

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 5K Run/Walk - 3.1 Miles

## 95 Finishers

**5K11&UM (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	POTTAGE, ANDY	5050	30:40.997	06:08	09:53	+00:00:00	27/95	19/42	LETHBRIDGE
2/3	WEASEL MOCCASIN, GRAYSON	5114	49:32.252	09:54	15:58	+00:18:51	66/95	34/42	STANDOFF
3/3	CARVALHO, CYRUS	5012	57:07.054	11:25	18:25	+00:26:26	73/95	38/42	LETHBRIDGE

**5K12-15F (Female) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	ANDERSON, GRACE	5025	38:35.160	07:43	12:26	+00:00:00	50/95	19/52	CALGARY
2/4	BLACK, AVA	5003	1:01:18.586	12:15	19:46	+00:22:43	87/95	47/52	LETHBRIDGE
3/4	DONKERSGOED, MALIEGH D	5083	1:04:25.807	12:53	20:47	+00:25:50	93/95	51/52	KAINAI

**5K12-15M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	SMITH, NAKOTA	5062	31:15.191	06:15	10:04	+00:00:00	29/95	20/42	LETHBRIDGE
2/4	MCINTYRE, CORIGAN	5038	31:48.260	06:21	10:15	+00:00:33	31/95	22/42	LETHBRIDGE
3/4	MAGUIRE, MATEO	5112	36:57.964	07:23	11:55	+00:05:42	45/95	30/42	LETHBRIDGE

**5K16-19F (Female) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	PIZARRO, LAURA	5092	24:44.700	04:56	07:58	+00:00:00	9/95	1/52	LETHBRIDGE
2/4	BATBAYAR, MARALGOO	5085	24:45.358	04:57	07:59	+00:00:00	10/95	2/52	LETHBRIDGE
3/4	FOX, KEIRA	5021	45:04.618	09:00	14:32	+00:20:19	56/95	24/52	LETHBRIDGE

**5K16-19M (Male) - 3 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	BULLSHIELDS, JACOB	5086	20:24.171	04:04	06:34	+00:00:00	2/95	2/42	CARDSTON
2/3	YELLOWFACE, JAYDEN	5075	33:04.432	06:36	10:40	+00:12:40	35/95	25/42	LETHBRIDGE
3/3	SMITH, JAXON	5107	45:27.797	09:05	14:39	+00:25:03	58/95	32/42	CARDSTON

**5K16-19U (Male) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	MCINTYRE, GAVIN	5039	21:01.859	04:12	06:47	+00:00:00	4/95	1/1	LETHBRIDGE

**5K20-29F (Female) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	MANCONI, ERICA	5035	35:15.634	07:03	11:22	+00:00:00	38/95	11/52	LETHBRIDGE
2/5	MEDICINE SHIELD, SELENA	5041	45:48.422	09:09	14:46	+00:10:32	59/95	26/52	LETHBRIDGE
3/5	AHS, KIARA	5101	59:19.638	11:51	19:08	+00:24:04	81/95	41/52	KAINAI

**5K20-29M (Male) - 6 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	CROSSCHILD, MACKENZIE	5015	20:44.514	04:08	06:41	+00:00:00	3/95	3/42	LETHBRIDGE
2/6	SHADE, BRODY	5060	23:51.827	04:46	07:41	+00:03:07	8/95	7/42	COALHURST
3/6	ENGLISH, WALKER	5115	25:01.763	05:00	08:04	+00:04:17	13/95	9/42	LETHBRIDGE

**5K30-39F (Female) - 7 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	RAY, JENNIFER	5055	28:37.070	05:43	09:13	+00:00:00	23/95	6/52	LETHBRIDGE
2/7	COLLINS MCINTYRE, JESSICA	5014	29:52.690	05:58	09:38	+00:01:15	26/95	7/52	LETHBRIDGE
3/7	TAILFEATHERS, KRISTA	5067	32:49.766	06:33	10:35	+00:04:12	34/95	9/52	LETHBRIDGE

**5K30-39M (Male) - 11 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/11	WHITE COW, JUSTIN	5073	19:47.374	03:57	06:23	+00:00:00	1/95	1/42	LETHBRIDGE
2/11	ONE OWL, DANIEL	5098	21:18.452	04:15	06:52	+00:01:31	5/95	4/42	PIIKANI
3/11	ISENOR, DAN	5030	23:48.779	04:45	07:40	+00:04:01	7/95	6/42	LETHBRIDGE

**5K40-49F (Female) - 13 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/13	FABIAN, TAMMY	5090	28:29.441	05:41	09:11	+00:00:00	22/95	5/52	LETHBRIDGE
2/13	LAMMERS-POTTAGE, ANDREA	5033	30:41.261	06:08	09:53	+00:02:11	28/95	8/52	LETHBRIDGE
3/13	FYFE, JILL	5022	35:22.198	07:04	11:24	+00:06:52	40/95	12/52	LETHBRIDGE

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## Category Award Results

## TOP 3 In Category

## 5K Run/Walk - 3.1 Miles

## 95 Finishers

**5K40-49M (Male) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	STEWART, LUKE	5065	28:56.114	05:47	09:20	+00:00:00	24/95	17/42	LETHBRIDGE
2/4	TANNER, PATRICK	5070	31:18.309	06:15	10:05	+00:02:22	30/95	21/42	KAINAI
3/4	AHS, DARRYL	5079	50:18.182	10:03	16:13	+00:21:22	69/95	36/42	KAINAI

**5K50-59F (Female) - 15 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/15	SWIHART, KRISTIN	5105	24:53.561	04:58	08:01	+00:00:00	11/95	3/52	KAINAI
2/15	SPEAR CHIEF, SHARON	5063	36:09.624	07:13	11:39	+00:11:16	43/95	13/52	LETHBRIDGE
3/15	OSEEN, JENNY	5047	36:48.074	07:21	11:52	+00:11:54	44/95	14/52	LETHBRIDGE

**5K50-59M (Male) - 6 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	KADIJK, MARK	5031	21:52.835	04:22	07:03	+00:00:00	6/95	5/42	LETHBRIDGE
2/6	MANYFINGERS, TROY	5036	24:53.936	04:58	08:01	+00:03:01	12/95	8/42	LETHBRIDGE
3/6	OSEEN, STEVE	5048	28:11.512	05:38	09:05	+00:06:18	21/95	16/42	LETHBRIDGE

**5K60+F (Female) - 4 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	GAUTHIER, HEATHER	5023	26:20.198	05:16	08:29	+00:00:00	18/95	4/52	LETHBRIDGE
2/4	MAKISHI, DAWN	5034	37:05.435	07:25	11:57	+00:10:45	46/95	15/52	CALGARY
3/4	DAVIS, JACKIE	5106	45:25.336	09:05	14:39	+00:19:05	57/95	25/52	CARDSTON

**5K60+M (Male) - 5 Competitors**

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	CARVALHO, RICHARD	5013	27:03.498	05:24	08:43	+00:00:00	20/95	15/42	LETHBRIDGE
2/5	NASH, GEOFF	5043	35:02.229	07:00	11:18	+00:07:58	37/95	26/42	LETHBRIDGE
3/5	HELWIG, JOSEPH	5026	35:21.893	07:04	11:24	+00:08:18	39/95	27/42	LETHBRIDGE