

**2019 Stettler Triathlon  
Overall Solo Gender Results**

**Sprint 750m Swim - 20K Bike - 5K Run \*\*106 Finishers\*\***

**Female 50 Finishers**

Name	Bib#	Category	Swim	Cat	Bike	Cat	Run	Cat	Finish	City
1 SAHULKA, JENNA	12	SPR25-29F	00:14:29.91	5	00:39:06.93	2	00:22:47.01	1	01:16:23.85	RED DEER
2 SMITH, STEPHANIE	58	SPR35-39F	00:12:29.30	1	00:40:25.28	2	00:23:46.08	2	01:16:40.66	CALGARY
3 THURLOW, DEVON	57	SPR25-29F	00:15:13.72	8	00:37:19.74	1	00:25:00.05	3	01:17:33.51	CALGARY
4 HOOPER, AMY	24	SPR30-34F	00:13:33.05	1	00:39:31.42	1	00:25:07.31	2	01:18:11.78	EDMONTON
5 MASTEL-MARR, CASSANDRA	7	SPR20-24F	00:11:22.37	1	00:41:19.06	2	00:26:27.27	3	01:19:08.70	EDMONTON
6 JENKINS, ROBYN	6	SPR20-24F	00:12:35.50	2	00:41:33.58	3	00:25:25.64	1	01:19:34.72	EDMONTON
7 KRAUSE, LISA	47	SPR55-59F	00:13:18.55	1	00:42:10.57	1	00:25:33.50	1	01:21:02.62	CALGARY
8 WHITE, JADENE	18	SPR25-29F	00:15:02.23	7	00:41:43.60	4	00:24:44.77	2	01:21:30.60	EDMONTON
9 TURNER, HANNAH	15	SPR25-29F	00:14:28.29	4	00:40:09.14	3	00:27:09.37	5	01:21:46.80	STURGEON COU
10 STINSON, VICTORIA	9	SPR20-24F	00:14:19.93	3	00:40:43.45	1	00:27:13.70	4	01:22:17.08	EDMONTON
11 SHEPPARD, CHANDRA	30	SPR35-39F	00:14:16.18	2	00:40:11.75	1	00:28:48.91	3	01:23:16.84	ATHABASCA
12 PETERS, STEFANI	25	SPR30-34F	00:13:56.65	2	00:45:18.32	4	00:24:14.85	1	01:23:29.82	STETTLE
13 WILLIAMS, JESSICA	17	SPR25-29F	00:13:49.86	3	00:43:10.66	6	00:28:27.46	8	01:25:27.98	STRATHMORE
14 STAFFORD, JUNE	53	SPR60-64F	00:16:32.77	1	00:42:34.15	1	00:27:53.26	1	01:27:00.18	WAINWRIGHT
15 NEWMAN, MACKENZI	14	SPR25-29F	00:16:25.59	9	00:42:50.70	5	00:28:12.19	6	01:27:28.48	CALGARY
16 SODERBURG, NAOMI	29	SPR35-39F	00:16:47.97	4	00:41:23.06	3	00:29:52.64	4	01:28:03.67	FORT SASKATCH
17 ROLLHEISER, PAMELA	42	SPR50-54F	00:18:12.12	1	00:42:50.56	1	00:27:20.65	1	01:28:23.33	LLOYDMINSTER
18 MACDONALD, REESE	26	SPR30-34F	00:17:56.06	4	00:43:29.04	2	00:27:43.60	3	01:29:08.70	CALGARY
19 DORN, AMY	20	SPR25-29F	00:13:03.99	1	00:47:52.41	7	00:28:25.95	7	01:29:22.35	STETTLE
20 FAST, NICOLE	23	SPR30-34F	00:15:49.51	3	00:44:51.23	3	00:28:49.58	4	01:29:30.32	EDMONTON
21 VAN HEE, HEIDI	38	SPR45-49F	00:17:23.46	1	00:45:03.44	2	00:28:16.41	1	01:30:43.31	CALGARY
22 FRAYN, SHANNON	39	SPR45-49F	00:18:18.36	2	00:43:14.56	1	00:29:25.79	2	01:30:58.71	LAC LA BICHE
23 BISSETT, KELSEY	13	SPR25-29F	00:17:07.37	10	00:50:24.69	9	00:26:43.63	4	01:34:15.69	STETTLE
24 BENEDICTSON, CINDY	48	SPR55-59F	00:20:54.73	4	00:46:53.74	3	00:27:16.32	2	01:35:04.79	EDMONTON
25 STURM, FREYA	11	SPR20-24F	00:16:33.19	4	00:46:48.64	4	00:32:13.92	5	01:35:35.75	WAINWRIGHT
26 HARRISON, JILL	31	SPR35-39F	00:19:43.55	7	00:45:40.86	4	00:30:15.03	5	01:35:39.44	RED DEER COUN
27 DALTON, DANIELLE	52	SPR55-59F	00:16:27.95	2	00:49:21.55	4	00:30:20.98	3	01:36:10.48	EDMONTON
28 DOUGHERTY, LOUISE	51	SPR55-59F	00:19:03.30	3	00:45:05.11	2	00:32:26.40	5	01:36:34.81	CALGARY
29 MCLEOD, AMANDA	8	SPR20-24F	00:19:01.11	6	00:51:32.15	6	00:26:26.21	2	01:36:59.47	OKOTOKS
30 BURFORD, MEAGHAN	27	SPR35-39F	00:17:04.07	5	00:57:44.29	7	00:22:30.89	1	01:37:19.25	MEDICINE HAT
31 SWINTON, NIKKI	43	SPR50-54F	00:18:20.48	2	00:45:27.88	2	00:35:03.55	3	01:38:51.91	EDMONTON
32 TESSIER, ANDREA	16	SPR25-29F	00:20:20.63	12	00:49:14.59	8	00:29:20.33	9	01:38:55.55	CALGARY
33 ROTH, SARAH	10	SPR20-24F	00:18:33.13	5	00:48:06.74	5	00:32:56.70	6	01:39:36.57	RED DEER
34 SHILLINGTON, JULIE	34	SPR40-44F	00:17:05.98	1	00:50:50.18	2	00:33:50.66	2	01:41:46.82	CALGARY
35 FRIESEN, CORINNE	19	SPR25-29F	00:14:42.49	6	00:56:29.64	11	00:31:18.98	10	01:42:31.11	OLDS
36 MURPHY, ANITA	44	SPR50-54F	00:22:26.04	3	00:50:03.88	3	00:31:25.33	2	01:43:55.25	SHERWOOD PAR
37 SIEVER, ROSEMARIE	40	SPR45-49F	00:19:57.75	3	00:50:30.54	3	00:34:18.33	3	01:44:46.62	EDMONTON
38 WESTLING, MELISSA	21	SPR25-29F	00:18:42.66	11	00:54:13.29	10	00:32:13.05	11	01:45:09.00	CLIVE
39 GARDINER, MARTINA	33	SPR40-44F	00:20:20.63	2	00:48:05.89	1	00:36:51.96	3	01:45:18.48	EDMONTON
40 BISSETT, WINNIE	49	SPR55-59F	00:22:58.23	5	00:51:47.73	5	00:31:44.40	4	01:46:30.36	STETTLE
41 ROMANIUK, RICHELLE	28	SPR35-39F	00:18:21.05	6	00:55:54.62	6	00:33:30.34	6	01:47:46.01	CONSORT
42 SMITH, BRANDI	32	SPR35-39F	00:15:51.21	3	00:52:52.38	5	00:42:05.41	7	01:50:49.00	SHERWOOD PAR
43 AUMILLER, NICKIE	45	SPR55-59F	00:23:54.04	7	00:56:12.69	6	00:38:05.90	7	01:58:12.63	SASKATOON
44 STORM, NADINE	22	SPR25-29F	00:13:32.48	2	01:02:26.14	12	00:44:01.35	12	01:59:59.97	CALGARY
45 FRANK, SUE	50	SPR55-59F	00:23:31.79	6	01:00:40.39	7	00:37:00.01	6	02:01:12.19	MILK RIVER
46 BLAHUT, ORYSIA	54	SPR60-64F	00:24:16.49	3	00:59:46.60	3	00:45:02.35	2	02:09:05.44	CALGARY
47 WOZNY, CHERYL	35	SPR40-44F	00:30:55.50	4	01:11:11.99	3	00:32:37.70	1	02:14:45.19	RED DEER COUN
48 POLAND, DIANE	46	SPR55-59F	00:24:07.95	8	01:08:44.95	8	00:42:55.38	8	02:15:48.28	OLDS
49 CARMICHAEL, NICI	36	SPR40-44F	00:23:32.43	3	01:19:26.66	4	00:56:49.98	4	02:39:49.07	OLDS
50 BRYDEN, HEIDI	55	SPR60-64F	00:19:18.08	2	00:42:58.37	2	00:00:00.00		DNF	CALGARY

**Male 56 Finishers**

Name	Bib#	Category	Swim	Cat	Bike	Cat	Run	Cat	Finish	City
1 SCHNARE, MICHAEL	66	SPR25-29M	00:12:24.36	1	00:31:04.29	1	00:17:49.64	1	01:01:18.29	RED DEER
2 BRISEBOIS, KEVIN	64	SPR25-29M	00:12:24.93	2	00:31:39.82	2	00:18:06.18	2	01:02:10.93	WAINWRIGHT
3 ELM, IAN	85	SPR40-44M	00:11:25.53	2	00:31:52.74	1	00:20:33.43	2	01:03:51.70	EDMONTON

**2019 Stettler Triathlon  
Overall Solo Gender Results**

**Sprint 750m Swim - 20K Bike - 5K Run \*\*106 Finishers\*\***

**Male 56 Finishers**

Name	Bib#	Category	Swim	Cat	Bike	Cat	Run	Cat	Finish	City
4 ARNETT, ROY	76	SPR35-39M	00:10:57.86	1	00:34:01.74	1	00:19:10.89	1	01:04:10.49	RED DEER
5 GILL, ALEC	96	SPR50-54M	00:11:02.64	1	00:34:29.73	1	00:21:06.16	1	01:06:38.53	OKOTOKS
6 GERENCSE, MIKE	100	SPR50-54M	00:13:00.22	3	00:34:39.74	2	00:22:19.76	2	01:09:59.72	ST. ALBERT
7 KOTUK, MIKE	81	SPR40-44M	00:11:09.26	1	00:35:38.21	2	00:24:31.66	4	01:11:19.13	AMHERSTVIEW
8 BRYAN, DAVE	84	SPR40-44M	00:12:57.00	3	00:36:58.37	3	00:21:32.85	3	01:11:28.22	CALGARY
9 MCCALLUM, MATHEW	71	SPR30-34M	00:14:31.20	2	00:35:22.44	1	00:22:30.18	3	01:12:23.82	EDMONTON
10 BANACK, RYAN	62	SPR20-24M	00:11:06.78	1	00:37:47.95	1	00:23:54.97	1	01:12:49.70	EDMONTON
11 EBERHARDT-STURM, MICHAEL	99	SPR50-54M	00:12:31.34	2	00:36:09.37	3	00:24:15.79	3	01:12:56.50	WAINWRIGHT
12 DROLET, LUC	82	SPR40-44M	00:16:02.41	4	00:40:13.02	4	00:19:37.22	1	01:15:52.65	CANMORE
13 POETTCKER, DUANE	88	SPR45-49M	00:14:38.88	2	00:37:26.51	1	00:24:12.69	3	01:16:18.08	NIVERVILLE
14 MALCOLM, DREW	70	SPR30-34M	00:18:29.11	5	00:37:34.65	2	00:20:57.64	1	01:17:01.40	EDMONTON
15 JENSEN, KRISTOFER	89	SPR45-49M	00:17:03.39	4	00:39:11.03	2	00:22:15.12	2	01:18:29.54	EDMONTON
16 WHITBREAD, RORY	87	SPR45-49M	00:13:54.74	1	00:44:52.48	5	00:20:54.57	1	01:19:41.79	LACOMBE
17 BATALHA SOARES, MARCEL	73	SPR30-34M	00:12:52.05	1	00:46:30.57	4	00:22:35.51	4	01:21:58.13	CALGARY
18 PENNER, DARRELL	107	SPR60-64M	00:16:32.36	3	00:38:34.25	2	00:27:04.78	2	01:22:11.39	DEVON
19 BANACK, DARIN	101	SPR50-54M	00:17:05.24	6	00:38:23.37	4	00:26:43.81	5	01:22:12.42	EDMONTON
20 AUGHEY, TODD	97	SPR50-54M	00:15:38.12	5	00:41:49.84	5	00:24:59.78	4	01:22:27.74	WAINWRIGHT
21 PELLETIER, GARY	112	SPR70-74M	00:18:55.19	1	00:36:10.17	1	00:27:27.14	1	01:22:32.50	CALGARY
22 LEIS, ROB	80	SPR35-39M	00:14:30.02	3	00:43:06.68	4	00:26:15.56	2	01:23:52.26	RED DEER
23 BRYDEN, ROB	118	SPR60-64M	00:17:23.63	4	00:37:51.00	1	00:29:45.72	4	01:25:00.35	CALGARY
24 GALLARDO, JOSE	116	SPR40-44M	00:19:03.53	5	00:41:17.20	5	00:24:56.69	5	01:25:17.42	RED DEER
25 COWARD, ALESSANDRO	63	SPR20-24M	00:13:50.08	2	00:44:18.88	2	00:27:09.80	2	01:25:18.76	CALGARY
26 STINSON, MALCOLM	106	SPR55-59M	00:15:59.12	2	00:37:20.18	1	00:32:02.01	3	01:25:21.31	EDMONTON
27 MCCOMISH, DAVID	72	SPR30-34M	00:15:24.93	3	00:49:38.90	5	00:21:36.82	2	01:26:40.65	STETTLER
28 MAKILA, KYLE	117	SPR35-39M	00:14:24.68	2	00:41:58.13	3	00:30:38.73	5	01:27:01.54	RED DEER
29 PAULSON, BRENT	79	SPR35-39M	00:15:25.05	5	00:41:17.54	2	00:30:21.87	4	01:27:04.46	STONY PLAIN
30 DELEFF, RICK	110	SPR60-64M	00:15:23.73	2	00:45:10.82	3	00:26:43.00	1	01:27:17.55	CONSORT
31 ARNETT, BOB	105	SPR55-59M	00:15:25.39	1	00:41:09.69	2	00:31:35.02	2	01:28:10.10	EDMONTON
32 STEWART, RYAN	65	SPR25-29M	00:17:06.21	3	00:45:29.11	3	00:25:58.98	3	01:28:34.30	LAKE COUNTRY
33 REID, EVAN	74	SPR30-34M	00:17:16.81	4	00:42:49.53	3	00:29:20.64	5	01:29:26.98	WAINWRIGHT
34 HOOPER, TODD	95	SPR45-49M	00:18:00.66	6	00:45:33.61	6	00:26:35.38	5	01:30:09.65	LETHBRIDGE
35 ROLLHEISER, NATHAN	93	SPR45-49M	00:20:47.22	9	00:44:23.18	4	00:25:33.90	4	01:30:44.30	LLOYDMINSTER
36 POTTER, JOHN	98	SPR50-54M	00:15:08.43	4	00:42:30.18	6	00:33:38.53	7	01:31:17.14	EDMONTON
37 WEISBECK, DEREK	90	SPR45-49M	00:15:27.64	3	00:43:29.31	3	00:34:33.99	7	01:33:30.94	EDMONTON
38 TESSIER, KEVIN	67	SPR25-29M	00:21:07.13	5	00:46:26.39	4	00:28:12.73	4	01:35:46.25	CALGARY
39 MANLEY, JIM	102	SPR55-59M	00:20:23.68	4	00:45:48.01	3	00:29:40.83	1	01:35:52.52	AIRDRIE
40 MUNSIE, TIM	77	SPR35-39M	00:20:04.69	7	00:49:10.24	5	00:27:06.28	3	01:36:21.21	MEDICINE HAT
41 KNUDTSON, TED	91	SPR45-49M	00:17:59.95	5	00:48:13.73	7	00:32:31.43	6	01:38:45.11	CALGARY
42 SMITH, ERNEST	111	SPR65-69M	00:17:13.68	1	00:47:02.87	1	00:34:34.47	1	01:38:51.02	CALGARY
43 YOUNGE, DEREK	113	SPR75-79M	00:19:23.44	1	00:46:50.42	1	00:32:37.89	1	01:38:51.75	COCHRANE
44 KRAHN, ERWIN	109	SPR60-64M	00:21:44.30	5	00:49:10.40	4	00:30:01.81	5	01:40:56.51	EDMONTON
45 MUIZNIKS, MAX	78	SPR35-39M	00:19:45.01	6	00:49:39.27	6	00:31:46.59	6	01:41:10.87	CALGARY
46 MANNING, ROSS	108	SPR60-64M	00:12:10.56	1	01:01:58.01	5	00:28:41.31	3	01:42:49.88	CALGARY
47 FALKENBERG, GARY	114	SPR75-79M	00:20:30.33	2	00:49:36.62	2	00:32:58.93	2	01:43:05.88	MILLET
48 BRITTON, KIM	41	SPR50-54M	00:24:29.26	7	00:49:57.98	7	00:30:55.12	6	01:45:22.36	FORT MCMURRA
49 HANWELL, ROBERT	103	SPR55-59M	00:19:30.12	3	00:53:52.13	5	00:33:09.96	4	01:46:32.21	CALGARY
50 BRUS, ROBBIE	68	SPR25-29M	00:20:43.53	4	00:49:27.38	5	00:37:39.86	5	01:47:50.77	CALGARY
51 BLAHUT, DARYL	104	SPR55-59M	00:20:58.42	5	00:53:36.27	4	00:34:42.99	5	01:49:17.68	CALGARY
52 LACHOWSKY, CHRIS	94	SPR45-49M	00:20:19.50	8	00:53:33.11	8	00:35:26.05	8	01:49:18.66	STETTLER
53 KENNEDY, MICHAEL	83	SPR40-44M	00:22:46.74	6	00:47:49.22	6	00:38:42.84	6	01:49:18.80	VERMILION
54 SCOTT, RYAN	69	SPR30-34M	00:31:00.29	6	00:51:33.22	6	00:31:10.92	6	01:53:44.43	BLACKFALDS
55 VASQUEZ DUARTE, AGUSTIN	75	SPR35-39M	00:15:13.99	4	01:15:24.34	7	00:44:30.54	7	02:15:08.87	CALGARY
56 WADE, JAMES	92	SPR45-49M	00:19:48.64	7	01:05:40.03	9	00:59:48.76	9	02:25:17.43	ROCKY MOUNTA