

OA = Placing Overall

Place = Category Placing

Cat Offset = Time from Category Winning time

hh:mm:ss

Category Results

5K - 3.1 Miles
214 Competitors

5KF0119 - 10 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/10	13/214	1719	SANTEMA, JUSTINE	F0119	00:20:28.95	04:05	+00:00:00	00:20:25.90
2/10	15/214	1598	JAMIESON, OLIVIA	F0119	00:21:05.80	04:13	+00:00:36	00:21:04.75
3/10	20/214	1712	HNATYSHYN, ELLA	F0119	00:22:09.50	04:25	+00:01:40	00:22:06.15
4/10	41/214	1524	BROLSMA, JESSICA	F0119	00:25:06.50	05:01	+00:04:37	00:25:04.70
5/10	89/214	1594	HOPKINS, NIKAYLA	F0119	00:28:54.95	05:46	+00:08:26	00:28:51.45
6/10	92/214	1751	HOTCHKISS, ANNIE	F0119	00:29:22.25	05:52	+00:08:53	00:29:11.05
7/10	118/214	1714	LALONDE-BESTER, JOSEPHINE	F0119	00:31:35.70	06:19	+00:11:06	00:31:33.15
8/10	131/214	1704	WOIMA, RACHEL	F0119	00:32:37.15	06:31	+00:12:08	00:32:19.65
9/10	132/214	1510	BERES, SYDNEY	F0119	00:32:41.70	06:32	+00:12:12	00:32:25.45
10/10	187/214	1503	ARTHURS-THOMPSON, ALEXA	F0119	00:40:37.60	08:07	+00:20:08	00:40:10.90

5KF2029 - 31 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/31	11/214	1711	MACARTHUR, SARAH	F2029	00:19:59.40	03:59	+00:00:00	00:19:56.20
2/31	23/214	1759	SERPICO, MADI	F2029	00:22:27.25	04:29	+00:02:27	00:22:25.90
3/31	27/214	1636	MOSIER, SHEENA	F2029	00:22:57.35	04:35	+00:02:57	00:22:56.10
4/31	40/214	1648	PETTIPAS, BRITTANY	F2029	00:25:01.95	05:00	+00:05:02	00:24:55.95
5/31	48/214	1690	VERWEGEN, EMILY	F2029	00:25:35.85	05:07	+00:05:36	00:25:17.35
6/31	61/214	1638	MUELLER, LAURA	F2029	00:27:08.95	05:25	+00:07:09	00:26:51.45
7/31	64/214	1616	L'ABBE, PAMELA	F2029	00:27:30.95	05:30	+00:07:31	00:27:23.50
8/31	68/214	1718	REID, AMANDA	F2029	00:27:40.20	05:32	+00:07:40	00:27:35.30
9/31	79/214	1560	FORSYTHE, BRIANNE	F2029	00:28:16.30	05:39	+00:08:16	00:28:08.85
10/31	82/214	92	DECKER, RACHEL	F2029	00:28:23.45	05:40	+00:08:24	00:28:11.00
11/31	85/214	1743	MARINUCCI, JESSICA	F2029	00:28:36.90	05:43	+00:08:37	00:28:31.35
12/31	88/214	1721	HAN, RACHEL	F2029	00:28:46.85	05:45	+00:08:47	00:28:36.25
13/31	93/214	1561	FOX, ERIN	F2029	00:29:22.90	05:52	+00:09:23	00:29:18.05
14/31	105/214	1698	WIGHTON, CHRISTINA	F2029	00:30:17.75	06:03	+00:10:18	00:30:12.05
15/31	112/214	1552	DIGGENS, JENNIFER	F2029	00:30:55.20	06:11	+00:10:55	00:30:32.45
16/31	133/214	1597	JAMIESON, ERIN	F2029	00:32:42.45	06:32	+00:12:43	00:32:39.55
17/31	135/214	1720	KORDI, MAYE	F2029	00:32:49.05	06:33	+00:12:49	00:32:34.90
18/31	139/214	1684	TREMBLAY, MALINDA	F2029	00:33:48.25	06:45	+00:13:48	00:33:42.90
19/31	143/214	1610	LADARAN, CATHLEEN	F2029	00:33:55.20	06:47	+00:13:55	00:33:40.75
20/31	144/214	1645	PARKER, ALICIA	F2029	00:33:55.20	06:47	+00:13:55	00:33:41.15
21/31	146/214	1653	POWELL, REBECCA	F2029	00:33:58.10	06:47	+00:13:58	00:33:38.75
22/31	157/214	1579	HARNOS, AMANDA	F2029	00:35:32.95	07:06	+00:15:33	00:21:24.85
23/31	158/214	1500	ALLARD, JENINE	F2029	00:35:50.30	07:10	+00:15:50	00:35:33.20
24/31	168/214	1623	MCASKIE, JESSICA	F2029	00:37:21.85	07:28	+00:17:22	00:37:06.75
25/31	170/214	280	MYLES, KELSEY	F2029	00:37:46.25	07:33	+00:17:46	00:37:34.40
26/31	178/214	1658	ROMARD, ROZIE	F2029	00:38:44.40	07:44	+00:18:45	00:24:36.30
27/31	197/214	1571	GRAVELINE, TERESA	F2029	00:44:11.05	08:50	+00:24:11	00:44:04.80
28/31	199/214	1723	BATEMAN, REBECCA	F2029	00:46:30.25	09:18	+00:26:30	00:46:25.25
29/31	202/214	1518	BLAZEVIC, BRIANE	F2029	00:49:19.15	09:51	+00:29:19	00:49:05.90
30/31	203/214	1686	VAN IDERSTINE, BROOKLYN	F2029	00:49:19.25	09:51	+00:29:19	00:49:05.75
31/31	204/214	1700	WILLIAMS, MADELINE	F2029	00:49:19.50	09:51	+00:29:20	00:49:06.85

5KF3039 - 48 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/48	22/214	1741	OLDRING, RACHEL	F3039	00:22:22.25	04:28	+00:00:00	00:22:18.45
2/48	24/214	1591	HILL, KIM	F3039	00:22:34.65	04:30	+00:00:12	00:22:32.45
3/48	28/214	481	GILLIES, BROOKE	F3039	00:22:57.55	04:35	+00:00:35	00:22:23.15
4/48	30/214	1607	KNIGHT, KIM	F3039	00:23:22.40	04:40	+00:01:00	00:23:03.45
5/48	33/214	1678	STRAUSS, KARLEEN	F3039	00:23:48.25	04:45	+00:01:26	00:23:37.40
6/48	37/214	1724	LISSEL, SHELLEY	F3039	00:24:52.15	04:58	+00:02:29	00:24:45.60
7/48	39/214	1541	COOZE, MICHELLE	F3039	00:24:54.40	04:58	+00:02:32	00:24:49.70
8/48	45/214	1738	MARKO, ARLENE	F3039	00:25:16.70	05:03	+00:02:54	00:25:02.25
9/48	53/214	1573	GREEN, TANYA	F3039	00:26:16.40	05:15	+00:03:54	00:25:59.50
10/48	55/214	1532	CARLE, TINA	F3039	00:26:27.80	05:17	+00:04:05	00:26:20.50
11/48	59/214	1665	SCHLAUCH, JENNY	F3039	00:26:50.50	05:22	+00:04:28	00:26:43.05
12/48	74/214	1736	LOVE, RICHELLE	F3039	00:27:55.50	05:35	+00:05:33	00:27:24.35
13/48	84/214	1543	COWLING, CATHY	F3039	00:28:32.90	05:42	+00:06:10	00:28:23.45
14/48	87/214	1548	DENROCHE, ANGELA	F3039	00:28:41.15	05:44	+00:06:18	00:28:26.75

OA = Placing Overall

Place = Category Placing

Cat Offset = Time from Category Winning time

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Category Results

5K - 3.1 Miles
214 Competitors

5KF3039 - 48 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
15/48	90/214	1617	MA, CHRISTINA	F3039	00:29:09.15	05:49	+00:06:46	00:28:56.50
16/48	91/214	1624	MCCARTHY, KAREN	F3039	00:29:14.85	05:50	+00:06:52	00:28:59.85
17/48	95/214	1657	RIDDELL, JENNIFER	F3039	00:29:36.85	05:55	+00:07:14	00:29:18.20
18/48	97/214	1640	NADON, ANNA-MARIE	F3039	00:29:37.55	05:55	+00:07:15	00:29:30.40
19/48	99/214	1668	SEPHTON, SHANNON	F3039	00:29:44.55	05:56	+00:07:22	00:29:25.30
20/48	103/214	1725	SPROULE, JEN	F3039	00:29:59.55	05:59	+00:07:37	00:29:47.05
21/48	107/214	1507	BAKER, JODI	F3039	00:30:25.50	06:05	+00:08:03	00:30:19.20
22/48	109/214	1646	PELLETIER, LORI	F3039	00:30:26.55	06:05	+00:08:04	00:30:06.60
23/48	110/214	1674	SPENCER, DANIELLE	F3039	00:30:54.05	06:10	+00:08:31	00:30:30.50
24/48	114/214	1747	DEERE, JEANETTE	F3039	00:31:10.25	06:14	+00:08:48	00:30:51.90
25/48	123/214	29	BOCK, JACLYN	F3039	00:32:02.95	06:24	+00:09:40	00:31:52.35
26/48	124/214	1545	CUTHBERTSON, KYLA	F3039	00:32:07.85	06:25	+00:09:45	00:31:48.50
27/48	128/214	59	CHAMBERLAIN, ROBYN	F3039	00:32:32.80	06:30	+00:10:10	00:32:21.70
28/48	129/214	1635	MOORE, TRACIE	F3039	00:32:34.50	06:30	+00:10:12	00:32:25.15
29/48	130/214	1673	SOWERS, GLADYS	F3039	00:32:36.95	06:31	+00:10:14	00:32:22.05
30/48	137/214	1753	ZANELLA, KRISTY	F3039	00:33:37.70	06:43	+00:11:15	00:33:22.25
31/48	138/214	1752	CARLSON, LORI	F3039	00:33:37.75	06:43	+00:11:15	00:33:23.20
32/48	147/214	1642	NIJJAR, PEARL	F3039	00:34:09.95	06:49	+00:11:47	00:34:00.10
33/48	148/214	1663	SCHIFFKE, KATHRYN	F3039	00:34:10.75	06:50	+00:11:48	00:33:53.70
34/48	161/214	1605	KEMP, JENNIFER	F3039	00:36:10.75	07:14	+00:13:48	00:36:07.35
35/48	166/214	1523	BREEN, HEATHER	F3039	00:36:30.00	07:18	+00:14:07	00:35:57.30
36/48	171/214	1614	LAVERY, SHONNA	F3039	00:37:52.20	07:34	+00:15:29	00:37:39.05
37/48	172/214	1612	LARSSON, KAREN	F3039	00:37:59.10	07:35	+00:15:36	00:37:45.50
38/48	175/214	1557	FERRABY, CAROLYN	F3039	00:38:23.20	07:40	+00:16:00	00:38:16.40
39/48	177/214	1515	BLACK, KATHERINE	F3039	00:38:23.30	07:40	+00:16:01	00:38:16.60
40/48	181/214	1512	BERZE, BRYNA	F3039	00:39:01.25	07:48	+00:16:39	00:38:39.75
41/48	182/214	1760	ELLIS, LORI	F3039	00:39:12.50	07:50	+00:16:50	00:38:57.05
42/48	184/214	1626	MCINTYRE, KRISTA	F3039	00:39:47.95	07:57	+00:17:25	00:39:37.15
43/48	185/214	1547	DEIGHAN, MEGAN	F3039	00:39:48.25	07:57	+00:17:26	00:39:37.70
44/48	188/214	1565	GHAHARI, GOLNAZ	F3039	00:40:49.15	08:09	+00:18:26	00:40:42.00
45/48	190/214	1540	COLES, CHERYL	F3039	00:41:27.95	08:17	+00:19:05	00:41:25.25
46/48	198/214	1660	ROTHZEN, RENEE	F3039	00:44:11.40	08:50	+00:21:49	00:44:05.75
47/48	201/214	1519	BOURGEOIS, HEATHER	F3039	00:46:58.50	09:23	+00:24:36	00:46:33.50
48/48	210/214	1558	FINGLER, ERIN	F3039	00:54:09.40	10:49	+00:31:47	00:53:44.25

5KF4049 - 29 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/29	31/214	1763	GIGNAC, STEFANIE	F4049	00:23:33.00	04:42	+00:00:00	00:23:28.45
2/29	36/214	1575	GREGOR, JANINE	F4049	00:24:28.95	04:53	+00:00:55	00:24:24.65
3/29	42/214	1675	STEININGER, NOLA	F4049	00:25:12.55	05:02	+00:01:39	00:25:09.65
4/29	44/214	1539	CHIN, KWANLING	F4049	00:25:14.40	05:02	+00:01:41	00:25:09.90
5/29	54/214	1613	LATIMER-ARNS, ELLEN	F4049	00:26:26.65	05:17	+00:02:53	00:26:21.20
6/29	60/214	1737	SERPICO, ROSE	F4049	00:27:06.35	05:25	+00:03:33	00:26:51.95
7/29	67/214	1656	REABURN, TARA	F4049	00:27:37.85	05:31	+00:04:04	00:27:24.00
8/29	86/214	1577	HALL, DEBORAH	F4049	00:28:39.40	05:43	+00:05:06	00:28:23.95
9/29	98/214	1745	BROWN, SUSAN	F4049	00:29:41.65	05:56	+00:06:08	00:29:37.15
10/29	101/214	1526	BURTON, HOLLY	F4049	00:29:53.20	05:58	+00:06:20	00:29:34.70
11/29	115/214	1730	NEWITT, JODI	F4049	00:31:10.45	06:14	+00:07:37	00:30:53.50
12/29	120/214	1615	LITTLE, SHANNON	F4049	00:31:47.40	06:21	+00:08:14	00:31:25.90
13/29	122/214	1537	CHAREST, STEPHANIE	F4049	00:32:01.55	06:24	+00:08:28	00:31:49.25
14/29	126/214	1637	MOUCK, ANNE	F4049	00:32:11.85	06:26	+00:08:38	00:31:51.30
15/29	134/214	1509	BERES, ANDREA	F4049	00:32:43.30	06:32	+00:09:10	00:32:27.00
16/29	141/214	1641	NEMETH, TRACEY	F4049	00:33:48.90	06:45	+00:10:15	00:33:33.55
17/29	145/214	1559	FIRMAN, SARAH	F4049	00:33:56.05	06:47	+00:10:23	00:33:42.95
18/29	150/214	1586	NOVASAT, ADINA	F4049	00:34:56.90	06:59	+00:11:23	00:34:48.40
19/29	152/214	1733	SANTOS, MONICA	F4049	00:35:11.70	07:02	+00:11:38	00:34:54.85
20/29	153/214	1735	HALPIN, BETH	F4049	00:35:25.75	07:05	+00:11:52	00:35:10.30
21/29	154/214	1734	FETHERSTONHAUGH, MELISSA	F4049	00:35:25.80	07:05	+00:11:52	00:35:08.10
22/29	162/214	1566	GILLINGWATER, SUSAN	F4049	00:36:15.10	07:15	+00:12:42	00:36:05.05
23/29	176/214	1516	BLACK, MICHELLE	F4049	00:38:23.25	07:40	+00:14:50	00:38:17.50
24/29	180/214	1689	VERBEEK, LINDA	F4049	00:38:52.80	07:46	+00:15:19	00:38:35.40

OA = Placing Overall

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hh:mm:ss

Category Results

5K - 3.1 Miles
214 Competitors

5KF4049 - 29 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
25/29	186/214	1536	CHARD, ANGELA	F4049	00:40:02.90	08:00	+00:16:29	00:39:58.80
26/29	191/214	1534	CARTER, KERRYIN	F4049	00:41:42.10	08:20	+00:18:09	00:41:14.05
27/29	196/214	1692	WALDREN, FAYE	F4049	00:43:54.75	08:46	+00:20:21	00:43:46.25
28/29	207/214	1520	BOYER, TARA	F4049	00:52:36.45	10:31	+00:29:03	00:52:27.80
29/29	213/214	1567	GODIN, REBECCA	F4049	01:05:41.20	13:08	+00:42:08	01:05:14.20

5KF5059 - 13 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/13	56/214	1713	LALONDE, LOUISE	F5059	00:26:31.85	05:18	+00:00:00	00:26:15.55
2/13	102/214	1625	MCLELLAND, CATHERINE	F5059	00:29:57.15	05:59	+00:03:25	00:29:53.05
3/13	140/214	1685	VAN DER MEY, DAISY	F5059	00:33:48.90	06:45	+00:07:17	00:33:32.90
4/13	151/214	1632	MELE, PAMELA	F5059	00:34:59.30	06:59	+00:08:27	00:34:46.95
5/13	169/214	1538	CHERNIAK, JUDY	F5059	00:37:35.95	07:31	+00:11:04	00:37:21.30
6/13	179/214	156	HAMILTON, ELLEN	F5059	00:38:49.50	07:45	+00:12:17	00:38:39.70
7/13	189/214	1583	HAWKINGS, JANET	F5059	00:41:10.70	08:14	+00:14:38	00:40:44.00
8/13	193/214	1659	ROSS, DEBORAH	F5059	00:42:53.15	08:34	+00:16:21	00:42:31.55
9/13	194/214	1749	MCDONALD, CHERYL	F5059	00:43:39.90	08:43	+00:17:08	00:43:35.60
10/13	200/214	1620	MACKIN, BETTY	F5059	00:46:50.50	09:22	+00:20:18	00:46:26.00
11/13	205/214	1726	JAMIESON, WILHELMINA	F5059	00:50:13.55	10:02	+00:23:41	00:49:41.40
12/13	208/214	1679	SUMMERS, SANDY	F5059	00:52:49.70	10:33	+00:26:17	00:52:40.70
13/13	214/214	1644	O'BRIEN, SHELAGH	F5059	01:05:41.45	13:08	+00:39:09	01:05:14.50

5KF6069 - 3 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/3	165/214	1705	WONG, CATHY	F6069	00:36:26.75	07:17	+00:00:00	00:36:21.75
2/3	211/214	1511	BERRY, MARGERY	F6069	00:54:17.90	10:51	+00:17:51	00:53:47.50
3/3	212/214	1739	DRUMMOND, MAUREEN	F6069	01:05:35.50	13:07	+00:29:08	01:05:08.35

5KF7099 - 1 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/1	167/214	1696	WHITE, MARY MADELINE	F7099	00:36:31.65	07:18	+00:00:00	00:36:25.75

5KM0119 - 9 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/9	1/214	1602	JUSTINEN, ROMAN	M0119	00:16:40.45	03:20	+00:00:00	00:16:39.15
2/9	5/214	1649	PEXMAN, JOHN	M0119	00:18:21.40	03:40	+00:01:40	00:18:19.85
3/9	10/214	1765	LECRIVDIN, EDWARD	M0119	00:19:58.25	03:59	+00:03:17	00:19:55.95
4/9	17/214	1574	GREGOR, CHRIS	M0119	00:21:30.15	04:18	+00:04:49	00:21:26.80
5/9	65/214	1633	MELE, REID	M0119	00:27:31.70	05:30	+00:10:51	00:27:30.20
6/9	71/214	1757	BARKER, COLLIN	M0119	00:27:51.25	05:34	+00:11:10	00:27:48.20
7/9	77/214	1662	SAUNDERS, JACK	M0119	00:28:03.50	05:36	+00:11:23	00:28:01.65
8/9	113/214	1748	DEERE, MATTHEW	M0119	00:31:01.45	06:12	+00:14:21	00:30:42.50
9/9	159/214	1681	TALBOT, TALEN	M0119	00:35:59.55	07:11	+00:19:19	00:35:50.20

5KM2029 - 13 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/13	2/214	1703	WITTIG, LUC	M2029	00:16:51.00	03:22	+00:00:00	00:16:50.20
2/13	3/214	1630	BRYDEN, JORDAN	M2029	00:16:58.35	03:23	+00:00:07	00:16:57.35
3/13	4/214	1728	EBELING, KURT	M2029	00:17:33.05	03:30	+00:00:42	00:17:32.40
4/13	6/214	1742	ONG, SIMON	M2029	00:19:10.45	03:50	+00:02:19	00:19:09.20
5/13	7/214	1595	HOPPE, WILLIAM	M2029	00:19:22.10	03:52	+00:02:31	00:19:22.00
6/13	14/214	1542	CORMIER, RYAN	M2029	00:21:02.65	04:12	+00:04:11	00:21:01.35
7/13	19/214	1619	MACHOWSKI, STEPHEN	M2029	00:22:01.40	04:24	+00:05:10	00:22:00.25
8/13	21/214	1533	CARRIERE, BRIAN	M2029	00:22:15.30	04:27	+00:05:24	00:22:12.60
9/13	26/214	1744	GOODMAN, LINDEN	M2029	00:22:53.00	04:34	+00:06:02	00:22:48.70
10/13	57/214	1652	POSTNEKOFF, TRAVIS	M2029	00:26:40.35	05:20	+00:09:49	00:26:29.80
11/13	62/214	1666	SELINGER, STEPHEN	M2029	00:27:19.95	05:27	+00:10:28	00:27:00.25
12/13	69/214	1650	POLSON, ALEX	M2029	00:27:41.50	05:32	+00:10:50	00:27:17.85
13/13	111/214	1621	MASON, STUART	M2029	00:30:54.60	06:10	+00:14:03	00:30:31.55

5KM3039 - 30 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/30	9/214	1606	KING, TODD	M3039	00:19:49.75	03:57	+00:00:00	00:19:49.70
2/30	12/214	1746	BRANAGAN, STUART	M3039	00:20:07.05	04:01	+00:00:17	00:20:04.30

OA = Placing Overall

Place = Category Placing

Cat Offset = Time from Category Winning time

hh:mm:ss

Category Results

5K - 3.1 Miles
214 Competitors

5KM3039 - 30 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
3/30	18/214	1525	BRUNET, CHRIS	M3039	00:21:58.25	04:23	+00:02:08	00:21:55.60
4/30	25/214	1593	HOFER, TREVOR	M3039	00:22:49.60	04:33	+00:02:59	00:22:46.40
5/30	34/214	1634	MOORE, MATTHEW	M3039	00:24:12.40	04:50	+00:04:22	00:24:04.35
6/30	35/214	1513	BISHOP, BEN	M3039	00:24:23.20	04:52	+00:04:33	00:24:20.80
7/30	38/214	1527	BURWASH, ADAM	M3039	00:24:53.40	04:58	+00:05:03	00:24:33.95
8/30	43/214	1639	NADON, ANDRE	M3039	00:25:14.40	05:02	+00:05:24	00:25:07.40
9/30	46/214	1680	SWAFFIELD, IAN	M3039	00:25:28.45	05:05	+00:05:38	00:25:21.65
10/30	47/214	1609	KOLADICH, ANDRE	M3039	00:25:30.40	05:06	+00:05:40	00:25:21.35
11/30	50/214	1604	KELLETT, CHRISTOPHER	M3039	00:25:54.90	05:10	+00:06:05	00:25:50.75
12/30	51/214	1501	ALLARD, MARC	M3039	00:26:15.40	05:15	+00:06:25	00:25:58.95
13/30	58/214	1676	STRAUSS, DEAN	M3039	00:26:42.35	05:20	+00:06:52	00:26:32.35
14/30	63/214	1661	RUSSELL, DOUGLAS	M3039	00:27:25.70	05:29	+00:07:35	00:27:05.90
15/30	75/214	1572	GREEN, JOEL	M3039	00:27:57.00	05:35	+00:08:07	00:27:40.30
16/30	80/214	1664	SCHIFFKE, MIKE	M3039	00:28:19.95	05:39	+00:08:30	00:28:03.60
17/30	81/214	1622	MATHEWS, JEROLD	M3039	00:28:21.95	05:40	+00:08:32	00:27:51.70
18/30	100/214	1669	SEPHTON, SHELDON	M3039	00:29:44.55	05:56	+00:09:54	00:29:25.45
19/30	104/214	1596	IANNELLI, VINCE	M3039	00:30:17.40	06:03	+00:10:27	00:30:03.00
20/30	106/214	1697	WIGHTON, CALUM	M3039	00:30:18.20	06:03	+00:10:28	00:30:12.65
21/30	108/214	1570	GRAVEL, MARC	M3039	00:30:25.75	06:05	+00:10:36	00:30:19.55
22/30	116/214	1717	NALLY, JUSTIN	M3039	00:31:29.60	06:17	+00:11:39	00:31:01.50
23/30	125/214	1702	WINKLER, DYLAN	M3039	00:32:07.90	06:25	+00:12:18	00:31:48.55
24/30	142/214	1590	HICKEY, PHILLIP	M3039	00:33:50.00	06:46	+00:14:00	00:33:31.15
25/30	149/214	1687	VAN MAARION, WRAYNE	M3039	00:34:20.10	06:52	+00:14:30	00:33:52.30
26/30	160/214	1555	DYRGAS, MICHAEL	M3039	00:36:05.60	07:13	+00:16:15	00:35:44.05
27/30	163/214	1608	KOIZUMI, JAMES	M3039	00:36:20.25	07:16	+00:16:30	00:35:54.90
28/30	164/214	1682	TAYLOR, JOHN	M3039	00:36:25.55	07:17	+00:16:35	00:35:57.80
29/30	173/214	1655	PROSSER, TREVOR	M3039	00:38:20.75	07:40	+00:18:31	00:37:58.45
30/30	192/214	1694	WARREN, MATT	M3039	00:42:25.65	08:29	+00:22:35	00:41:51.90

5KM4049 - 12 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/12	32/214	1762	LANTHIER, JASON	M4049	00:23:47.30	04:45	+00:00:00	00:23:40.30
2/12	49/214	1587	REYNOLDS, DARCY	M4049	00:25:47.65	05:09	+00:02:00	00:25:39.50
3/12	52/214	480	GILLIES, CLAY	M4049	00:26:15.60	05:15	+00:02:28	00:25:41.10
4/12	72/214	1756	BARKER, PAUL	M4049	00:27:53.55	05:34	+00:04:06	00:27:47.20
5/12	76/214	1766	MICHAEL, TREVOR	M4049	00:27:57.20	05:35	+00:04:09	00:27:52.05
6/12	94/214	1677	STRAUSS, DEREK	M4049	00:29:30.30	05:54	+00:05:43	00:29:18.55
7/12	117/214	1584	HAYDEN, MICHAEL	M4049	00:31:29.60	06:17	+00:07:42	00:31:01.80
8/12	119/214	1722	CHAREST, GREGORY	M4049	00:31:38.25	06:19	+00:07:50	00:31:25.65
9/12	136/214	1508	BEITEL, GERRY	M4049	00:33:35.30	06:43	+00:09:48	00:33:21.05
10/12	155/214	1529	BUTLER, GORDON	M4049	00:35:26.90	07:05	+00:11:39	00:34:58.45
11/12	156/214	1670	SKELLEY, KEVIN	M4049	00:35:32.25	07:06	+00:11:44	00:35:09.40
12/12	183/214	1761	GODFRAY, KEN	M4049	00:39:12.55	07:50	+00:15:25	00:38:57.10

5KM5059 - 12 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/12	8/214	1556	EVANS, DOUG	M5059	00:19:23.70	03:52	+00:00:00	00:19:22.55
2/12	16/214	1750	WHEELER, BARRY	M5059	00:21:12.15	04:14	+00:01:48	00:21:10.40
3/12	29/214	1603	KARPIAK, DAVID	M5059	00:23:03.95	04:36	+00:03:40	00:23:01.30
4/12	66/214	1631	MELE, BIAGIO	M5059	00:27:32.00	05:30	+00:08:08	00:27:30.25
5/12	70/214	1651	POLSON, RORY	M5059	00:27:41.55	05:32	+00:08:17	00:27:16.80
6/12	83/214	1600	JOHNSTONE, ROBB	M5059	00:28:27.65	05:41	+00:09:03	00:28:08.05
7/12	96/214	1521	BOYCHUK, BOB	M5059	00:29:37.00	05:55	+00:10:13	00:29:17.05
8/12	121/214	1758	ROSS, RICHARD	M5059	00:31:56.80	06:23	+00:12:33	00:31:35.80
9/12	127/214	1729	MOORE, JOE	M5059	00:32:15.00	06:27	+00:12:51	00:31:56.45
10/12	174/214	1654	PROSSER, MICHAEL	M5059	00:38:21.20	07:40	+00:18:57	00:37:59.05
11/12	195/214	1693	WALDREN, LYLE	M5059	00:43:54.70	08:46	+00:24:31	00:43:46.75
12/12	206/214	1727	JAMIESON, ANDREW	M5059	00:50:13.60	10:02	+00:30:49	00:49:40.45

5KM6069 - 3 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
1/3	73/214	1716	MACDONALD, COLIN	M6069	00:27:54.80	05:34	+00:00:00	00:27:51.90

OA = Placing Overall

Place = Category Placing

Cat Offset = Time from Category Winning time
hh:mm:ss

Category Results

5K - 3.1 Miles
214 Competitors

5KM6069 - 3 Competitors

Place	O/A	Bib #	Name	Div	Time	Pace	Cat Offset	Chiptime
2/3	78/214	1754	CALLAGHAN, DAVID	M6069	00:28:10.15	05:38	+00:00:15	00:28:06.40
3/3	209/214	1643	NOONAN, RITCHARD	M6069	00:53:58.90	10:47	+00:26:04	00:53:35.95