

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Female

188 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
1/188	O'CONNELL, JESSICA	934	00:34:33.50	03:27	F2029	+00:00:00	1/41	4/386	00:34:32.65
2/188	HANSEN, DANA	637	00:38:21.85	03:50	F3039	+00:03:48	1/60	18/386	00:38:20.10
3/188	YOUNG, CATHERINE	884	00:39:47.55	03:58	F3039	+00:05:14	2/60	23/386	00:39:45.65
4/188	KAISER, JESSICA	670	00:40:48.25	04:04	F2029	+00:06:14	2/41	29/386	00:40:46.70
5/188	MCARTHUR, SUSANNE	719	00:41:11.35	04:07	F3039	+00:06:37	3/60	33/386	00:41:09.15
6/188	SALT, ADELA	812	00:41:19.55	04:07	F4049	+00:06:46	1/44	34/386	00:41:17.05
7/188	YOUNG, KIM	885	00:41:27.45	04:08	F4049	+00:06:53	2/44	35/386	00:41:14.45
8/188	GILES, LISA	616	00:42:14.05	04:13	F2029	+00:07:40	3/41	44/386	00:42:12.05
9/188	LEHOUX-GAGNON, VIRGINIA	694	00:43:01.70	04:18	F2029	+00:08:28	4/41	49/386	00:42:59.60
10/188	TYMRICK-PURVIS, DARCIÉ	830	00:43:15.60	04:19	F3039	+00:08:42	4/60	51/386	00:43:12.80
11/188	MULLIGAN, ZITA	749	00:43:16.70	04:19	F5059	+00:08:43	1/30	53/386	00:43:14.70
12/188	WILD, ADRIANA	873	00:43:28.90	04:20	F3039	+00:08:55	5/60	56/386	00:43:28.70
13/188	L'HEUREUX, MARYSE	688	00:44:12.70	04:25	F2029	+00:09:39	5/41	62/386	00:44:05.85
14/188	COCKBURN, RAINA	559	00:44:22.75	04:26	F3039	+00:09:49	6/60	63/386	00:44:20.05
15/188	SCHNEE, CINDY	822	00:44:26.70	04:26	F5059	+00:09:53	2/30	64/386	00:44:25.45
16/188	KENT, SARAH	672	00:44:32.05	04:27	F3039	+00:09:58	7/60	65/386	00:44:30.05
17/188	DELMAR, LESLEY	581	00:45:52.00	04:35	F5059	+00:11:18	3/30	80/386	00:45:41.70
18/188	RACH, NICOLE	790	00:45:54.10	04:35	F3039	+00:11:20	8/60	81/386	00:45:50.10
19/188	AYLWIN, ANNA	901	00:46:15.25	04:37	F3039	+00:11:41	9/60	85/386	00:46:05.45
20/188	WILKINSON, LAURA	874	00:47:00.20	04:42	F4049	+00:12:26	3/44	96/386	00:46:43.80
21/188	KWOK, EMILY	914	00:47:57.65	04:47	F2029	+00:13:24	6/41	107/386	00:47:48.70
22/188	SEHN, JESSICA	826	00:47:58.05	04:47	F2029	+00:13:24	7/41	108/386	00:47:29.45
23/188	NEIL, JENNIFER	918	00:48:08.45	04:48	F3039	+00:13:34	10/60	110/386	00:48:02.65
24/188	MORRIS, RACHAEL	746	00:48:23.80	04:50	F4049	+00:13:50	4/44	113/386	00:48:08.00
25/188	SPROULE, KELSEY	838	00:48:50.95	04:53	F2029	+00:14:17	8/41	118/386	00:48:19.85
26/188	CHATENAY, HEATHER	551	00:48:54.55	04:53	F4049	+00:14:21	5/44	119/386	00:48:45.95
27/188	SCHMIDT, JOANNE	821	00:49:02.30	04:54	F4049	+00:14:28	6/44	121/386	00:48:57.45
28/188	RICHTER, KATE	802	00:49:06.25	04:54	F3039	+00:14:32	11/60	123/386	00:48:36.45
29/188	HOLLER, BARB	650	00:49:07.05	04:54	F4049	+00:14:33	7/44	124/386	00:48:54.00
30/188	WHITE, CAITLIN	868	00:49:39.45	04:57	F3039	+00:15:05	12/60	129/386	00:49:29.05
31/188	JESSEY, MARY	665	00:50:22.05	05:02	F4049	+00:15:48	8/44	138/386	00:50:17.75
32/188	MINNIFEE, ANNABELL	935	00:50:24.85	05:02	F3039	+00:15:51	13/60	140/386	00:50:13.00
33/188	KERR, SHAUNA	675	00:50:39.10	05:03	F4049	+00:16:05	9/44	142/386	00:50:30.10
34/188	CLARKE, SARAH	557	00:50:49.45	05:04	F2029	+00:16:15	9/41	144/386	00:50:35.60
35/188	DRYER, BRENDA	592	00:51:16.45	05:07	F3039	+00:16:42	14/60	151/386	00:51:07.35
36/188	HOCKING, PHILIPPA	649	00:51:27.15	05:08	F4049	+00:16:53	10/44	152/386	00:51:18.45
37/188	CARTER, RACHEL	545	00:51:37.00	05:09	F3039	+00:17:03	15/60	153/386	00:51:20.55
38/188	BICHEL, BRITTNEY	525	00:51:40.70	05:10	F2029	+00:17:07	10/41	156/386	00:51:21.40
39/188	ROBINSON, MEGAN	803	00:51:52.85	05:11	F2029	+00:17:19	11/41	157/386	00:51:27.50
40/188	BROWN, BRIA	536	00:52:01.70	05:12	F2029	+00:17:28	12/41	159/386	00:51:57.40
41/188	WOOFER, BAILEY	880	00:52:18.70	05:13	F2029	+00:17:45	13/41	161/386	00:52:04.60
42/188	CHAN, JENNY	549	00:52:24.65	05:14	F4049	+00:17:51	11/44	162/386	00:52:19.60
43/188	MIKAL, JANELLE	738	00:52:41.10	05:16	F2029	+00:18:07	14/41	165/386	00:52:30.20
44/188	PIATTELLI, LOUISE	778	00:52:47.65	05:16	F4049	+00:18:14	12/44	167/386	00:52:44.00
45/188	GASPAR, CONSUELO	906	00:53:06.85	05:18	F4049	+00:18:33	13/44	168/386	00:52:52.95
46/188	GABRIEL, AIMEE	611	00:53:09.10	05:18	F3039	+00:18:35	16/60	169/386	00:52:59.55
47/188	ROGERS, JANET	806	00:53:09.75	05:18	F4049	+00:18:36	14/44	171/386	00:52:47.00
48/188	ERFLE, SHANNON	600	00:53:10.75	05:19	F3039	+00:18:37	17/60	172/386	00:53:06.55
49/188	COLE, AMANDA	561	00:53:23.75	05:20	F3039	+00:18:50	18/60	173/386	00:53:07.70
50/188	GRAHAM, TERESA	621	00:53:24.55	05:20	F4049	+00:18:51	15/44	174/386	00:53:19.85
51/188	O'BYRNE, CARA	933	00:53:38.70	05:21	F2029	+00:19:05	15/41	175/386	00:53:30.75
52/188	LORD, KATE	915	00:54:01.15	05:24	F2029	+00:19:27	16/41	177/386	00:53:22.35
53/188	FLEMING, KIRSTEN	937	00:54:07.30	05:24	F3039	+00:19:33	19/60	179/386	00:53:37.10

OA = Placing Overall

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Overall Gender Results

10K - 6.21 Miles

Female

188 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
54/188	BASSETT, YOSHIE	516	00:54:12.30	05:25	F5059	+00:19:38	4/30	180/386	00:53:55.45
55/188	GRANSON, OLIVIA	624	00:54:19.70	05:25	F2029	+00:19:46	17/41	181/386	00:54:06.15
56/188	ELLIOTT, JUDITH	599	00:54:41.65	05:28	F5059	+00:20:08	5/30	186/386	00:54:33.15
57/188	STERRITT, JILL	843	00:54:44.70	05:28	F3039	+00:20:11	20/60	187/386	00:54:30.95
58/188	KENDAL, MARISSA MISTY	671	00:54:56.75	05:29	F3039	+00:20:23	21/60	188/386	00:54:44.40
59/188	TACKABERRY, KIM	846	00:55:00.60	05:30	F4049	+00:20:27	16/44	190/386	00:54:56.55
60/188	VERTZ, ASHLEY	862	00:55:00.90	05:30	F2029	+00:20:27	18/41	191/386	00:54:57.65
61/188	MACEACHERN, CARLA	707	00:55:01.70	05:30	F4049	+00:20:28	17/44	192/386	00:54:44.40
62/188	REZENDE, JANE	800	00:55:02.00	05:30	F3039	+00:20:28	22/60	193/386	00:54:45.55
63/188	MCKAY, KERRA	728	00:55:03.65	05:30	F0119	+00:20:30	1/7	194/386	00:54:53.95
64/188	MERRIMAN, MONICA	735	00:55:41.80	05:34	F5059	+00:21:08	6/30	201/386	00:55:35.80
65/188	MACINNIS, KATIE	941	00:55:51.35	05:35	F3039	+00:21:17	23/60	204/386	00:55:36.75
66/188	KUJAWA, LUCIA	685	00:55:55.85	05:35	F5059	+00:21:22	7/30	207/386	00:55:43.95
67/188	NIELD, KERRY	756	00:56:04.65	05:36	F2029	+00:21:31	19/41	210/386	00:55:33.80
68/188	SHANKS, WENDY	923	00:56:05.30	05:36	F6069	+00:21:31	1/5	211/386	00:55:47.10
69/188	HANTZSCH, PATRICIA	638	00:56:06.45	05:36	F5059	+00:21:32	8/30	212/386	00:55:47.45
70/188	BERES, ANDREA	520	00:56:11.50	05:37	F4049	+00:21:38	18/44	213/386	00:56:01.60
71/188	PETERS, JET	776	00:56:17.80	05:37	F4049	+00:21:44	19/44	214/386	00:55:54.80
72/188	MCDONALD, JEN	722	00:56:20.40	05:38	F3039	+00:21:46	24/60	215/386	00:55:52.45
73/188	PARSONS, COLLEEN	769	00:56:26.05	05:38	F5059	+00:21:52	9/30	216/386	00:55:53.85
74/188	MOSKAL, DANIELLE	747	00:56:38.30	05:39	F2029	+00:22:04	20/41	219/386	00:56:01.00
75/188	ANDERSON, SUSAN	508	00:56:40.70	05:40	F5059	+00:22:07	10/30	221/386	00:56:21.95
76/188	WIENS, TALIA	872	00:56:47.95	05:40	F0119	+00:22:14	2/7	222/386	00:56:33.70
77/188	SATHER, DELIANY	816	00:56:55.05	05:41	F3039	+00:22:21	25/60	224/386	00:56:40.70
78/188	NORRISH, VALERIE	760	00:57:05.05	05:42	F6069	+00:22:31	2/5	225/386	00:56:59.30
79/188	CLOWSER, CHRISTINE	558	00:57:05.15	05:42	F3039	+00:22:31	26/60	226/386	00:56:47.60
80/188	VERGOUWEN, PATRICIA	861	00:57:10.50	05:43	F5059	+00:22:37	11/30	227/386	00:56:51.40
81/188	JACOBS, CHER	660	00:57:10.55	05:43	F3039	+00:22:37	27/60	228/386	00:56:54.50
82/188	GILBERTSON, TANIS	614	00:57:10.85	05:43	F3039	+00:22:37	28/60	230/386	00:56:57.95
83/188	MCTAVISH, KATHRYN	733	00:57:47.30	05:46	F3039	+00:23:13	29/60	231/386	00:57:45.75
84/188	MUIRHEAD, GILLIAN	748	00:57:48.65	05:46	F3039	+00:23:15	30/60	232/386	00:57:25.20
85/188	SAKUNDIAK, JUDY	811	00:58:00.90	05:48	F5059	+00:23:27	12/30	233/386	00:57:48.15
86/188	NORRIS, ALEX	759	00:58:10.75	05:49	F2029	+00:23:37	21/41	236/386	00:57:58.95
87/188	STEGMAN, LISA	842	00:58:23.35	05:50	F2029	+00:23:49	22/41	239/386	00:58:08.50
88/188	FOX, ERIN	606	00:58:29.55	05:50	F2029	+00:23:56	23/41	240/386	00:58:07.90
89/188	SCOTT, ALISON	824	00:58:37.65	05:51	F2029	+00:24:04	24/41	244/386	00:58:26.55
90/188	WITTAL, BRANDI	878	00:58:58.05	05:53	F3039	+00:24:24	31/60	246/386	00:58:40.50
91/188	NALDER, MICHELLE	754	00:59:06.40	05:54	F4049	+00:24:32	20/44	247/386	00:58:55.05
92/188	HIDER, CHRIS	645	00:59:14.10	05:55	F6069	+00:24:40	3/5	248/386	00:58:51.60
93/188	MANUEL, GAIL	713	00:59:29.20	05:56	F5059	+00:24:55	13/30	250/386	00:59:06.15
94/188	HUNTER, ALLIE	656	00:59:30.60	05:57	F3039	+00:24:57	32/60	251/386	00:59:25.35
95/188	ZEHIR, ELIF	889	00:59:32.70	05:57	F2029	+00:24:59	25/41	252/386	00:59:24.70
96/188	DIBSKI, PAULA	586	00:59:35.05	05:57	F4049	+00:25:01	21/44	253/386	00:59:05.70
97/188	HACHE, TRISHA	630	00:59:47.45	05:58	F2029	+00:25:13	26/41	254/386	00:59:26.30
98/188	BUSHEY, JENN	541	01:00:03.20	06:00	F2029	+00:25:29	27/41	255/386	00:59:26.40
99/188	FADER, SUSAN	601	01:00:13.85	06:01	F2029	+00:25:40	28/41	257/386	01:00:02.65
100/188	GRIEVE, JENNICA	908	01:00:19.40	06:01	F2029	+00:25:45	29/41	258/386	00:59:48.15
101/188	HOCKING, JENNIFER	648	01:00:38.75	06:03	F5059	+00:26:05	14/30	259/386	01:00:21.70
102/188	GRAY, BELINDA	625	01:00:45.90	06:04	F4049	+00:26:12	22/44	262/386	01:00:37.65
103/188	COOPER, BARB	564	01:00:49.75	06:04	F6069	+00:26:16	4/5	266/386	01:00:29.50
104/188	GRANSON, CLAIRE	622	01:00:53.10	06:05	F2029	+00:26:19	30/41	267/386	01:00:41.00
105/188	POTTER, MEGAN	783	01:00:54.90	06:05	F0119	+00:26:21	3/7	268/386	01:00:39.60
106/188	POTTER, SUSAN	784	01:00:54.95	06:05	F4049	+00:26:21	23/44	269/386	01:00:38.95

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Overall Gender Results

10K - 6.21 Miles

Female

188 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
107/188	REID, ASHLEY	796	01:01:04.00	06:06	F2029	+00:26:30	31/41	270/386	01:01:00.90
108/188	REID, LORI	797	01:01:04.20	06:06	F5059	+00:26:30	15/30	271/386	01:01:00.20
109/188	JOHNSON, STACY	667	01:01:29.55	06:08	F4049	+00:26:56	24/44	274/386	01:01:14.55
110/188	GRANSON, KATE	623	01:01:38.00	06:09	F5059	+00:27:04	16/30	276/386	01:01:25.40
111/188	SCHMIDT, ERIN	820	01:01:38.05	06:09	F4049	+00:27:04	25/44	277/386	01:01:14.55
112/188	WHITING, EMMA	869	01:01:38.35	06:09	F4049	+00:27:04	26/44	278/386	01:01:13.95
113/188	SPRUYT, LAURA	839	01:01:43.10	06:10	F3039	+00:27:09	33/60	281/386	01:01:21.00
114/188	WIENS, KAISA	871	01:01:48.50	06:10	F0119	+00:27:15	4/7	282/386	01:01:31.50
115/188	PHILLIPS, JESSICA	777	01:02:00.35	06:12	F2029	+00:27:26	32/41	283/386	01:01:30.45
116/188	OLKANYCH, KENDELL	762	01:02:13.45	06:13	F4049	+00:27:39	27/44	284/386	01:02:03.55
117/188	DAHL, LORI	570	01:02:13.55	06:13	F4049	+00:27:40	28/44	285/386	01:02:02.85
118/188	WILLIAMS, LIZ	876	01:02:14.35	06:13	F5059	+00:27:40	17/30	286/386	01:01:49.95
119/188	FLYNN, SHANNON	603	01:02:16.10	06:13	F3039	+00:27:42	34/60	287/386	01:01:51.50
120/188	HESSION, RACHEL	644	01:02:17.15	06:13	F2029	+00:27:43	33/41	288/386	01:01:51.95
121/188	ZEHIR, DANA	888	01:02:17.60	06:13	F5059	+00:27:44	18/30	289/386	01:02:10.30
122/188	BOLTON, LAURA	531	01:02:39.80	06:15	F3039	+00:28:06	35/60	291/386	01:02:13.65
123/188	KOWALEWSKI, JENNIFER	679	01:02:53.20	06:17	F3039	+00:28:19	36/60	293/386	01:02:29.35
124/188	TAYLOR, KIMBERLEY	849	01:03:09.05	06:18	F3039	+00:28:35	37/60	295/386	01:02:32.75
125/188	CARDINALE, TAWNIA	544	01:03:16.00	06:19	F2029	+00:28:42	34/41	296/386	01:02:36.35
126/188	GAMBLE, DEVON	612	01:03:18.85	06:19	F3039	+00:28:45	38/60	297/386	01:03:12.15
127/188	RUNDLE, KATHLEEN	809	01:03:26.90	06:20	F3039	+00:28:53	39/60	299/386	01:02:57.05
128/188	HADDOW, HEATHER	631	01:03:30.30	06:21	F5059	+00:28:56	19/30	300/386	01:02:57.55
129/188	UMPHERVILLE, SANDY	855	01:04:07.00	06:24	F5059	+00:29:33	20/30	304/386	01:03:35.00
130/188	MANUEL, CLAIRE	712	01:04:31.75	06:27	F0119	+00:29:58	5/7	306/386	01:04:06.15
131/188	STRETCH, BETTI	940	01:04:36.15	06:27	F5059	+00:30:02	21/30	307/386	01:04:17.40
132/188	SPARKS, LESLEY	834	01:04:37.45	06:27	F3039	+00:30:03	40/60	308/386	01:04:19.95
133/188	HARSHAN, PRUTHVI	640	01:04:49.20	06:28	F3039	+00:30:15	41/60	309/386	01:04:20.40
134/188	GRIEVE, DORIS	907	01:05:06.45	06:30	F4049	+00:30:32	29/44	310/386	01:04:35.35
135/188	MACK, MARY-ROSE	708	01:05:20.95	06:32	F3039	+00:30:47	42/60	315/386	01:05:17.25
136/188	BAINBRIDGE, HELEN	511	01:05:26.35	06:32	F2029	+00:30:52	35/41	316/386	01:05:04.40
137/188	HUGHES, SARAH	930	01:05:45.20	06:34	F4049	+00:31:11	30/44	319/386	01:05:26.75
138/188	GILCHRIST, ANNA	615	01:05:57.35	06:35	F4049	+00:31:23	31/44	320/386	01:05:26.90
139/188	LONGMORE, HEATHER	702	01:05:58.00	06:35	F4049	+00:31:24	32/44	321/386	01:05:44.70
140/188	PAGE, BRENDA	767	01:05:59.70	06:35	F5059	+00:31:26	22/30	322/386	01:05:28.95
141/188	ROGERS, JADZIA	805	01:06:03.50	06:36	F0119	+00:31:30	6/7	323/386	01:05:37.90
142/188	CHAN, STELLA	550	01:06:19.05	06:37	F3039	+00:31:45	43/60	324/386	01:05:58.45
143/188	CICCOCIOPPO, ANNA-LISA	555	01:06:26.10	06:38	F4049	+00:31:52	33/44	325/386	01:06:05.15
144/188	ALFARO, DANIELLE	505	01:06:30.95	06:39	F3039	+00:31:57	44/60	326/386	01:05:11.15
145/188	DAVIDSON, TERRA	575	01:06:34.30	06:39	F3039	+00:32:00	45/60	327/386	01:06:07.55
146/188	SEPHTON, SHELDON	829	01:06:34.35	06:39	F3039	+00:32:00	46/60	328/386	01:06:06.85
147/188	SEPHTON, SHANNON	828	01:06:38.25	06:39	F3039	+00:32:04	47/60	329/386	01:06:10.75
148/188	DUBORD, CAROLYN	593	01:06:39.85	06:39	F4049	+00:32:06	34/44	330/386	01:06:18.85
149/188	NEMETH, TRACEY	755	01:06:49.50	06:40	F5059	+00:32:16	23/30	331/386	01:06:16.20
150/188	VAN DER MEY, DAISY	857	01:06:49.90	06:40	F5059	+00:32:16	24/30	332/386	01:06:16.40
151/188	PARSONS, ANNA	898	01:07:13.20	06:43	F0119	+00:32:39	7/7	334/386	01:06:56.00
152/188	PARSONS, LISA	770	01:07:16.25	06:43	F4049	+00:32:42	35/44	335/386	01:06:58.20
153/188	GREAVES, LISA	627	01:07:39.60	06:45	F4049	+00:33:06	36/44	336/386	01:07:29.20
154/188	CROWDER, CIGIE	568	01:07:42.80	06:46	F3039	+00:33:09	48/60	337/386	01:07:18.20
155/188	LANG, SYLVIE	689	01:07:48.40	06:46	F3039	+00:33:14	49/60	339/386	01:07:19.50
156/188	BLOXHAM, HEATHER	529	01:07:48.80	06:46	F4049	+00:33:15	37/44	340/386	01:07:19.90
157/188	FORDE, BRIDIE	605	01:07:56.95	06:47	F7099	+00:33:23	1/1	342/386	01:07:45.90
158/188	DOYLE, HEIDI	590	01:08:29.15	06:50	F3039	+00:33:55	50/60	343/386	01:07:59.00
159/188	HALPIN, BETH	634	01:08:46.35	06:52	F4049	+00:34:12	38/44	344/386	01:08:20.80

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Female

188 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
160/188	FETHERSTONHAUGH, MELISSA	602	01:08:46.45	06:52	F4049	+00:34:12	39/44	345/386	01:08:19.55
161/188	FARRAN, CAROLYN	905	01:08:51.80	06:53	F2029	+00:34:18	36/41	346/386	01:08:45.60
162/188	BROWN, SUSAN	539	01:09:10.05	06:55	F4049	+00:34:36	40/44	347/386	01:08:57.30
163/188	BRUCE, DEBBIE	540	01:09:19.30	06:55	F3039	+00:34:45	51/60	348/386	01:08:41.20
164/188	HA, SONG	629	01:09:19.80	06:55	F3039	+00:34:46	52/60	350/386	01:08:55.15
165/188	TANNAHILL, AIMEE	847	01:09:20.00	06:56	F3039	+00:34:46	53/60	351/386	01:07:54.85
166/188	FREY, PAM	608	01:09:46.50	06:58	F5059	+00:35:13	25/30	353/386	01:09:10.70
167/188	MILLER, ROSEMARIE	741	01:09:46.60	06:58	F5059	+00:35:13	26/30	354/386	01:09:09.95
168/188	BOCCABELLA, JENNIFER	530	01:09:56.40	06:59	F3039	+00:35:22	54/60	355/386	01:09:26.10
169/188	MARCHAND, VICTORIA	714	01:10:44.65	07:04	F5059	+00:36:11	27/30	356/386	01:10:08.85
170/188	BERNBAUM, TALIA	524	01:10:51.40	07:05	F2029	+00:36:17	37/41	357/386	01:10:42.30
171/188	SCHIMPF, KARLIE	819	01:11:49.60	07:10	F2029	+00:37:16	38/41	360/386	01:11:24.30
172/188	POLLOCK, COURTNEY	782	01:11:49.85	07:10	F2029	+00:37:16	39/41	361/386	01:11:24.55
173/188	KERN, MONICA	673	01:11:50.35	07:11	F4049	+00:37:16	41/44	362/386	01:11:15.90
174/188	HYNES, LAINA	913	01:11:57.20	07:11	F3039	+00:37:23	55/60	364/386	01:11:45.95
175/188	LAQUA, HELEN	691	01:12:16.65	07:13	F6069	+00:37:43	5/5	365/386	01:11:39.05
176/188	CROOK, INGRID	567	01:12:23.90	07:14	F3039	+00:37:50	56/60	366/386	01:11:48.85
177/188	GARSTAD, TINA	613	01:12:28.70	07:14	F4049	+00:37:55	42/44	367/386	01:12:08.50
178/188	COTELO, LUCY	565	01:12:57.40	07:17	F3039	+00:38:23	57/60	369/386	01:12:21.50
179/188	MYLES, KELSEY	752	01:13:51.45	07:23	F2029	+00:39:17	40/41	371/386	01:13:29.15
180/188	KRAUSS, CATHY	680	01:14:18.30	07:25	F5059	+00:39:44	28/30	372/386	01:13:48.95
181/188	MILLER, KAREN	740	01:14:26.15	07:26	F3039	+00:39:52	58/60	373/386	01:13:55.85
182/188	SEARLE, SANDIE	825	01:15:45.95	07:34	F4049	+00:41:12	43/44	375/386	01:15:09.75
183/188	ABUSOW, YVONNE	942	01:17:10.20	07:43	F3039	+00:42:36	59/60	378/386	01:17:02.95
184/188	PEARSALL, RITA	772	01:19:07.70	07:54	F5059	+00:44:34	29/30	379/386	01:18:41.20
185/188	RESCHKE, CINDY	798	01:19:08.15	07:54	F4049	+00:44:34	44/44	380/386	01:18:42.70
186/188	FREIDAY, CATHERINE	607	01:20:57.20	08:05	F5059	+00:46:23	30/30	381/386	01:20:22.10
187/188	MEYER, BRIGITTE	737	01:21:51.25	08:11	F2029	+00:47:17	41/41	382/386	01:21:12.75
188/188	MCKENZIE, SARAH	729	01:21:51.50	08:11	F3039	+00:47:18	60/60	383/386	01:21:11.85

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Male

198 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
1/198	KENDRICK, NATHAN	931	00:33:15.10	03:19	M3039	+00:00:00	1/49	1/386	00:33:15.05
2/198	NICOL, SCOTT	654	00:33:23.80	03:20	M2029	+00:00:08	1/26	2/386	00:33:23.40
3/198	ONSARE, BENARD	939	00:33:51.00	03:23	M3039	+00:00:35	2/49	3/386	00:33:50.65
4/198	KONDRO, MICHAEL	677	00:35:27.85	03:32	M2029	+00:02:12	2/26	5/386	00:35:27.50
5/198	DRAUDE, JODY	591	00:35:54.15	03:35	M4049	+00:02:39	1/57	6/386	00:35:53.60
6/198	MURPHY-ROYAL, CIARAN	750	00:36:13.60	03:37	M2029	+00:02:58	3/26	7/386	00:36:13.20
7/198	CAMPBELL, DEREK	542	00:36:30.85	03:39	M3039	+00:03:15	3/49	8/386	00:36:28.95
8/198	DARCY, NOEL	574	00:36:39.50	03:39	M2029	+00:03:24	4/26	9/386	00:36:37.70
9/198	REED, JASON	921	00:36:53.30	03:41	M3039	+00:03:38	4/49	10/386	00:36:52.30
10/198	HOGAN, MARK	912	00:37:19.10	03:43	M3039	+00:04:04	5/49	11/386	00:37:18.50
11/198	LINDLAND, KEVIN	700	00:37:20.60	03:44	M5059	+00:04:05	1/49	12/386	00:37:20.25
12/198	SAMPSON, CURTIS	813	00:37:30.35	03:45	M4049	+00:04:15	2/57	13/386	00:37:29.30
13/198	STRATTON, SHAWN	924	00:37:32.40	03:45	M4049	+00:04:17	3/57	14/386	00:37:29.80
14/198	MCBETH, MICHAEL	720	00:37:40.10	03:46	M5059	+00:04:25	2/49	15/386	00:37:38.55
15/198	ROBB, JAIME	899	00:38:11.00	03:49	M3039	+00:04:55	6/49	16/386	00:38:09.50
16/198	ARENDS, CURTIS	509	00:38:18.80	03:49	M2029	+00:05:03	5/26	17/386	00:38:13.65
17/198	TETREULT, MYRON	850	00:38:36.80	03:51	M4049	+00:05:21	4/57	19/386	00:38:36.20
18/198	ALBOUY, PHILIPPE	504	00:38:44.05	03:52	M3039	+00:05:28	7/49	20/386	00:38:37.95
19/198	JORDAN, STEVEN	896	00:39:38.20	03:57	M3039	+00:06:23	8/49	21/386	00:39:37.10
20/198	FALKE, GUNNAR	904	00:39:40.85	03:58	M3039	+00:06:25	9/49	22/386	00:39:40.70
21/198	MALCOLM, TODD	710	00:40:05.80	04:00	M4049	+00:06:50	5/57	24/386	00:40:03.80
22/198	DAHL, MATHEW	571	00:40:08.10	04:00	M2029	+00:06:53	6/26	25/386	00:40:07.30
23/198	KWOK, EAGLE	687	00:40:15.85	04:01	M4049	+00:07:00	6/57	26/386	00:40:12.75
24/198	LEARMONTH, DAVID	692	00:40:32.75	04:03	M3039	+00:07:17	10/49	27/386	00:40:21.35
25/198	BOURGEAULT, PAUL	532	00:40:42.85	04:04	M4049	+00:07:27	7/57	28/386	00:40:41.90
26/198	SARANTIS, ARI	814	00:40:54.80	04:05	M4049	+00:07:39	8/57	30/386	00:40:49.80
27/198	GEE, DON	936	00:41:03.65	04:06	M5059	+00:07:48	3/49	31/386	00:41:00.80
28/198	BICKLEY, ED	526	00:41:09.15	04:06	M5059	+00:07:54	4/49	32/386	00:41:07.50
29/198	SMIT, THEO	831	00:41:30.35	04:09	M5059	+00:08:15	5/49	36/386	00:41:28.40
30/198	REAL, PETER	793	00:41:32.90	04:09	M4049	+00:08:17	9/57	37/386	00:41:25.30
31/198	KERNICK, KELLY	674	00:41:44.15	04:10	M4049	+00:08:29	10/57	38/386	00:41:35.75
32/198	MOORE, ADRIAN	744	00:41:46.30	04:10	M4049	+00:08:31	11/57	39/386	00:41:42.50
33/198	MURPHY, MICHAEL	917	00:41:54.40	04:11	M3039	+00:08:39	11/49	40/386	00:41:51.50
34/198	LONDRY, EVAN	701	00:42:00.35	04:12	M3039	+00:08:45	12/49	41/386	00:41:57.85
35/198	DOUPOVEC, DANIEL	589	00:42:07.80	04:12	M4049	+00:08:52	12/57	42/386	00:42:03.10
36/198	MATHEW, ERIC	718	00:42:13.60	04:13	M0119	+00:08:58	1/1	43/386	00:42:09.05
37/198	STARKEY, ROBERT	841	00:42:34.40	04:15	M2029	+00:09:19	7/26	45/386	00:42:29.60
38/198	MEUNIER, PATRICK	736	00:42:42.75	04:16	M2029	+00:09:27	8/26	46/386	00:42:42.60
39/198	THOMAS, DAVID	823	00:42:46.00	04:16	M4049	+00:09:30	13/57	47/386	00:42:33.90
40/198	BLAIS, CASEY	928	00:43:00.65	04:18	M3039	+00:09:45	13/49	48/386	00:42:49.70
41/198	MCNUTT, TODD	731	00:43:13.40	04:19	M5059	+00:09:58	6/49	50/386	00:43:10.90
42/198	OLSON, JOE	764	00:43:15.65	04:19	M4049	+00:10:00	14/57	52/386	00:43:09.45
43/198	WYLLIE, DOUG	882	00:43:21.15	04:20	M5059	+00:10:06	7/49	54/386	00:43:17.85
44/198	LIN, ENOCH	698	00:43:24.10	04:20	M3039	+00:10:09	14/49	55/386	00:43:24.05
45/198	ROWE, PHILIP	808	00:43:45.40	04:22	M5059	+00:10:30	8/49	57/386	00:43:41.70
46/198	KOPF, JOHN	678	00:43:47.80	04:22	M2029	+00:10:32	9/26	58/386	00:43:42.15
47/198	BEATTIE, JIM	519	00:43:56.25	04:23	M4049	+00:10:41	15/57	59/386	00:43:44.00
48/198	DAWSON, BOB	578	00:44:01.70	04:24	M5059	+00:10:46	9/49	60/386	00:43:57.90
49/198	GILES, WAYNE	617	00:44:04.35	04:24	M2029	+00:10:49	10/26	61/386	00:43:59.85
50/198	DAVIS, TODD	577	00:44:51.60	04:29	M4049	+00:11:36	16/57	66/386	00:44:46.25
51/198	CHEUNG, PHIL	553	00:45:02.80	04:30	M4049	+00:11:47	17/57	67/386	00:44:55.60
52/198	KUHNEN, DYLAN	684	00:45:05.20	04:30	M2029	+00:11:50	11/26	68/386	00:44:57.65
53/198	VIERNEZA, MARK	865	00:45:06.85	04:30	M3039	+00:11:51	15/49	69/386	00:45:00.40

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Male

198 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
54/198	LAQUA, GORDON	690	00:45:12.40	04:31	M5059	+00:11:57	10/49	70/386	00:45:05.85
55/198	SANDERS, SKIP	900	00:45:13.70	04:31	M4049	+00:11:58	18/57	71/386	00:45:13.25
56/198	CONSTABLE, BRUCE	562	00:45:16.40	04:31	M5059	+00:12:01	11/49	72/386	00:45:09.65
57/198	PIERCE, GREG	919	00:45:18.65	04:31	M3039	+00:12:03	16/49	73/386	00:45:09.00
58/198	HEGGE, CHAD	642	00:45:26.05	04:32	M4049	+00:12:10	19/57	74/386	00:45:05.65
59/198	PATTERSON, SHANE	771	00:45:38.70	04:33	M3039	+00:12:23	17/49	75/386	00:45:11.75
60/198	MCINNIS, GERARD	726	00:45:41.50	04:34	M5059	+00:12:26	12/49	76/386	00:45:38.90
61/198	DUNCAN, STEPHEN	596	00:45:44.20	04:34	M4049	+00:12:29	20/57	77/386	00:45:34.00
62/198	MACKIE, PAT	709	00:45:47.85	04:34	M4049	+00:12:32	21/57	78/386	00:45:40.85
63/198	SEGARRA, MARK	854	00:45:49.60	04:34	M3039	+00:12:34	18/49	79/386	00:45:39.05
64/198	PRYOR, ROB	788	00:45:57.45	04:35	M4049	+00:12:42	22/57	82/386	00:45:54.35
65/198	HUFFMAN, JAMES	655	00:46:04.50	04:36	M3039	+00:12:49	19/49	83/386	00:45:43.60
66/198	COOPER, ALAN	563	00:46:06.20	04:36	M6069	+00:12:51	1/15	84/386	00:46:00.80
67/198	HERLE, NEIL	643	00:46:16.00	04:37	M4049	+00:13:00	23/57	86/386	00:45:55.00
68/198	DEFOREST, SHAWN	580	00:46:21.30	04:38	M4049	+00:13:06	24/57	87/386	00:46:11.45
69/198	CHENIER, CAMERON	552	00:46:31.20	04:39	M3039	+00:13:16	20/49	88/386	00:46:20.35
70/198	WARLEY, THOMAS	926	00:46:36.05	04:39	M2029	+00:13:20	12/26	89/386	00:46:18.70
71/198	LEFEBURE, JOHN	693	00:46:36.20	04:39	M3039	+00:13:21	21/49	90/386	00:46:19.95
72/198	RODGERS, DAVE	804	00:46:38.00	04:39	M5059	+00:13:22	13/49	91/386	00:46:18.50
73/198	HANLON, PATRICK	636	00:46:46.00	04:40	M4049	+00:13:30	25/57	92/386	00:46:23.65
74/198	PUSHELBERG, LOUIS	789	00:46:49.40	04:40	M2029	+00:13:34	13/26	93/386	00:46:34.80
75/198	VANGILST, JIM	859	00:46:54.80	04:41	M6069	+00:13:39	2/15	94/386	00:46:46.70
76/198	CAUSTON, ASHLEY	548	00:46:55.60	04:41	M4049	+00:13:40	26/57	95/386	00:46:48.20
77/198	ROTH, WALTER	807	00:47:07.25	04:42	M4049	+00:13:52	27/57	97/386	00:46:54.90
78/198	BRACKETT, BEN	535	00:47:08.05	04:42	M3039	+00:13:52	22/49	98/386	00:46:56.20
79/198	MONCRIEFF, SHANNON	743	00:47:10.55	04:43	M5059	+00:13:55	14/49	99/386	00:46:57.15
80/198	WALKER, BRETT	867	00:47:18.25	04:43	M3039	+00:14:03	23/49	100/386	00:47:14.95
81/198	WONG, TED	879	00:47:28.90	04:44	M5059	+00:14:13	15/49	101/386	00:47:00.35
82/198	POFFENROTH, DAYNE	781	00:47:44.90	04:46	M3039	+00:14:29	24/49	102/386	00:47:23.00
83/198	PEARSON, MATTHEW	773	00:47:45.00	04:46	M4049	+00:14:29	28/57	103/386	00:47:38.85
84/198	MCINTYRE, PETER	727	00:47:45.80	04:46	M3039	+00:14:30	25/49	104/386	00:47:23.75
85/198	BERMUDEZ, JORGE	522	00:47:46.20	04:46	M4049	+00:14:31	29/57	105/386	00:47:32.40
86/198	PERLOW, RICHARD	775	00:47:55.15	04:47	M6069	+00:14:40	3/15	106/386	00:47:49.80
87/198	HECHT, JOHN	641	00:47:58.10	04:47	M5059	+00:14:43	16/49	109/386	00:47:53.30
88/198	GOOD, GARRY	618	00:48:18.70	04:49	M4049	+00:15:03	30/57	111/386	00:48:03.15
89/198	SCHAFFER, PETER	818	00:48:20.85	04:50	M2029	+00:15:05	14/26	112/386	00:48:06.40
90/198	MILLER, DAVE	739	00:48:29.80	04:50	M3039	+00:15:14	26/49	114/386	00:48:15.65
91/198	DHILLON, DARSHAN	584	00:48:29.95	04:50	M3039	+00:15:14	27/49	115/386	00:48:11.85
92/198	WONG, BERNARD	927	00:48:41.40	04:52	M3039	+00:15:26	28/49	116/386	00:48:19.70
93/198	SPROULE, JARED	837	00:48:50.90	04:53	M3039	+00:15:35	29/49	117/386	00:48:19.55
94/198	HAWKINGS, JACK	909	00:48:54.70	04:53	M6069	+00:15:39	4/15	120/386	00:48:46.00
95/198	RICHTER, ALAN	801	00:49:05.95	04:54	M4049	+00:15:50	31/57	122/386	00:48:36.60
96/198	JOHNSTON, ROB	668	00:49:09.90	04:54	M3039	+00:15:54	30/49	125/386	00:48:45.15
97/198	SARETSKY, THOMAS	815	00:49:32.85	04:57	M5059	+00:16:17	17/49	126/386	00:49:23.35
98/198	DUERKSEN, JOHN	595	00:49:35.30	04:57	M5059	+00:16:20	18/49	127/386	00:49:29.40
99/198	DHILLON, MANJEET	585	00:49:35.60	04:57	M4049	+00:16:20	32/57	128/386	00:49:18.05
100/198	JANSEN, RICHARD	661	00:49:39.60	04:57	M4049	+00:16:24	33/57	130/386	00:49:20.05
101/198	STANG, RYAN	840	00:49:40.15	04:58	M3039	+00:16:25	31/49	131/386	00:49:26.40
102/198	BAKER, STUART	512	00:49:47.80	04:58	M5059	+00:16:32	19/49	132/386	00:49:37.30
103/198	LESLIE, JEFF	695	00:49:52.80	04:59	M4049	+00:16:37	34/57	133/386	00:49:43.65
104/198	TKACHUK, SCOTT	852	00:49:57.20	04:59	M4049	+00:16:42	35/57	134/386	00:49:45.85
105/198	LEWIS, BRYANT	696	00:50:01.35	05:00	M4049	+00:16:46	36/57	135/386	00:49:56.75
106/198	SEBINELLI, BRENT	827	00:50:17.60	05:01	M2029	+00:17:02	15/26	136/386	00:50:02.55

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Male

198 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
107/198	DOMBROVA, DUANE	588	00:50:17.90	05:01	M5059	+00:17:02	20/49	137/386	00:49:58.10
108/198	SOULODRE, HENRI	765	00:50:22.50	05:02	M5059	+00:17:07	21/49	139/386	00:50:07.30
109/198	IRELAND, MARK	658	00:50:38.90	05:03	M5059	+00:17:23	22/49	141/386	00:50:23.45
110/198	PUGH, THOMAS	920	00:50:44.20	05:04	M2029	+00:17:29	16/26	143/386	00:50:36.20
111/198	CATTONI, JASON	547	00:50:50.90	05:05	M4049	+00:17:35	37/57	145/386	00:50:41.70
112/198	RAMSEY, JASON	792	00:50:56.70	05:05	M4049	+00:17:41	38/57	146/386	00:50:45.25
113/198	NORRIS, ALEC	758	00:50:57.80	05:05	M2029	+00:17:42	17/26	147/386	00:50:50.80
114/198	PARDOE, GLEN	768	00:51:00.00	05:06	M5059	+00:17:44	23/49	148/386	00:50:45.65
115/198	SMITH, ADAM	832	00:51:05.90	05:06	M3039	+00:17:50	32/49	149/386	00:50:41.15
116/198	CASSIDY, DAVID	546	00:51:15.30	05:07	M2029	+00:18:00	18/26	150/386	00:50:52.10
117/198	BOWLES, KEVIN	894	00:51:38.20	05:09	M4049	+00:18:23	39/57	154/386	00:51:10.95
118/198	BROWN, SEAN	538	00:51:38.50	05:09	M3039	+00:18:23	33/49	155/386	00:50:56.40
119/198	MERRIMAN, JOHN	734	00:51:55.35	05:11	M5059	+00:18:40	24/49	158/386	00:51:50.05
120/198	VAN VLIET, JOHN	858	00:52:16.95	05:13	M4049	+00:19:01	40/57	160/386	00:51:58.70
121/198	BASSO, TONY	517	00:52:25.50	05:14	M5059	+00:19:10	25/49	163/386	00:52:09.55
122/198	MCFADDEN, ALAN	725	00:52:39.50	05:15	M4049	+00:19:24	41/57	164/386	00:52:37.80
123/198	MCDONALD, SEAN	724	00:52:43.25	05:16	M2029	+00:19:28	19/26	166/386	00:52:17.20
124/198	ISAS, LEANDRO	659	00:53:09.10	05:18	M4049	+00:19:54	42/57	170/386	00:53:01.35
125/198	CASSIDY, BRENDAN	902	00:54:01.15	05:24	M3039	+00:20:46	34/49	176/386	00:53:22.15
126/198	DIODATI, KEVIN	587	00:54:05.65	05:24	M3039	+00:20:50	35/49	178/386	00:53:50.70
127/198	VERTZ, JOHN	863	00:54:24.90	05:26	M2029	+00:21:09	20/26	182/386	00:54:20.70
128/198	KEATING, JOHN	897	00:54:25.10	05:26	M2029	+00:21:10	21/26	183/386	00:54:20.95
129/198	MANN, DON	711	00:54:36.75	05:27	M6069	+00:21:21	5/15	184/386	00:54:18.30
130/198	MARDESIC, MIKE	715	00:54:39.90	05:27	M4049	+00:21:24	43/57	185/386	00:53:11.80
131/198	SMITH, DOUG	833	00:54:57.15	05:29	M5059	+00:21:42	26/49	189/386	00:54:39.00
132/198	VISOTSKI, ALEX	866	00:55:05.55	05:30	M3039	+00:21:50	36/49	195/386	00:54:59.20
133/198	DALY, LORNE	572	00:55:06.30	05:30	M5059	+00:21:51	27/49	196/386	00:55:05.50
134/198	BARTSCH, SIMON	515	00:55:11.70	05:31	M3039	+00:21:56	37/49	197/386	00:54:48.85
135/198	HARASYM, MICHAEL	639	00:55:12.90	05:31	M5059	+00:21:57	28/49	198/386	00:54:40.60
136/198	HALAS, MARC	633	00:55:30.55	05:33	M3039	+00:22:15	38/49	199/386	00:55:23.10
137/198	MORGAN, DARCY	916	00:55:34.75	05:33	M5059	+00:22:19	29/49	200/386	00:55:20.10
138/198	BAGNALL, PATRICK	510	00:55:43.70	05:34	M6069	+00:22:28	6/15	202/386	00:55:38.20
139/198	MODARELLI, ANDRES	742	00:55:45.20	05:34	M3039	+00:22:30	39/49	203/386	00:55:38.20
140/198	TRESISE, RYAN	925	00:55:53.45	05:35	M3039	+00:22:38	40/49	205/386	00:55:31.35
141/198	COLBERT, FRED	895	00:55:54.05	05:35	M6069	+00:22:38	7/15	206/386	00:55:41.35
142/198	KUJAWA, THOMAS	686	00:55:56.45	05:35	M5059	+00:22:41	30/49	208/386	00:55:44.35
143/198	NALDER, BILL	753	00:56:04.15	05:36	M4049	+00:22:49	44/57	209/386	00:55:52.55
144/198	ZEHIR, ALTAN	887	00:56:32.25	05:39	M2029	+00:23:17	22/26	217/386	00:56:25.45
145/198	KITTLITZ, KEN	676	00:56:36.05	05:39	M4049	+00:23:20	45/57	218/386	00:56:14.55
146/198	REDDEKOPP, JAY	794	00:56:38.70	05:39	M5059	+00:23:23	31/49	220/386	00:56:06.10
147/198	GRAHAM, DAVID	620	00:56:52.60	05:41	M4049	+00:23:37	46/57	223/386	00:56:26.60
148/198	BAXTER, RYAN	518	00:57:10.70	05:43	M3039	+00:23:55	41/49	229/386	00:56:54.25
149/198	ELLIOTT, ALBERT	598	00:58:05.70	05:48	M5059	+00:24:50	32/49	234/386	00:57:46.60
150/198	PEDROTTI, MATT	774	00:58:09.80	05:48	M2029	+00:24:54	23/26	235/386	00:58:06.75
151/198	CLARKE, DAVID	556	00:58:12.80	05:49	M6069	+00:24:57	8/15	237/386	00:57:46.10
152/198	MCLELLAN, LOCHLIN	730	00:58:16.65	05:49	M4049	+00:25:01	47/57	238/386	00:57:43.20
153/198	MYLES, ANDREW	751	00:58:31.20	05:51	M3039	+00:25:16	42/49	241/386	00:58:00.00
154/198	KUEHLER, ANDREW	682	00:58:33.90	05:51	M2029	+00:25:18	24/26	242/386	00:58:20.60
155/198	COLBERT, PETER	560	00:58:34.10	05:51	M2029	+00:25:19	25/26	243/386	00:58:20.90
156/198	YARDLEY, PAUL	883	00:58:53.10	05:53	M5059	+00:25:38	33/49	245/386	00:58:32.30
157/198	SPICE, RON	836	00:59:19.90	05:55	M5059	+00:26:04	34/49	249/386	00:58:58.10
158/198	DUNNE, JIM	597	01:00:08.75	06:00	M6069	+00:26:53	9/15	256/386	01:00:00.80
159/198	CHOATE, GORDON	554	01:00:40.95	06:04	M5059	+00:27:25	35/49	260/386	01:00:08.75

OA = Placing Overall

Place = Category Placing

Gender Offset = Time from Gender Winning time

hh:mm:ss

Overall Gender Results

10K - 6.21 Miles

Male

198 Competitors

Place	Name	Bib#	Time	Pace	Div	Gen Offset	Cat	O/A	Chip Time
160/198	HAY, BRAD	910	01:00:43.35	06:04	M4049	+00:27:28	48/57	261/386	01:00:21.05
161/198	RAMADASS, HARSHAN	791	01:00:46.30	06:04	M3039	+00:27:31	43/49	263/386	01:00:17.75
162/198	MOORE, JOE	745	01:00:47.50	06:04	M5059	+00:27:32	36/49	264/386	01:00:30.95
163/198	ZDRILL, RON	886	01:00:47.55	06:04	M5059	+00:27:32	37/49	265/386	01:00:11.75
164/198	CARD, BARRY	543	01:01:05.40	06:06	M3039	+00:27:50	44/49	272/386	01:00:18.70
165/198	JOHNSON, KEVIN	666	01:01:29.25	06:08	M4049	+00:28:14	49/57	273/386	01:01:13.75
166/198	MCCREANOR, JOHN	721	01:01:33.00	06:09	M6069	+00:28:17	10/15	275/386	01:01:24.40
167/198	HNATIUK, ROGER	647	01:01:39.85	06:09	M5059	+00:28:24	38/49	279/386	01:01:01.10
168/198	HADDOW, IAN	632	01:01:42.00	06:10	M6069	+00:28:26	11/15	280/386	01:01:09.05
169/198	MASCARIN, ROBERT	716	01:02:25.25	06:14	M4049	+00:29:10	50/57	290/386	01:02:00.20
170/198	HIRTH, NORBERT	911	01:02:47.10	06:16	M5059	+00:29:32	39/49	292/386	01:02:31.05
171/198	TRUDEAU, MARC	853	01:03:04.85	06:18	M5059	+00:29:49	40/49	294/386	01:02:55.15
172/198	PRIOR, MITCH	787	01:03:21.10	06:20	M2029	+00:30:06	26/26	298/386	01:02:50.10
173/198	ZEHIR, TAYFUN	890	01:03:30.40	06:21	M6069	+00:30:15	12/15	301/386	01:03:23.80
174/198	DE PEUTER, NICKI	579	01:03:42.35	06:22	M4049	+00:30:27	51/57	302/386	01:03:15.85
175/198	ROUMELIOTIS, MICHAEL	922	01:03:54.05	06:23	M3039	+00:30:38	45/49	303/386	01:03:44.05
176/198	GRAY, BRIAN	626	01:04:11.60	06:25	M5059	+00:30:56	41/49	305/386	01:04:03.55
177/198	MCTAVISH, JAMES	732	01:05:09.10	06:30	M3039	+00:31:54	46/49	311/386	01:05:07.40
178/198	BLOCK, RANDALL	528	01:05:10.90	06:31	M5059	+00:31:55	42/49	312/386	01:04:40.70
179/198	VERTZ, RON	864	01:05:11.05	06:31	M5059	+00:31:55	43/49	313/386	01:04:40.15
180/198	HIDER, JON	646	01:05:15.00	06:31	M6069	+00:31:59	13/15	314/386	01:04:53.35
181/198	BOYLE, KELLY	534	01:05:38.90	06:33	M5059	+00:32:23	44/49	317/386	01:05:09.00
182/198	MCCLELLAN, SHANE	932	01:05:44.95	06:34	M4049	+00:32:29	52/57	318/386	01:05:26.20
183/198	MCDONALD, JOHN	723	01:06:53.10	06:41	M5059	+00:33:38	45/49	333/386	01:06:15.25
184/198	LIMA, ALEX	697	01:07:43.30	06:46	M4049	+00:34:28	53/57	338/386	01:07:28.10
185/198	GESCHER, JOHN	657	01:07:53.50	06:47	M5059	+00:34:38	46/49	341/386	01:07:32.80
186/198	NOREK, JEFF	757	01:09:19.30	06:55	M3039	+00:36:04	47/49	349/386	01:08:41.90
187/198	ZUK, KEN	891	01:09:44.70	06:58	M5059	+00:36:29	47/49	352/386	01:09:15.20
188/198	BERNBAUM, HARVEY	523	01:10:51.60	07:05	M6069	+00:37:36	14/15	358/386	01:10:42.60
189/198	FULKER, ADAM	610	01:11:21.75	07:08	M3039	+00:38:06	48/49	359/386	01:10:53.85
190/198	CROOK, GRAHAM	566	01:11:55.10	07:11	M3039	+00:38:40	49/49	363/386	01:11:19.90
191/198	WILLIAMS, STAN	877	01:12:43.45	07:16	M5059	+00:39:28	48/49	368/386	01:12:18.55
192/198	KUHL, GREG	683	01:12:57.70	07:17	M6069	+00:39:42	15/15	370/386	01:12:40.00
193/198	LOUIE, WILLIAM	704	01:15:30.65	07:33	M7099	+00:42:15	1/1	374/386	01:14:52.50
194/198	PUBLICOVER, KEITH	938	01:15:46.30	07:34	M4049	+00:42:31	54/57	376/386	01:15:09.90
195/198	ORR, ROB	766	01:16:14.85	07:37	M4049	+00:42:59	55/57	377/386	01:15:40.85
196/198	ANDERSON, REUBEN	507	01:24:39.25	08:27	M4049	+00:51:24	56/57	384/386	01:24:06.45
197/198	PIPER, GORD	779	01:24:40.00	08:28	M5059	+00:51:24	49/49	385/386	01:24:07.20
198/198	SCARSELLONE, LUIGI	817	01:30:15.80	09:01	M4049	+00:57:00	57/57	386/386	01:29:41.75