

The Water Run 3K/5K/10K Oct 8/2022

Alpha Overall Results

5K Run/Walk - 3.1 Miles

96 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
24/96	ALBERS, EDEN	390	27:24.142	05:28	08:48	5K13-18F	3/13	F	8/51	MEDICINE HAT, AB
80/96	ALBERS, ELIZABETH	391	41:24.524	08:16	13:18	5K13-18F	11/13	F	38/51	MEDICINE HAT, AB
56/96	ALBERS, ETHAN	392	35:09.082	07:01	11:18	5K12&UM	9/12	M	34/45	MEDICINE HAT, AB
78/96	BARBOUR, FINN	600	40:57.525	08:11	13:10	5K40-49M	8/9	M	42/45	CALGARY, AB
48/96	BARBOUR, RANSOM	460	32:37.253	06:31	10:29	5K13-18M	10/12	M	29/45	CALGARY, AB
21/96	BARTSCH, KAI	399	26:11.147	05:14	08:25	5K13-18M	7/12	M	15/45	MEDICINE HAT, AB
19/96	BARTSCH, KEEGAN	400	25:49.096	05:09	08:18	5K13-18M	6/12	M	14/45	MEDICINE HAT, AB
27/96	BARTSCH, LINCOLN	401	27:48.473	05:33	08:56	5K12&UM	4/12	M	19/45	MEDICINE HAT, AB
60/96	BATES, CATHLEEN	402	36:32.139	07:18	11:44	5K50+F	7/15	F	25/51	NAKUSP, BC
61/96	BROUWER, ART	403	36:33.381	07:18	11:45	5K50+M	6/7	M	36/45	LETHBRIDGE COUNTY, AB
59/96	BROUWER, JEAN	404	36:30.334	07:18	11:44	5K50+F	6/15	F	24/51	ROCKY MOUNTAIN HOUSE, AB
90/96	BUCHANAN, ANGELA	405	59:05.633	11:49	19:00	5K50+F	10/15	F	45/51	CONSUL, SK
68/96	BUECKERT, CHRISTIE	618	37:25.230	07:29	12:01	5K30-39F	4/8	F	30/51	MEDICINE HAT, AB
37/96	BURNS, TINA	406	29:53.637	05:58	09:36	5K40-49F	4/8	F	13/51	LLOYDMINSTER, AB
91/96	CAMPBELL, LEE ANNE	407	59:05.669	11:49	19:00	5K50+F	11/15	F	46/51	SASKATOON, SK
4/96	DE WALLE, HALEY	412	21:49.192	04:21	07:00	5K13-18F	2/13	F	2/51	CALGARY, AB
11/96	DE WALLE, THERESA	416	24:26.630	04:53	07:51	5K40-49F	2/8	F	5/51	CALGARY, AB
40/96	FAIRBROTHER, STUART	427	30:06.598	06:01	09:40	5K40-49M	4/9	M	26/45	MEDICINE HAT, AB
33/96	GAETZ, ALEXIS	337	28:44.062	05:44	09:14	5K50+F	3/15	F	12/51	MEDICINE HAT, AB
58/96	GARCIA CARIPA, JUAN	435	36:28.102	07:17	11:43	5K13-18M	12/12	M	35/45	MEDICINE HAT, AB
51/96	GAZDAG, DANI	589	33:39.459	06:43	10:49	5K13-18F	8/13	F	21/51	MEDICINE HAT, AB
41/96	GAZDAG, JONATHAN	591	30:10.080	06:02	09:42	5K12&UM	6/12	M	27/45	MEDICINE HAT, AB
6/96	GAZDAG, JOSHUA	592	22:25.457	04:29	07:12	5K13-18M	3/12	M	4/45	MEDICINE HAT, AB
45/96	GOODNOUGH, JULISSA	602	31:15.033	06:15	10:02	5K50+F	5/15	F	17/51	CHILLIWACK, BC
44/96	GROVE, JOSEPH	439	31:09.815	06:13	10:01	5K40-49M	5/9	M	28/45	MEDICINE HAT, AB
84/96	GROVE, LUKAS	440	48:48.452	09:45	15:41	5K12&UM	12/12	M	44/45	MEDICINE HAT, AB
32/96	GYORKOS, TERESA	441	28:31.513	05:42	09:10	5K50+F	2/15	F	11/51	CYPRESS COUNTY, AB
89/96	HARDER, ANNIE	444	57:05.844	11:25	18:21	5K30-39F	8/8	F	44/51	LETHBRIDGE COUNTY, AB
86/96	HARDER, RACHEAL	446	54:02.556	10:48	17:22	5K13-18F	13/13	F	42/51	LETHBRIDGE COUNTY, AB
88/96	HAWEE, MARIA	449	54:27.028	10:53	17:30	5K40-49F	8/8	F	43/51	MEDICINE HAT, AB
87/96	HAWEE, MIKAEL	450	54:23.867	10:52	17:29	5K50+M	7/7	M	45/45	MEDICINE HAT, AB
7/96	HENNES, DOMINIC	451	22:48.328	04:33	07:19	5K13-18M	4/12	M	5/45	MEDICINE HAT, AB
49/96	HODGMAN, DANIELLE	603	32:56.758	06:35	10:35	5K30-39F	3/8	F	20/51	MEDICINE HAT, AB
2/96	HOZACK, IRA	454	21:41.551	04:20	06:58	5K13-18M	1/12	M	1/45	MEDICINE HAT, AB
46/96	HOZACK, IVY	455	32:30.694	06:30	10:27	5K13-18F	6/13	F	18/51	MEDICINE HAT, AB
96/96	HRYNYK, GRACE	457	1:02:59.114	12:35	20:15	5K50+F	15/15	F	51/51	MEDICINE HAT, AB
79/96	HUNT, CHARLIZE	458	41:24.354	08:16	13:18	5K13-18F	10/13	F	37/51	MEDICINE HAT, AB
23/96	IWATA, SHINTARO	604	27:06.658	05:25	08:43	5K19-29M	1/2	M	16/45	MEDICINE HAT, AB
95/96	JACKLE, RHONDA	459	1:02:58.856	12:35	20:15	5K50+F	14/15	F	50/51	MEDICINE HAT, AB
12/96	JAMES, JUSTIN	581	24:42.003	04:56	07:56	5K30-39M	1/3	M	7/45	MEDICINE HAT, AB
10/96	JASPERS, KARA	468	23:59.482	04:47	07:42	5K30-39F	1/8	F	4/51	REDCLIFF, AB
16/96	JASPERS, LIAM	469	25:22.878	05:04	08:09	5K12&UM	3/12	M	11/45	REDCLIFF, AB
30/96	JOHNSTON, NORMAN	473	28:27.465	05:41	09:09	5K50+M	3/7	M	20/45	MEDICINE HAT, AB
38/96	JORDET, ODIN	475	30:03.603	06:00	09:39	5K13-18M	9/12	M	25/45	CYPRESS COUNTY, AB
64/96	KNAPP, COHEN	605	36:59.049	07:23	11:53	5K12&UM	10/12	M	37/45	MEDICINE HAT, AB
70/96	KNAPP, LEAH	606	38:11.206	07:38	12:16	5K30-39F	5/8	F	32/51	MEDICINE HAT, AB
15/96	KNIGHT, JONATHAN	594	25:05.934	05:01	08:04	5K12&UM	2/12	M	10/45	MEDICINE HAT, AB
43/96	KOCH, LEANA	476	30:44.873	06:08	09:53	5K50+F	4/15	F	16/51	MEDICINE HAT, AB
50/96	KOLODY, KEEGAN	477	33:02.515	06:36	10:37	5K13-18M	11/12	M	30/45	MEDICINE HAT, AB
28/96	KOLODY, NICOLE	478	28:08.685	05:37	09:02	5K40-49F	3/8	F	9/51	MEDICINE HAT, AB
3/96	KOLODY, WILLIS	479	21:42.989	04:20	06:58	5K40-49M	1/9	M	2/45	MEDICINE HAT, AB
5/96	KOLODY, ZAIDE	480	22:17.783	04:27	07:10	5K13-18M	2/12	M	3/45	MEDICINE HAT, AB
1/96	KOZAKEWICH, HANNAH	607	21:36.154	04:19	06:56	5K13-18F	1/13	F	1/51	DUNMORE, AB
29/96	LEE, MEADOW	582	28:27.320	05:41	09:08	5K13-18F	4/13	F	10/51	MEDICINE HAT, AB
57/96	LEE, PHALL	583	36:05.077	07:13	11:36	5K13-18F	9/13	F	23/51	MEDICINE HAT, AB
36/96	LEE, RICK	584	29:41.687	05:56	09:32	5K50+M	5/7	M	24/45	MEDICINE HAT, AB
20/96	MAIER, LEANNE	492	26:04.514	05:12	08:23	5K50+F	1/15	F	6/51	MEDICINE HAT, AB

The Water Run 3K/5K/10K Oct 8/2022

Alpha Overall Results

5K Run/Walk - 3.1 Miles

96 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
18/96	MAIER, ROD	495	25:31.777	05:06	08:12	5K50+M	1/7	M	13/45	MEDICINE HAT, AB
13/96	MAIER, RYLAN	496	24:45.425	04:57	07:57	5K13-18M	5/12	M	8/45	DESERT BLUME, AB
54/96	MAY, EVAN	612	35:00.342	07:00	11:15	5K30-39M	2/3	M	32/45	MEDICINE HAT, AB
35/96	MCBRIDE, CAMERON	615	28:56.072	05:47	09:18	5K12&UM	5/12	M	23/45	MEDICINE HAT, AB
65/96	MCBRIDE, OLIVER	616	37:00.347	07:24	11:53	5K12&UM	11/12	M	38/45	MEDICINE HAT, AB
26/96	PAHL, STEVEN	510	27:48.121	05:33	08:56	5K50+M	2/7	M	18/45	MEDICINE HAT, AB
72/96	PANCOAST, DYLEN	511	38:40.571	07:44	12:26	5K12&UF	2/2	F	33/51	MEDICINE HAT, AB
73/96	PANCOAST-HOLLAND, JORDAN	512	38:45.491	07:45	12:27	5K30-39F	6/8	F	34/51	MEDICINE HAT, AB
92/96	ROWAT, ALLYSA	519	1:00:09.867	12:01	19:20	5K19-29F	5/5	F	47/51	FRISCO, AB
93/96	ROWAT, BRENDA	520	1:00:10.803	12:02	19:21	5K50+F	12/15	F	48/51	FRISCO, AB
47/96	SCHULER, KYLEE	522	32:31.268	06:30	10:27	5K13-18F	7/13	F	19/51	MEDICINE HAT, AB
66/96	SCRIVENER, FAITH	597	37:05.923	07:25	11:55	5K19-29F	2/5	F	28/51	MEDICINE HAT, AB
9/96	SCRIVENER, KATHY	598	23:53.112	04:46	07:40	5K40-49F	1/8	F	3/51	MEDICINE HAT, AB
17/96	SHAGIN, ELIJAH	523	25:31.329	05:06	08:12	5K40-49M	3/9	M	12/45	WETASKIWIN, AB
39/96	SHAW, NICHOLE	528	30:06.246	06:01	09:40	5K30-39F	2/8	F	14/51	MEDICINE HAT, AB
31/96	SMART, PAUL	531	28:27.925	05:41	09:09	5K50+M	4/7	M	21/45	SUFFIELD, AB
25/96	SMID, DREW	586	27:33.142	05:30	08:51	5K13-18M	8/12	M	17/45	ROCKY MOUNTAIN HO
83/96	SMID, JAMES	532	44:56.188	08:59	14:26	5K40-49M	9/9	M	43/45	ROCKY MOUNTAIN HO
82/96	STATHAM, ALLIE	534	44:08.490	08:49	14:11	5K13-18F	12/13	F	40/51	MEDICINE HAT, AB
85/96	STATHAM, BEV	535	50:44.652	10:08	16:18	5K50+F	9/15	F	41/51	MEDICINE HAT, AB
71/96	STATHAM, CURTIS	536	38:14.271	07:38	12:17	5K40-49M	6/9	M	39/45	MEDICINE HAT, AB
42/96	STIGTER, AVERY	539	30:12.300	06:02	09:42	5K13-18F	5/13	F	15/51	REDCLIFF, AB
52/96	STIGTER, COHEN	540	33:46.342	06:45	10:51	5K12&UM	7/12	M	31/45	REDCLIFF, AB
14/96	STIGTER, JEFF	542	25:01.044	05:00	08:02	5K40-49M	2/9	M	9/45	REDCLIFF, AB
55/96	STIGTER, LINDEN	543	35:06.104	07:01	11:17	5K12&UM	8/12	M	33/45	REDCLIFF, AB
53/96	STIGTER, MICHELLE	544	33:47.647	06:45	10:51	5K40-49F	5/8	F	22/51	REDCLIFF, AB
67/96	STRAUB, BROOKLYN	545	37:24.098	07:28	12:01	5K19-29F	3/5	F	29/51	MEDICINE HAT, AB
22/96	STRICKLAND, BRINSLEY	546	26:58.196	05:23	08:40	5K12&UF	1/2	F	7/51	MEDICINE HAT, AB
34/96	SWAREN, LOGAN	551	28:54.355	05:46	09:17	5K19-29M	2/2	M	22/45	MEDICINE HAT, AB
76/96	TAINSH, JOSEF	552	39:06.136	07:49	12:34	5K40-49M	7/9	M	41/45	MEDICINE HAT, AB
77/96	TAINSH, OMETERE	553	39:08.391	07:49	12:35	5K40-49F	6/8	F	36/51	MEDICINE HAT, AB
69/96	TESSMANN, JESSE	554	37:25.427	07:29	12:02	5K19-29F	4/5	F	31/51	MEDICINE HAT, AB
81/96	TSCHRITTER, AIME	555	42:27.832	08:29	13:39	5K40-49F	7/8	F	39/51	MEDICINE HAT, AB
8/96	VIS, ANDREW	567	23:00.354	04:36	07:23	5K12&UM	1/12	M	6/45	REDCLIFF, AB
94/96	WELK, JULIE	330	1:02:57.133	12:35	20:14	5K50+F	13/15	F	49/51	MEDICINE HAT, AB
62/96	WENZEL, RACHELLE	572	36:33.546	07:18	11:45	5K50+F	8/15	F	26/51	MEDICINE HAT, AB
74/96	WIEBE, ANNA	573	38:59.017	07:47	12:32	5K30-39F	7/8	F	35/51	MEDICINE HAT, AB
75/96	WIEBE, DARRYL	295	38:59.343	07:47	12:32	5K30-39M	3/3	M	40/45	MEDICINE HAT, AB
63/96	WILKINGHOFF, JULIA	574	36:33.789	07:18	11:45	5K19-29F	1/5	F	27/51	MEDICINE HAT, AB