

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 223 Finishers

| O/A     | Name                    | Bib# | Time        | Pace/m | Category  | Cat/PI | Gender | Gen/PI  | Chip Time   |
|---------|-------------------------|------|-------------|--------|-----------|--------|--------|---------|-------------|
| 182/223 | ADSHADE, CATHRYN        | 101  | 01:08:23.72 | 06:50  | 10K50-59F | 13/20  | F      | 76/109  | 01:07:56.28 |
| 164/223 | ADSHADE, TIM            | 102  | 01:03:47.67 | 06:22  | 10K50-59M | 20/25  | M      | 98/114  | 01:03:20.75 |
| 191/223 | ALHAJ, AMER             | 319  | 01:09:33.64 | 06:57  | 10K40-49M | 31/32  | M      | 108/114 | 01:08:58.24 |
| 5/223   | ARENDS, CURTIS          | 103  | 00:38:10.89 | 03:49  | 10K30-39M | 1/26   | M      | 5/114   | 00:37:26.89 |
| 144/223 | AULICINO, ANTHONY       | 333  | 01:01:09.19 | 06:06  | 10K40-49M | 26/32  | M      | 89/114  | 01:00:58.74 |
| 145/223 | AULICINO, ROMINA        | 334  | 01:01:09.36 | 06:06  | 10K40-49F | 20/35  | F      | 56/109  | 01:01:00.27 |
| 72/223  | BABES, LIANE            | 104  | 00:52:06.72 | 05:12  | 10K30-39F | 12/32  | F      | 19/109  | 00:52:02.80 |
| 73/223  | BADER, SHYLOH           | 266  | 00:52:14.83 | 05:13  | 10K20-29F | 3/10   | F      | 20/109  | 00:51:57.92 |
| 127/223 | BAGNALL, PATRICK        | 105  | 00:59:03.73 | 05:54  | 10K60-69M | 4/11   | M      | 81/114  | 00:58:45.99 |
| 148/223 | BANICK, BRANDY          | 350  | 01:01:26.28 | 06:08  | 10K30-39F | 19/32  | F      | 59/109  | 01:01:15.33 |
| 84/223  | BARHAM, FRED            | 108  | 00:53:14.68 | 05:19  | 10K50-59M | 12/25  | M      | 60/114  | 00:53:00.43 |
| 54/223  | BAYLY, KEITH            | 109  | 00:48:50.09 | 04:53  | 10K40-49M | 14/32  | M      | 40/114  | 00:48:45.95 |
| 123/223 | BEALES, IAN             | 110  | 00:58:41.52 | 05:52  | 10K60-69M | 3/11   | M      | 78/114  | 00:58:25.33 |
| 92/223  | BEAUDOIN, BENITO        | 111  | 00:54:59.63 | 05:29  | 10K40-49M | 20/32  | M      | 64/114  | 00:54:44.82 |
| 122/223 | BELL, ASHLEY            | 267  | 00:58:20.49 | 05:50  | 10K30-39F | 16/32  | F      | 45/109  | 00:57:14.29 |
| 58/223  | BERES, ANDREA           | 112  | 00:50:04.63 | 05:00  | 10K50-59F | 2/20   | F      | 16/109  | 00:49:57.80 |
| 4/223   | BICKLEY, BRAD           | 288  | 00:36:36.48 | 03:39  | 10K20-29M | 4/18   | M      | 4/114   | 00:36:35.13 |
| 19/223  | BICKLEY, ED             | 113  | 00:42:03.81 | 04:12  | 10K50-59M | 1/25   | M      | 15/114  | 00:42:02.43 |
| 152/223 | BLOCK, RANDALL          | 320  | 01:02:25.74 | 06:14  | 10K50-59M | 18/25  | M      | 93/114  | 01:01:44.80 |
| 165/223 | BOWLING, JEFF           | 114  | 01:03:50.21 | 06:23  | 10K50-59M | 21/25  | M      | 99/114  | 01:03:19.93 |
| 119/223 | BRADLEY, JAY            | 115  | 00:57:56.88 | 05:47  | 10K60-69M | 2/11   | M      | 75/114  | 00:57:38.94 |
| 180/223 | BRAUNBERGER, DANA       | 116  | 01:08:16.02 | 06:49  | 10K40-49F | 30/35  | F      | 74/109  | 01:07:30.21 |
| 75/223  | BROOKS, SUZANNE         | 268  | 00:52:27.08 | 05:14  | 10K50-59F | 3/20   | F      | 21/109  | 00:52:22.55 |
| 219/223 | BUCKLEY, ROSEMARY       | 117  | 01:23:12.05 | 08:19  | 10K20-29F | 9/10   | F      | 106/109 | 01:23:07.91 |
| 32/223  | BUNN, EZRA              | 118  | 00:45:32.62 | 04:33  | 10K20-29M | 10/18  | M      | 25/114  | 00:45:16.43 |
| 81/223  | CAMPBELL, IAN           | 120  | 00:53:00.15 | 05:18  | 10K40-49M | 17/32  | M      | 58/114  | 00:52:47.27 |
| 120/223 | CASSELL, KENT           | 269  | 00:57:57.99 | 05:47  | 10K30-39M | 19/26  | M      | 76/114  | 00:57:50.17 |
| 88/223  | CHAN, JENNY             | 361  | 00:54:05.16 | 05:24  | 10K50-59F | 6/20   | F      | 27/109  | 00:53:55.69 |
| 121/223 | CHOW, DAVID             | 270  | 00:58:19.53 | 05:49  | 10K30-39M | 20/26  | M      | 77/114  | 00:57:56.09 |
| 162/223 | CLITHEROE, HEATHER      | 125  | 01:03:24.83 | 06:20  | 10K40-49F | 24/35  | F      | 66/109  | 01:02:56.43 |
| 114/223 | COLE, AMANDA            | 126  | 00:57:35.17 | 05:45  | 10K40-49F | 13/35  | F      | 41/109  | 00:57:10.35 |
| 217/223 | COLLINS, MELISSA        | 354  | 01:21:50.96 | 08:11  | 10K20-29F | 8/10   | F      | 104/109 | 01:21:22.68 |
| 68/223  | COOPER, ALAN            | 128  | 00:51:25.99 | 05:08  | 10K60-69M | 1/11   | M      | 51/114  | 00:51:19.02 |
| 86/223  | COOZE, MICHELLE         | 5022 | 00:53:42.38 | 05:22  | 10K40-49F | 6/35   | F      | 26/109  | 00:53:29.38 |
| 35/223  | CRUZ, OSCAR             | 129  | 00:45:52.58 | 04:35  | 10K40-49M | 10/32  | M      | 28/114  | 00:45:21.12 |
| 53/223  | CURR-MYSCHUK, CHRISTINA | 336  | 00:48:42.87 | 04:52  | 10K40-49F | 3/35   | F      | 14/109  | 00:48:40.91 |
| 137/223 | CURTIS, CHARLOTTE       | 271  | 01:00:06.05 | 06:00  | 10K30-39F | 17/32  | F      | 49/109  | 00:59:27.89 |
| 104/223 | DALEBOZIK, NICHOLAS     | 272  | 00:56:26.34 | 05:38  | 10K30-39M | 15/26  | M      | 69/114  | 00:56:08.40 |
| 37/223  | DRYER, BRENDA           | 274  | 00:46:01.44 | 04:36  | 10K30-39F | 6/32   | F      | 8/109   | 00:45:57.22 |
| 90/223  | DUCEY, MARK             | 348  | 00:54:18.31 | 05:25  | 10K30-39M | 12/26  | M      | 62/114  | 00:53:43.89 |
| 46/223  | DUERKSEN, JOHN          | 132  | 00:47:57.20 | 04:47  | 10K50-59M | 6/25   | M      | 35/114  | 00:47:50.51 |
| 135/223 | DUNBAR, RAY             | 133  | 00:59:57.29 | 05:59  | 10K60-69M | 7/11   | M      | 88/114  | 00:59:29.49 |
| 23/223  | DYMENT, GEOFF           | 134  | 00:43:33.87 | 04:21  | 10K40-49M | 7/32   | M      | 18/114  | 00:43:32.25 |
| 163/223 | ELLIOTT, ALBERT         | 135  | 01:03:27.57 | 06:20  | 10K60-69M | 8/11   | M      | 97/114  | 01:03:09.51 |
| 124/223 | ELLIOTT, JUDITH         | 136  | 00:58:41.91 | 05:52  | 10K60-69F | 2/9    | F      | 46/109  | 00:58:28.27 |
| 205/223 | ENGLISH, EMILY          | 137  | 01:15:39.57 | 07:33  | 10K19&UF  | 1/2    | F      | 93/109  | 01:15:12.73 |
| 222/223 | ENGLISH, TALYNN         | 138  | 01:25:28.24 | 08:32  | 10K19&UF  | 2/2    | F      | 108/109 | 01:25:01.32 |
| 206/223 | ERICKSON, FREYA         | 139  | 01:16:35.02 | 07:39  | 10K30-39F | 28/32  | F      | 94/109  | 01:16:08.28 |
| 95/223  | EWART, RYAN             | 275  | 00:55:15.07 | 05:31  | 10K30-39M | 13/26  | M      | 65/114  | 00:53:58.03 |
| 161/223 | FAIRBOURN, LILLIAN      | 276  | 01:03:20.68 | 06:20  | 10K60-69F | 4/9    | F      | 65/109  | 01:03:06.03 |
| 8/223   | FALKE, GUNNAR           | 140  | 00:39:40.61 | 03:58  | 10K40-49M | 1/32   | M      | 8/114   | 00:39:38.61 |
| 218/223 | FARRIS, MARGARET        | 141  | 01:22:46.55 | 08:16  | 10K50-59F | 20/20  | F      | 105/109 | 01:22:13.43 |
| 155/223 | FARRIS, MEGAN           | 142  | 01:03:01.85 | 06:18  | 10K20-29F | 5/10   | F      | 61/109  | 01:02:29.21 |
| 66/223  | FAWCETT, JAMI           | 277  | 00:51:08.79 | 05:06  | 10K30-39M | 10/26  | M      | 49/114  | 00:50:43.13 |
| 93/223  | FERGUSON, HANNAH        | 143  | 00:55:05.48 | 05:30  | 10K20-29F | 4/10   | F      | 29/109  | 00:54:46.38 |
| 113/223 | FOLTINEK, MELISSA       | 145  | 00:57:22.65 | 05:44  | 10K30-39F | 15/32  | F      | 40/109  | 00:57:07.32 |
| 216/223 | FOLTINEK, SUSAN         | 146  | 01:21:47.38 | 08:10  | 10K60-69F | 8/9    | F      | 103/109 | 01:21:31.61 |
| 6/223   | FRANTZ, JACKSON         | 278  | 00:38:20.17 | 03:50  | 10K20-29M | 5/18   | M      | 6/114   | 00:38:18.27 |
| 80/223  | FREUND, JENNIFER        | 279  | 00:53:00.08 | 05:18  | 10K40-49F | 4/35   | F      | 23/109  | 00:52:56.44 |
| 30/223  | FRIESE, RICH            | 321  | 00:45:30.37 | 04:33  | 10K20-29M | 8/18   | M      | 23/114  | 00:45:25.12 |
| 208/223 | FUNKE, LORELEI          | 280  | 01:17:28.71 | 07:44  | 10K40-49F | 33/35  | F      | 96/109  | 01:17:14.06 |
| 44/223  | GEORGET, DEREK          | 148  | 00:47:07.41 | 04:42  | 10K20-29M | 12/18  | M      | 33/114  | 00:46:51.22 |
| 174/223 | GIFFUNI, YOHANTS        | 149  | 01:06:35.07 | 06:39  | 10K30-39M | 25/26  | M      | 105/114 | 01:06:25.02 |
| 138/223 | GILBERT, NICOLE         | 282  | 01:00:07.47 | 06:00  | 10K30-39F | 18/32  | F      | 50/109  | 00:59:29.43 |
| 112/223 | GRAHAM, DAVID           | 150  | 00:57:20.29 | 05:44  | 10K40-49M | 22/32  | M      | 73/114  | 00:56:58.85 |
| 141/223 | GRAHAM, TERESA          | 151  | 01:00:30.83 | 06:03  | 10K40-49F | 17/35  | F      | 53/109  | 01:00:09.07 |

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 223 Finishers

| O/A     | Name                | Bib# | Time        | Pace/m | Category  | Cat/PI | Gender | Gen/PI  | Chip Time   |
|---------|---------------------|------|-------------|--------|-----------|--------|--------|---------|-------------|
| 99/223  | GRAY, BELINDA       | 322  | 00:55:39.45 | 05:33  | 10K40-49F | 7/35   | F      | 32/109  | 00:55:30.67 |
| 186/223 | GRAY, CHERI         | 152  | 01:09:14.30 | 06:55  | 10K50-59F | 15/20  | F      | 80/109  | 01:08:48.00 |
| 197/223 | GUGLIELMIN, JUDY    | 364  | 01:12:41.39 | 07:16  | 10K50-59F | 17/20  | F      | 87/109  | 01:12:13.83 |
| 192/223 | GUSTAFSON, BRE      | 153  | 01:10:14.73 | 07:01  | 10K30-39F | 24/32  | F      | 84/109  | 01:09:55.97 |
| 209/223 | HA, SONG            | 323  | 01:17:29.92 | 07:44  | 10K30-39F | 30/32  | F      | 97/109  | 01:16:22.57 |
| 201/223 | HAMILL, TREVOR      | 283  | 01:14:40.89 | 07:28  | 10K60-69M | 11/11  | M      | 111/114 | 01:14:22.41 |
| 89/223  | HAMILTON, BLAIRE    | 154  | 00:54:13.88 | 05:25  | 10K30-39F | 13/32  | F      | 28/109  | 00:53:49.46 |
| 29/223  | HANLON, PATRICK     | 156  | 00:45:12.92 | 04:31  | 10K50-59M | 2/25   | M      | 22/114  | 00:45:09.54 |
| 158/223 | HARDCASTLE, MICHAEL | 157  | 01:03:10.16 | 06:19  | 10K30-39M | 22/26  | M      | 95/114  | 01:02:38.01 |
| 117/223 | HARDY, KATHERINE    | 362  | 00:57:50.44 | 05:47  | 10K40-49F | 15/35  | F      | 44/109  | 00:57:30.85 |
| 27/223  | HASIUUK, ANNELIESE  | 158  | 00:44:42.63 | 04:28  | 10K30-39F | 5/32   | F      | 7/109   | 00:44:39.39 |
| 159/223 | HAWCO, STEPHEN      | 324  | 01:03:12.13 | 06:19  | 10K30-39M | 23/26  | M      | 96/114  | 01:02:36.57 |
| 105/223 | HENRY, SUSAN        | 160  | 00:56:33.38 | 05:39  | 10K40-49F | 10/35  | F      | 36/109  | 00:56:10.30 |
| 204/223 | HILL, CATRIONA      | 365  | 01:15:29.52 | 07:32  | 10K40-49F | 32/35  | F      | 92/109  | 01:15:00.74 |
| 151/223 | HNATIUK, ROGER      | 162  | 01:02:02.10 | 06:12  | 10K50-59M | 17/25  | M      | 92/114  | 01:01:53.40 |
| 223/223 | HOPKINS, DAWN       | 164  | 01:46:57.42 | 10:41  | 10K60-69F | 9/9    | F      | 109/109 | 01:46:24.10 |
| 96/223  | HUSTON, TODD        | 337  | 00:55:27.99 | 05:32  | 10K40-49M | 21/32  | M      | 66/114  | 00:55:16.25 |
| 63/223  | HUFFMAN, JAMES      | 165  | 00:50:48.23 | 05:04  | 10K30-39M | 9/26   | M      | 46/114  | 00:50:42.25 |
| 171/223 | HUGHES, MATT        | 338  | 01:05:28.23 | 06:32  | 10K30-39M | 24/26  | M      | 102/114 | 01:04:59.83 |
| 150/223 | HYDE, TRISTAN       | 325  | 01:01:48.01 | 06:10  | 10K20-29M | 18/18  | M      | 91/114  | 01:01:15.05 |
| 91/223  | JANSEN, RICHARD     | 326  | 00:54:54.93 | 05:29  | 10K40-49M | 19/32  | M      | 63/114  | 00:54:44.38 |
| 134/223 | JENSEN, BOB         | 327  | 00:59:50.90 | 05:59  | 10K60-69M | 6/11   | M      | 87/114  | 00:59:44.80 |
| 118/223 | JENSEN, REED        | 284  | 00:57:55.77 | 05:47  | 10K30-39M | 18/26  | M      | 74/114  | 00:57:48.94 |
| 142/223 | JESSEY, MARY        | 167  | 01:00:31.75 | 06:03  | 10K40-49F | 18/35  | F      | 54/109  | 01:00:09.09 |
| 199/223 | JOHNSON, STACY      | 168  | 01:13:11.15 | 07:19  | 10K40-49F | 31/35  | F      | 89/109  | 01:12:45.21 |
| 111/223 | JOHNSTON, ROB       | 169  | 00:57:13.92 | 05:43  | 10K30-39M | 17/26  | M      | 72/114  | 00:56:05.58 |
| 1/223   | JUSTINEN, ROMAN     | 170  | 00:34:27.95 | 03:26  | 10K20-29M | 1/18   | M      | 1/114   | 00:34:27.34 |
| 133/223 | KAYE, TODD          | 285  | 00:59:34.41 | 05:57  | 10K40-49M | 25/32  | M      | 86/114  | 00:59:24.16 |
| 131/223 | KEEP, ALFRED        | 171  | 00:59:27.16 | 05:56  | 10K60-69M | 5/11   | M      | 84/114  | 00:59:00.50 |
| 78/223  | KENNEDY, STEVEN     | 286  | 00:52:43.72 | 05:16  | 10K40-49M | 16/32  | M      | 57/114  | 00:52:07.18 |
| 166/223 | KENNEDY, TRINA      | 287  | 01:03:52.87 | 06:23  | 10K40-49F | 25/35  | F      | 67/109  | 01:03:15.71 |
| 103/223 | KILLAM, CAERI       | 172  | 00:56:11.66 | 05:37  | 10K40-49F | 9/35   | F      | 35/109  | 00:55:50.95 |
| 45/223  | KLEER, DANIEL       | 173  | 00:47:07.59 | 04:42  | 10K20-29M | 13/18  | M      | 34/114  | 00:46:51.26 |
| 188/223 | KNUDSEN, BECKIE     | 174  | 01:09:16.70 | 06:55  | 10K30-39F | 23/32  | F      | 81/109  | 01:08:53.98 |
| 31/223  | KONDRO, MICHAEL     | 175  | 00:45:30.71 | 04:33  | 10K20-29M | 9/18   | M      | 24/114  | 00:45:24.22 |
| 3/223   | KONOTOPETZ, DAMIAN  | 176  | 00:35:36.65 | 03:33  | 10K20-29M | 3/18   | M      | 3/114   | 00:35:35.72 |
| 21/223  | LAGACE, PHILIPPE    | 177  | 00:42:29.52 | 04:14  | 10K40-49M | 6/32   | M      | 16/114  | 00:42:26.95 |
| 64/223  | LAQUA, GORDON       | 179  | 00:50:53.03 | 05:05  | 10K50-59M | 8/25   | M      | 47/114  | 00:50:46.06 |
| 129/223 | LAROCHE, PHILIPPE   | 180  | 00:59:16.45 | 05:55  | 10K30-39M | 21/26  | M      | 82/114  | 00:58:59.78 |
| 41/223  | LAYCOCK, KENDRA     | 289  | 00:46:37.23 | 04:39  | 10K50-59F | 1/20   | F      | 10/109  | 00:46:33.85 |
| 7/223   | LEARMONTH, DAVID    | 351  | 00:39:29.17 | 03:56  | 10K30-39M | 2/26   | M      | 7/114   | 00:39:27.07 |
| 55/223  | LIM, SU-CHONG       | 182  | 00:49:39.45 | 04:57  | 10K70+M   | 1/1    | M      | 41/114  | 00:49:37.83 |
| 60/223  | LIMBU, MALIM        | 183  | 00:50:25.75 | 05:02  | 10K30-39M | 7/26   | M      | 43/114  | 00:49:54.34 |
| 210/223 | LINDENBACH, MARK    | 290  | 01:17:30.20 | 07:45  | 10K50-59M | 24/25  | M      | 113/114 | 01:17:15.55 |
| 10/223  | LO, TONY            | 184  | 00:40:00.21 | 04:00  | 10K40-49M | 2/32   | M      | 9/114   | 00:39:58.32 |
| 109/223 | LOKANC, SABINA      | 185  | 00:56:59.44 | 05:41  | 10K40-49F | 11/35  | F      | 38/109  | 00:55:43.29 |
| 175/223 | LONGMORE, HEATHER   | 187  | 01:06:46.69 | 06:40  | 10K40-49F | 28/35  | F      | 70/109  | 01:06:24.62 |
| 187/223 | LUKYE, GLEN         | 188  | 01:09:16.07 | 06:55  | 10K50-59M | 23/25  | M      | 107/114 | 01:08:57.95 |
| 130/223 | LUNN, SCOTT         | 291  | 00:59:23.74 | 05:56  | 10K40-49M | 24/32  | M      | 83/114  | 00:59:06.83 |
| 215/223 | LUTZ, KELLY         | 189  | 01:21:17.12 | 08:07  | 10K40-49F | 35/35  | F      | 102/109 | 01:20:43.72 |
| 85/223  | MADSEN, HELEN       | 190  | 00:53:16.77 | 05:19  | 10K40-49F | 5/35   | F      | 25/109  | 00:53:10.79 |
| 139/223 | MADUKE, JANE        | 191  | 01:00:17.63 | 06:01  | 10K50-59F | 9/20   | F      | 51/109  | 01:00:01.14 |
| 211/223 | MAGEE, KATHERINE    | 192  | 01:17:54.65 | 07:47  | 10K30-39F | 31/32  | F      | 98/109  | 01:17:30.33 |
| 16/223  | MALCOLM, TODD       | 341  | 00:41:44.84 | 04:10  | 10K40-49M | 4/32   | M      | 13/114  | 00:41:41.86 |
| 57/223  | MARKS, CORWIN       | 356  | 00:49:59.87 | 04:59  | 10K50-59M | 7/25   | M      | 42/114  | 00:49:59.08 |
| 167/223 | MARSHALL, SUSAN     | 193  | 01:04:14.16 | 06:25  | 10K40-49F | 26/35  | F      | 68/109  | 01:03:48.29 |
| 198/223 | MARTIN, GAY         | 342  | 01:13:04.62 | 07:18  | 10K50-59F | 18/20  | F      | 88/109  | 01:12:37.00 |
| 67/223  | MAZUREK, LANE       | 194  | 00:51:12.07 | 05:07  | 10K20-29M | 16/18  | M      | 50/114  | 00:50:55.50 |
| 9/223   | MCARTHUR, SUSANNE   | 292  | 00:39:56.78 | 03:59  | 10K30-39F | 1/32   | F      | 1/109   | 00:39:55.67 |
| 172/223 | MCCREANOR, JOHN     | 195  | 01:05:35.07 | 06:33  | 10K60-69M | 9/11   | M      | 103/114 | 01:05:20.12 |
| 56/223  | MCDIARMID, ERIN     | 358  | 00:49:52.58 | 04:59  | 10K30-39F | 9/32   | F      | 15/109  | 00:49:47.84 |
| 126/223 | MCFADDEN, ALAN      | 294  | 00:58:56.00 | 05:53  | 10K40-49M | 23/32  | M      | 80/114  | 00:58:40.99 |
| 74/223  | MCINNIS, GERARD     | 196  | 00:52:21.54 | 05:14  | 10K50-59M | 11/25  | M      | 54/114  | 00:52:13.72 |
| 76/223  | MCKAY, DECLAN       | 295  | 00:52:34.57 | 05:15  | 10K19&UM  | 1/1    | M      | 55/114  | 00:52:31.39 |
| 132/223 | MCKAY, KEVIN        | 197  | 00:59:28.51 | 05:56  | 10K50-59M | 16/25  | M      | 85/114  | 00:59:15.13 |
| 173/223 | MCTAVISH, JAMES     | 198  | 01:05:47.50 | 06:34  | 10K40-49M | 29/32  | M      | 104/114 | 01:05:13.40 |

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 223 Finishers

| O/A     | Name                 | Bib# | Time        | Pace/m | Category  | Cat/PI | Gender | Gen/PI  | Chip Time   |
|---------|----------------------|------|-------------|--------|-----------|--------|--------|---------|-------------|
| 94/223  | MCTAVISH, KATHRYN    | 199  | 00:55:09.11 | 05:30  | 10K30-39F | 14/32  | F      | 30/109  | 00:54:36.74 |
| 65/223  | MERRIMAN, JOHN       | 200  | 00:50:55.05 | 05:05  | 10K50-59M | 9/25   | M      | 48/114  | 00:50:48.87 |
| 107/223 | MERRIMAN, MONICA     | 201  | 00:56:37.69 | 05:39  | 10K50-59F | 8/20   | F      | 37/109  | 00:56:31.26 |
| 22/223  | MEUNIER, PATRICK     | 202  | 00:42:39.81 | 04:15  | 10K20-29M | 7/18   | M      | 17/114  | 00:42:37.43 |
| 140/223 | MOORE, DONNA         | 203  | 01:00:29.42 | 06:02  | 10K50-59F | 10/20  | F      | 52/109  | 00:59:58.04 |
| 83/223  | MORATINOS, JESUS     | 204  | 00:53:05.75 | 05:18  | 10K40-49M | 18/32  | M      | 59/114  | 00:52:30.19 |
| 149/223 | MULLANEY, DALLAS     | 296  | 01:01:29.23 | 06:08  | 10K40-49M | 27/32  | M      | 90/114  | 01:01:01.79 |
| 15/223  | MULLEN, GARY E       | 297  | 00:41:25.16 | 04:08  | 10K30-39M | 3/26   | M      | 12/114  | 00:41:23.60 |
| 28/223  | MURPHY, MIKE         | 343  | 00:45:04.39 | 04:30  | 10K30-39M | 4/26   | M      | 21/114  | 00:45:00.57 |
| 2/223   | MURPHY-ROYAL, CIARAN | 298  | 00:34:57.34 | 03:29  | 10K20-29M | 2/18   | M      | 2/114   | 00:34:57.33 |
| 108/223 | MURRAY, TRAVIS       | 344  | 00:56:40.71 | 05:40  | 10K30-39M | 16/26  | M      | 71/114  | 00:54:47.12 |
| 71/223  | MURTA, VIKTORIA      | 205  | 00:51:56.14 | 05:11  | 10K30-39F | 11/32  | F      | 18/109  | 00:51:32.36 |
| 62/223  | MYERS, WILLIAM       | 206  | 00:50:39.23 | 05:03  | 10K20-29M | 15/18  | M      | 45/114  | 00:50:37.73 |
| 212/223 | MYLES, KELSEY        | 299  | 01:18:03.74 | 07:48  | 10K30-39F | 32/32  | F      | 99/109  | 01:17:49.67 |
| 18/223  | NADEAU, AMANDA       | 207  | 00:42:02.68 | 04:12  | 10K20-29F | 2/10   | F      | 4/109   | 00:41:59.90 |
| 38/223  | NADEAU, JASON        | 208  | 00:46:11.09 | 04:37  | 10K40-49M | 12/32  | M      | 30/114  | 00:46:08.66 |
| 185/223 | NEMETH, TRACEY       | 300  | 01:08:43.90 | 06:52  | 10K50-59F | 14/20  | F      | 79/109  | 01:08:12.30 |
| 115/223 | NEWITT, JODI         | 209  | 00:57:38.56 | 05:45  | 10K40-49F | 14/35  | F      | 42/109  | 00:57:21.45 |
| 179/223 | NEWMAN, CANDACE      | 301  | 01:08:15.25 | 06:49  | 10K40-49F | 29/35  | F      | 73/109  | 01:07:31.47 |
| 190/223 | NEWTON, LAURAINÉ     | 210  | 01:09:30.29 | 06:57  | 10K60-69F | 7/9    | F      | 83/109  | 01:09:18.02 |
| 36/223  | NICHOLAS, STEVE      | 211  | 00:45:59.07 | 04:35  | 10K40-49M | 11/32  | M      | 29/114  | 00:45:38.95 |
| 189/223 | NISBET, LINDA        | 212  | 01:09:27.11 | 06:56  | 10K50-59F | 16/20  | F      | 82/109  | 01:09:14.53 |
| 147/223 | NIXON, BRENDA        | 302  | 01:01:26.18 | 06:08  | 10K40-49F | 22/35  | F      | 58/109  | 01:01:15.21 |
| 43/223  | O'FLYNN, AMY         | 303  | 00:46:58.45 | 04:41  | 10K30-39F | 7/32   | F      | 11/109  | 00:46:51.62 |
| 12/223  | O'SHEA, BRANDON      | 304  | 00:40:54.29 | 04:05  | 10K20-29M | 6/18   | M      | 11/114  | 00:40:53.46 |
| 61/223  | OGILVIE, BRADLEY     | 349  | 00:50:25.87 | 05:02  | 10K30-39M | 8/26   | M      | 44/114  | 00:50:10.28 |
| 110/223 | OCKLE, NGAN          | 305  | 00:57:02.73 | 05:42  | 10K40-49F | 12/35  | F      | 39/109  | 00:56:42.06 |
| 196/223 | ORR, ROB             | 359  | 01:12:22.88 | 07:14  | 10K40-49M | 32/32  | M      | 110/114 | 01:11:53.96 |
| 213/223 | OYSTRECK, TERESA     | 215  | 01:18:50.59 | 07:53  | 10K50-59F | 19/20  | F      | 100/109 | 01:18:19.45 |
| 154/223 | PAGE, SARAH          | 306  | 01:02:27.27 | 06:14  | 10K30-39F | 20/32  | F      | 60/109  | 01:02:15.37 |
| 49/223  | PAGEAU, ISABELLE     | 216  | 00:48:28.11 | 04:50  | 10K40-49F | 2/35   | F      | 13/109  | 00:48:16.37 |
| 24/223  | PARR, CHAD           | 219  | 00:44:13.92 | 04:25  | 10K40-49M | 8/32   | M      | 19/114  | 00:44:10.03 |
| 69/223  | PATEL, NISHIT        | 353  | 00:51:48.09 | 05:10  | 10K30-39M | 11/26  | M      | 52/114  | 00:51:28.50 |
| 176/223 | PAUL, ALLISON        | 307  | 01:06:47.19 | 06:40  | 10K30-39F | 21/32  | F      | 71/109  | 01:06:26.90 |
| 11/223  | PETRICEVIC, ANTE     | 352  | 00:40:46.13 | 04:04  | 10K40-49M | 3/32   | M      | 10/114  | 00:40:44.78 |
| 181/223 | PEWAR, KIM           | 221  | 01:08:23.56 | 06:50  | 10K50-59F | 12/20  | F      | 75/109  | 01:08:01.49 |
| 26/223  | PHILLIPS, MIKE       | 222  | 00:44:41.38 | 04:28  | 10K40-49M | 9/32   | M      | 20/114  | 00:44:28.58 |
| 48/223  | PLETT, RYAN          | 223  | 00:48:19.91 | 04:49  | 10K20-29M | 14/18  | M      | 36/114  | 00:48:12.74 |
| 220/223 | PRATT, SHARON        | 225  | 01:24:19.73 | 08:25  | 10K20-29F | 10/10  | F      | 107/109 | 01:24:09.48 |
| 87/223  | PREDHAM, BRUCE       | 226  | 00:53:55.77 | 05:23  | 10K50-59M | 13/25  | M      | 61/114  | 00:53:50.65 |
| 59/223  | PRENDERGAST, ALEXIS  | 227  | 00:50:22.35 | 05:02  | 10K30-39F | 10/32  | F      | 17/109  | 00:50:17.83 |
| 156/223 | QIAN, HANNAH         | 328  | 01:03:04.06 | 06:18  | 10K20-29F | 6/10   | F      | 62/109  | 01:01:56.06 |
| 101/223 | RAMSAY, QUINN        | 228  | 00:55:55.08 | 05:35  | 10K20-29M | 17/18  | M      | 68/114  | 00:55:51.64 |
| 143/223 | RATHJE, JILL         | 229  | 01:00:37.24 | 06:03  | 10K40-49F | 19/35  | F      | 55/109  | 01:00:18.18 |
| 214/223 | REABURN, TARA        | 308  | 01:19:48.57 | 07:58  | 10K40-49F | 34/35  | F      | 101/109 | 01:19:14.93 |
| 178/223 | REDEKOP, COLIN       | 230  | 01:08:12.68 | 06:49  | 10K40-49M | 30/32  | M      | 106/114 | 01:08:02.23 |
| 34/223  | RICHARDSON, JERRY    | 231  | 00:45:46.69 | 04:34  | 10K50-59M | 3/25   | M      | 27/114  | 00:45:40.79 |
| 47/223  | RIESEBERG, ASHLEY    | 232  | 00:48:11.98 | 04:49  | 10K30-39F | 8/32   | F      | 12/109  | 00:47:05.84 |
| 146/223 | RISERBATO, ANTONINA  | 357  | 01:01:10.54 | 06:07  | 10K40-49F | 21/35  | F      | 57/109  | 01:00:57.54 |
| 102/223 | RODGER, ANNE         | 233  | 00:56:02.31 | 05:36  | 10K60-69F | 1/9    | F      | 34/109  | 00:55:53.49 |
| 106/223 | ROMANO, ALBERTO      | 329  | 00:56:34.52 | 05:39  | 10K50-59M | 14/25  | M      | 70/114  | 00:56:31.86 |
| 50/223  | ROTH, DANIEL         | 330  | 00:48:33.55 | 04:51  | 10K30-39M | 5/26   | M      | 37/114  | 00:48:28.75 |
| 70/223  | ROWE, PHILIP         | 234  | 00:51:53.55 | 05:11  | 10K50-59M | 10/25  | M      | 53/114  | 00:51:42.30 |
| 194/223 | RULLER, KEN          | 235  | 01:11:39.94 | 07:09  | 10K60-69M | 10/11  | M      | 109/114 | 01:11:13.98 |
| 51/223  | RURKA, CHRIS         | 309  | 00:48:33.67 | 04:51  | 10K40-49M | 13/32  | M      | 38/114  | 00:48:03.13 |
| 82/223  | RUSH, COLLEEN        | 310  | 00:53:00.63 | 05:18  | 10K50-59F | 5/20   | F      | 24/109  | 00:52:57.25 |
| 100/223 | RUSSEL-HOUSTON, JEN  | 346  | 00:55:44.83 | 05:34  | 10K40-49F | 8/35   | F      | 33/109  | 00:55:33.42 |
| 25/223  | RUSSELL, DEBORAH     | 236  | 00:44:20.91 | 04:26  | 10K30-39F | 4/32   | F      | 6/109   | 00:44:15.72 |
| 177/223 | SCHMIDT, ROBYN       | 238  | 01:07:36.75 | 06:45  | 10K30-39F | 22/32  | F      | 72/109  | 01:07:07.31 |
| 160/223 | SEMENZIN, JENNIFER   | 240  | 01:03:19.41 | 06:19  | 10K40-49F | 23/35  | F      | 64/109  | 01:03:08.00 |
| 116/223 | SKOV, BONNIE         | 241  | 00:57:42.76 | 05:46  | 10K70+F   | 1/1    | F      | 43/109  | 00:57:34.90 |
| 77/223  | SMEREKA, DARCY       | 243  | 00:52:40.42 | 05:16  | 10K40-49M | 15/32  | M      | 56/114  | 00:52:23.07 |
| 42/223  | SMIT, THEO           | 244  | 00:46:40.02 | 04:40  | 10K50-59M | 5/25   | M      | 32/114  | 00:46:38.31 |
| 13/223  | SMITH, CORINNE       | 331  | 00:41:06.71 | 04:06  | 10K20-29F | 1/10   | F      | 2/109   | 00:41:06.16 |
| 98/223  | SMITH, STEPHEN       | 246  | 00:55:36.57 | 05:33  | 10K30-39M | 14/26  | M      | 67/114  | 00:54:31.42 |
| 168/223 | STATHAM, KERRY       | 247  | 01:04:14.39 | 06:25  | 10K50-59M | 22/25  | M      | 100/114 | 01:03:48.52 |

## Alpha Overall Results

## 10K Run - 6.21 Miles

## 223 Finishers

| O/A     | Name                | Bib# | Time        | Pace/m | Category  | Cat/PI | Gender | Gen/PI  | Chip Time   |
|---------|---------------------|------|-------------|--------|-----------|--------|--------|---------|-------------|
| 183/223 | STRETCH, BETTI      | 248  | 01:08:32.45 | 06:51  | 10K60-69F | 5/9    | F      | 77/109  | 01:08:03.07 |
| 193/223 | STRETCH, LAURA      | 249  | 01:11:02.01 | 07:06  | 10K20-29F | 7/10   | F      | 85/109  | 01:10:32.33 |
| 170/223 | SUBERLAK, ANTON     | 347  | 01:04:53.30 | 06:29  | 10K40-49M | 28/32  | M      | 101/114 | 01:04:42.97 |
| 128/223 | TABELEV, ELENA      | 250  | 00:59:15.73 | 05:55  | 10K40-49F | 16/35  | F      | 47/109  | 00:59:04.05 |
| 203/223 | TAYLOR, APRIL       | 251  | 01:15:24.80 | 07:32  | 10K30-39F | 27/32  | F      | 91/109  | 01:15:03.61 |
| 202/223 | TEXMO, GARY         | 252  | 01:15:23.54 | 07:32  | 10K30-39M | 26/26  | M      | 112/114 | 01:15:02.10 |
| 157/223 | TOPSTAD, DAWNELLE   | 311  | 01:03:06.05 | 06:18  | 10K50-59F | 11/20  | F      | 63/109  | 01:02:42.39 |
| 39/223  | TUCKOVA, HEATHER    | 312  | 00:46:15.85 | 04:37  | 10K40-49F | 1/35   | F      | 9/109   | 00:46:14.15 |
| 200/223 | TURESKI, CARLA      | 313  | 01:13:34.80 | 07:21  | 10K30-39F | 26/32  | F      | 90/109  | 01:13:00.50 |
| 79/223  | VAN DER BYL, CONNIE | 253  | 00:52:44.08 | 05:16  | 10K50-59F | 4/20   | F      | 22/109  | 00:51:57.00 |
| 184/223 | VAN DER MEY, DAISY  | 314  | 01:08:43.34 | 06:52  | 10K60-69F | 6/9    | F      | 78/109  | 01:08:11.10 |
| 153/223 | VERTZ, RON          | 332  | 01:02:25.99 | 06:14  | 10K50-59M | 19/25  | M      | 94/114  | 01:01:45.31 |
| 207/223 | VICCARS, LAURA      | 254  | 01:17:26.59 | 07:44  | 10K30-39F | 29/32  | F      | 95/109  | 01:17:01.61 |
| 52/223  | WAGNER, JUSTIN      | 255  | 00:48:35.89 | 04:51  | 10K30-39M | 6/26   | M      | 39/114  | 00:48:13.88 |
| 33/223  | WAHL, LUKE          | 256  | 00:45:34.80 | 04:33  | 10K20-29M | 11/18  | M      | 26/114  | 00:45:28.82 |
| 221/223 | WALKER, NEIL        | 257  | 01:24:20.45 | 08:26  | 10K50-59M | 25/25  | M      | 114/114 | 01:24:08.53 |
| 97/223  | WALL, JOANNE        | 315  | 00:55:35.88 | 05:33  | 10K50-59F | 7/20   | F      | 31/109  | 00:55:22.80 |
| 169/223 | WICKHAM, MICHELLE   | 260  | 01:04:20.30 | 06:26  | 10K40-49F | 27/35  | F      | 69/109  | 01:04:08.09 |
| 136/223 | WICKWIRE, JOAN      | 317  | 00:59:58.01 | 05:59  | 10K60-69F | 3/9    | F      | 48/109  | 00:59:47.42 |
| 20/223  | WILD, ADRIANA       | 261  | 00:42:08.00 | 04:12  | 10K30-39F | 3/32   | F      | 5/109   | 00:42:07.07 |
| 40/223  | WILSON, ALAN        | 355  | 00:46:35.66 | 04:39  | 10K50-59M | 4/25   | M      | 31/114  | 00:46:31.06 |
| 17/223  | WILSON, PAUL        | 318  | 00:41:58.08 | 04:11  | 10K40-49M | 5/32   | M      | 14/114  | 00:41:37.21 |
| 195/223 | YOO, HEE            | 263  | 01:12:18.80 | 07:13  | 10K30-39F | 25/32  | F      | 86/109  | 01:11:52.14 |
| 14/223  | YOUNG, CAT          | 264  | 00:41:15.62 | 04:07  | 10K30-39F | 2/32   | F      | 3/109   | 00:41:14.12 |
| 125/223 | ZDRILL, RON         | 265  | 00:58:46.60 | 05:52  | 10K50-59M | 15/25  | M      | 79/114  | 00:55:46.33 |