

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Offset = Diff from Category win time hh:mm:ss

Category Results

5K Run/Walk - 3.1 Miles
100 Finishers

5K12&UF - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	KAKUK, BROOKLYNN	655	25:27.522	05:05	08:11	13/100	3/50	+00:00:00	MEDICINE HAT
2/4	SHAGIN, ABIGAIL	741	28:06.355	05:37	09:02	24/100	6/50	+00:02:38	WETASKIWIN
3/4	VIS, TESSA	796	28:40.247	05:44	09:13	31/100	11/50	+00:03:12	REDCLIFF
4/4	BARRIENTOS, JUNEAU	567	49:54.265	09:58	16:02	78/100	37/50	+00:24:26	MEDICINE HAT

5K12&UM - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/9	JANZEN, TEO	651	24:01.599	04:48	07:43	9/100	8/50	+00:00:00	CALGARY
2/9	KNAPP, JACKSON	658	24:43.225	04:56	07:56	10/100	9/50	+00:00:41	MEDICINE HAT
3/9	BURK, ANSON	583	25:36.075	05:07	08:13	15/100	11/50	+00:01:34	MEDICINE HAT
4/9	ALBERS, ETHAN	551	29:56.437	05:59	09:37	36/100	22/50	+00:05:54	MEDICINE HAT
5/9	STIGTER, COHEN	773	30:51.563	06:10	09:55	39/100	24/50	+00:06:49	REDCLIFF
6/9	GUDLAUGSON, JUDE	614	36:08.339	07:13	11:37	62/100	35/50	+00:12:06	MEDICINE HAT
7/9	KNAPP, COHEN	657	36:09.422	07:13	11:37	63/100	36/50	+00:12:07	MEDICINE HAT
8/9	SHAGIN, GIDEON	744	39:19.585	07:51	12:38	66/100	39/50	+00:15:17	WETASKIWIN
9/9	JANSSON, JACK	815	51:49.086	10:21	16:39	85/100	43/50	+00:27:47	MEDICINE HAT

5K13-18F - 3 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/3	ALBERS, EDEN	549	29:56.861	05:59	09:37	37/100	15/50	+00:00:00	MEDICINE HAT
2/3	HARDER, RACHEAL	624	43:57.269	08:47	14:07	74/100	34/50	+00:14:00	LETHBRIDGE COL
3/3	HAWEE, SHALOM	628	51:16.695	10:15	16:29	82/100	40/50	+00:21:19	MEDICINE HAT

5K13-18M - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/17	JORDET, ODIN	822	18:24.830	03:40	05:55	1/100	1/50	+00:00:00	CYPRESS COUNT
2/17	MESHEN, GAVIN	700	19:30.418	03:54	06:16	2/100	2/50	+00:01:05	MEDICINE HAT
3/17	VIS, ANDREW	787	19:59.922	03:59	06:25	3/100	3/50	+00:01:35	REDCLIFF
4/17	LINFORD, KADE	684	21:46.882	04:21	07:00	5/100	5/50	+00:03:22	WALSH
5/17	HOZACK, IRA	814	22:22.061	04:28	07:11	6/100	6/50	+00:03:57	MEDICINE HAT
6/17	GONZALEZ, RODRIGO	610	27:04.036	05:24	08:42	21/100	16/50	+00:08:39	MEDICINE HAT
7/17	THOM, JAETIN	838	27:15.425	05:27	08:45	22/100	17/50	+00:08:50	DUCHESS
8/17	CURLISS, ETHAN	836	28:07.716	05:37	09:02	25/100	19/50	+00:09:42	MED HAT
9/17	KREUGER, LANDON	671	28:33.308	05:42	09:10	28/100	20/50	+00:10:08	MEDICINE HAT
10/17	REINHARDT, DEXTER	726	29:08.746	05:49	09:22	32/100	21/50	+00:10:43	MEDICINE HAT
11/17	HARDER, THOMAS	625	31:43.177	06:20	10:11	42/100	26/50	+00:13:18	LETHBRIDGE COL
12/17	BARTSCH, LINCOLN	809	31:43.216	06:20	10:11	43/100	27/50	+00:13:18	MEDICINE HAT
13/17	BARBOUR, FINN	563	32:37.758	06:31	10:29	48/100	30/50	+00:14:12	CYPRESS COUNT
14/17	BARTSCH, KEEGAN	808	42:49.699	08:33	13:46	72/100	40/50	+00:24:24	MEDICINE HAT
15/17	PAQUET, NICOLAS	713	46:47.311	09:21	15:02	75/100	41/50	+00:28:22	MEDICINE HAT
16/17	DAVIES, NATHAN	812	55:51.894	11:10	17:57	89/100	45/50	+00:37:27	MEDICINE HAT
17/17	OLIVEIRA, FELIPE	706	1:01:45.561	12:21	19:51	99/100	49/50	+00:43:20	MEDICINE HAT

5K19-29F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	BOSCHEE, TARYN	576	25:07.902	05:01	08:04	11/100	2/50	+00:00:00	MEDICINE HAT
2/10	JESSE, MEGAN	653	28:22.880	05:40	09:07	26/100	7/50	+00:03:14	MEDICINE HAT
3/10	LANZ, KYLA	675	28:38.159	05:43	09:12	30/100	10/50	+00:03:30	MEDICINE HAT
4/10	DESCHAMPS, DANIELLE	595	32:26.789	06:29	10:25	44/100	17/50	+00:07:18	MEDICINE HAT
5/10	WHEELER, SOPHIE	801	39:47.710	07:57	12:47	68/100	29/50	+00:14:39	MEDICINE HAT
6/10	ALBERS, FAITH	552	42:37.963	08:31	13:42	71/100	32/50	+00:17:30	MEDICINE HAT
7/10	HUNT, CHARLIZE	641	49:00.316	09:48	15:45	76/100	35/50	+00:23:52	MEDICINE HAT
8/10	ALBERS, ELIZABETH	550	49:00.975	09:48	15:45	77/100	36/50	+00:23:53	MEDICINE HAT
9/10	PAHL, SARAH	710	52:07.507	10:25	16:45	88/100	44/50	+00:26:59	MEDICINE HAT
10/10	MACPHAIL, SHELBY	687	57:45.918	11:33	18:34	93/100	46/50	+00:32:38	MEDICINE HAT

5K19-29M - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/4	GARDNER, CALLUM	608	26:03.004	05:12	08:22	17/100	13/50	+00:00:00	CALGARY
2/4	MATERI, JACKSON	691	26:12.193	05:14	08:25	19/100	14/50	+00:00:09	MEDICINE HAT
3/4	SWAREN, LOGAN	782	26:25.998	05:17	08:29	20/100	15/50	+00:00:22	MEDICINE HAT
4/4	SPARKES, JOSH	766	57:44.816	11:32	18:34	92/100	47/50	+00:31:41	MEDICINE HAT

5K30-39F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/12	JASPERS, KARA	818	23:06.450	04:37	07:25	8/100	1/50	+00:00:00	REDCLIFF
2/12	SCHERER, JILL	733	28:30.543	05:42	09:10	27/100	8/50	+00:05:24	MEDICINE HAT
3/12	HOCHLANDER, KEILY	637	29:17.624	05:51	09:25	33/100	12/50	+00:06:11	MEDICINE HAT
4/12	VARGAS, ISIS	785	29:17.768	05:51	09:25	34/100	13/50	+00:06:11	MEDICINE HAT

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Category Results

5K Run/Walk - 3.1 Miles
100 Finishers

5K30-39F - 12 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
5/12	HENDRY, JODIE	633	29:28.245	05:53	09:28	35/100	14/50	+00:06:21	LETHBRIDGE
6/12	WIEBE, ANNA	802	31:09.118	06:13	10:01	40/100	16/50	+00:08:02	MEDICINE HAT
7/12	BELL, ARIANN	810	32:38.343	06:31	10:29	50/100	20/50	+00:09:31	MEDICINE HAT
8/12	SLACK, DEBORAH	754	33:02.883	06:36	10:37	51/100	21/50	+00:09:56	DESERT BLUME
9/12	KNAPP, LEAH	825	34:37.474	06:55	11:07	58/100	25/50	+00:11:31	MEDICINE HAT
10/12	HICKEY, KEIRSTEN	635	35:21.488	07:04	11:22	60/100	26/50	+00:12:15	MEDICINE HAT
11/12	WEIMER, HANNAH	799	39:46.005	07:57	12:47	67/100	28/50	+00:16:39	MEDICINE HAT
12/12	JANSSON, LAUREN	816	51:52.221	10:22	16:40	86/100	43/50	+00:28:45	MEDICINE HAT

5K30-39M - 2 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/2	MCLEAN, IAN	695	22:42.311	04:32	07:18	7/100	7/50	+00:00:00	MEDICINE HAT
2/2	CHARLES, RICHARDSON	589	25:26.929	05:05	08:10	12/100	10/50	+00:02:44	MEDICINE HAT

5K40-49F - 11 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/11	TREEN, MELANIE	783	28:33.940	05:42	09:11	29/100	9/50	+00:00:00	MEDICINE HAT
2/11	BAKER, ANITA	560	32:28.452	06:29	10:26	45/100	18/50	+00:03:54	DUNNORE
3/11	SMART, COURTNEY	759	33:36.913	06:43	10:48	52/100	22/50	+00:05:02	MEDICINE HAT
4/11	STIGTER, MICHELLE	777	34:10.546	06:50	10:59	54/100	24/50	+00:05:36	REDCLIFF
5/11	MEIER, SHAWNA	699	35:45.700	07:09	11:29	61/100	27/50	+00:07:11	MEDICINE HAT
6/11	HEESE, CAROL	629	39:49.959	07:57	12:48	69/100	30/50	+00:11:16	MEDICINE HAT
7/11	LIESKE, SHARON	683	40:06.109	08:01	12:53	70/100	31/50	+00:11:32	MEDICINE HAT
8/11	MADSEN, CRIMSON	688	43:42.128	08:44	14:03	73/100	33/50	+00:15:08	MEDICINE HAT
9/11	HAWEE, MARIA	626	51:16.507	10:15	16:29	81/100	39/50	+00:22:42	MEDICINE HAT
10/11	BROWN, TAMMY	582	51:27.663	10:17	16:32	83/100	41/50	+00:22:53	MEDICINE HAT
11/11	KUDRIASHOVA, SVITLANA	673	58:08.230	11:37	18:41	97/100	49/50	+00:29:34	MEDICINE HAT

5K40-49M - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/8	VIS, DIRK	791	19:59.960	03:59	06:25	4/100	4/50	+00:00:00	REDCLIFF
2/8	SHAGIN, ELIJAH	742	26:00.170	05:12	08:21	16/100	12/50	+00:06:00	WETASKIWIN
3/8	JANZEN, AARON	645	27:37.832	05:31	08:53	23/100	18/50	+00:07:37	CALGARY
4/8	OSORIO VARGAS, MANUEL	707	30:15.775	06:03	09:43	38/100	23/50	+00:10:15	MEDICINE HAT
5/8	PARRY, ANDREW	714	32:33.022	06:30	10:27	46/100	28/50	+00:12:33	MEDICINE HAT
6/8	STIGTER, JEFF	775	34:11.481	06:50	10:59	55/100	31/50	+00:14:11	REDCLIFF
7/8	KREUGER, GREG	668	34:29.903	06:53	11:05	56/100	32/50	+00:14:29	MEDICINE HAT
8/8	BARBOUR, DANIEL	562	34:36.209	06:55	11:07	57/100	33/50	+00:14:36	CYPRESS COUNT

5K50+F - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	EMERSON, SHERI	601	25:30.358	05:06	08:12	14/100	4/50	+00:00:00	MEDICINE HAT
2/10	GAUTHIER, HEATHER	609	26:11.628	05:14	08:25	18/100	5/50	+00:00:41	LETHBRIDGE
3/10	ZAHN, JENNIFER	807	32:38.015	06:31	10:29	49/100	19/50	+00:07:07	MEDICINE HAT
4/10	WHEELER, SARAH	800	33:42.806	06:44	10:50	53/100	23/50	+00:08:12	MEDICINE HAT
5/10	UTRERA, WALESKA	784	49:55.158	09:59	16:03	79/100	38/50	+00:24:24	MEDICINE HAT
6/10	DEMAN, DALLAS R	594	51:28.600	10:17	16:33	84/100	42/50	+00:25:58	MEDICINE HAT
7/10	GYORKOS, TERESA	615	57:22.902	11:28	18:27	90/100	45/50	+00:31:52	MEDICINE HAT
8/10	GRAHAM, YVONNE	613	58:04.410	11:36	18:40	94/100	47/50	+00:32:34	MEDICINE HAT
9/10	SPARKES, MARILYN	767	58:05.535	11:37	18:40	95/100	48/50	+00:32:35	MEDICINE HAT
10/10	SMID, DAWN	761	1:01:34.646	12:18	19:47	98/100	50/50	+00:36:04	ROCKY MOUNTAIN

5K50+M - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace/K	Pace/M	OA/PI	Gen/PI	Offset	City
1/10	NASH, GEOFF	704	31:33.844	06:18	10:08	41/100	25/50	+00:00:00	LETHBRIDGE
2/10	KLEIN, TIMOTHY	823	32:37.757	06:31	10:29	47/100	29/50	+00:01:03	MEDICINE HAT
3/10	WHEELER, JASON	839	34:56.756	06:59	11:14	59/100	34/50	+00:03:22	MEDICINE HAT
4/10	LIESKE, JAMES	682	39:03.954	07:48	12:33	64/100	37/50	+00:07:30	MEDICINE HAT
5/10	STEHR, ROB	837	39:04.107	07:48	12:33	65/100	38/50	+00:07:30	MED HAT
6/10	HAWEE, MIKAEL	627	51:16.462	10:15	16:29	80/100	42/50	+00:19:42	MEDICINE HAT
7/10	PAHL, STEVEN	711	52:06.940	10:25	16:45	87/100	44/50	+00:20:33	MEDICINE HAT
8/10	LANGAT, NICHOLAS	674	57:25.080	11:29	18:27	91/100	46/50	+00:25:51	MEDICINE HAT
9/10	SPARKES, BRUCE	763	58:08.183	11:37	18:41	96/100	48/50	+00:26:34	MEDICINE HAT
10/10	SMID, HANK	762	1:02:11.322	12:26	19:59	100/100	50/50	+00:30:37	ROCKY MOUNTAIN