

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

5K Run/Walk - 3.1 Miles  
96 Finishers

## 5K12&amp;UF - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	STRICKLAND, BRINSLEY	546	26:58.196	05:23	08:40	22/96	7/51	+00:00:00	MEDICINE HAT
2/2	PANCOAST, DYLEN	511	38:40.571	07:44	12:26	72/96	33/51	+00:11:42	MEDICINE HAT

## 5K12&amp;UM - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	VIS, ANDREW	567	23:00.354	04:36	07:23	8/96	6/45	+00:00:00	REDCLIFF
2/12	KNIGHT, JONATHAN	594	25:05.934	05:01	08:04	15/96	10/45	+00:02:05	MEDICINE HAT
3/12	JASPERS, LIAM	469	25:22.878	05:04	08:09	16/96	11/45	+00:02:22	REDCLIFF
4/12	BARTSCH, LINCOLN	401	27:48.473	05:33	08:56	27/96	19/45	+00:04:48	MEDICINE HAT
5/12	MCBRIDE, CAMERON	615	28:56.072	05:47	09:18	35/96	23/45	+00:05:55	MEDICINE HAT
6/12	GAZDAG, JONATHAN	591	30:10.080	06:02	09:42	41/96	27/45	+00:07:09	MEDICINE HAT
7/12	STIGTER, COHEN	540	33:46.342	06:45	10:51	52/96	31/45	+00:10:45	REDCLIFF
8/12	STIGTER, LINDEN	543	35:06.104	07:01	11:17	55/96	33/45	+00:12:05	REDCLIFF
9/12	ALBERS, ETHAN	392	35:09.082	07:01	11:18	56/96	34/45	+00:12:08	MEDICINE HAT
10/12	KNAPP, COHEN	605	36:59.049	07:23	11:53	64/96	37/45	+00:13:58	MEDICINE HAT
11/12	MCBRIDE, OLIVER	616	37:00.347	07:24	11:53	65/96	38/45	+00:13:59	MEDICINE HAT
12/12	GROVE, LUKAS	440	48:48.452	09:45	15:41	84/96	44/45	+00:25:48	MEDICINE HAT

## 5K13-18F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	KOZAKEWICH, HANNAH	607	21:36.154	04:19	06:56	1/96	1/51	+00:00:00	DUNMORE
2/13	DE WALLE, HALEY	412	21:49.192	04:21	07:00	4/96	2/51	+00:00:13	CALGARY
3/13	ALBERS, EDEN	390	27:24.142	05:28	08:48	24/96	8/51	+00:05:47	MEDICINE HAT
4/13	LEE, MEADOW	582	28:27.320	05:41	09:08	29/96	10/51	+00:06:51	MEDICINE HAT
5/13	STIGTER, AVERY	539	30:12.300	06:02	09:42	42/96	15/51	+00:08:36	REDCLIFF
6/13	HOZACK, IVY	455	32:30.694	06:30	10:27	46/96	18/51	+00:10:54	MEDICINE HAT
7/13	SCHULER, KYLEE	522	32:31.268	06:30	10:27	47/96	19/51	+00:10:55	MEDICINE HAT
8/13	GAZDAG, DANI	589	33:39.459	06:43	10:49	51/96	21/51	+00:12:03	MEDICINE HAT
9/13	LEE, PHALL	583	36:05.077	07:13	11:36	57/96	23/51	+00:14:28	MEDICINE HAT
10/13	HUNT, CHARLIZE	458	41:24.354	08:16	13:18	79/96	37/51	+00:19:48	MEDICINE HAT
11/13	ALBERS, ELIZABETH	391	41:24.524	08:16	13:18	80/96	38/51	+00:19:48	MEDICINE HAT
12/13	STATHAM, ALLIE	534	44:08.490	08:49	14:11	82/96	40/51	+00:22:32	MEDICINE HAT
13/13	HARDER, RACHEAL	446	54:02.556	10:48	17:22	86/96	42/51	+00:32:26	LETHBRIDGE COL

## 5K13-18M - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	HOZACK, IRA	454	21:41.551	04:20	06:58	2/96	1/45	+00:00:00	MEDICINE HAT
2/12	KOLODY, ZAIDE	480	22:17.783	04:27	07:10	5/96	3/45	+00:00:36	MEDICINE HAT
3/12	GAZDAG, JOSHUA	592	22:25.457	04:29	07:12	6/96	4/45	+00:00:43	MEDICINE HAT
4/12	HENNES, DOMINIC	451	22:48.328	04:33	07:19	7/96	5/45	+00:01:06	MEDICINE HAT
5/12	MAIER, RYLAN	496	24:45.425	04:57	07:57	13/96	8/45	+00:03:03	DESERT BLUME
6/12	BARTSCH, KEEGAN	400	25:49.096	05:09	08:18	19/96	14/45	+00:04:07	MEDICINE HAT
7/12	BARTSCH, KAI	399	26:11.147	05:14	08:25	21/96	15/45	+00:04:29	MEDICINE HAT
8/12	SMID, DREW	586	27:33.142	05:30	08:51	25/96	17/45	+00:05:51	ROCKY MOUNTAIN
9/12	JORDET, ODIN	475	30:03.603	06:00	09:39	38/96	25/45	+00:08:22	CYPRESS COUNT
10/12	BARBOUR, RANSOM	460	32:37.253	06:31	10:29	48/96	29/45	+00:10:55	CALGARY
11/12	KOLODY, KEEGAN	477	33:02.515	06:36	10:37	50/96	30/45	+00:11:20	MEDICINE HAT
12/12	GARCIA CARIPA, JUAN	435	36:28.102	07:17	11:43	58/96	35/45	+00:14:46	MEDICINE HAT

## 5K19-29F - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	WILKINGHOFF, JULIA	574	36:33.789	07:18	11:45	63/96	27/51	+00:00:00	MEDICINE HAT
2/5	SCRIVENER, FAITH	597	37:05.923	07:25	11:55	66/96	28/51	+00:00:32	MEDICINE HAT
3/5	STRAUB, BROOKLYN	545	37:24.098	07:28	12:01	67/96	29/51	+00:00:50	MEDICINE HAT
4/5	TESSMANN, JESSE	554	37:25.427	07:29	12:02	69/96	31/51	+00:00:51	MEDICINE HAT
5/5	ROWAT, ALLYSA	519	1:00:09.867	12:01	19:20	92/96	47/51	+00:23:36	FRISCO

## 5K19-29M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	IWATA, SHINTARO	604	27:06.658	05:25	08:43	23/96	16/45	+00:00:00	MEDICINE HAT
2/2	SWAREN, LOGAN	551	28:54.355	05:46	09:17	34/96	22/45	+00:01:47	MEDICINE HAT

## 5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	JASPERS, KARA	468	23:59.482	04:47	07:42	10/96	4/51	+00:00:00	REDCLIFF
2/8	SHAW, NICHOLE	528	30:06.246	06:01	09:40	39/96	14/51	+00:06:06	MEDICINE HAT
3/8	HODGMAN, DANIELLE	603	32:56.758	06:35	10:35	49/96	20/51	+00:08:57	MEDICINE HAT
4/8	BUECKERT, CHRISTIE	618	37:25.230	07:29	12:01	68/96	30/51	+00:13:25	MEDICINE HAT
5/8	KNAPP, LEAH	606	38:11.206	07:38	12:16	70/96	32/51	+00:14:11	MEDICINE HAT

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

### 5K Run/Walk - 3.1 Miles

96 Finishers

#### 5K30-39F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
6/8	PANCOAST-HOLLAND, JORDAN	512	38:45.491	07:45	12:27	73/96	34/51	+00:14:46	MEDICINE HAT
7/8	WIEBE, ANNA	573	38:59.017	07:47	12:32	74/96	35/51	+00:14:59	MEDICINE HAT
8/8	HARDER, ANNIE	444	57:05.844	11:25	18:21	89/96	44/51	+00:33:06	LETHBRIDGE COL

#### 5K30-39M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	JAMES, JUSTIN	581	24:42.003	04:56	07:56	12/96	7/45	+00:00:00	MEDICINE HAT
2/3	MAY, EVAN	612	35:00.342	07:00	11:15	54/96	32/45	+00:10:18	MEDICINE HAT
3/3	WIEBE, DARRYL	295	38:59.343	07:47	12:32	75/96	40/45	+00:14:17	MEDICINE HAT

#### 5K40-49F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	SCRIVENER, KATHY	598	23:53.112	04:46	07:40	9/96	3/51	+00:00:00	MEDICINE HAT
2/8	DE WALLE, THERESA	416	24:26.630	04:53	07:51	11/96	5/51	+00:00:33	CALGARY
3/8	KOLODY, NICOLE	478	28:08.685	05:37	09:02	28/96	9/51	+00:04:15	MEDICINE HAT
4/8	BURNS, TINA	406	29:53.637	05:58	09:36	37/96	13/51	+00:06:00	LLOYDMINSTER
5/8	STIGTER, MICHELLE	544	33:47.647	06:45	10:51	53/96	22/51	+00:09:54	REDCLIFF
6/8	TAINSH, OMETERE	553	39:08.391	07:49	12:35	77/96	36/51	+00:15:15	MEDICINE HAT
7/8	TSCHRITTER, AIME	555	42:27.832	08:29	13:39	81/96	39/51	+00:18:34	MEDICINE HAT
8/8	HAWEE, MARIA	449	54:27.028	10:53	17:30	88/96	43/51	+00:30:33	MEDICINE HAT

#### 5K40-49M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	KOLODY, WILLIS	479	21:42.989	04:20	06:58	3/96	2/45	+00:00:00	MEDICINE HAT
2/9	STIGTER, JEFF	542	25:01.044	05:00	08:02	14/96	9/45	+00:03:18	REDCLIFF
3/9	SHAGIN, ELIJAH	523	25:31.329	05:06	08:12	17/96	12/45	+00:03:48	WETASKIWIN
4/9	FAIRBROTHER, STUART	427	30:06.598	06:01	09:40	40/96	26/45	+00:08:23	MEDICINE HAT
5/9	GROVE, JOSEPH	439	31:09.815	06:13	10:01	44/96	28/45	+00:09:26	MEDICINE HAT
6/9	STATHAM, CURTIS	536	38:14.271	07:38	12:17	71/96	39/45	+00:16:31	MEDICINE HAT
7/9	TAINSH, JOSEF	552	39:06.136	07:49	12:34	76/96	41/45	+00:17:23	MEDICINE HAT
8/9	BARBOUR, FINN	600	40:57.525	08:11	13:10	78/96	42/45	+00:19:14	CALGARY
9/9	SMID, JAMES	532	44:56.188	08:59	14:26	83/96	43/45	+00:23:13	ROCKY MOUNTAIN

#### 5K50+F - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/15	MAIER, LEANNE	492	26:04.514	05:12	08:23	20/96	6/51	+00:00:00	MEDICINE HAT
2/15	GYORKOS, TERESA	441	28:31.513	05:42	09:10	32/96	11/51	+00:02:26	CYPRESS COUNT
3/15	GAETZ, ALEXIS	337	28:44.062	05:44	09:14	33/96	12/51	+00:02:39	MEDICINE HAT
4/15	KOCH, LEANA	476	30:44.873	06:08	09:53	43/96	16/51	+00:04:40	MEDICINE HAT
5/15	GOODNOUGH, JULISSA	602	31:15.033	06:15	10:02	45/96	17/51	+00:05:10	CHILLIWACK
6/15	BROUWER, JEAN	404	36:30.334	07:18	11:44	59/96	24/51	+00:10:25	ROCKY MOUNTAIN
7/15	BATES, CATHLEEN	402	36:32.139	07:18	11:44	60/96	25/51	+00:10:27	NAKUSP
8/15	WENZEL, RACHELLE	572	36:33.546	07:18	11:45	62/96	26/51	+00:10:29	MEDICINE HAT
9/15	STATHAM, BEV	535	50:44.652	10:08	16:18	85/96	41/51	+00:24:40	MEDICINE HAT
10/15	BUCHANAN, ANGELA	405	59:05.633	11:49	19:00	90/96	45/51	+00:33:01	CONSUL
11/15	CAMPBELL, LEE ANNE	407	59:05.669	11:49	19:00	91/96	46/51	+00:33:01	SASKATOON
12/15	ROWAT, BRENDA	520	1:00:10.803	12:02	19:21	93/96	48/51	+00:34:06	FRISCO
13/15	WELK, JULIE	330	1:02:57.133	12:35	20:14	94/96	49/51	+00:36:52	MEDICINE HAT
14/15	JACKLE, RHONDA	459	1:02:58.856	12:35	20:15	95/96	50/51	+00:36:54	MEDICINE HAT
15/15	HRNYK, GRACE	457	1:02:59.114	12:35	20:15	96/96	51/51	+00:36:54	MEDICINE HAT

#### 5K50+M - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/7	MAIER, ROD	495	25:31.777	05:06	08:12	18/96	13/45	+00:00:00	MEDICINE HAT
2/7	PAHL, STEVEN	510	27:48.121	05:33	08:56	26/96	18/45	+00:02:16	MEDICINE HAT
3/7	JOHNSTON, NORMAN	473	28:27.465	05:41	09:09	30/96	20/45	+00:02:55	MEDICINE HAT
4/7	SMART, PAUL	531	28:27.925	05:41	09:09	31/96	21/45	+00:02:56	SUFFIELD
5/7	LEE, RICK	584	29:41.687	05:56	09:32	36/96	24/45	+00:04:09	MEDICINE HAT
6/7	BROUWER, ART	403	36:33.381	07:18	11:45	61/96	36/45	+00:11:01	LETHBRIDGE COL
7/7	HAWEE, MIKAEL	450	54:23.867	10:52	17:29	87/96	45/45	+00:28:52	MEDICINE HAT