

OA/PI = Overall Placing
 Cat/PI = Category Placing
 Gen/PI = Overall Gender Placing

Category Award Results
TOP 3 In Category

5K Run/Walk - 3.1 Miles
100 Finishers

5K12&UF (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	KAKUK, BROOKLYNN	655	25:27.522	05:05	08:11	+00:00:00	13/100	3/50	MEDICINE HAT
2/4	SHAGIN, ABIGAIL	741	28:06.355	05:37	09:02	+00:02:38	24/100	6/50	WETASKIWIN
3/4	VIS, TESSA	796	28:40.247	05:44	09:13	+00:03:12	31/100	11/50	REDCLIFF

5K12&UM (Male) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/9	JANZEN, TEO	651	24:01.599	04:48	07:43	+00:00:00	9/100	8/50	CALGARY
2/9	KNAPP, JACKSON	658	24:43.225	04:56	07:56	+00:00:41	10/100	9/50	MEDICINE HAT
3/9	BURK, ANSON	583	25:36.075	05:07	08:13	+00:01:34	15/100	11/50	MEDICINE HAT

5K13-18F (Female) - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/3	ALBERS, EDEN	549	29:56.861	05:59	09:37	+00:00:00	37/100	15/50	MEDICINE HAT
2/3	HARDER, RACHEAL	624	43:57.269	08:47	14:07	+00:14:00	74/100	34/50	LETHBRIDGE COL
3/3	HAWEE, SHALOM	628	51:16.695	10:15	16:29	+00:21:19	82/100	40/50	MEDICINE HAT

5K13-18M (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/17	JORDET, ODIN	822	18:24.830	03:40	05:55	+00:00:00	1/100	1/50	CYPRESS COUNT
2/17	MESHEN, GAVIN	700	19:30.418	03:54	06:16	+00:01:05	2/100	2/50	MEDICINE HAT
3/17	VIS, ANDREW	787	19:59.922	03:59	06:25	+00:01:35	3/100	3/50	REDCLIFF

5K19-29F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	BOSCHEE, TARYN	576	25:07.902	05:01	08:04	+00:00:00	11/100	2/50	MEDICINE HAT
2/10	JESSE, MEGAN	653	28:22.880	05:40	09:07	+00:03:14	26/100	7/50	MEDICINE HAT
3/10	LANZ, KYLA	675	28:38.159	05:43	09:12	+00:03:30	30/100	10/50	MEDICINE HAT

5K19-29M (Male) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/4	GARDNER, CALLUM	608	26:03.004	05:12	08:22	+00:00:00	17/100	13/50	CALGARY
2/4	MATERI, JACKSON	691	26:12.193	05:14	08:25	+00:00:09	19/100	14/50	MEDICINE HAT
3/4	SWAREN, LOGAN	782	26:25.998	05:17	08:29	+00:00:22	20/100	15/50	MEDICINE HAT

5K30-39F (Female) - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/12	JASPERS, KARA	818	23:06.450	04:37	07:25	+00:00:00	8/100	1/50	REDCLIFF
2/12	SCHERER, JILL	733	28:30.543	05:42	09:10	+00:05:24	27/100	8/50	MEDICINE HAT
3/12	HOCHLANDER, KEILY	637	29:17.624	05:51	09:25	+00:06:11	33/100	12/50	MEDICINE HAT

5K30-39M (Male) - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/2	MCLEAN, IAN	695	22:42.311	04:32	07:18	+00:00:00	7/100	7/50	MEDICINE HAT
2/2	CHARLES, RICHARDSON	589	25:26.929	05:05	08:10	+00:02:44	12/100	10/50	MEDICINE HAT

5K40-49F (Female) - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/11	TREEN, MELANIE	783	28:33.940	05:42	09:11	+00:00:00	29/100	9/50	MEDICINE HAT
2/11	BAKER, ANITA	560	32:28.452	06:29	10:26	+00:03:54	45/100	18/50	DUNNORE
3/11	SMART, COURTNEY	759	33:36.913	06:43	10:48	+00:05:02	52/100	22/50	MEDICINE HAT

5K40-49M (Male) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/8	VIS, DIRK	791	19:59.960	03:59	06:25	+00:00:00	4/100	4/50	REDCLIFF
2/8	SHAGIN, ELIJAH	742	26:00.170	05:12	08:21	+00:06:00	16/100	12/50	WETASKIWIN
3/8	JANZEN, AARON	645	27:37.832	05:31	08:53	+00:07:37	23/100	18/50	CALGARY

5K50+F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	EMERSON, SHERI	601	25:30.358	05:06	08:12	+00:00:00	14/100	4/50	MEDICINE HAT
2/10	GAUTHIER, HEATHER	609	26:11.628	05:14	08:25	+00:00:41	18/100	5/50	LETHBRIDGE
3/10	ZAHN, JENNIFER	807	32:38.015	06:31	10:29	+00:07:07	49/100	19/50	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

5K Run/Walk - 3.1 Miles

100 Finishers

5K50+M (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	Offset	OA/PI	Gen/PI	City
1/10	NASH, GEOFF	704	31:33.844	06:18	10:08	+00:00:00	41/100	25/50	LETHBRIDGE
2/10	KLEIN, TIMOTHY	823	32:37.757	06:31	10:29	+00:01:03	47/100	29/50	MEDICINE HAT
3/10	WHEELER, JASON	839	34:56.756	06:59	11:14	+00:03:22	59/100	34/50	MEDICINE HAT