K60+M	00:31:42.50	10:13	00:31:34.05