

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
TOP 3 In Category

10K Run - 6.21 Miles
22 Finishers

10K19-29F (Female) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	FILION, SOPHIE	432	51:58.435	05:11	08:22	+00:00:00	5/22	2/12	MEDICINE HAT

10K19-29M (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/1	STURGEON, DILLON	599	1:01:23.968	06:08	09:53	+00:00:00	16/22	9/10	COALDALE

10K30-39F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	CHARLAND, LISA	410	51:23.070	05:08	08:16	+00:00:00	4/22	1/12	MEDICINE HAT
2/5	VENO, DESIRAE	564	53:01.467	05:18	08:32	+00:01:38	7/22	3/12	HANNA
3/5	ROTH, AMY	518	53:25.250	05:20	08:36	+00:02:02	8/22	4/12	EDMONTON

10K30-39M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	LJA, ROB	608	45:55.704	04:35	07:23	+00:00:00	3/22	3/10	COALDALE
2/2	DIEC, VICTOR	419	58:24.709	05:50	09:24	+00:12:29	12/22	6/10	MEDICINE HAT

10K40-49F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	KOLODZIEJ, JUSTYNA	481	55:43.636	05:34	08:58	+00:00:00	9/22	5/12	MEDICINE HAT
2/4	GREENSTEIN, TWYLA	436	1:01:43.964	06:10	09:56	+00:06:00	17/22	8/12	REDCLIFF
3/4	JORDET, MELANIE	474	1:04:18.629	06:25	10:21	+00:08:34	20/22	10/12	CYPRESS COUNT

10K40-49M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	PIERZCHALA, MARK	513	45:21.335	04:32	07:18	+00:00:00	2/22	2/10	MEDICINE HAT
2/4	CARLSON, DERIK	409	52:38.766	05:15	08:28	+00:07:17	6/22	4/10	MEDICINE HAT
3/4	WILLIAMS, PAUL	575	59:34.105	05:57	09:35	+00:14:12	14/22	8/10	REDCLIFF

10K50+F (Female) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	JOHNSTON, NICKI	472	58:02.847	05:48	09:20	+00:00:00	11/22	6/12	MEDICINE HAT
2/2	CHESLEY, TRACEY	601	1:03:31.091	06:21	10:13	+00:05:28	18/22	9/12	CALGARY

10K50+M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	SMITH, DARRYL	338	39:27.185	03:56	06:21	+00:00:00	1/22	1/10	MEDICINE HAT
2/3	DRUT, MARTIN	420	56:51.303	05:41	09:09	+00:17:24	10/22	5/10	MEDICINE HAT
3/3	OUGH, EDWARD	507	58:44.807	05:52	09:27	+00:19:17	13/22	7/10	MEDICINE HAT