

The Water Run 3K/5K/10K Oct 12/2024

Alpha Overall Results

5K Run/Walk - 3.1 Miles

100 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
37/100	ALBERS, EDEN	549	29:56.861	05:59	09:37	5K13-18F	1/3	F	15/50	MEDICINE HAT, AB
77/100	ALBERS, ELIZABETH	550	49:00.975	09:48	15:45	5K19-29F	8/10	F	36/50	MEDICINE HAT, AB
36/100	ALBERS, ETHAN	551	29:56.437	05:59	09:37	5K12&UM	4/9	M	22/50	MEDICINE HAT, AB
71/100	ALBERS, FAITH	552	42:37.963	08:31	13:42	5K19-29F	6/10	F	32/50	MEDICINE HAT, AB
45/100	BAKER, ANITA	560	32:28.452	06:29	10:26	5K40-49F	2/11	F	18/50	DUNNORE, AB
57/100	BARBOUR, DANIEL	562	34:36.209	06:55	11:07	5K40-49M	8/8	M	33/50	CYPRESS COUNTY, AB
48/100	BARBOUR, FINN	563	32:37.758	06:31	10:29	5K13-18M	13/17	M	30/50	CYPRESS COUNTY, AB
78/100	BARRIENTOS, JUNEAU	567	49:54.265	09:58	16:02	5K12&UF	4/4	F	37/50	MEDICINE HAT, AB
72/100	BARTSCH, KEEGAN	808	42:49.699	08:33	13:46	5K13-18M	14/17	M	40/50	MEDICINE HAT, AB
43/100	BARTSCH, LINCOLN	809	31:43.216	06:20	10:11	5K13-18M	12/17	M	27/50	MEDICINE HAT, AB
50/100	BELL, ARIANN	810	32:38.343	06:31	10:29	5K30-39F	7/12	F	20/50	MEDICINE HAT, AB
11/100	BOSCHEE, TARYN	576	25:07.902	05:01	08:04	5K19-29F	1/10	F	2/50	MEDICINE HAT, AB
83/100	BROWN, TAMMY	582	51:27.663	10:17	16:32	5K40-49F	10/11	F	41/50	MEDICINE HAT, AB
15/100	BURK, ANSON	583	25:36.075	05:07	08:13	5K12&UM	3/9	M	11/50	MEDICINE HAT, AB
12/100	CHARLES, RICHARDSON	589	25:26.929	05:05	08:10	5K30-39M	2/2	M	10/50	MEDICINE HAT, AB
25/100	CURLISS, ETHAN	836	28:07.716	05:37	09:02	5K13-18M	8/17	M	19/50	MED HAT, `
89/100	DAVIES, NATHAN	812	55:51.894	11:10	17:57	5K13-18M	16/17	M	45/50	MEDICINE HAT, AB
84/100	DEMAN, DALLAS R	594	51:28.600	10:17	16:33	5K50+F	6/10	F	42/50	MEDICINE HAT, AB
44/100	DESCHAMPS, DANIELLE	595	32:26.789	06:29	10:25	5K19-29F	4/10	F	17/50	MEDICINE HAT, AB
14/100	EMERSON, SHERI	601	25:30.358	05:06	08:12	5K50+F	1/10	F	4/50	MEDICINE HAT, AB
17/100	GARDNER, CALLUM	608	26:03.004	05:12	08:22	5K19-29M	1/4	M	13/50	CALGARY, AB
18/100	GAUTHIER, HEATHER	609	26:11.628	05:14	08:25	5K50+F	2/10	F	5/50	LETHBRIDGE, AB
21/100	GONZALEZ, RODRIGO	610	27:04.036	05:24	08:42	5K13-18M	6/17	M	16/50	MEDICINE HAT, AB
94/100	GRAHAM, YVONNE	613	58:04.410	11:36	18:40	5K50+F	8/10	F	47/50	MEDICINE HAT, AB
62/100	GUDLAUGSON, JUDE	614	36:08.339	07:13	11:37	5K12&UM	6/9	M	35/50	MEDICINE HAT, AB
90/100	GYORKOS, TERESA	615	57:22.902	11:28	18:27	5K50+F	7/10	F	45/50	MEDICINE HAT, AB
74/100	HARDER, RACHEAL	624	43:57.269	08:47	14:07	5K13-18F	2/3	F	34/50	LETHBRIDGE COUNTY, AB
42/100	HARDER, THOMAS	625	31:43.177	06:20	10:11	5K13-18M	11/17	M	26/50	LETHBRIDGE COUNTY, AB
81/100	HAWEE, MARIA	626	51:16.507	10:15	16:29	5K40-49F	9/11	F	39/50	MEDICINE HAT, AB
80/100	HAWEE, MIKAEL	627	51:16.462	10:15	16:29	5K50+M	6/10	M	42/50	MEDICINE HAT, AB
82/100	HAWEE, SHALOM	628	51:16.695	10:15	16:29	5K13-18F	3/3	F	40/50	MEDICINE HAT, AB
69/100	HEESE, CAROL	629	39:49.959	07:57	12:48	5K40-49F	6/11	F	30/50	MEDICINE HAT, AB
35/100	HENDRY, JODIE	633	29:28.245	05:53	09:28	5K30-39F	5/12	F	14/50	LETHBRIDGE, AB
60/100	HICKEY, KEIRSTEN	635	35:21.488	07:04	11:22	5K30-39F	10/12	F	26/50	MEDICINE HAT, AB
33/100	HOCHLANDER, KEILY	637	29:17.624	05:51	09:25	5K30-39F	3/12	F	12/50	MEDICINE HAT, AB
6/100	HOZACK, IRA	814	22:22.061	04:28	07:11	5K13-18M	5/17	M	6/50	MEDICINE HAT, AB
76/100	HUNT, CHARLIZE	641	49:00.316	09:48	15:45	5K19-29F	7/10	F	35/50	MEDICINE HAT, AB
85/100	JANSSON, JACK	815	51:49.086	10:21	16:39	5K12&UM	9/9	M	43/50	MEDICINE HAT, AB
86/100	JANSSON, LAUREN	816	51:52.221	10:22	16:40	5K30-39F	12/12	F	43/50	MEDICINE HAT, AB
23/100	JANZEN, AARON	645	27:37.832	05:31	08:53	5K40-49M	3/8	M	18/50	CALGARY, AB
9/100	JANZEN, TEO	651	24:01.599	04:48	07:43	5K12&UM	1/9	M	8/50	CALGARY, AB
8/100	JASPERS, KARA	818	23:06.450	04:37	07:25	5K30-39F	1/12	F	1/50	REDCLIFF, AB
26/100	JESSE, MEGAN	653	28:22.880	05:40	09:07	5K19-29F	2/10	F	7/50	MEDICINE HAT, AB
1/100	JORDET, ODIN	822	18:24.830	03:40	05:55	5K13-18M	1/17	M	1/50	CYPRESS COUNTY, AB
13/100	KAKUK, BROOKLYNN	655	25:27.522	05:05	08:11	5K12&UF	1/4	F	3/50	MEDICINE HAT, AB
47/100	KLEIN, TIMOTHY	823	32:37.757	06:31	10:29	5K50+M	2/10	M	29/50	MEDICINE HAT, AB
63/100	KNAPP, COHEN	657	36:09.422	07:13	11:37	5K12&UM	7/9	M	36/50	MEDICINE HAT, AB
10/100	KNAPP, JACKSON	658	24:43.225	04:56	07:56	5K12&UM	2/9	M	9/50	MEDICINE HAT, AB
58/100	KNAPP, LEAH	825	34:37.474	06:55	11:07	5K30-39F	9/12	F	25/50	MEDICINE HAT, AB
56/100	KREUGER, GREG	668	34:29.903	06:53	11:05	5K40-49M	7/8	M	32/50	MEDICINE HAT, AB
28/100	KREUGER, LONDON	671	28:33.308	05:42	09:10	5K13-18M	9/17	M	20/50	MEDICINE HAT, AB
97/100	KUDRIASHOVA, SVITLANA	673	58:08.230	11:37	18:41	5K40-49F	11/11	F	49/50	MEDICINE HAT, AB
91/100	LANGAT, NICHOLAS	674	57:25.080	11:29	18:27	5K50+M	8/10	M	46/50	MEDICINE HAT, AB
30/100	LANZ, KYLA	675	28:38.159	05:43	09:12	5K19-29F	3/10	F	10/50	MEDICINE HAT, AB
64/100	LIESKE, JAMES	682	39:03.954	07:48	12:33	5K50+M	4/10	M	37/50	MEDICINE HAT, AB
70/100	LIESKE, SHARON	683	40:06.109	08:01	12:53	5K40-49F	7/11	F	31/50	MEDICINE HAT, AB
5/100	LINFORD, KADE	684	21:46.882	04:21	07:00	5K13-18M	4/17	M	5/50	WALSH, AB

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Alpha Overall Results

5K Run/Walk - 3.1 Miles

100 Finishers

O/A	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat/PI	Gender	Gen/PI	City
93/100	MACPHAIL, SHELBY	687	57:45.918	11:33	18:34	5K19-29F	10/10	F	46/50	MEDICINE HAT, AB
73/100	MADSEN, CRIMSON	688	43:42.128	08:44	14:03	5K40-49F	8/11	F	33/50	MEDICINE HAT, AB
19/100	MATERI, JACKSON	691	26:12.193	05:14	08:25	5K19-29M	2/4	M	14/50	MEDICINE HAT, AB
7/100	MCLEAN, IAN	695	22:42.311	04:32	07:18	5K30-39M	1/2	M	7/50	MEDICINE HAT, AB
61/100	MEIER, SHAWNA	699	35:45.700	07:09	11:29	5K40-49F	5/11	F	27/50	MEDICINE HAT, AB
2/100	MESHEN, GAVIN	700	19:30.418	03:54	06:16	5K13-18M	2/17	M	2/50	MEDICINE HAT, AB
41/100	NASH, GEOFF	704	31:33.844	06:18	10:08	5K50+M	1/10	M	25/50	LETHBRIDGE, AB
99/100	OLIVEIRA, FELIPE	706	1:01:45.561	12:21	19:51	5K13-18M	17/17	M	49/50	MEDICINE HAT, AB
38/100	OSORIO VARGAS, MANUEL	707	30:15.775	06:03	09:43	5K40-49M	4/8	M	23/50	MEDICINE HAT, AB
88/100	PAHL, SARAH	710	52:07.507	10:25	16:45	5K19-29F	9/10	F	44/50	MEDICINE HAT, AB
87/100	PAHL, STEVEN	711	52:06.940	10:25	16:45	5K50+M	7/10	M	44/50	MEDICINE HAT, AB
75/100	PAQUET, NICOLAS	713	46:47.311	09:21	15:02	5K13-18M	15/17	M	41/50	MEDICINE HAT, AB
46/100	PARRY, ANDREW	714	32:33.022	06:30	10:27	5K40-49M	5/8	M	28/50	MEDICINE HAT, AB
32/100	REINHARDT, DEXTER	726	29:08.746	05:49	09:22	5K13-18M	10/17	M	21/50	MEDICINE HAT, AB
27/100	SCHERER, JILL	733	28:30.543	05:42	09:10	5K30-39F	2/12	F	8/50	MEDICINE HAT, AB
24/100	SHAGIN, ABIGAIL	741	28:06.355	05:37	09:02	5K12&UF	2/4	F	6/50	WETASKIWIN, AB
16/100	SHAGIN, ELIJAH	742	26:00.170	05:12	08:21	5K40-49M	2/8	M	12/50	WETASKIWIN, AB
66/100	SHAGIN, GIDEON	744	39:19.585	07:51	12:38	5K12&UM	8/9	M	39/50	WETASKIWIN, AB
51/100	SLACK, DEBORAH	754	33:02.883	06:36	10:37	5K30-39F	8/12	F	21/50	DESERT BLUME, AB
52/100	SMART, COURTNEY	759	33:36.913	06:43	10:48	5K40-49F	3/11	F	22/50	MEDICINE HAT, AB
98/100	SMID, DAWN	761	1:01:34.646	12:18	19:47	5K50+F	10/10	F	50/50	ROCKY MOUNTAIN HO
100/100	SMID, HANK	762	1:02:11.322	12:26	19:59	5K50+M	10/10	M	50/50	ROCKY MOUNTAIN HO
96/100	SPARKES, BRUCE	763	58:08.183	11:37	18:41	5K50+M	9/10	M	48/50	MEDICINE HAT, AB
92/100	SPARKES, JOSH	766	57:44.816	11:32	18:34	5K19-29M	4/4	M	47/50	MEDICINE HAT, AB
95/100	SPARKES, MARILYN	767	58:05.535	11:37	18:40	5K50+F	9/10	F	48/50	MEDICINE HAT, AB
65/100	STEHR, ROB	837	39:04.107	07:48	12:33	5K50+M	5/10	M	38/50	MED HAT,
39/100	STIGTER, COHEN	773	30:51.563	06:10	09:55	5K12&UM	5/9	M	24/50	REDCLIFF, AB
55/100	STIGTER, JEFF	775	34:11.481	06:50	10:59	5K40-49M	6/8	M	31/50	REDCLIFF, AB
54/100	STIGTER, MICHELLE	777	34:10.546	06:50	10:59	5K40-49F	4/11	F	24/50	REDCLIFF, AB
20/100	SWAREN, LOGAN	782	26:25.998	05:17	08:29	5K19-29M	3/4	M	15/50	MEDICINE HAT, AB
22/100	THOM, JAETIN	838	27:15.425	05:27	08:45	5K13-18M	7/17	M	17/50	DUCHESS,
29/100	TREEN, MELANIE	783	28:33.940	05:42	09:11	5K40-49F	1/11	F	9/50	MEDICINE HAT, AB
79/100	UTRERA, WALESKA	784	49:55.158	09:59	16:03	5K50+F	5/10	F	38/50	MEDICINE HAT, AB
34/100	VARGAS, ISIS	785	29:17.768	05:51	09:25	5K30-39F	4/12	F	13/50	MEDICINE HAT, AB
3/100	VIS, ANDREW	787	19:59.922	03:59	06:25	5K13-18M	3/17	M	3/50	REDCLIFF, AB
4/100	VIS, DIRK	791	19:59.960	03:59	06:25	5K40-49M	1/8	M	4/50	REDCLIFF, AB
31/100	VIS, TESSA	796	28:40.247	05:44	09:13	5K12&UF	3/4	F	11/50	REDCLIFF, AB
67/100	WEIMER, HANNAH	799	39:46.005	07:57	12:47	5K30-39F	11/12	F	28/50	MEDICINE HAT, AB
59/100	WHEELER, JASON	839	34:56.756	06:59	11:14	5K50+M	3/10	M	34/50	MEDICINE HAT, AB
53/100	WHEELER, SARAH	800	33:42.806	06:44	10:50	5K50+F	4/10	F	23/50	MEDICINE HAT, AB
68/100	WHEELER, SOPHIE	801	39:47.710	07:57	12:47	5K19-29F	5/10	F	29/50	MEDICINE HAT, AB
40/100	WIEBE, ANNA	802	31:09.118	06:13	10:01	5K30-39F	6/12	F	16/50	MEDICINE HAT, AB
49/100	ZAHN, JENNIFER	807	32:38.015	06:31	10:29	5K50+F	3/10	F	19/50	MEDICINE HAT, AB