

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

3K Run/Walk- 1.86 Miles
100 Finishers

3K12&UF - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	VIS, CHLOE	568	16:45.163	05:35	09:00	3/100	2/58	+00:00:00	REDCLIFF
2/13	VIS, TESSA	571	16:46.600	05:35	09:01	4/100	3/58	+00:00:01	REDCLIFF
3/13	DE WALLE, SARAH	415	18:52.382	06:17	10:08	6/100	4/58	+00:02:07	CALGARY
4/13	HOZACK, ILA	453	19:19.173	06:26	10:23	10/100	6/58	+00:02:34	MEDICINE HAT
5/13	JASPERS, JILLIAN	467	19:45.757	06:35	10:37	12/100	7/58	+00:03:00	REDCLIFF
6/13	FEENEY, OLIVIA	430	22:34.944	07:31	12:08	24/100	13/58	+00:05:49	CYPRESS COUNT
7/13	MAIER, AMBRIA	490	24:33.229	08:11	13:12	38/100	22/58	+00:07:48	DESERT BLUME
8/13	VIS, JASMIN	569	24:58.991	08:19	13:25	42/100	24/58	+00:08:13	REDCLIFF
9/13	KOLODZIEJ, MAJA	482	26:04.484	08:41	14:01	46/100	27/58	+00:09:19	MEDICINE HAT
10/13	MORRISON, TATUM	506	26:54.531	08:58	14:28	50/100	28/58	+00:10:09	MEDICINE HAT
11/13	MAPHOSA, MADELYN	610	29:30.997	09:50	15:52	57/100	32/58	+00:12:45	MEDICINE HAT
12/13	HARDER, ADALYN	443	32:11.236	10:43	17:18	62/100	36/58	+00:15:26	LETHBRIDGE COL
13/13	ENCINAS, FRED A	421	32:55.761	10:58	17:42	68/100	40/58	+00:16:10	MEDICINE HAT

3K12&UM - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/20	SHAGIN, EZEKIEL	524	19:07.770	06:22	10:17	7/100	3/42	+00:00:00	MEDICINE HAT
2/20	JASPERS, THOMAS	470	19:23.306	06:27	10:25	11/100	5/42	+00:00:15	REDCLIFF
3/20	BARBOUR, BEORN	394	19:59.490	06:39	10:44	14/100	7/42	+00:00:51	CYPRESS COUNT
4/20	REINHARDT, ALEXANDER	515	20:01.228	06:40	10:45	15/100	8/42	+00:00:53	MEDICINE HAT
5/20	VIS, LYLE	570	21:01.563	07:00	11:18	18/100	9/42	+00:01:53	REDCLIFF
6/20	BURK, ANSON	578	21:11.531	07:03	11:23	19/100	10/42	+00:02:03	MEDICINE HAT
7/20	SHAGIN, JACOB	525	21:54.852	07:18	11:46	23/100	11/42	+00:02:47	MEDICINE HAT
8/20	MCBRIDE, CARTER	617	22:53.543	07:37	12:18	27/100	12/42	+00:03:45	MEDICINE HAT
9/20	FITZPATRICK-KNUTSON, DOMINIC	433	24:32.422	08:10	13:11	36/100	15/42	+00:05:24	CYPRESS COUNT
10/20	BARBOUR, WOLF	397	24:57.679	08:19	13:25	39/100	17/42	+00:05:49	CYPRESS COUNT
11/20	HARDER, THOMAS	447	26:19.872	08:46	14:09	47/100	20/42	+00:07:12	LETHBRIDGE COL
12/20	MCELHINNEY, STERLING	500	26:32.064	08:50	14:15	48/100	21/42	+00:07:24	MEDICINE HAT
13/20	ULBRICHT, BRYLIN	556	26:54.260	08:58	14:27	49/100	22/42	+00:07:46	MEDICINE HAT
14/20	KOWALCHUK, LIAM	484	29:16.176	09:45	15:44	55/100	25/42	+00:10:08	MEDICINE HAT
15/20	MAPHOSA, SILAS	611	29:32.286	09:50	15:52	59/100	26/42	+00:10:24	MEDICINE HAT
16/20	BURK, ELIAS	579	32:11.239	10:43	17:18	63/100	27/42	+00:13:03	MEDICINE HAT
17/20	REINHARDT, DEXTER	516	32:42.879	10:54	17:35	65/100	28/42	+00:13:35	MEDICINE HAT
18/20	MORRISON, HUDSON	505	33:36.730	11:12	18:04	70/100	29/42	+00:14:28	MEDICINE HAT
19/20	ENCINAS, TITIAN	424	33:39.140	11:13	18:05	71/100	30/42	+00:14:31	MEDICINE HAT
20/20	SWAREN, BROOKS	549	44:56.726	14:58	24:09	93/100	38/42	+00:25:48	MEDICINE HAT

3K13-18F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	DE WALLE, NORA	414	15:30.594	05:10	08:20	1/100	1/58	+00:00:00	CALGARY
2/12	DE WALLE, JULIANA	413	19:15.860	06:25	10:21	9/100	5/58	+00:03:45	CALGARY
3/12	MALCOLM, TIA	498	20:55.016	06:58	11:14	16/100	8/58	+00:05:24	MEDICINE HAT
4/12	MAIER, SERENNA	497	21:35.203	07:11	11:36	20/100	10/58	+00:06:04	DESERT BLUME
5/12	FEENEY, KAYLEE	429	22:40.414	07:33	12:11	25/100	14/58	+00:07:09	CYPRESS COUNT
6/12	MAIER, NALISHA	493	23:10.820	07:43	12:27	29/100	16/58	+00:07:40	DESERT BLUME
7/12	HART, KENNEDY	448	24:08.155	08:02	12:58	32/100	19/58	+00:08:37	MEDICINE HAT
8/12	GROVE, ALEXA	437	30:20.174	10:06	16:18	60/100	34/58	+00:14:49	MEDICINE HAT
9/12	DARMANIN, IZABELL	411	32:52.464	10:57	17:40	66/100	38/58	+00:17:21	CYPRESS COUNT
10/12	SMID, FAITH	587	34:33.121	11:31	18:34	74/100	43/58	+00:19:02	ROCKY MOUNTAIN
11/12	VAN DAM, KATIE	559	34:41.874	11:33	18:39	77/100	45/58	+00:19:11	MEDICINE HAT
12/12	HARDER, KENDRA	445	36:01.807	12:00	19:22	84/100	50/58	+00:20:31	LETHBRIDGE COL

3K13-18M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	MELLISH, LOGAN	585	16:35.307	05:31	08:55	2/100	1/42	+00:00:00	MEDICINE HAT
2/2	NAYAK, REUBEN	613	17:05.278	05:41	09:11	5/100	2/42	+00:00:29	MEDICINE HAT

3K19-29F - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	MALCOLM, CAMBRIA	596	20:56.086	06:58	11:15	17/100	9/58	+00:00:00	MEDICINE HAT
2/7	VAN DAM, JOELLE	558	34:42.905	11:34	18:39	79/100	47/58	+00:13:46	MEDICINE HAT
3/7	MEIER, HANNAH	501	34:43.998	11:34	18:40	81/100	48/58	+00:13:47	MEDICINE HAT
4/7	MOLONEY, LEAH	502	42:46.289	14:15	22:59	89/100	53/58	+00:21:50	MEDICINE HAT
5/7	WILSON, TAYLOR	393	42:49.127	14:16	23:01	91/100	54/58	+00:21:53	MEDICINE HAT
6/7	JERRY, MAEGHAN	471	46:38.160	15:32	25:04	95/100	56/58	+00:25:42	CALGARY
7/7	JANZEN, DANI	462	46:53.035	15:37	25:12	100/100	58/58	+00:25:56	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

3K Run/Walk- 1.86 Miles
100 Finishers

3K19-29M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	PAHL, MICHAEL	509	34:43.733	11:34	18:40	80/100	33/42	+00:00:00	MEDICINE HAT
2/3	LETKEMAN, BRENNAN	487	46:40.329	15:33	25:05	97/100	41/42	+00:11:56	MEDICINE HAT
3/3	JANZEN, DANIEL	463	46:50.327	15:36	25:10	99/100	42/42	+00:12:06	MEDICINE HAT

3K30-39F - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	SHAGIN, MICHELEEN	527	21:54.819	07:18	11:46	22/100	12/58	+00:00:00	MEDICINE HAT
2/5	VIS, ANDREA	566	25:27.804	08:29	13:41	44/100	26/58	+00:03:32	REDCLIFF
3/5	KOWALCHUK, KIM	483	29:19.767	09:46	15:46	56/100	31/58	+00:07:24	MEDICINE HAT
4/5	MAPHOSA, LYNDSY	609	29:32.239	09:50	15:52	58/100	33/58	+00:07:37	MEDICINE HAT
5/5	BURK, SHARI	580	32:11.865	10:43	17:18	64/100	37/58	+00:10:17	MEDICINE HAT

3K30-39M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	SHAGIN, MICHAEL	526	19:08.449	06:22	10:17	8/100	4/42	+00:00:00	MEDICINE HAT
2/3	REINHARDT, JOE	517	19:52.541	06:37	10:41	13/100	6/42	+00:00:44	MEDICINE HAT
3/3	BARTSCH, HENRY	398	36:00.845	12:00	19:21	83/100	34/42	+00:16:52	MEDICINE HAT

3K40-49F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	REINHARDT, LEINA	464	21:44.259	07:14	11:41	21/100	11/58	+00:00:00	CALGARY
2/12	MAIER, NANCY	494	22:50.303	07:36	12:16	26/100	15/58	+00:01:06	DESERT BLUME
3/12	FEENEY, JAIME	428	23:28.774	07:49	12:37	30/100	17/58	+00:01:44	CYPRESS COUNT
4/12	EHNISZ, CHARITY	339	23:31.790	07:50	12:39	31/100	18/58	+00:01:47	MED HAT
5/12	HOZACK, MELISSA	456	24:08.584	08:02	12:58	33/100	20/58	+00:02:24	MEDICINE HAT
6/12	GAZDAG, JACLYN	590	24:17.747	08:05	13:03	35/100	21/58	+00:02:33	MEDICINE HAT
7/12	BARBOUR, RENAE	396	24:58.948	08:19	13:25	41/100	23/58	+00:03:14	CYPRESS COUNT
8/12	JANZEN, CARA	461	27:05.581	09:01	14:33	52/100	29/58	+00:05:21	CALGARY
9/12	ENCINAS, JOCELYN	422	32:56.795	10:58	17:42	69/100	41/58	+00:11:12	MEDICINE HAT
10/12	SMID, LORI	588	34:31.635	11:30	18:33	73/100	42/58	+00:12:47	ROCKY MOUNTAIN
11/12	VAN DAM, TRACEY	561	34:41.963	11:33	18:39	78/100	46/58	+00:12:57	MEDICINE HAT
12/12	VANDERHAM, SHAUNEEN	563	37:23.340	12:27	20:06	88/100	52/58	+00:15:39	MEDICINE HAT

3K40-49M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	GAZDAG, NEIL	593	24:16.328	08:05	13:02	34/100	14/42	+00:00:00	MEDICINE HAT
2/6	MAIER, JEFFREY	491	24:33.173	08:11	13:12	37/100	16/42	+00:00:16	DESERT BLUME
3/6	BARBOUR, DANIEL	395	24:58.298	08:19	13:25	40/100	18/42	+00:00:41	CYPRESS COUNT
4/6	ULBRICHT, TRAVIS	557	26:54.661	08:58	14:28	51/100	23/42	+00:02:38	MEDICINE HAT
5/6	ENCINAS, LEE	423	33:44.619	11:14	18:08	72/100	31/42	+00:09:28	MEDICINE HAT
6/6	HARDER, ABE	442	36:03.474	12:01	19:23	85/100	35/42	+00:11:47	LETHBRIDGE COL

3K50+F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	PAHL, ANGELA	508	25:05.907	08:21	13:29	43/100	25/58	+00:00:00	MEDICINE HAT
2/9	STIGTER, AUDREY	538	27:48.592	09:16	14:57	53/100	30/58	+00:02:42	REDCLIFF
3/9	GROVE, CONNIE	438	30:20.622	10:06	16:18	61/100	35/58	+00:05:14	MEDICINE HAT
4/9	KNUTSON, KATHRYN	595	32:52.811	10:57	17:40	67/100	39/58	+00:07:46	IDDESLEIGH
5/9	BARNES, FRANCES	329	34:41.237	11:33	18:38	76/100	44/58	+00:09:35	MEDICINE HAT
6/9	VAN DAM, MANDY	560	34:44.187	11:34	18:40	82/100	49/58	+00:09:38	MEDICINE HAT
7/9	VANDERHAM, DIANE	562	37:22.733	12:27	20:05	87/100	51/58	+00:12:16	MEDICINE HAT
8/9	WILSON, WENDY	577	42:50.914	14:16	23:02	92/100	55/58	+00:17:45	SEVEN PERSONS
9/9	LETKEMAN, JOANNE	488	46:42.471	15:34	25:06	98/100	57/58	+00:21:36	MEDICINE HAT

3K50+M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	SLATER, JONATHAN	529	22:55.737	07:38	12:19	28/100	13/42	+00:00:00	MEDICINE HAT
2/8	SCHERER, RUSSELL	521	25:48.773	08:36	13:52	45/100	19/42	+00:02:53	MEDICINE HAT
3/8	STIGTER, HARRY	541	27:50.020	09:16	14:57	54/100	24/42	+00:04:54	REDCLIFF
4/8	BARNES, DREW	299	34:40.920	11:33	18:38	75/100	32/42	+00:11:45	MEDICINE HAT
5/8	VERCHOLUK, ROB	565	37:22.661	12:27	20:05	86/100	36/42	+00:14:26	MEDICINE HAT
6/8	WILSON, JEFF	576	42:47.234	14:15	23:00	90/100	37/42	+00:19:51	SEVEN PERSONS
7/8	SWAREN, DARREN	550	44:58.375	14:59	24:10	94/100	39/42	+00:22:02	MEDICINE HAT
8/8	LETKEMAN, STEVE	489	46:39.626	15:33	25:05	96/100	40/42	+00:23:43	MEDICINE HAT