

The Water Run 3K/5K/10K Oct 12/2024

Alpha Overall Results

10K Run - 6.21 Miles

49 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
22/49	ANDERSON, SARAH	555	51:11.733	05:07	08:14	10K40-49F	3/7	F	7/24	VANCOUVER, BC
16/49	BLANCHET, JESSIE	572	49:26.293	04:56	07:57	10K19-29F	2/3	F	4/24	MEDICINE HAT, AB
6/49	CARLSON, DERIK	586	46:15.722	04:37	07:26	10K40-49M	2/6	M	5/25	MEDICINE HAT, AB
2/49	CASPER, ROB	587	39:04.129	03:54	06:17	10K30-39M	1/9	M	2/25	COALDALE, AB
15/49	CURLISS, CARTER	591	49:22.117	04:56	07:56	10K13-18M	2/4	M	12/25	MEDICINE HAT, AB
36/49	DEVINE, GERARD	843	57:40.485	05:46	09:17	10K50+M	4/5	M	23/25	ROULEAU, SSK
34/49	DRUT, MARTIN	597	56:29.238	05:38	09:05	10K50+M	3/5	M	22/25	MEDICINE HAT, AB
32/49	DUMONTEL, TAMMY	598	56:04.631	05:36	09:01	10K50+F	1/4	F	11/24	CLAYDON, SK
35/49	DURAND, JANAY	694	57:31.148	05:45	09:15	10K30-39F	4/8	F	13/24	MAPLE CREEK, SK
37/49	FEERE, JENNIFER	605	58:36.782	05:51	09:26	10K30-39F	5/8	F	14/24	MEDICINE HAT, AB
45/49	GOULD, DUNCAN	611	1:06:29.302	06:38	10:42	10K50+M	5/5	M	25/25	REDCLIFF, AB
39/49	GOULD, IRENE	612	59:04.571	05:54	09:30	10K50+F	2/4	F	16/24	REDCLIFF, AB
9/49	HEESE, JOEL	630	47:30.747	04:45	07:39	10K40-49M	3/6	M	7/25	MEDICINE HAT, AB
21/49	HEINRICKS, KELSIE	631	50:50.640	05:05	08:11	10K30-39F	1/8	F	6/24	MEDICINE HAT, AB
20/49	HEINRICKS, ZACHARY	632	50:50.567	05:05	08:11	10K30-39M	7/9	M	15/25	MEDICINE HAT, AB
14/49	HENNES, DOMINIC	634	48:21.698	04:50	07:47	10K13-18M	1/4	M	11/25	MEDICINE HAT, AB
43/49	HODGKINSON, PAM	841	1:03:07.177	06:18	10:09	10K40-49F	6/7	F	19/24	MEDICINE HAT, AB
30/49	HODGMAN, WADE	640	54:57.763	05:29	08:51	10K30-39M	9/9	M	21/25	MEDICINE HAT, AB
29/49	JORDET, MELANIE	821	54:35.238	05:27	08:47	10K40-49F	4/7	F	9/24	CYPRESS COUNTY, AB
19/49	JUDGE, AIME	654	50:41.758	05:04	08:09	10K40-49F	2/7	F	5/24	MEDICINE HAT, AB
5/49	KNAPP, RILEY	660	45:20.152	04:32	07:18	10K13-18F	1/2	F	1/24	MEDICINE HAT, AB
41/49	KNIBBS, LEVI	661	1:02:28.719	06:14	10:03	10K13-18M	4/4	M	24/25	MEDICINE HAT, AB
48/49	KOPEC, JORDAN	663	1:10:38.040	07:03	11:22	10K19-29F	3/3	F	23/24	MEDICINE HAT, AB
47/49	LEHMANN, SHELLEY	676	1:10:11.955	07:01	11:18	10K50+F	4/4	F	22/24	SHAUNAVON, SK
28/49	MALCOLM, TIA	690	54:32.942	05:27	08:47	10K13-18F	2/2	F	8/24	MEDICINE HAT, AB
49/49	MCDONALD, TARA	693	1:15:15.421	07:31	12:07	10K40-49F	7/7	F	24/24	MEDICINE HAT, AB
18/49	MCDUGALD, SHAUN	599	50:40.179	05:04	08:09	10K30-39M	6/9	M	14/25	MAPLE CREEK, SK
46/49	MOSSMAN, SHELBY	703	1:09:51.330	06:59	11:14	10K30-39F	8/8	F	21/24	MEDICINE HAT, AB
24/49	NEIL, KALEB	705	53:09.500	05:18	08:33	10K13-18M	3/4	M	17/25	LETHBRIDGE, AB
33/49	PARRY, MYA	715	56:06.644	05:36	09:02	10K30-39F	3/8	F	12/24	MEDICINE HAT, AB
27/49	PEPIN, MARTIN	716	53:56.171	05:23	08:41	10K40-49M	6/6	M	20/25	MEDICINE HAT, AB
10/49	PERCY, MAXWELL	718	47:52.708	04:47	07:42	10K12&UM	1/1	M	8/25	MEDICINE HAT, AB
12/49	PERCY, WILLIAM	719	47:54.136	04:47	07:42	10K40-49M	4/6	M	10/25	MEDICINE HAT, AB
4/49	PIERZCHALA, MARK	720	43:37.382	04:21	07:01	10K40-49M	1/6	M	4/25	MEDICINE HAT, AB
3/49	RAPUANO, TRAVIS	724	40:37.881	04:03	06:32	10K30-39M	2/9	M	3/25	MEDICINE HAT, AB
38/49	RYAN, STEPHANIE	730	59:01.155	05:54	09:30	10K30-39F	6/8	F	15/24	MEDICINE HAT, AB
13/49	SCHOENBERGER, JALINA	739	47:57.486	04:47	07:43	10K19-29F	1/3	F	3/24	MEDICINE HAT, AB
8/49	SLETTEN, LEASA	758	47:23.457	04:44	07:37	10K40-49F	1/7	F	2/24	MEDICINE HAT, AB
25/49	SMART, PAUL	760	53:27.595	05:20	08:36	10K50+M	2/5	M	18/25	MEDICINE HAT, AB
31/49	SPARKES, JAYME	764	55:13.998	05:31	08:53	10K30-39F	2/8	F	10/24	MEDICINE HAT, AB
17/49	SPARKES, JESSE	765	50:35.281	05:03	08:08	10K30-39M	5/9	M	13/25	MEDICINE HAT, AB
44/49	STEHR, LEANNE	770	1:03:34.668	06:21	10:14	10K50+F	3/4	F	20/24	MEDICINE HAT, AB
26/49	STRIEFLER, ANDREAS	778	53:44.099	05:22	08:39	10K40-49M	5/6	M	19/25	MEDICINE HAT, AB
11/49	SUTTER, COLTON	780	47:53.691	04:47	07:42	10K30-39M	4/9	M	9/25	MEDICINE HAT, AB
42/49	TAERUM, TAMARA	832	1:03:06.334	06:18	10:09	10K40-49F	5/7	F	18/24	MEDICINE HAT, AB
23/49	VENTER, HENDRIK	834	51:29.237	05:08	08:17	10K30-39M	8/9	M	16/25	NANAIMO, BC
40/49	VIS, ANDREA	786	1:00:04.041	06:00	09:40	10K30-39F	7/8	F	17/24	REDCLIFF, AB
7/49	VOLKER, THOMAS	835	46:56.767	04:41	07:33	10K30-39M	3/9	M	6/25	MEDICINE HAT, AB
1/49	WALKER, PETER	798	38:31.479	03:51	06:12	10K50+M	1/5	M	1/25	MEDICINE HAT, AB