

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

210 Finishers

5K19&UF (Female) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	DAVIS, ELIZABETH	5162	00:27:12.69	05:26	+00:00:00	24/210	9/141	LETHBRIDGE
2/18	IRVINE, ELIZABETH	5054	00:27:59.14	05:35	+00:00:46	26/210	10/141	CALGARY
3/18	LICHTI, KIAH	5181	00:28:30.64	05:42	+00:01:17	33/210	15/141	CALGARY

5K19&UM (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	RYAN, MICHAEL	5223	00:25:09.45	05:01	+00:00:00	14/210	9/69	CALGARY
2/8	BOND, OWEN	5227	00:26:48.10	05:21	+00:01:38	20/210	13/69	CALGARY
3/8	DAVIS, PARKER	5164	00:28:20.42	05:40	+00:03:10	30/210	17/69	LETHBRIDGE

5K20-29F (Female) - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/21	KANUKA, GLORIA	5229	00:19:48.54	03:57	+00:00:00	5/210	2/141	CALGARY
2/21	SKOCDOPOLE, ALANA	5131	00:21:21.69	04:16	+00:01:33	8/210	3/141	CALGARY
3/21	COOPER, KIMMY	5021	00:28:02.59	05:36	+00:08:14	27/210	11/141	CALGARY

5K20-29M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	KONDRO, DOUGLAS	5069	00:18:49.11	03:45	+00:00:00	2/210	2/69	CALGARY
2/9	CORMIER, RYAN	5023	00:19:03.68	03:48	+00:00:14	3/210	3/69	CALGARY
3/9	BRONSCH, BEN	5012	00:20:44.03	04:08	+00:01:54	7/210	5/69	CANMORE

5K30-39F (Female) - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/35	GALLAGHER, KATHLEEN	5228	00:23:10.74	04:38	+00:00:00	10/210	5/141	CALGARY
2/35	DAVIS, KIMBERLEE	5163	00:26:30.66	05:18	+00:03:19	17/210	7/141	LETHBRIDGE
3/35	DEBENHAM, LEIGH	131	00:26:53.48	05:22	+00:03:42	21/210	8/141	CALGARY

5K30-39M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/15	LEWIS, JOSH	5078	00:24:00.45	04:48	+00:00:00	11/210	6/69	CALGARY
2/15	MAKOWECKI, BRAD	5083	00:28:58.46	05:47	+00:04:58	39/210	20/69	CALGARY
3/15	KOLADICH, ANDRE	5068	00:28:59.96	05:47	+00:04:59	40/210	21/69	CALGARY

5K40-49F (Female) - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/35	BOYLE, SHARI	5199	00:19:43.71	03:56	+00:00:00	4/210	1/141	CALGARY
2/35	DAWE, DONNA	5167	00:25:23.12	05:04	+00:05:39	16/210	6/141	CALGARY
3/35	DYCK, NICOLE	5033	00:28:21.26	05:40	+00:08:37	31/210	14/141	COCHRANE

5K40-49M (Male) - 18 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/18	BRADFORD, KEITH	5200	00:17:17.39	03:27	+00:00:00	1/210	1/69	CALGARY
2/18	MESHEN, ROBBIE	5096	00:19:52.23	03:58	+00:02:34	6/210	4/69	MEDICINE HAT
3/18	STARK, CHRIS	5134	00:25:10.52	05:02	+00:07:53	15/210	10/69	CALGARY

5K50-59F (Female) - 19 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/19	FAH, CATHERINE	5038	00:22:50.23	04:34	+00:00:00	9/210	4/141	CALGARY
2/19	GRAF, SANDRA	5044	00:28:46.03	05:45	+00:05:55	36/210	18/141	CALGARY
3/19	SAVOIE, CATHERINE	5121	00:30:00.12	06:00	+00:07:09	43/210	21/141	CALGARY

5K50-59M (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	KONDRO, GREG	5070	00:24:10.28	04:50	+00:00:00	12/210	7/69	CALGARY
2/9	SAVOIE, JOHN	5123	00:24:27.00	04:53	+00:00:16	13/210	8/69	CALGARY
3/9	DOUGLAS, KIM	5029	00:30:44.06	06:08	+00:06:33	50/210	24/69	CALGARY

5K60-69F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	MCCLELLAND, CATHERINE	5087	00:31:48.70	06:21	+00:00:00	55/210	29/141	CALGARY
2/11	NORRISH, VALERIE	5105	00:31:49.01	06:21	+00:00:00	56/210	30/141	CALGARY
3/11	COOPER, BARBARA	5020	00:34:54.55	06:58	+00:03:05	98/210	58/141	CALGARY

5K60-69M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/8	WAKOLUK, JOHN	5141	00:26:33.72	05:18	+00:00:00	18/210	11/69	CALGARY
2/8	HILDEBRANDT, DALE	5173	00:27:57.18	05:35	+00:01:23	25/210	16/69	CALGARY
3/8	MOORE, JOE	5188	00:32:29.72	06:29	+00:05:56	65/210	29/69	CALGARY

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Category Award Results

TOP 3 In Category

5K Run - 3.1 Miles

210 Finishers

5K70+F (Female) - 2 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	WHITE, MARY MADELINE	5146	00:38:43.94	07:44	+00:00:00	130/210	78/141	CALGARY
2/2	NAIRN, DONNA	5102	00:47:59.33	09:35	+00:09:15	182/210	115/141	CALGARY
5K70+M (Male) - 2 Competitors								
Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/2	FRY, JIM	5041	00:27:10.96	05:26	+00:00:00	23/210	15/69	CALGARY
2/2	LOUIE, WILLIAM	5080	00:45:33.41	09:06	+00:18:22	175/210	67/69	CALGARY