

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

3K Run/Walk- 1.86 Miles  
124 Finishers

## 3K12&amp;UF - 21 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/21	VIS, CHLOE	790	13:47.895	04:35	07:25	4/124	2/71	+00:00:00	REDCLIFF
2/21	HOZACK, ILA	813	14:48.083	04:56	07:57	5/124	3/71	+00:01:00	MEDICINE HAT
3/21	VIS, ANNIKA	788	17:38.965	05:52	09:29	22/124	6/71	+00:03:51	REDCLIFF
4/21	VIS, NAOMI	795	18:14.754	06:04	09:48	26/124	9/71	+00:04:26	REDCLIFF
5/21	VIS, JASMIN	792	18:15.386	06:05	09:48	27/124	10/71	+00:04:27	REDCLIFF
6/21	JANZEN, SIMONA	650	18:24.714	06:08	09:53	29/124	11/71	+00:04:36	CALGARY
7/21	SCHLENKER, HOPE	737	21:02.258	07:00	11:18	38/124	14/71	+00:07:14	MEDICINE HAT
8/21	BIGGAR, BROOKE	569	21:05.094	07:01	11:20	40/124	15/71	+00:07:17	MEDICINE HAT
9/21	HARDER, ADALYN	621	21:38.189	07:12	11:37	43/124	18/71	+00:07:50	LETHBRIDGE COL
10/21	SHAGIN, QUINN	750	25:04.131	08:21	13:28	55/124	25/71	+00:11:16	MEDICINE HAT
11/21	SHAGIN, OLIVIA	749	25:32.280	08:30	13:43	58/124	27/71	+00:11:44	MEDICINE HAT
12/21	LEMIRE, KODAH	678	27:08.225	09:02	14:35	65/124	31/71	+00:13:20	MEDICINE HAT
13/21	REINHELLER, HALLE	826	28:02.023	09:20	15:04	68/124	33/71	+00:14:14	MEDICINE HAT
14/21	REINHELLER, HOPE	827	28:03.940	09:21	15:05	69/124	34/71	+00:14:16	MEDICINE HAT
15/21	SHAGIN, SOPHIA	751	29:25.829	09:48	15:49	74/124	36/71	+00:15:37	MEDICINE HAT
16/21	HALAND, ARIA	616	29:27.939	09:49	15:50	75/124	37/71	+00:15:40	MEDICINE HAT
17/21	SCHLENKER, ELLIE	736	29:32.300	09:50	15:52	77/124	39/71	+00:15:44	MEDICINE HAT
18/21	DAVIES, ALEIGHA	811	31:22.079	10:27	16:51	85/124	47/71	+00:17:34	MEDICINE HAT
19/21	SLACK, ABIGAIL	753	32:42.071	10:54	17:34	91/124	53/71	+00:18:54	DESERT BLUME
20/21	JANZEN, AVEN	646	34:13.336	11:24	18:23	94/124	54/71	+00:20:25	CALGARY
21/21	REINHELLER, SOPHIE	831	34:18.232	11:26	18:26	98/124	58/71	+00:20:30	MEDICINE HAT

## 3K12&amp;UM - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/22	JASPERS, THOMAS	819	13:35.895	04:31	07:18	3/124	2/53	+00:00:00	REDCLIFF
2/22	PERCY, ELIAS	717	15:09.198	05:03	08:08	6/124	3/53	+00:01:33	MEDICINE HAT
3/22	FITZPATRICK-KNUTSON, DOMINIC	606	15:50.168	05:16	08:30	9/124	6/53	+00:02:14	CYPRESS COUNT
4/22	HALAND, MERRITT	619	15:50.379	05:16	08:30	10/124	7/53	+00:02:14	MEDICINE HAT
5/22	REINHARDT, ALEXANDER	725	16:16.181	05:25	08:44	11/124	8/53	+00:02:40	MEDICINE HAT
6/22	BARBOUR, BEORN	561	16:16.396	05:25	08:44	12/124	9/53	+00:02:40	CYPRESS COUNT
7/22	REINHELLER, HUNTER	828	16:25.840	05:28	08:50	14/124	11/53	+00:02:49	MEDICINE HAT
8/22	ANSTEY, ELLIS	556	16:52.881	05:37	09:04	16/124	12/53	+00:03:16	MEDICINE HAT
9/22	VIS, LYLE	794	17:38.307	05:52	09:28	21/124	16/53	+00:04:02	REDCLIFF
10/22	KOWALCHUK, LIAM	665	18:21.079	06:07	09:51	28/124	18/53	+00:04:45	MEDICINE HAT
11/22	SHAGIN, JACOB	745	19:13.673	06:24	10:20	32/124	20/53	+00:05:37	MEDICINE HAT
12/22	HILLS, TYLER	636	19:49.439	06:36	10:39	35/124	23/53	+00:06:13	MEDICINE HAT
13/22	LUX, SETH	840	22:35.214	07:31	12:08	46/124	26/53	+00:08:59	MEDICINE HAT
14/22	KREUGER, GRIFFIN	669	22:52.109	07:37	12:17	47/124	27/53	+00:09:16	MEDICINE HAT
15/22	SHAGIN, EZEKIEL	743	23:08.655	07:42	12:26	50/124	29/53	+00:09:32	MEDICINE HAT
16/22	BURK, ELIAS	584	25:58.832	08:39	13:58	59/124	32/53	+00:12:22	MEDICINE HAT
17/22	LEMIRE, HUNTER	677	27:07.978	09:02	14:35	64/124	34/53	+00:13:32	MEDICINE HAT
18/22	MEIER, MADDEN	697	28:22.972	09:27	15:15	70/124	36/53	+00:14:47	MEDICINE HAT
19/22	BARBOUR, WOLF	566	28:52.782	09:37	15:31	71/124	37/53	+00:15:16	CYPRESS COUNT
20/22	SLACK, EMERSON	755	33:20.435	11:06	17:55	93/124	40/53	+00:19:44	DESERT BLUME
21/22	DESCHAMPS-SWAREN, BROOKS	596	35:09.184	11:43	18:53	105/124	42/53	+00:21:33	MEDICINE HAT
22/22	HODGMAN, NOAH	639	36:08.035	12:02	19:25	109/124	45/53	+00:22:32	MEDICINE HAT

## 3K13-18F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	JORDET, LINA	820	13:11.568	04:23	07:05	2/124	1/71	+00:00:00	CYPRESS COUNT
2/9	KLEINKNECHT, KENNEDY	824	16:58.960	05:39	09:07	18/124	5/71	+00:03:47	MEDICINE HAT
3/9	STIGTER, AVERY	772	18:04.629	06:01	09:43	23/124	7/71	+00:04:53	REDCLIFF
4/9	BIGGAR, HOLLY	571	20:58.720	06:59	11:16	37/124	13/71	+00:07:47	MEDICINE HAT
5/9	LUX, MCKENNA	685	22:33.875	07:31	12:07	45/124	20/71	+00:09:22	MEDICINE HAT
6/9	ULMER, EMERSYN	833	24:38.044	08:12	13:14	54/124	24/71	+00:11:26	MEDICINE HAT
7/9	STEHR, ANNA	769	29:50.978	09:56	16:02	79/124	41/71	+00:16:39	MEDICINE HAT
8/9	FEENEY, KAYLEE	603	29:51.565	09:57	16:03	81/124	43/71	+00:16:39	CYPRESS COUNT
9/9	FEENEY, OLIVIA	604	29:52.784	09:57	16:03	82/124	44/71	+00:16:41	CYPRESS COUNT

## 3K13-18M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	STIGTER, LINDEN	776	17:08.021	05:42	09:12	20/124	15/53	+00:00:00	REDCLIFF
2/4	SAWCHUK, BENNETT	731	19:18.995	06:26	10:23	33/124	21/53	+00:02:10	MEDICINE HAT
3/4	MEIER, PAXTON	698	20:48.947	06:56	11:11	36/124	24/53	+00:03:40	MEDICINE HAT
4/4	BARBOUR, RANSOM	564	23:00.575	07:40	12:22	49/124	28/53	+00:05:52	CYPRESS COUNT

## 3K19-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
--------	------	-------	------	--------	--------	-------	--------	--------	------

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

3K Run/Walk- 1.86 Miles  
124 Finishers

## 3K19-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	MALCOLM, CAMBRIA	689	16:50.424	05:36	09:03	15/124	4/71	+00:00:00	MEDICINE HAT
2/10	FLORES, TATIANA	607	21:33.572	07:11	11:35	42/124	17/71	+00:04:43	MEDICINE HAT
3/10	YEE, AIMEE KATHLYN ANN	806	32:05.858	10:41	17:15	90/124	52/71	+00:15:15	MEDICINE HAT
4/10	RAPP, JOHANNA	723	34:15.800	11:25	18:25	97/124	57/71	+00:17:25	CALGARY
5/10	KREUGER, KAITLYN	670	34:21.702	11:27	18:28	99/124	59/71	+00:17:31	MEDICINE HAT
6/10	BERGEN, CHELSEA	568	35:05.180	11:41	18:51	103/124	62/71	+00:18:14	LETHBRIDGE COL
7/10	HARDER, KENDRA	623	35:08.130	11:42	18:53	104/124	63/71	+00:18:17	LETHBRIDGE COL
8/10	MEIER, HANNAH	696	39:28.472	13:09	21:13	111/124	65/71	+00:22:38	MEDICINE HAT
9/10	SCHEOEDER, JACLYNN	732	39:28.515	13:09	21:13	112/124	66/71	+00:22:38	MEDICINE HAT
10/10	JANZEN, DANI	648	42:06.343	14:02	22:38	121/124	71/71	+00:25:15	MEDICINE HAT

## 3K19-29M - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	SCHROEDER, BRAYDEN	740	39:27.250	13:09	21:12	110/124	46/53	+00:00:00	MEDICINE HAT
2/3	PAHL, MICHAEL	709	39:32.043	13:10	21:15	113/124	47/53	+00:00:04	MEDICINE HAT
3/3	JANZEN, DANIEL	649	42:06.495	14:02	22:38	122/124	51/53	+00:02:39	MEDICINE HAT

## 3K30-39F - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	VIS, CHANTEL	789	18:14.496	06:04	09:48	25/124	8/71	+00:00:00	REDCLIFF
2/9	SHAGIN, MICHELEEN	748	25:04.694	08:21	13:28	56/124	26/71	+00:06:50	MEDICINE HAT
3/9	PAK, HANNA	712	27:07.294	09:02	14:34	63/124	30/71	+00:08:52	CALGARY
4/9	SCHLENKER, CARLY	735	29:51.214	09:57	16:03	80/124	42/71	+00:11:36	MEDICINE HAT
5/9	KNUTSON, LORENE	662	30:03.728	10:01	16:09	83/124	45/71	+00:11:49	CYPRESS COUNT
6/9	REINHELLER, JESSICA	829	34:14.318	11:24	18:24	95/124	55/71	+00:15:59	MEDICINE HAT
7/9	HODGMAN, DANIELLE	638	36:06.379	12:02	19:24	108/124	64/71	+00:17:51	MEDICINE HAT
8/9	SWAREN, ALEX	844	40:06.085	13:22	21:33	116/124	68/71	+00:21:51	MED HAT
9/9	JERRY, MAEGHAN	652	41:37.468	13:52	22:22	118/124	69/71	+00:23:22	MEDICINE HAT

## 3K30-39M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	VIS, KEITH	793	12:31.678	04:10	06:44	1/124	1/53	+00:00:00	REDCLIFF
2/10	JASPERS, DEVIN	817	15:40.442	05:13	08:25	7/124	4/53	+00:03:08	REDCLIFF
3/10	COCHRANE, LEVI	590	18:04.767	06:01	09:43	24/124	17/53	+00:05:33	MEDICINE HAT
4/10	SHAGIN, MICHAEL	747	19:12.738	06:24	10:19	31/124	19/53	+00:06:41	MEDICINE HAT
5/10	SCHLENKER, JARED	738	21:02.610	07:00	11:18	39/124	25/53	+00:08:30	MEDICINE HAT
6/10	REINHELLER, MIKE	830	34:23.412	11:27	18:29	101/124	41/53	+00:21:51	MEDICINE HAT
7/10	SWAREN, SEAN	842	40:02.570	13:20	21:31	115/124	48/53	+00:27:30	MED HAT
8/10	LETKEMAN, BRENNAN	679	41:36.600	13:52	22:22	117/124	49/53	+00:29:04	MEDICINE HAT
9/10	IMAMURA, MARGIL	643	44:46.421	14:55	24:04	123/124	52/53	+00:32:14	CALGARY
10/10	BLANCHET, JONATHAN	573	53:14.162	17:44	28:37	124/124	53/53	+00:40:42	MEDICINE HAT

## 3K40-49F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	JANZEN, CARA	647	18:27.250	06:09	09:55	30/124	12/71	+00:00:00	CALGARY
2/12	BIGGAR, ERYNN	570	21:05.794	07:01	11:20	41/124	16/71	+00:02:38	MEDICINE HAT
3/12	MESHEN, MICHELLE	701	22:23.306	07:27	12:02	44/124	19/71	+00:03:56	MEDICINE HAT
4/12	KREUGER, PATTY	672	22:52.579	07:37	12:17	48/124	21/71	+00:04:25	MEDICINE HAT
5/12	KOWALCHUK, KIM	664	26:08.047	08:42	14:03	61/124	28/71	+00:07:40	MEDICINE HAT
6/12	BURK, SHARI	585	26:08.396	08:42	14:03	62/124	29/71	+00:07:41	MEDICINE HAT
7/12	HALAND, KRISTIN	617	29:29.017	09:49	15:51	76/124	38/71	+00:11:01	MEDICINE HAT
8/12	LYDIC, LAURA	686	30:28.690	10:09	16:23	84/124	46/71	+00:12:01	MEDICINE HAT
9/12	FEENEY, JAIME	602	31:56.673	10:38	17:10	86/124	48/71	+00:13:29	CYPRESS COUNT
10/12	EHNISZ, CHARITY	600	31:59.297	10:39	17:11	88/124	50/71	+00:13:32	CYPRESS COUNT
11/12	BARBOUR, RENAE	565	34:15.707	11:25	18:25	96/124	56/71	+00:15:48	CYPRESS COUNT
12/12	REINHARDT, LEINA	728	34:36.973	11:32	18:36	102/124	61/71	+00:16:09	MEDICINE HAT

## 3K40-49M - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/5	HALAND, KYLE	618	15:48.340	05:16	08:29	8/124	5/53	+00:00:00	MEDICINE HAT
2/5	REINHARDT, JOE	727	16:17.073	05:25	08:45	13/124	10/53	+00:00:28	MEDICINE HAT
3/5	ANSTEY, RYAN	557	16:52.932	05:37	09:04	17/124	13/53	+00:01:04	MEDICINE HAT
4/5	HARDER, ABE	620	25:11.585	08:23	13:32	57/124	31/53	+00:09:23	LETHBRIDGE COL
5/5	SLACK, GRAHAM	756	33:20.226	11:06	17:55	92/124	39/53	+00:17:31	DESERT BLUME

## 3K50+F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	BRAAT, ROSEMARY	578	23:22.766	07:47	12:34	52/124	22/71	+00:00:00	MEDICINE HAT
2/10	PAHL, ANGELA	708	24:01.554	08:00	12:55	53/124	23/71	+00:00:38	MEDICINE HAT

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

## Category Results

3K Run/Walk- 1.86 Miles  
124 Finishers

## 3K50+F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
3/10	STIGTER, AUDREY	771	27:20.372	09:06	14:41	67/124	32/71	+00:03:57	REDCLIFF
4/10	DEGRAAF, GLENDA	592	29:06.238	09:42	15:38	73/124	35/71	+00:05:43	EDMONTON
5/10	BROWN, CATHERINE	580	29:39.236	09:53	15:56	78/124	40/71	+00:06:16	MEDICINE HAT
6/10	MAYER, LORRAINE	692	31:57.992	10:39	17:11	87/124	49/71	+00:08:35	MEDICINE HAT
7/10	HUNT, DAWN	642	32:01.973	10:40	17:13	89/124	51/71	+00:08:39	MEDICINE HAT
8/10	KREUGER, BERNIE	667	34:22.378	11:27	18:28	100/124	60/71	+00:10:59	MEDICINE HAT
9/10	JACKLE, RHONDA	644	39:55.307	13:18	21:27	114/124	67/71	+00:16:32	MEDICINE HAT
10/10	LETKEMAN, JOANNE	680	41:50.547	13:56	22:29	120/124	70/71	+00:18:27	MEDICINE HAT

## 3K50+M - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	KNAPP, BILL	659	17:05.518	05:41	09:11	19/124	14/53	+00:00:00	MEDICINE HAT
2/9	BROWN, GREG	581	19:41.774	06:33	10:35	34/124	22/53	+00:02:36	MEDICINE HAT
3/9	SLATER, JONATHAN	757	23:09.173	07:43	12:26	51/124	30/53	+00:06:03	MEDICINE HAT
4/9	SCHERER, RUSSELL	734	26:02.754	08:40	14:00	60/124	33/53	+00:08:57	MEDICINE HAT
5/9	STIGTER, HARRY	774	27:20.324	09:06	14:41	66/124	35/53	+00:10:14	REDCLIFF
6/9	DEGRAAF, TOM	593	29:04.865	09:41	15:38	72/124	38/53	+00:11:59	EDMONTON
7/9	SWAREN, DARREN	781	35:11.902	11:43	18:55	106/124	43/53	+00:18:06	MEDICINE HAT
8/9	KOWALKSY, KEITH	666	36:03.979	12:01	19:23	107/124	44/53	+00:18:58	MEDICINE HAT
9/9	LETKEMAN, STEVE	681	41:49.148	13:56	22:29	119/124	50/53	+00:24:43	MEDICINE HAT