

The Water Run 3K/5K/10K Oct 8/2022

Alpha Overall Results

3K Run/Walk - 1.86 Miles

100 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
14/100	BARBOUR, BEORN	394	19:59.490	06:39	10:44	3K12&UM	3/20	M	7/42	CYPRESS COUNTY, AB
40/100	BARBOUR, DANIEL	395	24:58.298	08:19	13:25	3K40-49M	3/6	M	18/42	CYPRESS COUNTY, AB
41/100	BARBOUR, RENAE	396	24:58.948	08:19	13:25	3K40-49F	7/12	F	23/58	CYPRESS COUNTY, AB
39/100	BARBOUR, WOLF	397	24:57.679	08:19	13:25	3K12&UM	10/20	M	17/42	CYPRESS COUNTY, AB
75/100	BARNES, DREW	299	34:40.920	11:33	18:38	3K50+M	4/8	M	32/42	MEDICINE HAT, AB
76/100	BARNES, FRANCES	329	34:41.237	11:33	18:38	3K50+F	5/9	F	44/58	MEDICINE HAT, AB
83/100	BARTSCH, HENRY	398	36:00.845	12:00	19:21	3K30-39M	3/3	M	34/42	MEDICINE HAT, AB
19/100	BURK, ANSON	578	21:11.531	07:03	11:23	3K12&UM	6/20	M	10/42	MEDICINE HAT, AB
63/100	BURK, ELIAS	579	32:11.239	10:43	17:18	3K12&UM	16/20	M	27/42	MEDICINE HAT, AB
64/100	BURK, SHARI	580	32:11.865	10:43	17:18	3K30-39F	5/5	F	37/58	MEDICINE HAT, AB
66/100	DARMANIN, IZABELL	411	32:52.464	10:57	17:40	3K13-18F	9/12	F	38/58	CYPRESS COUNTY, AB
9/100	DE WALLE, JULIANA	413	19:15.860	06:25	10:21	3K13-18F	2/12	F	5/58	CALGARY, AB
1/100	DE WALLE, NORA	414	15:30.594	05:10	08:20	3K13-18F	1/12	F	1/58	CALGARY, AB
6/100	DE WALLE, SARAH	415	18:52.382	06:17	10:08	3K12&UF	3/13	F	4/58	CALGARY, AB
31/100	EHNISZ, CHARITY	339	23:31.790	07:50	12:39	3K40-49F	4/12	F	18/58	MED HAT,
68/100	ENCINAS, FREDA	421	32:55.761	10:58	17:42	3K12&UF	13/13	F	40/58	MEDICINE HAT, AB
69/100	ENCINAS, JOCELYN	422	32:56.795	10:58	17:42	3K40-49F	9/12	F	41/58	MEDICINE HAT, AB
72/100	ENCINAS, LEE	423	33:44.619	11:14	18:08	3K40-49M	5/6	M	31/42	MEDICINE HAT, AB
71/100	ENCINAS, TITIAN	424	33:39.140	11:13	18:05	3K12&UM	19/20	M	30/42	MEDICINE HAT, AB
30/100	FEENEY, JAIME	428	23:28.774	07:49	12:37	3K40-49F	3/12	F	17/58	CYPRESS COUNTY, AB
25/100	FEENEY, KAYLEE	429	22:40.414	07:33	12:11	3K13-18F	5/12	F	14/58	CYPRESS COUNTY, AB
24/100	FEENEY, OLIVIA	430	22:34.944	07:31	12:08	3K12&UF	6/13	F	13/58	CYPRESS COUNTY, AB
36/100	FITZPATRICK-KNUTSON, DOMINIC	433	24:32.422	08:10	13:11	3K12&UM	9/20	M	15/42	CYPRESS COUNTY, AB
35/100	GAZDAG, JACLYN	590	24:17.747	08:05	13:03	3K40-49F	6/12	F	21/58	MEDICINE HAT, AB
34/100	GAZDAG, NEIL	593	24:16.328	08:05	13:02	3K40-49M	1/6	M	14/42	MEDICINE HAT, AB
60/100	GROVE, ALEXA	437	30:20.174	10:06	16:18	3K13-18F	8/12	F	34/58	MEDICINE HAT, AB
61/100	GROVE, CONNIE	438	30:20.622	10:06	16:18	3K50+F	3/9	F	35/58	MEDICINE HAT, AB
85/100	HARDER, ABE	442	36:03.474	12:01	19:23	3K40-49M	6/6	M	35/42	LETHBRIDGE COUNTY,
62/100	HARDER, ADALYN	443	32:11.236	10:43	17:18	3K12&UF	12/13	F	36/58	LETHBRIDGE COUNTY,
84/100	HARDER, KENDRA	445	36:01.807	12:00	19:22	3K13-18F	12/12	F	50/58	LETHBRIDGE COUNTY,
47/100	HARDER, THOMAS	447	26:19.872	08:46	14:09	3K12&UM	11/20	M	20/42	LETHBRIDGE COUNTY,
32/100	HART, KENNEDY	448	24:08.155	08:02	12:58	3K13-18F	7/12	F	19/58	MEDICINE HAT, AB
10/100	HOZACK, ILA	453	19:19.173	06:26	10:23	3K12&UF	4/13	F	6/58	MEDICINE HAT, AB
33/100	HOZACK, MELISSA	456	24:08.584	08:02	12:58	3K40-49F	5/12	F	20/58	MEDICINE HAT, AB
52/100	JANZEN, CARA	461	27:05.581	09:01	14:33	3K40-49F	8/12	F	29/58	CALGARY, AB
100/100	JANZEN, DANI	462	46:53.035	15:37	25:12	3K19-29F	7/7	F	58/58	MEDICINE HAT, AB
99/100	JANZEN, DANIEL	463	46:50.327	15:36	25:10	3K19-29M	3/3	M	42/42	MEDICINE HAT, AB
12/100	JASPERS, JILLIAN	467	19:45.757	06:35	10:37	3K12&UF	5/13	F	7/58	REDCLIFF, AB
11/100	JASPERS, THOMAS	470	19:23.306	06:27	10:25	3K12&UM	2/20	M	5/42	REDCLIFF, AB
95/100	JERRY, MAEGHAN	471	46:38.160	15:32	25:04	3K19-29F	6/7	F	56/58	CALGARY, AB
67/100	KNUTSON, KATHRYN	595	32:52.811	10:57	17:40	3K50+F	4/9	F	39/58	IDDESLEIGH, AB
46/100	KOLODZIEJ, MAJA	482	26:04.484	08:41	14:01	3K12&UF	9/13	F	27/58	MEDICINE HAT, AB
56/100	KOWALCHUK, KIM	483	29:19.767	09:46	15:46	3K30-39F	3/5	F	31/58	MEDICINE HAT, AB
55/100	KOWALCHUK, LIAM	484	29:16.176	09:45	15:44	3K12&UM	14/20	M	25/42	MEDICINE HAT, AB
97/100	LETKEMAN, BRENNAN	487	46:40.329	15:33	25:05	3K19-29M	2/3	M	41/42	MEDICINE HAT, AB
98/100	LETKEMAN, JOANNE	488	46:42.471	15:34	25:06	3K50+F	9/9	F	57/58	MEDICINE HAT, AB
96/100	LETKEMAN, STEVE	489	46:39.626	15:33	25:05	3K50+M	8/8	M	40/42	MEDICINE HAT, AB
38/100	MAIER, AMBRIA	490	24:33.229	08:11	13:12	3K12&UF	7/13	F	22/58	DESERT BLUME, AB
37/100	MAIER, JEFFREY	491	24:33.173	08:11	13:12	3K40-49M	2/6	M	16/42	DESERT BLUME, AB
29/100	MAIER, NALISHA	493	23:10.820	07:43	12:27	3K13-18F	6/12	F	16/58	DESERT BLUME, AB
26/100	MAIER, NANCY	494	22:50.303	07:36	12:16	3K40-49F	2/12	F	15/58	DESERT BLUME, AB
20/100	MAIER, SERENNA	497	21:35.203	07:11	11:36	3K13-18F	4/12	F	10/58	DESERT BLUME, AB
17/100	MALCOLM, CAMBRIA	596	20:56.086	06:58	11:15	3K19-29F	1/7	F	9/58	MEDICINE HAT, AB
16/100	MALCOLM, TIA	498	20:55.016	06:58	11:14	3K13-18F	3/12	F	8/58	MEDICINE HAT, AB
58/100	MAPHOSA, LYNDSEY	609	29:32.239	09:50	15:52	3K30-39F	4/5	F	33/58	MEDICINE HAT, AB
57/100	MAPHOSA, MADELYN	610	29:30.997	09:50	15:52	3K12&UF	11/13	F	32/58	MEDICINE HAT, AB
59/100	MAPHOSA, SILAS	611	29:32.286	09:50	15:52	3K12&UM	15/20	M	26/42	MEDICINE HAT, AB

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Alpha Overall Results

3K Run/Walk - 1.86 Miles

100 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
27/100	MCBRIDE, CARTER	617	22:53.543	07:37	12:18	3K12&UM	8/20	M	12/42	MEDICINE HAT, AB
48/100	MCELHINNEY, STERLING	500	26:32.064	08:50	14:15	3K12&UM	12/20	M	21/42	MEDICINE HAT, AB
81/100	MEIER, HANNAH	501	34:43.998	11:34	18:40	3K19-29F	3/7	F	48/58	MEDICINE HAT, AB
2/100	MELLISH, LOGAN	585	16:35.307	05:31	08:55	3K13-18M	1/2	M	1/42	MEDICINE HAT, AB
89/100	MOLONEY, LEAH	502	42:46.289	14:15	22:59	3K19-29F	4/7	F	53/58	MEDICINE HAT, AB
70/100	MORRISON, HUDSON	505	33:36.730	11:12	18:04	3K12&UM	18/20	M	29/42	MEDICINE HAT, AB
50/100	MORRISON, TATUM	506	26:54.531	08:58	14:28	3K12&UF	10/13	F	28/58	MEDICINE HAT, AB
5/100	NAYAK, REUBEN	613	17:05.278	05:41	09:11	3K13-18M	2/2	M	2/42	MEDICINE HAT, AB
43/100	PAHL, ANGELA	508	25:05.907	08:21	13:29	3K50+F	1/9	F	25/58	MEDICINE HAT, AB
80/100	PAHL, MICHAEL	509	34:43.733	11:34	18:40	3K19-29M	1/3	M	33/42	MEDICINE HAT, AB
15/100	REINHARDT, ALEXANDER	515	20:01.228	06:40	10:45	3K12&UM	4/20	M	8/42	MEDICINE HAT, AB
65/100	REINHARDT, DEXTER	516	32:42.879	10:54	17:35	3K12&UM	17/20	M	28/42	MEDICINE HAT, AB
13/100	REINHARDT, JOE	517	19:52.541	06:37	10:41	3K30-39M	2/3	M	6/42	MEDICINE HAT, AB
21/100	REINHARDT, LEINA	464	21:44.259	07:14	11:41	3K40-49F	1/12	F	11/58	CALGARY, AB
45/100	SCHERER, RUSSELL	521	25:48.773	08:36	13:52	3K50+M	2/8	M	19/42	MEDICINE HAT, AB
7/100	SHAGIN, EZEKIEL	524	19:07.770	06:22	10:17	3K12&UM	1/20	M	3/42	MEDICINE HAT, AB
23/100	SHAGIN, JACOB	525	21:54.852	07:18	11:46	3K12&UM	7/20	M	11/42	MEDICINE HAT, AB
8/100	SHAGIN, MICHAEL	526	19:08.449	06:22	10:17	3K30-39M	1/3	M	4/42	MEDICINE HAT, AB
22/100	SHAGIN, MICHELEEN	527	21:54.819	07:18	11:46	3K30-39F	1/5	F	12/58	MEDICINE HAT, AB
28/100	SLATER, JONATHAN	529	22:55.737	07:38	12:19	3K50+M	1/8	M	13/42	MEDICINE HAT, AB
74/100	SMID, FAITH	587	34:33.121	11:31	18:34	3K13-18F	10/12	F	43/58	ROCKY MOUNTAIN HO
73/100	SMID, LORI	588	34:31.635	11:30	18:33	3K40-49F	10/12	F	42/58	ROCKY MOUNTAIN HO
53/100	STIGTER, AUDREY	538	27:48.592	09:16	14:57	3K50+F	2/9	F	30/58	REDCLIFF, AB
54/100	STIGTER, HARRY	541	27:50.020	09:16	14:57	3K50+M	3/8	M	24/42	REDCLIFF, AB
93/100	SWAREN, BROOKS	549	44:56.726	14:58	24:09	3K12&UM	20/20	M	38/42	MEDICINE HAT, AB
94/100	SWAREN, DARREN	550	44:58.375	14:59	24:10	3K50+M	7/8	M	39/42	MEDICINE HAT, AB
49/100	ULBRICHT, BRYLIN	556	26:54.260	08:58	14:27	3K12&UM	13/20	M	22/42	MEDICINE HAT, AB
51/100	ULBRICHT, TRAVIS	557	26:54.661	08:58	14:28	3K40-49M	4/6	M	23/42	MEDICINE HAT, AB
79/100	VAN DAM, JOELLE	558	34:42.905	11:34	18:39	3K19-29F	2/7	F	47/58	MEDICINE HAT, AB
77/100	VAN DAM, KATIE	559	34:41.874	11:33	18:39	3K13-18F	11/12	F	45/58	MEDICINE HAT, AB
82/100	VAN DAM, MANDY	560	34:44.187	11:34	18:40	3K50+F	6/9	F	49/58	MEDICINE HAT, AB
78/100	VAN DAM, TRACEY	561	34:41.963	11:33	18:39	3K40-49F	11/12	F	46/58	MEDICINE HAT, AB
87/100	VANDERHAM, DIANE	562	37:22.733	12:27	20:05	3K50+F	7/9	F	51/58	MEDICINE HAT, AB
88/100	VANDERHAM, SHAUNEEN	563	37:23.340	12:27	20:06	3K40-49F	12/12	F	52/58	MEDICINE HAT, AB
86/100	VERCHOLUK, ROB	565	37:22.661	12:27	20:05	3K50+M	5/8	M	36/42	MEDICINE HAT, AB
44/100	VIS, ANDREA	566	25:27.804	08:29	13:41	3K30-39F	2/5	F	26/58	REDCLIFF, AB
3/100	VIS, CHLOE	568	16:45.163	05:35	09:00	3K12&UF	1/13	F	2/58	REDCLIFF, AB
42/100	VIS, JASMIN	569	24:58.991	08:19	13:25	3K12&UF	8/13	F	24/58	REDCLIFF, AB
18/100	VIS, LYLE	570	21:01.563	07:00	11:18	3K12&UM	5/20	M	9/42	REDCLIFF, AB
4/100	VIS, TESSA	571	16:46.600	05:35	09:01	3K12&UF	2/13	F	3/58	REDCLIFF, AB
90/100	WILSON, JEFF	576	42:47.234	14:15	23:00	3K50+M	6/8	M	37/42	SEVEN PERSONS, AB
91/100	WILSON, TAYLOR	393	42:49.127	14:16	23:01	3K19-29F	5/7	F	54/58	MEDICINE HAT, AB
92/100	WILSON, WENDY	577	42:50.914	14:16	23:02	3K50+F	8/9	F	55/58	SEVEN PERSONS, AB