

Overall Results

Tri-Ir 300m Swim - 10K Bike - 2.5K Run **19 Finishers**

19 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	T1	Bike:	O/A	Cat	T2	Run:	O/A	Cat	City
SYMINGTON, JOHN	TRIIT30-39M	159	00:42:19.93	1	1	00:06:45.50	5	1	01:42.17	00:20:10.15	1	1	00:56.94	00:12:45.17	2	1	EDMONTON
CLARK, CYNTHIA	TRIIT40-49F	148	00:43:48.20	2	1	00:05:56.20	1	1	01:19.00	00:20:23.92	2	1	00:42.92	00:15:26.16	6	1	CALGARY
KIROUAC, CHRISTOPHER	TRIIT40-49M	160	00:45:43.75	3	1	00:08:25.08	12	1	03:49.04	00:20:37.45	3	1	01:03.11	00:11:49.07	1	1	CANMORE
CUSACK, SIDNEY	TRIIT20-29F	138	00:48:47.60	4	1	00:06:18.59	2	1	01:16.19	00:26:46.19	9	1	00:31.32	00:13:55.31	4	2	CAMROSE
HEPP, AMBERLY	TRIIT20-29F	142	00:51:36.38	5	2	00:06:55.89	6	3	01:41.88	00:28:28.91	13	2	00:40.48	00:13:49.22	3	1	CASTOR
LEE, GREYSON	TRIIT19&UM	157	00:52:56.33	6	1	00:08:35.54	13	1	02:29.73	00:25:57.15	7	1	00:45.79	00:15:08.12	5	1	EDMONTON
HOFLIN, RACHEL	TRIIT19&UF	137	00:53:37.79	7	1	00:07:00.62	7	1	02:14.41	00:26:00.56	8	1	00:43.30	00:17:38.90	10	1	CAMROSE
LESCHERT, HAYLEY	TRIIT30-39F	145	00:55:33.09	8	1	00:08:52.76	16	2	01:32.42	00:28:13.27	12	2	00:38.20	00:16:16.44	7	1	STETTLER
LEE, MICHELLE	TRIIT40-49F	151	00:55:52.46	9	2	00:08:47.47	15	4	03:02.33	00:25:43.77	5	3	01:15.73	00:17:03.16	9	2	EDMONTON
BEYNON, MEGAN	TRIIT30-39F	144	00:56:20.22	10	2	00:06:24.75	3	1	02:21.04	00:25:55.48	6	1	01:26.09	00:20:12.86	12	3	CORONATION
LITTLECHILD, HEATHER	TRIIT40-49F	149	00:57:38.66	11	3	00:07:21.63	9	3	02:37.77	00:23:41.45	4	2	02:07.53	00:21:50.28	14	4	MASKWACIS
SMITH, CONNIE	TRIIT40-49F	150	00:58:10.02	12	4	00:07:12.85	8	2	02:19.97	00:29:16.92	14	4	01:04.17	00:18:16.11	11	3	RED DEER COUNTY
MENAGE, NIKKI	TRIIT30-39F	143	00:59:56.33	13	3	00:09:13.13	17	3	03:05.41	00:30:16.67	16	3	00:58.07	00:16:23.05	8	2	RED DEER
NADEAU, ASHLEY	TRIIT20-29F	139	01:00:36.48	14	3	00:06:28.59	4	2	01:26.48	00:30:57.25	17	4	00:34.14	00:21:10.02	13	3	CAMROSE
GARSON, DONNA	TRIIT50-59F	153	01:01:57.92	15	1	00:07:48.69	11	1	02:09.64	00:27:35.69	11	1	00:55.75	00:23:28.15	19	2	BASHAW
KRAUSE, EMILY	TRIIT20-29F	140	01:03:52.53	16	4	00:07:32.61	10	4	02:42.34	00:30:00.99	15	3	00:59.30	00:22:37.29	17	4	CALGARY
BOXMA, DENA	TRIIT30-39F	147	01:10:17.68	17	4	00:10:40.79	18	4	03:09.81	00:31:55.35	18	4	01:46.97	00:22:44.76	18	4	CASTOR
PAULGAARD, PENELOPE	TRIIT70+F	155	01:12:33.27	18	1	00:16:54.30	19	1	04:48.01	00:27:03.80	10	1	01:27.96	00:22:19.20	16	1	PROVOST
STRATULATE, SUSAN	TRIIT50-59F	154	01:13:27.92	19	2	00:08:42.92	14	2	02:01.09	00:39:39.89	19	2	00:50.71	00:22:13.31	15	1	STETTLER