

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

3K Run/Walk - 1.86 Miles

100 Finishers

3K12&UF (Female) - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/13	VIS, CHLOE	568	16:45.163	05:35	09:00	+00:00:00	3/100	2/58	REDCLIFF
2/13	VIS, TESSA	571	16:46.600	05:35	09:01	+00:00:01	4/100	3/58	REDCLIFF
3/13	DE WALLE, SARAH	415	18:52.382	06:17	10:08	+00:02:07	6/100	4/58	CALGARY

3K12&UM (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/20	SHAGIN, EZEKIEL	524	19:07.770	06:22	10:17	+00:00:00	7/100	3/42	MEDICINE HAT
2/20	JASPERS, THOMAS	470	19:23.306	06:27	10:25	+00:00:15	11/100	5/42	REDCLIFF
3/20	BARBOUR, BEORN	394	19:59.490	06:39	10:44	+00:00:51	14/100	7/42	CYPRESS COUNT

3K13-18F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	DE WALLE, NORA	414	15:30.594	05:10	08:20	+00:00:00	1/100	1/58	CALGARY
2/12	DE WALLE, JULIANA	413	19:15.860	06:25	10:21	+00:03:45	9/100	5/58	CALGARY
3/12	MALCOLM, TIA	498	20:55.016	06:58	11:14	+00:05:24	16/100	8/58	MEDICINE HAT

3K13-18M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	MELLISH, LOGAN	585	16:35.307	05:31	08:55	+00:00:00	2/100	1/42	MEDICINE HAT
2/2	NAYAK, REUBEN	613	17:05.278	05:41	09:11	+00:00:29	5/100	2/42	MEDICINE HAT

3K19-29F (Female) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/7	MALCOLM, CAMBRIA	596	20:56.086	06:58	11:15	+00:00:00	17/100	9/58	MEDICINE HAT
2/7	VAN DAM, JOELLE	558	34:42.905	11:34	18:39	+00:13:46	79/100	47/58	MEDICINE HAT
3/7	MEIER, HANNAH	501	34:43.998	11:34	18:40	+00:13:47	81/100	48/58	MEDICINE HAT

3K19-29M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	PAHL, MICHAEL	509	34:43.733	11:34	18:40	+00:00:00	80/100	33/42	MEDICINE HAT
2/3	LETKEMAN, BRENNAN	487	46:40.329	15:33	25:05	+00:11:56	97/100	41/42	MEDICINE HAT
3/3	JANZEN, DANIEL	463	46:50.327	15:36	25:10	+00:12:06	99/100	42/42	MEDICINE HAT

3K30-39F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/5	SHAGIN, MICHELEEN	527	21:54.819	07:18	11:46	+00:00:00	22/100	12/58	MEDICINE HAT
2/5	VIS, ANDREA	566	25:27.804	08:29	13:41	+00:03:32	44/100	26/58	REDCLIFF
3/5	KOWALCHUK, KIM	483	29:19.767	09:46	15:46	+00:07:24	56/100	31/58	MEDICINE HAT

3K30-39M (Male) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	SHAGIN, MICHAEL	526	19:08.449	06:22	10:17	+00:00:00	8/100	4/42	MEDICINE HAT
2/3	REINHARDT, JOE	517	19:52.541	06:37	10:41	+00:00:44	13/100	6/42	MEDICINE HAT
3/3	BARTSCH, HENRY	398	36:00.845	12:00	19:21	+00:16:52	83/100	34/42	MEDICINE HAT

3K40-49F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	REINHARDT, LEINA	464	21:44.259	07:14	11:41	+00:00:00	21/100	11/58	CALGARY
2/12	MAIER, NANCY	494	22:50.303	07:36	12:16	+00:01:06	26/100	15/58	DESERT BLUME
3/12	FEENEY, JAIME	428	23:28.774	07:49	12:37	+00:01:44	30/100	17/58	CYPRESS COUNT

3K40-49M (Male) - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/6	GAZDAG, NEIL	593	24:16.328	08:05	13:02	+00:00:00	34/100	14/42	MEDICINE HAT
2/6	MAIER, JEFFREY	491	24:33.173	08:11	13:12	+00:00:16	37/100	16/42	DESERT BLUME
3/6	BARBOUR, DANIEL	395	24:58.298	08:19	13:25	+00:00:41	40/100	18/42	CYPRESS COUNT

3K50+F (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	PAHL, ANGELA	508	25:05.907	08:21	13:29	+00:00:00	43/100	25/58	MEDICINE HAT
2/9	STIGTER, AUDREY	538	27:48.592	09:16	14:57	+00:02:42	53/100	30/58	REDCLIFF
3/9	GROVE, CONNIE	438	30:20.622	10:06	16:18	+00:05:14	61/100	35/58	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

3K Run/Walk - 1.86 Miles

100 Finishers

3K50+M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	SLATER, JONATHAN	529	22:55.737	07:38	12:19	+00:00:00	28/100	13/42	MEDICINE HAT
2/8	SCHERER, RUSSELL	521	25:48.773	08:36	13:52	+00:02:53	45/100	19/42	MEDICINE HAT
3/8	STIGTER, HARRY	541	27:50.020	09:16	14:57	+00:04:54	54/100	24/42	REDCLIFF