

Category Results

10K - 6.21 Miles

481 Competitors

10KF0119 - 6 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/6	140/481	426	MCPHERSON, ALISON	F0119	00:53:19.85	05:19	00:53:12.45
2/6	200/481	111	CHUBB-WAY, AMANDA	F0119	00:57:12.95	05:43	00:56:53.45
3/6	278/481	443	MUIR, KATHLEEN	F0119	01:00:40.90	06:04	01:00:20.80
4/6	371/481	202	FAIR, EMILY	F0119	01:06:01.40	06:36	01:05:23.25
5/6	372/481	96	CAPUTO, EMMA	F0119	01:06:01.45	06:36	01:05:22.50
6/6	400/481	370	LOUIE, LEANNE	F0119	01:07:30.75	06:45	01:06:45.55

10KF2029 - 63 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/63	13/481	315	KARY, GRACE	F2029	00:40:02.65	04:00	00:40:02.25
2/63	27/481	397	MANNING, LINDSAY	F2029	00:42:20.80	04:14	00:42:19.70
3/63	32/481	693	KENDRICK, MELISSA	F2029	00:42:39.50	04:15	00:42:39.00
4/63	34/481	312	KAISER, JESSICA	F2029	00:42:46.55	04:16	00:42:46.30
5/63	38/481	684	WOOLSTENCROFT, GILLIAN	F2029	00:43:46.20	04:22	00:43:44.40
6/63	41/481	141	CURRIE, MELISSA	F2029	00:44:16.65	04:25	00:44:16.60
7/63	70/481	526	ROTH, BEKI	F2029	00:47:15.25	04:43	00:47:11.95
8/63	71/481	331	KISELL, JESSICA	F2029	00:47:28.85	04:44	00:47:26.85
9/63	87/481	601	THURSTON, JACKIE	F2029	00:48:32.35	04:51	00:48:30.85
10/63	99/481	259	HASTINGS, ERIN	F2029	00:49:24.55	04:56	00:48:51.10
11/63	104/481	682	MACDONALD, MEREDITH	F2029	00:49:38.00	04:57	00:49:26.20
12/63	106/481	640	WEBBER, TALIA	F2029	00:49:39.35	04:57	00:49:37.75
13/63	112/481	58	BORTHWICK, DEBORAH	F2029	00:50:12.60	05:01	00:50:07.70
14/63	133/481	664	ZURESKI, ELENA	F2029	00:52:30.60	05:15	00:52:21.25
15/63	135/481	411	MCCARTHY, KATHARINE	F2029	00:52:57.70	05:17	00:52:51.10
16/63	166/481	128	CORCORAN, ERIN	F2029	00:54:45.40	05:28	00:54:38.15
17/63	167/481	171	DINNING, KATE	F2029	00:54:48.90	05:28	00:54:20.40
18/63	174/481	432	MIKAL, JANELLE	F2029	00:55:09.65	05:30	00:55:00.30
19/63	179/481	511	REVITT, CARLY	F2029	00:55:20.35	05:32	00:54:52.10
20/63	180/481	165	DEPOTTIE, DANI	F2029	00:55:22.45	05:32	00:55:15.10
21/63	191/481	433	MILNE, CAITLIN	F2029	00:56:18.35	05:37	00:55:56.35
22/63	201/481	667	TOEWS, ELIZABETH	F2029	00:57:20.65	05:44	00:57:15.60
23/63	203/481	474	PANTERMOLLER, LAURA	F2029	00:57:32.05	05:45	00:57:17.85
24/63	208/481	133	CRAIG, MELANIE	F2029	00:57:58.10	05:47	00:57:46.60
25/63	221/481	565	SMITH, MEREDITH	F2029	00:58:23.95	05:50	00:57:52.90
26/63	222/481	185	DUHAULT, KAELA	F2029	00:58:25.20	05:50	00:58:09.15
27/63	225/481	346	LAMERS, ZABRINA	F2029	00:58:44.30	05:52	00:58:28.95
28/63	231/481	558	SINEGLAZOVA, OLGA	F2029	00:58:59.75	05:53	00:58:50.10
29/63	232/481	45	BICHEL, BRITTNEY	F2029	00:59:00.05	05:54	00:58:49.90
30/63	239/481	195	ELLIOTT, MARIANNE	F2029	00:59:13.75	05:55	00:59:00.30
31/63	243/481	132	CRAIG, JULIE	F2029	00:59:31.00	05:57	00:58:53.55
32/63	250/481	522	ROBINSON, MEGAN	F2029	00:59:46.85	05:58	00:59:30.00
33/63	252/481	94	CANTLAY, MELISSA	F2029	00:59:49.50	05:58	00:59:36.75
34/63	259/481	582	STEW, KELSEY	F2029	00:59:59.45	05:59	00:58:22.10
35/63	265/481	706	HYATT, JAMIE	F2029	01:00:23.45	06:02	01:00:09.90
36/63	268/481	235	GRANSON, CLAIRE	F2029	01:00:26.05	06:02	01:00:17.25
37/63	279/481	514	RICHARDSON, KAYLA	F2029	01:00:44.65	06:04	01:00:00.40
38/63	282/481	299	JAMIESON, RENEE	F2029	01:00:49.10	06:04	01:00:12.90
39/63	286/481	486	PETURSSON, CHRISTINE	F2029	01:00:50.15	06:05	01:00:19.65
40/63	287/481	287	HUTTON, ROBYN	F2029	01:00:50.15	06:05	01:00:40.00
41/63	292/481	330	KISELL, GINA	F2029	01:01:10.75	06:07	01:01:08.50
42/63	301/481	142	CURTIS, CHARLOTTE	F2029	01:01:49.20	06:10	01:01:18.05
43/63	302/481	294	IVANCO, KATRINA	F2029	01:01:52.95	06:11	01:01:47.50
44/63	318/481	250	HAMENDE, VALERIE	F2029	01:03:02.60	06:18	01:02:31.10
45/63	327/481	122	CONRAD, VERITY	F2029	01:03:42.45	06:22	01:03:15.00
46/63	344/481	524	ROKOSH, EMMA	F2029	01:04:49.00	06:28	01:04:21.75
47/63	357/481	319	KELLY, DANIKA	F2029	01:05:30.30	06:33	01:04:56.25
48/63	365/481	557	SIMPSON, SARA	F2029	01:05:55.60	06:35	01:05:20.50
49/63	368/481	627	VERTZ, NATASHA	F2029	01:05:59.25	06:35	01:05:31.05
50/63	369/481	642	WEIERS, ASHLEY	F2029	01:05:59.35	06:35	01:05:31.15
51/63	382/481	210	FORTIER, BREANNE	F2029	01:06:42.05	06:40	01:05:59.40
52/63	387/481	50	BLACK, ALYSSA	F2029	01:06:55.85	06:41	01:06:07.60
53/63	388/481	461	NORDHOLT, KRISTY	F2029	01:06:55.95	06:41	01:06:08.20
54/63	398/481	115	CLARKE, REBECCA	F2029	01:07:27.50	06:44	01:06:50.15

Category Results

10K - 6.21 Miles

481 Competitors

10KF2029 - 63 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
55/63	415/481	270	HICKS, MEGHANNE	F2029	01:09:12.90	06:55	01:08:40.75
56/63	417/481	65	BRADLEY, KATE	F2029	01:09:20.65	06:56	01:08:52.10
57/63	424/481	200	EWERT, CHRISTINA	F2029	01:10:04.45	07:00	01:09:34.05
58/63	425/481	497	POVASCHUK, SHIZUKA	F2029	01:10:08.55	07:00	01:09:39.20
59/63	439/481	613	TURNER, SARA	F2029	01:13:39.20	07:21	01:13:22.20
60/63	448/481	93	CANNON, JENNIFER	F2029	01:15:43.90	07:34	01:15:22.60
61/63	452/481	650	WILLIS, ELIZABETH	F2029	01:16:09.70	07:36	01:15:56.20
62/63	453/481	492	PIRIE, KATHARINE	F2029	01:16:17.65	07:37	01:15:55.40
63/63	475/481	378	LYONS, CHRISTINE	F2029	01:25:08.90	08:30	01:24:22.80

10KF3039 - 86 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/86	17/481	221	GERSPACHER, ROSEMARIE	F3039	00:41:18.80	04:07	00:41:17.20
2/86	30/481	410	MCARTHUR, SUSANNE	F3039	00:42:30.90	04:15	00:42:29.35
3/86	47/481	347	LANDRY, ANNE MARIE	F3039	00:44:39.15	04:27	00:44:36.70
4/86	48/481	320	KENT, SARAH	F3039	00:44:40.40	04:28	00:44:37.40
5/86	51/481	657	YOUNG, KIM	F3039	00:45:13.05	04:31	00:45:09.95
6/86	53/481	144	D'HONDT, KELLIE	F3039	00:45:19.45	04:31	00:45:17.95
7/86	60/481	696	MCKENDRICK, KYLIE	F3039	00:46:40.40	04:40	00:46:34.45
8/86	63/481	139	CURR-MYSCHUK, CHRISTINA	F3039	00:46:49.55	04:40	00:46:42.50
9/86	98/481	322	KERWIN, STEPHANIE	F3039	00:49:01.55	04:54	00:48:57.35
10/86	101/481	589	STRUEBY, JILL	F3039	00:49:27.60	04:56	00:49:22.95
11/86	118/481	73	BRESCIA, LAURA	F3039	00:50:58.80	05:05	00:50:55.15
12/86	134/481	648	WILKINSON, LAURA	F3039	00:52:48.35	05:16	00:52:33.70
13/86	144/481	681	TOPPING, CHELSEY	F3039	00:53:26.65	05:20	00:53:18.70
14/86	150/481	391	MACKEY, ALLISON	F3039	00:53:57.10	05:23	00:53:38.60
15/86	156/481	19	BANKS, ANKE	F3039	00:54:14.80	05:25	00:54:04.85
16/86	162/481	134	CROOKS, JACKIE	F3039	00:54:40.45	05:28	00:54:29.10
17/86	169/481	337	KRUPIN, LYUDA	F3039	00:54:55.90	05:29	00:54:23.30
18/86	171/481	2	AIELLO, CINDY	F3039	00:55:04.10	05:30	00:54:34.30
19/86	176/481	632	WARNER, SANDY	F3039	00:55:15.30	05:31	00:54:59.85
20/86	177/481	222	GIASSON, ANNE-MARIE	F3039	00:55:16.05	05:31	00:54:51.15
21/86	185/481	656	YETTER, JANE	F3039	00:55:43.25	05:34	00:55:34.60
22/86	190/481	646	WHITEHEAD, AMY	F3039	00:56:17.85	05:37	00:55:53.95
23/86	210/481	476	PARAI, BRENDA	F3039	00:57:59.80	05:47	00:57:29.70
24/86	213/481	208	FLYNN, SHANNON	F3039	00:58:06.60	05:48	00:57:22.05
25/86	235/481	594	TEJANI, DESIREE	F3039	00:59:09.10	05:54	00:58:27.25
26/86	241/481	238	GRENIER, VICKY	F3039	00:59:20.00	05:56	00:58:55.05
27/86	244/481	567	SNELL, SHANA	F3039	00:59:32.35	05:57	00:59:23.35
28/86	246/481	618	VAN, NINA	F3039	00:59:38.15	05:57	00:59:23.25
29/86	247/481	169	DEWIT, JEN	F3039	00:59:40.75	05:58	00:59:17.80
30/86	267/481	167	DERRAUGH, TANIA	F3039	01:00:25.30	06:02	01:00:11.35
31/86	276/481	377	LUPUL, SHERI	F3039	01:00:36.85	06:03	00:59:50.50
32/86	293/481	633	WASHINGTON-HART, STEPHANIE	F3039	01:01:12.85	06:07	01:01:03.60
33/86	296/481	230	GRABURN, JENNY	F3039	01:01:24.30	06:08	01:00:44.35
34/86	297/481	456	NEU, CARRIE	F3039	01:01:24.75	06:08	01:00:43.80
35/86	298/481	267	HEREYGERS, LESLEY	F3039	01:01:25.05	06:08	01:00:46.15
36/86	300/481	429	MEYER, JULIE	F3039	01:01:36.80	06:09	01:00:52.05
37/86	303/481	179	DRAPER, REBECCA	F3039	01:01:57.15	06:11	01:01:13.20
38/86	304/481	599	THOMPSON, AMANDA	F3039	01:01:57.15	06:11	01:01:14.15
39/86	305/481	580	TERRITT, JILL	F3039	01:02:00.10	06:12	01:01:38.75
40/86	306/481	162	DEERHAWKE, PHOENIX	F3039	01:02:03.50	06:12	01:01:50.30
41/86	307/481	551	SHORT, LORI	F3039	01:02:07.10	06:12	01:01:47.65
42/86	309/481	679	MCLEOD, ANDREA	F3039	01:02:08.05	06:12	01:01:54.70
43/86	310/481	531	RUGGINS, LINDA	F3039	01:02:12.15	06:13	01:01:31.10
44/86	319/481	405	MASTERMAN, JENNIFER	F3039	01:03:13.90	06:19	01:03:04.75
45/86	320/481	304	JOHNSON, DEB	F3039	01:03:18.15	06:19	01:02:59.10
46/86	324/481	637	WATKINS, SARAH	F3039	01:03:37.55	06:21	01:02:55.55
47/86	325/481	676	HAY, NATALIE	F3039	01:03:37.70	06:21	01:02:55.85
48/86	326/481	687	STEWART, LAUREN	F3039	01:03:41.60	06:22	01:03:14.65
49/86	330/481	372	LOVE, JENNIFER	F3039	01:03:56.00	06:23	01:03:33.05
50/86	333/481	340	KWAN, RITA	F3039	01:04:02.25	06:24	01:03:24.00
51/86	338/481	412	MCCLELLAND, ELIZABETH	F3039	01:04:25.95	06:26	01:04:04.85

Category Results

10K - 6.21 Miles

481 Competitors

10KF3039 - 86 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
52/86	339/481	596	TESSIER, MELANIE	F3039	01:04:29.60	06:26	01:04:06.00
53/86	346/481	295	JACKMAN, CARLA	F3039	01:04:59.90	06:29	01:04:40.85
54/86	348/481	534	RYAN, SHEILA	F3039	01:05:02.60	06:30	01:04:22.65
55/86	352/481	325	KILLAM, TERESA	F3039	01:05:16.20	06:31	01:04:45.65
56/86	355/481	473	PALOMBO, VICKY	F3039	01:05:28.65	06:32	01:05:02.80
57/86	361/481	121	COLE, AMANDA	F3039	01:05:52.65	06:35	01:05:35.45
58/86	362/481	333	KLASSEN, CHRISTINE	F3039	01:05:52.65	06:35	01:05:39.55
59/86	363/481	457	NEUFELD, CARMEN	F3039	01:05:52.95	06:35	01:05:39.00
60/86	364/481	366	LEUNG, JANET	F3039	01:05:55.35	06:35	01:05:35.70
61/86	373/481	314	KARVINEN, TRISHA	F3039	01:06:02.75	06:36	01:05:43.35
62/86	376/481	261	HAYNES, SARAH	F3039	01:06:15.15	06:37	01:05:40.40
63/86	383/481	389	MACDONNELL, JENNIFER	F3039	01:06:43.05	06:40	01:06:22.25
64/86	385/481	577	STANICK, CANDACE	F3039	01:06:54.30	06:41	01:06:15.35
65/86	386/481	194	EL HAGE, CHRISTY	F3039	01:06:54.35	06:41	01:06:15.50
66/86	391/481	469	OSINSKI, KELLY	F3039	01:07:00.75	06:42	01:06:16.00
67/86	397/481	399	MANZ, TAMMY	F3039	01:07:25.40	06:44	01:06:47.45
68/86	406/481	357	LEE, CHARISSA	F3039	01:08:16.85	06:49	01:07:38.70
69/86	407/481	281	HOWELL, COLLEEN	F3039	01:08:19.60	06:49	01:05:04.95
70/86	409/481	47	BIETZ, JOCELYN	F3039	01:08:34.20	06:51	01:07:47.75
71/86	413/481	610	TSANG, JOSEPHINE	F3039	01:08:53.20	06:53	01:08:18.35
72/86	416/481	518	ROBERTSON, CLAIRE	F3039	01:09:12.90	06:55	01:08:40.80
73/86	433/481	573	SPRUYT, LAURA	F3039	01:11:11.75	07:07	01:10:50.95
74/86	441/481	584	STIEN, JENNIFER	F3039	01:13:57.15	07:23	01:13:15.25
75/86	442/481	4	AITKEN, ANNE	F3039	01:13:58.05	07:23	01:13:15.65
76/86	444/481	297	JAMIESON, KELTIE	F3039	01:14:52.05	07:29	01:14:29.35
77/86	447/481	243	GUY, CARMEN	F3039	01:15:04.55	07:30	01:14:49.30
78/86	450/481	392	MACLEAN, GLENDA	F3039	01:16:08.60	07:36	01:15:34.35
79/86	451/481	55	BONERTZ, YVONNE	F3039	01:16:09.15	07:36	01:15:36.60
80/86	454/481	516	RINGUETTE, BRANDEE	F3039	01:16:45.90	07:40	01:16:02.70
81/86	456/481	252	HAPIN, MARIA	F3039	01:16:54.80	07:41	01:16:43.60
82/86	459/481	219	GAUTHIER, HEATHER	F3039	01:17:16.00	07:43	01:16:41.80
83/86	460/481	265	HELMAN, CHARITY	F3039	01:17:21.40	07:44	01:16:34.50
84/86	467/481	220	GAW, JANET	F3039	01:20:11.65	08:01	01:19:27.35
85/86	472/481	199	ESPOSITO, SARAH	F3039	01:21:56.15	08:11	01:21:31.80
86/86	473/481	289	HYSERT, MELANY	F3039	01:22:36.50	08:15	01:22:36.50

10KF4049 - 55 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/55	69/481	116	CLAYTON, JANICE	F4049	00:47:14.05	04:43	00:47:07.45
2/55	91/481	164	DELMAR, LESLEY	F4049	00:48:38.95	04:51	00:48:27.15
3/55	120/481	177	DORIAN, LISA	F4049	00:51:06.25	05:06	00:50:57.60
4/55	147/481	510	RESCHKE, KERRIE	F4049	00:53:50.00	05:23	00:53:33.15
5/55	159/481	103	CHAN, JENNY	F4049	00:54:32.95	05:27	00:54:21.45
6/55	163/481	307	JONES, TERESA	F4049	00:54:41.15	05:28	00:54:27.60
7/55	172/481	276	HOCKING, PHILIPPA	F4049	00:55:06.25	05:30	00:55:00.20
8/55	173/481	478	PARSONS, LUCIA	F4049	00:55:08.95	05:30	00:54:38.80
9/55	188/481	496	POTTER, TRACY	F4049	00:55:55.50	05:35	00:55:48.25
10/55	192/481	95	CAPUTO, CONNIE	F4049	00:56:31.10	05:39	00:55:53.25
11/55	198/481	390	MACEACHERN, CARLA	F4049	00:57:09.25	05:42	00:56:57.10
12/55	206/481	384	MACDONALD, ANGELA	F4049	00:57:45.10	05:46	00:57:11.65
13/55	211/481	453	NAWALKOWSKI, NANCY	F4049	00:57:59.95	05:48	00:57:29.75
14/55	215/481	321	KERR, SHAUNA	F4049	00:58:09.25	05:48	00:57:50.60
15/55	216/481	535	SAKUNDIAK, JUDY	F4049	00:58:10.00	05:49	00:57:49.75
16/55	236/481	203	FERGUSON, CORRINE	F4049	00:59:10.70	05:55	00:58:43.80
17/55	240/481	612	TURNER, COLLEEN	F4049	00:59:18.95	05:55	00:58:57.90
18/55	251/481	56	BOOTH, PAULA	F4049	00:59:48.35	05:58	00:59:27.65
19/55	262/481	41	BERES, ANDREA	F4049	01:00:19.40	06:01	01:00:09.30
20/55	284/481	233	GRAHAM, TERESA	F4049	01:00:49.65	06:04	01:00:32.10
21/55	285/481	302	JESSEY, MARY	F4049	01:00:50.10	06:05	01:00:32.75
22/55	289/481	350	LATIMER, BRENDA	F4049	01:00:54.40	06:05	01:00:15.85
23/55	294/481	709	GUILLEMAUD, MIRIAM	F4049	01:01:18.70	06:07	01:00:51.05
24/55	313/481	624	VERGOUWEN, PATRICIA	F4049	01:02:30.40	06:15	01:02:08.85
25/55	331/481	369	LONGMORE, HEATHER	F4049	01:03:56.20	06:23	01:03:43.65

Category Results

10K - 6.21 Miles

481 Competitors

10KF4049 - 55 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
26/55	340/481	470	OUELLETTE, SHANNON	F4049	01:04:41.55	06:28	01:04:07.60
27/55	354/481	571	SPOONER, TRACEY	F4049	01:05:23.80	06:32	01:04:48.25
28/55	356/481	358	LEE, CHERYL	F4049	01:05:29.95	06:32	01:05:06.95
29/55	370/481	600	THOMPSON, JANICE	F4049	01:06:00.30	06:36	01:05:21.50
30/55	374/481	695	KOSAKA, SHARON	F4049	01:06:08.85	06:36	01:05:50.35
31/55	378/481	61	BOWEN, MAGGIE	F4049	01:06:33.15	06:39	01:05:57.05
32/55	381/481	275	HOCKING, JENNIFER	F4049	01:06:39.85	06:39	01:06:13.00
33/55	390/481	578	STEININGER, NOLA	F4049	01:06:58.00	06:41	01:06:31.75
34/55	392/481	374	LUCAS, KRISTINA	F4049	01:07:14.80	06:43	01:06:42.70
35/55	393/481	712	DAFFERN, TERESA	F4049	01:07:15.75	06:43	01:06:43.30
36/55	403/481	352	LAWSON, DONNALEE	F4049	01:07:54.20	06:47	01:07:36.55
37/55	414/481	430	MICHAEL, CARRIE	F4049	01:09:11.05	06:55	01:08:45.55
38/55	418/481	125	COOKSLEY, KAREN	F4049	01:09:29.15	06:56	01:09:14.05
39/55	421/481	661	ZIMOLA, KIRSTEN	F4049	01:09:53.40	06:59	01:09:27.05
40/55	426/481	211	FOX, KAREN	F4049	01:10:23.35	07:02	01:09:56.85
41/55	427/481	342	LACEY, BIRGIT	F4049	01:10:23.40	07:02	01:09:57.90
42/55	428/481	42	BERNARD-DIXON, MELISSA	F4049	01:10:23.65	07:02	01:09:58.15
43/55	431/481	161	DE PEUTER, NICKI	F4049	01:10:58.90	07:05	01:10:24.05
44/55	436/481	398	MANUBENS, SUZETTE	F4049	01:12:09.20	07:12	01:11:20.05
45/55	445/481	249	HALPIN, BETH	F4049	01:14:54.80	07:29	01:14:12.80
46/55	446/481	204	FETHERSTONHAUGH, MELISSA	F4049	01:14:54.85	07:29	01:14:13.50
47/55	449/481	435	MOHARIB, NADIA	F4049	01:15:44.65	07:34	01:15:05.25
48/55	457/481	462	NOVASAT, ADINA	F4049	01:17:04.50	07:42	01:16:15.95
49/55	458/481	523	ROGERS, NOELLE	F4049	01:17:04.65	07:42	01:16:15.35
50/55	462/481	10	ASPLUND, LORI	F4049	01:17:25.50	07:44	01:17:13.45
51/55	464/481	180	DUBORD, CAROLYN	F4049	01:18:43.75	07:52	01:17:06.15
52/55	468/481	672	RATHJE, JILL	F4049	01:21:03.60	08:06	01:20:29.35
53/55	469/481	502	RATHJE, KELLY	F4049	01:21:03.75	08:06	01:20:29.50
54/55	477/481	214	GAGNON, TINA	F4049	01:26:31.75	08:39	01:25:44.80
55/55	481/481	635	WATERS, KRISTEN	F4049	01:36:13.00	09:37	01:35:29.45

10KF5059 - 30 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/30	123/481	539	SAWCHYN, DONNA	F5059	00:51:25.95	05:08	00:51:22.85
2/30	139/481	427	MCPHERSON, SHEILA	F5059	00:53:19.65	05:19	00:53:12.00
3/30	155/481	368	LINDHOLM, CAROL	F5059	00:54:07.00	05:24	00:53:52.20
4/30	195/481	37	BENSON, LORRAINE	F5059	00:56:50.05	05:41	00:56:31.40
5/30	217/481	27	BASSETT, YOSHIE	F5059	00:58:12.70	05:49	00:57:57.30
6/30	218/481	301	JENSEN, DONNA	F5059	00:58:13.00	05:49	00:57:55.45
7/30	226/481	53	BOHNET, BRENDA	F5059	00:58:47.95	05:52	00:58:18.30
8/30	242/481	101	CECCANESE, ANN	F5059	00:59:23.20	05:56	00:59:05.40
9/30	255/481	591	SUNADA, JOYCE	F5059	00:59:55.90	05:59	00:59:27.70
10/30	271/481	224	GLACKIN, MONICA	F5059	01:00:28.65	06:02	01:00:05.90
11/30	272/481	634	WATERS, KATHY	F5059	01:00:28.65	06:02	01:00:06.20
12/30	273/481	540	SCHAFFLAND, UTE	F5059	01:00:29.70	06:02	01:00:08.10
13/30	277/481	318	KELLER, SUSAN	F5059	01:00:38.70	06:03	01:00:11.05
14/30	283/481	487	PETURSSON, TANNIS	F5059	01:00:49.65	06:04	01:00:19.00
15/30	288/481	423	MCKENZIE, PENNIE	F5059	01:00:51.10	06:05	01:00:45.05
16/30	295/481	488	PEWAR, KIM	F5059	01:01:22.65	06:08	01:00:48.60
17/30	299/481	227	GORMAN, ARLENE	F5059	01:01:33.05	06:09	01:00:55.95
18/30	323/481	547	SHANKS, WENDY	F5059	01:03:31.85	06:21	01:03:18.30
19/30	343/481	271	HIDER, CHRIS	F5059	01:04:47.95	06:28	01:04:24.20
20/30	349/481	603	TIGHE, DIANE	F5059	01:05:05.25	06:30	01:04:35.45
21/30	358/481	677	DOYLE-FLINTOFT, KATHLEEN	F5059	01:05:36.35	06:33	01:05:19.00
22/30	394/481	515	RIENDEAU, MARNEY	F5059	01:07:24.40	06:44	01:07:00.95
23/30	402/481	54	BOIVIN, SYLVIE	F5059	01:07:45.10	06:46	01:07:22.70
24/30	405/481	336	KOSIK, WILMA	F5059	01:08:10.00	06:49	01:07:49.05
25/30	412/481	236	GRANSON, KATE	F5059	01:08:51.85	06:53	01:08:43.35
26/30	423/481	362	LEMAY-MOORE, DENISE	F5059	01:10:04.20	07:00	01:09:43.45
27/30	430/481	344	LAING, DEBBIE	F5059	01:10:43.20	07:04	01:10:21.20
28/30	432/481	70	BRENNAN, SANDI	F5059	01:11:07.10	07:06	01:10:30.40
29/30	435/481	290	ILNYCKYJ, MARIA	F5059	01:11:49.95	07:10	01:11:18.90
30/30	455/481	705	HUTCHINSON, JANET	F5059	01:16:47.20	07:40	01:16:04.00

Category Results

10K - 6.21 Miles

481 Competitors

10KF6069 - 5 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/5	207/481	560	SKOV, BONNIE	F6069	00:57:57.85	05:47	00:57:49.05
2/5	314/481	127	COOPER, BARBARA	F6069	01:02:38.25	06:15	01:02:31.65
3/5	335/481	212	FRASER, CHRISTINA	F6069	01:04:20.65	06:26	01:04:02.05
4/5	408/481	66	BRADLEY, MICHELLE	F6069	01:08:30.00	06:51	01:08:07.05
5/5	461/481	708	CYRE, DORIS	F6069	01:17:25.35	07:44	01:17:13.00

10KF7099 - 1 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/1	375/481	328	KINGSEP, PATRICIA	F7099	01:06:09.40	06:36	01:06:01.50

10KM0119 - 5 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/5	3/481	309	JUSTINEN, ROMAN	M0119	00:37:35.05	03:45	00:37:34.30
2/5	126/481	223	GIUFFRE, ANTHONY	M0119	00:51:35.50	05:09	00:51:29.45
3/5	178/481	714	STOUT, MARK	M0119	00:55:19.95	05:31	00:55:10.50
4/5	350/481	74	BRESCIA, SHAWN	M0119	01:05:14.10	06:31	01:04:48.05
5/5	480/481	153	DAVIES, CAMERON	M0119	01:29:27.50	08:56	01:28:51.35

10KM2029 - 29 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/29	4/481	138	CUMMINGS, TRAVIS	M2029	00:37:57.40	03:47	00:37:56.80
2/29	11/481	581	STEUDLER, CARL	M2029	00:39:27.15	03:56	00:39:25.80
3/29	14/481	260	HASTINGS, STEPHEN	M2029	00:40:22.45	04:02	00:40:21.80
4/29	22/481	151	DARCY, NOEL	M2029	00:41:54.45	04:11	00:41:53.05
5/29	31/481	619	VAN BESOUW, JORDAN	M2029	00:42:37.90	04:15	00:42:34.85
6/29	36/481	439	MOORE, KYLE	M2029	00:42:56.90	04:17	00:42:55.40
7/29	45/481	527	ROTH, JONATHAN	M2029	00:44:33.10	04:27	00:44:30.00
8/29	46/481	671	ROTH, DANIEL	M2029	00:44:33.15	04:27	00:44:28.75
9/29	49/481	183	DUHAULT, ALEX	M2029	00:44:51.25	04:29	00:44:51.20
10/29	55/481	193	EKELUND, TRAVIS	M2029	00:45:54.35	04:35	00:45:45.20
11/29	62/481	436	MOHR, KEVIN	M2029	00:46:47.20	04:40	00:46:45.45
12/29	67/481	454	NELSON, BRAD	M2029	00:47:07.20	04:42	00:47:04.25
13/29	80/481	383	MACDERMOTT, ZACK	M2029	00:48:07.25	04:48	00:48:01.00
14/29	81/481	382	MACDERMOTT, MATT	M2029	00:48:07.40	04:48	00:48:01.35
15/29	82/481	689	BARANIECKI, CEZARY	M2029	00:48:24.90	04:50	00:48:17.25
16/29	93/481	466	ONG, SIMON	M2029	00:48:42.85	04:52	00:48:40.00
17/29	111/481	170	DEWIT, MATT	M2029	00:49:53.60	04:59	00:49:36.90
18/29	114/481	146	DA SILVA, JEFFREY	M2029	00:50:52.50	05:05	00:50:48.30
19/29	115/481	242	GUTIERREZ, FRANCISCO A.	M2029	00:50:55.65	05:05	00:50:45.70
20/29	116/481	655	YELA, FERNANDO	M2029	00:50:55.80	05:05	00:50:45.55
21/29	196/481	305	JOHNSTON, ROB	M2029	00:56:52.30	05:41	00:56:30.75
22/29	238/481	87	CAICEDO, GERARDO J.	M2029	00:59:12.40	05:55	00:58:54.85
23/29	248/481	418	MCDONALD, SEAN	M2029	00:59:41.20	05:58	00:59:18.85
24/29	256/481	288	MACDONALD, THOMAS	M2029	00:59:57.55	05:59	00:59:21.20
25/29	258/481	572	SPROULE, JARED	M2029	00:59:59.25	05:59	00:58:22.20
26/29	260/481	76	BROWNSON, JORDAN	M2029	01:00:03.45	06:00	00:59:24.80
27/29	266/481	7	ANHOLT, LANDON	M2029	01:00:23.65	06:02	01:00:09.60
28/29	269/481	685	LOWE, JEAN-PAUL	M2029	01:00:27.00	06:02	00:59:56.25
29/29	366/481	626	VERTZ, JOHN	M2029	01:05:58.20	06:35	01:05:31.10

10KM3039 - 81 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/81	1/481	402	MARSDEN, DUNCAN	M3039	00:36:52.00	03:41	00:36:51.55
2/81	2/481	692	KENDRICK, NATHAN	M3039	00:36:56.80	03:41	00:36:56.35
3/81	5/481	666	TWA, RYAN	M3039	00:37:58.50	03:47	00:37:55.75
4/81	6/481	703	PENNY, BLAINE	M3039	00:38:01.85	03:48	00:38:01.40
5/81	7/481	683	BELL, DARCY	M3039	00:38:28.05	03:50	00:38:26.65
6/81	8/481	310	KAHTAVA, ADAM	M3039	00:38:35.75	03:51	00:38:33.50
7/81	10/481	277	HOPFNER, GEOFF	M3039	00:38:49.45	03:52	00:38:49.00
8/81	12/481	448	MURRAY, RYAN	M3039	00:39:41.50	03:58	00:39:39.55
9/81	15/481	441	MOROZ, MARK	M3039	00:40:56.15	04:05	00:40:53.00
10/81	18/481	191	DWYER, MARK	M3039	00:41:21.75	04:08	00:41:20.60
11/81	19/481	168	DESROCHERS, DARREN	M3039	00:41:25.50	04:08	00:41:22.20
12/81	21/481	517	ROBBINS, ROBIN	M3039	00:41:31.20	04:09	00:41:28.65
13/81	23/481	660	ZAHYNACZ, RYAN	M3039	00:42:05.30	04:12	00:42:02.00

Category Results

10K - 6.21 Miles

481 Competitors

10KM3039 - 81 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
14/81	24/481	428	MEDWID, GREG	M3039	00:42:05.45	04:12	00:42:03.30
15/81	33/481	542	SCHELLENBERG, RYAN	M3039	00:42:41.75	04:16	00:42:40.25
16/81	35/481	326	KILLICK, DAN	M3039	00:42:50.80	04:17	00:42:49.30
17/81	42/481	192	DYMENT, GEOFF	M3039	00:44:25.90	04:26	00:44:22.90
18/81	56/481	81	BURGESS, NEAL	M3039	00:45:59.10	04:35	00:45:56.75
19/81	57/481	280	HOUSTON, CHAD	M3039	00:46:12.75	04:37	00:46:09.10
20/81	58/481	541	SCHELLENBERG, DEVAN	M3039	00:46:16.60	04:37	00:46:09.70
21/81	59/481	620	VAN HEMERT, JOHN	M3039	00:46:25.90	04:38	00:46:21.80
22/81	61/481	137	CULLINGHAM, MIKE	M3039	00:46:43.90	04:40	00:46:40.45
23/81	72/481	690	GIUFFRE, ANTHONY	M3039	00:47:30.15	04:45	00:47:23.80
24/81	77/481	279	HORSLEY, DEON	M3039	00:47:54.50	04:47	00:47:51.10
25/81	78/481	98	CARMICHAEL, SCOTT	M3039	00:47:58.60	04:47	00:47:39.90
26/81	84/481	629	VIERNEZA, MARK	M3039	00:48:29.10	04:50	00:48:18.40
27/81	85/481	263	HEGGE, CHAD	M3039	00:48:29.85	04:50	00:48:03.35
28/81	89/481	99	CARSON, ANDY	M3039	00:48:34.35	04:51	00:48:10.25
29/81	90/481	546	SEGARRA, MARK	M3039	00:48:38.15	04:51	00:48:27.80
30/81	94/481	284	HUNTER, BRIAN	M3039	00:48:49.45	04:52	00:48:29.60
31/81	96/481	691	BROWN, SEAN	M3039	00:48:59.80	04:53	00:48:53.75
32/81	103/481	324	KIERSTEAD, MIKE	M3039	00:49:31.65	04:57	00:49:07.30
33/81	105/481	213	FUCHS, SHELDON	M3039	00:49:38.80	04:57	00:49:24.45
34/81	108/481	361	LEE, PAUL	M3039	00:49:43.95	04:58	00:49:37.95
35/81	110/481	181	DUCKWORTH, RYAN	M3039	00:49:48.50	04:58	00:49:29.75
36/81	113/481	493	PLAMONDON, DOMINIC	M3039	00:50:23.30	05:02	00:50:21.25
37/81	119/481	23	BARKER, DYLAN	M3039	00:50:59.95	05:05	00:50:22.00
38/81	124/481	564	SMITH, LINDSEY	M3039	00:51:27.00	05:08	00:51:22.20
39/81	128/481	566	SMITH, NATHAN	M3039	00:51:46.45	05:10	00:51:32.30
40/81	131/481	15	BAIRD, PHILLIP	M3039	00:51:57.75	05:11	00:51:42.05
41/81	132/481	17	BALDWIN, AARON	M3039	00:52:13.65	05:13	00:51:34.25
42/81	137/481	485	PATERSON, SHANE	M3039	00:53:09.20	05:18	00:52:52.20
43/81	141/481	176	DONG, MANSON	M3039	00:53:25.15	05:20	00:52:44.65
44/81	142/481	303	JHANDIR, FAISAL	M3039	00:53:26.05	05:20	00:53:24.50
45/81	148/481	663	ZUK, SCOTT	M3039	00:53:51.55	05:23	00:53:16.55
46/81	149/481	444	MUMMERY, CHRIS	M3039	00:53:54.70	05:23	00:53:41.00
47/81	152/481	339	KUIPERS, MARK	M3039	00:54:03.45	05:24	00:53:55.75
48/81	164/481	35	BELL, JEFF	M3039	00:54:41.45	05:28	00:54:14.35
49/81	165/481	636	WATKINS, NEIL	M3039	00:54:43.35	05:28	00:54:01.80
50/81	168/481	83	BURNS, DAVID	M3039	00:54:54.90	05:29	00:54:48.15
51/81	170/481	649	WILKINSON, RAY	M3039	00:54:56.70	05:29	00:54:50.85
52/81	181/481	108	CHEUNG, PHIL	M3039	00:55:24.50	05:32	00:55:06.35
53/81	182/481	413	MCCORKINDALE, IAIN	M3039	00:55:26.95	05:32	00:55:10.35
54/81	183/481	641	WEBSTER, NATHANIEL	M3039	00:55:36.85	05:33	00:54:59.30
55/81	184/481	508	REID, GRAEME	M3039	00:55:38.25	05:33	00:55:00.90
56/81	189/481	118	COCHRAN, TREVOR	M3039	00:55:59.95	05:36	00:55:45.80
57/81	197/481	481	PEPLINSKI, STEVEN	M3039	00:57:07.15	05:42	00:56:38.30
58/81	199/481	231	GRADY, MATT	M3039	00:57:09.40	05:42	00:56:53.75
59/81	205/481	29	BAST, GENO	M3039	00:57:44.20	05:46	00:57:36.55
60/81	209/481	187	DUMSKY, ALEX	M3039	00:57:59.65	05:47	00:57:27.55
61/81	219/481	258	HARRISON, RYAN	M3039	00:58:18.15	05:49	00:57:46.85
62/81	223/481	229	GOURLAY, DEREK	M3039	00:58:28.65	05:50	00:57:44.70
63/81	224/481	198	ESCHBAUMER, MICHAEL	M3039	00:58:43.30	05:52	00:58:18.90
64/81	227/481	30	BAYDA, DEAN	M3039	00:58:58.45	05:53	00:58:13.95
65/81	228/481	465	OMOBOMIDURO, AKINBO	M3039	00:58:58.55	05:53	00:58:25.50
66/81	249/481	562	SMITH, ADAM	M3039	00:59:43.85	05:58	00:59:10.95
67/81	261/481	583	STIEN, ANDREW	M3039	01:00:12.05	06:01	00:59:32.55
68/81	263/481	611	TURNBULL, BLAKE	M3039	01:00:22.05	06:02	00:59:42.35
69/81	274/481	549	SHARESKI, MIKE	M3039	01:00:30.40	06:03	01:00:08.30
70/81	275/481	38	BENTLEY, CHRIS	M3039	01:00:36.75	06:03	00:59:51.50
71/81	280/481	595	TEJANI, RAHIM	M3039	01:00:47.05	06:04	01:00:05.60
72/81	281/481	458	NISCAK, DAVID	M3039	01:00:47.25	06:04	01:00:06.30
73/81	308/481	292	ISAS, LEANDRO	M3039	01:02:07.55	06:12	01:01:39.00
74/81	311/481	404	MASTERMAN, ANDREW	M3039	01:02:24.25	06:14	01:02:14.70
75/81	315/481	234	GRAHAM, TIMOTHY	M3039	01:02:45.35	06:16	01:02:22.90

Category Results

10K - 6.21 Miles

481 Competitors

10KM3039 - 81 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
76/81	351/481	71	BRESCIA, DAVE	M3039	01:05:14.55	06:31	01:04:47.80
77/81	359/481	285	HUNTER, TREVOR	M3039	01:05:46.75	06:34	01:05:35.15
78/81	380/481	152	DARGIE, THOMAS	M3039	01:06:35.85	06:39	01:06:00.65
79/81	384/481	548	UYS, RUAN	M3039	01:06:54.15	06:41	01:06:34.20
80/81	396/481	298	JAMIESON, MICHEAL	M3039	01:07:24.75	06:44	01:06:47.20
81/81	429/481	253	HARDING, MATTHEW	M3039	01:10:34.60	07:03	01:09:48.55

10KM4049 - 57 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/57	9/481	707	DRAUDE, JODY	M4049	00:38:43.60	03:52	00:38:43.40
2/57	20/481	593	TABELEV, OLEG	M4049	00:41:30.70	04:09	00:41:29.00
3/57	25/481	538	SAUNDERS, STEVE	M4049	00:42:16.55	04:13	00:42:14.40
4/57	26/481	570	SPANOS, GEORGE	M4049	00:42:17.45	04:13	00:42:13.80
5/57	28/481	654	WOOD, STEPHEN	M4049	00:42:23.75	04:14	00:42:23.30
6/57	39/481	306	JONES, KIM	M4049	00:44:13.70	04:25	00:44:10.85
7/57	40/481	341	KWOK, EAGLE	M4049	00:44:15.90	04:25	00:44:10.95
8/57	43/481	173	DODDS, RICH	M4049	00:44:26.15	04:26	00:44:19.25
9/57	50/481	438	MOORE, ADRIAN	M4049	00:45:07.70	04:30	00:45:02.85
10/57	52/481	536	SALDANA, ALEX	M4049	00:45:14.25	04:31	00:45:05.65
11/57	64/481	44	BETZNER, MICHAEL	M4049	00:46:50.90	04:41	00:46:50.55
12/57	65/481	6	ALBORNOZ, ALFREDO	M4049	00:46:55.45	04:41	00:46:46.20
13/57	66/481	240	GROMACK, STEVE	M4049	00:46:56.00	04:41	00:46:45.65
14/57	68/481	561	SMIT, THEO	M4049	00:47:10.60	04:43	00:47:10.00
15/57	76/481	588	STRONG, EVAN	M4049	00:47:49.70	04:46	00:47:36.95
16/57	79/481	31	BEATTIE, JIM	M4049	00:48:00.30	04:48	00:47:48.95
17/57	83/481	348	LAQUA, GORDON	M4049	00:48:26.95	04:50	00:47:54.70
18/57	86/481	574	STADER, RAY	M4049	00:48:31.20	04:51	00:48:27.25
19/57	97/481	296	JACKMAN, DAVID	M4049	00:49:01.25	04:54	00:48:44.50
20/57	100/481	422	MCINNIS, GERARD	M4049	00:49:27.60	04:56	00:49:22.40
21/57	102/481	617	VALLEE, DAVID	M4049	00:49:29.30	04:56	00:49:17.60
22/57	107/481	550	SHERRITT, ERIC	M4049	00:49:40.30	04:58	00:49:27.55
23/57	109/481	239	GRIECO, JOHN	M4049	00:49:45.95	04:58	00:49:16.60
24/57	125/481	475	PAQUET, MARC	M4049	00:51:30.45	05:09	00:51:24.70
25/57	127/481	160	DE LUCA, MICHAEL	M4049	00:51:44.70	05:10	00:51:34.00
26/57	136/481	477	PARSONS, BRUCE	M4049	00:53:00.75	05:18	00:52:34.15
27/57	143/481	494	PLETT, STEVE	M4049	00:53:26.55	05:20	00:53:21.30
28/57	145/481	512	REYES, CARLOS	M4049	00:53:41.75	05:22	00:53:24.80
29/57	151/481	100	CAUSTON, ASHLEY	M4049	00:54:01.05	05:24	00:53:43.70
30/57	153/481	174	DOMBROVA, DUANE	M4049	00:54:04.75	05:24	00:53:37.20
31/57	157/481	491	PINTO, RAFAEL	M4049	00:54:22.50	05:26	00:54:11.80
32/57	158/481	32	BEAUDOIN, BEN	M4049	00:54:27.35	05:26	00:54:02.90
33/57	160/481	501	RAMSEY, JASON	M4049	00:54:33.60	05:27	00:54:21.75
34/57	161/481	424	MCLELLAN, LOCHLIN	M4049	00:54:36.45	05:27	00:54:18.85
35/57	186/481	300	JANSEN, RICHARD	M4049	00:55:46.10	05:34	00:55:26.85
36/57	187/481	232	GRAF, KEVIN	M4049	00:55:50.40	05:35	00:55:22.65
37/57	204/481	365	LESLIE, JEFF	M4049	00:57:32.55	05:45	00:57:13.90
38/57	220/481	483	PEREZ, RENEE	M4049	00:58:23.15	05:50	00:58:10.75
39/57	230/481	500	QUINN, IAN	M4049	00:58:59.50	05:53	00:58:20.85
40/57	233/481	197	EMERY, ROBERT	M4049	00:59:01.05	05:54	00:58:20.05
41/57	237/481	713	WEINERT, MIKE	M4049	00:59:11.00	05:55	00:58:46.15
42/57	253/481	367	LEVEQUE, PETER	M4049	00:59:54.80	05:59	00:59:44.10
43/57	264/481	639	WAYRYNEN, AL	M4049	01:00:22.05	06:02	00:59:43.35
44/57	290/481	274	HNATIUK, ROGER	M4049	01:01:01.00	06:06	01:00:51.75
45/57	291/481	445	MURPHY, IAN	M4049	01:01:09.25	06:06	01:00:57.70
46/57	316/481	434	MIN, JASON	M4049	01:02:48.55	06:16	01:02:20.30
47/57	322/481	530	RUDOLPH, JAMES	M4049	01:03:29.25	06:20	01:03:05.15
48/57	332/481	503	RATHJE, MITCH	M4049	01:03:59.65	06:23	01:03:24.80
49/57	334/481	643	WEIR, BRYAN	M4049	01:04:03.15	06:24	01:03:25.85
50/57	342/481	509	RENAUD, SYLVAIN	M4049	01:04:46.70	06:28	01:04:13.75
51/57	360/481	28	BASSO, TONY	M4049	01:05:52.45	06:35	01:05:35.20
52/57	377/481	451	MYTOPHER, TERRY	M4049	01:06:25.00	06:38	01:06:14.95
53/57	389/481	559	SKELLEY, KEVIN	M4049	01:06:56.55	06:41	01:06:29.80
54/57	404/481	351	LAWSON, ANDREW	M4049	01:07:55.35	06:47	01:07:38.15

Category Results

10K - 6.21 Miles

481 Competitors

10KM4049 - 57 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
55/57	463/481	498	PREDHAM, BRUCE	M4049	01:18:25.95	07:50	01:18:13.35
56/57	465/481	468	ORR, ROB	M4049	01:18:44.65	07:52	01:18:19.70
57/57	478/481	442	MOTT, ROB	M4049	01:26:42.50	08:40	01:26:10.05

10KM5059 - 47 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/47	16/481	135	CRUTTENDEN, PETER	M5059	00:41:16.60	04:07	00:41:15.75
2/47	29/481	77	BRUCH, PHIL	M5059	00:42:29.55	04:14	00:42:27.05
3/47	37/481	46	BICKLEY, ED	M5059	00:43:39.35	04:21	00:43:36.40
4/47	44/481	513	RICHARDSON, JERRY	M5059	00:44:31.55	04:27	00:44:26.70
5/47	54/481	702	PRITCHARD, BOB	M5059	00:45:53.60	04:35	00:45:49.15
6/47	73/481	182	DUERKSEN, JOHN	M5059	00:47:40.00	04:46	00:47:34.45
7/47	74/481	537	SARETSKY, TOM	M5059	00:47:46.30	04:46	00:47:38.00
8/47	75/481	528	ROWE, PHILIP	M5059	00:47:47.85	04:46	00:47:43.15
9/47	88/481	126	COOPER, ALAN	M5059	00:48:32.40	04:51	00:48:27.25
10/47	92/481	622	VANGILST, JIM	M5059	00:48:40.50	04:52	00:48:32.80
11/47	95/481	437	MONCRIEFF, SHANNON	M5059	00:48:54.65	04:53	00:48:44.70
12/47	117/481	16	BAKER, STUART	M5059	00:50:57.55	05:05	00:50:55.95
13/47	121/481	123	CONSTABLE, BRUCE	M5059	00:51:18.55	05:07	00:51:00.70
14/47	122/481	75	BROWN, ERIC	M5059	00:51:20.55	05:08	00:50:59.75
15/47	129/481	393	MAGUIRE, JIM	M5059	00:51:50.20	05:11	00:51:47.25
16/47	130/481	22	BARHAM, FRED	M5059	00:51:55.35	05:11	00:51:48.65
17/47	138/481	269	HICKS, GARY	M5059	00:53:16.70	05:19	00:53:01.05
18/47	146/481	215	GAISFORD, JIM	M5059	00:53:48.40	05:22	00:53:42.05
19/47	193/481	419	MCDONNELL, MIKE	M5059	00:56:37.10	05:39	00:56:27.65
20/47	194/481	590	SULLIVAN, MARTY	M5059	00:56:42.65	05:40	00:56:14.70
21/47	212/481	78	BRUNSKILL, BILL	M5059	00:58:04.45	05:48	00:57:39.70
22/47	214/481	505	REDDEKOPP, JAY	M5059	00:58:07.40	05:48	00:57:43.90
23/47	245/481	148	DALY, LORNE	M5059	00:59:34.40	05:57	00:59:31.10
24/47	257/481	616	UYS, CLOETE	M5059	00:59:58.60	05:59	00:59:36.70
25/47	270/481	400	MARCHAND, BRENT	M5059	01:00:28.40	06:02	00:59:57.25
26/47	317/481	675	LAZOR, ANTHONY	M5059	01:02:58.15	06:17	01:02:19.90
27/47	321/481	184	DUHAULT, JOHN	M5059	01:03:27.95	06:20	01:03:11.45
28/47	328/481	532	RULLER, KEN	M5059	01:03:52.05	06:23	01:03:32.25
29/47	347/481	552	SHUNK, BLAIR	M5059	01:05:00.05	06:30	01:04:45.15
30/47	367/481	628	VERTZ, RON	M5059	01:05:59.25	06:35	01:05:31.05
31/47	395/481	218	GAUDET, GREG	M5059	01:07:24.55	06:44	01:07:00.45
32/47	399/481	440	MORGAN, PETER	M5059	01:07:30.25	06:45	01:07:14.90
33/47	401/481	417	MCDONALD, JOHN	M5059	01:07:39.15	06:45	01:07:34.95
34/47	411/481	638	WATSON, ROBERT	M5059	01:08:45.55	06:52	01:08:12.20
35/47	419/481	68	BRANT, KEN	M5059	01:09:30.10	06:57	01:09:15.80
36/47	420/481	678	BEAMAN, DANNY	M5059	01:09:39.60	06:57	01:09:24.95
37/47	422/481	286	MACDONALD, JOSEPH	M5059	01:10:00.00	07:00	01:10:00.00
38/47	434/481	69	BRAUN, JOHN	M5059	01:11:38.95	07:09	01:11:03.50
39/47	437/481	112	CIMINO, DOMENIC	M5059	01:12:13.05	07:13	01:11:50.25
40/47	438/481	86	CAICEDO, GERARDO A.	M5059	01:12:20.95	07:14	01:12:04.65
41/47	440/481	662	ZUK, KEN	M5059	01:13:46.45	07:22	01:13:10.75
42/47	443/481	459	NIXON, GORD	M5059	01:14:43.25	07:28	01:14:17.55
43/47	466/481	355	LEAL, TIM MAURICE	M5059	01:18:56.45	07:53	01:18:16.70
44/47	470/481	119	COCKLIN, BRUCE	M5059	01:21:30.45	08:09	01:21:06.30
45/47	471/481	196	ELLIS, WILLIAM	M5059	01:21:31.05	08:09	01:21:08.00
46/47	476/481	379	LYONS, MICHAEL	M5059	01:25:08.90	08:30	01:24:23.55
47/47	479/481	154	DAVIES, IAN	M5059	01:29:27.30	08:56	01:28:51.05

10KM6069 - 14 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/14	154/481	670	SINCLAIR, PAUL	M6069	00:54:06.75	05:24	00:53:58.85
2/14	175/481	114	CLARKE, DAVID	M6069	00:55:09.90	05:30	00:54:56.10
3/14	202/481	396	MANN, DON	M6069	00:57:26.90	05:44	00:57:12.45
4/14	234/481	266	HENDERSON, JIM	M6069	00:59:01.65	05:54	00:58:30.05
5/14	254/481	189	DUNNE, JAMES	M6069	00:59:55.35	05:59	00:59:26.05
6/14	312/481	563	SMITH, ERNIE	M6069	01:02:26.65	06:14	01:02:13.60
7/14	329/481	64	BRADLEY, JAY	M6069	01:03:54.85	06:23	01:03:32.85
8/14	336/481	553	SHUTT, STEVE	M6069	01:04:21.50	06:26	

Category Results

10K - 6.21 Miles

481 Competitors

10KM6069 - 14 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
							01:04:05.85
9/14	337/481	415	MCCREANOR, JOHN	M6069	01:04:23.00	06:26	01:04:07.60
10/14	341/481	323	KIELAU, DOUG	M6069	01:04:45.85	06:28	01:04:21.55
11/14	345/481	272	HIDER, JON	M6069	01:04:51.20	06:29	01:04:27.10
12/14	353/481	254	HARDING, PETER	M6069	01:05:19.75	06:31	01:04:33.70
13/14	379/481	62	BOWEN, RICK	M6069	01:06:33.35	06:39	01:05:56.85
14/14	410/481	680	HAMILL, TREVOR	M6069	01:08:35.70	06:51	01:08:18.85

10KM7099 - 2 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Chiptime
1/2	229/481	155	DAVIES, ROGER	M7099	00:58:59.25	05:53	00:58:51.05
2/2	474/481	371	LOUIE, WILLIAM	M7099	01:23:21.45	08:20	01:22:34.40