

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
1/481	1/81	402	MARSDEN, DUNCAN	M3039	00:36:52.00	03:41	M	1/235	00:36:51.55
2/481	2/81	692	KENDRICK, NATHAN	M3039	00:36:56.80	03:41	M	2/235	00:36:56.35
3/481	1/5	309	JUSTINEN, ROMAN	M0119	00:37:35.05	03:45	M	3/235	00:37:34.30
4/481	1/29	138	CUMMINGS, TRAVIS	M2029	00:37:57.40	03:47	M	4/235	00:37:56.80
5/481	3/81	666	TWA, RYAN	M3039	00:37:58.50	03:47	M	5/235	00:37:55.75
6/481	4/81	703	PENNY, BLAINE	M3039	00:38:01.85	03:48	M	6/235	00:38:01.40
7/481	5/81	683	BELL, DARCY	M3039	00:38:28.05	03:50	M	7/235	00:38:26.65
8/481	6/81	310	KAHTAVA, ADAM	M3039	00:38:35.75	03:51	M	8/235	00:38:33.50
9/481	1/57	707	DRAUDE, JODY	M4049	00:38:43.60	03:52	M	9/235	00:38:43.40
10/481	7/81	277	HOPFNER, GEOFF	M3039	00:38:49.45	03:52	M	10/235	00:38:49.00
11/481	2/29	581	STUUDLER, CARL	M2029	00:39:27.15	03:56	M	11/235	00:39:25.80
12/481	8/81	448	MURRAY, RYAN	M3039	00:39:41.50	03:58	M	12/235	00:39:39.55
13/481	1/63	315	KARY, GRACE	F2029	00:40:02.65	04:00	F	1/246	00:40:02.25
14/481	3/29	260	HASTINGS, STEPHEN	M2029	00:40:22.45	04:02	M	13/235	00:40:21.80
15/481	9/81	441	MOROZ, MARK	M3039	00:40:56.15	04:05	M	14/235	00:40:53.00
16/481	1/47	135	CRUTTENDEN, PETER	M5059	00:41:16.60	04:07	M	15/235	00:41:15.75
17/481	1/86	221	GERSPACHER, ROSEMARIE	F3039	00:41:18.80	04:07	F	2/246	00:41:17.20
18/481	10/81	191	DWYER, MARK	M3039	00:41:21.75	04:08	M	16/235	00:41:20.60
19/481	11/81	168	DESROCHERS, DARREN	M3039	00:41:25.50	04:08	M	17/235	00:41:22.20
20/481	2/57	593	TABELEV, OLEG	M4049	00:41:30.70	04:09	M	18/235	00:41:29.00
21/481	12/81	517	ROBBINS, ROBIN	M3039	00:41:31.20	04:09	M	19/235	00:41:28.65
22/481	4/29	151	DARCY, NOEL	M2029	00:41:54.45	04:11	M	20/235	00:41:53.05
23/481	13/81	660	ZAHYNACZ, RYAN	M3039	00:42:05.30	04:12	M	21/235	00:42:02.00
24/481	14/81	428	MEDWID, GREG	M3039	00:42:05.45	04:12	M	22/235	00:42:03.30
25/481	3/57	538	SAUNDERS, STEVE	M4049	00:42:16.55	04:13	M	23/235	00:42:14.40
26/481	4/57	570	SPANOS, GEORGE	M4049	00:42:17.45	04:13	M	24/235	00:42:13.80
27/481	2/63	397	MANNING, LINDSAY	F2029	00:42:20.80	04:14	F	3/246	00:42:19.70
28/481	5/57	654	WOOD, STEPHEN	M4049	00:42:23.75	04:14	M	25/235	00:42:23.30
29/481	2/47	77	BRUCH, PHIL	M5059	00:42:29.55	04:14	M	26/235	00:42:27.05
30/481	2/86	410	MCARTHUR, SUSANNE	F3039	00:42:30.90	04:15	F	4/246	00:42:29.35
31/481	5/29	619	VAN BESOUW, JORDAN	M2029	00:42:37.90	04:15	M	27/235	00:42:34.85
32/481	3/63	693	KENDRICK, MELISSA	F2029	00:42:39.50	04:15	F	5/246	00:42:39.00
33/481	15/81	542	SHELLENBERG, RYAN	M3039	00:42:41.75	04:16	M	28/235	00:42:40.25
34/481	4/63	312	KAISER, JESSICA	F2029	00:42:46.55	04:16	F	6/246	00:42:46.30
35/481	16/81	326	KILLICK, DAN	M3039	00:42:50.80	04:17	M	29/235	00:42:49.30
36/481	6/29	439	MOORE, KYLE	M2029	00:42:56.90	04:17	M	30/235	00:42:55.40
37/481	3/47	46	BICKLEY, ED	M5059	00:43:39.35	04:21	M	31/235	00:43:36.40
38/481	5/63	684	WOOLSTENCROFT, GILLIAN	F2029	00:43:46.20	04:22	F	7/246	00:43:44.40
39/481	6/57	306	JONES, KIM	M4049	00:44:13.70	04:25	M	32/235	00:44:10.85
40/481	7/57	341	KWOK, EAGLE	M4049	00:44:15.90	04:25	M	33/235	00:44:10.95
41/481	6/63	141	CURRIE, MELISSA	F2029	00:44:16.65	04:25	F	8/246	00:44:16.60
42/481	17/81	192	DYMENT, GEOFF	M3039	00:44:25.90	04:26	M	34/235	00:44:22.90
43/481	8/57	173	DODDS, RICH	M4049	00:44:26.15	04:26	M	35/235	00:44:19.25
44/481	4/47	513	RICHARDSON, JERRY	M5059	00:44:31.55	04:27	M	36/235	00:44:26.70
45/481	7/29	527	ROTH, JONATHAN	M2029	00:44:33.10	04:27	M	37/235	00:44:30.00
46/481	8/29	671	ROTH, DANIEL	M2029	00:44:33.15	04:27	M	38/235	00:44:28.75
47/481	3/86	347	LANDRY, ANNE MARIE	F3039	00:44:39.15	04:27	F	9/246	00:44:36.70
48/481	4/86	320	KENT, SARAH	F3039	00:44:40.40	04:28	F	10/246	00:44:37.40
49/481	9/29	183	DUHAULT, ALEX	M2029	00:44:51.25	04:29	M	39/235	00:44:51.20
50/481	9/57	438	MOORE, ADRIAN	M4049	00:45:07.70	04:30	M	40/235	00:45:02.85
51/481	5/86	657	YOUNG, KIM	F3039	00:45:13.05	04:31	F	11/246	00:45:09.95
52/481	10/57	536	SALDANA, ALEX	M4049	00:45:14.25	04:31	M	41/235	00:45:05.65
53/481	6/86	144	D'HONDT, KELLIE	F3039	00:45:19.45	04:31	F	12/246	00:45:17.95
54/481	5/47	702	PRITCHARD, BOB	M5059	00:45:53.60	04:35	M	42/235	00:45:49.15
55/481	10/29	193	EKELUND, TRAVIS	M2029	00:45:54.35	04:35	M	43/235	00:45:45.20
56/481	18/81	81	BURGESS, NEAL	M3039	00:45:59.10	04:35	M	44/235	00:45:56.75
57/481	19/81	280	HOUSTON, CHAD	M3039	00:46:12.75	04:37	M	45/235	00:46:09.10
58/481	20/81	541	SHELLENBERG, DEVAN	M3039	00:46:16.60	04:37	M	46/235	00:46:09.70
59/481	21/81	620	VAN HEMERT, JOHN	M3039	00:46:25.90	04:38	M	47/235	00:46:21.80
60/481	7/86	696	MCKENDRICK, KYLIE	F3039	00:46:40.40	04:40	F	13/246	00:46:34.45
61/481	22/81	137	CULLINGHAM, MIKE	M3039	00:46:43.90	04:40	M	48/235	00:46:40.45
62/481	11/29	436	MOHR, KEVIN	M2029	00:46:47.20	04:40	M	49/235	00:46:45.45
63/481	8/86	139	CURR-MYSCHUK, CHRISTINA	F3039	00:46:49.55	04:40	F	14/246	00:46:42.50

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
64/481	11/57	44	BETZNER, MICHAEL	M4049	00:46:50.90	04:41	M	50/235	00:46:50.55
65/481	12/57	6	ALBORNOZ, ALFREDO	M4049	00:46:55.45	04:41	M	51/235	00:46:46.20
66/481	13/57	240	GROMACK, STEVE	M4049	00:46:56.00	04:41	M	52/235	00:46:45.65
67/481	12/29	454	NELSON, BRAD	M2029	00:47:07.20	04:42	M	53/235	00:47:04.25
68/481	14/57	561	SMIT, THEO	M4049	00:47:10.60	04:43	M	54/235	00:47:10.00
69/481	1/55	116	CLAYTON, JANICE	F4049	00:47:14.05	04:43	F	15/246	00:47:07.45
70/481	7/63	526	ROTH, BEKI	F2029	00:47:15.25	04:43	F	16/246	00:47:11.95
71/481	8/63	331	KISELL, JESSICA	F2029	00:47:28.85	04:44	F	17/246	00:47:26.85
72/481	23/81	690	GIUFFRE, ANTHONY	M3039	00:47:30.15	04:45	M	55/235	00:47:23.80
73/481	6/47	182	DUERKSEN, JOHN	M5059	00:47:40.00	04:46	M	56/235	00:47:34.45
74/481	7/47	537	SARETSKY, TOM	M5059	00:47:46.30	04:46	M	57/235	00:47:38.00
75/481	8/47	528	ROWE, PHILIP	M5059	00:47:47.85	04:46	M	58/235	00:47:43.15
76/481	15/57	588	STRONG, EVAN	M4049	00:47:49.70	04:46	M	59/235	00:47:36.95
77/481	24/81	279	HORSLEY, DEON	M3039	00:47:54.50	04:47	M	60/235	00:47:51.10
78/481	25/81	98	CARMICHAEL, SCOTT	M3039	00:47:58.60	04:47	M	61/235	00:47:39.90
79/481	16/57	31	BEATTIE, JIM	M4049	00:48:00.30	04:48	M	62/235	00:47:48.95
80/481	13/29	383	MACDERMOTT, ZACK	M2029	00:48:07.25	04:48	M	63/235	00:48:01.00
81/481	14/29	382	MACDERMOTT, MATT	M2029	00:48:07.40	04:48	M	64/235	00:48:01.35
82/481	15/29	689	BARANIECKI, CEZARY	M2029	00:48:24.90	04:50	M	65/235	00:48:17.25
83/481	17/57	348	LAQUA, GORDON	M4049	00:48:26.95	04:50	M	66/235	00:47:54.70
84/481	26/81	629	VIERNEZA, MARK	M3039	00:48:29.10	04:50	M	67/235	00:48:18.40
85/481	27/81	263	HEGGE, CHAD	M3039	00:48:29.85	04:50	M	68/235	00:48:03.35
86/481	18/57	574	STADER, RAY	M4049	00:48:31.20	04:51	M	69/235	00:48:27.25
87/481	9/63	601	THURSTON, JACKIE	F2029	00:48:32.35	04:51	F	18/246	00:48:30.85
88/481	9/47	126	COOPER, ALAN	M5059	00:48:32.40	04:51	M	70/235	00:48:27.25
89/481	28/81	99	CARSON, ANDY	M3039	00:48:34.35	04:51	M	71/235	00:48:10.25
90/481	29/81	546	SEGARRA, MARK	M3039	00:48:38.15	04:51	M	72/235	00:48:27.80
91/481	2/55	164	DELMAR, LESLEY	F4049	00:48:38.95	04:51	F	19/246	00:48:27.15
92/481	10/47	622	VANGILST, JIM	M5059	00:48:40.50	04:52	M	73/235	00:48:32.80
93/481	16/29	466	ONG, SIMON	M2029	00:48:42.85	04:52	M	74/235	00:48:40.00
94/481	30/81	284	HUNTER, BRIAN	M3039	00:48:49.45	04:52	M	75/235	00:48:29.60
95/481	11/47	437	MONCRIEFF, SHANNON	M5059	00:48:54.65	04:53	M	76/235	00:48:44.70
96/481	31/81	691	BROWN, SEAN	M3039	00:48:59.80	04:53	M	77/235	00:48:53.75
97/481	19/57	296	JACKMAN, DAVID	M4049	00:49:01.25	04:54	M	78/235	00:48:44.50
98/481	9/86	322	KERWIN, STEPHANIE	F3039	00:49:01.55	04:54	F	20/246	00:48:57.35
99/481	10/63	259	HASTINGS, ERIN	F2029	00:49:24.55	04:56	F	21/246	00:48:51.10
100/481	20/57	422	MCINNIS, GERARD	M4049	00:49:27.60	04:56	M	79/235	00:49:22.40
101/481	10/86	589	STRUEBY, JILL	F3039	00:49:27.60	04:56	F	22/246	00:49:22.95
102/481	21/57	617	VALLEE, DAVID	M4049	00:49:29.30	04:56	M	80/235	00:49:17.60
103/481	32/81	324	KIERSTEAD, MIKE	M3039	00:49:31.65	04:57	M	81/235	00:49:07.30
104/481	11/63	682	MACDONALD, MEREDITH	F2029	00:49:38.00	04:57	F	23/246	00:49:26.20
105/481	33/81	213	FUCHS, SHELDON	M3039	00:49:38.80	04:57	M	82/235	00:49:24.45
106/481	12/63	640	WEBBER, TALIA	F2029	00:49:39.35	04:57	F	24/246	00:49:37.75
107/481	22/57	550	SHERRITT, ERIC	M4049	00:49:40.30	04:58	M	83/235	00:49:27.55
108/481	34/81	361	LEE, PAUL	M3039	00:49:43.95	04:58	M	84/235	00:49:37.95
109/481	23/57	239	GRIECO, JOHN	M4049	00:49:45.95	04:58	M	85/235	00:49:16.60
110/481	35/81	181	DUCKWORTH, RYAN	M3039	00:49:48.50	04:58	M	86/235	00:49:29.75
111/481	17/29	170	DEWIT, MATT	M2029	00:49:53.60	04:59	M	87/235	00:49:36.90
112/481	13/63	58	BORTHWICK, DEBORAH	F2029	00:50:12.60	05:01	F	25/246	00:50:07.70
113/481	36/81	493	PLAMONDON, DOMINIC	M3039	00:50:23.30	05:02	M	88/235	00:50:21.25
114/481	18/29	146	DA SILVA, JEFFREY	M2029	00:50:52.50	05:05	M	89/235	00:50:48.30
115/481	19/29	242	GUTIERREZ, FRANCISCO A.	M2029	00:50:55.65	05:05	M	90/235	00:50:45.70
116/481	20/29	655	YELA, FERNANDO	M2029	00:50:55.80	05:05	M	91/235	00:50:45.55
117/481	12/47	16	BAKER, STUART	M5059	00:50:57.55	05:05	M	92/235	00:50:55.95
118/481	11/86	73	BRESCIA, LAURA	F3039	00:50:58.80	05:05	F	26/246	00:50:55.15
119/481	37/81	23	BARKER, DYLAN	M3039	00:50:59.95	05:05	M	93/235	00:50:22.00
120/481	3/55	177	DORIAN, LISA	F4049	00:51:06.25	05:06	F	27/246	00:50:57.60
121/481	13/47	123	CONSTABLE, BRUCE	M5059	00:51:18.55	05:07	M	94/235	00:51:00.70
122/481	14/47	75	BROWN, ERIC	M5059	00:51:20.55	05:08	M	95/235	00:50:59.75
123/481	1/30	539	SAWCHYN, DONNA	F5059	00:51:25.95	05:08	F	28/246	00:51:22.85
124/481	38/81	564	SMITH, LINDSEY	M3039	00:51:27.00	05:08	M	96/235	00:51:22.20
125/481	24/57	475	PAQUET, MARC	M4049	00:51:30.45	05:09	M	97/235	00:51:24.70
126/481	2/5	223	GIUFFRE, ANTHONY	M0119	00:51:35.50	05:09	M	98/235	00:51:29.45

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## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
127/481	25/57	160	DE LUCA, MICHAEL	M4049	00:51:44.70	05:10	M	99/235	00:51:34.00
128/481	39/81	566	SMITH, NATHAN	M3039	00:51:46.45	05:10	M	100/235	00:51:32.30
129/481	15/47	393	MAGUIRE, JIM	M5059	00:51:50.20	05:11	M	101/235	00:51:47.25
130/481	16/47	22	BARHAM, FRED	M5059	00:51:55.35	05:11	M	102/235	00:51:48.65
131/481	40/81	15	BAIRD, PHILLIP	M3039	00:51:57.75	05:11	M	103/235	00:51:42.05
132/481	41/81	17	BALDWIN, AARON	M3039	00:52:13.65	05:13	M	104/235	00:51:34.25
133/481	14/63	664	ZURESKI, ELENA	F2029	00:52:30.60	05:15	F	29/246	00:52:21.25
134/481	12/86	648	WILKINSON, LAURA	F3039	00:52:48.35	05:16	F	30/246	00:52:33.70
135/481	15/63	411	MCCARTHY, KATHARINE	F2029	00:52:57.70	05:17	F	31/246	00:52:51.10
136/481	26/57	477	PARSONS, BRUCE	M4049	00:53:00.75	05:18	M	105/235	00:52:34.15
137/481	42/81	485	PATERSON, SHANE	M3039	00:53:09.20	05:18	M	106/235	00:52:52.20
138/481	17/47	269	HICKS, GARY	M5059	00:53:16.70	05:19	M	107/235	00:53:01.05
139/481	2/30	427	MCPHERSON, SHEILA	F5059	00:53:19.65	05:19	F	32/246	00:53:12.00
140/481	1/6	426	MCPHERSON, ALISON	F0119	00:53:19.85	05:19	F	33/246	00:53:12.45
141/481	43/81	176	DONG, MANSON	M3039	00:53:25.15	05:20	M	108/235	00:52:44.65
142/481	44/81	303	JHANDIR, FAISAL	M3039	00:53:26.05	05:20	M	109/235	00:53:24.50
143/481	27/57	494	PLETT, STEVE	M4049	00:53:26.55	05:20	M	110/235	00:53:21.30
144/481	13/86	681	TOPPING, CHELSEY	F3039	00:53:26.65	05:20	F	34/246	00:53:18.70
145/481	28/57	512	REYES, CARLOS	M4049	00:53:41.75	05:22	M	111/235	00:53:24.80
146/481	18/47	215	GAISFORD, JIM	M5059	00:53:48.40	05:22	M	112/235	00:53:42.05
147/481	4/55	510	RESCHKE, KERRIE	F4049	00:53:50.00	05:23	F	35/246	00:53:33.15
148/481	45/81	663	ZUK, SCOTT	M3039	00:53:51.55	05:23	M	113/235	00:53:16.55
149/481	46/81	444	MUMMERY, CHRIS	M3039	00:53:54.70	05:23	M	114/235	00:53:41.00
150/481	14/86	391	MACKEY, ALLISON	F3039	00:53:57.10	05:23	F	36/246	00:53:38.60
151/481	29/57	100	CAUSTON, ASHLEY	M4049	00:54:01.05	05:24	M	115/235	00:53:43.70
152/481	47/81	339	KUIPERS, MARK	M3039	00:54:03.45	05:24	M	116/235	00:53:55.75
153/481	30/57	174	DOMBROVA, DUANE	M4049	00:54:04.75	05:24	M	117/235	00:53:37.20
154/481	1/14	670	SINCLAIR, PAUL	M6069	00:54:06.75	05:24	M	118/235	00:53:58.85
155/481	3/30	368	LINDHOLM, CAROL	F5059	00:54:07.00	05:24	F	37/246	00:53:52.20
156/481	15/86	19	BANKS, ANKE	F3039	00:54:14.80	05:25	F	38/246	00:54:04.85
157/481	31/57	491	PINTO, RAFAEL	M4049	00:54:22.50	05:26	M	119/235	00:54:11.80
158/481	32/57	32	BEAUDOIN, BEN	M4049	00:54:27.35	05:26	M	120/235	00:54:02.90
159/481	5/55	103	CHAN, JENNY	F4049	00:54:32.95	05:27	F	39/246	00:54:21.45
160/481	33/57	501	RAMSEY, JASON	M4049	00:54:33.60	05:27	M	121/235	00:54:21.75
161/481	34/57	424	MCLELLAN, LOCHLIN	M4049	00:54:36.45	05:27	M	122/235	00:54:18.85
162/481	16/86	134	CROOKS, JACKIE	F3039	00:54:40.45	05:28	F	40/246	00:54:29.10
163/481	6/55	307	JONES, TERESA	F4049	00:54:41.15	05:28	F	41/246	00:54:27.60
164/481	48/81	35	BELL, JEFF	M3039	00:54:41.45	05:28	M	123/235	00:54:14.35
165/481	49/81	636	WATKINS, NEIL	M3039	00:54:43.35	05:28	M	124/235	00:54:01.80
166/481	16/63	128	CORCORAN, ERIN	F2029	00:54:45.40	05:28	F	42/246	00:54:38.15
167/481	17/63	171	DINNING, KATE	F2029	00:54:48.90	05:28	F	43/246	00:54:20.40
168/481	50/81	83	BURNS, DAVID	M3039	00:54:54.90	05:29	M	125/235	00:54:48.15
169/481	17/86	337	KRUPIN, LYUDA	F3039	00:54:55.90	05:29	F	44/246	00:54:23.30
170/481	51/81	649	WILKINSON, RAY	M3039	00:54:56.70	05:29	M	126/235	00:54:50.85
171/481	18/86	2	AIELLO, CINDY	F3039	00:55:04.10	05:30	F	45/246	00:54:34.30
172/481	7/55	276	HOCKING, PHILIPPA	F4049	00:55:06.25	05:30	F	46/246	00:55:00.20
173/481	8/55	478	PARSONS, LUCIA	F4049	00:55:08.95	05:30	F	47/246	00:54:38.80
174/481	18/63	432	MIKAL, JANELLE	F2029	00:55:09.65	05:30	F	48/246	00:55:00.30
175/481	2/14	114	CLARKE, DAVID	M6069	00:55:09.90	05:30	M	127/235	00:54:56.10
176/481	19/86	632	WARNER, SANDY	F3039	00:55:15.30	05:31	F	49/246	00:54:59.85
177/481	20/86	222	GIASSON, ANNE-MARIE	F3039	00:55:16.05	05:31	F	50/246	00:54:51.15
178/481	3/5	714	STOUT, MARK	M0119	00:55:19.95	05:31	M	128/235	00:55:10.50
179/481	19/63	511	REVITT, CARLY	F2029	00:55:20.35	05:32	F	51/246	00:54:52.10
180/481	20/63	165	DEPOTTIE, DANI	F2029	00:55:22.45	05:32	F	52/246	00:55:15.10
181/481	52/81	108	CHEUNG, PHIL	M3039	00:55:24.50	05:32	M	129/235	00:55:06.35
182/481	53/81	413	MCCORKINDALE, IAIN	M3039	00:55:26.95	05:32	M	130/235	00:55:10.35
183/481	54/81	641	WEBSTER, NATHANIEL	M3039	00:55:36.85	05:33	M	131/235	00:54:59.30
184/481	55/81	508	REID, GRAEME	M3039	00:55:38.25	05:33	M	132/235	00:55:00.90
185/481	21/86	656	YETTER, JANE	F3039	00:55:43.25	05:34	F	53/246	00:55:34.60
186/481	35/57	300	JANSEN, RICHARD	M4049	00:55:46.10	05:34	M	133/235	00:55:26.85
187/481	36/57	232	GRAF, KEVIN	M4049	00:55:50.40	05:35	M	134/235	00:55:22.65
188/481	9/55	496	POTTER, TRACY	F4049	00:55:55.50	05:35	F	54/246	00:55:48.25
189/481	56/81	118	COCHRAN, TREVOR	M3039	00:55:59.95	05:36	M	135/235	00:55:45.80

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
190/481	22/86	646	WHITEHEAD, AMY	F3039	00:56:17.85	05:37	F	55/246	00:55:53.95
191/481	21/63	433	MILNE, CAITLIN	F2029	00:56:18.35	05:37	F	56/246	00:55:56.35
192/481	10/55	95	CAPUTO, CONNIE	F4049	00:56:31.10	05:39	F	57/246	00:55:53.25
193/481	19/47	419	MCDONNELL, MIKE	M5059	00:56:37.10	05:39	M	136/235	00:56:27.65
194/481	20/47	590	SULLIVAN, MARTY	M5059	00:56:42.65	05:40	M	137/235	00:56:14.70
195/481	4/30	37	BENSON, LORRAINE	F5059	00:56:50.05	05:41	F	58/246	00:56:31.40
196/481	21/29	305	JOHNSTON, ROB	M2029	00:56:52.30	05:41	M	138/235	00:56:30.75
197/481	57/81	481	PEPLINSKI, STEVEN	M3039	00:57:07.15	05:42	M	139/235	00:56:38.30
198/481	11/55	390	MACEACHERN, CARLA	F4049	00:57:09.25	05:42	F	59/246	00:56:57.10
199/481	58/81	231	GRADY, MATT	M3039	00:57:09.40	05:42	M	140/235	00:56:53.75
200/481	2/6	111	CHUBB-WAY, AMANDA	F0119	00:57:12.95	05:43	F	60/246	00:56:53.45
201/481	22/63	667	TOEWS, ELIZABETH	F2029	00:57:20.65	05:44	F	61/246	00:57:15.60
202/481	3/14	396	MANN, DON	M6069	00:57:26.90	05:44	M	141/235	00:57:12.45
203/481	23/63	474	PANTERMOLLER, LAURA	F2029	00:57:32.05	05:45	F	62/246	00:57:17.85
204/481	37/57	365	LESLIE, JEFF	M4049	00:57:32.55	05:45	M	142/235	00:57:13.90
205/481	59/81	29	BAST, GENO	M3039	00:57:44.20	05:46	M	143/235	00:57:36.55
206/481	12/55	384	MACDONALD, ANGELA	F4049	00:57:45.10	05:46	F	63/246	00:57:11.65
207/481	1/5	560	SKOV, BONNIE	F6069	00:57:57.85	05:47	F	64/246	00:57:49.05
208/481	24/63	133	CRAIG, MELANIE	F2029	00:57:58.10	05:47	F	65/246	00:57:46.60
209/481	60/81	187	DUMSKY, ALEX	M3039	00:57:59.65	05:47	M	144/235	00:57:27.55
210/481	23/86	476	PARAI, BRENDA	F3039	00:57:59.80	05:47	F	66/246	00:57:29.70
211/481	13/55	453	NAWALKOWSKI, NANCY	F4049	00:57:59.95	05:48	F	67/246	00:57:29.75
212/481	21/47	78	BRUNSKILL, BILL	M5059	00:58:04.45	05:48	M	145/235	00:57:39.70
213/481	24/86	208	FLYNN, SHANNON	F3039	00:58:06.60	05:48	F	68/246	00:57:22.05
214/481	22/47	505	REDDEKOPP, JAY	M5059	00:58:07.40	05:48	M	146/235	00:57:43.90
215/481	14/55	321	KERR, SHAUNA	F4049	00:58:09.25	05:48	F	69/246	00:57:50.60
216/481	15/55	535	SAKUNDIAK, JUDY	F4049	00:58:10.00	05:49	F	70/246	00:57:49.75
217/481	5/30	27	BASSETT, YOSHIE	F5059	00:58:12.70	05:49	F	71/246	00:57:57.30
218/481	6/30	301	JENSEN, DONNA	F5059	00:58:13.00	05:49	F	72/246	00:57:55.45
219/481	61/81	258	HARRISON, RYAN	M3039	00:58:18.15	05:49	M	147/235	00:57:46.85
220/481	38/57	483	PEREZ, RENEE	M4049	00:58:23.15	05:50	M	148/235	00:58:10.75
221/481	25/63	565	SMITH, MEREDITH	F2029	00:58:23.95	05:50	F	73/246	00:57:52.90
222/481	26/63	185	DUHAULT, KAELA	F2029	00:58:25.20	05:50	F	74/246	00:58:09.15
223/481	62/81	229	GOURLAY, DEREK	M3039	00:58:28.65	05:50	M	149/235	00:57:44.70
224/481	63/81	198	ESCHBAUMER, MICHAEL	M3039	00:58:43.30	05:52	M	150/235	00:58:18.90
225/481	27/63	346	LAMERS, ZABRINA	F2029	00:58:44.30	05:52	F	75/246	00:58:28.95
226/481	7/30	53	BOHNET, BRENDA	F5059	00:58:47.95	05:52	F	76/246	00:58:18.30
227/481	64/81	30	BAYDA, DEAN	M3039	00:58:58.45	05:53	M	151/235	00:58:13.95
228/481	65/81	465	OMOBOMIDURO, AKINBO	M3039	00:58:58.55	05:53	M	152/235	00:58:25.50
229/481	1/2	155	DAVIES, ROGER	M7099	00:58:59.25	05:53	M	153/235	00:58:51.05
230/481	39/57	500	QUINN, IAN	M4049	00:58:59.50	05:53	M	154/235	00:58:20.85
231/481	28/63	558	SINEGLAZOVA, OLGA	F2029	00:58:59.75	05:53	F	77/246	00:58:50.10
232/481	29/63	45	BICHEL, BRITNEY	F2029	00:59:00.05	05:54	F	78/246	00:58:49.90
233/481	40/57	197	EMERY, ROBERT	M4049	00:59:01.05	05:54	M	155/235	00:58:20.05
234/481	4/14	266	HENDERSON, JIM	M6069	00:59:01.65	05:54	M	156/235	00:58:30.05
235/481	25/86	594	TEJANI, DESIREE	F3039	00:59:09.10	05:54	F	79/246	00:58:27.25
236/481	16/55	203	FERGUSON, CORRINE	F4049	00:59:10.70	05:55	F	80/246	00:58:43.80
237/481	41/57	713	WEINERT, MIKE	M4049	00:59:11.00	05:55	M	157/235	00:58:46.15
238/481	22/29	87	CAICEDO, GERARDO J.	M2029	00:59:12.40	05:55	M	158/235	00:58:54.85
239/481	30/63	195	ELLIOTT, MARIANNE	F2029	00:59:13.75	05:55	F	81/246	00:59:00.30
240/481	17/55	612	TURNER, COLLEEN	F4049	00:59:18.95	05:55	F	82/246	00:58:57.90
241/481	26/86	238	GRENIER, VICKY	F3039	00:59:20.00	05:56	F	83/246	00:58:55.05
242/481	8/30	101	CECCANESE, ANN	F5059	00:59:23.20	05:56	F	84/246	00:59:05.40
243/481	31/63	132	CRAIG, JULIE	F2029	00:59:31.00	05:57	F	85/246	00:58:53.55
244/481	27/86	567	SNELL, SHANA	F3039	00:59:32.35	05:57	F	86/246	00:59:23.35
245/481	23/47	148	DALY, LORNE	M5059	00:59:34.40	05:57	M	159/235	00:59:31.10
246/481	28/86	618	VAN, NINA	F3039	00:59:38.15	05:57	F	87/246	00:59:23.25
247/481	29/86	169	DEWIT, JEN	F3039	00:59:40.75	05:58	F	88/246	00:59:17.80
248/481	23/29	418	MCDONALD, SEAN	M2029	00:59:41.20	05:58	M	160/235	00:59:18.85
249/481	66/81	562	SMITH, ADAM	M3039	00:59:43.85	05:58	M	161/235	00:59:10.95
250/481	32/63	522	ROBINSON, MEGAN	F2029	00:59:46.85	05:58	F	89/246	00:59:30.00
251/481	18/55	56	BOOTH, PAULA	F4049	00:59:48.35	05:58	F	90/246	00:59:27.65
252/481	33/63	94	CANTLAY, MELISSA	F2029	00:59:49.50	05:58	F	91/246	00:59:36.75

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
253/481	42/57	367	LEVEQUE, PETER	M4049	00:59:54.80	05:59	M	162/235	00:59:44.10
254/481	5/14	189	DUNNE, JAMES	M6069	00:59:55.35	05:59	M	163/235	00:59:26.05
255/481	9/30	591	SUNADA, JOYCE	F5059	00:59:55.90	05:59	F	92/246	00:59:27.70
256/481	24/29	288	MACDONALD, THOMAS	M2029	00:59:57.55	05:59	M	164/235	00:59:21.20
257/481	24/47	616	UYS, CLOETE	M5059	00:59:58.60	05:59	M	165/235	00:59:36.70
258/481	25/29	572	SPROULE, JARED	M2029	00:59:59.25	05:59	M	166/235	00:58:22.20
259/481	34/63	582	STEW, KELSEY	F2029	00:59:59.45	05:59	F	93/246	00:58:22.10
260/481	26/29	76	BROWNSON, JORDAN	M2029	01:00:03.45	06:00	M	167/235	00:59:24.80
261/481	67/81	583	STIEN, ANDREW	M3039	01:00:12.05	06:01	M	168/235	00:59:32.55
262/481	19/55	41	BERES, ANDREA	F4049	01:00:19.40	06:01	F	94/246	01:00:09.30
263/481	68/81	611	TURNBULL, BLAKE	M3039	01:00:22.05	06:02	M	169/235	00:59:42.35
264/481	43/57	639	WAYRYNEN, AL	M4049	01:00:22.05	06:02	M	170/235	00:59:43.35
265/481	35/63	706	HYATT, JAMIE	F2029	01:00:23.45	06:02	F	95/246	01:00:09.90
266/481	27/29	7	ANHOLT, LANDON	M2029	01:00:23.65	06:02	M	171/235	01:00:09.60
267/481	30/86	167	DERRAUGH, TANIA	F3039	01:00:25.30	06:02	F	96/246	01:00:11.35
268/481	36/63	235	GRANSON, CLAIRE	F2029	01:00:26.05	06:02	F	97/246	01:00:17.25
269/481	28/29	685	LOWE, JEAN-PAUL	M2029	01:00:27.00	06:02	M	172/235	00:59:56.25
270/481	25/47	400	MARCHAND, BRENT	M5059	01:00:28.40	06:02	M	173/235	00:59:57.25
271/481	10/30	224	GLACKIN, MONICA	F5059	01:00:28.65	06:02	F	98/246	01:00:05.90
272/481	11/30	634	WATERS, KATHY	F5059	01:00:28.65	06:02	F	99/246	01:00:06.20
273/481	12/30	540	SCHAFFLAND, UTE	F5059	01:00:29.70	06:02	F	100/246	01:00:08.10
274/481	69/81	549	SHARESKI, MIKE	M3039	01:00:30.40	06:03	M	174/235	01:00:08.30
275/481	70/81	38	BENTLEY, CHRIS	M3039	01:00:36.75	06:03	M	175/235	00:59:51.50
276/481	31/86	377	LUPUL, SHERI	F3039	01:00:36.85	06:03	F	101/246	00:59:50.50
277/481	13/30	318	KELLER, SUSAN	F5059	01:00:38.70	06:03	F	102/246	01:00:11.05
278/481	3/6	443	MUIR, KATHLEEN	F0119	01:00:40.90	06:04	F	103/246	01:00:20.80
279/481	37/63	514	RICHARDSON, KAYLA	F2029	01:00:44.65	06:04	F	104/246	01:00:00.40
280/481	71/81	595	TEJANI, RAHIM	M3039	01:00:47.05	06:04	M	176/235	01:00:05.60
281/481	72/81	458	NISCAK, DAVID	M3039	01:00:47.25	06:04	M	177/235	01:00:06.30
282/481	38/63	299	JAMIESON, RENEE	F2029	01:00:49.10	06:04	F	105/246	01:00:12.90
283/481	14/30	487	PETURSSON, TANNIS	F5059	01:00:49.65	06:04	F	106/246	01:00:19.00
284/481	20/55	233	GRAHAM, TERESA	F4049	01:00:49.65	06:04	F	107/246	01:00:32.10
285/481	21/55	302	JESSEY, MARY	F4049	01:00:50.10	06:05	F	108/246	01:00:32.75
286/481	39/63	486	PETURSSON, CHRISTINE	F2029	01:00:50.15	06:05	F	109/246	01:00:19.65
287/481	40/63	287	HUTTON, ROBYN	F2029	01:00:50.15	06:05	F	110/246	01:00:40.00
288/481	15/30	423	MCKENZIE, PENNIE	F5059	01:00:51.10	06:05	F	111/246	01:00:45.05
289/481	22/55	350	LATIMER, BRENDA	F4049	01:00:54.40	06:05	F	112/246	01:00:15.85
290/481	44/57	274	HNATIUK, ROGER	M4049	01:01:01.00	06:06	M	178/235	01:00:51.75
291/481	45/57	445	MURPHY, IAN	M4049	01:01:09.25	06:06	M	179/235	01:00:57.70
292/481	41/63	330	KISELL, GINA	F2029	01:01:10.75	06:07	F	113/246	01:01:08.50
293/481	32/86	633	WASHINGTON-HART, STEPHANIE	M3039	01:01:12.85	06:07	F	114/246	01:01:03.60
294/481	23/55	709	GUILLEMAUD, MIRIAM	F4049	01:01:18.70	06:07	F	115/246	01:00:51.05
295/481	16/30	488	PEWAR, KIM	F5059	01:01:22.65	06:08	F	116/246	01:00:48.60
296/481	33/86	230	GRABURN, JENNY	F3039	01:01:24.30	06:08	F	117/246	01:00:44.35
297/481	34/86	456	NEU, CARRIE	F3039	01:01:24.75	06:08	F	118/246	01:00:43.80
298/481	35/86	267	HEREYGERS, LESLEY	F3039	01:01:25.05	06:08	F	119/246	01:00:46.15
299/481	17/30	227	GORMAN, ARLENE	F5059	01:01:33.05	06:09	F	120/246	01:00:55.95
300/481	36/86	429	MEYER, JULIE	F3039	01:01:36.80	06:09	F	121/246	01:00:52.05
301/481	42/63	142	CURTIS, CHARLOTTE	F2029	01:01:49.20	06:10	F	122/246	01:01:18.05
302/481	43/63	294	IVANCO, KATRINA	F2029	01:01:52.95	06:11	F	123/246	01:01:47.50
303/481	37/86	179	DRAPER, REBECCA	F3039	01:01:57.15	06:11	F	124/246	01:01:13.20
304/481	38/86	599	THOMPSON, AMANDA	F3039	01:01:57.15	06:11	F	125/246	01:01:14.15
305/481	39/86	580	STERRITT, JILL	F3039	01:02:00.10	06:12	F	126/246	01:01:38.75
306/481	40/86	162	DEERHAWKE, PHOENIX	F3039	01:02:03.50	06:12	F	127/246	01:01:50.30
307/481	41/86	551	SHORT, LORI	F3039	01:02:07.10	06:12	F	128/246	01:01:47.65
308/481	73/81	292	ISAS, LEANDRO	M3039	01:02:07.55	06:12	M	180/235	01:01:39.00
309/481	42/86	679	MCLEOD, ANDREA	F3039	01:02:08.05	06:12	F	129/246	01:01:54.70
310/481	43/86	531	RUGGINS, LINDA	F3039	01:02:12.15	06:13	F	130/246	01:01:31.10
311/481	74/81	404	MASTERMAN, ANDREW	M3039	01:02:24.25	06:14	M	181/235	01:02:14.70
312/481	6/14	563	SMITH, ERNIE	M6069	01:02:26.65	06:14	M	182/235	01:02:13.60
313/481	24/55	624	VERGOUWEN, PATRICIA	F4049	01:02:30.40	06:15	F	131/246	01:02:08.85
314/481	2/5	127	COOPER, BARBARA	F6069	01:02:38.25	06:15	F	132/246	01:02:31.65
315/481	75/81	234	GRAHAM, TIMOTHY	M3039	01:02:45.35	06:16	M	183/235	01:02:22.90

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
316/481	46/57	434	MIN, JASON	M4049	01:02:48.55	06:16	M	184/235	01:02:20.30
317/481	26/47	675	LAZOR, ANTHONY	M5059	01:02:58.15	06:17	M	185/235	01:02:19.90
318/481	44/63	250	HAMENDE, VALERIE	F2029	01:03:02.60	06:18	F	133/246	01:02:31.10
319/481	44/86	405	MASTERMAN, JENNIFER	F3039	01:03:13.90	06:19	F	134/246	01:03:04.75
320/481	45/86	304	JOHNSON, DEB	F3039	01:03:18.15	06:19	F	135/246	01:02:59.10
321/481	27/47	184	DUHAULT, JOHN	M5059	01:03:27.95	06:20	M	186/235	01:03:11.45
322/481	47/57	530	RUDOLPH, JAMES	M4049	01:03:29.25	06:20	M	187/235	01:03:05.15
323/481	18/30	547	SHANKS, WENDY	F5059	01:03:31.85	06:21	F	136/246	01:03:18.30
324/481	46/86	637	WATKINS, SARAH	F3039	01:03:37.55	06:21	F	137/246	01:02:55.55
325/481	47/86	676	HAY, NATALIE	F3039	01:03:37.70	06:21	F	138/246	01:02:55.85
326/481	48/86	687	STEWART, LAUREN	F3039	01:03:41.60	06:22	F	139/246	01:03:14.65
327/481	45/63	122	CONRAD, VERITY	F2029	01:03:42.45	06:22	F	140/246	01:03:15.00
328/481	28/47	532	RULLER, KEN	M5059	01:03:52.05	06:23	M	188/235	01:03:32.25
329/481	7/14	64	BRADLEY, JAY	M6069	01:03:54.85	06:23	M	189/235	01:03:32.85
330/481	49/86	372	LOVE, JENNIFER	F3039	01:03:56.00	06:23	F	141/246	01:03:33.05
331/481	25/55	369	LONGMORE, HEATHER	F4049	01:03:56.20	06:23	F	142/246	01:03:43.65
332/481	48/57	503	RATHJE, MITCH	M4049	01:03:59.65	06:23	M	190/235	01:03:24.80
333/481	50/86	340	KWAN, RITA	F3039	01:04:02.25	06:24	F	143/246	01:03:24.00
334/481	49/57	643	WEIR, BRYAN	M4049	01:04:03.15	06:24	M	191/235	01:03:25.85
335/481	3/5	212	FRASER, CHRISTINA	F6069	01:04:20.65	06:26	F	144/246	01:04:02.05
336/481	8/14	553	SHUTT, STEVE	M6069	01:04:21.50	06:26	M	192/235	01:04:05.85
337/481	9/14	415	MCCREANOR, JOHN	M6069	01:04:23.00	06:26	M	193/235	01:04:07.60
338/481	51/86	412	MCCLELLAND, ELIZABETH	F3039	01:04:25.95	06:26	F	145/246	01:04:04.85
339/481	52/86	596	TESSIER, MELANIE	F3039	01:04:29.60	06:26	F	146/246	01:04:06.00
340/481	26/55	470	OUELLETTE, SHANNON	F4049	01:04:41.55	06:28	F	147/246	01:04:07.60
341/481	10/14	323	KIELAU, DOUG	M6069	01:04:45.85	06:28	M	194/235	01:04:21.55
342/481	50/57	509	RENAUD, SYLVAIN	M4049	01:04:46.70	06:28	M	195/235	01:04:13.75
343/481	19/30	271	HIDER, CHRIS	F5059	01:04:47.95	06:28	F	148/246	01:04:24.20
344/481	46/63	524	ROKOSH, EMMA	F2029	01:04:49.00	06:28	F	149/246	01:04:21.75
345/481	11/14	272	HIDER, JON	M6069	01:04:51.20	06:29	M	196/235	01:04:27.10
346/481	53/86	295	JACKMAN, CARLA	F3039	01:04:59.90	06:29	F	150/246	01:04:40.85
347/481	29/47	552	SHUNK, BLAIR	M5059	01:05:00.05	06:30	M	197/235	01:04:45.15
348/481	54/86	534	RYAN, SHEILA	F3039	01:05:02.60	06:30	F	151/246	01:04:22.65
349/481	20/30	603	TIGHE, DIANE	F5059	01:05:05.25	06:30	F	152/246	01:04:35.45
350/481	4/5	74	BRESCIA, SHAWN	M0119	01:05:14.10	06:31	M	198/235	01:04:48.05
351/481	76/81	71	BRESCIA, DAVE	M3039	01:05:14.55	06:31	M	199/235	01:04:47.80
352/481	55/86	325	KILLAM, TERESA	F3039	01:05:16.20	06:31	F	153/246	01:04:45.65
353/481	12/14	254	HARDING, PETER	M6069	01:05:19.75	06:31	M	200/235	01:04:33.70
354/481	27/55	571	SPOONER, TRACEY	F4049	01:05:23.80	06:32	F	154/246	01:04:48.25
355/481	56/86	473	PALOMBO, VICKY	F3039	01:05:28.65	06:32	F	155/246	01:05:02.80
356/481	28/55	358	LEE, CHERYL	F4049	01:05:29.95	06:32	F	156/246	01:05:06.95
357/481	47/63	319	KELLY, DANIKA	F2029	01:05:30.30	06:33	F	157/246	01:04:56.25
358/481	21/30	677	DOYLE-FLINTOFT, KATHLEEN	F5059	01:05:36.35	06:33	F	158/246	01:05:19.00
359/481	77/81	285	HUNTER, TREVOR	M3039	01:05:46.75	06:34	M	201/235	01:05:35.15
360/481	51/57	28	BASSO, TONY	M4049	01:05:52.45	06:35	M	202/235	01:05:35.20
361/481	57/86	121	COLE, AMANDA	F3039	01:05:52.65	06:35	F	159/246	01:05:35.45
362/481	58/86	333	KLASSEN, CHRISTINE	F3039	01:05:52.65	06:35	F	160/246	01:05:39.55
363/481	59/86	457	NEUFELD, CARMEN	F3039	01:05:52.95	06:35	F	161/246	01:05:39.00
364/481	60/86	366	LEUNG, JANET	F3039	01:05:55.35	06:35	F	162/246	01:05:35.70
365/481	48/63	557	SIMPSON, SARA	F2029	01:05:55.60	06:35	F	163/246	01:05:20.50
366/481	29/29	626	VERTZ, JOHN	M2029	01:05:58.20	06:35	M	203/235	01:05:31.10
367/481	30/47	628	VERTZ, RON	M5059	01:05:59.25	06:35	M	204/235	01:05:31.05
368/481	49/63	627	VERTZ, NATASHA	F2029	01:05:59.25	06:35	F	164/246	01:05:31.05
369/481	50/63	642	WEIERS, ASHLEY	F2029	01:05:59.35	06:35	F	165/246	01:05:31.15
370/481	29/55	600	THOMPSON, JANICE	F4049	01:06:00.30	06:36	F	166/246	01:05:21.50
371/481	4/6	202	FAIR, EMILY	F0119	01:06:01.40	06:36	F	167/246	01:05:23.25
372/481	5/6	96	CAPUTO, EMMA	F0119	01:06:01.45	06:36	F	168/246	01:05:22.50
373/481	61/86	314	KARVINEN, TRISHA	F3039	01:06:02.75	06:36	F	169/246	01:05:43.35
374/481	30/55	695	KOSAKA, SHARON	F4049	01:06:08.85	06:36	F	170/246	01:05:50.35
375/481	1/1	328	KINGSEP, PATRICIA	F7099	01:06:09.40	06:36	F	171/246	01:06:01.50
376/481	62/86	261	HAYNES, SARAH	F3039	01:06:15.15	06:37	F	172/246	01:05:40.40
377/481	52/57	451	MYTOPHER, TERRY	M4049	01:06:25.00	06:38	M	205/235	01:06:14.95
378/481	31/55	61	BOWEN, MAGGIE	F4049	01:06:33.15	06:39	F	173/246	01:05:57.05

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
379/481	13/14	62	BOWEN, RICK	M6069	01:06:33.35	06:39	M	206/235	01:05:56.85
380/481	78/81	152	DARGIE, THOMAS	M3039	01:06:35.85	06:39	M	207/235	01:06:00.65
381/481	32/55	275	HOCKING, JENNIFER	F4049	01:06:39.85	06:39	F	174/246	01:06:13.00
382/481	51/63	210	FORTIER, BREANNE	F2029	01:06:42.05	06:40	F	175/246	01:05:59.40
383/481	63/86	389	MACDONNELL, JENNIFER	F3039	01:06:43.05	06:40	F	176/246	01:06:22.25
384/481	79/81	548	UYS, RUAN	M3039	01:06:54.15	06:41	M	208/235	01:06:34.20
385/481	64/86	577	STANICK, CANDACE	F3039	01:06:54.30	06:41	F	177/246	01:06:15.35
386/481	65/86	194	EL HAGE, CHRISTY	F3039	01:06:54.35	06:41	F	178/246	01:06:15.50
387/481	52/63	50	BLACK, ALYSSA	F2029	01:06:55.85	06:41	F	179/246	01:06:07.60
388/481	53/63	461	NORDHOLT, KRISTY	F2029	01:06:55.95	06:41	F	180/246	01:06:08.20
389/481	53/57	559	SKELLEY, KEVIN	M4049	01:06:56.55	06:41	M	209/235	01:06:29.80
390/481	33/55	578	STEININGER, NOLA	F4049	01:06:58.00	06:41	F	181/246	01:06:31.75
391/481	66/86	469	OSINSKI, KELLY	F3039	01:07:00.75	06:42	F	182/246	01:06:16.00
392/481	34/55	374	LUCAS, KRISTINA	F4049	01:07:14.80	06:43	F	183/246	01:06:42.70
393/481	35/55	712	DAFFERN, TERESA	F4049	01:07:15.75	06:43	F	184/246	01:06:43.30
394/481	22/30	515	RIENDEAU, MARNEY	F5059	01:07:24.40	06:44	F	185/246	01:07:00.95
395/481	31/47	218	GAUDET, GREG	M5059	01:07:24.55	06:44	M	210/235	01:07:00.45
396/481	80/81	298	JAMIESON, MICHEAL	M3039	01:07:24.75	06:44	M	211/235	01:06:47.20
397/481	67/86	399	MANZ, TAMMY	F3039	01:07:25.40	06:44	F	186/246	01:06:47.45
398/481	54/63	115	CLARKE, REBECCA	F2029	01:07:27.50	06:44	F	187/246	01:06:50.15
399/481	32/47	440	MORGAN, PETER	M5059	01:07:30.25	06:45	M	212/235	01:07:14.90
400/481	6/6	370	LOUIE, LEANNE	F0119	01:07:30.75	06:45	F	188/246	01:06:45.55
401/481	33/47	417	MCDONALD, JOHN	M5059	01:07:39.15	06:45	M	213/235	01:07:34.95
402/481	23/30	54	BOIVIN, SYLVIE	F5059	01:07:45.10	06:46	F	189/246	01:07:22.70
403/481	36/55	352	LAWSON, DONNALEE	F4049	01:07:54.20	06:47	F	190/246	01:07:36.55
404/481	54/57	351	LAWSON, ANDREW	M4049	01:07:55.35	06:47	M	214/235	01:07:38.15
405/481	24/30	336	KOSIK, WILMA	F5059	01:08:10.00	06:49	F	191/246	01:07:49.05
406/481	68/86	357	LEE, CHARISSA	F3039	01:08:16.85	06:49	F	192/246	01:07:38.70
407/481	69/86	281	HOWELL, COLLEEN	F3039	01:08:19.60	06:49	F	193/246	01:05:04.95
408/481	4/5	66	BRADLEY, MICHELLE	F6069	01:08:30.00	06:51	F	194/246	01:08:07.05
409/481	70/86	47	BIETZ, JOCELYN	F3039	01:08:34.20	06:51	F	195/246	01:07:47.75
410/481	14/14	680	HAMILL, TREVOR	M6069	01:08:35.70	06:51	M	215/235	01:08:18.85
411/481	34/47	638	WATSON, ROBERT	M5059	01:08:45.55	06:52	M	216/235	01:08:12.20
412/481	25/30	236	GRANSON, KATE	F5059	01:08:51.85	06:53	F	196/246	01:08:43.35
413/481	71/86	610	TSANG, JOSEPHINE	F3039	01:08:53.20	06:53	F	197/246	01:08:18.35
414/481	37/55	430	MICHAEL, CARRIE	F4049	01:09:11.05	06:55	F	198/246	01:08:45.55
415/481	55/63	270	HICKS, MEGHANNE	F2029	01:09:12.90	06:55	F	199/246	01:08:40.75
416/481	72/86	518	ROBERTSON, CLAIRE	F3039	01:09:12.90	06:55	F	200/246	01:08:40.80
417/481	56/63	65	BRADLEY, KATE	F2029	01:09:20.65	06:56	F	201/246	01:08:52.10
418/481	38/55	125	COOKSLEY, KAREN	F4049	01:09:29.15	06:56	F	202/246	01:09:14.05
419/481	35/47	68	BRANT, KEN	M5059	01:09:30.10	06:57	M	217/235	01:09:15.80
420/481	36/47	678	BEAMAN, DANNY	M5059	01:09:39.60	06:57	M	218/235	01:09:24.95
421/481	39/55	661	ZIMOLA, KIRSTEN	F4049	01:09:53.40	06:59	F	203/246	01:09:27.05
422/481	37/47	286	MACDONALD, JOSEPH	M5059	01:10:00.00	07:00	M	219/235	01:10:00.00
423/481	26/30	362	LEMAY-MOORE, DENISE	F5059	01:10:04.20	07:00	F	204/246	01:09:43.45
424/481	57/63	200	EWERT, CHRISTINA	F2029	01:10:04.45	07:00	F	205/246	01:09:34.05
425/481	58/63	497	POVASCHUK, SHIZUKA	F2029	01:10:08.55	07:00	F	206/246	01:09:39.20
426/481	40/55	211	FOX, KAREN	F4049	01:10:23.35	07:02	F	207/246	01:09:56.85
427/481	41/55	342	LACEY, BIRGIT	F4049	01:10:23.40	07:02	F	208/246	01:09:57.90
428/481	42/55	42	BERNARD-DIXON, MELISSA	F4049	01:10:23.65	07:02	F	209/246	01:09:58.15
429/481	81/81	253	HARDING, MATTHEW	M3039	01:10:34.60	07:03	M	220/235	01:09:48.55
430/481	27/30	344	LAING, DEBBIE	F5059	01:10:43.20	07:04	F	210/246	01:10:21.20
431/481	43/55	161	DE PEUTER, NICKI	F4049	01:10:58.90	07:05	F	211/246	01:10:24.05
432/481	28/30	70	BRENNAN, SANDI	F5059	01:11:07.10	07:06	F	212/246	01:10:30.40
433/481	73/86	573	SPRUYT, LAURA	F3039	01:11:11.75	07:07	F	213/246	01:10:50.95
434/481	38/47	69	BRAUN, JOHN	M5059	01:11:38.95	07:09	M	221/235	01:11:03.50
435/481	29/30	290	ILNYCKYJ, MARIA	F5059	01:11:49.95	07:10	F	214/246	01:11:18.90
436/481	44/55	398	MANUBENS, SUZETTE	F4049	01:12:09.20	07:12	F	215/246	01:11:20.05
437/481	39/47	112	CIMINO, DOMENIC	M5059	01:12:13.05	07:13	M	222/235	01:11:50.25
438/481	40/47	86	CAICEDO, GERARDO A.	M5059	01:12:20.95	07:14	M	223/235	01:12:04.65
439/481	59/63	613	TURNER, SARA	F2029	01:13:39.20	07:21	F	216/246	01:13:22.20
440/481	41/47	662	ZUK, KEN	M5059	01:13:46.45	07:22	M	224/235	01:13:10.75
441/481	74/86	584	STIEN, JENNIFER	F3039	01:13:57.15	07:23	F	217/246	01:13:15.25

## St. Pats Day Run Mar.17/2013 - 10K/5K

## Overall Results

## 10K - 6.21 Miles

## 481 Competitors

Place/Tot	Div/Tot	Bib#	Name	Div	Time	Pace/Mile	Gen	Gen/Tot	Chip Time
442/481	75/86	4	AITKEN, ANNE	F3039	01:13:58.05	07:23	F	218/246	01:13:15.65
443/481	42/47	459	NIXON, GORD	M5059	01:14:43.25	07:28	M	225/235	01:14:17.55
444/481	76/86	297	JAMIESON, KELTIE	F3039	01:14:52.05	07:29	F	219/246	01:14:29.35
445/481	45/55	249	HALPIN, BETH	F4049	01:14:54.80	07:29	F	220/246	01:14:12.80
446/481	46/55	204	FETHERSTONHAUGH, MELISSA	F4049	01:14:54.85	07:29	F	221/246	01:14:13.50
447/481	77/86	243	GUY, CARMEN	F3039	01:15:04.55	07:30	F	222/246	01:14:49.30
448/481	60/63	93	CANNON, JENNIFER	F2029	01:15:43.90	07:34	F	223/246	01:15:22.60
449/481	47/55	435	MOHARIB, NADIA	F4049	01:15:44.65	07:34	F	224/246	01:15:05.25
450/481	78/86	392	MACLEAN, GLENDA	F3039	01:16:08.60	07:36	F	225/246	01:15:34.35
451/481	79/86	55	BONERTZ, YVONNE	F3039	01:16:09.15	07:36	F	226/246	01:15:36.60
452/481	61/63	650	WILLIS, ELIZABETH	F2029	01:16:09.70	07:36	F	227/246	01:15:56.20
453/481	62/63	492	PIRIE, KATHARINE	F2029	01:16:17.65	07:37	F	228/246	01:15:55.40
454/481	80/86	516	RINGUETTE, BRANDEE	F3039	01:16:45.90	07:40	F	229/246	01:16:02.70
455/481	30/30	705	HUTCHINSON, JANET	F5059	01:16:47.20	07:40	F	230/246	01:16:04.00
456/481	81/86	252	HAPIN, MARIA	F3039	01:16:54.80	07:41	F	231/246	01:16:43.60
457/481	48/55	462	NOVASAT, ADINA	F4049	01:17:04.50	07:42	F	232/246	01:16:15.95
458/481	49/55	523	ROGERS, NOELLE	F4049	01:17:04.65	07:42	F	233/246	01:16:15.35
459/481	82/86	219	GAUTHIER, HEATHER	F3039	01:17:16.00	07:43	F	234/246	01:16:41.80
460/481	83/86	265	HELMAN, CHARITY	F3039	01:17:21.40	07:44	F	235/246	01:16:34.50
461/481	5/5	708	CYRE, DORIS	F6069	01:17:25.35	07:44	F	236/246	01:17:13.00
462/481	50/55	10	ASPLUND, LORI	F4049	01:17:25.50	07:44	F	237/246	01:17:13.45
463/481	55/57	498	PREDHAM, BRUCE	M4049	01:18:25.95	07:50	M	226/235	01:18:13.35
464/481	51/55	180	DUBORD, CAROLYN	F4049	01:18:43.75	07:52	F	238/246	01:17:06.15
465/481	56/57	468	ORR, ROB	M4049	01:18:44.65	07:52	M	227/235	01:18:19.70
466/481	43/47	355	LEAL, TIM MAURICE	M5059	01:18:56.45	07:53	M	228/235	01:18:16.70
467/481	84/86	220	GAW, JANET	F3039	01:20:11.65	08:01	F	239/246	01:19:27.35
468/481	52/55	672	RATHJE, JILL	F4049	01:21:03.60	08:06	F	240/246	01:20:29.35
469/481	53/55	502	RATHJE, KELLY	F4049	01:21:03.75	08:06	F	241/246	01:20:29.50
470/481	44/47	119	COCKLIN, BRUCE	M5059	01:21:30.45	08:09	M	229/235	01:21:06.30
471/481	45/47	196	ELLIS, WILLIAM	M5059	01:21:31.05	08:09	M	230/235	01:21:08.00
472/481	85/86	199	ESPOSITO, SARAH	F3039	01:21:56.15	08:11	F	242/246	01:21:31.80
473/481	86/86	289	HYSERT, MELANY	F3039	01:22:36.50	08:15	F	243/246	01:22:36.50
474/481	2/2	371	LOUIE, WILLIAM	M7099	01:23:21.45	08:20	M	231/235	01:22:34.40
475/481	63/63	378	LYONS, CHRISTINE	F2029	01:25:08.90	08:30	F	244/246	01:24:22.80
476/481	46/47	379	LYONS, MICHAEL	M5059	01:25:08.90	08:30	M	232/235	01:24:23.55
477/481	54/55	214	GAGNON, TINA	F4049	01:26:31.75	08:39	F	245/246	01:25:44.80
478/481	57/57	442	MOTT, ROB	M4049	01:26:42.50	08:40	M	233/235	01:26:10.05
479/481	47/47	154	DAVIES, IAN	M5059	01:29:27.30	08:56	M	234/235	01:28:51.05
480/481	5/5	153	DAVIES, CAMERON	M0119	01:29:27.50	08:56	M	235/235	01:28:51.35
481/481	55/55	635	WATERS, KRISTEN	F4049	01:36:13.00	09:37	F	246/246	01:35:29.45