

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/194	KISELL, JESSICA	1135	00:19:44.90	06:22	F2029	1/52	10/297	00:19:43.60
2/194	COLL, NEASA	1053	00:19:50.40	06:24	F2029	2/52	11/297	00:19:49.40
3/194	CLARK, RHONDA	1048	00:19:58.05	06:26	F4049	1/37	12/297	00:19:57.55
4/194	MACARTHUR, SARAH	1145	00:20:36.90	06:39	F2029	3/52	15/297	00:20:36.00
5/194	WASLEN, KATHRYN	1264	00:21:18.40	06:52	F2029	4/52	19/297	00:21:18.40
6/194	MACDONALD, MEREDITH	1336	00:22:15.45	07:10	F2029	5/52	23/297	00:22:11.60
7/194	MONCRIEFF, MARLA	1334	00:22:49.90	07:21	F5059	1/26	24/297	00:22:48.45
8/194	VINCENT, MAGGIE	1321	00:23:18.80	07:31	F2029	6/52	28/297	00:23:15.00
9/194	GABRIS, ALYSSA	1084	00:23:25.75	07:33	F0119	1/11	31/297	00:23:21.75
10/194	WOLFE, DARRAH	1278	00:24:17.35	07:50	F2029	7/52	35/297	00:24:05.80
11/194	BROLSMA, JESSICA	1024	00:24:47.00	07:59	F0119	2/11	41/297	00:24:46.10
12/194	WILKINSON, VICTORIA	1275	00:24:55.20	08:02	F4049	2/37	43/297	00:24:52.80
13/194	CANTLAY, MELISSA	1031	00:24:57.25	08:02	F2029	8/52	44/297	00:24:48.50
14/194	COOPER, JENNIE	1339	00:25:15.25	08:08	F3039	1/65	47/297	00:25:06.95
15/194	P, TESSA	1335	00:25:18.25	08:09	F4049	3/37	48/297	00:25:14.60
16/194	BURGER, HANNA	1331	00:25:38.60	08:16	F4049	4/37	52/297	00:25:12.50
17/194	ROWNEY, NICOLE	1209	00:25:41.00	08:17	F3039	2/65	53/297	00:25:26.90
18/194	COOZE, MICHELLE	1057	00:25:44.20	08:18	F3039	3/65	54/297	00:25:29.60
19/194	INGHAM, LIZ	1123	00:25:47.50	08:19	F2029	9/52	55/297	00:25:26.60
20/194	SOUKUP, MAYA	1238	00:25:52.55	08:20	F0119	3/11	56/297	00:25:48.25
21/194	WATSON, WANDA	1313	00:26:08.20	08:25	F5059	2/26	59/297	00:26:04.55
22/194	WILE, SONIA	1274	00:26:23.90	08:30	F4049	5/37	62/297	00:25:34.35
23/194	BEVERIDGE, JILLIAN	1018	00:26:29.10	08:32	F3039	4/65	64/297	00:26:20.65
24/194	DONKERS, TINA	1071	00:26:36.00	08:34	F5059	3/26	65/297	00:25:48.20
25/194	MEADOWS, LYNETTE	1170	00:26:43.15	08:37	F2029	10/52	66/297	00:26:34.45
26/194	LAMERS, BRANDI	1140	00:26:44.20	08:37	F2029	11/52	67/297	00:26:32.00
27/194	CHENG, JENNIFER	1044	00:27:15.10	08:47	F2029	12/52	70/297	00:27:08.35
28/194	MILLS, SARAH	1333	00:27:21.70	08:49	F2029	13/52	72/297	00:27:16.15
29/194	SCHLAUCH, JENNY	1225	00:27:28.20	08:51	F2029	14/52	73/297	00:27:11.70
30/194	PEDERSEN, SUE	1197	00:27:29.70	08:52	F3039	5/65	74/297	00:27:17.05
31/194	SAMRA, NOREEN	1211	00:27:35.55	08:54	F2029	15/52	75/297	00:27:27.45
32/194	GRAEPEL, RABEA	1095	00:27:38.20	08:54	F2029	16/52	76/297	00:27:33.85
33/194	PEARCE-GIECK, SARAH	1303	00:27:54.80	09:00	F3039	6/65	79/297	00:27:38.85
34/194	BARNES, AMANDA	1011	00:28:23.30	09:09	F2029	17/52	80/297	00:27:32.80
35/194	CRAIG, MELANIE	1341	00:28:32.25	09:12	F2029	18/52	83/297	00:28:31.25
36/194	HENDERSON, CHELSEY	1111	00:29:13.70	09:25	F2029	19/52	91/297	00:29:04.20
37/194	GINZBUNS, ARIEL	1350	00:29:14.60	09:26	F2029	20/52	93/297	00:29:07.45
38/194	WYLLIE, LEAH	1279	00:29:22.10	09:28	F0119	4/11	95/297	00:29:09.80
39/194	KISELL, GINA	1134	00:29:24.50	09:29	F0119	5/11	96/297	00:29:23.45
40/194	CAMWELL, JENNIFER	1030	00:29:31.05	09:31	F3039	7/65	98/297	00:29:19.80
41/194	PALSEN, JAN	1193	00:29:35.40	09:32	F5059	4/26	100/297	00:29:19.15
42/194	REID, BRIER	1330	00:29:38.00	09:33	F2029	21/52	101/297	00:29:27.15
43/194	MACDONALD, LAURIE	1147	00:29:39.40	09:34	F4049	6/37	102/297	00:29:36.55
44/194	KURRANT, CJ	1139	00:29:41.90	09:34	F4049	7/37	103/297	00:29:30.75
45/194	SANDER, CAROLYN	1212	00:29:47.75	09:36	F3039	8/65	104/297	00:29:44.85
46/194	HAUSER, ERIN	1109	00:29:53.90	09:38	F2029	22/52	105/297	00:29:47.70
47/194	MELE, BRIA	1307	00:29:59.00	09:40	F0119	6/11	107/297	00:29:36.90
48/194	FORTIER, BREANNE	1283	00:29:59.95	09:40	F2029	23/52	108/297	00:29:54.45
49/194	VISSER, HELLIE	1258	00:30:02.10	09:41	F6099	1/3	110/297	00:29:59.65
50/194	DEMERCHANT, JENNIFER	1066	00:30:08.30	09:43	F3039	9/65	111/297	00:29:40.35
51/194	NG, LOUISA	1191	00:30:24.90	09:48	F3039	10/65	114/297	00:29:56.40
52/194	RIENDEAU, MARNEY	1206	00:30:25.80	09:49	F4049	8/37	115/297	00:30:15.20
53/194	CUNNINGHAM, KATE	1338	00:30:26.10	09:49	F3039	11/65	117/297	00:30:16.40
54/194	MARTIN, MELISSA	1161	00:30:33.85	09:51	F3039	12/65	120/297	00:30:11.35
55/194	FINVERS, KRISTEN	1078	00:30:36.25	09:52	F0119	7/11	122/297	00:30:32.40

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/194	RINGROSE, ALYSSA	1207	00:30:39.35	09:53	F3039	13/65	123/297	00:30:29.70
57/194	MURPHY, KATHLEEN	1189	00:30:41.65	09:54	F3039	14/65	126/297	00:30:19.35
58/194	SCHNURR, LAUREN	1296	00:30:44.70	09:55	F2029	24/52	129/297	00:30:37.50
59/194	BARWICH, KRISTIN	1012	00:30:45.50	09:55	F2029	25/52	130/297	00:30:37.40
60/194	FRADETTE, KIM	1083	00:30:46.20	09:55	F3039	15/65	131/297	00:30:17.60
61/194	TKACHUK, KERI	1248	00:30:47.90	09:56	F3039	16/65	133/297	00:30:38.00
62/194	PALMER, ADELLE	1343	00:30:52.40	09:57	F5059	5/26	137/297	00:30:49.75
63/194	SAMUELSON, CARLA	1344	00:30:52.40	09:57	F5059	6/26	138/297	00:30:49.90
64/194	WHYTE, KIM	1272	00:30:53.10	09:57	F2029	26/52	139/297	00:30:33.70
65/194	PARAI, BRENDA	1194	00:30:53.20	09:57	F3039	17/65	140/297	00:30:34.00
66/194	WILLIS, JAMIE	1277	00:31:00.60	10:00	F3039	18/65	142/297	00:30:31.25
67/194	CREIGHTON, KORI	1060	00:31:03.65	10:01	F4049	9/37	143/297	00:30:46.60
68/194	HARRIS, MARGARET	1107	00:31:07.25	10:02	F4049	10/37	144/297	00:30:38.90
69/194	CHRISTENSEN, CHELSEA	1295	00:31:11.85	10:03	F2029	27/52	145/297	00:31:05.00
70/194	BIERLEY, ALEXANDRA	1019	00:31:15.50	10:05	F4049	11/37	146/297	00:31:10.00
71/194	GRANSON, KATE	1096	00:31:26.65	10:08	F5059	7/26	151/297	00:30:58.85
72/194	MILLS, ROBYN	1174	00:31:26.95	10:08	F3039	19/65	152/297	00:31:05.15
73/194	HARRISON, JENNIFER	1108	00:31:29.80	10:09	F2029	28/52	154/297	00:31:10.80
74/194	MINOR, LINDA	1284	00:31:34.75	10:11	F5059	8/26	155/297	00:31:04.65
75/194	CHAN, JUNE	1039	00:31:50.50	10:16	F4049	12/37	156/297	00:31:06.95
76/194	TUFFS, CHRISTINE	1252	00:31:50.75	10:16	F3039	20/65	157/297	00:31:07.55
77/194	NICHOLLS, CORI	1192	00:31:52.65	10:17	F3039	21/65	158/297	00:31:36.40
78/194	COOKE, CANDICE	1055	00:32:01.50	10:19	F3039	22/65	159/297	00:31:59.10
79/194	POLLETT, ROSEMARY	1201	00:32:06.90	10:21	F4049	13/37	161/297	00:31:47.10
80/194	SCHROEDER, TAMARA	1306	00:32:08.75	10:22	F3039	23/65	162/297	00:31:50.70
81/194	SANGUINETTI, RACHEL	1213	00:32:15.90	10:24	F2029	29/52	163/297	00:31:38.95
82/194	GARDINER, STEFANIE	1088	00:32:19.40	10:25	F2029	30/52	164/297	00:32:08.45
83/194	SCHAAL, JILLIAN	1222	00:32:27.55	10:28	F3039	24/65	165/297	00:32:11.15
84/194	ZAVARELLA, ASHLEY	1281	00:32:42.85	10:33	F2029	31/52	166/297	00:32:03.40
85/194	SIRAN, CARLA	1233	00:32:56.85	10:37	F3039	25/65	169/297	00:32:31.35
86/194	ENGELMAN, MELISSA	1073	00:33:01.25	10:39	F2029	32/52	170/297	00:32:43.30
87/194	GUENTHER, TANYA	1101	00:33:17.45	10:44	F3039	26/65	171/297	00:32:51.35
88/194	COMEAU O'CONNELL, ANNETTE	1054	00:33:23.40	10:46	F5059	9/26	172/297	00:33:00.05
89/194	FERRIER, MARGARET	1290	00:33:27.25	10:47	F4049	14/37	173/297	00:33:20.45
90/194	SOUTER, FAYE	1239	00:33:27.85	10:47	F3039	27/65	174/297	00:33:15.55
91/194	MELE, PAMELA	1308	00:33:32.75	10:49	F4049	15/37	175/297	00:33:07.80
92/194	FOLKINS, SANDRA	1080	00:33:33.70	10:49	F4049	16/37	178/297	00:33:27.10
93/194	IRVING, ANDREA	1320	00:33:45.00	10:53	F3039	28/65	179/297	00:33:29.95
94/194	BENDER, SHELLEY	1288	00:33:47.70	10:54	F3039	29/65	181/297	00:33:40.15
95/194	MOLITOR, RHONDA	1177	00:33:52.80	10:55	F4049	17/37	183/297	00:33:34.85
96/194	WILSON, KRISTY	639	00:33:55.15	10:56	F3039	30/65	184/297	00:33:30.65
97/194	KENYON, HEATHER	1132	00:33:57.20	10:57	F3039	31/65	185/297	00:33:34.45
98/194	MURPHY, ANNIE	1188	00:34:00.45	10:58	F3039	32/65	186/297	00:33:38.15
99/194	TONG, PATTY	1250	00:34:02.00	10:58	F3039	33/65	187/297	00:33:53.75
100/194	MOORE, TRACIE	1185	00:34:02.05	10:58	F2029	33/52	188/297	00:33:32.00
101/194	PIERSON, TRACY	1329	00:34:05.55	10:59	F3039	34/65	189/297	00:34:01.70
102/194	SCHIFFKE, KATHRYN	1223	00:34:17.05	11:03	F3039	35/65	190/297	00:34:12.70
103/194	LEAL, JENINE	1143	00:34:17.65	11:03	F2029	34/52	191/297	00:34:13.30
104/194	HUGHES, SARAH	1121	00:34:24.75	11:06	F3039	36/65	193/297	00:34:05.05
105/194	TURCHET, CINZIA	1345	00:34:32.35	11:08	F4049	18/37	194/297	00:34:23.95
106/194	SAURO, KHARA	1214	00:34:56.15	11:16	F3039	37/65	196/297	00:34:48.25
107/194	ZJALIC, MEGAN	1328	00:34:56.30	11:16	F3039	38/65	197/297	00:34:49.25
108/194	JAKUBOWYCH, BEV	1124	00:34:58.70	11:17	F5059	10/26	198/297	00:34:32.80
109/194	KREMER, TRACEY	1138	00:35:01.65	11:18	F4049	19/37	199/297	00:34:52.00
110/194	BURTON, LANCETTE	1026	00:35:05.20	11:19	F3039	39/65	200/297	00:34:41.35

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
111/194	SCHWARTZ, GAIL	1226	00:35:15.00	11:22	F3039	40/65	201/297	00:34:41.85
112/194	CRAIG, KRISTINA	1059	00:35:15.20	11:22	F3039	41/65	202/297	00:34:42.90
113/194	BELL, SHERI	1013	00:35:27.40	11:26	F2029	35/52	203/297	00:34:51.55
114/194	RONDEAU, LINDA	1208	00:35:31.55	11:27	F4049	20/37	205/297	00:35:07.95
115/194	GERRITS, CATHERINE	1091	00:35:31.70	11:27	F3039	42/65	207/297	00:35:24.65
116/194	KEATING, MARILYN	1129	00:35:36.15	11:29	F5059	11/26	208/297	00:35:21.15
117/194	KELLY, ERIN	1130	00:35:46.10	11:32	F3039	43/65	209/297	00:35:04.70
118/194	CHALMERS, CINDY	1035	00:35:52.40	11:34	F2029	36/52	211/297	00:35:23.60
119/194	GRIFFITHS, RACHEL	1099	00:35:57.50	11:36	F2029	37/52	212/297	00:35:47.80
120/194	JUNKIN, SARAH	306	00:36:05.10	11:38	F5059	12/26	213/297	00:35:39.20
121/194	MACKEY, ROBIN	1152	00:36:06.80	11:39	F4049	21/37	214/297	00:36:01.65
122/194	ARBUTHNOT, AMANDA	1324	00:36:12.20	11:40	F2029	38/52	215/297	00:35:51.30
123/194	THOMSON, NICOLE	1247	00:36:16.55	11:42	F2029	39/52	216/297	00:36:11.25
124/194	HAND-MIRANDA, KATIE	1105	00:36:19.75	11:43	F5059	13/26	218/297	00:36:10.45
125/194	CHAN, TANIA	1040	00:36:21.65	11:43	F4049	22/37	219/297	00:36:18.90
126/194	FLORIZONE, REBECCA	1079	00:36:26.85	11:45	F3039	44/65	220/297	00:36:07.75
127/194	CLARKE, AMANDA	1050	00:36:36.90	11:48	F3039	45/65	221/297	00:36:01.20
128/194	HENDERSON, JILIAN	1114	00:36:40.90	11:49	F3039	46/65	222/297	00:36:32.55
129/194	HENDERSON, EDITH	1113	00:36:41.25	11:50	F5059	14/26	223/297	00:36:32.85
130/194	LAROCHELLE, MARIE	1142	00:36:44.30	11:51	F5059	15/26	224/297	00:36:29.05
131/194	SHAFIEI, NADIA	1229	00:36:48.40	11:52	F3039	47/65	225/297	00:36:42.65
132/194	HARDER, LISA	1106	00:37:09.95	11:59	F4049	23/37	227/297	00:36:52.25
133/194	WHITE, MARY	1270	00:37:13.00	12:00	F6099	2/3	228/297	00:37:07.60
134/194	HENNESSEY, SARAH	1115	00:37:17.35	12:01	F0119	8/11	229/297	00:36:56.90
135/194	GURSKI, LAURA	1103	00:37:19.10	12:02	F2029	40/52	230/297	00:36:58.60
136/194	DOHERTY, KELSEY	1068	00:37:19.50	12:02	F2029	41/52	231/297	00:36:58.05
137/194	MESHEN, MICHELLE	1172	00:37:25.90	12:04	F3039	48/65	232/297	00:37:23.45
138/194	PARKMAN, LORNA	1196	00:37:30.75	12:06	F4049	24/37	233/297	00:37:19.55
139/194	FINVERS, KIM	1077	00:37:34.55	12:07	F4049	25/37	234/297	00:37:29.40
140/194	CLARKE, JOAN	1317	00:37:38.95	12:08	F5059	16/26	235/297	00:37:03.05
141/194	CLARKE, STEPH	1051	00:37:39.10	12:08	F2029	42/52	236/297	00:37:04.05
142/194	GRIFFITHS, NATHALIE	1098	00:37:50.40	12:12	F3039	49/65	237/297	00:37:38.90
143/194	BLACKWELL, ANDREA	1300	00:37:50.75	12:12	F2029	43/52	238/297	00:37:32.10
144/194	PIRIE, BARB	1199	00:37:59.05	12:15	F4049	26/37	239/297	00:37:45.45
145/194	REID, AMANDA	1205	00:38:04.45	12:17	F2029	44/52	240/297	00:37:49.35
146/194	WIGHTON, CHRISTINA	1273	00:38:38.70	12:28	F2029	45/52	241/297	00:38:23.60
147/194	CHERNIAC, JUDY	1045	00:38:41.00	12:28	F4049	27/37	242/297	00:38:24.15
148/194	TRISKA, MEGAN	1251	00:38:46.70	12:30	F2029	46/52	243/297	00:38:40.70
149/194	JOMHA, SARA	1127	00:38:48.00	12:30	F0119	9/11	244/297	00:38:42.55
150/194	YOUNG, LEANE	1280	00:38:51.55	12:32	F3039	50/65	245/297	00:38:35.70
151/194	MATHIE, SAMANTHA	1162	00:39:08.90	12:37	F3039	51/65	246/297	00:38:57.90
152/194	DETTA, CARLEY	1067	00:39:14.90	12:39	F3039	52/65	247/297	00:38:59.85
153/194	REEKIE, LINDSAY	1204	00:39:15.10	12:39	F2029	47/52	248/297	00:39:00.90
154/194	AEBIG, KRISTEN	1002	00:39:29.80	12:44	F2029	48/52	249/297	00:39:20.50
155/194	PARCHER, KATHERINE	1195	00:39:45.20	12:49	F3039	53/65	250/297	00:39:07.60
156/194	MARQUIS, CECILE	1159	00:39:47.00	12:50	F4049	28/37	251/297	00:39:08.40
157/194	CHAMPAGNE, KENDAHL	1037	00:39:47.05	12:50	F2029	49/52	252/297	00:39:08.85
158/194	SAVOIE, HANNAH	1219	00:39:55.65	12:52	F0119	10/11	253/297	00:39:38.75
159/194	SAVOIE, CATHY	1216	00:39:55.80	12:52	F4049	29/37	254/297	00:39:37.90
160/194	WATERS, KRISTEN	1265	00:40:19.60	13:00	F4049	30/37	255/297	00:40:13.10
161/194	CLARK, TRISH	1049	00:40:38.60	13:06	F5059	17/26	256/297	00:40:11.00
162/194	LEATHERLAND, BRENDA	1144	00:40:45.60	13:09	F4049	31/37	257/297	00:40:41.45
163/194	MEUNIER, ANNE-MARIE	1305	00:40:46.15	13:09	F3039	54/65	258/297	00:40:42.35
164/194	BENNETT, CORINNE	1015	00:40:55.60	13:12	F3039	55/65	259/297	00:40:16.95
165/194	JENNIX, TRACEY	1125	00:40:55.80	13:12	F3039	56/65	260/297	00:40:15.80

## Overall Gender Results

## 5K - 3.1 Miles

## Female

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
166/194	MCAVOY, KATHRYN	1163	00:41:28.35	13:22	F5059	18/26	261/297	00:41:14.55
167/194	DALKE, JESSICA	1061	00:41:51.05	13:30	F2029	50/52	263/297	00:41:33.85
168/194	SAVOIE, GABRIELLE	1218	00:42:00.55	13:33	F0119	11/11	264/297	00:41:43.90
169/194	DUNNING, LOGAN	1072	00:42:29.90	13:42	F3039	57/65	265/297	00:42:16.10
170/194	GRAVES, TRACY	1097	00:42:58.60	13:51	F4049	32/37	266/297	00:42:32.55
171/194	SCIORE, DALE	1227	00:43:01.00	13:52	F4049	33/37	267/297	00:42:33.85
172/194	VISSER, SANDY	1259	00:43:01.00	13:52	F5059	19/26	268/297	00:42:34.95
173/194	ESPOSITO, SARAH	1074	00:43:39.30	14:05	F3039	58/65	269/297	00:43:14.50
174/194	WHITEHEAD, AMY	1271	00:43:39.35	14:05	F2029	51/52	270/297	00:43:16.15
175/194	TAGGART, CONNIE	1245	00:44:23.70	14:19	F3039	59/65	271/297	00:44:04.50
176/194	BURT, ARLENE	1025	00:45:01.80	14:31	F3039	60/65	272/297	00:44:48.30
177/194	COAD, MELISSA	1052	00:45:01.85	14:31	F3039	61/65	273/297	00:44:48.55
178/194	CARR, COLLEEN	1348	00:45:54.80	14:48	F5059	20/26	274/297	00:45:33.10
179/194	MCLEAN, ZENA	1168	00:46:09.80	14:53	F5059	21/26	276/297	00:45:32.25
180/194	MACKIN, BETTY	1153	00:46:11.55	14:54	F5059	22/26	277/297	00:45:33.00
181/194	PILTINGSRUD, ELIZABETH	1198	00:48:22.90	15:36	F3039	62/65	278/297	00:47:48.30
182/194	CHARLESWORTH, CELESTE	1041	00:48:24.80	15:37	F3039	63/65	279/297	00:47:48.90
183/194	HUGHES, ASHLEY	1120	00:49:11.00	15:51	F2029	52/52	282/297	00:48:36.70
184/194	SMITH, PATRICIA	1235	00:49:11.30	15:52	F6099	3/3	283/297	00:48:37.85
185/194	WEBB, IVY	1325	00:50:44.15	16:21	F5059	23/26	287/297	00:50:31.25
186/194	HENRY, DAWN	1116	00:51:16.85	16:32	F5059	24/26	288/297	00:51:12.65
187/194	GODIN, REBECCA	1092	00:51:39.55	16:39	F4049	34/37	289/297	00:51:06.25
188/194	CORCORAN, MELANIE	1293	00:51:39.85	16:39	F3039	64/65	290/297	00:51:05.55
189/194	HOUGH, AMBER	1117	00:52:28.75	16:55	F4049	35/37	291/297	00:52:01.65
190/194	FIDDLER, CATHY	1076	00:52:29.10	16:55	F5059	25/26	292/297	00:52:01.15
191/194	GALT, MICHELLE	1087	00:53:43.85	17:19	F4049	36/37	293/297	00:53:33.85
192/194	BRANTNALL, KAREN	1023	01:02:54.30	20:17	F4049	37/37	294/297	01:02:22.55
193/194	BENNETT, WANDA	1016	01:02:54.30	20:17	F5059	26/26	295/297	01:02:22.90
194/194	SIKORA, ERIN	1232	01:02:55.75	20:18	F3039	65/65	296/297	01:02:23.15

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
1/103	BICKLEY, BRAD	1312	00:16:51.25	05:26	M2029	1/15	1/297	00:16:51.15
2/103	KARY, MACKENZIE	1314	00:17:13.60	05:33	M0119	1/15	2/297	00:17:13.40
3/103	KONDRO, DOUGLAS	1310	00:17:42.30	05:42	M0119	2/15	3/297	00:17:41.45
4/103	MARTENS, MARK	1160	00:17:59.40	05:48	M4049	1/23	4/297	00:17:58.30
5/103	JUSTINEN, ROMAN	1302	00:18:06.95	05:50	M0119	3/15	5/297	00:18:06.35
6/103	KONDRO, MICHAEL	1311	00:18:12.60	05:52	M0119	4/15	6/297	00:18:11.65
7/103	ARMSTRONG, JAKE	1006	00:18:16.40	05:53	M0119	5/15	7/297	00:18:15.30
8/103	WANG, NICOLAS	1262	00:19:07.45	06:10	M3039	1/30	8/297	00:19:06.30
9/103	MITCHELMORE, PETER	1175	00:19:25.50	06:16	M3039	2/30	9/297	00:19:25.45
10/103	WILKINSON, GARY	1285	00:20:01.65	06:27	M4049	2/23	13/297	00:20:00.70
11/103	CORMIER, RYAN	1058	00:20:14.10	06:31	M2029	2/15	14/297	00:20:11.85
12/103	CULLINGHAM, MIKE	1346	00:20:57.85	06:45	M3039	3/30	16/297	00:20:54.95
13/103	PYNTEN, WILL	1202	00:21:07.20	06:48	M3039	4/30	17/297	00:21:06.00
14/103	MESHEN, ROB	1173	00:21:09.70	06:49	M3039	5/30	18/297	00:21:09.60
15/103	KENDALL, ZACHARY	1131	00:21:25.85	06:54	M0119	6/15	20/297	00:21:24.85
16/103	MACRAE, BRUCE	1155	00:21:43.20	07:00	M5059	1/12	21/297	00:21:39.30
17/103	JOHNSTONE, ROBB	1126	00:22:07.85	07:08	M4049	3/23	22/297	00:21:55.75
18/103	SAVOIE, JOHN	1220	00:22:51.15	07:22	M4049	4/23	25/297	00:22:48.30
19/103	KARPIAK, DAVE	1128	00:23:00.75	07:25	M5059	2/12	26/297	00:22:58.50
20/103	GABRIS, PETER	1085	00:23:15.30	07:30	M4049	5/23	27/297	00:23:11.25
21/103	MACPHEE, DANIEL	1154	00:23:24.45	07:33	M2029	3/15	29/297	00:23:22.20
22/103	MALTSEV, MIKHAIL	1157	00:23:25.50	07:33	M3039	6/30	30/297	00:23:14.30
23/103	WAKEHAM, NICK	1260	00:23:30.90	07:35	M4049	6/23	32/297	00:23:29.80
24/103	MEADOWS, GEOFFREY	1169	00:23:44.30	07:39	M2029	4/15	33/297	00:23:35.80
25/103	HOWARD, MICHAEL	1118	00:24:09.90	07:47	M4049	7/23	34/297	00:23:53.95
26/103	KOLADICH, ANDRE	1136	00:24:19.50	07:50	M3039	7/30	36/297	00:24:11.05
27/103	TUMBALI, BALKE	1254	00:24:26.30	07:53	M2029	5/15	37/297	00:23:48.90
28/103	STADER, RAY	1242	00:24:28.70	07:53	M4049	8/23	38/297	00:24:26.05
29/103	VAN TIGHEM, MIKE	1257	00:24:31.25	07:54	M5059	3/12	39/297	00:24:14.15
30/103	MACHT, JEREMY	1151	00:24:40.60	07:57	M3039	8/30	40/297	00:24:28.85
31/103	DAVIS, GERALD	1309	00:24:51.60	08:01	M5059	4/12	42/297	00:24:40.90
32/103	MOORE, MATT	1183	00:25:05.05	08:05	M2029	6/15	45/297	00:24:35.15
33/103	BIERLEY, PERRY	1020	00:25:09.55	08:07	M0119	7/15	46/297	00:25:04.25
34/103	COOKE, GRAHAM	1056	00:25:28.10	08:12	M3039	9/30	49/297	00:25:25.70
35/103	ALLARD, MARC	1003	00:25:33.05	08:14	M2029	7/15	50/297	00:25:27.70
36/103	FRY, JIM	1316	00:25:36.90	08:15	M6099	1/8	51/297	00:25:35.70
37/103	SAVOIE, DYLAN	1217	00:25:57.45	08:22	M0119	8/15	57/297	00:25:53.65
38/103	SUBERLAK, ANTON	1304	00:26:06.80	08:25	M3039	10/30	58/297	00:26:01.30
39/103	MCCLELLAN, SHAYNE	1165	00:26:14.95	08:28	M3039	11/30	60/297	00:25:55.05
40/103	KASTNER, MATTHEW	1294	00:26:21.50	08:30	M0119	9/15	61/297	00:26:09.40
41/103	SHEDDY, BOB	1230	00:26:25.20	08:31	M3039	12/30	63/297	00:26:10.85
42/103	DONEGAN, KEVIN	1069	00:26:51.25	08:39	M3039	13/30	68/297	00:26:30.65
43/103	STEVENS, GREG	1243	00:27:04.50	08:44	M2029	8/15	69/297	00:26:14.00
44/103	KISELL, TREVOR	1286	00:27:17.45	08:48	M0119	10/15	71/297	00:27:16.35
45/103	GALL, FRASER	1342	00:27:38.40	08:55	M2029	9/15	77/297	00:27:22.80
46/103	GOODWIN, DORIAN	1093	00:27:38.95	08:55	M2029	10/15	78/297	00:27:23.55
47/103	MURPHY, MICHAEL	1190	00:28:30.40	09:11	M4049	9/23	81/297	00:28:24.80
48/103	BUKER, MIKE	1315	00:28:32.10	09:12	M4049	10/23	82/297	00:27:48.50
49/103	GUARDIA, VICTOR	230	00:28:36.80	09:13	M4049	11/23	84/297	00:28:20.55
50/103	BUDD, TOM	83	00:28:36.85	09:13	M4049	12/23	85/297	00:28:20.50
51/103	CALLAGHAN, DAVID	1027	00:28:44.25	09:16	M6099	2/8	86/297	00:28:41.40
52/103	TATARYN, RYAN	1337	00:28:49.55	09:18	M3039	14/30	87/297	00:28:40.05
53/103	BARKER, CAMERON	1009	00:29:08.60	09:24	M0119	11/15	88/297	00:29:01.55
54/103	MOORE, JOE	1182	00:29:11.70	09:25	M5059	5/12	89/297	00:29:00.20
55/103	TKACHUK, ROB	1249	00:29:13.10	09:25	M4049	13/23	90/297	00:29:03.00

## Overall Gender Results

## 5K - 3.1 Miles

## Male

Gender	Name	Bib#	Time	Pace	Div	Cat	O/A	Chip Time
56/103	SMITH, ADAM	1234	00:29:14.20	09:25	M2029	11/15	92/297	00:29:06.10
57/103	HENDERSON, DAVID	1112	00:29:18.70	09:27	M2029	12/15	94/297	00:29:08.05
58/103	KISELL, TRACY	1287	00:29:26.45	09:29	M5059	6/12	97/297	00:29:25.35
59/103	SENIOR, ANTHONY	1228	00:29:32.95	09:31	M4049	14/23	99/297	00:29:21.95
60/103	CHAMBERLAIN, DARRELL	1036	00:29:57.65	09:39	M3039	15/30	106/297	00:29:34.30
61/103	WHITE, JUSTIN	1268	00:30:01.00	09:40	M3039	16/30	109/297	00:29:32.50
62/103	SOUTER-LUCAS, MICHAEL	1347	00:30:14.80	09:45	M0119	12/15	112/297	00:30:13.40
63/103	SULTAN, KRISTOFER	1244	00:30:19.35	09:47	M2029	13/15	113/297	00:30:13.95
64/103	GAUDET, GREG	1089	00:30:25.85	09:49	M5059	7/12	116/297	00:30:14.55
65/103	CUNNINGHAM, SCOTT	1340	00:30:26.35	09:49	M3039	17/30	118/297	00:30:15.65
66/103	SAWDON, TOM	1221	00:30:27.95	09:49	M6099	3/8	119/297	00:30:23.75
67/103	MORONEY, JIM	1187	00:30:35.00	09:51	M4049	15/23	121/297	00:30:05.00
68/103	CHAN, GORDON	1038	00:30:40.10	09:53	M4049	16/23	124/297	00:29:56.70
69/103	TUFFS, JASON	1253	00:30:40.60	09:53	M3039	18/30	125/297	00:29:57.60
70/103	D'ENTREMONT, MARTIN	1319	00:30:43.90	09:54	M5059	8/12	127/297	00:30:33.20
71/103	CHAMPAGNE, KEVIN	1318	00:30:44.20	09:54	M3039	19/30	128/297	00:30:34.00
72/103	BAGNALL, PATRICK	1007	00:30:47.40	09:56	M5059	9/12	132/297	00:30:38.70
73/103	SEMENOV, DENIS	1298	00:30:49.45	09:56	M3039	20/30	134/297	00:30:38.15
74/103	MORGAN, BEN	1186	00:30:49.95	09:56	M4049	17/23	135/297	00:30:34.35
75/103	HAGGERTY, CHAD	1104	00:30:50.10	09:56	M3039	21/30	136/297	00:30:34.65
76/103	ALMON, AL	1005	00:30:56.25	09:58	M6099	4/8	141/297	00:30:49.45
77/103	BIERLEY, STEVE	1021	00:31:15.70	10:05	M5059	10/12	147/297	00:31:10.40
78/103	SHORT, KIRBY	1231	00:31:18.45	10:06	M3039	22/30	148/297	00:31:14.60
79/103	GEOFFRION, DAVID	1090	00:31:19.20	10:06	M3039	23/30	149/297	00:30:56.85
80/103	BALAFAS, BOB	1008	00:31:22.65	10:07	M3039	24/30	150/297	00:31:03.65
81/103	MACDONALD, COLIN	1289	00:31:27.70	10:09	M6099	5/8	153/297	00:31:23.40
82/103	DAVIES, CAMERON	1282	00:32:06.40	10:21	M0119	13/15	160/297	00:31:53.55
83/103	THIESSEN, DWAYNE	1246	00:32:53.00	10:36	M4049	18/23	167/297	00:32:31.00
84/103	GUENTHER, TYLER	1102	00:32:55.05	10:37	M3039	25/30	168/297	00:32:42.15
85/103	LAKE, MARK	1299	00:33:33.05	10:49	M5059	11/12	176/297	00:33:07.80
86/103	MELE, FRANCESCO	1292	00:33:33.35	10:49	M4049	19/23	177/297	00:33:10.00
87/103	BARKER, COLLIN	1010	00:33:47.30	10:54	M0119	14/15	180/297	00:33:35.10
88/103	BENDER, BOB	1014	00:33:47.85	10:54	M6099	6/8	182/297	00:33:41.15
89/103	BERUBE, DANIEL	1017	00:34:19.00	11:04	M4049	20/23	192/297	00:33:57.45
90/103	BARKER, PAUL	1326	00:34:41.10	11:11	M4049	21/23	195/297	00:34:27.45
91/103	SCHIFFKE, MICHAEL	1224	00:35:29.40	11:27	M3039	26/30	204/297	00:35:24.00
92/103	MCCOMISKEY, RYAN	1166	00:35:31.70	11:27	M3039	27/30	206/297	00:35:23.00
93/103	RAY, DORN	1203	00:35:49.25	11:33	M4049	22/23	210/297	00:35:38.05
94/103	POLLETT, CLYDE	1200	00:36:17.70	11:42	M5059	12/12	217/297	00:35:58.10
95/103	DONEGAN, TAYLOR	1070	00:37:08.65	11:59	M0119	15/15	226/297	00:36:48.35
96/103	DALKE, TODD	1062	00:41:50.85	13:29	M3039	28/30	262/297	00:41:33.95
97/103	CARR, GLEN	1349	00:45:55.10	14:48	M6099	7/8	275/297	00:45:32.10
98/103	CHARLTON, JAMES	1042	00:48:25.25	15:37	M3039	29/30	280/297	00:47:50.70
99/103	MAKI, TODD	1156	00:48:26.75	15:37	M3039	30/30	281/297	00:48:03.65
100/103	MONCRIEFF, MATT	1179	00:49:45.50	16:03	M2029	14/15	284/297	00:49:17.60
101/103	FORTIER, SPENCER	1082	00:49:55.15	16:06	M2029	15/15	285/297	00:49:29.90
102/103	WHITE, LARRY	1269	00:50:21.15	16:14	M6099	8/8	286/297	00:50:04.60
103/103	DAVIES, JOHN	1064	01:02:55.75	20:18	M4049	23/23	297/297	01:02:23.30