

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

3K Run/Walk- 1.86 Miles  
87 Finishers

## 3K12&amp;UF - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/20	JORDET, LINA	826	13:41.147	04:33	07:21	3/87	1/50	+00:00:00	CYPRESS COUNT
2/20	VIS, TESSA	805	15:11.366	05:03	08:09	6/87	2/50	+00:01:30	REDCLIFF
3/20	VIS, CHLOE	799	15:14.554	05:04	08:11	8/87	3/50	+00:01:33	REDCLIFF
4/20	VIS, ANNIKA	797	18:46.895	06:15	10:05	17/87	4/50	+00:05:05	REDCLIFF
5/20	FEENEY, OLIVIA	654	20:41.810	06:53	11:07	21/87	5/50	+00:07:00	CYPRESS COUNT
6/20	STEHR, ANNA	874	20:44.129	06:54	11:08	22/87	6/50	+00:07:02	MEDICINE HAT
7/20	VIS, NAOMI	804	22:01.848	07:20	11:50	27/87	9/50	+00:08:20	REDCLIFF
8/20	JASPERS, JILLIAN	690	22:09.769	07:23	11:54	30/87	11/50	+00:08:28	REDCLIFF
9/20	JANZEN, SIMONA	824	22:11.058	07:23	11:55	31/87	12/50	+00:08:29	CALGARY
10/20	DAY, KHLOE	886	22:11.923	07:23	11:56	32/87	13/50	+00:08:30	MEDICINE HAT
11/20	HARDER, ADALYN	848	22:46.870	07:35	12:14	38/87	16/50	+00:09:05	LETHBRIDGE COL
12/20	VIS, JASMIN	801	23:39.839	07:53	12:43	40/87	18/50	+00:09:58	REDCLIFF
13/20	MORRISON, TATUM	738	26:02.241	08:40	13:59	46/87	21/50	+00:12:21	MEDICINE HAT
14/20	TAINSH, KEZIAH	786	27:37.914	09:12	14:51	50/87	23/50	+00:13:56	MEDICINE HAT
15/20	TAINSH, TARA	788	28:24.036	09:28	15:16	55/87	26/50	+00:14:42	MEDICINE HAT
16/20	WORTH, EVERLY	815	28:26.289	09:28	15:17	56/87	27/50	+00:14:45	MEDICINE HAT
17/20	STRICKLAND, BRINSLEY	884	28:28.725	09:29	15:18	58/87	28/50	+00:14:47	MEDICINE HAT
18/20	JANZER, BREA	688	29:16.113	09:45	15:44	64/87	31/50	+00:15:34	DESERT BLUME
19/20	JANZEN, AVEN	822	43:28.423	14:29	23:22	81/87	46/50	+00:29:47	CALGARY
20/20	SHAGIN, ABIGAIL	761	57:01.688	19:00	30:39	85/87	48/50	+00:43:20	WETASKIWIN

## 3K12&amp;UM - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/17	MOHAMMED, GABE	833	15:11.249	05:03	08:09	5/87	4/37	+00:00:00	MEDICINE HAT
2/17	JASPERS, THOMAS	694	15:14.106	05:04	08:11	7/87	5/37	+00:00:02	REDCLIFF
3/17	MORRISON, HUDSON	736	15:59.533	05:19	08:35	9/87	6/37	+00:00:48	MEDICINE HAT
4/17	MOHAMMED, NATE	836	16:15.045	05:25	08:44	10/87	7/37	+00:01:03	MEDICINE HAT
5/17	REINHARDT, ALEXANDER	854	16:46.563	05:35	09:01	12/87	9/37	+00:01:35	MEDICINE HAT
6/17	JASPERS, JOEL	691	16:47.671	05:35	09:01	13/87	10/37	+00:01:36	REDCLIFF
7/17	FITZPATRICK-KNUTSON, DOMINIC	656	17:37.732	05:52	09:28	15/87	12/37	+00:02:26	CYPRESS COUNT
8/17	VIS, LYLE	803	18:46.520	06:15	10:05	16/87	13/37	+00:03:35	REDCLIFF
9/17	MELLISH, RONAN	731	19:06.982	06:22	10:16	18/87	14/37	+00:03:55	MEDICINE HAT
10/17	BARBOUR, BEORN	893	20:47.224	06:55	11:10	23/87	17/37	+00:05:35	MEDICINE HAT
11/17	DAY, D'ANDRE	887	22:45.745	07:35	12:14	37/87	22/37	+00:07:34	MEDICINE HAT
12/17	BARBOUR, WOLF	892	25:00.156	08:20	13:26	42/87	24/37	+00:09:48	MEDICINE HAT
13/17	SHAGIN, GIDEON	764	26:10.140	08:43	14:04	47/87	26/37	+00:10:58	WETASKIWIN
14/17	BURK, ELIAS	637	28:10.374	09:23	15:08	52/87	29/37	+00:12:59	MEDICINE HAT
15/17	WORTH, BOHEN	813	28:37.161	09:32	15:23	60/87	31/37	+00:13:25	MEDICINE HAT
16/17	MORRISON, NIXON	737	29:11.461	09:43	15:41	63/87	33/37	+00:14:00	MEDICINE HAT
17/17	KOWALCHUK, LIAM	708	36:26.975	12:08	19:35	72/87	34/37	+00:21:15	MEDICINE HAT

## 3K13-18F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	GROVE, ALEXA	665	25:12.602	08:24	13:33	43/87	19/50	+00:00:00	MEDICINE HAT
2/3	FEENEY, KAYLEE	653	29:16.353	09:45	15:44	65/87	32/50	+00:04:03	CYPRESS COUNT
3/3	HARDER, KENDRA	850	31:40.043	10:33	17:01	70/87	37/50	+00:06:27	LETHBRIDGE COL

## 3K13-18M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	JASPERS, LIAM	693	12:55.924	04:18	06:57	1/87	1/37	+00:00:00	REDCLIFF
2/4	MELLISH, LOGAN	729	19:07.286	06:22	10:16	19/87	15/37	+00:06:11	MEDICINE HAT
3/4	HARDER, THOMAS	852	21:03.020	07:01	11:19	24/87	18/37	+00:08:07	LETHBRIDGE COL
4/4	GROVE, LUKAS	668	22:05.268	07:21	11:52	29/87	19/37	+00:09:09	MEDICINE HAT

## 3K19-29F - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	SCHLENKER, CAMILLE	759	21:59.362	07:19	11:49	25/87	7/50	+00:00:00	CYPRESS COUNT
2/2	BABE, LEAH	623	22:17.974	07:25	11:59	35/87	15/50	+00:00:18	MEDICINE HAT

## 3K30-39F - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	VIS, ANDREA	795	22:01.964	07:20	11:50	28/87	10/50	+00:00:00	REDCLIFF
2/4	VIS, CHANTEL	798	23:38.971	07:52	12:42	39/87	17/50	+00:01:37	REDCLIFF
3/4	SHAGIN, MICHELEEN	768	27:21.788	09:07	14:42	49/87	22/50	+00:05:19	MEDICINE HAT
4/4	WORTH, LACEY	816	28:37.702	09:32	15:23	61/87	30/50	+00:06:35	MEDICINE HAT

## 3K30-39M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	VIS, KEITH	802	13:18.423	04:26	07:09	2/87	2/37	+00:00:00	REDCLIFF

OA/PI = Overall Placing

## Category Results

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

### 3K Run/Walk- 1.86 Miles

#### 87 Finishers

#### 3K30-39M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
2/5	BEWLEY-BOWLES, DEREK	842	14:23.365	04:47	07:44	4/87	3/37	+00:01:04	MEDICINE HAT
3/5	JASPERS, DEVIN	689	16:50.858	05:36	09:03	14/87	11/37	+00:03:32	REDCLIFF
4/5	BABE, JOSH	622	22:16.050	07:25	11:58	34/87	20/37	+00:08:57	MEDICINE HAT
5/5	WORTH, BRAD	814	28:26.568	09:28	15:17	57/87	30/37	+00:15:08	MEDICINE HAT

#### 3K40-49F - 13 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/13	JANZEN, CARA	823	22:12.418	07:24	11:56	33/87	14/50	+00:00:00	CALGARY
2/13	BARTSCH, AVA	625	25:24.298	08:28	13:39	44/87	20/50	+00:03:11	MEDICINE HAT
3/13	BURK, SHARI	638	28:16.047	09:25	15:11	53/87	24/50	+00:06:03	MEDICINE HAT
4/13	TAINSH, OMETERE	787	28:29.684	09:29	15:19	59/87	29/50	+00:06:17	MEDICINE HAT
5/13	FEENEY, JAIME	652	29:18.434	09:46	15:45	66/87	33/50	+00:07:06	CYPRESS COUNT
6/13	EHNISZ, CHARITY	888	29:18.505	09:46	15:45	67/87	34/50	+00:07:06	MEDICINE HAT
7/13	LYDIC, LAURA	722	32:51.036	10:57	17:39	71/87	38/50	+00:10:38	MEDICINE HAT
8/13	KOWALCHUK, KIM	707	36:28.509	12:09	19:36	74/87	40/50	+00:14:16	MEDICINE HAT
9/13	REINHARDT, LEINA	857	37:30.995	12:30	20:10	76/87	41/50	+00:15:18	MEDICINE HAT
10/13	MCLESTER, ALISSA	879	38:02.729	12:40	20:27	77/87	42/50	+00:15:50	MEDICINE HAT
11/13	BARBOUR, RENAE	891	43:28.997	14:29	23:22	82/87	47/50	+00:21:16	MEDICINE HAT
12/13	HAWEE, MARIA	672	57:49.686	19:16	31:05	86/87	49/50	+00:35:37	MEDICINE HAT
13/13	SHAGIN, MARINA	766	57:50.952	19:16	31:06	87/87	50/50	+00:35:38	WETASKIWIN

#### 3K40-49M - 6 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/6	REINHARDT, JOE	856	16:44.177	05:34	08:59	11/87	8/37	+00:00:00	MEDICINE HAT
2/6	MAIER, JEFF	895	19:47.598	06:35	10:38	20/87	16/37	+00:03:03	MEDICINE HAT
3/6	BARTSCH, HENRY	626	22:21.674	07:27	12:01	36/87	21/37	+00:05:37	MEDICINE HAT
4/6	DAY, LUKE	885	23:48.932	07:56	12:48	41/87	23/37	+00:07:04	MEDICINE HAT
5/6	HARDER, ABE	847	26:40.914	08:53	14:20	48/87	27/37	+00:09:56	LETHBRIDGE COL
6/6	TAINSH, JOSEF	785	27:38.919	09:12	14:51	51/87	28/37	+00:10:54	MEDICINE HAT

#### 3K50+F - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	SCHLENKER, DAWN	760	22:01.822	07:20	11:50	26/87	8/50	+00:00:00	CYPRESS COUNT
2/8	BOSCHMAN, LORELEI	631	28:16.725	09:25	15:12	54/87	25/50	+00:06:14	MEDICINE HAT
3/8	ERB, BONNIE	649	29:28.232	09:49	15:50	68/87	35/50	+00:07:26	MEDICINE HAT
4/8	GROVE, JOANNE	875	29:54.319	09:58	16:04	69/87	36/50	+00:07:52	DUCHESS
5/8	JACKLE, RHONDA	685	36:27.853	12:09	19:36	73/87	39/50	+00:14:26	MEDICINE HAT
6/8	MCCAIG, KERRI	883	38:08.613	12:42	20:30	78/87	43/50	+00:16:06	MEDICINE HAT
7/8	MOLONEY, LYNN	733	39:54.923	13:18	21:27	79/87	44/50	+00:17:53	MEDICINE HAT
8/8	HIGTON, ELLEN	681	40:00.384	13:20	21:30	80/87	45/50	+00:17:58	MEDICINE HAT

#### 3K50+M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	GROVE, TOM	876	25:49.538	08:36	13:53	45/87	25/37	+00:00:00	DUCHESS
2/5	SCHERER, RUSSELL	758	28:53.971	09:37	15:32	62/87	32/37	+00:03:04	MEDICINE HAT
3/5	MOLONEY, NEIL	734	37:25.956	12:28	20:07	75/87	35/37	+00:11:36	MEDICINE HAT
4/5	KOWALSKY, KEITH	830	43:29.396	14:29	23:22	83/87	36/37	+00:17:39	MEDICINE HAT
5/5	HAWEE, MIKAEL	673	57:01.545	19:00	30:39	84/87	37/37	+00:31:12	MEDICINE HAT