

Overall Results

Sprint 750m Swim - 20K Bike - 5K Run **67 Finishers**

67 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	T1	Bike:	O/A	Cat	T2	Run:	O/A	Cat	City
SCHNARE, MICHAEL	SPR30-39M	71	01:03:55.55	1	1	00:12:30.56	1	1	01:09.72	00:30:55.13	2	1	00:46.75	00:18:33.39	1	1	RED DEER
VAN DEN BRUEL, JORDAN	SPR20-29M	61	01:08:24.75	2	1	00:13:39.21	5	1	01:07.12	00:33:19.57	4	1	00:40.32	00:19:38.53	2	1	SHERWOOD PARK
SEMENIUK, PAUL	SPR40-49M	77	01:09:32.80	3	1	00:12:50.99	3	1	00:35.14	00:34:24.48	5	1	00:52.53	00:20:49.66	4	1	EDMONTON
DERMODY, STEPHEN	SPR50-59M	83	01:10:03.14	4	1	00:13:44.91	6	1	01:44.04	00:33:15.50	3	1	01:01.77	00:20:16.92	3	1	EDMONTON
PATERSON, BECK	SPR30-39M	156	01:12:33.22	5	1	00:13:58.99	7	1	02:24.60	00:29:59.54	1	1	01:53.22	00:24:16.87	11	1	CALGARY
SORENSEN, JOHN	SPR60-69M	90	01:14:26.60	6	1	00:14:44.95	9	1	00:51.03	00:35:06.86	6	1	01:17.66	00:22:26.10	6	1	EDMONTON
WATSON, BRYAN	SPR50-59M	81	01:18:33.02	7	2	00:14:59.82	11	2	01:05.13	00:36:03.23	7	2	00:43.40	00:25:41.44	17	3	ST. ALBERT
SCHNARE, JENNA	SPR20-29F	19	01:19:02.34	8	1	00:15:33.76	15	2	00:45.28	00:40:04.80	26	1	01:22.05	00:21:16.45	5	1	RED DEER
BARRY, TYLER	SPR20-29M	69	01:19:32.08	9	2	00:16:32.03	26	3	02:18.65	00:36:50.99	9	2	01:18.02	00:22:32.39	7	2	TORONTO
KARPYSHIN, SAMANTHA	SPR30-39F	26	01:21:05.78	10	1	00:14:57.14	10	2	00:58.08	00:38:53.72	17	3	00:59.73	00:25:17.11	14	1	EDMONTON
BAILEY, KYLE	SPR30-39M	75	01:21:44.02	11	2	00:15:40.49	17	2	01:18.08	00:37:29.55	10	2	01:23.22	00:25:52.68	19	3	LACOMBE
MAGWALI, IRVIN	SPR20-29M	63	01:22:41.96	12	3	00:17:57.45	39	5	01:37.43	00:38:11.38	11	3	00:48.11	00:24:07.59	9	3	MEDICINE HAT
LAING, CLAIRE	SPR40-49F	52	01:23:07.94	13	1	00:15:48.71	20	3	01:10.96	00:39:25.45	21	2	01:19.43	00:25:23.39	15	1	EDMONTON
LIM, ARVIN	SPR20-29M	67	01:23:12.58	14	4	00:17:10.74	29	4	00:54.76	00:38:27.63	13	4	01:33.83	00:25:05.62	13	4	EDMONTON
GRESCHUK, JENNIFER	SPR30-39F	21	01:24:09.53	15	2	00:12:57.93	4	1	02:40.89	00:40:53.30	29	5	01:27.92	00:26:09.49	22	5	FORT SASKATCHEW
RUTA, CARMELA	SPR30-39F	24	01:24:37.60	16	3	00:15:15.12	12	3	02:00.70	00:39:41.45	23	4	01:35.90	00:26:04.43	21	4	ROCKY MOUNTAIN
NANDLAL, AMAL	SPR30-39M	76	01:25:00.25	17	3	00:18:13.21	42	5	01:52.90	00:39:40.46	22	3	00:51.97	00:24:21.71	12	2	EDMONTON
ROLLHEISER, NATHAN	SPR50-59M	82	01:25:09.61	18	3	00:17:25.43	34	6	02:12.73	00:40:31.44	28	6	01:16.80	00:23:43.21	8	2	LLOYDMINSTER
DELEFF, RICK	SPR60-69M	91	01:25:13.25	19	2	00:15:47.02	19	2	00:55.86	00:40:02.97	25	3	01:06.55	00:27:20.85	29	3	CONSORT
ELLIOTT, WADE	SPR60-69M	94	01:25:20.87	20	3	00:17:22.68	32	3	01:14.36	00:39:04.83	18	2	01:42.32	00:25:56.68	20	2	CAMROSE
THERRIEN, JANET	SPR30-39F	32	01:25:47.08	21	4	00:19:31.23	48	8	01:40.94	00:38:12.93	12	1	00:45.98	00:25:36.00	16	2	EDMONTON
AUGHEY, TODD	SPR50-59M	84	01:25:59.28	22	4	00:16:31.70	25	5	02:19.04	00:39:07.76	19	3	01:40.05	00:26:20.73	24	4	WAINWRIGHT
GINGRICH, JODY	SPR40-49F	40	01:26:09.34	23	2	00:14:10.71	8	1	01:32.31	00:36:47.15	8	1	01:31.49	00:32:07.68	50	7	EDMONTON
ROLLHEISER, PAMELA	SPR50-59F	48	01:26:16.38	24	1	00:15:33.87	16	1	01:25.81	00:39:12.47	20	2	01:29.50	00:28:34.73	33	2	LLOYDMINSTER
ARISS, PATRICIA	SPR30-39F	29	01:26:23.67	25	5	00:17:31.21	37	6	01:40.59	00:38:40.56	15	2	01:52.17	00:26:39.14	26	6	CALGARY
WADE, LYNNE	SPR50-59F	44	01:27:47.98	26	2	00:19:23.23	47	5	01:53.84	00:38:47.45	16	1	00:50.58	00:26:52.88	28	1	ROCKY MNT HOUSE
NETZEL, JORDY	SPR40-49M	78	01:27:52.12	27	2	00:17:15.36	30	3	02:20.02	00:42:52.28	34	3	01:14.12	00:24:10.34	10	2	CALGARY
LOSHNY, GREYSON	SPR20-29M	60	01:28:19.66	28	5	00:15:40.97	18	2	02:28.92	00:42:41.20	33	5	00:49.50	00:26:39.07	25	5	STETTLER
LOSHNY, AUTUMN	SPR20-29F	15	01:29:01.71	29	2	00:17:56.72	38	6	01:24.03	00:41:20.22	30	2	01:33.85	00:26:46.89	27	3	STETTLER
PINCOCK, SCOTT	SPR40-49M	79	01:29:30.56	30	3	00:15:28.54	13	2	02:08.18	00:38:35.80	14	2	01:14.16	00:32:03.88	49	4	COCHRANE
MACKAY, BLAKE	SPR50-59M	87	01:30:23.92	31	5	00:16:25.91	24	4	02:16.91	00:40:06.96	27	5	01:19.64	00:30:14.50	40	6	RED DEER COUNTY
BRITTON, KIM	SPR50-59M	85	01:30:37.17	32	6	00:18:28.12	43	7	02:04.11	00:39:43.63	24	4	00:44.50	00:29:36.81	38	5	FORT MCMURRAY
GREEKAS, JEFF	SPR40-49M	80	01:31:23.68	33	4	00:18:09.46	41	4	01:44.34	00:43:28.81	38	4	00:28.43	00:27:32.64	31	3	NORTHWEST
PRIOR, RUSSELL	SPR50-59M	88	01:32:04.03	34	7	00:16:12.34	22	3	01:36.64	00:41:45.34	31	7	01:15.04	00:31:14.67	45	7	CAMROSE COUNTY
JENKINS, ROBYN	SPR20-29F	13	01:34:28.12	35	3	00:12:42.40	2	1	00:46.54	00:49:43.95	58	5	00:56.42	00:30:18.81	42	4	EDMONTON
ROSA FILEZIO, MARINA	SPR30-39F	23	01:35:58.73	36	6	00:17:18.29	31	4	02:24.65	00:48:26.11	53	9	01:57.30	00:25:52.38	18	3	CALGARY
SAMASUWO, RUSSELL	SPR30-39M	70	01:36:08.26	37	4	00:16:57.54	27	3	01:55.05	00:47:14.05	47	5	01:11.82	00:28:49.80	35	4	CALGARY
WYATT, PAIGE	SPR20-29F	17	01:36:17.81	38	4	00:16:58.08	28	4	01:44.73	00:45:17.67	40	3	01:37.57	00:30:39.76	44	6	CALGARY
STAFFEN, ROBYN	SPR40-49F	38	01:36:20.62	39	3	00:19:55.16	50	6	01:59.64	00:43:06.23	37	4	02:39.07	00:28:40.52	34	2	WETASKIWIN
STANLEY, LARISSA	SPR20-29F	18	01:36:43.97	40	5	00:17:24.78	33	5	02:30.54	00:49:15.62	56	4	01:19.91	00:26:13.12	23	2	CALGARY
MORIN, ELYSE	SPR50-59F	47	01:36:55.56	41	3	00:16:21.23	23	2	02:35.84	00:45:56.23	43	4	01:44.66	00:30:17.60	41	3	ROCKY MOUNTAIN
LEE, HANNAH	SPR30-39F	31	01:38:17.39	42	7	00:17:25.72	35	5	02:58.01	00:44:39.42	39	6	01:14.19	00:32:00.05	48	7	CALGARY
LECUYER, CARRIE	SPR40-49F	37	01:39:44.59	43	4	00:19:40.82	49	5	02:22.93	00:45:36.83	41	5	02:05.00	00:29:59.01	39	5	PLAMONDON
WILLIAMS, ROBYN	SPR50-59F	46	01:39:58.01	44	4	00:17:58.37	40	3	04:02.49	00:42:09.54	32	3	02:16.02	00:33:31.59	54	4	CALGARY
BEYNON, JACKSON	SPR30-39M	74	01:40:19.73	45	5	00:17:28.08	36	4	02:53.93	00:46:07.86	44	4	01:57.52	00:31:52.34	47	5	CORONATION

Overall Results

Sprint 750m Swim - 20K Bike - 5K Run **67 Finishers**

67 Total

Name	Category	Bib#	Finish:	O/A	Cat	Swim:	O/A	Cat	T1	Bike:	O/A	Cat	T2	Run:	O/A	Cat	City
BLOSSER, EMANUEL	SPR70+M	93	01:40:44.54	46	1	00:20:40.08	55	1	03:04.10	00:42:57.68	35	1	01:31.05	00:32:31.63	53	1	EDMONTON
PLANTE, JOSIE	SPR40-49F	33	01:40:57.25	47	5	00:19:10.39	45	4	02:53.57	00:48:02.13	50	7	01:55.88	00:28:55.28	36	3	BEAUMONT
SMITH, AMANDA	SPR40-49F	35	01:41:26.92	48	6	00:15:31.29	14	2	02:48.44	00:50:35.83	60	9	01:07.86	00:31:23.50	46	6	SHERWOOD PARK
HOFLIN, ADELE	SPR40-49F	39	01:42:22.41	49	7	00:21:20.26	56	7	03:06.48	00:46:56.46	46	6	02:00.68	00:28:58.53	37	4	KINGMAN
RADFORD, MICHELLE	SPR40-49F	41	01:43:24.45	50	8	00:22:53.33	60	9	02:44.55	00:43:01.74	36	3	00:44.74	00:34:00.09	55	8	STETTLER
KROEKER, MIRANDA	SPR20-29F	12	01:44:30.61	51	6	00:15:51.22	21	3	01:54.05	00:55:16.83	62	6	00:54.46	00:30:34.05	43	5	CASTOR
EKKEL, MARINA	SPR30-39F	20	01:48:00.67	52	8	00:18:54.75	44	7	02:03.78	00:49:09.66	55	10	01:42.93	00:36:09.55	59	10	ROCHON SANDS
DUBLANKO, KRISTINA	SPR30-39F	28	01:48:26.39	53	9	00:25:42.64	62	10	02:23.42	00:45:37.56	42	7	02:20.97	00:32:21.80	51	8	EDMONTON
MACMILLAN, JOHN	SPR60-69M	92	01:49:31.49	54	4	00:28:44.07	67	4	03:52.76	00:46:48.78	45	4	02:15.78	00:27:50.10	32	4	FT SASKATCHEWAN
PHILLIPS, CINDY	SPR60-69F	50	01:50:19.03	55	1	00:22:33.66	59	2	02:41.98	00:49:43.11	57	2	02:53.80	00:32:26.48	52	1	FORT SASKATCHEWAN
ZINTER, DIANA	SPR60-69F	51	01:50:43.35	56	2	00:20:12.60	51	1	03:01.76	00:47:38.74	49	1	01:31.49	00:38:18.76	64	2	NANTON
SKAALID, RYELEE	SPR30-39F	27	01:53:19.55	57	10	00:20:16.38	52	9	03:23.64	00:50:41.39	61	11	01:07.85	00:37:50.29	61	11	SHERWOOD PARK
DAMOTA, KEA	SPR40-49F	43	01:54:22.17	58	9	00:21:43.41	58	8	03:48.78	00:48:33.59	54	8	03:15.30	00:37:01.09	60	9	JASPER
NURANI, AYESHA	SPR30-39F	25	01:54:54.45	59	11	00:27:46.81	66	11	02:23.69	00:48:17.45	51	8	02:01.11	00:34:25.39	56	9	CALGARY
MORRISON, PATRICIA	SPR50-59F	49	01:55:43.79	60	5	00:23:34.54	61	6	04:04.27	00:48:23.05	52	5	01:28.42	00:38:13.51	63	5	STETTLER
DOUGLAS, SHELLEY	SPR50-59F	45	01:57:42.71	61	6	00:19:16.15	46	4	01:51.13	00:50:24.75	59	6	02:10.73	00:43:59.95	65	6	SHERWOOD PARK
VANDERMEER, EMILY	SPR20-29F	11	01:57:57.95	62	7	00:20:24.29	53	7	01:50.72	00:56:56.04	63	7	00:44.16	00:38:02.74	62	8	EDMONTON
KADLEC, DOMINIK	SPR20-29M	65	02:00:06.54	63	6	00:20:31.49	54	6	02:57.07	01:08:29.54	67	7	00:42.85	00:27:25.59	30	6	OKOTOKS
WADDELL, MARCI	SPR20-29F	14	02:00:30.56	64	8	00:21:21.99	57	8	03:50.48	00:58:00.76	64	8	01:32.82	00:35:44.51	58	7	STETTLER
RYALL, GORDIE	SPR50-59M	89	02:04:20.02	65	8	00:27:29.23	65	8	03:20.85	00:47:29.89	48	8	01:43.12	00:44:16.93	66	8	LETHBRIDGE
MCLENAHAN, CARTER	SPR20-29M	62	02:25:36.76	66	7	00:25:50.88	63	7	24:29.09	00:58:00.78	65	6	01:32.13	00:35:43.88	57	7	LACOMBE
HANNAFORD, JEAN-MARIE	SPR40-49F	42	02:37:46.30	67	10	00:25:55.16	64	10	03:07.11	01:04:51.48	66	10	02:15.66	01:01:36.89	67	10	JASPER