

## Overall Gender Results

## 3K Run/Walk - 1.86 Miles

## Female 71

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/71	JORDET, LINA	820	13:11.568	04:23	07:05	3K13-18F	1/9	2/124	CYPRESS COUNTY, AB
2/71	VIS, CHLOE	790	13:47.895	04:35	07:25	3K12&UF	1/21	4/124	REDCLIFF, AB
3/71	HOZACK, ILA	813	14:48.083	04:56	07:57	3K12&UF	2/21	5/124	MEDICINE HAT, AB
4/71	MALCOLM, CAMBRIA	689	16:50.424	05:36	09:03	3K19-29F	1/10	15/124	MEDICINE HAT, AB
5/71	KLEINKNECHT, KENNEDY	824	16:58.960	05:39	09:07	3K13-18F	2/9	18/124	MEDICINE HAT, AB
6/71	VIS, ANNIKA	788	17:38.965	05:52	09:29	3K12&UF	3/21	22/124	REDCLIFF, AB
7/71	STIGTER, AVERY	772	18:04.629	06:01	09:43	3K13-18F	3/9	23/124	REDCLIFF, AB
8/71	VIS, CHANTEL	789	18:14.496	06:04	09:48	3K30-39F	1/9	25/124	REDCLIFF, AB
9/71	VIS, NAOMI	795	18:14.754	06:04	09:48	3K12&UF	4/21	26/124	REDCLIFF, AB
10/71	VIS, JASMIN	792	18:15.386	06:05	09:48	3K12&UF	5/21	27/124	REDCLIFF, AB
11/71	JANZEN, SIMONA	650	18:24.714	06:08	09:53	3K12&UF	6/21	29/124	CALGARY, AB
12/71	JANZEN, CARA	647	18:27.250	06:09	09:55	3K40-49F	1/12	30/124	CALGARY, AB
13/71	BIGGAR, HOLLY	571	20:58.720	06:59	11:16	3K13-18F	4/9	37/124	MEDICINE HAT, AB
14/71	SCHLENKER, HOPE	737	21:02.258	07:00	11:18	3K12&UF	7/21	38/124	MEDICINE HAT, MB
15/71	BIGGAR, BROOKE	569	21:05.094	07:01	11:20	3K12&UF	8/21	40/124	MEDICINE HAT, AB
16/71	BIGGAR, ERYNN	570	21:05.794	07:01	11:20	3K40-49F	2/12	41/124	MEDICINE HAT, AB
17/71	FLORES, TATIANA	607	21:33.572	07:11	11:35	3K19-29F	2/10	42/124	MEDICINE HAT, AB
18/71	HARDER, ADALYN	621	21:38.189	07:12	11:37	3K12&UF	9/21	43/124	LETHBRIDGE COUNTY, AB
19/71	MESHEN, MICHELLE	701	22:23.306	07:27	12:02	3K40-49F	3/12	44/124	MEDICINE HAT, AB
20/71	LUX, MCKENNA	685	22:33.875	07:31	12:07	3K13-18F	5/9	45/124	MEDICINE HAT, AB
21/71	KREUGER, PATTY	672	22:52.579	07:37	12:17	3K40-49F	4/12	48/124	MEDICINE HAT, AB
22/71	BRAAT, ROSEMARY	578	23:22.766	07:47	12:34	3K50+F	1/10	52/124	MEDICINE HAT, AB
23/71	PAHL, ANGELA	708	24:01.554	08:00	12:55	3K50+F	2/10	53/124	MEDICINE HAT, AB
24/71	ULMER, EMERSYN	833	24:38.044	08:12	13:14	3K13-18F	6/9	54/124	MEDICINE HAT, AB
25/71	SHAGIN, QUINN	750	25:04.131	08:21	13:28	3K12&UF	10/21	55/124	MEDICINE HAT, AB
26/71	SHAGIN, MICHELEEN	748	25:04.694	08:21	13:28	3K30-39F	2/9	56/124	MEDICINE HAT, AB
27/71	SHAGIN, OLIVIA	749	25:32.280	08:30	13:43	3K12&UF	11/21	58/124	MEDICINE HAT, AB
28/71	KOWALCHUK, KIM	664	26:08.047	08:42	14:03	3K40-49F	5/12	61/124	MEDICINE HAT, AB
29/71	BURK, SHARI	585	26:08.396	08:42	14:03	3K40-49F	6/12	62/124	MEDICINE HAT, AB
30/71	PAK, HANNA	712	27:07.294	09:02	14:34	3K30-39F	3/9	63/124	CALGARY, AB
31/71	LEMIRE, KODAH	678	27:08.225	09:02	14:35	3K12&UF	12/21	65/124	MEDICINE HAT, AB
32/71	STIGTER, AUDREY	771	27:20.372	09:06	14:41	3K50+F	3/10	67/124	REDCLIFF, AB
33/71	REINHELLER, HALLE	826	28:02.023	09:20	15:04	3K12&UF	13/21	68/124	MEDICINE HAT, AB
34/71	REINHELLER, HOPE	827	28:03.940	09:21	15:05	3K12&UF	14/21	69/124	MEDICINE HAT, AB
35/71	DEGRAAF, GLENDA	592	29:06.238	09:42	15:38	3K50+F	4/10	73/124	EDMONTON, AB
36/71	SHAGIN, SOPHIA	751	29:25.829	09:48	15:49	3K12&UF	15/21	74/124	MEDICINE HAT, AB
37/71	HALAND, ARIA	616	29:27.939	09:49	15:50	3K12&UF	16/21	75/124	MEDICINE HAT, AB
38/71	HALAND, KRISTIN	617	29:29.017	09:49	15:51	3K40-49F	7/12	76/124	MEDICINE HAT, AB
39/71	SCHLENKER, ELLIE	736	29:32.300	09:50	15:52	3K12&UF	17/21	77/124	MEDICINE HAT, AB
40/71	BROWN, CATHERINE	580	29:39.236	09:53	15:56	3K50+F	5/10	78/124	MEDICINE HAT, AB
41/71	STEHR, ANNA	769	29:50.978	09:56	16:02	3K13-18F	7/9	79/124	MEDICINE HAT, AB
42/71	SCHLENKER, CARLY	735	29:51.214	09:57	16:03	3K30-39F	4/9	80/124	MEDICINE HAT, AB
43/71	FEENEY, KAYLEE	603	29:51.565	09:57	16:03	3K13-18F	8/9	81/124	CYPRESS COUNTY, AB
44/71	FEENEY, OLIVIA	604	29:52.784	09:57	16:03	3K13-18F	9/9	82/124	CYPRESS COUNTY, AB
45/71	KNUTSON, LORENE	662	30:03.728	10:01	16:09	3K30-39F	5/9	83/124	CYPRESS COUNTY, AB
46/71	LYDIC, LAURA	686	30:28.690	10:09	16:23	3K40-49F	8/12	84/124	MEDICINE HAT, AB
47/71	DAVIES, ALEIGHA	811	31:22.079	10:27	16:51	3K12&UF	18/21	85/124	MEDICINE HAT, AB
48/71	FEENEY, JAIME	602	31:56.673	10:38	17:10	3K40-49F	9/12	86/124	CYPRESS COUNTY, AB
49/71	MAYER, LORRAINE	692	31:57.992	10:39	17:11	3K50+F	6/10	87/124	MEDICINE HAT, AB
50/71	EHNISZ, CHARITY	600	31:59.297	10:39	17:11	3K40-49F	10/12	88/124	CYPRESS COUNTY, AB
51/71	HUNT, DAWN	642	32:01.973	10:40	17:13	3K50+F	7/10	89/124	MEDICINE HAT, AB
52/71	YEE, AIMEE KATHLYN ANN	806	32:05.858	10:41	17:15	3K19-29F	3/10	90/124	MEDICINE HAT, AB
53/71	SLACK, ABIGAIL	753	32:42.071	10:54	17:34	3K12&UF	19/21	91/124	DESERT BLUME, AB
54/71	JANZEN, AVEN	646	34:13.336	11:24	18:23	3K12&UF	20/21	94/124	CALGARY, AB
55/71	REINHELLER, JESSICA	829	34:14.318	11:24	18:24	3K30-39F	6/9	95/124	MEDICINE HAT, AB

## Overall Gender Results

**3K Run/Walk - 1.86 Miles**

## Female 71

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
56/71	BARBOUR, RENAE	565	34:15.707	11:25	18:25	3K40-49F	11/12	96/124	CYPRESS COUNTY, AB
57/71	RAPP, JOHANNA	723	34:15.800	11:25	18:25	3K19-29F	4/10	97/124	CALGARY, AB
58/71	REINHELLER, SOPHIE	831	34:18.232	11:26	18:26	3K12&UF	21/21	98/124	MEDICINE HAT, AB
59/71	KREUGER, KAITLYN	670	34:21.702	11:27	18:28	3K19-29F	5/10	99/124	MEDICINE HAT, AB
60/71	KREUGER, BERNIE	667	34:22.378	11:27	18:28	3K50+F	8/10	100/124	MEDICINE HAT, AB
61/71	REINHARDT, LEINA	728	34:36.973	11:32	18:36	3K40-49F	12/12	102/124	MEDICINE HAT, AB
62/71	BERGEN, CHELSEA	568	35:05.180	11:41	18:51	3K19-29F	6/10	103/124	LETHBRIDGE COUNTY, AB
63/71	HARDER, KENDRA	623	35:08.130	11:42	18:53	3K19-29F	7/10	104/124	LETHBRIDGE COUNTY, AB
64/71	HODGMAN, DANIELLE	638	36:06.379	12:02	19:24	3K30-39F	7/9	108/124	MEDICINE HAT, AB
65/71	MEIER, HANNAH	696	39:28.472	13:09	21:13	3K19-29F	8/10	111/124	MEDICINE HAT, AB
66/71	SCHEOEDER, JACLYNN	732	39:28.515	13:09	21:13	3K19-29F	9/10	112/124	MEDICINE HAT, AB
67/71	JACKLE, RHONDA	644	39:55.307	13:18	21:27	3K50+F	9/10	114/124	MEDICINE HAT, AB
68/71	SWAREN, ALEX	844	40:06.085	13:22	21:33	3K30-39F	8/9	116/124	MED HAT,
69/71	JERRY, MAEGHAN	652	41:37.468	13:52	22:22	3K30-39F	9/9	118/124	MEDICINE HAT, AB
70/71	LETKEMAN, JOANNE	680	41:50.547	13:56	22:29	3K50+F	10/10	120/124	MEDICINE HAT, AB
71/71	JANZEN, DANI	648	42:06.343	14:02	22:38	3K19-29F	10/10	121/124	MEDICINE HAT, AB

## Overall Gender Results

## 3K Run/Walk - 1.86 Miles

## Male 53

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/53	VIS, KEITH	793	12:31.678	04:10	06:44	3K30-39M	1/10	1/124	REDCLIFF, AB
2/53	JASPERS, THOMAS	819	13:35.895	04:31	07:18	3K12&UM	1/22	3/124	REDCLIFF, AB
3/53	PERCY, ELIAS	717	15:09.198	05:03	08:08	3K12&UM	2/22	6/124	MEDICINE HAT, AB
4/53	JASPERS, DEVIN	817	15:40.442	05:13	08:25	3K30-39M	2/10	7/124	REDCLIFF, AB
5/53	HALAND, KYLE	618	15:48.340	05:16	08:29	3K40-49M	1/5	8/124	MEDICINE HAT, AB
6/53	FITZPATRICK-KNUTSON, DOMINIC	606	15:50.168	05:16	08:30	3K12&UM	3/22	9/124	CYPRESS COUNTY, AB
7/53	HALAND, MERRITT	619	15:50.379	05:16	08:30	3K12&UM	4/22	10/124	MEDICINE HAT, AB
8/53	REINHARDT, ALEXANDER	725	16:16.181	05:25	08:44	3K12&UM	5/22	11/124	MEDICINE HAT, AB
9/53	BARBOUR, BEORN	561	16:16.396	05:25	08:44	3K12&UM	6/22	12/124	CYPRESS COUNTY, AB
10/53	REINHARDT, JOE	727	16:17.073	05:25	08:45	3K40-49M	2/5	13/124	MEDICINE HAT, AB
11/53	REINHELLER, HUNTER	828	16:25.840	05:28	08:50	3K12&UM	7/22	14/124	MEDICINE HAT, AB
12/53	ANSTEY, ELLIS	556	16:52.881	05:37	09:04	3K12&UM	8/22	16/124	MEDICINE HAT, AB
13/53	ANSTEY, RYAN	557	16:52.932	05:37	09:04	3K40-49M	3/5	17/124	MEDICINE HAT, AB
14/53	KNAPP, BILL	659	17:05.518	05:41	09:11	3K50+M	1/9	19/124	MEDICINE HAT, AB
15/53	STIGTER, LINDEN	776	17:08.021	05:42	09:12	3K13-18M	1/4	20/124	REDCLIFF, AB
16/53	VIS, LYLE	794	17:38.307	05:52	09:28	3K12&UM	9/22	21/124	REDCLIFF, AB
17/53	COCHRANE, LEVI	590	18:04.767	06:01	09:43	3K30-39M	3/10	24/124	MEDICINE HAT, AB
18/53	KOWALCHUK, LIAM	665	18:21.079	06:07	09:51	3K12&UM	10/22	28/124	MEDICINE HAT, AB
19/53	SHAGIN, MICHAEL	747	19:12.738	06:24	10:19	3K30-39M	4/10	31/124	MEDICINE HAT, AB
20/53	SHAGIN, JACOB	745	19:13.673	06:24	10:20	3K12&UM	11/22	32/124	MEDICINE HAT, AB
21/53	SAWCHUK, BENNETT	731	19:18.995	06:26	10:23	3K13-18M	2/4	33/124	MEDICINE HAT, AB
22/53	BROWN, GREG	581	19:41.774	06:33	10:35	3K50+M	2/9	34/124	MEDICINE HAT, AB
23/53	HILLS, TYLER	636	19:49.439	06:36	10:39	3K12&UM	12/22	35/124	MEDICINE HAT, AB
24/53	MEIER, PAXTON	698	20:48.947	06:56	11:11	3K13-18M	3/4	36/124	MEDICINE HAT, AB
25/53	SCHLENKER, JARED	738	21:02.610	07:00	11:18	3K30-39M	5/10	39/124	MEDICINE HAT, AB
26/53	LUX, SETH	840	22:35.214	07:31	12:08	3K12&UM	13/22	46/124	MEDICINE HAT, AB
27/53	KREUGER, GRIFFIN	669	22:52.109	07:37	12:17	3K12&UM	14/22	47/124	MEDICINE HAT, AB
28/53	BARBOUR, RANSOM	564	23:00.575	07:40	12:22	3K13-18M	4/4	49/124	CYPRESS COUNTY, AB
29/53	SHAGIN, EZEKIEL	743	23:08.655	07:42	12:26	3K12&UM	15/22	50/124	MEDICINE HAT, AB
30/53	SLATER, JONATHAN	757	23:09.173	07:43	12:26	3K50+M	3/9	51/124	MEDICINE HAT, AB
31/53	HARDER, ABE	620	25:11.585	08:23	13:32	3K40-49M	4/5	57/124	LETHBRIDGE COUNTY, AB
32/53	BURK, ELIAS	584	25:58.832	08:39	13:58	3K12&UM	16/22	59/124	MEDICINE HAT, AB
33/53	SCHERER, RUSSELL	734	26:02.754	08:40	14:00	3K50+M	4/9	60/124	MEDICINE HAT, AB
34/53	LEMIRE, HUNTER	677	27:07.978	09:02	14:35	3K12&UM	17/22	64/124	MEDICINE HAT, AB
35/53	STIGTER, HARRY	774	27:20.324	09:06	14:41	3K50+M	5/9	66/124	REDCLIFF, AB
36/53	MEIER, MADDEN	697	28:22.972	09:27	15:15	3K12&UM	18/22	70/124	MEDICINE HAT, AB
37/53	BARBOUR, WOLF	566	28:52.782	09:37	15:31	3K12&UM	19/22	71/124	CYPRESS COUNTY, AB
38/53	DEGRAAF, TOM	593	29:04.865	09:41	15:38	3K50+M	6/9	72/124	EDMONTON, AB
39/53	SLACK, GRAHAM	756	33:20.226	11:06	17:55	3K40-49M	5/5	92/124	DESERT BLUME, AB
40/53	SLACK, EMERSON	755	33:20.435	11:06	17:55	3K12&UM	20/22	93/124	DESERT BLUME, AB
41/53	REINHELLER, MIKE	830	34:23.412	11:27	18:29	3K30-39M	6/10	101/124	MEDICINE HAT, AB
42/53	DESCHAMPS-SWAREN, BROOKS	596	35:09.184	11:43	18:53	3K12&UM	21/22	105/124	MEDICINE HAT, AB
43/53	SWAREN, DARREN	781	35:11.902	11:43	18:55	3K50+M	7/9	106/124	MEDICINE HAT, AB
44/53	KOWALKSY, KEITH	666	36:03.979	12:01	19:23	3K50+M	8/9	107/124	MEDICINE HAT, AB
45/53	HODGMAN, NOAH	639	36:08.035	12:02	19:25	3K12&UM	22/22	109/124	MEDICINE HAT, AB
46/53	SCHROEDER, BRAYDEN	740	39:27.250	13:09	21:12	3K19-29M	1/3	110/124	MEDICINE HAT, AB
47/53	PAHL, MICHAEL	709	39:32.043	13:10	21:15	3K19-29M	2/3	113/124	MEDICINE HAT, AB
48/53	SWAREN, SEAN	842	40:02.570	13:20	21:31	3K30-39M	7/10	115/124	MED HAT,
49/53	LETKEMAN, BRENNAN	679	41:36.600	13:52	22:22	3K30-39M	8/10	117/124	MEDICINE HAT, AB
50/53	LETKEMAN, STEVE	681	41:49.148	13:56	22:29	3K50+M	9/9	119/124	MEDICINE HAT, AB
51/53	JANZEN, DANIEL	649	42:06.495	14:02	22:38	3K19-29M	3/3	122/124	MEDICINE HAT, AB
52/53	IMAMURA, MARGIL	643	44:46.421	14:55	24:04	3K30-39M	9/10	123/124	CALGARY, AB
53/53	BLANCHET, JONATHAN	573	53:14.162	17:44	28:37	3K30-39M	10/10	124/124	MEDICINE HAT, AB